

SIERRA MADRE’S FUTURE IS ON THE HORIZON



On November 6 residents of Sierra Madre will decide whether or not they want to amend current development laws to allow for the construction and operation of an Assisted Living Center on Sierra Madre Blvd.(above), the site of the former Skilled Nursing Center. The Measure, ALF will appear on the General Election ballot and requires a majority of the voting population for approval. This article, submitted by the developer, will give readers some insight as to the developers plans for the site, should the measure be approved.

One need look no further than the heart of downtown Sierra Madre to see the future taking shape. New signs on the property of the long vacant skilled nursing facility depict a bright future for a long derelict structure and property. Pending approval of Measure ALF by Sierra Madre’s voters in November, a brand-new, modern and beautifully designed Kensington assisted living and memory care community will arise. The new Kensington will serve and care for residents of Sierra Madre and surrounding areas for generations to come. The community will provide quality living options for Sierra Madre’s seniors that will allow them to remain in their beloved hillside neighborhood and close to family and loved ones as their need for assistance with daily living increases. The project will also generate vital property tax revenue and provide stimulation for local commerce in the downtown business area.

Fountain Square Properties operates Kensington Assisted Living residences nationwide and has

proposed the Kensington Sierra Madre residence to replace the current dilapidated eyesore located at 245 West Sierra Madre Blvd. The partners of Kensington Senior Living bring decades of experience, knowledge, care and compassion to their projects and are looking forward to applying their expertise here in Sierra Madre.

Via a lengthy and thorough vetting process spanning nine Planning Commission meetings and three City Council meetings, the original plan was refined to improve the design and adopt a “Santa Barbara Mission” style architecture which complements the downtown area and adds commercial storefronts while improving pedestrian “walk ability.” In line with the city’s Measure V constraints, the plan will not exceed two stories and thirty feet in height.

A webpage with photos is available to view here: <http://thekensingtonsierramadre.com/>.

The new Kensington Sierra Madre potentially creates over 200 new construction jobs during an anticipated 16 month build period culminating in the hiring of as many as 90 full and part time professional staff that will help care for residents. Residents will be accommodated within 75 assisted living suites where family and loved ones will be welcome. Additionally, generous community and common space will available, a café where residents can gather with friends and family, a fireplace parlor, library, media and art studios and ample courtyards and gardens for outside seating and relaxing as well.

Sierra Madre City Council member John Capoccia notes that he and fellow council members are on the record as in favor of the development for the reasons mentioned above. When asked about possible project shortcomings, Mr. Capoccia does acknowledge that some residents have expressed reservations about items important to them. There were concerns expressed regarding a development of this scale and its potential impact on concerns such as aesthetics, parking and water consumption. “I can’t speak for the entire council, but as a member I think the benefits to our town far outweigh any perceived shortcomings. When you add it all up, I think this all leans heavily in favor of the benefits,” according to Capoccia, who also reflected that “no project is ever perfect, but this one is pretty darned good.”

Residents of the Kensington community will find a full range of services available to them. Some of the hospitality and support services will include daily prepared meals, shuttle service around town, housekeeping and laundry, medication management, coordination of medical appointments and help as needed with bathing, grooming and dressing. An all day dining program with a wide menu selection will create flexibility around residents’ personal habits and daily routines. “The Kensington partners each bring a passion for caring for seniors as well as unique skills and experience in the development and operation of our communities,” said Tiffany Tomasso, a founding partner of Kensington Senior Living. “As a group we are committed to creating an environment that seniors and their families can

call home. Where friends are encouraged to visit for a meal, cocktail hour, or a game of cards and grandchildren can play a game of Wii. Even family pets are welcome for a visit or an extended stay. We are looking forward to conveying our spirit of service to the Sierra Madre area.”

When complete and operational, the staff of The Kensington Sierra Madre will cover a wide range of backgrounds including nurses and care staff, chefs, dining room servers, housekeepers, drivers, activity assistants, and receptionists. A Department Head Team consisting of an Executive Director, Director of Nursing Services, Executive Chef, Director of Marketing, Director of Memory Care, Director of Engineering and Housekeeping will provide daily management to ensure quality of care and services. Together, these team members help Kensington’s partners fulfill a promise “to love and care for your loved ones as we do our own.”

So what does the future on the horizon look like? Council member Capoccia has a thought, “Regardless of my personal opinions, while I was campaigning to join the city council, I spoke to many residents about this development. My impression is that Sierra Madre’s citizens are overwhelmingly in favor of seeing this project through, and my role as a city council member is to carry out the will of people. I’m pleased that the Planning Commission and Council have come this far, and I’m confident that Sierra Madre’s citizens will agree that this project is of significant benefit to our community and will vote Yes on Measure ALF.”

ROTARY SELECTS LOCAL RESIDENTS FOR TRIP TO INDIA



Rotary District 5300 has selected retired Sierra Madre Police Chief Marilyn Diaz to lead a team of four young professionals to Calcutta, India on a 5-week Group Study Exchange trip. Diaz is a member of the Sierra Madre Rotary Club.

Since 1965 the Rotary Foundation has arranged yearly Group Study Exchange trips of approximately 500 teams of young business and professional people between two paired Rotary districts in different countries to enhance international understanding and good will. While living with Rotarian families, team members study the culture of the host country and how their professional peers practice their vocations. An experienced Rotarian leads each

team. The selected team members include Stephanie Yuen, of South Pasadena, and Jason Ramos, of Pasadena, who are both directors at the South Pasadena-San Marino YMCA. Also participating are Marco Pulido of Chino Hills, a foster youth agency supervisor, and Sarah Schiffman of Las Vegas, a Nevada courts mediator.

Rotary District 5300 includes Pasadena east to San Bernardino County and north to Las Vegas. The local team will depart on January 6 and return on February 8, 2013. A Group Study Exchange team from Rotary District 3291 in Calcutta will reciprocate and visit District 5300 in April and May of 2013.

DOGS, CATS, BIRDS, LLAMAS, GOATS, CHICKENS, BUNNIES AND HAMSTERS, OH MY – IT’S A CELEBRATION OF THE FEAST OF ST. FRANCIS – JOIN CHURCH OF ASCENSION’S BLESSING OF THE ANIMALS

Sierra Madre’s Village Church (Ascension) will be holding its annual “Blessing of the Animals” ceremony on Sunday, October 7, 2012 at noon in the Outdoor Worship Area. Everyone is welcome. Refreshments provided.

Blessing of the Animals is conducted in commemoration of the October 4th Feast Day of St. Francis of Assisi. St. Francis, arguably the most beloved of the named Saints, was particularly fond of animals of all breeds. The community is invited to bring your animals, no matter how big or small, breed or religion. Some animals may require a leash or a container, so keep that in mind. All of God’s creatures are welcome! Free pet sitting available during the 10:15 am Mass.

Church of the Ascension is located at 25 East Laurel on the corner of Baldwin and Laurel in Sierra Madre. This event makes for a wonderful family outing to meet new neighbors and check out a wonderful community church. For more information, please call (626) 355-1133 or visit: www.ascension-sierramadre.com.

This Week’s Highlights:

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7	MONROVIA/DUARTE

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I'm Sasha! My mom just came tp Niko's!

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On the N Michillinda/Montecito Corner

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Weather Wise

5-Day Forecast

Sierra Madre, Ca.

Mon:	Sunny	Hi 100s	Lows 60s
Tues:	Sunny	Hi 90s	Lows 60s
Wed:	Sunny	Hi 90s	Lows 60s
Thur:	Sunny	Hi 80s	Lows 60s
Fri:	Sunny	Hi 80s	Lows 60s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at
City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca.
626-355-7135

NEXT CITY COUNCIL MEETING:
October 9, 2012

SIERRA MADRE SEPTEMBER EVENTS

9/29 - Woman's Club Silk Scarf Painting

10/4 - October Coordinating Council - noon - Recreation Center

Senior Community Commission - 3:00
Council Chambers

10/5 - Creative Arts Group Scarecrow Awards

10/5 and 10/6 - Friends of the Library Best Used Book Sale

9/29, 10/6, 10/13, 10/20, 10/27, 11/3 - Sierra Madre Playhouse
Halloween Show

10/13 - Sierra Madre Playhouse ASL Halloween Show
Interpretation

TUNE IN THIS THURSDAY VILLAGE INTERSECTIONS with Gene Goss

This Week's Guest:

ERICA BLODGETT,
Chair of the Sierra Madre
Community Foundation

**Thursday Evening at
7:00 pm
Radio Fishbowl in
Sierra Madre at
www.radiofishbowl.com.**

Program Note: All past Village Intersections show recordings
are now available as podcasts for all computers and most smart
phones. Set your smart phone and or computer browsers to www.
RadioFishbowl.com.

FRIENDS OF THE SIERRA MADRE LIBRARY BEST USED BOOK SALE

Summer sped by and the kids are now back in school which
means that the holidays will soon be upon us. One of the
best places to start your holiday shopping is at the Friends of
the Sierra Madre Library's Best Used Book Sale being held in
the basement of the library on Friday, October 5, from 3:00-
7:00PM and Saturday, October 6, from 10:00AM-2:00PM. The
library is located at 440 W. Sierra Madre Blvd. in the city of
Sierra Madre and there is parking on the street and behind the
library.

Best Used Book Sales co-chairs, Martha Troedson and Alan
Leahy, tell us the sale will feature a collection of books on
local history and a collection of classic reprints published with
leather covers or in slipcases. We'll also have many art books,
cookbooks, and books on contemporary culture and history.
These items and many other adult fiction and non-fiction
books, books for children and teens, audio books, games, CDs,
and DVDs will be available to purchase for your reading and
listening pleasure.

Bargain tables outside the library will feature hardback and
trade fiction and non-fiction for a dollar or two each and
paperbacks and children's books for twenty-five cents each (or
five for \$1.00). You'll also find teachers' resources and materials
for sale on our bargain tables.

Proceeds from the Best Used Book Sales are donated to
the Sierra Made Public Library to support program and
equipment needs. So, bring your shopping bags to the Sierra
Madre Library on Friday, October 5, and Saturday, October 6,
for an opportunity to purchase some of the best used books
around at the Friends of the Sierra Madre Library's Best Used
Book Sale. For more information, visit our website at [www.
sierramadrelibraryfriends.org](http://www.sierramadrelibraryfriends.org).

LIBRARY SILENT AUCTION

Recent donations to the Friends of the Sierra Madre Library
Book Sale Committee have contained some very special books
including several signed first editions. These exceptional books
will be featured in the Committee's first Silent Auction to be held
in the Sierra Madre Public Library, 440 W. Sierra Madre Blvd.,
Sierra Madre from Monday, October 1 through Monday, October
29. The books will be on display in the display case in the library's
main room. To inspect the books more closely, visit the library
every Saturday in October from 1-2 PM.

Bidding sheets and rules will be available in a notebook located on
the library's checkout counter. Each of the fifteen books for sale
at the auction will be numbered and will have a corresponding
numbered bid sheet in the notebook. Bidders are asked to
write their bid amounts and a contact telephone number on the
appropriate bid sheet. At 7:30 PM on Monday, October 29, bid
sheets will be removed from the notebook and placed on a table
in the library for last minute bids. Bidding will close promptly
at 8 PM on October 29. Winning bidders will be notified by
telephone the next day and will then be able to pick up their books
at the library.

Proceeds from the Silent Auction will benefit the Sierra Madre
Library's programs, services, and acquisitions. For more
information, visit our website at [www.sierramadrelibraryfriends.
org](http://www.sierramadrelibraryfriends.org). A partial list of the books to be auctioned follows.

SEVEN PILLARS OF WISDOM by T.E. Lawrence
First Edition for general circulation
Simon and Schuster 1935

THE ORIGINAL WATERCOLOR PAINTINGS OF JOHN
JAMES AUDUBON for THE BIRDS OF AMERICA (reproduced
in color from the New York Historical Society collection)
American Heritage Publishing Co. 1966

BEASTLY THINGS by Donna Leon
New; Signed by author and inscribed to the Sierra Madre Library
Atlantic Monthly Press 2012

THE STORY OF CIVILIZATION by Will and Ariel Durant (11
volumes)
Simon and Schuster 1954-1975


Sierra Madre Rotary Club
 Meets Tuesdays 7-8:30 a.m.
 222 W. Sierra Madre Blvd.
 The Hart Park House

As part of our club's lively weekly meetings, dynamic speakers are
scheduled on Rotary's service interests, local community topics
and general appeal subjects.

Sierra Madre Rotary operates an active high school service group,
the Interact Club, participates in Rotary scholarship, music and
essay competitions, raises funds for local and Rotary Foundation
causes, recognizes exemplary teachers, offers mini grants for
worthy projects, hosts the yearly Elvis in the Park concert and
donates hundreds of service hours to community events like the
Wistaria Festival, Dickens Village and July 4th Parade.

Visitors are heartily welcomed to meetings. From more informa-
tion, please visit our website or contact Peggy Beauregard
at peggybeau@gmail.com and visit our Facebook page
Rotary of Sierra Madre.

www.SierraMadreRotary.com



Annual Art Festival

November 2, 7-9 pm
November 3, 10-5 pm
November 4, 11-4 pm

Creative Arts Group

108 N. Baldwin Ave. Sierra Madre, CA 91024
626•355•8350 www.creativeartsgroup.org



THE SIERRA MADRE KIWANIS CLUB

A PROUD MEMBER OF KIWANIS INTERNATIONAL SINCE 1927.
THAT'S 85 YEARS OF COMMUNITY SERVICE!
WE MEET WEEKLY AT THE LODGE (FORMERLY
THE MASONIC TEMPLE) AT 33 E. SIERRA MADRE BLVD.
MEETINGS ARE EACH TUESDAY AT NOON,
EXCEPT FOR THE 2ND TUESDAY OF EACH MONTH,
WHEN WE MEET AT 7:45AM. VISITORS ARE ALWAYS WELCOME!
JOIN US, MEET YOUR NEIGHBORS, HELP YOUR COMMUNITY,
AND HAVE SOME FUN!

The Sierra Madre Kiwanis Club Invites you to lunch on Tuesday!

Guest Speaker: Billy Shields of Fountain West Development
Topic: KENSINGTON ASSISTED LIVING FACILITY

Tuesday, October 2, 2012 at noon. The Program is free. Lunch
is \$10. For lunch reservations call 626-355-0728

INGATHERING TEA

Sunday, November 4th, 2012 2 – 4 pm

We are happy to announce that the long awaited extension to
Armstrong Hall is now underway. We have outgrown our present
dining room and these improvements will give us a larger dining
area, updates to the lounge and more room in the kitchen as well
as a meeting room and improved cloakroom facilities.

So, please forgive us if we are not quite up to our usual standard
on the outside, we can assure you however that the tea will be
outstanding,
as usual.

Reservations are required by October 29th and should be ac-
companied by a donation of \$12.50 and sent to:

The British Home in California, Ltd., Attn: Pat 647 Manzanita
Ave., Sierra Madre, CA 91024

1630 AM

Free on-air publicity for local events

Sierra Madre's new community radio station is now accepting scripts
for Public Service Announcements (PSAs) about community events.
PSAs will be broadcast on the air at no charge. The station operates
24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have
their event information broadcast to the public on *Sierra Madre
Community Information Radio*. The station covers the city of Sierra
Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.
Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event
and e-mail it to radio@cityofsierramadre.com.

Looking For The Mountain Views News?

Stop by any of the following locations (partial list-
ing) for your copy every Saturday or call 626-355-
2737 to sign up for home delivery!

Sierra Public Library
Sierra Madre Post Office
Sierra Madre City Hall
Bean Town Sierra Madre
Starbucks Sierra Madre
Bottle Shop Sierra Madre
Happy's Liquors Sierra Madre
Sierra Madre Senior
Center

Arcadia Public Library
Arcadia Post Office
Arcadia City Hall
Starbucks Arcadia
Denny's Arcadia

Monrovia Public Library
Monrovia Post Office
Monrovia City Hall
Coffee Bean Monrovia (Foothill/Myrtle)
The Monrovia
Rudy's Monrovia
Monrovia Senior Center

Duarte Public Library
Duarte City Hall
Denny's Duarte
Starbucks Duarte
Coffee Bean Duarte
I HOP Duarte
Duarte Senior Center

Pasadena City Hall
Pasadena Senior Center Faschings Car Wash
Robin's Bar B Que
Pasadena
Walkway at Vromans
Pasadena
Gold Line Station -
Sierra Madre Villa
Niko's Pasadena
Fresco's Pasadena
Websters Pharmacy Altadena
Websters Fine Stationers Altadena

PASADENA HUMANE SOCIETY BEGINS DOG LI- CENSE CANVASING

The Pasadena Humane Society has be-
gun door-to-door canvassing to ensure
that all dogs in Sierra Madre are licensed.

By law, every dog must wear a current
license tag at all times. The Pasadena
Humane Society issues dog licenses for
Arcadia, La Cañada/Flintridge, San Ma-
rino, and Sierra Madre. Dog licenses
may be obtained at any time of year, and
are good for one year from that date.
Dogs must be 4 months or older, and
you must provide a current rabies cer-
tificate. Licenses must be renewed every
year, even though the license tags are
permanent.

You may purchase your dog's license at
the Pasadena Humane Society front of-
fice during business hours or at City
Hall. Please call PHS at 626-792-7151
x115 or email licensing@phsspc.org if
you have any questions. The licensing
officers are available at PHS Tuesday-
Friday from 2 pm-6 pm and Saturday 2
pm-5 pm.



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SIERRA MADRE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

Governor Signs Portantino's Open Carry-Long Gun Bill -AB 1527

Sacramento – Governor Jerry Brown today signed Assemblymember Anthony Portantino's groundbreaking legislation banning the open carry of rifles and shotguns in California's cities.

AB 1527, supported by California Police Chiefs and PORAC which represents rank-and-file police officers, will outlaw the practice of carrying unloaded long guns on the streets and malls of California cities.

"I want to thank Governor Brown for recognizing the importance of this public safety measure that will help reduce the threat of gun violence for the public and for law enforcement," stated Assemblymember Portantino. "Open Carry wastes law enforcement time and resources by taking attention away from criminal activity and solving crimes. It's a bad situation for everyone – the police, the gun owner and innocent families who could be injured by this risky and unnecessary brandishing of weapons on Main Street, California."

AB 1527 makes it a crime to openly carry an unloaded rifle or shotgun in public in incorporated cities. It is a follow-up to Portantino's bill last year

banning the open carry of handguns (AB 144). Violations are a misdemeanor punishable by up to one year in jail and/or a fine of up to \$1000. Law enforcement personnel are exempt as are hunters and others carrying unloaded weapons under specified licensed circumstances and in most rural areas.

"I had hoped that the earlier measure banning open carry of handguns would solve this problem but when long gun advocates attended a police fundraiser it became clear that there was more work to do. When law enforcement asks the legislature for help because of a public safety risk, I'm going to try to do my best to help them," commented Portantino

Carrying loaded firearms in public is already against the law in California. The dispute came to a head when gun enthusiasts began showing up in coffee shops, restaurants and public beaches with unloaded guns strapped to their hips. This year, some of the same gun enthusiasts started carrying unloaded long guns in public places.

The ban on "open carry" of rifles and shotguns will go into effect January 1, 2013.

Gov. Brown also signed Portantino's AB 1559 that will allow California filmmakers to use certain weapons in their productions and reduce fees for multiple gun purchases by eliminating double or even triple fees for gun purchases on same date and time.

Sierra Madre Police Blotter

Period September 17-23, 2012

Saturday September 15, 2012

At 9:15pm, a resident on Mountain Trail Avenue was inside his residence when he heard the sound of a traffic collision outside. He went outside to investigate and found his vehicle, which had been parked at the curb, had been sideswiped by another vehicle. The other party left the scene without leaving a note or any identifying information.

Monday September 17, 2012

An officer observed a traffic violation occur on Michillinda Avenue and subsequently stopped the vehicle. During the stop the officer discovered that an unloaded handgun was in the center console within reach of the driver and ammunition for the weapon was nearby. The driver, a 35 year old male, was arrested for carrying a concealed weapon in a vehicle.

At 3:30pm a vehicle versus bicycle collision took place on Monterey Lane just south of Sierra Madre Boulevard. A child riding his bicycle on his residence driveway entered the roadway and was struck by a vehicle travelling southbound. The child sustained a number of visible injuries and was transported to a hospital for treatment.

Saturday September 22, 2012

At 7:45pm, officers observed a vehicle travelling southbound on Michillinda Avenue at a high rate of speed. After stopping the vehicle, the officer determined that the driver had been drinking and his driving impaired. The driver (male 58 years of age) was arrested for DUI.

SIERRA MADRE GARDEN CLUB TO KICK OFF CLUB YEAR WITH ROSARIAN JANET RAYMOND

Sierra Madre Garden Club's new year begins with guest speaker Janet Raymond speaking on the requirements necessary to grow and care for roses in one's garden throughout the year in Southern California. Janet is uniquely qualified to speak on the topic of roses due to her thirty-one years of experience working with them professionally and as home grower of several rose show winning entries. She is a member of the Pacific Rose Society and is the Society's head rosarian for the rose gardens at the Tournament of Roses Wrigley House. She plans and executes the yearly planting and care of these beautiful rose gardens. Janet is also the recipient of the American Rose Association's highest award for actively promoting and providing expertise to accomplishing goals and objectives of the Association.

Janet lives in Arcadia, California, where she runs her business, Plant Lady. Although she specializes in roses, Janet has extensive experience with all types of plants, including exotics such as orchids and plumerias, and growing styles including organic vegetable gardening.

Everyone is invited to join the Sierra Madre Garden Club at its first meeting of the new club year, October 8th, and welcome Janet Raymond as our speaker.

Dinner begins at 6:30pm followed by the program at 7:15pm. Catered dinner is \$9 and reservations must be made by October 4, at 355-0606. There is no charge for attending only the program. Location: Hart Park House, Memorial Park, 222 W. Sierra Madre Blvd., Sierra Madre, CA 91024.



IT'S LEGENDARY BINGO TIME AGAIN!

The Sierra Madre Rose Float Association (SMRFA) is calling all bingo players. This isn't just any old bingo game, either -- this is Legendary Bingo! Are you new to town? Have you never had the chance to stop in and play for an evening? This is your chance for a night of bingo you won't soon forget because wild or mild, this is not your grandmother's bingo!

Legendary Bingo will be hosted by SMRFA on Saturday, October 20th, 2012 at the Sierra Madre Recreation Center (611 East Sierra Madre Blvd.). Doors open at 6:30 where there is a \$20 donation. Inside there will be pizza, wine, and beer available for purchase. Bingo starts at 7:30. All proceeds go to support SMRFA and the building of the City of Sierra Madre Rose Float.

SIERRA MADRE ROSE FLOAT AMBASSADOR APPLICATIONS NOW AVAILABLE

The Sierra Madre Rose Float Association (SMRFA) is pleased to announce that it is looking for young men and women of Sierra Madre to serve as Ambassadors.

The Ambassadors chosen to represent SMRFA will then be featured as riders on the Sierra Madre Rose Float entry "The Sky's the Limit" on New Year's Day in the Pasadena

Tournament of Roses Parade.

The young women and men who are selected as Ambassadors, in addition to riding on the float in the parade, will also have the opportunity to speak to many civic organizations in Sierra Madre, including the Sierra Madre City Council and most local service clubs and organizations. Ambassadors help with float decorating and are key contributors at publicity opportunities.

To be an Ambassador, applicants must be 15 to 18 years old, have at least a 3.0 grade point average and be a resident of Sierra Madre. Applications can

be found at City Hall, regional high schools or downloaded from the SMRFA website (www.smrosefloat.com). To be considered, all applications must be received by SMRFA by Friday, October 12, 2012. Applicants must also be available for judging on Sunday, October 14th between 2-4pm and the Announcement Ceremony will be held on Sunday, October 28th at 3:00pm at the Lodge, 33 E. Sierra Madre Blvd. (Tickets are free for applicants; family and friends may purchase tickets at the door for \$5.)

For more information, please contact Donna Sutcliffe at 626-355-8579.

BLOOD DRIVE – A PINT FOR A PINT

On Wednesday, October 3, from noon until 6:30 p.m., there will be a blood drive on the north side of Sierra Madre Blvd. across from the Farmer's Market. Sierra Madre Congregational Church is hosting a blood drive, put on by Huntington Memorial Hospital's Blood Donor Center that afternoon. It will be held in the white "Old North Church" in the parking lot.

If you donate a pint of blood, you will get a coupon for a free pint of Baskin Robbins Ice Cream. What a great way to help the community!

Walk-ins are welcome but appointments are appreciated, and will eliminate wait time. Please email: huntingtonhospitalblooddrive@gmail.com to make an appointment.

City of Sierra Madre

NOTICE INVITING REQUEST FOR PROPOSALS City Attorney Services

The Sierra Madre City Council invites interested municipal law firms and attorneys to submit written proposals to provide City Attorney services. Sealed proposals will be received in the office of the City Manager up to 5:30 pm on December 10, 2012. For a copy of the RFP and proposal requirements email EAguliar@cityofsierramadre.com or call the City Manager's office at (626) 355-7135.

2012 HARVEST ON THE HILL

Sunday, October 7, 2012

Mater Dolorosa Passionist Retreat Center will host its annual Harvest on the Hill Auction & Dinner ~ Live... Laugh... Pray

Fr. Patrick Brennan, C.P. and the Passionist Community invite you to join us for an evening under the stars on the beautiful grounds of Mater Dolorosa in the Sierra Madre foothills. You will be engaged in lively conversation, friendly bidding wars, and a delicious meal. Your attendance and support will help us with yet another much needed renovation in the retreat center. With close to 10,000 retreatants, friends, youth and hosted groups that visit Mater Dolorosa each year, there is always a special project waiting to be completed.

Bring your friends to share in the fun and to shop for a worthy cause. Reservations are \$80 per person and include a social, hosted bar and delicious dinner. You could also win 2 nights at The Ritz Carlton in Laguna Niguel or The Hotel Del Coronado in San Diego by purchasing raffle tickets at \$20 each or \$100 for six. Auction items, underwriting donations and business and family sponsorships are gratefully accepted.

Mater Dolorosa Passionist Retreat Center is located at 700 N. Sunnyside Avenue, Sierra Madre, CA 91024. Weekend retreats are offered to those who seek an environment of peace and solitude for personal and spiritual growth.

Questions about Harvest on the Hill? Would you like to receive an invitation? Would you like to attend a retreat? Would you like to hold a group retreat at Mater Dolorosa?

Contact the Retreat Center at 626.355.7188 or visit our website at www.passionist.org/materdolorosa/harvest2012.

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Compost samples at our display booth in Kierling Court during 2012 Whistler Festival



Police Looking for Gunman in Northwest Shooting

Local police are asking the public's help in finding a shooting suspect involved in the murder of a 23-year-old man who died of gunshot wounds early Wednesday after a dispute in the front yard of a home on the 400 block of Stanton Street in northwest Pasadena.

Police said they responded at about 12:10 a.m. to a report of multiple gunshots in the area of Newport Street and Stanton Street.

Witnesses said they saw family members put the victim, identified as Joseph Jones of Pasadena, into a vehicle. Police said they found Jones in the car after pulling the vehicle over as it speed away from the scene. Paramedics rushed him to Huntington Memorial Hospital where he died of his injuries police said.

The suspect was described only as an African American male in his late teens to early 20's.

Police said the investigation is still ongoing. Officers said the shooting was, most likely, not gang related.

According to reports Jones was shot in the upper torso although the number of times was not given.

It was also not immediately known if the suspect knew Jones. Police also said there was no vehicle seen involved in the shooting.

The area around the crime scene was cordoned off as investigators used police bloodhounds unsuccessfully as part of the investigation. Police continued their search Wednesday morning.

Anyone with information about this incident is being asked to call the Pasadena Police Department at

Pet of the Week



Lily is a six-year-old calico cat with gorgeous green eyes. She's very friendly and affectionate. She loves having her head petted too. She'd make a great addition to a loving home just in time for the start of autumn.

Lily's adoption fee is \$70, which includes her spay surgery, a microchip, the first set of vaccinations, as well as a free follow-up health check at a participating vet. She also qualifies for our Seniors for Seniors program for eligible adopters. New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet. Ask an adoptions counselor for more information during your visit

Call the Pasadena Humane Society & SPCA at 626.792.7151 to ask about A314288, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday – Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at www.pasadenahumane.org.

Geology of 710 Tunnel Proposal Discussed by Panel

By Dean Lee

Experts shed light earlier this month on just what hurdles must be overcome — including active faulting, air quality and historic preservation — in building a proposed 4.5 mile tunnel as part of the 710 freeway gap closure.

“For this project, there is a variant of geology consisting of weak sedimentary rock to very strong basement rocks,” said the project's principal-in-charge, Stephen Klein. “The faults are some of the most important factors in the tunneling. All of these factors would have to be addressed safely and cost effectively to construct the tunnel alternatives we are talking about.”

Kline was the only panelist, out of six, in support of the project. Others on the panel included, executive director of Pasadena Heritage, Sue Mossman, Metro board member, Ara Najarian, Caltech atmospheric researcher, John Seinfeld, professor of preventive medicine at USC's Keck School of Medicine, Rob McConnell and Caltech geophysicist Kenneth Hudnut.

“If the tunnel is perused, it should transect as few faults as possible and the less active parts of the fault,” Hudnut said. “Select a route that is the least steep to minimize ventilation problems. Design and build it very strong, especially at all soil contrast points and faults whether they are active or not, especially at active fault crossings,”

Crossings could include the San Rafael fault, the Eagle Rock fault and the Raymond fault panelists said.

Hudnut also said any tunnel should be built deep in the



ground rather than shallow,” to again minimize earthquake damage, you'd want to prevent collapse and protect what is above as well as the tunnel itself.

He added, “If tunnel collapse were to occur, you can actually have the ground surface drop, so whatever is at the ground surface can collapse in.”

Historic building could be damaged.

“If you look at the route being considered for the tunnel, it is virtually lined with historic districts from south to north,” Mossman said. “There is almost no portion of this route that doesn't pass through, or immediately adjacent to a historic district, either an eligible district with the national register, a local landmark district, a district listed on the national register or some other form of historic designation.”

Mossman said they were concerned that vibrations during construction could damage historic structures. She also said there could also be settling of the ground after construction.

As far as air pollution, Seinfeld said a study by USC/UCLA

in Long Beach in 2002, found 150,000 particles per cubic centimeter, “Normal level is about 5,000,” he said. “Pristine air would be about 1,000.”

“Those of us in the field, air quality, urban areas, emissions etc., have long considered to 710 Freeway to be arguably the dirtiest freeway in the country,” Seinfeld said. In his presentation, Klein said all the air form the tunnel would be scrubbed and the tubes ventilated.

Mossman also said air pollution can damage historic buildings.

With all the other factors aside, Najarian said cost alone should be reason to scrap the project saying the estimates he got from Metro officials ranged from \$1 billion up to \$14 billion. “That's crazy, right?”

Parsons Takes Part in Nuclear Conference

Pasadena based Parsons announced that the firm participated in the 3rd Annual Nuclear Construction Conference, MENA. The 2-day conference was held last Tuesday and Wednesday at Le Royal Meridian Hotel in Dubai, UAE.

Ross Ridenoure, Parsons Vice President of Nuclear Energy Initiatives and Chief Nuclear Officer, spoke during the construction engineering session, held the morning of the second day of the conference giving a presentation entitled “Human Performance in High Reliability Organizations (HROs)” and discussing causes that lead to historical disasters, the characteristics of HROs, and what businesses can learn from HROs.

“Parsons is proud to be a participating sponsoring of Nuclear Energy Insider's MENA Nuclear Construction Conference,” said Guy Mehula, Parsons MENA+ President. “This will be a great opportunity for Ross and others within Parsons to exchange ideas and best practices for the future development of our nuclear programs.”

Parsons is currently supporting industries around the world such as nuclear power, defense, disarmament, waste treatment, homeland security, energy, and laser research.

Farmers Rose Float to Feature Live Wedding



Farmers Insurance today announced “The Love Float,” its 54th consecutive entry in the Rose Parade, featuring the first-ever live wedding in the parade's 124-year history. Couples can enter the “Farmers Insurance Dream Wedding” contest on Farmers Insurance Facebook page through October 14 by answering three questions describing why they should win this magical, romantic moment.

The live nuptials will take place atop the float while headed down Colorado Boulevard, in front of over 52 million television viewers and another 900,000 people lining the parade route.

“Across the country there are thousands of couples deserving of a history making wedding experience,” says Michael L. Linton, Enterprise Chief Marketing Officer for Farmers Insurance. “We're asking for submissions from all corners of the country so look around, ask your friends and neighbors,

and see if you can spread the word to a couple that deserves this unique honor. The “Love Float” is a chance for Farmers Insurance to honor a great American love story.”

A panel of judges will select up to four finalists and the American public will vote on which couple will win their “Farmers Insurance Dream Wedding” on “The Love Float” at the Rose Parade. Consumer voting begins on October 30 through November 13, and the winner will be announced prior to the Thanksgiving holiday.

The winning couple will receive a wedding dress for the bride and a tuxedo for the groom, his and hers wedding rings, hair and make-up for the bride on the big day, marriage license fees, two tickets to the 2013 Rose Bowl game for the newlyweds and a national advertisement opportunity featuring a photo from your wedding day.

Public Input sought In General Plan Update

the creation of this plan.

Based on community feedback and participation, staff is recommending changes to the General Plan's Guiding Principles, Objectives and Policies and the Land Use Diagram. The Draft Land Use Diagram is designed to target development into the Central District, around transit stations, and major intersections. The goal is to create vibrant transit and neighborhood villages with easy access to transportation, a mix of housing and neighborhood-serving businesses.

The four main guidelines for the General Plan update include: protecting and preserving Pasadena's neighborhoods, open space and historic resources; identifying targeted growth areas; planning for walking, bicycling, transit and accessibility, and fostering

economic vitality. The City last updated its General Plan in 1994.

Public meetings to view and comment on the General Plan include:

City Council, 6:30 p.m., Monday, Oct. 1 and Monday, Dec. 3, City Council Chambers, City Hall.

Planning Commission, 6:15 p.m., Wednesday, Oct. 10 and Wednesday, Oct. 24, City Council Chambers, City Hall. Transportation Advisory Commission, Special Meeting, 4:00 p.m., Thursday, Oct. 11, 221 E. Walnut St., Suite 210.

General Plan Update Advisory Committee, 6:30 p.m., Monday, Nov. 15, Renaissance Plaza, 649 N. Fair Oaks Ave., 2nd Floor Room 203.

For more information, call (626) 744-7310, e-mail generalplan@cityofpasadena.net, or visit www.cityofpasadena.net/generalplan.

City Appoints Human Resources Director

City Manager Michael Beck announced this week the appointment of Kristi Recchia as the city's new Human Resources Director. Recchia assumes her new duties effective October 31, city staff said.

“We looked very hard to find the right person who can meet the demands of excellence for Pasadena and Kristi brings a tremendous amount of experience and energy for human resources,” City Manager Beck said. “I'm confident in her abilities to meet our employees' expectations while also helping us to focus our skills as a customer service organization.”

Recchia will oversee a department staff of 20 and help provide human resource services to about 1,800 full-time employees across 16 departments. Recchia was selected from a nationwide pool of 100 candidates.

“Pasadena is such a wonderful city, very diverse, with outstanding traditions and a rich history,” Recchia said. “I'm very fortunate to have been selected to join Pasadena's team and look forward to serving here.”



Recchia was a member of the Employer Relations Policy Committee for the League of California Cities from 2008-2010 and is affiliated with numerous professional organizations in her field, including, among others, the National Public Employer Labor Relations Association, the Public Agency Risk Management Association and the Society for Human Resource Management.

Ribbon Cutting Ceremony Tonight for Reopening Of Historic Fenyes Mansion

A Ribbon cutting ceremony tonight on front steps of the Fenyes Mansion, reopening the historic landmark to the public, will include Pasadena Mayor Bill Bogaard, Congressman Adam Schiff, and other dignitaries. On hand will be representatives from the Paloheimo Foundation which funded the Mansion repairs; the seven 2012 Contemporary History Maker Honorees, PMH Executive Director Jeannette O'Malley, and Joan Branim of El Molino Questers, which funded restoration of some of the Mansion's Oriental carpets.

Since 2010, the 1906 Beaux Arts-style Fenyes Mansion at Pasadena Museum of History has been undergoing a \$1.7 million rejuvenation.

Costumed “Fenyes Mansion Staff and Family Members”

Citizen Journalism Meet-up

Learn not just how to blog but how to report the news

The Pasadena Community Network and this newspaper are holding a workshop on Citizen Journalism.

This group is the place where aspiring journalists can learn from trained professionals and support their local community by covering what's really happening in their neighborhoods.

We will put the news in your hands. Learn how to find

NASA Rover Finds Old Streambed on Mars

NASA's Curiosity rover mission has found evidence a stream once ran vigorously across the area on Mars where the rover is driving. There is earlier evidence for the presence of water on Mars, but this evidence -- images of rocks containing ancient streambed gravels -- is the first of its kind.

Scientists are studying the images of stones cemented into a layer of conglomerate rock. The sizes and shapes of stones offer clues to the speed and distance of a long-ago stream's flow.

“From the size of gravels it carried, we can interpret the water was moving about 3 feet per second, with a depth somewhere between ankle and hip deep,” said Curiosity science co-investigator William Dietrich of the University of California, Berkeley. “Plenty of papers have been written about channels on Mars with many different hypotheses about the flows in them. This is the first time we're actually seeing water-transported gravel on Mars. This is a transition from speculation about the size of streambed material to direct observation of it.”

The finding site lies between the north rim of Gale Crater and the base of Mount Sharp, a mountain inside the crater. Earlier imaging of the region



the story, the tools needed to capture the story and the means to tell the story using the power of video, audio and print along with online social media. The next meeting is Oct. 2 from 6:30 p.m. to 8 p.m. at the Pasadena Community Network - Studio G, 2057 N. Los Robles Ave.

For more info call 626.794.8585.

“What’s Going On?”
News and Views from Joan Schmidt



A TASTE of ARCADIA WAS ALIVE WITH THE “SOUND OF MUSIC”

by Joan Schmidt

The Los Angeles County Arboretum was the setting of Arcadia’s biggest-ever *Taste of Arcadia* this past September 24. There was a record 75 vendors and a dozen new 2013 cars were on display. Arcadia Fire Chief Tony Trabbie and Arcadia Police Chief Bob Guthrie attended as well as many city officials. City Manager Dominic Lazzaretto came with his wife Christine and I also saw Council Members John Wou and Peter Amundson.

When we first arrived, we were given a tray with a peacock design on it and a tote bag for many goodies! We soon approached a table. At it were the three stars of *The Sound of Music*, Angela Cartwright (Brigitta), Kym Karath (Gretl), and Debbie Turner (Marta).

Angela Cartwright was a favorite of mine in various series. I remember her from “Make Room for Daddy”, and “Lost in Space”. Besides her acting career, she is an accomplished author, photographer, artist and designer. It was interesting to chat with her about her many talents.

Kim Karath guest-starred on many series through the years including “Dr. Kildare”, “Lassie”, “My Three Sons”, “Lost in Space”, “Family Affair” and “The Brady Bunch”- all favorites of mine. Currently, she is the President of the Aurelia Foundation, whose goal is to create model day programs for young adults with disabilities.

The third actress from *Sound of Music* was Debbie Turner- a local girl. She was born in Pasadena and began TV commercials at six months old. A ’74 graduate of Arcadia High School, she went on to USC. Presently she lives in Chanhassen MN with her husband of thirty-two years and their four daughters. She is a successful floral designer for décor of wedding and large events.

Also present were Debbie’s two sisters, Patricia and Michelle, also actresses. During her childhood, Patricia appeared in TV shows and commercials, most noteworthy her role in “Leave It to Beaver” as Linda Dennison. In 1966, Patricia was crowned Miss Arcadia, and rode on the City’s Float in the Tournament of Roses Parade. In her senior year at Arcadia HS, she was voted homecoming queen. She has three grown children and lives in Aliso Viejo, CA.

Michelle is a 1970 AHS graduate and has appeared in several TV shows and commercials. She lives in Utah with her husband and two sons. During the winter she is a professional ski instructor. She is the only one of the three sisters to still pursue acting and last year won a Best Supporting Actress award for her work in “An Evening with My Comatose Mother.”

After we passed the actresses’ table, we saw LASD Reserve Commander, Gary Jones, a dear friend since ’93. Gary told me he was a guest of the “Turners”, and it just went over my head. After sampling delicious fare, and visiting displays, we met Michelle and Patricia Turner, who were so gracious. They informed me that Gary’s sister Carol was Linda’s best friend growing up! What a small world it is!

The *Taste of Arcadia* was spectacular and was more than I ever expected. Angela Cartwright was so gracious and we spoke at length. There also was a unique book sold that had photos from the movie being made and replicas of notebooks the young actors used for lessons and much more!

Thank you, Arcadia Chamber for a really awesome evening!



Bob Clayton with actresses Angela Cartwright & Kym Clayrath

LEAGUE OF WOMEN VOTERS PASADENA FORUM TO ANALYZE NOVEMBER BALLOT MEASURES OCTOBER 6

Voters who want to be in the know about the 11 propositions on the November ballot can expect lively discussion and even debate at a free public forum sponsored by the League of Women Voters Pasadena Area. Titled “Are You in the Know?” it will be held Oct. 6, 9:30 to noon, at the Women’s City Club, 160 N. Oakland Ave., Pasadena.

A team of League members who have studied the measures in depth can help people separate fact from fiction regarding the hotly debated, competing tax measures of Gov. Jerry Brown and education advocate Molly Munger. Speakers also will analyze and present background information and prospective effects on each of the other 10 measures, including a business tax.

Three other propositions address criminal justice issues: ending the death penalty, tougher penalties for human sex trafficking and modifying the three-strikes law. Three affect the legislature: a two-year cycle for the state budget, limits in campaign donations, and a challenge to the recently redrawn political boundaries for state senate district. Two address consumer issues: genetically altered food and auto insurance.

As a nonpartisan political organization encouraging informed and active participation in government, the League invites people at the forum to share information and express divergent views. At this forum the League will only analyze the measures.

Lunch will follow the program and costs \$20, including tax, tip and parking. Information and reservations are available by calling 626-798-0965, 10am-1pm M-F. Walk-ins are invited with no cost for admission.



YOM KIPPUR THOUGHTS

By Christopher Nyerges

[Nyerges is the author of “Self-Sufficient Home,” “How to Survive Anywhere,” and other books. He can be reached at Box 41834, Eagle Rock, CA 90041, or www.ChristopherNyerges.com.]

In high school, my best friend was Jewish, and when we were together, people often thought that we were brothers. Having been born into Catholicism, I knew little of Judaism. But by my 40s, I learned that my father’s father was a Hungarian Jew, and converted to Catholicism when they came to the U.S. in 1906 in order to “fit in.”

Perhaps that explains my ongoing desire to learn more about Judaism and its ancient practices.

We just experienced Rosh Hashana, The Jewish New Year, and Yom Kippur, the Day of Atonement, where Jews seek to identify their misdeeds of the previous year, seek forgiveness, and make atonement for those sins.

It reminds me of Catholic Confession, whose efficacy is directly proportionate to the intensity of the feeling and desire of the confessor.

So, during the Rosh Hashana and Yom Kippur week this year, I listened to a Jew and a Christian discuss the idea of forgiveness. The Jew stated that he must ask forgiveness directly (or via telephone) to the person offended, he must receive forgiveness, do restitution as necessary, and only after that could God forgive him. The Christian stated that, according to his beliefs, it was not necessary to go to the person offended, but that one need only ask forgiveness from God, or from God through the priest.

I would often debate matters of religious belief and dogma with my mother as well as our local priest. My mother told me that all I needed was to look in the Bible and that I should quit pretending that I know more than the priest or the Bible. I told her that I wasn’t trying to act as if I knew more than the priest, that I was only asking the priest questions, and rather than consult the Bible, I was simply consulting my own inner sense of rightness, and logic, and what seemed sensible. It led to many lively conversations and some enlightening moments.

Though all religions seems to be able to back up their ideas with tradition, or written verses, I’d have to go along with the Jews on this one, that it is always best to seek forgiveness directly from those you’ve wronged, and to make restitution directly to them. Certainly this violates no code of ethics on any side, and by so doing, I would think that God would smile down on you.

My mother always told me that I think about things too much. Maybe she was right, maybe not. But it is good to ask questions, and to seek answers. While I have never been big on the dogmas which arise from traditions, I have loved the origins of most religions. It is why I became a Buddhist at age 14, and still continued some connection to various Christian churches. I studied the Sufi sect of Islam, and I have studied Hinduism. I find that there is value in all these traditions, when seen purely. When asked my religion, my answer is very much like the answer that Gandhi would give: “I am a Christian, a Jew, a Buddhist, a Muslim, a Hindu.” Properly understood, yes, it does make sense.

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THE WORLD AROUND US

Looking Up
with Bob Eklund

MARS ROVER TARGETS UNUSUAL ROCK EN ROUTE TO FIRST DESTINATION



The image was taken by the left Navigation camera (Navcam) at the end of the drive. The rock has been named “Jake Matijevic.” This commemorates Jacob Matijevic (1947-2012), who was the surface operations systems chief engineer for the Mars Science Laboratory Project and the project’s Curiosity rover. He was also a leading engineer for all of the previous NASA Mars rovers: Sojourner, Spirit and Opportunity. Curiosity’s contact instruments are on a turret at the end of the rover’s arm. They are the Alpha Particle X-Ray Spectrometer for reading a target’s elemental composition and the Mars Hand Lens Imager for close-up imaging. Image credit: NASA/JPL-Caltech

NASA’s Mars rover Curiosity has driven up to a football-size rock that will be the first for the rover’s arm to examine.

Curiosity is about 8 feet (2.5 meters) from the rock. It lies about halfway from the rover’s landing site, Bradbury Landing, to a location called Glenelg. In coming days, the team plans to touch the rock with a spectrometer to determine its elemental composition and use an arm-mounted camera to take close-up photographs.

Both the arm-mounted Alpha Particle X-Ray Spectrometer and the mast-mounted, laser-zapping Chemistry and Camera Instrument will be used for identifying elements in the rock. This will allow cross-checking of the two instruments.

The rock has been named “Jake Matijevic.” Jacob Matijevic (mah-TEE-uh-vik) was the surface operations systems chief engineer for Mars Science Laboratory and the project’s Curiosity rover. He passed away Aug. 20, at age 64. Matijevic also was a leading engineer for all of the previous NASA Mars rovers: Sojourner, Spirit and Opportunity.

Curiosity now has driven six days in a row. Daily distances range from 72 feet to 121 feet (22 meters to 37 meters).

“This robot was built to rove, and the team is really getting a good rhythm of driving day after day when that’s the priority,” said Mars Science Laboratory Project Manager Richard Cook of NASA’s Jet Propulsion Laboratory in Pasadena, Calif.

The team plans to choose a rock in the Glenelg area for the rover’s first use of its capability to analyze powder drilled from interiors of rocks. Three types of terrain intersect in the Glenelg area—one lighter-toned and another more cratered than the terrain Curiosity currently is crossing. The light-toned area is of special interest because it retains daytime heat long into the night, suggesting an unusual composition.

“As we’re getting closer to the light-toned area, we see thin, dark bands of unknown origin,” said Mars Science Laboratory Project Scientist John Grotzinger of the California Institute of Technology, Pasadena. “The smaller-scale diversity is becoming more evident as we get closer, providing more potential targets for investigation.”

During Curiosity’s two-year prime mission, researchers will use the rover’s 10 science instruments to assess whether the selected field site inside Gale Crater ever has offered environmental conditions favorable for microbial life.

ON BEHALF OF MOUNT WILSON OBSERVATORY, I’d like to invite all of our readers to an astronomy lecture this Saturday afternoon, Sept. 29, 2:30 p.m. at the Altadena Public Library, 600 E. Mariposa St., Altadena.

The speaker is Dr. Barry F. Madore, senior research astronomer at the Observatories of the Carnegie Institution for Science. Dr. Madore’s talk is titled “Cognitive Astrophysics and Pentessence, The Fifth State of Matter.” This talk introduces a synthesis of recent studies into how we think, how we express those thoughts, and ultimately how we see and model the universe, drawing heavily from recent findings in the cognitive sciences, linguistics, computer science, astrophysics, cosmology, and philosophy.

The public is welcome, and there is no charge. Ample parking is available in the library parking lot, at the southwest corner of Mariposa St. and Santa Rosa Ave. (Christmas Tree Lane).

You can contact Bob Eklund at: b eklund@MtnViewsNews.com.

ARCADIA POLICE BLOTTER

For the period of Sunday, September 16th, through Saturday, September 22nd, the Police Department responded to 914 calls for service of which 108 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, September 16:

- 1. At about 3:38 a.m., an officer made consensual contact with two subjects in the 300 block of East Foothill Boulevard. An investigation revealed one subject was under the influence of a controlled substance. The 19-year-old Hispanic male was arrested and transported to the Arcadia City Jail for booking.
- 2. Around 11:56 a.m., officers were dispatched to the 400 block of East Longden Avenue regarding an attempted residential burglary report. The resident observed a female subject tampering with her screen door. Upon being confronted, the subject asked for an unknown resident and quickly walked toward an awaiting black SUV. The subject is described as a Hispanic female, approximately 35 to 40-years-old, with brown hair, light complexion, and wearing a red t-shirt. No evidence was located.

Monday, September 17:

- 3. Shortly after 12:00 p.m., an officer was dispatched to USA Dinseng City, 1240 South Golden West Avenue, regarding a theft report. A male suspect picked up two bags of dried sea cucumbers, valued at about \$2,000, and loaded them into an awaiting vehicle described as a white four-door sedan. The suspect and vehicle can be identified if seen again.
- 4. Around 1:00 p.m., an officer responded to Arcadia High School, 180 Campus Drive, in reference to a student in possession of a knife. The male subject brought a three-inch dagger, lighters, marijuana, and drug paraphernalia to school. The 17-year-old Hispanic male was arrested and transported to the Arcadia City Jail for booking.

Tuesday, September 18:

- 5. At about 2:46 p.m., an officer conducted a traffic stop on a vehicle for speeding in the area of Santa Anita Avenue and Norman Avenue. As the officer explained the listed violation, the driver revealed he was in possession of methamphetamine. The 37-year-old White male was arrested and transported to the Arcadia City Jail for booking.
- 6. At approximately 5:43 p.m., officers responded to the 700 block of West Naomi Avenue in regards to a male subject yelling and cursing in the street. An investigation revealed the subject was intoxicated and unable to care for himself. The 61-year-old White male was arrested and transported to the Arcadia City Jail for booking.

Wednesday, September 19:

- 7. At about 1:30 a.m., an officer conducted an enforcement stop on a blue Infinity in the 000 block of East Huntington Drive for expired registration. As the officer approached the vehicle, he observed a fraudulent registration sticker on the license plate. A vehicle search revealed the driver was in possession of personal identifying information for approximately thirty-four people and stolen property including mail and new credit cards. The 42-year-old Black male was arrested and transported to the Arcadia City Jail for booking.
- 8. Around 11:25 a.m., an officer responded to Avus Traffic School, 333 North Santa Anita Avenue #1, in regards to a possible fraud. An investigation revealed a previous employee stole blank DMV certificates (for traffic school completion) and was issuing them to people in exchange for money. The 53-year-old female of unknown race was arrested and transported to the Arcadia City Jail for booking.

Thursday, September 20:

- 9. Shortly after 4:00 a.m., officers responded to Hollywood Noodle, 48 East Live Oak Avenue, in regards to an activated alarm. Upon arrival, the officers observed two juveniles climbing out of the business through a broken window and ordered them to the ground. One subject was detained while the other fled northbound on Live Oak Avenue. Officers recognized his identity and later arrested him at his residence. An investigation revealed the 13 and 14-year-old Hispanic males ransacked the restaurant and stole approximately \$100 from the register. Both suspects were booked at the Arcadia City Jail and later released to their parents.
- 10. At approximately 6:23 p.m., and officer was dispatched to the intersection of Foothill Boulevard and Burnell Oaks Lane regarding a two-party traffic accident. One of the drivers made a left turn in front of oncoming traffic and collided with an SUV, causing the driver of the SUV to lose control and hit a tree. No injuries were reported.

Friday, September 21:

- 11. Just before 1:00 a.m., officers conducted a traffic stop on a vehicle for an unsafe turn in the area of Santa Anita Avenue and the 210 freeway. Upon contact with the driver, the officer noticed a strong odor of alcohol emitting from his person. An investigation revealed the driver was under the influence of alcohol with a blood alcohol level greater than .08 percent. The 21-year-old Hispanic male was arrested and transported to the Arcadia City Jail for booking.
- 12. At about 5:30 p.m., an officer was dispatched to Macy's at the Santa Anita Mall, 400 South Baldwin Avenue, in reference to a theft report. A female subject concealed merchandise inside her purse and exited the store without making payment. The 21-year-old Hispanic female was arrested and transported to the Arcadia City Jail for booking.

Saturday, September 22:

- 13. Shortly after 2:50 p.m., an officer made consensual contact with a male subject in the area of Huntington Drive and La Cadena Avenue. An investigation revealed the subject was under the influence of alcohol and had an outstanding misdemeanor warrant. The 39-year-old Hispanic male was arrested and transported to the Arcadia City Jail for booking.
- 14. At about 10:10 p.m., officers were dispatched to the area of Huntington Drive and East Baldwin Avenue regarding a fight in progress between two males. As the officers arrived, both subjects fled the area on foot. One subject was detained while the other evaded capture. An investigation revealed the detained subject, a 34-year-old Hispanic male, was under the influence of alcohol and had an outstanding misdemeanor warrant. He was arrested and transported to the Arcadia City Jail for booking.

NEW OPERATING HOURS FOR POLICE RECORDS BUREAU

Effective Sunday, September 23, 2012, the Arcadia Police Department Records Bureau operating hours will be from 6:00 a.m. to 10:00 p.m. daily.

The Police Department lobby will remain open for community access to the online reporting system and the overnight parking permit (TOPEC) machine. A push button speaker system is available in the lobby for those requiring immediate police assistance between the hours of 10:00 p.m. and 6:00 a.m. The speaker system

communicates directly with our Dispatch Center.

General business related to the Records Bureau, such as obtaining copies of reports, submitting paperwork, and fingerprinting, will be available each day during regular operating hours. Other services such as filling out police reports for various crimes, obtaining copies of collision reports, and acquiring overnight parking permits, are also available online for your convenience. These and other links to specific services can be found on the Department website at www.ArcadiaPD.org.

Inquiries may be directed to Records Manager Audree Luevano at 626.574.5157 or to the Watch Commander at 626.574.5156.

RETIRED TEACHERS TO HEAR OF POLAR BEAR ADVENTURES IN CANADA

The California Retired Teachers' Association #71 (CalRTA) will be treated to an up-front look at polar bears when two of their fellow retirees tell of their adventures with polar bears at Churchill in the Manitoba province of Canada. Shirley Burkhardt and Suzette Johnston, retired educators from the El Monte City School District, will share their adventures in the Hudson Bay region by giving a power-point presentation at a luncheon meeting of CalRTA #71 on Friday, October 12, at the Senior Center Building in Arcadia Park, 405 W. Santa Anita Avenue, Arcadia, next to the Lawn Bowling Greens.



This magnificent Canadian polar bear may weigh half a ton or more!

Both Burkhardt and Johnston are seasoned travelers. In their trip to Churchill, they enjoyed polar-bear viewing while riding on a tundra buggy, taking a dog sled ride, and roughing it in other ways. Their presentation will bring their adventures to life. Guests are welcome to come enjoy the CalRTA luncheon and the exciting program. The cost of the luncheon for members and guests is \$10. The reservation deadline is Friday, October 5. For luncheon information, please call John Gera at (626) 286-0714.

Membership in the California Retired Teachers' Association is open to all retired educators, as well as to any others interested in joining this active group. CalRTA #71 (SGV) meets on alternate months, beginning in October and ending in June. Meetings always include a legislative update for retired educators, as well as an entertaining program and/or an informative speaker.



Suzette Johnston acts as "musher" while Shirley Burkhardt settles in for a dog sled ride at Churchill, Manitoba.

FAMILY NATURE HIKE! SATURDAY OCTOBER 13 7:30AM SHARP! \$15 PER PERSON

Bring the family and join us as we hike to the Hollywood Sign on Saturday, October 13th! (Originally was scheduled for Saturday, September 29th)! This nature hike is approximately 4.5 miles roundtrip with a moderate level of difficulty. Participants will meet at the Arcadia Community Center at 7:30am and travel by bus to the Bronson Canyon entrance to Griffith Park in Hollywood. Upon arrival, participants will do some light stretching and then embark on a

hike to the world-famous icon, the "Hollywood Sign" and experience an epic view of L.A.'s unique urban sprawl. It is the most famous sign in the world, and was originally erected in 1923, then rebuilt in 1979. Each letter is 50-feet high and 30-feet wide and the full sign spans 450-feet across a summit on Mount Lee. At the end of the hike participants will enjoy a picnic lunch. The \$15 fee includes transportation and lunch. Children must be accompanied by an adult.

You can register now, on-line, by mail or in person! To download the registration form, go on-line to the City of Arcadia's website: www.ci.arcadia.ca.us or stop by the office, 375 Campus Drive. For more information please call 626.574.5113!

HISTORICAL MARKER DEDICATION AND SNEAK PREVIEW SEPT. 24 AND OCT. 2 LOS ANGELES COUNTY ARBORETUM (FORMER HOME OF LUCKY BALDWIN)

ARCADIA, Calif. – A new "History Lives Here" historical marker showcasing vintage photographs and descriptions of the history and evolution of the Los Angeles County Arboretum and Botanic Garden that was once the home of Arcadia founder Lucky Baldwin will be dedicated at 4 p.m. October 2 near the main entrance of the Arboretum.

A special first-ever preview of a mock-up of the Marker will be unveiled to attendees of the Arcadia Chamber of Commerce's annual Taste of Arcadia at the Arboretum on Sept. 24.

This is the ninth marker dedicated by the Arcadia Historical Society in five years and the first to be entirely funded and presented by the independent Friends of the Society group which supports the Society in many ways. The tenth Marker will be dedicated this fall, coinciding with the unveiling of a new life-size statue of Lucky Baldwin.

Among the little-seen photographs presented on the Arboretum Marker will be an 1889 painting by H. H. Cross of Baldwin and daughter Anita sitting with dogs near the famous lake in front of the guest cottage (now called the Queen Anne Cottage); Lucky Baldwin's nearby adobe home place of more than three decades (often called the Hugo Reid adobe, though Reid never lived there); and postcard views of the Baldwin Ranch, circa 1905, referred to by the Los Angeles Times in 1893 as one of the most beautiful botanical gardens in the world.

The 127-acre Arboretum was the heart of the sprawling Rancho Santa Anita, originally an outpost of Mission San Gabriel. Baldwin purchased 8,500 acres of Rancho Santa Anita in 1875 and eventually owned nearly 50,000 acres of today's San Gabriel Valley before he died in 1909. His daughter Anita maintained her father's beloved

Santa Anita home site for decades but was forced to sell it in 1936 due to financial burdens created by the Great Depression. In 1947, the new owners, a real estate syndicate headed by the Chandler family (longtime owners of the Los Angeles Times) sold the prime property surrounding the adobe and cottage at less than market value to an ambitious group of horticulturists backed by the County and the State for the purpose of create an Arboretum. History still lives here because of their efforts.

The series of Historical Markers are part of the non-profit Society's mission to create broader public awareness of noteworthy historical events, people, and landmarks in Arcadia. The Society's first Historical Marker was presented during the Centennial Celebration of First Avenue Middle School in October 2007. Others since then: Los Angeles County's Arcadia Park near the peacock fountain; the original City Hall on the northwest corner of Huntington Drive and First Avenue; the Woman's Club of Arcadia on First Avenue; three presented during 75th Anniversary dedications for the Arcadia Chamber of Commerce, Santa Anita Park, and Adams' Pack Station; and most recently The Derby restaurant last year.

Gene Glasco is president of the Arcadia Historical Society. Sandy Snider researched, wrote and coordinated the photographs for the Derby, Arboretum, and upcoming Lucky Baldwin markers as a member of the Society's Historical Marker Committee chaired by Scott Hettrick and assisted by Carol Libby.

Contact: Arcadia Historical Society: 626-446-8512 or Scott Hettrick, e-mail: hreporter@aol.com / cell: 626-485-8783 Web site: <http://www.arcadiahistoricalsociety.org>

"SLAVERY IN OUR MIDST" IS TOPIC FOR ARCADIA AAUW MEETING

The organization called TraffickFree San Gabriel aims to "raise awareness of the human trafficking problem in our community and bring healing to the survivors of modern slavery." Members of the group conduct research and educate themselves about trafficking happening in their own community and elsewhere. TraffickFree San Gabriel representatives will speak at a meeting of the Arcadia Branch of the American Association of University Women (AAUW) on Monday evening, October 8, 2012.

The meeting will take place in the Church of the Good Shepherd's Jordan Hall, 400 W. Duarte Rd. (SW corner of Duarte Rd. and Holly Ave.), Arcadia. The meeting is open to the public at no charge, and ample parking is available in the church parking lot. All are invited to come for socializing and refreshments at 6:30 p.m., with the program to follow at 7:00 p.m.

Membership in the American Association of University Women is open to women and men university (or college) graduates, as well as to those holding an Associate of Arts degree or its equivalent. For membership information, please call Tamara Kato at (626) 375-6756 or Patricia Dietrich at (626) 446-8437. Those interested may join at any time.

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T. JEFFERSON PARKER, SUSAN STRAIGHT, JUAN FELIPE HERRERA TO HEADLINE 10TH ANNUAL DUARTE FESTIVAL OF AUTHORS, OCT. 6

DUARTE, CA, Best-selling crime writer, T. Jefferson Parker, award-winning novelist Susan Straight, and celebrated poet, novelist, performer and activist, Juan Felipe Herrera, will headline the 10th annual Duarte Festival of Authors on Saturday, Oct. 6. The festival will take place from 10 a.m. to 5 p.m. at Westminster Gardens, 1420 Santo Domingo Ave. in Duarte. Admission and parking is free.

The Duarte Festival of Authors presents a unique opportunity in an intimate setting for the public to meet and hear from some of Southern California's top writers as well as exciting, new talents.

More than 50 authors will participate in the festival presented by the Friends of the Duarte Library. The festival showcases a rich sampling of the diversity of literary talents and books to appeal to a wide variety of tastes: fiction and non-fiction, adventure, suspense, romance, travel, mystery, inspirational, spiritual, poetry, educational, historical, young adult and children's titles.

In addition to talks, panel discussions and book signings all day long, festival-goers are in for a host of other treats as well with an on-site book store and a choice of food and refreshments served up by the popular Pie and Burger Restaurant truck and Duarte's Lemonade Brigade.

Juan Felipe Herrera is the award-winning author of 29 books including poetry, novels for young adults and collections for children. He will speak and sign his books at 12 noon, of which "Half the World in Light - New and Selected Poems" is his most recent. For nearly four decades Herrera has documented his experiences as a Chicano in the United States and Latin America through stunning memorable poetry that is both personal and universal in its impact, themes and approach. Earlier this year Herrera was named Poet Laureate for the State of California.

T. Jefferson Parker, who will speak and sign his books at 1:30 p.m., is a three-time recipient of the Mystery Writers of America's Edgar Award for best novel, and has won numerous other awards for his novels all dealing with crime, life and death in Southern California. His latest bestseller is "The Jaguar" which features protagonist Charlie Hood, a Los Angeles Sheriff's Deputy on loan to the Bureau of Alcohol, Tobacco and Firearms task force working the illegal gun trade along the U.S. Mexican border.

Novelist Susan Straight, whose book, "Take One Candle Light a Room" was named one of the best novels of 2010 by the Washington Post, The Los Angeles Times, and Kirkus, will speak at 3 p.m. Following her talk, she will sign copies of her new book, "Between Heaven and Here," Other authors scheduled to appear include: Mystery writers, Teresa Burrell, "The Advocate," Gayle Carline, "Hit or Missus,"

Michael Mayo,"Alex Walker and the Circus of Secrets," Gayle Bartos-Pool, "The Johnny Casino Casebook," and Alice Zogg, "Murder at the Cubbyhole".

There will be lots of good books for children to choose from and special reading and other activities for the young ones. Among the authors participating will be: Alva Sachs, "I'm 5," Jason Silva, "The Tale of Edgar Trunk" series, Ron Robledo, "How do you Hide a Dinosaur?," Chani Warnasuriya, "Spooky Tales" and Evelyn De Wolfe, "Conversations with Madame Zozo". Author, Chi Hosseinion's "U Touch, I Tell" helps children learn how to protect themselves from predators.

Fiction writers include: David McCabe "Without Sin," Rebecca Woods, "Living Through Charlie," Lola James, "Bound to Remember," and M. Adams, "For a Taste of Morgan". Zuhdi Sardar's "Between Iraq and Hard Places" paints a canvas of words that - in light of the Middle East's recent "Arab Spring" - is both a metaphor of our times and mirror to us all.

Author/TV-radio personality, Manny Pacheco highlights character actors of Hollywood's Golden Age and films telling America's story in "Forgotten Hollywood," while Hollywood movie historian, Mark Thomas McGee takes readers behind-the-scenes in the making of the classic "Invasion of the Body Snatchers" and Gerald Schiller, details true tales from Tinseltown's past in "It Happened in Hollywood: Remarkable Events that Shaped History". Dennis Sanchez offers a humorous Wizard of Oz parody from Toto's point of view in "Toto's Adventures with Dorothy".

Festival goers will find inspirational stories. "Joseph Borda's "Across the Seas" is his personal immigrant account of serving in three wars and working on ships to earn the American citizenship for which he strived for years. "Living in the Mouth of the Wolf" by Sal DiVita provides authentic accounts of events as experienced by ordinary people in Fascist Italy during the Second World War. Others include: Chuck Robertson, "A Simple Man's Story of Esther," Glen Gibson, "Not the Way You Thought it Would Be," Loa Blasucci, "All Health's Breaking Loose," Jesse Cozean, "My Grandfather's War," and Brenda Winner, "Ten Perfect Fingers". Janie Speare offers advice to teens in "Standing Up, Standing Out," and author/artist/peace ambassador, Petra Eiko brings her traveling Green Heart project to the festival, inviting visitors to inscribe what's in their hearts.

Claudia and Alan Heller, take readers on a journey through The Mother Road in stories, pictures and reminiscences of "Life on Route 66," Tim Poyorena-Miguel shares local history in "Return to Simons," and Richard Santillan writes on the history of "Mexican American Baseball in L.A". Historian, Elizabeth Pomeroy offers a guide to historic and natural landmarks in Southern California in "Lost and Found," and James Aguirre offers Native American history and perspective in his book "Through Native Eyes - Talking Leaves. For the latest information about the Duarte Festival of Authors, participants and activities, visit the Festival website: www.friendsoftheduartelibrary.com, or call (626) 359-6413.

MONROVIA POLICE BLOTTER


Highlighted Activity for the Weekdays of September 24-26, 2012

During the last seven-day period, the Police Department handled 479 service events, resulting in 69 investigations. To see a complete listing of crimes reported, go to <http://www.crimemapping.com/map/ca/monrovia> for crime mapping. For Police Department news and information, visit our website at <http://www.ci.monrovia.ca.us/city-government/departments/police-department-homepage> and follow us on Twitter for police notifications.

Car-Jacking / Armed Robbery

September 25 at 6:38 a.m., a male victim called police and reported that he just had his vehicle taken from him at gunpoint on Fifth Avenue, between Chestnut and Walnut. One of the suspects approached the victim and asked if he would help jump start his late 1980's, small, white, pickup truck. The truck was occupied by another suspect and was parked on Fifth Avenue. The victim agreed to help and drove his vehicle up to the suspect's vehicle, at which time one of the suspects pointed a small, silver-colored handgun at the victim and demanded all his money. The victim complied and the suspects fled the area, one in the suspect's pickup truck and the other in the victim's 2002, green Dodge Caravan.

Suspect one, the driver of the pickup, is only described as a male, unknown race. Suspect two, the suspect who took the victim's money and drove off in his vehicle, is described as a male White, in his late 30's, 5'9" tall, thin build, with blond shoulder length hair, wearing blue jeans and a blue T-shirt with a circle logo on the front. Officers searched the area for the suspects, but were unable to locate them. Investigation continuing.



**MONROVIA POLICE DEPARTMENT'S
Stop Graffiti Program**
Step 1 - See a criminal graffitiing property
Step 2 - Call Cell Watch at (626)357- CELL
Step 3 - If suspect is located & arrested for vandalism the caller receives \$100 bill.
**FOR MORE INFORMATION CALL THE
COMMUNITY POLICING BUREAU
(626)256-8000**

DRUG TAKE-BACK EVENT

On September 29, 10 a.m. to 2 p.m., the Monrovia Police Department and the Drug Enforcement Administration (DEA) will give the public another opportunity to prevent pill abuse and theft by ridding their homes of potentially dangerous expired, unused, and unwanted prescription drugs. Bring your medications for disposal to the Monrovia Community Center at 119 W. Palm Avenue, Monrovia, CA 91016. The service is free and anonymous; no questions asked.

During the previous four take-back events, 774 tons of prescription drugs were collected nationwide, of which more than 58 thousand pounds were collected in the greater Los Angeles area, alone.

For additional information, please contact Sergeant Glen Coleman at (626) 256-8020

FREE ELECTRONIC WASTE RECYCLING EVENT September 29, 2012 – 10am-5pm

Mt. Sierra College is partnering with the Foothill Unity Auxiliary Center for a free event to recycle your electronic waste. To participate, bring your electronic waste to the parking lot of Mt. Sierra College located at 101 E. Huntington Drive, Monrovia, CA 91016.

Common electronics items accepted are: Computer Monitors, Television Sets, LCD's, Plasma TV's, Telephones, PC equipment, Battery Powered Toys, Cameras, Cell Phones, Vacuums, and Power Tools. Items that are not accepted are Household Batteries, Fluorescent Light Bulbs, Glass, Wood, Tires, or Large Appliances. Acts will also accept other donations of clothing, furniture, house wares, and books.

Mt. Sierra College offers bachelor degree programs in three areas of study: media arts, business, and technology. The College has designed its degree programs to provide you with a well-rounded education - a technology driven, academically sound curriculum for tomorrow's professionals. All programs are designed to be completed in twelve consecutive quarter terms over a period of three calendar years.

Mt. Sierra College offers year-round enrollment, and applications are accepted for the Fall, Winter, Spring and Summer quarters. The degree programs at Mt. Sierra College are open to all qualified applicants who have successfully earned a high school diploma or the equivalent. Acceptance to Mt. Sierra College is based primarily on a review of applicant's high school and/or college transcripts and entrance assessments results. To learn more about Mt. Sierra, please visit www.mtsierra.edu.

FRIENDS OF THE MONROVIA PUBLIC LIBRARY FALL SALE

MONROVIA - Friends of the Monrovia Public Library announce the Friends Fall Sale, on October 13 & 14. The sale is open to the public in both Library Park and the Library Community Room from 10 a.m. to 5 p.m. on both Saturday and Sunday with our famous \$2.00 a Bag Sale Sunday 3-5 p.m. 100% of the proceeds benefit the Monrovia Public Library. Our volunteers operate the only book store in Monrovia.

On October 13-14, more than 5,000 books will be available for purchase – 90% of them donations from the public. Prices for regular books and media range from 25¢ to \$2. Collectables are individually priced from \$5 to \$40. While book sellers are welcome, scanners are not permitted.

The Friends of the Monrovia Public Library promote the Library by stimulating a greater use and appreciation of the literary, educational, and cultural advantages the library offers throughout the community.

Monrovia Public Library 321 South Myrtle Avenue, Monrovia, CA 91016. For more information, call (626) 932-5555, Ext. 3124 or visit www.friendsofmonroviapubliclibrary.org

THE MONROVIA PUBLIC LIBRARY WILL HOST SOCIAL MEDIA: A TWO PART EVENT

Thursday October 4, 2012

This program will be held at the library located at 321 South Myrtle Avenue and is supported in whole or in part by the U.S. Institute of Museum and Library Services.

Part one: "Social Media Marketing Made Simple" is presented by Kelly Flint, who will provide insight on social media and its value to small businesses. Kelly will provide strategies and best practices on how to evaluate what's best for your business and how to create content for marketing campaigns. This free workshop will be held from 12:00 p.m. to 1:30 p.m. in the Library Community Room. Pre-registration is encouraged. Stop by the Adult Reference Desk, call 626-256-8274, or visit www.monroviapubliclibrary.org and click on the Library Calendar and follow the registration link.

Part two: "Facebook for Business" is an optional fee-based Boot Camp program sponsored by SCORE Los Angeles. The hands-on program is presented by David and MJ Finstrom, owners of HUTdogs. This session focuses on using Facebook pages for business and non-profits. Coaches will help attendees move forward with their Facebook page. Bring your own laptop. The fee-based Boot Camp will be held from 2:00 p.m. to 4:30 p.m. in the Library Community Room. The \$139 fee is payable in advance or at the door. Pre-registration is encouraged online only. Visit www.monroviapubliclibrary.org, click on the Library Calendar and follow the registration link.

Thursday October 4
Library Community Room
12:00 pm to 4:30 p.m.
Part 1: Free - Part 2: \$139.00

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Why does this matter?

We are soliciting input for the Monrovia Strategic Plan, which will guide our City's focus by using ideas and voices from the community to guide and strengthen our core services and maintain our fiscal responsibility. Help create a vision for where we want to be!

For more info, go to www.cityofmonrovia.org



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HEALING THE WOUNDS OF WAR

Sierra Madre School's Garden of Goodwill Offers Hope Amid Rapidly Changing World

Photos and Story By Terry Miller
Reprinted by permission Beacon Media, Inc.



As Sierra Madre School celebrates the 81st Anniversary of the Japanese Goodwill Garden at Sierra Madre Elementary School, a reunion of sorts, was held Saturday at the school with some of the key individuals who made the Garden of Goodwill what it is today, and help keep it that way. A dutiful location of peace, solitude and reflection.

Issei fathers of the two dozen Japanese-American children who attended the school in the 1920's had built a small garden at the elementary school as a gesture of good will to celebrate the completion of a new school building in 1930. Then, it had a very small fish pond, a bridge, a bonsai pine tree as well as a stone lantern., according to an article published in The LA Times in the early 1990's.

The rediscovery of the Japanese garden (circa 1993-94) and how the students got into restoring the lost treasure that was destroyed as a result of bigotry and hatred of Japanese Americans during the post Pearl Harbor days, was brought to life through teacher Helen Pontarelli who hopes the garden will continue to be an unexpected, emergent curriculum at the school.

While the stories vary on the amount of vandalism and the conjecture about anti-Japanese sentiment at that point in history, the fact remains that it was damaged and left unattended for many years after the war.

Enter Helen Obizowa, a former student at the school and resident of Sierra Madre, who decided it would be a good idea to resurrect the garden in 1992. Obizowa, now 92, is credited for the original concept and then approached Watanabe with her idea. Watanabe granted her wish without a moment's hesitation.

Linda Sandoval and lots of other parent/teacher volunteers helped raise for the garden's upkeep. And of course, her daughter Natalie was one of the first students to get the project rolling.

After posing for a few pictures, we sat down for a chat and a wonderful history lesson. Becky Bickel, Katherine Bishop, Esther Salinas (principal), Helen Pontarelli, Ty Gaffney (former principal), Arturo Garcia who is Lew Watanabe's right hand man on Watanabe's projects, Linda Sandoval and daughter Natalie along with Lew Watanabe all had something unique to offer on Saturday.

The Garden of Goodwill would be not complete without the mild mannered and modest Lew Watanabe. Watanabe is one of those rare individuals who not only has volunteered his time, money and expertise in restoring and expanding the garden but he has helped garner community interest and keep it. Watanabe along with a little help from his friends in Sierra Madre and community support over the years but has been instrumental in promoting what he believes was "ordained by God." Watanabe said Saturday that he truly believes this project would never have happened "had it not been for the Lord."

The original Japanese garden built in 1931, was the effort of the parents of Japanese American students at the school. The carefully constructed and peaceful garden was then vandalized and completely destroyed by those who over-reacted to the Japanese attack on Pearl Harbor.

The sixth grade class of 1995 read about this part of Sierra Madre's history and discovered an article in the Los Angeles Times (Oct. 1994) documenting the history of what was once a garden at their school, according to Natalie Sandoval who was a student in Helen Pontarelli's class then. Upon reading the article, Natalie and the students of Sierra Madre School decided to restore it, undertook a massive fund-raising and labor effort to do just that.

The students held car washes, bake sales, wrote letters, and sold origami cranes among other things to fund the reconstruction. They also did the physical labor, digging the bridge out of the mud and excavated the garden. Watanabe became a central figure for the ambitious project and as a landscape gardener, he designed the new garden and led the reconstruction. Through sales and donations, students were able to raise enough money to rebuild the garden. On Sunday, February 4, 1995, the Japanese Garden was officially dedicated. The ceremony included 17 members of the class of 1931 and their teacher. The dedication ceremony included Taiko drumming, dancing, and a karate demonstrations.

The garden was officially named – Garden of Goodwill. Kids and parents put together a massive volunteer effort to keep the garden clean and on Veterans Day last year and studied in depth why happened to Japanese Americans after the attack on Pearl Harbor – also what became of many of those who were sent to internment camps as a direct result of the military action.

Internment by the United States government in 1942 of about 110,000 Japanese Americans and Japanese who lived along the Pacific coast of the United States to camps called "War Relocation Centers," in the wake of Imperial Japan's attack on Pearl Harbor. The internment of Japanese Americans was applied unequally throughout the United States. Japanese Americans who lived on the West Coast of the United States were all interned, while in Hawaii, where more than 150,000 Japanese Americans composed over one-third of the territory's population, 1,200 to 1,800 Japanese Americans were interned. Of those interned, 62% were American citizens.

President Franklin Delano Roosevelt(FDR) authorized the internment with Executive Order 9066, issued February 19, 1942, which allowed local military commanders to designate "military areas" as "exclusion zones," from which "any or all persons may be excluded." This power was used to declare that all people of Japanese ancestry were excluded from the entire Pacific coast, including all of California and most of Oregon and Washington, except for those in internment camps. In 1988, Congress passed and President Ronald Reagan signed legislation which apologized for the internment on behalf of the U.S. government. The legislation said that government actions were based on "race prejudice, war hysteria, and a failure of political leadership". The U.S. government eventually disbursed more than \$1.6 billion in reparations to Japanese Americans who had been interned and their heirs.

The lesson learned is that of tolerance and how prejudice can overwhelm a nation. The similarity of the anti-Muslim racism and now even more recently the growing anti-U.S. sentiment over a YouTube video that cost Ambassador J. Christopher Steven's life, is not lost on these young minds. Teachers such as Helen Pontarelli are helping the students realize that tolerance of our differences is critical and compromise is the only solution to such matters.

The Upper Campus Service Club (which tends to the gardens) was started about six years ago by a parent who wanted the new middle school (still under construction) to have some of the same opportunities as established middle schools in the Pasadena Unified School district – the current project of the service club is the care and maintenance one of Sierra Madre's true historic monuments.

What the Garden of Goodwill needs now is someone to backwash the pond once a week and ensure the pump and filters are working properly. Watanabe and Garcia will train whomever is willing to make a commitment to the Garden of Goodwill. Backwashing is critical to prevent algae growth and keep the Koi happy and healthy,



There is one additional problem the Garden of Goodwill faces periodically, a Blue Herron (Ardea herodias) who apparently goes fighting from pond to pond in the Sierra Madre area. The Herron makes a visit about once a week but luckily the Koi are too large now for the Herron to eat. "I hate that Herron," said one of the members of the group. " It was eating all our young Koi."

If you can help financially or with some time to help maintain the pond with backwashing in the Garden of Goodwill, please call Esther Salinas, Principal of Sierra Madre Elementary School at Lower Campus – 141 West Highland Avenue Sierra Madre. Phone: (626) 396-5890 – Fax: (626) 355-0388.

SCHOOL DIRECTORY

Alverno High School

200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Ann M. Gillick
E-mail address: agillick@alverno-hs.org

Arcadia High School

180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: David L. Vannasdall

Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School

240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588 Head of School: Joanne Testa Cross
Kindergarten - 8th grade
website: www.barnhartschool.com

Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527 Principal: James Lugenbuehl
E-mail address: jml@bcsllions.org

Foothill Oaks Academy

822 Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

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website: www.goodenschool.org

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Pasadena, Ca. 91107 626-798-8989
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(626) 351-8951
website: www.lasallehs.org

Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2000,
Email: schools@monrovia.k12.ca.us

Norma Coombs Alternative School

2600 Paloma St. Pasadena, Ca. 91107
(626) 798-0759 Principal: Dr. Vanessa Watkins
E-mail address: watkins12@pusd.us

Odyssey Charter School

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(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

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2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 798-8901 Principal: Dr. Derick Evans
website: www.pasadenahigh.org

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(626) 355-9028 website: www.st-rita.org

Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Gayle Bluemel
E-mail address: gbluemel220@pusd.us

Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Gayle Bluemel
Contact person: Garrett Newsom, Asst. Principal
E-mail address: gbluemel220@pusd.us

Walden School

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www.waldenschool.net

Weizmann Day School

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(626) 797-0204


Lisa Feldman: Head of School

Wilson Middle School

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(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us


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THE REEL DEAL: by Ben Show

Movie Reviews Especially for Teens & 'Tweens

HOUSE AT THE END OF THE STREET

For me, 'House at the End of the Street' was not as scary as I had expected. That isn't to say the movie wasn't bad; it was a wonderful thriller. Nothing felt like it was cliché (except for the crazy little girl in a white nightgown). I liked this movie very much.

Elissa (Jennifer Lawrence) and her divorced mother (Elisabeth Shue) just move into a new house in a rich neighborhood in the middle of the woods. The forest is beautiful, the people are stuck up, and everything seems to be going perfectly. Until Elissa meets the boy, Ryan (Max Thieriot), in the house at the end of the street. His parents were killed by his sister and she disappeared. Now, he lives alone, trying to renovate the property so he can sell it. But as Elissa, her mother, and the entire town learn, there is more to him than anyone knows.

I went in with high expectations and thinking I knew exactly what would happen. I was not disappointed. This movie has you hooked from the very beginning, up until the sad ending. With an above average screenplay (David Loucka), good directing (Mark Tonderai), and actors that fit their parts, this movie works very well, and nothing is what it seems at the house at the end of the street.

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BURGER CONTINENTAL

Recently I revisited an old friend, one of the first restaurants that I used to hang out at after school, Burger Continental. I remember the student special: Cheeseburger, fries and unlimited soft drinks. The name Burger Continental is misleading. Sure, they do serve burgers... good ones at that. But they also offer many Middle Eastern dishes and have some of the best bargains in town. Believe it or not I think they have one of the best pizzas around. I still don't know how, but they do!!! Where else can you go and get Mexican, American, Japanese and Middle Eastern all in one place? I have heard mixed reports; a couple of friends have said that they felt the food has slipped a bit.



Speaking of bargains the Sunday Brunch has most everything on their regular menu, including sushi, pizza, a carving station, fresh fruit -chicken, grape leaves, shrimp and salmon. I think you get the picture. They also serve a California Sparkling Wine plus/with live entertainment. All this comes for \$18.99 (lower for kids). Burger Continental is a family run business and has been a Pasadena favorite for over 35 years. They also run a popular catering business so don't be surprised if you recognize owners Harry or Gary at the restaurant. There is live music on most nights,

Dixieland on Wednesday nights, and traditional Middle Eastern Music on the weekends, with belly dancers making sure all are having a good time. I must admit the music can be very loud, and we had to wait for breaks to hear each other talk. Best bets: fresh fish, pizza, and jumbo shrimp.

Yes, the hamburgers are good as well!!! Happy hour is from 11 AM to 7 PM, and includes many drinks for \$2 -- even the naysayers love that!!! Check it out and come hungry to Burger Continental at 535 S. Lake Ave. They serve breakfast, lunch, and dinner; log into <http://burgercontinental.com> for hours and updated specials

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INGREDIENTS

2 medium sweet potatoes (about 1½ pounds), peeled and grated
1 Granny Smith apple, unpeeled, cored and shredded
2 eggs, beaten
1 teaspoon salt
2 tablespoons brown sugar
1/2 teaspoon cinnamon
2 tablespoons all-purpose flour
¼ cup canola oil

DIRECTIONS

- 1) Squeeze liquid from potatoes and apples, and drain. Set aside.
- 2) Combine eggs, salt, sugar, cinnamon, and flour in bowl. Heat oil in skillet over medium-high heat. Carefully place 4 (¼-cup) portions of potato mixture into hot oil. Immediately flatten with spatula to make ½-inch-thick pancakes. Cook 3 minutes each side, until golden brown. Transfer from oil to drain on paper-towel-lined plate. Repeat with remaining potato mixture.
- 3) Keep pancakes warm until served.

Tip...Serve with maple syrup and chopped pecans. Good alone for breakfast or brunch, these also are an excellent side dish for dinner.

*Recipe from *Bob Warden's Favorite Recipes* (see below)

Best of the Best Presents:

BOB WARDEN'S
FAVORITE RECIPES

In his newest cookbook, bestselling culinary expert Bob Warden presents a stunning array of recipes inspired by cook's essentials® Cookware, one of America's favorite kitchen brands. Bob Warden's Favorite Recipes for cook's essentials® Cookware is the perfect blend of tried-and-true favorites and unique new dishes that are both easy to prepare and even easier to enjoy.

The popularity of cook's essentials cookware has resulted from the combination of arduous research and testing to develop the perfect tools for the home cook and budget-friendly cost of these innovative pieces. In fact, the versatility and durability of this cookware, along with its lifetime warranty, makes a cook's essential pan as much an heirloom as a kitchen tool. While all of the recipes found in this cookbook can be prepared without cook's essential cookware, allowing any home cook to enjoy these recipes, this book is a perfect companion piece for the cook's essentials kitchen.

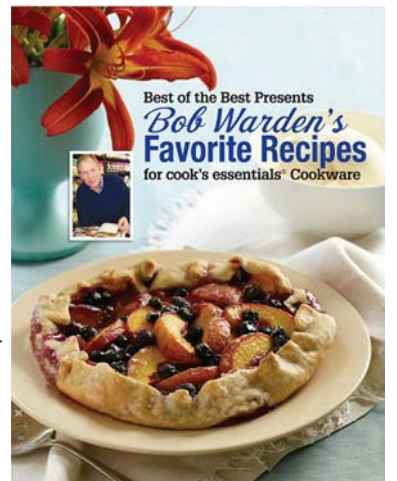
Regardless of your familiarity with the cook's essentials brand, the recipes in this outstanding new cookbook will surely inspire you to unleash your inner culinary prowess. With tempting recipes such as Sweet Potato Pancakes, a unique twist on the traditional potato pancake, Ricotta and Roasted Vegetable Pizza, and Maple Peanut Butter Chocolate Chip Cookies, who wouldn't want to get cooking? Better yet, Warden takes the burden out of traditionally complicated dishes, as seen in his Burgundy Braised Beef with Onions and Mushrooms, made entirely in one pot.

The true genius of this cookbook, however, is found in "7 Ways, 7 Days" where Warden revital-

izes and rejuvenates standard American dishes, providing seven exciting variations on the usual kitchen classics. Fans of macaroni and cheese will certainly swoon at OMG Lobster Mac 'n' Cheese, Warden's delicious and sophisticated update. Not to mention, if you're bored with the same old green bean casserole every holiday, Savory Bacon and Blue Cheese Green Bean Casserole will provide much-needed delicious relief.

Warden has firmly established himself as a pioneer of easy and innovative home cooking. He partnered with Quail Ridge Press not only because it is the premier southeastern cookbook publisher, but also because of the company's close relationship with QVC where Warden has been a regular on-air guest for 25 years. In a highly productive print career, Warden has published eight customer top-rated, five-star cookbooks. They include Quick and Easy Pressure Cooking, The Ninja Master Prep Cookbook, The Ninja Master Prep Professional Cookbook, The Ultimate Bulk Buying Cookbook, Best of the Best cook's essentials and the ultimate go-to reference for pressure cooking, Bob Warden's Slow Food Fast. The sequel, Great Food Fast, has sold more than 100,000 copies so far in 2012.

Books are available exclusively through qvc.com for an advanced order price of \$16.57.



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Happy Tails

by Chris Leclerc



A FOND FAREWELL TO 3 OF MY FAVORITE FURRY FOUR-LEGGED FRIENDS

I think it's safe to assume that just about everyone has heard the saying: "Bad things come in threes". I myself don't necessarily subscribe to that old adage as a rule of thumb, but I must admit there have been times when it did fit the occasion, and it just so happens that a combination of events that occurred the week before last, turned out to be one of those occasions.

Converse to the legendary "Bad things come in threes" theory, the sudden death of 3 close canine companions in the course of 3 days, reminded me of a passage in the Bible, found in the book of Ecclesiastes, chapter 3, verses 1 & 2: "To every thing there is a season, and a time to every purpose under the heaven: a time to be born and a time to die; a time to plant and a time to pluck up that which is planted". I am grateful for the fact that those verses, so familiar to me from my childhood, came to mind, bringing comfort in knowing that the loss of those three precious pups was part of a meaningful process versus the result of a meaningless, chaotic tri-cluster of curses.

When I first started this column, about a year and a half ago, I chose to entitle it "Happy Tails" with the intention of writing about fun times and exciting adventures with my canine and kitty clients, and sharing my experiences living among the wild animals and gorgeous natural landscapes that surround us here in the San Gabriel foothills. Fortunately, for the most part I have indeed had numerous happy tales to share, but just as the referenced Bible passage indicates, there is a time or season for everything, including not only happy times, but times of mourning and bittersweet memories as well. Therein lies the reason for the subject matter of this week's perhaps not-so-happy tale.

Last Sunday morning, I received a call from a Canyon Canine client, Janis Salin, telling me that one of her two dogs, a sweet, petite yellow lab named "Loucie" had been put to sleep that morning, as an act of mercy due to terminal cancer. This came as such a shock to me, but I understood that it was the most humane option for her loving owners to let her go, rather than allow her to suffer with an incurable disease. During that difficult phone conversation with Janis, I couldn't help thinking about another client who told me that her dog "Murphy" had also been diagnosed with cancer, and had been given a short-term prognosis just a week before. Ironically and sadly enough, while I was on the phone with Janis, I received a "call waiting" from Colleen, Murphy's owner, telling me that he had gone to sleep that day as well. The sad news coming from both of my clients at the very same time hit me like a ton of bricks. It just seemed so bizarre to me that they were both having the same sad experience at the very same time. Then, in case that wasn't enough bad news, I found out the following day that my nephew's dog, "Hank" whom he absolutely adored, had been run over by a car when he escaped through the gate to greet his family who had just returned home, and ran out into the street. The tragic news of the third dog's death left me feeling overwhelmed with sadness that soon turned to anger and eventually back to sadness again - a classic mourning cycle, I suppose.

"Murphy" was an amazing dog who showed total respect to his 'also adopted doggie sister', "Hannah" throughout their lives. Hannah and Murphy meant so much to each other and to Colleen, who often referred to them as "the perfect married couple". I feel so privileged to have had the time that I did with Murphy, and I will miss him like crazy, but nowhere near as much as Colleen and Hannah will, I'm sure. Loucie was a precious little soul with a small body but an enormous heart. Much like the relationship between Hannah and Murphy, Loucie and her 'baby brother' "Bo" a big beautiful Labradoodle shared everything together. They romped and played like two children in their back yard and swam like fish in their pool. They had never been apart until Loucie passed away, so we all knew "Bo" was going to have a tough time with her absence, just as Hannah would with that of Murphy.

I can't help thinking that at the very same time Murphy was crossing over, he met up with little Loucie, who was also making her way across the proverbial bridge from life as we know it, to the "other side", both soon to be followed by poor ole "Hank" who was so excited to see his family come home that he wanted to run and play, but forgot to look both ways. I don't know how they do it, but pets get so deep inside your heart, it almost seems harder to let them go than some of our human friends. I guess it's because they give us so much and expect so little, and they are so innocent and they love us absolutely unconditionally.

I will miss those three furry four-legged friends immensely, but the season for their lives on earth had to come to an end. I can only hope we might be able to see them one day on the other side of that bridge, and give them all the love we still had in our hearts for them when they departed. Farewell, Loucie, Murphy and Hank. It was my privilege to have known all three of you and be blessed by your short yet very sweet presence on earth. Thank you for all the love and respect you gave to your human friends. Our lives are so much better for the time we had together.



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PET OF THE WEEK: MASON - #A4489163

Meet a special guy, Mason (A4489163). Mason is a gentlemanly six year old brown brindle neutered male Boxer who was found in Baldwin Park on September 18th and brought to the Baldwin Park Animal Care Center. Weighing fifty-one pounds, Mason walks beautifully on leash, sits on command and is undoubtedly housebroken. He is good with cats, children and other dogs. Mason is a handsome boy, with gorgeous brindle markings, a soft coat and endearingly big, floppy ears. Mason will be the perfect indoor pet for an individual or family living in a private home. To watch a video of Mason please visit this link: www.youtube.com/watch?v=0XYEc15bYBg



To meet Mason in person, please see him at the Baldwin Park Shelter, located at 4275 N. Elton, Baldwin Park, CA 91706 (Phone: 626-430-2378 or 626-962-3577). He is currently available now. For any inquiries about Mason, please reference his animal ID number: A4489163. The shelter is open seven days a week, 12 pm-7 pm Monday-Thursday and 10am-5pm Friday-Sunday. This is a high-intake shelter with a great need for adoptions. For more information about Mason or the adoption process, contact United Hope for Animals Volunteer Adoption Coordinator Samantha at samanthasayon@gmail.com or 661-309-2674. To learn more about United Hope for Animals' partnership with the Baldwin Park Shelter through its Shelter Support Program, as well as the many dogs of all breeds, ages, and sizes available for adoption in local shelters, visit <http://www.unitedhope4animals.org/about-us/shelter-support-program/>.

SOCALGAS CONFERENCE ACCELERATES INTEREST IN NATURAL GAS-POWERED VEHICLES

Vehicles cut fueling costs in half, enable carpool lane access

LOS ANGELES, Sept. 25, 2012 –The dramatic cost savings realized by fueling cars and trucks with natural gas instead of gasoline or diesel was on display today as Southern California Gas Co. (SoCalGas) hosted its first Light-Duty Natural Gas Vehicle Conference at the company's Energy Resource Center in Downey, Calif.

The conference featured the latest developments in compressed natural gas (CNG) technology and natural gas vehicles (NGVs).

In recent years, most major, heavy-duty transit and refuse fleets in Southern California have switched from diesel to clean-burning natural gas. This has resulted in the growth of one of the largest networks of CNG fuel stations in the U.S. and sparked an interest among automakers in the increasing market potential of NGVs.

"The continuous high price of gasoline is putting the spotlight on vehicles powered by compressed natural gas," said Hal D. Snyder, vice president of customer solutions for SoCalGas. "Natural gas is a domestic resource that is clean, cheap and abundant -- and helps create jobs here in the U.S. When considering cost, efficiency and environmental benefits, natural gas is one of our nation's most attractive energy sources."

At the conference, representatives from major automakers, including Honda, provided insights on the growth of the NGV market. Honda demonstrated their all-new Honda Civic Natural Gas, which was named "Green Car of the Year" at the 2012 Los Angeles Auto Show and has solo driver carpool lane access until 2015. Other automakers discussed how they are re-entering the market by providing customers with dual-fuel vehicles that run on CNG or gasoline.

Attendees also learned about refueling natural gas vehicles at home and access to special natural gas rates offered by SoCalGas. Conference programs and events provided an overview of the latest regulatory policies and funding developments affecting the NGV industry as well as opportunities to fuel and drive an NGV.

According to the Environmental Protection Agency, natural gas emits about 30 percent fewer greenhouse gas emissions than gasoline; reduces smog-producing pollutants by up to 90 percent; and costs 30 percent to 50 percent less than gasoline or diesel. The average price in September for CNG at SoCalGas stations is \$1.94 for the energy equivalent of a gallon of gasoline or diesel. This is among the lowest CNG prices in the last 15 years. There are more than 100,000 NGVs in the U.S.

Southern California currently has nearly 100 public-access compressed natural gas fueling stations serving more than 17,000 natural gas-powered vehicles. SoCalGas is adding 1,000 new natural gas-powered trucks to its fleet and plans to upgrade all 13 company-owned public-access CNG stations. The company is a member of a national collaborative comprised of North American natural gas utilities and producers focused on advancing natural gas as a fuel for all sectors of transportation, including cars, trucks, busses, and marine and mining equipment.

About Southern California Gas Co.

[Southern California Gas Co.](http://www.socalgas.com) has been delivering clean, safe and reliable natural gas to its customers for more than 140 years. It is the nation's largest natural gas distribution utility, providing service to 20.9 million consumers connected through nearly 5.8 million meters in more than 500 communities. The company's service territory encompasses approximately 20,000 square miles throughout central and Southern California, from Visalia to the Mexican border. SoCalGas is a regulated subsidiary of [Sempra Energy](http://www.sempraenergy.com) (NYSE: SRE).



Owners of natural gas-powered vehicles fill up at the SoCalGas Energy Resource Center's natural gas filling station in Downey, Calif. The station, one of about 100 around Southern California, is open to the public and offers affordable, clean-burning compressed natural gas for less than \$2 per gallon for the energy equivalent of a gallon of gasoline or diesel.

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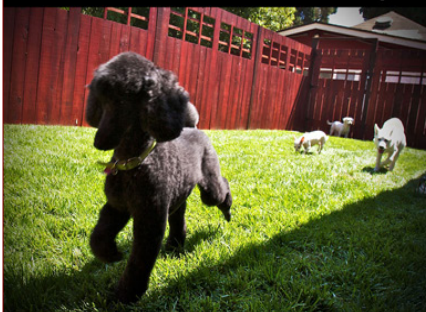


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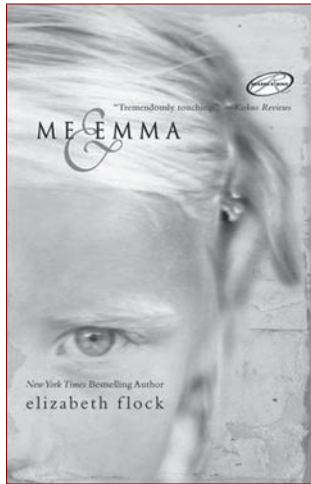


JASMINE’S CORNER

Book Reviews by Jasmine Kelsey Williams

ME & EMMA

By Elizabeth Flock



For this next selection, ‘Me & Emma’ does have children as the main protagonists, but do not take this lightly. This moving piece of work by Elizabeth Flock is not meant for children, but for readers to understand how there can be a dark side for any childhood. First printed in 2005 and then copyrighted in 2008, Elizabeth Flock weaves a blunt story told from the perspective of eight-year-old Carrie Parker and where she stands in her own life. Carrie alone provides plenty of insight to the reader and is not afraid of bearing her emotions: how she tries to act as a protector for her sister Emma, coping with the loss of her father and introduction of an abusive stepfather, and a

mother who shows little emotion to her. Her backstory also has a solid foundation with her opinions on her interactions with the other characters, her struggles at school, and retreating into her daydreams. ‘Me & Emma’ is the type of story that is not afraid of giving an honest presentation, which the reader will anticipate if they give this one a chance. Carrie does not once falter in her tone when explaining her situations to the reader and her internal dialogue of what she really wishes to express. Her thoughts concerning her sister, her mother, father, stepfather, and the prospect of running away from home to try to find a better life could be related to other children at her age, but the difference here is that Carrie shows a patch of bravery. Readers will sympathize with her on this because even though she does not show outright bravery, she tries to be strong for both herself and Emma. Flock does not disappoint and instead will keep the reader guessing as to the outcome of each predicament for Carrie and her sister, even when there is an abrupt surprise that takes the course of the story into an unexpected direction. In essence, ‘Me & Emma’ is a story of finding courage, strength, and learning to persevere through any trials life will throw at you, which is what Carrie Parker and her sister Emma will strive to teach readers from childhood to adulthood.

SEAN’S SHAMELESS REVIEWS:

Review By Sean Kayden

END OF WATCH



The dog days of summer may be upon us, but that doesn’t mean we have to settle for the summer leftovers at the Cineplex. End Of Watch, written and directed by David Ayer (Street Kings, Harsh Times) is a shocking, often gruesome portrait of sex, drugs, and money in the nasty streets of LA. The movie follows the lives of two police officers as one of them films their daily routines and adventures through LA for his film class. When the two police officers pull over someone for a routine traffic infraction and discover money, drugs, and guns, they unknowingly become a target for the Mexican cartel as they’ve interfered with their operations. What separates End Of Watch from previous police films is how the cops here are shown as the ‘good guys’, not shady, dishonest, and corrupt. Secondly, the entire film is shot in documentary-style, with handheld, steady cams attached to most of the actors. With this particular style of filmmaking, Ayer is able to bring a completely visceral and often surreal experience for the viewer. You feel as if you’re right there with them in a ride-along. Speaking of ride-alongs, both leads, Jake Gyllenhaal and Michael Pena went through intense and grueling training for their roles. Both thespians took their roles seriously and wanted to provide authentic performances as their portrayal of two hardcore street cops. Films about cops over the last few years have suffered from clichés and tedious pacing like last year’s stiff “Rampart” and the dreadful 2011 Sundance dud, “The Son Of No One.” Even Ayer himself has had a few missteps within the world of police officers after writing his masterpiece, “Training Day.” However, this time around, Ayer has rebounded in making not only the best cop film arguably since “Training Day,” but also one of the best films of 2012 period.

Jake Gyllenhaal and Michael Penn are partners in the LAPD as well as best of friends. Their friendship is stronger than anything and they would take a bullet for one another. Pena plays Mike Zavala, a husband and new father, who seeps into his role effortlessly. Zavala is fierce, but loyal. He doesn’t back down to anything or anyone. He’s the guy you want by your side when things get heavy and out of control. At the same token, he provides many of the films comedic parts as well as arguably being the emotional core of the movie. While Gyllenhaal may be the most recognizable actor in the movie, Pena’s performance is his absolute finest. The long time supporting character is definitely due for some recognition and with this turnaround should be considered for a best supporting actor nod. Not to be outshined, Gyllenhaal, who’s a fine actor in his own right,

gives what I call the performance of his life as officer Brian Taylor. He’s perfect in the role and the chemistry both he and Pena share on screen is phenomenal. These guys never feel or consider themselves as being heroes. Between the action, chummy dialogue, and police procedures, there are the love stories. You have Zavala becoming a father to the woman he’s been with since high school. Taylor becomes involved with a woman named Janet, played by the lovely Anna Kendrick. These scenes show the men out of their uniforms, their strong bond to one another, and the normal lives they attempt to lead. While sometimes these external sequences may interrupt the flow of the action, they do supply the audience with the realism of their existence. If anything, it makes the film more authentic.

In all honesty, there’s really nothing I can say negative about this film. Maybe the only quarrel is the central storyline being a bit light. The storytelling structure is unlike most films. Instead of some huge story arc, there

“End Of Watch”
Written & Directed by: David Ayer
Release Date: September 21, 2012

Rated R for strong violence, some disturbing images, pervasive language including sexual references, and some drug use

are random, daily events happening for the partners. After I think about it, Ayer does do something different with putting much of the focus on the cops rather than the “bad guys.” You know the villains are ruthless. They may not have much of a personality besides being evil and to get invested in their lives would unnecessarily expand the film too much. There are a plethora of other films you can view to see the why bad people make bad choices in the first place. Anyway, without a doubt, the audience will be distressed by some of the images they’ll witness. The final scenes are brutal, haunting, and will knock the wind out of you. There is one curious decision Ayer makes in the closing scene. When you think the movie is about to conclude, there’s one more little anecdote to tell. While it may not appear entirely pertinent, it does, however, leave you a bit happier than you just were merely five minutes before. Ayer’s decision to do this is somewhat bold and unpredictable. But everything Ayer does is here is bold and unpredictable. End of Watch is the real deal and arguably the first great American film of 2012.

Grade: 4.5 out of 5



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HEALTH & FITNESS

THE JOY OF YOGA

YOUR LIFE, OR THE REFLECTION OF IT?



So we live in an image-conscious world. From fashion magazines to billboards and ads on the street, in stores and everywhere else, it has become impossible to avoid the constant reminder of what we are expected to look like and what is considered “beautiful” by today’s standards.

Do you find this annoying? Pervasive even? Personally, I do. One reason is that behind this never ending visual assault hides a simple purpose: to make us buy stuff. Stuff we don’t necessarily need, but we buy it anyway, because - ever so briefly - it’ll make us feel good.

Another reason is the pressure to be perfect. Perfection is a self-defeating goal that takes us away from what is truly essential: who we really are.

Look at yourself in the mirror: who do you see? Mirrors can be deceptive: while we’re caught up in the reflection, we don’t see the person, just the image that’s projected. It’s the same with life. Are you really living your life as you want it? Or are you so caught up in trying to live up to standards that perhaps are not completely yours, that somewhere along the line you have lost sight of what’s truly important: you?

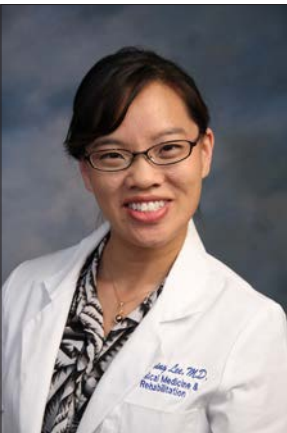
In your yoga practice, there’s no room for that. No competition, no standards, no being judged and looked down at.

In your yoga practice, there’s no need for mirrors. You are encouraged to be yourself. Actually, there’s no other option: you can only be yourself. With your abilities and your limitations. No one there will push you to be something you’re not, or to make you do something you don’t want to. For the length of time you are on your mat, you get to be as genuine, as authentic, as free, as much yourself as is possible. In your yoga practice, you are always perfect, because you are always you.

So stop looking at yourself in the mirror! Live your life, not the reflection of your life. And if you’re not sure where to start, may we suggest: your yoga mat?
Namasté, René

ASK Dr. Wei-Ching Lee:

TAKING THE STRESS OUT OF YOUR COMMUTE OR OFFICE WORK



Q: I feel stiff especially in my neck, shoulders, and legs from my hour long commutes to work. What can I do to help relieve the stress on my body from my commutes?

A: Most of us spend the majority of our waking lives sitting down. Our bodies were not meant to take on the stress of sitting for long periods. Yet many of us have jobs and commutes that require us to sit for long periods at a time. These commutes are taking a toll on our health. In fact, the American Journal of Preventative Medicine found that in a study of 4,000 commuters, those with the longest commutes had poorer cardiovascular (aka heart) fitness, larger waist circumferences and higher blood pressure.

Not only are we sitting for long periods on our commutes, we are also sitting doing office work. You may not be able to get your heart pumping much or lift weights during your commute, but you can do plenty to offset the stiffness of sitting.

Next time you finish a long commute, try these moves at your desk while you are sitting in your chair: POSTURE PULL: Extend your arms in front. Then while keeping your hands in place, think of lifting your chest and bringing your shoulders back as if you are bringing your shoulder blades together. Try not to shrug your shoulders but instead think of bringing them back and down. Improving your posture helps alleviate stress as well as prevent shoulder injuries.

NECK TENSION RELEASER: Grab your seat with your left hand. Place your right hand on your head and gently pull to the right. Hold, then repeat with the other hand.

PIRIFORMIS STRETCH: Cross your legs. Then gently lean forward until you feel a stretch in your buttocks. Hold for 10-15 seconds and switch sides.

SEATED HAMSTRING STRETCH: Extend your left leg forward. Reach your right hand out towards left toes. Hold for 10-15 seconds then switch sides.

As with any exercise program, please discuss with your physician before performing any of these exercises.

Wei-Ching Lee, M.D. is a UCLA-trained board certified physician specializing in Physical Medicine & Rehabilitation at Arc Motion Rehab Medical Clinic at 55 E. Huntington Dr, Suite 219, Arcadia, CA where she provides non-surgical care for muscle, bone, and nerve conditions. If you have any pain, injury, wellness, or exercise questions for future articles, please email Dr. Lee at info@PainRehabMD.com. You may reach Dr. Lee at 626-817-3422.

“WHO SHOT DOC AT THE SOCK HOP?” ON OCTOBER 21 AT SIERRA MADRE PLAYHOUSE



“Who Shot Doc...? At the Sock Hop?” is billed as “The 1950’s Musical Murder Mystery.”

The scene is the Hillview High Gymnasium, decorated for the 1952 Fall Formal, themed “Once in a Blue Moon.” So come prepared to enjoy an evening of fun, costumes (optional) and...murder! Dress up in your poodle skirt or formal, leather jacket or sport coat and bow tie, and relive this special event with an interactive murder mystery filled with song and dance!

YOU guess the murderer.

This is a presentation of SanZman Productions Renaissance Murder Mystery Players. At Sierra Madre Playhouse, 87 W. Sierra Madre Blvd., Sierra Madre, CA 91024. Ample free parking behind theatre. Sunday, October 21, 2012 at 7:00 p.m. Admission: \$20. Seniors (65+) and students, \$17. Reservations: (626) 355-4318. Online ticketing: www.sierramadre-playhouse.org

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One Of A Kind: *Featuring unique homes and gardens and the people who create them*

Story by Chris Bertrand. Photos courtesy of Kathleen Wright of Coldwell Banker and Sharon Verani of Sotheby's Int'l.



WHEN THE SKY'S THE LIMIT... HIGH END HOMES IN THE FOOTHILL COMMUNITIES

Today, One of a Kind takes a look at the top end of the real estate market in several of the Foothill communities in the San Gabriel Valley. Using a real estate search website called Trulia, (www.Trulia.com), the following homes came up as the highest listings in the area. Often, real estate verbiage is known for its superlative language but these homes have much to brag about according to the following excerpts from their listings: Altadena : 1369 E. Altadena Drive is listed at \$4,350,000. This Mediterranean home, built in 1915, with a main house of 13,000 square feet with 7 bedrooms and 7 baths, plus a guest house on 1.5 acres.

Gated Mediterranean Estate designed in 1915 by celebrated architect Reginald Johnson. This spectacular Villa is majestically sited on 1 1/2 acres of mature landscaped grounds with tranquil gardens, sheltering oaks, and mountain views. The dramatic loggia leads to the front entry where carved double doors open to reveal a breathtaking 2-story atrium. Elegant details abound with limestone floors, soaring ceilings, spiraling pillars, wrought iron balconies, Venetian plaster walls, and oversized windows and French doors which drench the rooms in light. All of the public rooms, including an incomparable living room, formal dining room, library,... billiard room, and solarium are grand in scale and open to the atrium through archways. The main residence is approx. 13,000 square feet with 7 bedrooms and 7 baths, including a lavish master suite. A fully appointed guest house, three car garage, pool and spa complete this family compound with privacy. *Contact Sharon Verani or Mark Ogden of Sotheby's International at 626-482-4914 or visit www.SothebysHomes.com.*

Arcadia : 241 Whispering Pines Summit is offered at \$6,889,000. This 8,831 square foot home is located above Foothill on 1.94 acres. Built in 1981, the home offers seven bedrooms and six baths.

"Enter the property through iron wrought gates to a circular stone driveway, spectacular waterfall & Japanese garden landscaping. Elegant Tudor architectural style home features European style library/Executive office, Den with wine cellar & home theater. Impressive landscaped grounds w/ breathtaking 180 degree view overlooking the city. Formal dining room w/ European mirrored boxed ceiling & chandelier. Gourmet kitchen & center island with alkaline filter water system. All rooms facing the backyard on first floor open outdoors to a serene Koi pond & waterfall through beautiful French doors. Within the double door master suite, guests can relax in a retreat area by the fireplace or step out onto a private balcony. Unwind with a personal spa day in the master bath customized with a spa tub, sauna and shower. 5-Car garage in a separate gated area with access from the front circular driveway. Last but not least there is a private studio area for creative ventures located amongst the inspiring backyard scenery." *Contact Peggy Fong Chen of Re/Max Omega at 626-447-1688 or visit www.LARealEstateLink.com.*

Sierra Madre : 751 Oak Crest Drive is listed at \$1,995,000. This 1 acre view property is the site of the well known "Pyramid House", a unique glass structure built in 1975, and a separate 3 bedroom 2 bath guest house on a private lane adjacent to Bailey Canyon. The current listing indicates the value is in the land.

Top of the world! Private and secluded 1 full acre of land. South facing, sanctuary in the wilderness.



High on the mountain above Sierra Madre. Spectacular panoramic views of the mountains and valley below. Scenic beauty from all locations, with city lights at night. End of the cul-de-sac location behind a gated private road. This unique property will provide you the peace, beauty and seclusion of a mountain retreat, with a short drive to the village of Sierra Madre. The property has 2 structures currently that can be taken out to build a large hill top dream home. Large good size pad, the grading has been done to accommodate the existing structures. All utilities in place, including city sewer. This is one of the best panoramic view lots in the entire region. *Contact Barry Marine of Colwell Banker at 310-829-3939 or visit www.CaliforniaMoves.com*

Pasadena : 965 El Campo is listed at \$8,900,000. Built in 1999, this 11,932 square foot home on 1.76 acres includes a three bedroom, 2 bath guest house.

A spectacular, gated 2 story Mediterranean estate in a prime Pasadena location with San Marino schools. Built with the finest of architectural design, materials and craftsmanship. This home features 8 bedroom suites plus 2 powder rooms, dramatic 2 story foyer w/crystal light fixture, stunning staircase and marble flooring, living room w/soaring ceilings and fireplace; beautiful formal dining room with crystal light fixture and marble flooring; impressive wood paneled library; light filled entertainment/media room; state of the art gourmet kitchen with lacquered finished cabinets, center island w/sink, granite flooring, breakfast area, large pantry, additional separate kitchen; and charming family room w/hardwood flooring and 5 car attached garage. Incredible "resort like" grounds were professionally designed and landscaped. *Contact Linda or Brent Chang of Coldwell Banker at (626) 449-5222 or visit www.LindaChang.com*

Monrovia: 328 North Terrace View Drive is listed at \$5,000,000. This 2008-built estate offers a 6,871 square

foot home on 2.49 acres with 4 bedrooms and 5 baths.

South-facing European Masterpiece in gated community with spectacular views of San Gabriel Valley! Stunning formal entry and 2-story living room, wet bar, elevator, 2-story library, 2 fireplaces, formal dining room, media room, finest marble/woods/granite, iron-cased doors and windows. Wine Cellar. Family room adjoins 2 chef-kitchens, dining area, opens to pool, spa, patios, views. Three upstairs Master Bedrooms with views. Approximately 3300 sq. ft. (per Owner) exterior covered patios or balconies with panoramic views. Monrovia's Trophy Estate! *Contact Kathleen Wright of Coldwell Banker at 310-433-0003 and KathleenW@ColdwellBanker.com, or visit www.FengShuiEstates.com*

What is special about these ultra high end homes? What defines their value? Who is buying these listings? These and other questions were posed to the listing agents of two of the properties, with very interesting results.

All the agents interviewed go above and beyond for their listings, knowing they have to reach out to the global community to reach capable buyers. Brent Chang made a video of their listing for use by CNN. Wright uses the Wall Street Journal and People.com as two disparate ends of the print/internet media spectrum, to reach both the celebrity buyer as well as the sophisticated off-shore buyer.

In Altadena, Sharon Verani commented about her listing at 1369 E. Altadena Drive, which was built in 1915. "We believe it may be the first Mediterranean home built in the area." Some major additions were made just ten years later, in 1925, enlarging the structures to their current 14,000 square foot size. She continued, "Even though it's 14,000 square feet, it still feels intimate, with a great floorplan around a center atrium. It has a very open and flowing feeling. It was featured as the Pasadena Showcase House in 2002, and has a modernized kitchen with an adjacent family room. It works with today's lifestyle."

Verani explained, "Even though each room has incredible scale to it, the home feels intimate enough to imagine really living in the house, not just entertaining there."

Linda Chang chuckled that she wasn't being facetious when she said her Pasadena listing on El Campo offered just about everything anyone could want. "It has it all," she said. "There's a 3 bedroom guest house in addition to the 12,000 square foot main house." A rather strong emphasis on the 12,000.

"It's on two level acres with incredible professionally designed and maintained grounds," she continued. "They moved in beautiful trees. There's a tennis court, a pergola and a koi pond. It really is resort living!"

Regarding the market and securing buyers for the

upper end market, Chang commented that "Our high properties (in the San Gabriel Valley) remain strong. A lot of our Asian buyers are helping our high end markets stay strong," she reflected.

"The high profile people who choose our area like to live here because it is more residential and more private than the Westside, and they get more for their money. They are comfortable in the international flavor of the area, and that it's close to downtown LA," she summarized. "The schools, both public and private are great, too," she commented.

Schools, as well as the quality of the community, were also a hot topic with listing agent Kathleen Wright, a Beverly Hills based agent, whose property is the highest valued listing in Monrovia. "This property allows school attendance in either the Arcadia or Monrovia school district, due to some annexed land."

"I worked with the cities of Arcadia and Monrovia on this current listing and on another property nearby in Arcadia on Whispering Pines Summit. The cities of Arcadia and Monrovia are very well run. They are good at budgeting and city planning. I have gotten to know the staff at both cities and was very impressed."

Regarding the Monrovia listing, she calls it the city's "trophy listing" and further describes, "It's a grand European masterpiece. All the bedrooms are suites. It was specifically designed for feng shui by the Chinese American builder. There are two kitchens; one for meats and the other for vegetables and steaming." Then she laughed, "My Russian buyers said it could be a kosher kitchen, too. The 2.5 acres sits up high, and offers vistas of all of Monrovia and Arcadia out nearly to Catalina on a clear day. It's the feeling of freedom!"

Taking the temperature of the buyer's market for high end properties, Wright analyzed, "We had an increase of volume of 50% in the last half of 2011. We see the volume increase first on the Westside, then it spreads to the rest of LA. That's followed by an increase in price later. Traditionally, we have seen the volume, then the prices increase in Beverly Hills and Bel Air first, then spread to the rest of the community."

She spoke of where her high end buyers originate. "Most are international buyers... from all over China. Internationally minded with more than one home. It's a really exciting market. That's why I advertise in the Wall Street Journal. Coldwell Banker is all over China. We also feed to 14 other websites. In addition to Realtor.com there's FirstDibs.com, a high end site with many high end designer and celebrity followers."

"The people you meet are all serious and immediate buyers," she continued. "That's what leads along the recovery of the other houses. The buyers, with a stable economic status are able to stabilize the market."



Tips of the Trade: Real Estate Revealed

by Luther Tsinoglou Realtor®

HARDER THAN IT LOOKS

With markets so rapidly changing, it's easy to imagine how property appraisers might sit in a darkened room, waving their hands over a crystal ball, and producing the mysterious and all-powerful document of a home's value. Let's dispel the notion of magical figures and look more carefully at the process.

When comparing against similar properties, it's not just the final price that counts. Appraisers also factor in any "incentives" offered, such as sellers who pay closing costs or remodeling allowances.

Perhaps the most important factor that lenders review in an appraisal is the closing dates of the "comparables" (other homes by which yours is measured). Unfortunately, with today's stricter lending requirements, most "comps" must have sold within the last 60 or even 45 days to carry weight. Markets change so quickly that any sale price over two months old may be completely irrelevant.

Now a few words about how foreclosures in a neighborhood affect determination of value. Technically, appraisers shouldn't consider them, because they don't fit the Appraisal Institute's definition of "a property reasonably exposed in a competitive market." However, if several area homes have been abandoned, we know the negative effect that can have on a home's "perceived" value.

If you're planning to sell, express your concerns about the appraisal process to your representative, who will offer explanations and suggestions for improving your report's results.

Luther Tsinoglou has just been named a top producing sales agent in Dickson Podley Realtor's Sierra Madre office for 2011, making the top 10% at the company overall. Luther has been licensed and practicing real estate since 1992. He specializes in residential and income property in Southern California. Luther can be reached at his direct line (626) 695-8650 or at luther@tsinoglou.com

GARDEN GURU BILLY GOODNICK HEADLINES TWO TALKS OCT. 6

AT DESCANSO *Design a dream green space – and learn to avoid 'crimes against horticulture'*

Billy Goodnick has a word of advice for landscapers compelled to carve plants into submission. Don't do it. "People go into adversarial mode in trying to show the plant who is boss," he said. The result is tortured topiaries: meatball bushes, lollipop trees and cubed shrubs.

Goodnick – award-winning landscape architect, blogger, horticultural comedian, rock drummer – will present two gardening lectures at Descanso Gardens on Saturday, Oct. 6. The programs will serve up nuts and bolts advice spiced liberally with humor. The lectures are:

• "Design Like a Pro," 11 a.m., in the Under the Oaks Theater.

• "Crimes Against Horticulture," 2 p.m. in Van de Kamp Hall
In "Design Like a Pro," he will deconstruct how a landscaper envisions a design project, considering factors like practicality, sustainability and beauty. Hankering for a cottage garden? Goodnick will explain how to achieve a specific look while substituting plants that suit the climate. The goal is

outdoor living space that elevates the yard to "garden" status. "My tagline is beautiful, sustainable gardens," he said.

"Crimes Against Horticulture" is subtitled "When Bad Taste Meets Power Tools." He will present a slideshow that exemplifies one of his pet peeves – weekend warriors who slice and dice shrubs with the enthusiasm of a Ginsu knife pitchman.

Goodnick doesn't mind topiary – in the right place. But many of these "crimes" seem to be reaction to a good plant in a bad location. "Every plant has its genetic destiny," he said. "You have an obligation to understand how big that plant will get." Rather than shear a plant into submission, he suggests planning before you plant.

Goodnick was an in-demand studio drummer when he caught the "bonsai bug." His interest in the miniature plants sparked further study and a new career. For 22 years, he was the City Landscape Architect for the City of Santa Barbara. He continues to design gardens for clients, while lecturing across the country about horticulture, blogging and writing the upcoming book, "Yards."

Goodnick's lectures are free with Gardens admission: \$8 adults, \$6 seniors and students with I.D., \$3 children 5-12, free for members and children 4 and younger. Descanso Gardens is located at 1418 Descanso Drive, La Cañada Flintridge 91011. Information: (818) 949-4200.



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Cell: 626.252.6322



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Open House Sunday 1-4 \$1,229,000

Custom built in 1921. This expansive single level traditional boasts 3612 sq ft of comfortable living space including a guesthouse. This welcoming home is comprised of living room w/built in library area & a cozy fireplace. Grandly proportioned great room w/ cathedral ceilings, wet bar & fireplace. 4 large light filled bedrooms. 3 baths. 29115 (appraiser) flat lot. Central Heat/AC. Mostly hardwood floors. 2 fireplaces. 1 Gorgeous mountain views. 2 car detached garage. Classic pool, seperately fenced with an auto pool cover. 103 Fruit Trees on the property. This is a rare opportunity & a very unique property!

WHY BABY BOOMERS SHOULD GET TESTED FOR HEPATITIS C

Dear Savvy Senior:

In the news last month there was a public health alert urging all baby boomers to get tested for hepatitis C. Is this really necessary, and if so, what are the testing and treatment procedures?
Weary Wanda

Dear Wanda:

If you're a baby boomer, getting tested for hepatitis C would be a wise decision because boomers are five times more likely to have this virus than other generations, and most people that have it don't realize it. Those that are infected are at very high risk of eventually developing liver cancer, cirrhosis or other fatal liver diseases. Here's what else you should know.

CDC Recommendations

The U.S. Centers for Disease Control and Prevention recently announced that all Americans born from 1945 through 1965 get a hepatitis C test. The reason is because baby boomers account for 75 percent of the 3 million or so hepatitis C cases in the U.S., even though they make up only 27 percent of the total population.

Most hepatitis C infections occurred in the 1970s and 1980s, before there were tests to detect them and before the nation's blood supply was routinely screened for the virus.

Hepatitis C is transmitted only through blood, so anyone who received either a blood transfusion or an organ transplant prior to 1992 is at increased risk. So are health-care workers exposed to blood, and people who injected drugs through shared needles. The virus can also be spread through microscopic amounts of infected blood that could occur during sex, from sharing a razor or toothbrush, or getting a tattoo or body piercing at an unsterile shop.

But the biggest part of the problem is the symptomless nature of this disease. Most people that have hepatitis C don't have any symptoms until their liver becomes severely damaged. It can actually take 30 years for people to show any signs of the virus, but by then, it may be too late to treat. But if it's detected in time, new treatments are now available that can cure it.

Testing and Treatment

If you're between ages 47 to 67, or fall into one of the previously listed high risk categories, you should see your primary care doctor for a basic blood test to determine whether you have ever been infected with hepatitis C. This is a relatively inexpensive test and typically covered by health insurance under routine medical care. If you're not covered, the test will run \$30 to \$35.

If the test is negative, no further tests are needed. But, if the test is positive, you'll need another test called HCV RNA which will show whether the virus is still active. This test runs between \$100 and \$250 if you're not covered by insurance.

If you test positive, you have chronic hepatitis C and will need to talk to your doctor about treatment options. If you're infected, but have no liver damage, your doctor should monitor your liver at your annual physical.

The main treatments for chronic hepatitis C today are new antiviral medications that have a 75 percent cure rate. Your doctor may recommend a combination of these medications which are typically taken over a 24-to-48 week time period. But, be aware that the side effects can be grueling and may cause extreme fatigue, fever, headaches and muscle aches.

Unfortunately, there is no vaccine currently available to prevent hepatitis C, although studies are under way to develop one.

Savvy tips: For more information about testing and treatment for hepatitis C, along with a quick, on-line quiz you can take to determine your risks, see the CDC's website at cdc.gov/knowmorehepatitis. You can also get information over the phone by calling the national toll-free HELP-4-HEP helpline at 877-435-7443.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

KATIE TseThis and That



THE BIGGEST RAT I'VE EVER SEEN . . .

You may recall stories I've chronicled from my dad's cousin, Phil. He's one of my last resorts when I'm in need of a good article idea. If you don't remember him

from my articles, you're sure to have seen the "Dos Equis" commercials about him. You see, besides being my dad's cousin, Phil is "the most interesting man in the world!" But Phil's touring Spain right now. (What else would the world's most interesting man be doing?) So, calling him for another fascinating anecdote would be a bit expensive. I'll just wait until he returns --he'll have even more stories then. It's times like these when I fall back upon my mom's friend, Jane, "the most interesting woman in the world!"

Jane's grandparents were missionaries in the Andes and some of their adventures in the back country were mentioned in a book about the Church in South America. Jane grew up spending a lot of time at her family's ranch. Among other things, they had a couple ravens, named Mr. Poe and Nevermore, who hung out with their dogs, believing that they were part of the pack. Related to mina birds, ravens are superb imitators. One of the ravens got Jane's family in trouble when the neighbors called the police because they heard someone (the raven) yelling "Help! Help!" in a human-sounding voice. The police were not amused. Mr. Poe also played mind tricks on her relatives by stealing shiny tools and knick knacks.

At one time, Jane's family owned much of what is now Montebello. She's got thousands of colorful stories. Her dad was a bit eccentric; he collected things like tires and ax heads. Not antique, Sioux ax heads --just your regular hardware store variety. Maybe this mild hoarding was a result of the ravens stealing things from him for so long.

Jane has entertained my mom and her friends for years when they were working together teaching at public schools. My mom's now graduated into the blissful state of retirement, but Jane trudges on in the trenches. Every so often they get together with all their chums from work (about half are still slogging away at the grindstone). It was at one of these recent festivities that Jane told her story of "Reeeek," the guinea pig.

I never had guinea pigs growing up. They seem to be a common child's pet, but, like dogs, I never had any. Hamsters just aren't the same. They don't take up as much room and only require a couple years' commitment. (I suppose guinea pigs make it longer, judging by their size, as if that's any indication).

Coming from a ranching background, Jane probably thought that guinea pigs were lower maintenance than the rest of us would. Over a period of time, Reeek joined their two German shepherds and two cats who roamed freely in the backyard. Reeek, the dogs, and cats came when called for meals. A rodent responding to its own name --surely this must be some breakthrough in domestic animal husbandry!

Having a free-range guinea pig, in and of itself, wouldn't have been notable enough to make it into Jane's stories. Reeek's little "moment of fame" came one day when Jane's construction crew was working in the backyard. Although the Reeek was smart enough to recognize his own name, he hadn't learned to discriminate between familiar and unfamiliar humans. Apparently he saw the gardeners and, associating humans with food as many animals do, he approached them expecting a treat.

Jane later learned of this when one of the gardeners replied, "Lady, you've got the biggest rat I've ever seen back there!" All I can say is that Reeek was lucky he didn't get acquainted with the wrong end of a hedge clipper!

MEDITATION: EIGHT STEPS TO HAPPINESS

Based on eight beautiful verses that comprise one of Buddhism's best-loved teachings, Eight Verses for Training the Mind. This short poem shows how we can transform all life's difficulties into valuable spiritual insights. Oct 4, 11, 18, 25, Nov 1. Thursdays 7-8pm at Center for Wellbeing, 31 W. Sierra Madre Blvd, Sierra Madre. Please visit MeditateInLA.org or call (323) 223-0610 for more information. Cost \$10 / class.



SENIOR HAPPENINGS

SEPTEMBER ACTIVITIES

Senior Programs have returned to the Hart Park House enior Center, 222 W. Sierra Madre Blvd. in Memorial Park - Come by and see the changes!!

Mondays: Lunch Café

12 noon: Intervale Lunch Café: Come enjoy a hot meal with others. Donation for seniors (60+) of \$2.00; visitors \$3.75. Call 355-0256 to make your daily reservation.

Tuesdays:

FREE blood pressure checks by Methodist Hospital Nurse; 11 am to 12 noon.

1:30 pm to 3:30 pm

BINGO; NEW TIME 1-3PM cards are only 25 cents each so stop by & play 5:15 pm to 6:45 pm: Yoga; \$6.00 - 50 & over. Please call 355-5278 for more information

Wednesdays:

11 - 11:45 am: Balance Class with Teryl. FREE class designed to improve balance & refresh the joints

12 noon: Intervale Lunch Café; daily reservations needed 355-0256

2nd Wednesday of the month: FREE Legal Consultations: 10-11:30 am. Appointments call 355-7394

Wii Wednesday - 1:00 pm or call the senior desk at 355-7394 to arrange another time & day to learn how to play. No previous experience or skills required and it is great exercise.

Thursdays:

1:00 to 3:30 pm: Game Day. Join us for Poker and more. Wii - 1:00 pm or call the senior desk at 355-7394 to arrange another time & day to learn how to play. No previous experience or skills required and it is great exercise. Please call for more information.

Fridays: Intervale Lunch Café; daily reservations needed 355-0256

1:00 pm to 1:45 pm: Strength Training with Lisa Brandley. FREE class of stretching with light hand weights while you sit.

Saturdays: 11:30 am: Senior Club brown bag lunch and BINGO at 12:30 pm.

2012 EXCURSIONS

RILEY'S FARM AND HAWKS HEAD PUBLIC HOUSE COLONIAL LUNCH (OAK GLEN, CA)

Thursday, September 13, 2012

Departure: Charter bus leaves at 9:30am from the Hart Park House
Lunch & Activities: 11:00am-2:00pm
Return: Bus will arrive back in Sierra Madre at approximately 3:30pm
Cost: \$34 includes transportation, lunch and tip
For more information on Riley's Farm please visit their website at <http://www.rileysfarm.com/>. The deadline for registration is Wednesday, September 5, 2012.

GRABER OLIVE HOUSE TOUR (ONTARIO, CA)

Friday, October 26, 2012

Departure: 9:30am from the Hart Park House
Lunch & Activities: 10:30am-2:00pm
Return: Sierra Madre approximately 3:30pm
Cost: \$10 (does not include lunch)
More Info: Call the Hart Park House at 626-355-7394

Graber Olive House tour highlights the tradition of grading, curing and canning of Graber Olives! For more information on the Graber Olive House please visit www.graberolives.com. After the tour lunch will be eaten as a group at Molly's Souper, a fantastic brunch restaurant in Upland. All participants are required to eat at the same restaurant.

The registration deadline is Monday, October 22, 2012.

September Birthdays



Judie Cimino, Donna Anderson, Linda Knowles, Gwen Robertson, Nancy Shollenberger, Meegan Tosh, Geri Wright, Theresa Chaure, Esther Macias, Sheila Pierce, Denise Reistetter, Edwina Garcia, Yvonne Osti



Meals-On-Wheels

Meals are delivered to home-bound seniors by volunteer drivers through the YWCA Intervale Lunch Program M-F (with frozen meals for the weekend.)

Call the YWCA at (626) 214-9460 for more information.

YWCA SAN GABRIEL VALLEY EXPANDED MEALS!

INTERVALE SENIOR CAFE

All seniors 60 years of age and up can take part in the YWCA Intervale daily lunch program held at the Hart Park House Senior Center. Meals are served Monday through Friday at 12:00pm (participants are encouraged to arrive no later than 11:45am). Meals are a suggested donation of \$2.00 for seniors 60 and over or \$3.75 for non-senior guests. Daily reservations are necessary, as space is limited. Please reserve your lunch by calling 626-355-0256 at least 24 hours in advance.

MUSEUM DAY

Free Tickets for Two!

On Saturday, September 29, 2012 you and a friend can visit participating museums for free!

To register for your free ticket for two go to www.smithsonianmag.org/museumday.

Participating L.A. area museums include: Autry National Center, California Science Center, Skirball Cultural Center, L.A. Museum of the Holocaust and more!

You can stop by the Hart Park House for assistance signing up for free tickets. Call 626-355-7394 for more info.

LUNCH & LEARN

Join the Senior Community Commission at the HART PARK HOUSE for a FREE presentation. Lunch is available for a \$2 donation. Call (626) 355-0256 by noon the day before.

Fall Prevention Seminar • Sept. 5 @ 12:30pm

September is Fall Prevention Month, and we are helping seniors "watch their steps" with a great fall prevention seminar by ComForcare Senior Services. We will look at personal risk factors for falling and home safety issues that cause falls. We will also discuss easy ways to correct these problems so that our seniors can continue to live actively and independently. This seminar will be fun and interactive!

Kensington Q&A Session • Sept. 19 @ 12:15pm

Developer Billy Shields, a representative of the Kensington Assisted Living Project, will be at the Hart Park House to host a Q&A session. This is the perfect opportunity to find out more about the Kensington project that will be on the November ballot which may impact Measure V. Kensington proposes an assisted living facility at 33 N. Hermosa Ave. and 245 W. Sierra Madre Blvd. in Sierra Madre.



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BUSINESS TODAY

The latest on Business News, Trends and Techniques

By La Quetta M. Shamblee, MBA



BEING THE BOSS DOESN'T MAKE YOU A LEADER

Being the boss doesn't make you a leader, and definitely not a good leader. The following contrasts provide an overview of several basics that separate the two.

A boss is someone who is "in charge" as it relates to their designated level of authority, yet being a boss is not synonymous with being a leader.

A boss gives orders, often without providing employees with the information or tools to accomplish what is being requested of them; a leader is able to figure out how to provide training resources and is able to serve as a coach or mentor.

A boss relies on a job title and ranking as their power to bark orders; a leader is able to engage the participation of employees to go above and beyond as a result of their respect and loyalty.

A boss takes the credit for the successes, saying "I" made it happen; a leader always gives credit to the team for the accomplishments – words of "appreciation" without measurable, concrete rewards for the success are hollow, insincere and meaningless.

A boss publicly berates employees for being late, yet routinely arrives at or convenes scheduled meetings on time; a leader arrives ahead of time, modeling the standard they expect from others.

A boss won't accept responsibility when things don't go well, always casting the blame onto someone else; a leader understands their responsibility for everything that happens under their purview, good and bad.

A boss "knows it all" but can't provide clear instructions or demonstrates "how" it should be done; a leader's "know how" is demonstrated by their ability to "show" how something is done, not simply throw out expectations that they wouldn't be able to meet themselves.

A boss always expects employees to go above and beyond on an ongoing basis, but does little to nothing to reciprocate for the extra effort; a leader will go the extra mile to ensure employees know they are appreciated.

A boss is focused on getting a wage increase for him/herself every year, apparently clueless that the work of the team is what they are able to use as leverage to negotiate a raise; if money is available for any raises, a leader will ensure that everyone on the team is acknowledged with some level of a tangible, measurable wage increase.

Are you a boss or a leader? More importantly, do your employees experience you as a boss or as a leader?

Interested in grantwriting?

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Free Seminar!

Mon 10/15; 6pm-7:30pm

RSVP* to meet the instructors for overview of the workshop series and mentoring program

Coming to Monrovia, CA

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(11/5, 11/7 & 11/9)

Evening Series: T, Th & Sat
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6pm-10pm T & Th

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Total Cost, \$350 - Register by 10/22 and save \$50.
Registration includes 200 page workbook. Seating is limited to 10 students per series. BYOL (Bring your own laptop). Certificate provided upon completion,

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COUNTY EXPLORES "HYPERCONNECTIVITY" AND EXPANSION OF GLOBAL DIGITAL INFRASTRUCTURE

LOS ANGELES COUNTY — A motion by Supervisor Michael D. Antonovich seeks to upgrade and expand Los Angeles County's information and communication technologies infrastructure to spur innovation, job creation, and improved government services.

Last week, at the World Economic Forum's Annual Meeting of New Champions in Tianjin, China, where Antonovich was a panelist, the central theme was "hyperconnectivity" -- the trend towards having more of the world's population online at any given time. As more and more devices from computers to smart phones to kitchen gadgets now have internet capabilities, business leaders are embracing "hyperconnectivity" to put them in direct contact with consumers.

Information and communication technologies (ICT) has evolved into a key enabling infrastructure across industries while proving to be a powerful driver of enhanced living conditions and opportunities around the globe. ICT has changed the world dramatically over the last decade or so, and it is bound to continue to do so at an even higher rate going forward.

"Just as we invest in our civil infrastructure to move goods and people, we must invest in our digital infrastructure to allow for the movement of ideas and information to enhance innovation and create the jobs of tomorrow," said Supervisor Antonovich.

Chattanooga, Tennessee is one of several cities participating in the US IGNITE program, a joint venture between the National Science Foundation and the White House, to bring ultra-high-speed broadband internet access to 25 cities nationwide. As a result of its \$220 million investment in broadband internet access, Chattanooga has attracted dozens of companies including Volkswagen and Amazon – creating over 7,500 jobs and over \$2 billion dollars of investment in the region.

Antonovich's motion directs the CEO to coordinate a possible partnership with the County's Chief Information Office, its 134 unincorporated communities and 88 cities, internet service providers, utility companies, educational institutions, US IGNITE and the economic development agencies in Los Angeles County. The CEO's office will report back to the Board in 45 days with its findings.

On Line By PJ Carpenter GETTING THERE FROM HERE

Invariably during the course of my daily work routine it will become necessary for me to have the ability to control someone else's computer's resources in a way that simulates me sitting at that computer, while working from another machine. In most instances I'll need this functionality for remote server monitoring. In our semi-refrigerated server room our company has upwards of 40 servers that need monitoring.

What we don't have in there is upwards of 40 monitors, mice and keyboards setup so that an admin could walk up and begin administering to whatever machine needed attention at the time. Then again, most data centers I've seen don't have anything set up like that, either. For a server room of that size there are typically one or two monitors connected to a "KVM" switch that allows the user to switch between all connected machines using one setup of a mouse, keyboard and monitor.

A trip to the server room is usually reserved for more serious issues such as moves, adds, changes and hardware installation. Often a server will enter a state where remote connections cannot be made and a manual restart is required.

For most of my more mundane tasks I'll use a remote control software package, such as Remote Desktop, to attach to the machine in question and complete the task at hand. This solution works well enough in the office, as these machines are part of a common security group and authenticated to a network. This practice keeps rogue machines from gaining access to the network and, in the event that they do somehow get in, it keeps them from authenticating to other network resources.

But for times when I need to connect to a remote

machine outside of my network for support issues, I use a remote control package called "TeamViewer". There are many commercially-available remote control software packages in the marketplace (LogMeIn GoToMyPC, and WebX PCNow, just to name a few). All of them offer an industry-standard level of encryption to protect remote control sessions and most of them offer a free version for user evaluation.

Some are specialized tools such as "GoToAssist" which allows a remote computer support person to control a customers' computer after he or she has given permission by clicking on "Allow Connection" box and entering a one-time key provided by the support person. After the session has been terminated the person controlling the end user computer cannot re-establish a connection without going through the permission process again. This method allows an end user to grant one-time access to remote support personnel that they can monitor as the repairs are being done.

Although TeamViewer is not my personal choice (I'm a LogMeIn guy), the corporate version that we use allows for customization for security purposes and we get a lifetime license. The free version of the program, as most free versions do, allows remote control session but the user will experience reduced functionality and pop-up reminders to purchase a license. Our corporate version only requires one side of the connection to be licensed, giving use the ability to connect securely with home users needing assistance.

So the next time someone needs your expertise from afar, check out one of these programs and it just might save you a trip.

WHAT YOU CAN LEARN ABOUT SOCIAL MEDIA FROM THE ARCADIA POLICE DEPARTMENT

I think the Arcadia Police Department can teach us all a thing or two about using social media. Here's what I like about their on-line strategy:

They know their audience:

A while back, Tom Le Veque attended one of our social media marketing presentations. He is the officer who coordinates the social media efforts for the Arcadia PD. We had a group discussion about the importance of connecting with your target audience/customers. I piped in with, "I'm not sure I want to know the police department's customers!" Tom kindly corrected me and pointed out that they have more than 56,000 customers, the residents of our community! He has a brilliant attitude and is very passionate about serving this audience, especially through social media. Understanding your target audience is the first step in understanding what you will say on social media.

They promote their on-line presence off-line:

They hang banners and let people know exactly what they will get when they connect with them on-line... emergency and crime alerts, traffic information and updates. Are you promoting your on-line presence at every touch point? Do you tell people what's in it for them if they connect with you in social media?

They deliver what they promise, build trust and share helpful information:

During the last two school lock-downs in Arcadia, I didn't turn on the TV to get the news. I went straight to Arcadia

They humanize their brand:

They share real stories. Sometimes they share the painful stories about those who have lost their lives in the line of duty. It reminds us that they are human and they are risking their lives for all of us. It makes us care about their brand. In business we can get so caught up in the promotional messages that we often forget that people want to connect and do business with people, not brands.

They communicate – they speak and listen:

Social media is about communication which involves both speaking and that other crucial component... listening. The Arcadia PD is everywhere on social media, not just in their own posts but you will find them engaging with other threads in the community. They comment, they "like," they retweet, they share it forward, they participate. Make sure you are listening and commenting on other's posts when it makes sense to do so. Position yourself as someone who listens as well as someone who has valuable things to share.

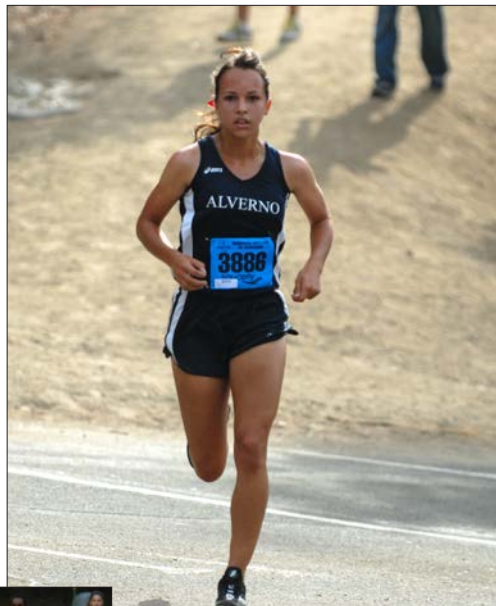
About MJ: MJ and her brother David own HUTdogs, a creative services business that specializes in Social Media Education for business owners. Join their conversation on Facebook and get good tips and tricks about social media, www.facebook.com/hutdogs. They will be offering a Facebook Bootcamp at the Monrovia Library on October 4. Sign up for their upcoming classes and presentations at: www.hutdogs.com/workshops/schedule

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ALVERNO CROSS COUNTRY COMPETES IN 39TH ANNUAL BELL-JEFF INVITATIONAL

Story and Photos By Lara L. Larramendi

Sierra Madre, CA Continuing her trend of significantly improving her previous year's performance at the Bell-Jeff Invitational, Alverno Senior Eryn Blakely finished second among 96 runners in the Varsity Girls Blue Division (Small Schools) race with a time of 18:26.6 at the 39th Annual Bell-Jeff Cross Country Invitational on the rugged Griffith Park course Saturday, September 22. She chopped 57.6 seconds off her time and moved up from fifth place in her 2011 Invitational finish. Blakely earned a medal for her second place finish.



Above, Eryn Blakely (#3886) on her way to a second place finish and a medal in the Girls' Varsity (Small Schools) race at the Bell-Jeff Invitational at Griffith Park.



Alverno's Kimberly Ganivet (#3888), Katia Jauregui (#3890) and Adriana Nava (#3894) compete in their first Bell-Jeff Invitational at Griffith Park.

The Invitational, the longest running event held at Griffith Park, is a rugged course of hills, dirt, soft sand and grassy surfaces.

The Alverno spikers caught a lucky break when the Small Schools' races were held earlier in the morning before the day turned hot. In previous years, the temperatures have soared into the triple digits.

Varsity runners that also improved their times over their previous performances were juniors Brett Richey, Francesca Rueda and Victoria Pintado. Sophomore Rose Boubion also improved on last year's performance. First timers running the tough course were seniors Madison Mennie and Vanessa Serrano and freshmen Natalie Valencia, Adriana Nava, Kimberly Ganivet and sophomore Katia Jauregui. These runners have also improved since the Don Bosco Invitational. Their times at the much tougher and hillier Griffith Park course were better than those at the flatter Santa Fe Dam course.

Frosh Natalie Valencia said that "the beginning was really easy because I paced myself, but towards the end, in the uphills, it was very hard. But I pushed myself to finish and I sprinted towards the finish line. During the race while I was running, I was just thinking about finishing proud, not

worrying about my time." When asked how she feels about running cross country, Natalie replied, "It is really fun. It helps relieve stress and you get everything out of your mind."

Alverno opens their defense of both the varsity and junior varsity Horizon League championships on Wednesday, September 25 at 4:00 p.m. at a different Griffith Park course hosted by Bishop Conaty. The Jaguars' varsity team expects to be at full strength with seniors Katherine Haysbert, Ashley Haylett, Adrianna Martinez and junior Jessica Lopez to be at the starting line when the gun goes off.

Member schools of the Horizon League include Alverno High School, Bishop Conaty- Our Lady of Loretto, Holy Family, Sacred Heart of Jesus and San Gabriel Mission.

About Alverno High School

Alverno High School is a Catholic, private, college preparatory school for young women dedicated to preparing them to function in a society as informed, knowledgeable persons, who have the requisite skills to make and implement mature decisions about complex problems. Enlivened by the spirit of its Immaculate Heart Community sponsors, and mindful of the Franciscan roots of its founders, Alverno's program—academic, spiritual, aesthetic, social, and physical—is shaped by the staff, trustees, and students in light of the world for which the students are being educated. Alverno's mission is to empower each young woman to be exactly the person she wants to be and since 1960, Alverno has empowered more than 4,100 women to meet that goal. For more information about Alverno High School, please call 626-355-3463 or visit www.alverno-hs.org

**Caltech Y
Fifth Annual
Golf Tournament and Auction
October 18, 2012
La Cañada Flintridge Country Club**



Sign up Today! Three weeks to go.

On Thursday, October 18, 2012, the Caltech Y will host its Fifth Annual Golf Tournament and Auction at the La Cañada Flintridge Country Club to fund its volunteer service, leadership and advocacy programs. With support from friends, community members and business leaders, this annual event helps raise needed funds for an organization that has served the Pasadena and Caltech communities for 95 years. Students grow and become responsible citizens through programs like Make-A-Difference Day, Alternative Spring Break, and the Rise tutoring program to help Pasadena area students in math and science. Help us continue these great traditions.

Auction Item Update:

Here's a listing of some of the Silent auction items we have recieved so far:

Four Disneyland Park Hopper Passes valued at \$500
Prime Rib Dinner for Two at the Athenaeum valued at \$90
Two Night stay at the Arrowhead Resort and Spa valued at \$300
A Glider Flight with an experienced pilot valued at \$250
One Caltech Annual Parking Pass valued at \$400
Two Night weekend stay at any Omni Hotel valued at \$500
Stay and Play at Pelican Resort valued at \$600
One Night stay at the Las Palmas Resort and Spa valued at \$300
Plus local restaurant gift certificates, wine tastings, art and jewelry... too numerous to list

We look forward to seeing you on October 18th, 2012 at the La Cañada Flintridge Country Club. The La Cañada Country Club will prove to be a challenging course. This event will bring together Friends, alumni, students, faculty and staff to support the programs of the Caltech Y and display their golf prowess. The Golf Tournament is on a Thursday this year, so ask your boss if you can take the day off (or give your employees the day off) and come have some fun with the Caltech Y. It's for a great cause.

Full Package with Golf, Auction and Dinner is \$175. Includes BBQ Dinner, drinks on the course, wine at dinner, Tournament gift (GOLF SHIRTS ARE BACK THIS YEAR,) and a sleeve of Caltech Y Golf Balls (sponsored by Caughey and Luczyski). Once again, we will have hors d'oeuvres at the happy hour and a free drink for everyone after their round of golf (19th Hole sponsored by Toni Perpall). Come join us for the Fifth Annual Caltech Y Golf Tournament and have a great time with the Friends of the Y.

Dinner and Auction only is \$65 for those of you who want to come but don't play golf. Golfers are encouraged to bring their partner or spouse to the Dinner/Auction starting at 5:00pm. There will be Tennis available this year for non-golfing guests. Please see sign up form.

Bob Smith Toyota has graciously agreed once again to provide a car for the Hole-in-One contest. You will get a chance to win the car with a single shot.

For more information contact: (626) 395-6163
caltechy@caltech.edu or
ygolf@caltech.edu



OCTOBER 1ST IS OFFICIAL "BREEDERS' CUP NIGHT" AT DODGERS STADIUM IN CELEBRATION OF 2012 WORLD CHAMPIONSHIPS

The Breeders' Cup and the Los Angeles Dodgers announced today that Monday, October 1 is "Breeders' Cup Night" at Dodgers Stadium, in celebration

of the upcoming World Championships at Santa Anita Park. The 7:10 p.m. game will pit the Dodgers against the San Francisco Giants.

The Breeders' Cup World Championships, Thoroughbred racing's most prestigious global event, annually attracts the best horses from around the world. The Breeders' Cup consists of 15 races with purses totaling more than \$25 million over the two-day event, being held this year on November

2 and 3 at Santa Anita Park. Jockey Chantal Sutherland, who finished second in the 2011 Breeders' Cup Classic on Southern California-based Thoroughbred Game On Dude, will throw out the first pitch. During the evening, fans can mingle with some of Southern California's top jockeys and trainers, and enjoy in-game programming featuring Breeders' Cup highlights and upcoming event details.

"We're honored to be a part of the Dodgers' final homestand in what has been an incredibly exciting season for the club," said Craig Fravel, Breeders' Cup President and Chief Executive Officer. "This will be the sixth time that the Breeders' Cup is being run at Santa Anita Park, and it has become a celebrated event in the Los Angeles area

ST. RITA DEFEATS ST. ELIZABETH IN GIRLS VOLLEYBALL SEASON OPENER



In their first varsity game of the season, the St. Rita girls defeated Pasadena's St. Elizabeth in two games. The first was won easily with a 25-14 victory. St. Elizabeth battled back in the hotly-contested second game, but eventually fell as the lady Raiders held on to win with a final score of 25-22. Starting line-up included Kathleen Brady, Sarah Perret, Catherine Johnson, Natalie O'Brien, Caitlin Mispagel, Michelle Encinas, Abby McKiernan and Brenna Stutenroth. *Above - St. Rita's Kathleen Brady. Below Caitlin Mispagel.* Photos by Diane Johnson



SIERRA MADRE OKTOBERFEST TOURNAMENT

Saturday, October 20, 2012

OKTOBERFEST

GOLF AND TENNIS TOURNAMENT

benefiting Sierra Madre Youth Programs

Tennis Tournament: All ages and skill levels are welcome to play! Tennis will be played as a round robin doubles tournament with rotating partners in co-ed divisions at the Arcadia-Orange Grove courts. Participants start out the tournament by trying their luck in a serving contest (prizes for winners). The tournament first, second, and third place winners each receive a trophy and the first place winner will have their name engraved on the Oktoberfest Tennis Tournament perpetual trophy.

Golf Tournament: Played on a nine-hole course as a foursome, best-ball format at Eaton Canyon (tee times assigned). All skill levels welcome and the best-ball format is perfect for beginners! Golfers can sign up as a team or individual and the top team receives individual trophies and immortality on the Oktoberfest Golf Tournament perpetual trophy. Want some more fun? Take a chance in our Closest to the Pin, Longest Drive, and Putting contests. For those concerned with their swing, Mulligans are available to ensure a better score.

Lunch Reception: Following the tournaments join us at the Hart Park House, located at 222 W. Sierra Madre Blvd. for an Oktoberfest-style lunch, including beer, brats, and German chocolate cake. During this time participate in the opportunity raffle, and watch the awards ceremony.

Register online at www.cityofsierramadre.com/online registration or in person at the Community Recreation Center no later than Friday, October 12, 2012.

Tennis start time 8:00 am
Location: Arcadia-Orange Grove Tennis Courts
Cost: \$61 (including lunch)

Golf start time 8:00 am
Location: Eaton Canyon Golf Course
Cost: \$83 individual (includes lunch)
Team Reg: \$300 (for 4 includes lunch)

Lunch Reception 12:00 pm Location: Hart Park House Cost: \$30

Tax-deductible opportunities may exist with this event! Please contact Kyle Schnurr at kschnurr@cityofsierramadre.com if you would like to contribute.

**FOR MORE INFO
CALL 626-355-5278**

NOVEMBER 2012 LOCAL BALLOT MEASURES

Measure A Appointment of County Assessor -- County of Los Angeles (Advisory Vote Only - Advisory Vote Only)

Do you support seeking to change the California Constitution and the Los Angeles County Charter to make the position of Los Angeles County Assessor an appointed position instead of an elected position?

Measure B Safer Sex In the Adult Film Industry Act -- County of Los Angeles (Ordinance - Majority Approval Required)

Shall an ordinance be adopted requiring producers of adult films to obtain a County public health permit, to require adult film performers to use condoms while engaged in sex acts, to provide proof of blood borne pathogen training course, to post permit and notices to performers, and making violations of the ordinance subject to civil fines and criminal charges?

Measure J Accelerating Traffic Relief, Job Creation -- County of Los Angeles (Continuation of Voter-Approved Sales Tax Increase - Majority Approval Required)

To advance Los Angeles County's traffic relief, economic growth/ job creation, by accelerating construction of light rail/ subway/ airport connections within five years not twenty; funding countywide freeway traffic flow/ safety / bridge improvements, pothole repair; keeping senior/ student/ disabled fares low; Shall Los Angeles County's voter-approved one-half cent traffic relief sales tax continue, without tax rate increase, for another 30 years or until voters decide to end it, with audits/ keeping funds local?

Measure ALF Density Limit re Assisted Living Facility -- City of Sierra Madre (Ordinance - Majority Approval Required)

Shall an Ordinance be adopted to amend Sierra Madre Municipal Code Section 17.35.040 ("Core Density Limit") of the People's Empowerment Act (aka Measure V) to permit development of an assisted living facility consistent with the Kensington Assisted Living Facility Specific Plan not exceeding two stories, thirty feet in height and seventy-five assisted living suites, for the parcels located at 33 North Hermosa Avenue an 245 West Sierra Madre Boulevard?

WHO IS ON THE BALLOT?

President/Vice President of the United States

Gary Johnson/James P. Gray, Libertarian
Mitt Romney/Paul Ryan, Republican
Roseanne Barr/Cindy Sheehan, Peace and Freedom
Thomas Hoefling/Robert Ornelas, American Independent
Jill Stein/Cheri Honkala, Green
Barack Obama/Joseph Biden, Democratic

United States Senate

Elizabeth Emken, Republican
Dianne Feinstein, Democratic

US Congress - District 27

Judy Chu, Democratic
Jack Orswell, Republican

California Assembly - District 41

Chris Holden, Democratic
Donna Lowe, Republican

California Senate - District 25

Carol Liu, Democratic
Gilbert V. Gonzales, Republican

District Attorney; County of Los Angeles

Alan Jackson
Jackie Lacey

STATEWIDE BALLOT MEASURE QUICK-REFERENCE GUIDE

30 Temporary Taxes to Fund Education. Guaranteed Local Public Safety Funding. Initiative Constitutional Amendment.

31 State Budget. State and Local Government. Initiative Constitutional Amendment and Statute.

32 Political Contributions by Payroll Deduction. Contributions to Candidates. Initiative Statute.

33 Auto Insurance Companies. Prices Based on Driver's History of Insurance Coverage. Initiative Statute.

34 Death Penalty. Initiative Statute.

35 Human Trafficking. Penalties. Initiative Statute.

36 Three Strikes Law. Repeat Felony Offenders. Penalties. Initiative Statute.

37 Genetically Engineered Foods. Labeling. Initiative Statute.

38 Tax to Fund Education and Early Childhood Programs. Initiative Statute.

39 Tax Treatment for Multistate Businesses. Clean Energy and Energy Efficiency Funding. Initiative Statute.

40 Redistricting. State Senate Districts. Referendum.

ONLINE VOTER REGISTRATION LAUNCHES IN CALIFORNIA

The Office of the Secretary of the State of California announced it will launch the much anticipated California Online Voter Registration by noon (PST) Friday. Online Voter Registration will offer increased accessibility for the 6.4 million unregistered eligible voters in California; 3 million of which reside in Los Angeles County.

Dean Logan, Los Angeles County Registrar of Voters, will be available to provide comment and expert insight into the impacts of California Online Voter Registration for Los Angeles County and California voters and elections.

Benefits of Online Voter Registration:

• Paperless online voter registration will save tax payers money by reducing the need to process paper forms.

• Approximately 80 percent of Californians already use the internet, making Online Voter Registration a fit for the Golden State.

• Online Voter Registration will improve the quality and accuracy of County Voter Files. Less manual data entry means more quality assurance and time to confirm and process paper forms.

• The convenience of online voter registration would provide for more up to date records, which might also reduce the number of provisional ballots cast.

• Online Voter Registration benefits the environment by reducing waste.

• Online Voter registration will provide increased registration security by ensuring instant delivery.

How does Online Voter Registration work?

• The online registration portal can be accessed at www.lavote.net or at www.sos.ca.gov

• The process uses your California Driver's License or Identification number to match your voter registration information to Department of Motor Vehicles records.

• The Secretary of State obtains the registrants' signature image on file from the DMV. This information will then be provided to the counties and added as the official signature of record on the voter file. The applicants' information must match in order to complete the registration process providing increased registration security.

• Individuals who do not have a California Driver's License or an Identification number can still use the online portal but will be required to print the form, sign it and mail it back.

FOR MORE INFORMATION OR TO VOTE ONLINE GO TO: www.lavote.net



LEFT TURN/RIGHT TURN

HOWARD Hays As I See It



"Sorry People of America this not the Behavior of our ISLAM and Profit." - Sign held by protester in Benghazi, Libya (spelling copied from sign)

It's tough when there's a deadline for your column, but you procrastinate because you just know some late-breaking event will flash in the headlines

right as you hit the "send" button. Perhaps that happened to Greg Welborn last week when, after writing of Libya being a nation "out for our blood", we had news of another massive Libyan demonstration, another compound stormed by protesters and another building set on fire.

This time it was 30,000 in the streets of Benghazi - protesting Islamic militias of the sort that invaded the U.S. consulate a week before. The compound this time was the headquarters of Ansar al-Shariah, the group thought to be behind the attack on our consulate. In an A.P. report, the militiamen first tried to scare the protesters away by firing rifles in the air, but soon gave up and took off in whatever vehicles hadn't already been torched.

It doesn't look like they'll be back. The Libyan military took over the compound after the protesters left.

Those 30,000 in the streets of Benghazi weren't there just to proclaim "No to the militias!" They were also there to express solidarity with us in mourning the loss of our ambassador, Chris Stevens. "Libya lost a friend" was seen on one of the banners, as police joined with, rather than stood against, the protesters.

The report told of the situation in Darna, an East Libyan city which had been a headquarters for Muslim extremists and a point of departure for many of the jihadists heading off to fight in Iraq and Afghanistan.

"The killing of the ambassador blew up the situation", says a young Muslim cleric there, who himself has received death threats for speaking out against extremists. That was the tipping point, he explained, convincing the masses that unless they stood up and did away with these yahoo jihadist militias, their revolution might be in vain. Another Muslim resident explains his own piety, "We are not infidels for God sake. We have no bars, no discos . . ." but "we don't want the flag of al-Qaida raised over our heads."

The cleric conveyed his fear of what could happen if the Libyan people failed to take care of the situation themselves. If the militias grew and were perceived as a threat to the United States, then the U.S. military might become involved. If that happened, the people would side with the militias - and the extremists will have won. That, unlike what you'd hear from Greg and the war-profiteers from the Bush Administration now advising Mitt Romney, is the way it works in the real world. (Bill Maher suggests that if the embassy protests in Egypt, Tunisia and Yemen had happened during the Bush Administration, they would've known just what to do - invade Iraq.)

One of those who well understood the dynamic was Osama bin-Laden. In a document taken from his compound when he was killed, he reportedly complained about the new line from Washington. With President Obama emphasizing it's not a war on Islam, but on al-Qaeda, it was much harder to get recruits.

Many of those now condemning our Mid-East policy under President Obama are those who warned that supporting rebels fighting Gaddafi would hand Libya over to jihadists. Instead, we saw moderates trounce fundamentalists in elections last July. A survey last month shows 54% of Libyans approving the leadership of the United States, "among the highest approval Gallup has ever recorded in the Middle East and North Africa region, outside of Israel."

Our approval in Egypt is 16%, but that's still ten points higher than it was when Bush left office. As Tom Malinowski of Human Rights Watch was quoted in the NY Times, "Part of what we're seeing is the residue of support for 30 years of the Mubarak dictatorship." There's also the balancing act of Egyptian President Mohamed Morsi of the Muslim Brotherhood (USC grad and former professor at Cal State Northridge, with two of his five kids born in California).

"We are taking heat from both sides", the Times quotes a spokesman for the Brotherhood. When they sent out a Twitter message (yes, the Muslim Brotherhood uses Twitter) in Arabic expressing solidarity with the protesters, then another in English in sympathy and support of the embassy staffers, our embassy Tweeted back, "Thanks. By the way, have you checked out your own Arabic feeds? I hope you know we read those too."

It was after a late-night call from President Obama that President Morsi went on national television to remind it's a "religious duty to protect our guests and those who come to us from outside our nation . . . I know that the people attacking the embassies do not represent any of us."

Some have dealt in other ways with countries struggling into democracy. In the aftermath of the 9/11 attacks, one of the more moving expressions of sympathy and condolence came in a candlelight vigil at Tehran's Mohseni Square. President Mohammad Khatami issued a statement, "On behalf of the Iranian people and the Islamic Republic, I denounce the terrorist measures, which led to the killing of defenseless people, and I express my deep sorrow and sympathy with the American people."

A few months later, President Bush declared Iran part of the Axis of Evil, and spoke of increasing our naval presence in the Persian Gulf. Iranians turned to the Mullahs, and the Mullahs turned to Mahmoud Ahmadinejad.

We aren't aware, of course, of most of what's happening in foreign affairs. Around the time Defense Secretary Leon Panetta was in Beijing offering those conciliatory remarks that upset Greg, we were conducting joint maneuvers with the Japanese off Guam. Perhaps Greg wasn't aware of them. But I'm sure the Chinese were.

GRAMMA IS SMARTER THAN GREG Welborn PRESIDENT OBAMA BELIEVES

Did anyone notice that Team Romney addressed the AARP meeting last week and weren't chased off the stage, tarred and feathered, or even pelted with tomatoes? In fact, there was actually some strong applause, which evidences a lot more common sense among our seniors than the press and the liberal elites grant them. The liberal narrative is that Romney wants to push grammar off the cliff, grammar's mad, and grammar's going to vote for Obama. That narrative seems to be losing its sticking power with seniors, and for good reason.

First, let's deal with the issue of the AARP's credibility, or should I say lack of credibility. Recently released emails from the House Energy and Commerce Committee show that the AARP worked hand-in-glove with the Obama administration to push Obamacare despite knowing that the overwhelming majority of their membership despised the legislation. The emails show AARP leadership telling the White House that phone calls were running 95% against the legislation and then asking the White House to keep that information "close" so that seniors wouldn't realize they were being sold out.

The reason this strategy didn't, hasn't and won't work is because seniors are smarter-than-the-average-bear. With some intuition, and common sense fine tuned over the course of their lives, they've figured out what Obamacare will really do to them, their families and healthcare in general. For example, there's that pesky little McKinsey & Company study which concluded that upwards of 80 million Americans will lose their healthcare plans and be forced into the government's program as Obamacare is phased in. That of course directly contradicts the president's solemn promise that "if you like your healthcare plan, you can keep your healthcare plan". If this were just one study, we might be justified in questioning the conclusion; after all, 80 million out of a total American population of 300 million is a whopping 26%, and almost sounds unbelievable. Unfortunately for the administration, it may well be that McKinsey & Company was actually taking it easy on Obama.

It turns out the McKinsey report was at least the fourth study which has documented and predicted staggering losses of coverage. The National Center for Policy Analysis concluded that employers would be forced to drop healthcare coverage on 87 to 117 million Americans because of Obamacare. That pushes the percentage up to 39%. The other studies have all verified similar amounts and cited the same cause and effect.

It's really a matter of simple economics - even simple math. The average annual premium cost to employers for a single worker or a worker and his family runs about \$4,100 (single) or \$9,700 (family). Obamacare will impose additional burdens and costs on the employer. Should the employer decide to drop health coverage for employees because of these extra costs, the employer only pays a penalty of \$2,000 per worker. In a tight economy or in the face of

competitive pressure from abroad, many employers will drop the coverage and pay the measly \$2,000 fine. The insidious nature of Obamacare is that it is both increasing the cost of medical coverage and driving more people into what will be second-rate, government run insurance policies. Some commentators have argued that this is precisely the goal of the Left, that they want Americans to have essentially equal coverage, and the best way to accomplish that is to force everyone into the same policy. We may never know the truth of their motives, but it's pretty easy to figure out the truth in the projected results.

Sadly, the devastation doesn't just stop with the degradation of healthcare coverage for 1/3rd of our population. Obamacare will cause a fiscal disaster which will make the current budget troubles look like a proverbial stroll in the park. At the time of its passage, the Congressional Budget Office estimated Obamacare would cost the taxpayers \$511 billion if 24 million people were pushed into the government plan. That means we're really looking at somewhere between \$1.7 trillion (if "only" 80 million Americans lose traditional coverage) to \$2.4 trillion (if upwards of 117 million do). All that would be on top of the \$1 trillion dollar deficit the government runs now.

As bad as all this is for grammar's family, it's going to be even worse for grammar herself. The fine print of Obamacare reveals that the 15-member, unelected Payment Board is specifically directed to reduce payments to doctors and hospitals. There is no provision in the law for the Payment Board to allow increases to doctors and hospitals. The law also strips \$716 billion from Medicare in order to push it down to fund increases in Medicaid. Right now, without the affect of the payment board, more than 50% of the doctors in this country refuse to take more Medicaid patients. When their Medicare reimbursements are further reduced, grammar has figured out that it's going to be tougher, if not impossible, to find a doctor.

The bottom line, which seniors are realizing in droves, is that being given a new government health insurance policy (or being forced to take it) isn't the same as actually receiving medical care. Obamacare will reduce the supply of doctors, decrease the quality of care for seniors and ultimately bankrupt the country. Grammar has figured out that Romney is trying to pull them from the brink, not push them over a cliff.

About the author: Gregory J. Welborn is a freelance writer and has spoken to several civic and religious organizations on cultural and moral issues. He lives in the Pasadena area with his wife and 3 children and is active in the community. He can be reached at gregwelborn2@gmail.com



Mountain Views News

PUBLISHER/ EDITOR
Susan Henderson

CITY EDITOR
Dean Lee

EAST VALLEY EDITOR
Joan Schmidt

SALES
Patricia Colonello
626-355-2737
626-818-2698

PRODUCTION
Richard Garcia

PHOTOGRAPHY
Lina Johnson

WEBMASTER
John Avery

CONTRIBUTORS

Jeff Brown
Pat Birdsall
Chris Leclerc
Bob Eklund
Howard Hays
Paul Carpenter
Stuart Tolchin
Kim Clymer-Kelley
Christopher Nyerges
Peter Dills
Hail Hamilton
Rich Johnson
Chris Bertrand
Ron Carter
Rev. James Snyder
Bobby Eldridge
Mary Carney
La Quetta Shamblee
Katie Hopkins
Deanne Davis
Despina Arouzman
Greg Wellborn
Dr. John Talevich
Meaghan Allen
Sean Kayden

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Letters to the editor and correspondence should be sent to:

Mountain Views News
80 W. Sierra Madre Bl.
#327
Sierra Madre, Ca.
91024

Phone: 626-355-2737
Fax: 626-609-3285
email:
mtnviewsnews@aol.com

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HAIL Hamilton My Turn

ENDEAVOR'S LAST FLIGHT -- AN END OF AN ERA



fly-by and landed at LAX. For me it marked the end of an era, an era that had begun when I was a teenager. The era of manned space flight, the birth of the space age when human beings began exploring outer space. Tears wet my cheeks as I watched Endeavor being off-loaded from the modified 747 that had carried her on her final flight. Was this the end of NASA's manned space program? Was America stepping aside for others to go "where no man has gone before?"

I remember JFK's speech setting a goal for the United States to put a man on the Moon and return him safely to Earth by the end of the decade. I remember how our nation rallied behind the whole idea of manned space flight and space exploration. I remember waking up early in the morning with my parents and little brother to witness another fiery liftoff from Cape Canaveral of a manned spacecraft heading into outer space. With each flight of the Mercury, Gemini, and Apollo programs it seemed to me that Buck Rogers and Flash Gordon might not be comic book fantasy at all.

And then on July 20, 1969 at 20:18 Coordinated Universal Time (UTC) Apollo 11 landed the first humans, Neil Armstrong and Buzz Aldrin, on the Moon. Armstrong became the first to step onto the lunar surface 6 hours later on July 21 at 02:56 UTC, telling the world: "That's one small step for man, one giant step for mankind." A third member of the mission, Michael Collins, piloted the command spacecraft alone in lunar orbit for about 28 hours until Armstrong and Aldrin returned to it for the trip back to Earth.

The impact of the Apollo Moon landing cannot be overemphasized. An estimated one-fifth of the population of planet Earth watched the live transmission of the first Apollo Moon walk. Apollo 11 reinvigorated and expanded the idea of humans exploring space. Jules Verne's 1865 epic space adventure, "From Earth to the Moon," had by 1969 become a reality. In little over a century, science fiction had become science fact.

The Apollo program flew eleven missions. Six of the missions (Apollos 11, 12, 14, 15, 16, and 17) achieved

this goal. Apollos 7 and 9 were Earth orbiting missions to test the Command and Lunar Modules. Apollos 8 and 10 tested various components while orbiting the Moon, and returned with detailed images and maps of the lunar surface. Apollo 13 did not land on the Moon due to a malfunction, but also returned with images of the lunar surface. The six missions that landed on the Moon returned a wealth of scientific data and almost 400 kilograms of lunar samples. Experiments included soil mechanics, meteoroids, seismic, heat flow, lunar ranging, magnetic fields, and solar wind experiments.

Then came the Space Shuttle. The reusable spacecraft seemed like the next logical step in preparing the way for building a permanent "space station" orbiting the Earth to be used for scientific purposes and as a terminal for a fleet of smaller space vehicles for transporting astronauts back and forth to the Moon. There we would build a Moon base complex where a new generation of spacecraft would be constructed and launched to explore the solar system.

NASA's space shuttle fleet began setting records with its first launch April 12, 1981 and continued to set high marks of achievement and endurance through 30 years of missions. Starting with Columbia and continuing with Challenger, Discovery, Atlantis and Endeavor, the spacecraft has carried people into orbit repeatedly, launched, recovered and repaired satellites, conducted cutting-edge research and built the largest structure in space, the International Space Station (ISS). The Enterprise was used for landing tests and was never flown in space.

But the ISS was not the kind of orbiting space station I had envisioned; one where space vehicles could dock and refuel to take astronauts to the newly built Moon base. There a new generation of exotic spacecraft could be constructed and launched taking advantage of the fact that the Moon's gravity is only one-sixth that of the Earth's and it has no atmosphere.

Still, I am sad to see Endeavor retire and, with her, NASA's entire manned space program. I am glad that NASA chose the Science Center as Endeavor's new home. Unfortunately, this exhibit of mankind's technical ingenuity and desire to explore the heavens will be seen by visitors as a relic of the past rather than a harbinger of the future.

RICH Johnson 1962 - SO WHAT HAPPENED



As many of you know I have been fortunate to become involved with two wonderfully funny and creative people in a weekly one hour radio show. Those funny people are named Barry and Lisa. And what is so coincidental about their names is they fit right in with the name of our show: The Barry, Lisa and Rich Show. Or is it the Barry, Rich and Lisa Show? We have completed 36 one-hour broadcasts which you can listen

to in two places on the internet. First is our local internet radio station, Radio Fishbowl, and secondly at www.barryrichlisa.com.

A recurring, and popular highlight in several of our shows is an interesting look back at a year in our past. This includes prices for houses, top television shows, Academy Award winning movies, births, inventions etcetera during those particular years.

Why not share a bit of this trivia with you?. I hope you find it interesting. We are going to take a look back 50 years at 1962. Let's get started:

Wanna buy a house in 1962? The average price will be \$12,500. You are probably making an average of \$5,556 a year. Minimum wage was \$1.25 an hour. A first class stamp was 4 cents. A gallon of gas is 28 cents, a year's tuition at Harvard will set you back \$1,520.

On a political note, Richard Nixon lost his run to become governor of California. You may remember him saying, "You won't have Nixon to kick around anymore because, gentlemen, this is my last press conference". Did he do anything after that loss?

President Kennedy had the Cuban Missile Crisis to contend with in 1962. Both Kmart and Walmart opened their first stores this year. Kmart in Michigan, and Walmart in Arkansas.

The top five television shows of 1962?

1. The Beverly Hillbillies
2. Candid Camera
3. The Red Skelton Show
4. Bonanza
5. The Lucy Show

We witnessed the end of the Cheyenne television show starring Clint Walker, who was so tall it looked like his feet were dragging on the ground when he rode atop his horse. The Huckleberry Hound Show ended also in 1962 but was soon replaced by The Jetsons. If you ever wondered why the Jetson's dog's, Astro, voice sounded just like Scooby Doo's voice, there was a reason. They were both voiced by a guy named Don Messick.

The Academy Award Best Picture of 1962 was Lawrence of Arabia. David Lean won the Best Director for the same movie. The Best Actor Oscar went to Gregory Peck for his role in To Kill a Mockingbird, and the Best Actress Oscar went to Anne Bancroft for her role in The Miracle Worker. Other movies of 1962 included Westside Story, Birdman of Alcatraz, The Longest Day, The Music Man, and two personal favorites, Dr. No (which introduced James Bond), and from Japan, King Kong vs. Godzilla.

1962 was the first year we saw Jackie Chan, Julie Christie, Robert Duvall, Sally Field, John Hurt and Terrence Stamp on film.

1962 was home to great rock and roll music. And, in particular, three instrumentals that are on my "best of" list. First is Green Onions, by Booker T. and the MGs, Telstar, by the Tornados, and Stranger on the Shore, by Acker Bilk. The last two songs were from British bands and hit number one over here (in case you thought the Beatles were the first). Other great tunes included, The Loco-Motion, Duke of Earl, Johnny Angel, Breaking Up is Hard to Do, and The Monster Mash.

Finally, 1962 gave us Tom Cruise, Jim Carrey, Garth Brooks, Sheryl Crow, Matthew Broderick, Rosie O'Donnell, Governor Chris Christie, and Demi Moore.

STUART Tolchin.....On LIFE WHY DO WE HURT SO MUCH



This past weekend I attended a workshop which taught me the same lesson that I learned over thirty years ago. People are hurting inside and as a result of that hurt they often choose to hurt others. This past weekend involved telling stories and then focusing on the reactions of others as they listened to the stories. The point of the seminar was to increase attorney sensitivity to the feelings of jurors listening to the presentation of evidence involving parent-child relationships. I was surprised to realize how angry so many people are at what they endured while growing up.

Seminar participants described that they were now forced to become caretakers for their parents who had never properly cared for them in the first place. Considerable guilt accompanied these feelings and participants rationalized by saying that all along they felt that other children were favored and that their parents had never given them deserved attention. This all reminded me of my experience in the human -potential movements of the '70s when exercises involved the leader of the group telling stories about those wonderful days of growing up and those lovely summer days at the beach where everyone enjoyed the sun and each other's company. Soon the whole room was in tears but what was being cried about was not the memories of those now long past lovely memories. No, people were crying and angry about the fact that they never had those experiences or feelings in the first place.

The group leader then directed the 100 people or so in the room to use the conveniently placed foam bats and pillows to express their anger. Sobbing screams of "You never paid any attention to me" or "You always loved her more than me" filled the room. It was all so predictable I guess and don't forget this was in the generation before stoned parents and mandatory divorce. I guess it's even harder to grow up now as parents try to cope with unemployment, and drugs, and never-ending war, and doubt.

Are things easier in other cultures? This morning I had breakfast at a restaurant with my wife and son and listened as he told me how hard life was for his neighbors. Not only do they work two and three jobs but they send a thousand dollars a month back to their parents who live in some far-

OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

WOULD SOMEONE PLEASE CALL "TIMEOUT?"

I just realized that summer is now over. Where in the world

did it go?

In fact, that is a very good question. Where does the summer go when it leaves? Is there some place that summer, winter, spring and fall go to chill out? When they get there, what in the world are they doing?

Someone suggested, and I will not divulge any names - only to say they live in the same residence I do - that as a person gets older, time goes faster. I absolutely resemble that comment.

This past week I finally adjusted myself to my summertime schedule. I do not know about anybody else, but it takes me a long time to get into a new schedule.

While I am thinking about it, who in the world invented these seasons? Why didn't they let a good thing go? I would much have preferred that we simply divide our time by day or night. If it is dark, for example, it has to be night. And, if the sun is up and it is shining and bright, it must be day. I could live with something like that. At least I would know what time it really was.

I was actually wallowing in a hopeless spirit of despondency. What is a person to do?

Then something rather strange happened. One of my friends was playing football and his first game was on a Saturday morning. I thought maybe the distraction might cheer me up a little bit and encourage me to keep on keeping on.

I cannot remember the last time I was at a football game. Of course that does not mean too much, I cannot remember what I had for lunch yesterday. It was good to get into a different venue, and air out my soul.

Then it hit me. No, not the football, although that might have helped to a certain degree. But a thought hit me, which is just about as rare as being hit by a football at a football game.

I had just gotten into the spirit of watching the game when all of a sudden I heard a whistle and a coach yelled, "Timeout." At that moment everything stopped. I looked at the clock on the scoreboard and it had stopped. I had forgotten about this little quirk in football.

The clock did not start and the game did not commence until the coach yelled, "play ball." Or something to that effect.

That got me thinking. If they can do that for football, why can't we do that for life? After all, life is far more important than a football game. Who is that coach that yells, "Timeout," and everybody stops? What kind of authority does he have?

We need to bring this kind of thinking into life in general. It seems to me that

away country. "How come they have to do this? Doesn't anyone care for them in their own country?" My son is a disabled person who receives assistance through the Regional Center which attempts to find appropriate employment for certain categories of disabled adults. He has been without work for almost a year but is due to start work tomorrow which was one of the reasons we were meeting for breakfast this morning.. I wondered if his question about sending money to parents was connected with his feelings that he should try and save part of his incredibly limited income and send it to me.

I was in the process of assuring him that there was no need for him to save money for me as I would be okay on my own and was receiving Social Security and, anyhow, I am still working. All at once a thought from the weekend seminar hit me as I tried to focus on my son's actual feelings. I stopped in the middle of my summary of American Welfare and Old Age Benefits and the difference between the philosophies of the Democrats and the Republicans.

It hit me that my son had brought up the discussion of his neighbor's obligations

in connection with fears about his own new job. In previous articles I have mentioned how my son has lost vision in one eye and now has limited vision in the other eye as a result of some kind of unpredicted immediate onset glaucoma. Perhaps he believes that the loss of vision was somehow connected with working conditions or the stress surrounding work or who knows what. Really, we haven't talked much about it. It is a very painful subject and we just go on with our lives.

A couple of hours after breakfast I an now thinking that my son thinks that there might be some risk to working but he thinks that working is worth that risk because it will give him an opportunity to be helpful to his family and not to be a burden. (I remember at age 5 or 6 he told he never wanted to be a "birdie".) Human beings I think want to help one another and when that help is not needed or rejected there is great anger. Perhaps one of the reasons for all of the rage we carry within us is that we simply feel that our help is not needed or wanted and this leaves us very angry and confused (and it's our parent's fault) Is this a possible consequence of our Cradle to Grave Welfare System? As usual I feel that I don't know enough to answer the question. But who does?

everything in life is thought out in great detail except actually living life. Football has been well thought out and is comprised of rules and regulations. Baseball the same. Hockey... Well maybe not so much hockey. Most games are well thought out, have rules to live by, and if something isn't going the way it is supposed to go, the coach has the privilege of yelling "Timeout."

How many times could I have used this little rule in my life?

Wouldn't it be nice to stop life when you have made an inappropriate remark, maybe you said something to your wife that came out the wrong side of your mouth. I have done that many a times. I think it would be rather nice if when I realize what I have just said, to be able to yell "Timeout." Then do it over again.

The other day one of my checks from my checking account bounced. That would have been a perfect time to yell "timeout" and redo the whole thing.

There are so many things in life that could benefit from this one little thing called "timeout." I suggest that we began implementing this into our daily life. After all, our daily life is much more important than a football game, a hockey game, or a baseball game. I think whenever something goes awry we should have the privilege to stop it right in its tracks and do it over again. It does not matter how many times we have to do it over again, we continue doing it over until we get it right.

It would make life more exciting if I knew that if I made a mistake I could call "Timeout," do a do-over, and make everything right.

I think we need to have a very stern conversation with good old Father Time. He is so much a stickler for time marching on. But sometimes you get tired of marching and need to sit down and take a breather. Then, sometimes, you need to change the direction in which you are marching. It is not so bad that time marches on, but when it needs to turn around and march the other way, that is a completely different story.

In thinking further along this line, I discovered God already has a "Timeout" plan. I found it in 1 John 1:9 (KJV), "If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness."

With this in mind, I certainly want to take full advantage of God's "Timeout" plan.

Rev. James L. Snyder is pastor of the Family of God Fellowship, PO Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. Call him at 1-866-552-2543 or e-mail jamesnyder2@att.net (mailto:jamesnyder2@att.net) . His web site is www.jamesnyderministries.com

Mountain Views News 80 W Sierra Madre Blvd. No. 327 Sierra Madre, Ca. 91024 Office: 626.355.2737 Fax: 626.609.3285 Email: editor@mtnviewsnews.com Website: www.mtnviewsnews.com

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