



Wistaria Festival

Sierra Madre, California

March 12, 2017



SUNDAY, MARCH 12, 2017
9 am to 5 pm
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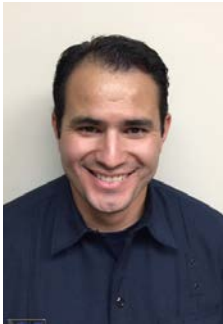
EMERGENCY MEDICAL SERVICES AUTHORITY CLINICAL EXCELLENCE AWARD



Engineer
Ted Walters



Paramedic
Phillip Tibbs



Paramedic
Daniel Arellano



Firefighter
Ashot Kglyan

Sierra Madre, CA. – February 21, 2017 The annual EMS Awards honor and recognize exceptional acts and service by individuals working or volunteering in California's emergency medical system. On November 8 th , 2016 the Emergency Medical Services Authority announced the 2016 EMS Award Recipients; four Sierra Madre Firefighters and Paramedics were recipients of the Clinical Excellence Award. The Clinical Excellence Award recognizes an EMT who provides noteworthy patient care and treatment during the course of their duties. Clinical Excellence Awards are presented to the recipients' at their home stations. The Sierra Madre Fire Department will present

the following individuals with awards at the City Council Meeting on Tuesday, February 28 th , 2017. Paramedic Daniel Arellano Paramedic Phillip Tibbs Engineer Ted Walters Firefighter Ashot Kglyan The four Sierra Madre Fire Department members received the Clinical Excellence Award for belaying down a steep cliff to rescue two stranded individuals who were in imminent danger on July 17, 2015. The two individuals had been hiking Mount Wilson Trail when they went over the side, falling 50 feet and 100 feet. Both individuals were rescued and treated by Sierra Madre Fire Department personnel with the assistance of the Sierra Madre Search and Rescue.

RAINFALL UPDATE (From the city of Sierra Madre) To date we have received an average of 23.67" of rain from our 3 rain stations.

Sierra Madre has received above normal rainfall this season but the drought is NOT over. Recent rainfall has helped in countering past seasons but it will take several years of above normal rainfall to get us out of this drought.

With increased conservation efforts, recent rain runoff, the water spread in our spreading grounds for basin recharge from both Big Santa Anita Dam and our local Sierra Madre Dam we are headed in the right direction.

Rain is still in the forecast so be sure to get your free sand bags at the City Maintenance Yard located at 621 Sierra Madre Blvd. , behind the basketball courts. Please bring your own shovel.



Photo by: Laura Driscoll



WILD & SCENIC[®] FILM FESTIVAL

Los Angeles 2017

March 9
Old Town Music Hall
El Segundo
7-10PM

March 11
Sierra Madre City Council Chambers
2-3PM MATINEE
7-10PM





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2017 Huck Finn Fishing Derby and Family Campout registration starts Monday, February 27th at 8am in Sierra Madre City Hall, 232 W. Sierra Madre Blvd. Registration must be made in person and will close Monday, March 20th at 5:00 pm.

- Friday, March 24, starting at 5:00pm, Campsites, \$60, includes Fishing Derby Contest Entries for four youths.
- Saturday, March 25, 7:00am to 11:30am, Fishing Derby Entries for ages 3-15, \$13 per youth.
- Family Fishing, \$23 for family of four. Saturday, March 25-12:30pm to 4:00pm and Sunday, March 26-7:00am to 1:00pm

Questions, please contact Sierra Madre Community Services Staff:

Tim Shepard or Clarissa Lowe (626) 355-7135 or email at tshepard@cityofsierramadre.com or clowe@cityofsierramadre.com

The 2017 Huck Finn Fishing Derby and Camp Out is proudly sponsored by:

Sierra Madre Firefighters' Association
Sierra Madre Civic Club
Sierra Madre Kiwanis
ISSEI Foundation
Danny Osti Tree Service
The Sierra Madre Women's Club
Sierra Madre Community Foundation



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Weather Wise

6-Day Forecast Sierra Madre, Ca.

Sun Ptlly Cldy Hi 50s Lows 40s
 Mon: Ptlly Cldy Hi 50s Lows 40s
 Tues: Ptlly Cldy Hi 60s Lows 40s
 Wed: Sunny Hi 70s Lows 50s
 Thur: Sunny Hi 70s Lows 50s
 Fri: Sunny Hi 80s Lows 50s

Forecasts courtesy of the National Weather Service



CITY OF SIERRA MADRE CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR FEBRUARY 28, 2017
6:30 pm

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



SIERRA MADRE CITY MEETINGS

Regular City Council Meeting
Tuesday, February 28, 2017,
6:30 pm

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email cityofsierramadre.com before 5:30 the night of the meeting and your statement will be delivered to all the Council Members. Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135

Upcoming Public Meetings

Upcoming Community Events

- Tuesday, February 21st – 6:30 pm
Mayor's State of the City Address – City Hall
- Sunday, March 12th – Wistaria Festival
- Saturday, May 27th – Mount Wilson Trail Race



KIWANIS PRESENTS SIERRA MADRE PUBLIC WORKS

Tuesday, February 21, 2017
12:00 Noon

The Lodge
33 E. Sierra Madre Blvd.
Sierra Madre
Lunch \$10 Program Free

Call 626-355-0728
To Reserve Your Seat



ART IN BLOOM OPENING
RECEPTION FRIDAY, MARCH 3,
2017, 7:00-9:00 PM

SATURDAY, MARCH 4, 2017,
10:00-5:00 PM SUNDAY, MARCH
5, 2017, 11:00-4:00 PM

Creative Arts Group is proud to present Art in Bloom, an art exhibition pairing the community's finest floral designers with work from our most talented artists. Designers will create floral arrangements that complement and interpret select works of art including paintings, ceramics, sculptures, and mixed media to be displayed in our gallery. An opening reception with wine and hors d'oeuvres will be held Friday, March 3, from 7-9 pm. The show will continue Saturday, March 4 from 10-5 pm, and Sunday, March 5, from 11-4 pm. Art in Bloom is open to the public.

Visit us online at:
www.mtnviewsnews.com



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EXCEPT FOR THE 2ND TUESDAY OF EACH MONTH.
WHEN WE MEET AT 7:45AM. VISITORS ARE ALWAYS WELCOME!
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Rotary of Sierra Madre

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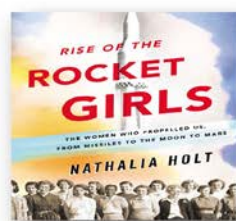
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transformed rocket design, helped bring about the first
American satellites, and made the exploration of the solar
system possible."

Special Thanks:

- Friends of the Sierra Madre Public Library
- One Book One City Committee Members
- Kiwanis Club of Sierra Madre
- Sierra Madre Civic Club
- Sierra Madre Volunteer Firefighters Association
- Sierra Madre Rotary



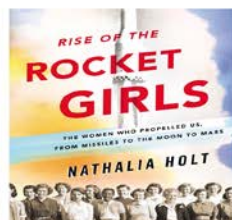
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<http://www.cityofsierramadre.com/services/library/>

R.S.V.P. for Nathalia Holt by e-mailing rsvp@cityofsierramadre.com

Read, Discover, Connect @ Sierra Madre Public Library



Meet Author
Nathalia Holt

Saturday,
February 25th
7:00 pm.
Sierra Madre
Elementary
Auditorium

Nathalia Holt, Ph.D. is a science writer and the
New York Times bestselling author of *Rise of the
Rocket Girls: The Women Who Propelled Us,
from Missiles to the Moon to Mars*, and *Cured:
The People who Defeated HIV*. Her work has
appeared in a variety of publications including
The New York Times, The Los Angeles Times,
The Atlantic, Slate, Popular Science, and Time.
She has trained at the Ragon Institute of MGH,
MIT, Harvard, USC, and Tulane. She lives with her
husband and their two daughters in Boston.



Join us for a month of reading
and programs aimed at
building community by
reaching for the stars.

DATE	TIME	LOCATION	PROGRAM	DESCRIPTION	AUDIENCE
Wednesday, February 1	7:00 pm	Sierra Madre Public Library	JPL: Powered by STEAM with Dr. Steve Cornford	Senior JPL Engineer, Dr. Steven Cornford, works on the conception, building, testing, and design of spacecraft and their components.	Everyone
Thursday, February 2	Noon-6:00 pm	Sierra Madre Public Library	Build and Launch Paper Rockets	Stop by during Library hours to build a paper rocket. Use a template or test a new design and launch them on the patio.	Everyone
Monday, February 6	1:00-2:00 pm	Hart Park House Senior Center	Build Paper Rockets and Launch at Memorial Park	Just for seniors! Build paper rockets and launch them in the park.	Seniors
Saturday, February 4	4:00-6:00 pm	Sierra Madre Public Library	"October Sky" Viewing Party	Bring your favorite lawn chair and blanket and cozy up to watch "October Sky" in the Library. Free refreshments and drawing.	Everyone
Thursday, February 16	4:00-5:00 pm	Community Recreation Center	StarLab Dome STEAM Club	Register starting February 1 for this unique STEAM Club event where kids get to visit the moon in the StarLab Dome.	Ages 9-12
Thursday, February 16	5:00-6:00 pm	Community Recreation Center	StarLab Dome Journey to Mars	Adults will love this unique trip to Mars in the StarLab Dome.	Adults
Saturday, February 18	4:00-6:00 pm	Sierra Madre Public Library	"Iron Giant" Viewing Party	This cartoon classic is sure to make your relive your childhood! Don't forget to bring your favorite lawn chair and enjoy snacks and a drawing.	Everyone
Saturday, February 25	7:00 pm	Sierra Madre Elementary	Meet the Author: Nathalia Holt, Ph.D.	Meet science writer and New York Times bestselling author of <i>Rise of the Rocket Girls</i> , Nathalia Holt.	Everyone

REMEMBRANCE KYLE DAMON DERRICK

KYLE DAMON DERRICK died on
February 20, 2017, from complications
related to a twenty-year battle with
a traumatic brain injury. He was 42.
Born in San Antonio, Texas, on August
9, 1974, Kyle is the son of Bill and Laura
Derrick of Sierra Madre, California.

God, get ready: Here comes Kyle! He
is one of the greatest fighters, fishermen,
and friends we have ever known here on
Earth. Kyle was lost for a second time
on February 20, but there is a comfort
knowing that he now rests in peace with
you at his side.

Kyle was so full of life, wild and
free, and a friend to all. He lived to
the fullest, owned a motorcycle shop, camped, fished, traveled, and
ALWAYS put family and friends first. Prior to his injury, and during
his battle with its aftermath, he developed a close-knit following of
friends that stayed connected to him throughout the years. Friends
from Europe and across the United States continued to support Kyle
in his efforts to recover.

His whole life, Kyle was a unifying force—he connected us all. Even
though he was unable to speak after his injury, Kyle taught all that he
met the meaning of love and to have a keen appreciation for life. He
also taught patience, to never give up, and to fight until the end. Many
that followed him witnessed true angles caring for him daily.

Kyle's inspiration has had a global impact. "Awaking Dreams", was
created in his name to use adventure as a means to draw attention to
traumatic brain injury research and support organizations. Awaking
Dreams, which has organized an Appalachian thru-hike and a canoe
descent of the entire Connecticut River, has raised tens of thousands
of dollars for the National Brain Injury Association, Casa Colina
Rehabilitation Hospital, and others.

On the day he departed, with his family by his side, his loved ones
quietly told Kyle that although he would be missed beyond words, he
could take a break from his long battle. Now he is with you, God.

Kyle is survived by his parents Bill and Laura Derrick, his sisters
Jamie Malone, Brooke Derrick and Casey Derrick Neuman, and
his brother-in-laws Chris Malone, Daniel McGlynn, and Patrick
Neuman. He leaves his grandmother, Linda Fisher of Dallas, Texas,
six nieces and three nephews, and countless close friends that visited
him regularly over the past 20 years including: Miguel, Matthias, and
Ben.

If he could speak, he would tell us all to go have a beer and celebrate
with family and friends what was an amazing ride, and an amazing
life! Kyle will be missed here on Earth—you are lucky to have him by
your side.

Kyle's private funeral services will be held in Dallas, Texas, at Laurel
Land Funeral Home. A memorial service will be held for friends
and family at Church of the Good Shepherd in Arcadia, California,
on March 25, at 2 pm. In lieu of flowers, Kyle's family asks that you
consider a donation to the National Brain Injury Association.



Sierra Madre Woman's Club

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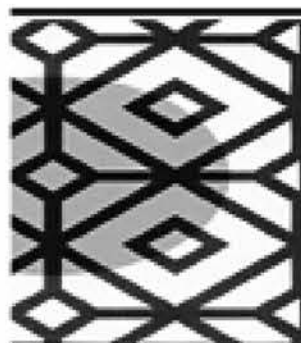
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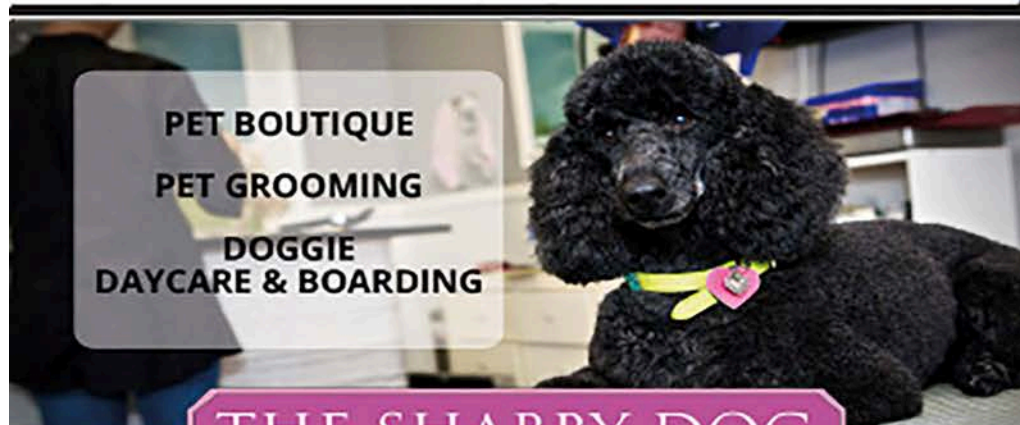
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Council to Discuss Bike Share Stations

The city council is set to enter into a contract Monday night with Metro for the Countywide Bike Share program to install 34 bike stations throughout the city.

The locations include Huntington Hospital, Pasadena Central Library, Rose Bowl, Caltech, and many other surrounding streets including Lake Ave, Raymond Ave, Allen Ave, Hill Ave, and Green Street among others. Absent from the list are streets to the extreme north and south of the city, such as Washington Blvd. or Glenarm Street. There are also no stations proposed east of Allen Ave.

Staff said the locations were picked by factors such as housing density, population density, employment density, intersection density, zero car households, transit frequency and transit ridership.

According to a city staff report other factors included “an evaluation of potential revenue from each bike share station location and potential effect on operational rebalancing efforts that move bikes around to match demand and to ensure that the appropriate number of bikes and open docks are available at all stations.”

There was also an internet-based crowdsourcing map to directly collect suggested locations and to chart likes and dislikes. Crowdsourcing areas of high marks included the Civic Center, Old Pasadena, Playhouse District, South Lake areas around Caltech and Pasadena City College.

The bikes will be available for 30-minute rides and fees depend on single rides, monthly or annual flex passes.

A TAP card and credit card are both needed to rent the bikes. More info at bikeshare.metro.net. The city council meets Monday night at 6:30 p.m. at City Hall 100 North Garfield Avenue, Room S249.

Pet of the Week



Coco (A299506) is a 10-year-old, spayed female, white and tan Chihuahua mix. This sweet gal is an energetic senior who loves to go on walks with her former housemate Limbo (A275778), a 14-year-old dachshund. She's friendly with all people and has been known to sneak in a face kiss or two with our volunteers. Coco is looking for a new home. Could it be yours?

Coco qualifies for our Seniors for Seniors program, so her adoption fee is just \$20 for adopters age 60 and up. The standard adoption fee for dogs is \$125, which includes the spay or neuter surgery, microchip, and vaccinations.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

Call the Pasadena Humane Society & SPCA at (626) 792-7151 to ask about A299506, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11 a.m. to 4 p.m. Sunday; 9 a.m. to 5 p.m. Tuesday through Friday; and 9 a.m. to 4 p.m. Saturday.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email. Directions and photos of all pets can be found at pasadenahumane.org.



Glenarm Repowering Project Goes Online

By Dean Lee

Pasadena Water and Power and city officials held a ceremony Friday morning in recognition of completion of the Glenarm Repowering Project, a \$136 million extensive power plant upgrade that included the replacement of a 51-year old system.

“Many of the benefits of this project are environmental, meeting and is some cases exceeding the required emission standards and other environmental benchmarks, has not been easy... said councilmember and chair of the Municipal Services Committee, Margaret McAustin. “Pasadena can claim a new local natural gas fueled combined cycle electric generating unit with state of the art pollution controls.”

McAustin also said that 20 percent of those hired by the contractors to build the unit were local.

PWP staff said the benefits include, Pasadena's ability to generate power locally helps to reduce the city's exposure to region-wide outages and limitations with imported power supply. GT-5 provides a stable source of back-up

power that allows PWP to integrate more renewable – but intermittent – energy such as solar and wind. And that, GT-5 offers quick-start capability and can generate power within minutes as opposed to the 72-hour start up time needed for the old generator.

“This maybe the very last fusel fueled investment that Pasadena will make,” said Mayor Terry Tornek in regard to the city's plan of 50 percent use of green energy by 2035. “And I think that highlights that technology is moving so fast and on so many fronts, that the other side [of the facility] maybe all battery storage and a solar farm.”

Tornek also said there would be a very small impact on the rate payer's bill, “The bond for this facility was backed into the rate structure sometime ago.” He said. “The real impact on the rate payer here is that if we get into a summer time peak-load, semi emergency, they push the button and in 10 minutes this thing come on line and can provide the extra power.”

McAustin said the plant is a landmark in Pasadena, “it is a primary entry point to Pasadena that is impossible to miss ... and

through the one percent for the arts program, we will have the opportunity to see this power plant be home to an iconic art installation.”

Tree Care after Recent Storms

Pasadena residents are reminded that they should use only licensed contractors and certified arborists when facing the challenge of a fallen or severely leaning tree. Residents also are reminded to report any storm damage that they have experienced to the County of Los Angeles.

During the recent series of storms, the City received reports of 21 trees that fell throughout Pasadena. Of those, 10 were City-owned trees from Pasadena's Urban Forest inventory of more than 60,000 trees. The rest were privately owned trees on private property.

City trees are generally located in the center medians or in the parkway strip areas along streets in the space between the sidewalk and the roadway. When in doubt, call the Pasadena Citizen Service Center at (626) 744-7311.

City officials urge the public to only use a currently licensed and insured contractor for any work at their property, including the emergency removal of a downed tree.

The City recommends using a certified arborist to help determine the health and status of your trees. The cycle of drought and now abundant rain can put stress on trees that may otherwise look healthy.

If a privately owned tree has fallen on private property, the owner is responsible for its removal. No tree removal permit is required from the city if the tree has already fallen. If the fallen tree is a life-threatening emergency, or has damaged structures and/or utilities, call 9-1-1. Otherwise please notify the City via the Citizen Service Center of your non-emergency tree situation.

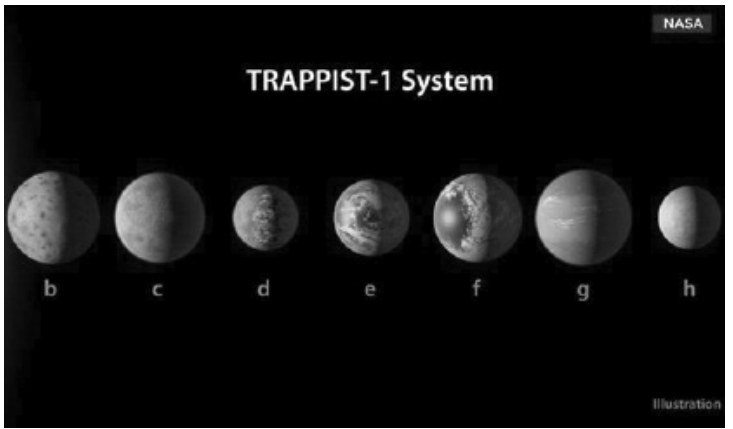
Got storm damage? Make sure Los Angeles County officials know! To complete a damage assessment survey go to www.211LA.org and click on the link for Damage Assessment Survey. At this website, residents can also find up-to-date weather info, road closures and emergency preparedness tips.

After School Program at Farnsworth Park

Los Angeles County Parks is hosting an afterschool program every weekday from 2:00 pm to 6:00pm. All participants are supervised by park staff, and the program includes dedicated homework time and a healthy snack is also provided. Activities will include, arts crafts, games, outdoor activities, cooking classes, educational science projects and field trips. Everything is included for a cost of only \$20 dollars per week for supervised activities, 4 hours per day from 2:00pm – 6:00pm.

The students will meet at the lower Davis building at Farnsworth Park, 568 E. Mt. Curve Ave., Altadena CA 91001. For additional information call (626) 798-6335.

NASA Telescope Reveals Earth-Size, Habitable Planets



NASA officials announced Wednesday that the Spitzer Space Telescope, managed by the Jet Propulsion Laboratory, has revealed the first known system of seven Earth-size planets around a single star. Three of these planets are firmly located in the habitable zone, the area around the parent star where a rocky planet is most likely to have liquid water, they said.

“This is the most exciting result I have seen in the 14 years of Spitzer operations,” said Sean Carey, manager of NASA's Spitzer Science Center at Caltech/IPAC in Pasadena, California. “Spitzer will follow up in the fall to further refine our understanding of these planets so that the James Webb Space Telescope can follow up. More observations of the system are sure to reveal more secrets.”

According to the announcement, the discovery sets a new record for greatest number of habitable-zone planets found around a single star outside our solar system. All of these seven planets could have liquid water -- key to life as we know it -- under the right atmospheric conditions, but the chances are highest with the three in the habitable zone.

At about 40 light-years (235 trillion miles) from Earth, the system of planets is relatively

close to us, in the constellation Aquarius. Because they are located outside of our solar system, these planets are scientifically known as exoplanets.

The new results were published Wednesday in the journal Nature, and announced at a news briefing at NASA Headquarters in Washington.

Using Spitzer data, the team precisely measured the sizes of the seven planets and developed first estimates of the masses of six of them, allowing their density to be estimated.

Following up on the Spitzer discovery, NASA's Hubble Space Telescope has initiated the screening of four of the planets, including the three inside the habitable zone. These observations aim at assessing the presence of puffy, hydrogen-dominated atmospheres, typical for gaseous worlds like Neptune, around these planets.

NASA's Jet Propulsion Laboratory in Pasadena, California, manages the Spitzer Space Telescope mission for NASA's Science Mission Directorate. Science operations are conducted at the Spitzer Science Center, at Caltech, Pasadena, California. Spacecraft operations are based at Lockheed Martin Space Systems Company, Littleton, Colorado.

For more information about Spitzer, visit: nasa.gov/spitzer.

St. Patrick's Day Luncheon

May the luck of the Irish be with you at the St. Patrick's Day lunch and dance Sunday, March 12, from 1 to 3 p.m. at the Pasadena Senior Center, 85 E. Holly St.

Sure and begorrah, the Scott Pavilion will come alive with shamrocks, leprechauns and pots of gold as the National Charity League San Marino Chapter hosts homemade treats and sandwiches

prepared by member mothers and their daughters.

The Great American Swing Band will perform musical favorites for listening pleasure and dancing.

The cost is only \$10 for members and \$12 for non-members of the Pasadena Senior Center. Reservations may be made at the Welcome Desk or by calling 626-795-4331.

Free Events Roundup at the Pasadena Senior Center

There is something for everyone in February at the Pasadena Senior Center, 85 E. Holly St. You do not have to be a member to attend. Some events require advance reservations.

LA Opera Talk: “Salome” – Monday, Feb. 27, at 1 p.m. An LA Opera community educator will lead guests through the opera “Salome,” a Biblical tale of lust and betrayal set in ancient Judea. “Salome” is based on Oscar Wilde's scandalous play with revolutionary music composed by Richard Strauss.

Tax Time – Wednesdays and Fridays through April 14, from 9 to 10:30 a.m. Representatives from the AARP Foundation's low- to middle-income seniors ages 50 and older in preparing their federal income tax returns. Appointments are required: 626-795-4331. Please note there is no age limit for this service.

Citizenship Classes – Wednesdays through May 17, from 9 to 10:30 a.m. Make your dreams come true by attending these sessions to become a U.S. citizen! The first classes cover some of the American history and U.S. government questions on the citizenship exam along with discussions about the rights and responsibilities of citizenship. The four remaining classes cover more questions on the exam as well as strategies for completing the application for citizenship and having a successful interview.

Five Wishes/Advance Directives – Thursday, March 2, at 10 a.m. Do you know what kind of care you want if you become seriously ill? By filling out a simple form, you can tell your family and friends about your healthcare wishes ahead of time and spare them the

uncertainty and confusion that can be associated with trying to make decisions without such a directive. Learn how a healthcare power of attorney is used in California and how to communicate your wishes using a concise yet comprehensive document. This class will highlight Five Wishes, the advance directive used by most physicians and health plans. Attendees will receive forms at no cost. Presented by Vitas Innovative Hospice Care.

Friday Movie Matinees – Fridays, March 3, 10 and 17, at 1 p.m. Everyone enjoys movies and the pleasures they bring. March 3: “The Accountant” (2016, R) starring Ben Affleck and Anna Kendrick. A mathematics savant with more affinity for numbers than people works as a freelance accountant for some of the world's most dangerous criminal organizations, then takes on a legitimate client – the U.S. government – to provide cover for his illegal actions.

Writing Club – Fridays, March 3 and 17, at 11 a.m. and 1 p.m. If you've ever considered writing a memoir, poetry, short stories or a novel, you'll find support and peer feedback in this club. There are two groups – one meets at 11 a.m. and the other at 1 p.m. Choose the time that is most convenient for you. If you're not sure whether you want to join, you're welcome to come see one of the groups in action. Call Esther Gillies at 323-312-9901 for more information or to arrange for a visit.

The Pasadena Senior Center is an independent, nonprofit organization for people ages 50 and older.

The Yale Whiffenpoofs in Concert

A One-Night-Only concert at A Noise Within



A Noise Within Theatre, in collaboration David Miraglia and Chuck Dalaklis, announces an evening of song and merriment entitled “The Yale Whiffenpoofs in Concert.” The internationally respected a cappella group performs live on Monday, March 13, 2017 at 7:30 pm, singing Barber Shop to The Beatles, and even songs The Muppets made famous. See them in Pasadena before the group departs for a world tour in May.

The Yale Whiffenpoofs is a collegiate a cappella singing group comprised of 14 male seniors from the esteemed university in Connecticut. Established at Yale in 1909, it is the first and oldest of such groups in the United States.

The line-up changes each year, and they are renowned for having had Cole Porter as a former member.

One of the top a cappella choirs in the world, the Whiffenpoofs have performed at prestigious venues such as The White House, Lincoln Center, Carnegie Hall, and the Rose Bowl; they have appeared nationally on Saturday Night Live and 60 Minutes. More info at whiffenpoofs.com

The performance takes place A Noise Within, Main Entrance and Box Office are located at 3352 E Foothill Blvd (at Sierra Madre Villa). tickets can be purchased online at anoisewithin.org/poofs or by calling (626) 356-3100.

ALTADENA POLICE BLOTTER

Sunday, February 12th

3:00 AM – A petty theft occurred in the 1800 block of N. Lake Avenue. Suspect described as a male, 20-25 years old, 6 feet, black hair and brown eyes. Stolen: Gatorade and snacks.

Monday, February 13th

1:50 PM – A grand theft occurred in the 2200 block of Garfias Street. Stolen: Echo leaf blower, Steihl tree trimmer, Honda lawn mower and TMC weed trimmer.

8:50 PM – A vehicle was reported stolen from the area of Mendocino Street and Olive Avenue. Vehicle described as a burgundy 2014 Dodge Ram.

Tuesday, February 14th

No significant incidents.

Wednesday, February 15th

6:00 PM – Loren Leonards, 18 years old of Altadena was arrested in the 2400 block of Lake Avenue for battery.

10:30 PM – James Avila, 19 years old of Pasadena was arrested in the 2000 block of

Layton Street for battery.

Thursday, February 16th

4:50 PM – A package theft occurred in the 2900 block of Maiden Lane. Stolen: package containing clothing.

5:00 PM – John McKinney, 52 years old of Altadena was arrested in the 800 block of E. Mendocino Street for battery.

Friday, February 17th

5:00 PM – A vehicle burglary occurred in the 2700 block of N. Lake Avenue. Suspect(s) entered the vehicle by tampering the window. Stolen: unknown items.

6:35 PM – An attempt burglary occurred in the 1200 block of E. Woodbury Road. Suspect attempted to enter the residence by removing the window screen.

Saturday, February 18th

4:11 PM – An indecent exposure incident occurred in the area of Woodbury Road and El Sereno Avenue. Suspect described as a male driving a silver older model sedan.

ARCADIA

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

MEASURE A – ARCADIA TEACHER AND ACADEMIC INSTRUCTION PROTECTION MEASURE.

To keep Arcadia schools among the best in California by renewing approximately \$4.3 million in annual local funding the state cannot take away, shall Arcadia Unified School District continue attracting/retaining quality teachers; keeping schools safe/clean; protecting quality math, science, technology, reading, writing, art and music programs by extending the expiring school parcel tax at \$288 per parcel annually for 18 years, requiring independent oversight/audits, senior exemptions, and all funds used locally to maintain quality education?

BUDGET UPDATE AND MEASURE A INFORMATION FROM DR. VANNASDALL, AUSD SUPERINTENDENT

As you may know, funding for public education in California ranks among the lowest in the nation. Governor Brown's recent state budget projections have California running at a \$1.6 billion deficit by next summer. A recent L.A. Times article shed light on what this will mean for public education: "Brown proposed to address the deficit primarily by slowing the growth in spending on public schools by \$1.7 billion, a change that brings funding down to the minimum required by formulas enshrined in California's Constitution."

This change in the budget equates to Arcadia Unified receiving an estimated \$2 million less than what was originally projected. As the Board of Education's recent resolution noted, the need for locally controlled funding led the Board of Education to place Measure A on the March 7, 2017 ballot. To continue to provide an excellent education for our children, our District can't rely on inconsistent budgets and funding from Sacramento.

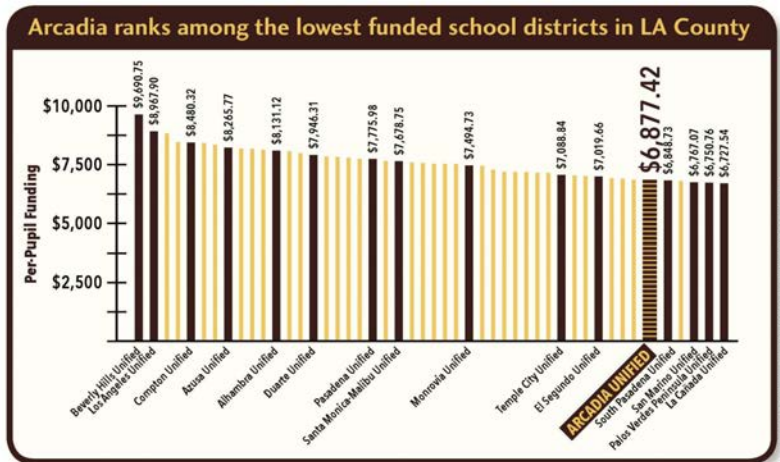
Measure A has and would be used to fund the following: Retaining and attracting high-quality teachers. Maintaining advanced placement and honors courses. Protecting quality music, art, math, science, and reading programs and Keeping our schools safe and clean.

Measure A is a parcel tax that was initially approved by voters in 2012 and has provided approximately \$3.4 million a year that goes directly to our schools. To continue this local funding that is set to expire at the end of the year, our Board of Education has placed Measure A on the March 7, 2017 ballot. The proposed renewal of Measure A will last 18 years at a rate of \$288 per parcel.

In addition to being in one of the lowest funded states for public education, because of the Local Control Funding Formula (LCFF) in California, our district is among the lowest funded school districts in L.A. County (see chart above). The LCFF directs more funds to school districts with higher percentages of low-income families, English Language Learners, and foster youth. All the districts listed below us in funding also receive parcel tax funding (see figures below) like we currently do.

Local School District Parcel Tax Funding Per Year

San Marino: \$1,195
La Canada: \$450
South Pasadena: \$386
Palos Verdes: \$374
Arcadia Unified: \$228 (current), \$288 (proposed on March 7, 2017 ballot)



Especially considering the latest budget projections from the state, without parcel tax funding, our District will be forced to join the many school districts around the state in making cuts. These cuts will include teacher layoffs, increasing class sizes, and the loss of many instructional programs like AP and Honors classes.

While our District's funding in California and locally has been inadequate for years, I am very proud of all of you and what we have accomplished together as a staff and community. Despite the recession, and unstable funding, thanks to you we have still maintained a level of excellence in public education unlike any other district in the nation. Our students are matriculating to the best universities in the world year after year, our performing arts programs continue to march on in front of international audiences, and every day our children are growing, learning, and engaging as they prepare for college and the real world that awaits them. I want to sincerely thank all of you for your work over the years. Our reputation for excellence is a direct result of an exceptional staff working in a remarkable community.

MONROVIA - DUARTE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

ARCADIA POLICE BLOTTER

For the period of Sunday, February 12th, through Saturday, February 18th, the Police Department responded to 1,117 calls for service of which 123 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, February 12:

Shortly before 3:30 a.m., an officer responded to 7-Eleven, 2 East Duarte Road, regarding a theft report. The suspect stole a bag of candy and as the clerk was calling APD, the suspect took the phone away from the clerk and proceeded to slap and push the employee.

The suspect is described as an Asian male, 20 to 24-years-old, driving a newer model, white, 2-door Honda. The investigation is ongoing.

Around 10:54 a.m., an officer responded to an apartment complex in the 400 block of South Baldwin Avenue regarding a commercial burglary report. An investigation revealed the suspect melted the lock to the laundry room and stole coins from the machines. No suspects were seen and no witnesses were located.

At about 7:51 p.m., an officer responded to a residence in the 00 block of Le Roy Avenue regarding a burglary report. An investigation revealed an unknown suspect broke a rear window, ransacked the home, and fled with cash. No suspects were seen and no witnesses were located.

Monday, February 13:

At approximately 2:45 a.m., an officer responded to a residence in the 200 block of West Longden Avenue regarding a suspicious subject report. The victim reported a male suspect rang her doorbell and was seen carrying an empty pillow case and a crowbar. Officers located, arrested, and transported the 38-year-old male from El Monte to the Arcadia City Jail for booking.

Just after 7:37 p.m., an officer responded to Souplantation, 301 East Huntington Drive, regarding a shoplifting report. The officer discovered an unknown suspect stole an employee's wallet from her secured purse and then used the victim's credit card at an unknown gas station. The investigation is ongoing.

Tuesday, February 14:

Around 9:30 a.m., an officer responded to a residence in the 400 block of Camino Real Avenue regarding a package theft report. The victim stated an unknown suspect stole twelve packages from their front porch sometime between 11:00 a.m. and 11:30 a.m. No suspects were seen and no witnesses were located.

Just before 10:46 a.m., an officer responded to the Arcadia Police Department front counter regarding a fraud report. The owner of Healtherve Food Manufacturing USA Inc., 118 East Saint Joseph Street, discovered a check written for more than \$10,000.00 had been fraudulently issued to a company accountant. The 25-year-old female accountant from Rancho Cucamonga denied having any involvement in the deposit. The investigation is ongoing.

Shortly after 11:54 a.m., an officer responded to a

residence in the 500 block of West Huntington Drive regarding a possible marijuana grow house. The owner of the property discovered his renters had converted the residence into a marijuana grow house. The suspects are a 29-year-old female and 24-year-old male, both from Arcadia. The suspects are outstanding at the time of this report.

At about 12:40 a.m., officers responded to Cheesecake Factory, 400 South Baldwin Avenue, regarding a theft report. The suspect was seen stealing cash from the tip jar and fleeing on foot. Officers located the suspect and arrested him. The 19-year-old male from San Gabriel was transported to the Arcadia City Jail for booking.

At approximately 10:44 p.m., an officer responded to the intersection of El Monte Avenue and Palm Drive regarding an activation of an Arcadia Police Department GPS tracker. Arcadia PD detectives had previously deployed decoy packages containing bait property and tracking devices to combat the increase in package thefts from residential areas. An investigation revealed a 27-year-old female from Alhambra, a 26-year-old male from El Monte, and a 29-year-old female from El Monte were in possession of the stolen package, property, and tracking device. The suspects were arrested and transported to the Arcadia City Jail for booking.

Wednesday, February 15:

Around 9:18 a.m., an officer responded to a residence in the 100 block of Alta Street regarding an attempted residential burglary report. The officer discovered an unknown suspect attempted to enter the garage by prying the aluminum door. No suspects were seen, no witnesses were located, and no loss was reported.

Thursday, February 16:

At about 1:31 a.m., an officer conducted an enforcement stop on a vehicle in the area of Huntington Drive and Santa Anita Avenue for having tinted front windows. Upon contacting the driver, the officer watched as the passenger attempted to conceal a small bag of methamphetamine inside the car. The passenger, a 50-year-old female from Pico Rivera was also found with drug paraphernalia. The driver, a 43-year-old male from Lake Elsinore, was driving without a license. Both suspects were arrested and transported to the Arcadia City Jail for booking.

Just before 7:29 a.m., officers responded to an apartment complex in the 100 block of South Santa Anita Avenue regarding a trespassing report. Officers located the suspect loitering on the property and a records check revealed the 29-year-old male from Los Angeles had five outstanding misdemeanor warrants. He was arrested and transported to the Arcadia City Jail for booking.

Shortly after 1:13 p.m., officers responded to the area of Las Tunas Drive and El Monte Avenue regarding a suspicious circumstances report. An investigation revealed a sex registrant new to the city had offered a ride to two juvenile females, a violation of his parole. The 55-year-old male from Arcadia was arrested and transported to the Arcadia City Jail for booking.

MONROVIA POLICE BLOTTER

Following are the weekend's highlighted issues and events. To see a complete listing of crimes reported, go to the City of Monrovia website and click on the crime mapping link. Sign up to follow us on Twitter for police notifications.

Stolen Vehicle Recovered February 16 at 10:56 a.m., officers responded to the report of a suspicious vehicle parked in a business parking lot in the 1600 block of S. Mountain Avenue. Officers located the vehicle and determined it was stolen. The vehicle was processed and returned to the owner. No suspects were located.

Residential Burglary February 16 at 8:59 p.m., a residential burglary was reported in the 200 block of N. Encinitas. An unknown suspect entered the residence through an unlocked back door and took a backpack belonging to a juvenile. The suspect then fled. The investigation is continuing.

Battery February 17 at 11:03 a.m., officers were dispatched to a residence in the 1400 block of S. Magnolia to investigate a physical altercation between a mother and her adult daughter, which has been an ongoing problem. The mother has signed a no trespass order against her daughter, who has returned to the residence on multiple occasions for a variety of reasons, and has been arrested for violation of the order. The mother allowed the daughter to stay at the home overnight, but then asked her to leave because DCFS was coming to the house and the daughter was not supposed to be there. The two began to argue and the argument turned physical. A report will be filed with the District Attorney's office for battery charges.

Possession of Methamphetamine / Warrants – Suspect Arrested February 17 at 2:27 p.m., a suspicious vehicle was reported in the 200 block of N. Ivy Avenue. An officer arrived and located the vehicle and a person in the driver's seat who appeared to be hiding from the officer. During the course of the investigation, the officer discovered the driver had several warrants, no license, and methamphetamine on his person. The suspect was arrested.

Residential Burglary February 17 at 11:09 p.m., a residential burglary was reported in the 300 block of Bradbury. The victim left his residence for several hours. When he returned, he found the back sliding door shattered and his home had been ransacked. The resident is determining the loss. The investigation is continuing.

Stolen Vehicle February 18 at 8:15 a.m., the victim parked their vehicle in their apartment complex parking lot in the 900 block of W. Walnut in the evening. They returned to the lot in the morning and the vehicle had been stolen. The keys were in the vehicle. The vehicle is a 2015 Lexus IS 250. The investigation is continuing.

Domestic Violence February 18 at 12:54 p.m., a victim of domestic violence went to her friend's home and told the friend that her boyfriend had beaten her. The incident occurred in the 200 block of W. Colorado

and the victim had visible injuries; she was taken to a hospital for medical treatment. Officers went to the boyfriend's residence and interviewed him. He was then arrested for domestic violence.

Vehicle Burglary February 18 at 3:44 p.m., employees at a business in the 1100 block of E. Huntington witnessed a male Hispanic suspect with a tattoo on his neck enter a locked vehicle in the business parking lot. The suspect fled in a gold, 4-door sedan, possibly a Honda or Toyota. The investigation is continuing.

Stolen Vehicle Recovered February 18 at 3:50 p.m., two suspicious vehicles were reported in the 700 block of E. Royal Oaks, possibly involved in drug activity. Officers arrived and located the two vehicles. One vehicle was found to be a reported stolen vehicle from Upland. The vehicle was recovered and the investigation is continuing.

Stolen Vehicle February 18 at 5:11 p.m., a vehicle was reported stolen from the 1200 block of Sherman. The victim reported his green, 2000 Honda Civic had been stolen sometime between 12:00 and 5:10 p.m. The investigation is continuing.

Commercial Robbery February 18 at 6:25 p.m., officers responded to a robbery at a business in the 100 block of W. Huntington. A male suspect entered the location wearing a grey and green hooded sweatshirt and revealed a black handgun in his waistband. He demanded money from the cash register, which the employee gave to him, placing it in a Walmart bag. The suspect then fled the location. The investigation is continuing.

Shoplifting – Suspect Arrested February 18 at 8:11 p.m., a business in the 500 block of W. Huntington reported a theft that had just occurred. The suspect concealed items on his person and exited the store. An officer responded and detained the suspect nearby. The stolen property was recovered and the suspect was arrested.

Stolen Vehicle Recovered February 18 at 10:51 p.m., a vehicle that was reported stolen earlier in the day from the 900 block of W. Walnut was recovered in Upland by the Upland Police Department. A Monrovia officer responded to Upland to process the vehicle for fingerprints. The investigation is continuing.

Domestic Battery February 19 at 7:46 a.m., a battery incident was reported in the 500 block of Cloverleaf Drive. The investigation revealed that a boyfriend and girlfriend were in a verbal argument that turned physical. The female struck her live-in boyfriend with a broom. The male complained of pain to his hand. The female was arrested for domestic battery.

Felony Hit & Run Traffic Collision February 19 at 3:51 p.m., the victim driver was traveling west on Huntington and came to a stop at Mayflower. The suspect rear-ended the victim's vehicle and then fled the area. The victim and a passenger complained of neck pain. The investigation is continuing.



THE DUARTE TEEN CENTER SERVES OUR YOUTH

Kiwanis Member, Marilyn Mays has her hands full. She is the Manager of the Duarte Teen Center. She provided an amazing update on the Teen Center's Boxing Program at a recent Duarte Kiwanis Meeting.

The Boxing Program currently has:

- 65 registered amateur boxers (25 are females!),
- 3 professional boxers (one World Champion - Rhonda Luna).

The Boxing Club's head trainer, Victor Valenzuela was inducted into the Boxing Hall of Fame and is a past recipient of the NAACP Civic award.

The Boxing Club is open to children 8 years old and up. The Boxing team has had the opportunity to travel throughout the US as well as to a number of places outside the US such as Peru, South Korea, New Zealand and Tahiti (to name a few). The Boxers who travel to these locations are selected and sponsored by USA Boxing.

There is an upcoming annual Boxing Show which is a great fund raising opportunity. In the past, Lisa Magno (a Duarte Kiwanis Member and much loved and missed member of the Duarte community) provided all the food for the Boxing Show. The Volunteer Center

of the San Gabriel Valley will be providing that service this year in Lisa's memory. Marilyn is also a key leader of the 7th annual ACT-SO competition being held on April 29th at the Duarte Sr. Center. The NAACP's Afro-Academic, Cultural, Technological and Scientific Olympiads (ACT-SO) is a yearlong achievement program designed to recruit, stimulate, and encourage high academic and cultural achievement among African-American high school students.

Marilyn and her team are looking for mentors and judges in a number of categories including Dance, Oratory, Film Making, Music Vocal, Photography, Dramatics, and even Business Entrepreneurship.

The Gold Medalists from this competition will have the opportunity to compete at the end of July in Baltimore.

The Duarte Kiwanis Club is proud to continue to support both the Duarte Teen Center and this year's Pasadena/Duarte ACT-SO competition. Pictured from left, Marilyn Mays and Duarte Kiwanis President, Cheryl Reynolds. For further information on speaking or joining the club, contact Dr. Diane Hernandez at drdiane@drhernandezoptometry.com

ALVERNO HEIGHTS ACADEMY DEFEATS CALIFORNIA ACADEMY OF MATH AND SCIENCE 1-0

The Jaguars score in overtime to advance to CIF Southern Section Quarterfinals



The Jaguars celebrate the victory



Sophomore defender Elisia Bendy (2) leaps to the ball

Story and Photos Contributed by Mylene dela Rosa P'15 & '19 Sierra Madre, CA (February 22, 2017) – The Alverno Jaguars hosted the California Academy of Math and Science Rebels in the second round of the CIF Southern Section Division 7 Playoffs. After a scoreless draw in regulation time, the Jaguars won in overtime 1-0.

The Jaguars' first offensive threat came in the 26th minute when team co-captain senior defender Nicole Lianto '17 (6) passed to sophomore midfielder Beatriz Rivas '19 (16). Rivas connected with junior midfielder Jazmin Rebollo '18 (19), but the cross to co-captain senior forward Britni Delgado '17 (11) was intercepted by a charging Rebels goalkeeper. In the 37th minute, Rebollo '18 passed to Delgado '17 in the corner who

into the second half. In the 58th minute, Rebollo '18 took a pass from Cassie Lianto '20 and connected with junior forward Natalie Scigliano '18 (5). Scigliano '18 found Rivas '18 making a run, but Rivas's shot was saved by the leaping goalkeeper. In the 64th minute, Rivas received a throw-in from sophomore defender Elisia Bendy '19 (2) and passed to Nicole Lianto '17. Lianto's through-ball to Rebollo '18 in the penalty box was intercepted by the Rebels goalkeeper. In the 66th minute, Delgado passed back to sophomore midfielder Megan Cavender '19 (22) whose shot from outside the penalty box was saved by the goalkeeper. In the 75th minute, Rivas '18 also tried a shot from distance that was saved by the goalkeeper.

The impenetrable Jaguars defense consisting of Nicole Lianto '17, junior Nikki Oberhammer '18 (17), Bendy '19, Cassie Lianto '20, and junior goalkeeper Ayanna Melin '18 (1) held the Rebels to only 1 shot on goal and allowed no corner kicks. The teams were in a scoreless stalemate after regulation.

In the 7th minute of overtime, the Rebels were called for a handball. Rebollo's free kick was deflected by a Rebels player for an own goal.

The Jaguars advance to the

quarterfinal round to face Rancho Mirage High School on Friday, February 24, 2017, at the Rancho Mirage campus.

About Alverno Heights Academy

Alverno Heights Academy is an all-girls, independent, progressive Catholic, college preparatory school dedicated to its mission of empowering each young woman to be exactly the person she wants to be. Located on the property of the former Barlow Estate in Sierra Madre, California, Alverno Heights Academy was founded in 1960 by the Sisters of St. Francis who sought to create an environment in the San Gabriel Valley where young women could become informed and knowledgeable persons. Later renamed Alverno High School and sponsored by the Immaculate Heart Community, Alverno's program—academic, spiritual, aesthetic, social, and physical—has been shaped by the staff, trustees, and students. As Alverno Heights Academy once again, the school remains committed to its mission by encouraging each of their young women to be who they imagine. For more information about Alverno Heights Academy, please visit www.alvernoheightsacademy.org.

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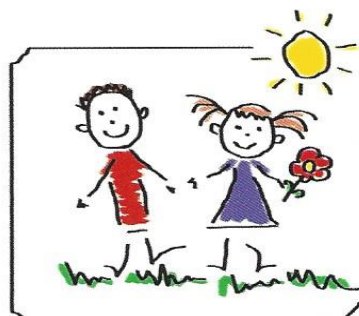


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SCHOOL DIRECTORY

ALVERNO HEIGHTS ACADEMY
200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Julia V. Fanara
E-mail address: jfanara@alvernoheights.org

Arcadia High School
180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy
41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School
240 W. Colorado Blvd. Arcadia, Ca. 91007
(626) 446-5588 Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School
93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527
Preschool-TK-8th Grade
Principal: Dr. William Walner
website: www.bcsliions.org

Clairbourn School
8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy
822 Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

Frostig School
971 N. Altadena Drive Pasadena, CA 91107
(626) 791-1255
Head of School: Jenny Janetzke
Email: jenny@frostig.org

The Gooden School
192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410
Interim Head of School, Merrily Dunlap
website: www.goodenschool.org

High Point Academy
1720 Kinneloa Canyon Road Pasadena, Ca. 91107
Head of School: Gary Stern 626-798-8989
website: www.highpointacademy.org

La Salle High School
3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Bro. Christopher Brady, FSC

Monrovia High School
325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darvin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School
725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School
2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 396-5880 Principal: Roberto Hernandez
website: <http://phs.pusd.us>

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Principal Joan Harabedian (626) 355-9028
website: www.st-rita.org

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(626) 355-1428 Principal: Esther Salinas
E-mail address: salinas.esther@pusd.us

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www.waldenschool.net

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(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School
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(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

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KEEPIN' IT LIGHT AT NIGHT



During the months of daylight savings time, when the sun light is somewhat harder to come by, it can be a challenge to work in a walk with the dog before dark. This is particularly true for those folks who have a regimen of leaving the house at the crack of dawn to embark on that commute that will, hopefully get them to work on time. Then there are those who prefer an evening walk but for whatever reason, can't get it done before dark.

I'm happy to say that I don't have to embark on a long journey to get to work, because the pets I get to spend time with are all here in town where I live. But I will say that when I do have to drive during the wee hours of the morning before sunrise, or in the evening after sundown, there have been many occasions when I've been caught off-guard by pedestrians attempting to use a cross-walk to get from one side of the street to another.

There have even been times when I've failed to see pedestrians along the street until I've passed by and noticed a dark form in my peripheral vision. It always concerns me, in retrospect, that a person could be walking so close to my moving vehicle or standing there trying to cross the street, waiting for me to stop and I didn't even see them.

I try to be vigilant and cautious while driving in the dark, and while driving in the light of day for that matter, but even still those early morning and evening walkers can be quite elusive. It is especially concerning to see people walking their dogs in the dark without reflective or lighted devices to help illuminate their presence to unwitting motorists such as myself.

Actually, I think both motorists and pedestrians could try a little harder to ensure that walking along a darkened street is a safe activity for all involved. And considering the inherent risks associated with embarking on a dark outing with one's beloved little wiggle-waggler, a wise walker will be prepared with the proper gear to steer clear of any potential obstruction - not the least of which is a moving vehicle.

Fortunately for us evening and early morning dog walkers, there are a number of devices specifically designed to keep it light at night for a safer walk around the block. With visibility enhancers, reflective vests, arm cuffs, glowing collars, flashing lights and day-glo coats now available on the shopping shelves there is, no doubt, something for everyone!

Remember, a vital key to a safe walk in the dark is ensuring that you and your pet are overtly obvious to passing motorists and what better way to make yourselves obvious than for both of you to wear lighted and/or reflective gear? Indeed it is a must for a safe walk in the dark. But common sense says lighting up isn't the only way to stay safe on a night excursion. There are a few additional safety precautions that one should take if they wish to walk safely in the dark.

Be a vigilant pedestrian on behalf of yourself and your dog. Don't walk down the middle of the street, even if you think you are safe because you don't see headlights. There are too many motorists who speed at night when they think they can get away with it. You may not see headlights at the moment, but it only takes a second for a speeder to blow through a stop sign at a cross street and spin around the corner heading in your direction.

And, as we Sierra Madreans all know very well, we are not alone in this small mountain side village. We share our living space with a variety of other creatures who

may or may not be passive observers of our presence on the streets. During the six years that I have been in the business of walking dogs, I have seen at least one of every kind of furry four-legged you can imagine while I am out and about with my four-legged buds, both in the light of day and in the dark.

I've seen coyotes, bears, big cats, skunks, opossum and deer lurking about in our town on any given day, and while they may tend to stay away from us passers by, we don't always know how our beloved canines may react to seeing them suddenly appear on our path.

I like to be prepared for such a surprise encounter whenever possible. One way to help prevent a mishap with a wild animal is to maintain a strong hold on your dog's leash at all times. This is not to say that I keep a tight rein on their collar at all times.

It just means that I am conscious of keeping a firm grip on the leash. I hold the loop end of the leash in one hand and I keep a tight hold on the leash about half way down, to ensure that one hand or the other will catch the leash in good time before the dog is too far out my reach.

Some pups are pretty passive when it comes to meeting up with other animals on the street, while others tend to me a bit more aggressive. This may be due to having been startled by the presence of an unknown animal, or simply because they are acting on their own instincts to protect you from the other creature. For whatever reason, it is very important to prevent that close encounter for the safety of your pet and yourself.

There are also other devices to help ensure a safe walk with your dog, whether it be during the light of day or after dark. There are air-blowers that make a loud noise to scare a wild beast away and some folks use whistles for this purpose as well. And while I personally don't use it, there is also pepper spray available to force a would-be wild attacker to back off.

Safety preparedness is a smart way to start a walk with a dog, and the tips mentioned here are certainly attainable means of being prepared. Ultimately, however, it is my opinion that the most clear and present danger one might face during an after-dark walk in Sierra Madre is the potential to not be seen by a passing motorist.

For this reason, I highly recommend a stop at the local pet shop, or a visit to one of the many pet supply web sites on line, to find the right light and reflective device(s) for yourself and your pet to wear on your walk. Better safe than sorry! It only takes one time for the kind of injury that can occur when a fast moving vehicle inadvertently comes into contact with a fragile body, be it a two- or four-legged one. Be safe, keep it light at night, love and let live!



AMERICAN CANCER SOCIETY - BARK FOR LIFE! SATURDAY, MARCH 4, 2017 - 10AM – 1PM

WHAT: BARK FOR LIFE – A Canine Event to Fight Cancer

WHERE: Arcadia Dog Park (Eisenhower Park) located on the corner of Colorado Boulevard and Second Avenue: 601 N. Second Avenue, Arcadia, CA 91006.

WHO: All dog owners and (and lovers); the Hope Can Cure Cancer Club from Arcadia High School; the American Cancer Society Relay for Life; and the City of Arcadia's Recreation and Community Services Department.

WHEN: Saturday, March 4, 2017

Registration begins at 9:15am; Opening Ceremonies start at 10:00am

Registration: \$15.00 per dog, \$10.00 for the second dog! The City of Arcadia along with the Hope Can Cure Cancer Club from Arcadia High School is hosting a Bark for Life Event. Bark for Life is a noncompetitive walk event for dogs and their owners to raise funds for the American Cancer Society's fight against cancer. Bark for Life is directly related to Arcadia's Relay for Life and shares the theme, "Celebrate. Remember. Fight Back." So bring your best canine friends and join us for a fun-filled day starting with a walk, and continuing with demonstrations, contests, and games. Please remember dogs must be on a leash and please be ready to clean up after your four legged friends.

By supporting Bark for Life, you help the American Cancer Society save lives, and that helps us move closer to our ultimate goal of creating a world with less cancer and more birthdays. To register your dog, please visit: www.relayforlife.org/barkarcadia. The cost is \$15 for your first dog and \$10 for your second dog.

For information contact: City of Arcadia, Recreation and Community Services, 626.574.5113 or Carter L. Spruill at barkarcadia@hotmail.com or call 323.309.3954.

About the City of Arcadia

Nestled in the foothills of the San Gabriel Mountains, Arcadia is an 11.38 square mile community with a population of just over 56,000. Located approximately 20 miles east of downtown Los Angeles, Arcadia is known for combining small-town charm with the conveniences and amenities of a mid-size city. Arcadia is a full-service charter city governed by a five-member City Council, elected at large. Recognized for exceptional education and recreation opportunities and beautiful neighborhoods, Arcadia is also defined as the "Community of Homes" and has twice been designated the "Best City in California in which to Raise Kids" by Business Week Magazine.

LOOKING FOR A BEST FRIEND

Kermit is a four-year old "Red" or "Irish Red" Staffordshire terrier mix with great looks and a fun loving personality that is just as silly as the other famous Kermit. He has a beautiful butterscotch-colored coat with white patches on his chest and paws and a big smile that is literally from ear to ear.

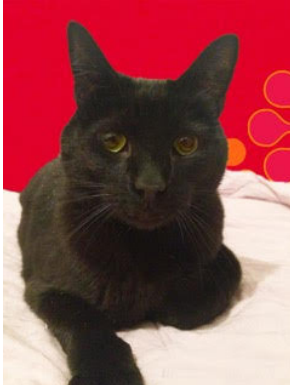
Kermit came to the shelter after officers from the San Gabriel Police Department found him tied to a fire hydrant. It is unknown how long he had been tied and abandoned in such manner but we are glad that he was first found by the officers who in turn brought him to the shelter.

Despite being abandoned this way he still trusts and loves people. He does well on the leash, responds well to commands, and has been known at the shelter for being a "leaner" dog. This



means that he really enjoys walking next to his human very closely, as if he's leaning on him or her.

If you are looking for a loving dog who's looking for someone to lean on; please come on by and meet Kermit the dog! Kermit's adoption fee is \$145 and includes neuter surgery, vaccinations, microchip and a free wellness exam at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Kermit. ID#24406. He currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel which is located off San Gabriel Blvd, north of Mission and south of Las Tunas Drive. To arrange a 'Meet and Greet' with Kermit, please stop by any time from 10:30am to 4:30pm Tuesday through Sunday. Website: www.sgvhumane.org.



Even skittish kitties deserve a loving home! Please take another look at SCOUT, age 7. Scout is a gentle and sweet little guy. He's beautifully all shiny black. Scout will be shy at first until he gets to know you, but after that he will love to be next to you and be petted or get a tummy rub. Black kitties are often overlooked by

adopters, and, being shy, Scout has been waiting for a real home for 7 YEARS!! Please make it Scout's

lucky day & help him find a home by St. Patrick's Day! Call 626-676-9505 for a Meet & GreeAdoption fee is \$100, but may be discounted if you ask, which includes spay, microchip, exam & vaccines. A great savings! Our cats are negative FELV/FIV unless otherwise indicated. See more pictures, videos, adoption info & application on our website, www.lifelineforpets.org. Sorry, we are not accepting cats at this time. GOOD NEWS: WILBUR has been adopted!

Katnip News!



HEALTHY LIFESTYLES

THE JOY OF YOGA MIND-BODY CONNECTION



In many ways, our yoga practice is always about establishing and re-establishing the mind-body connection. The

connection is so deep, so continuous and completely interdependent. All of our experiences--birth until present moment-- are held, absorbed and "seated" in the body, down to the cellular level. Think of the amount of experiences that take place between the hips, for example. Creation of life happens here, emotions are held here. Our backs often carry our burdens, hence the pain in the lower back. Our lungs and breath are affected when we're anxious, scared or repressing our feelings. Sickness can evolve when our feelings haven't been expressed fully or in a healthy way. You can imagine that the way we think affects our body, and our body affects the way we think. Thus, our yoga practice can bring stuff up and release emotions. It also can facilitate healing. Step one to healing and letting go is to become aware of what's

going on with the body. Step two is to notice the mind's reaction to this stirring of emotions or resistance. In our practice, we want to cultivate what's called, Adhikara, or a sensitivity to our awareness of the subtle body. It also means being "spiritually ready" for self-study. We peer back to the observer point of view, just noticing what's easy or hard. What's the condition of the breath? Does the mind want to check out? What's our reaction to what's taking place?

Practicing awareness, deepening our sensitivity to what's going on internally, and paying attention to the body can help us when we're not practicing yoga. We may notice the same resistance in other situations. Ultimately, the fruits of this work will be a pause in our reaction time and a present-moment oriented mind. And there is nothing unmanageable in the present moment.

Let's explore this mind-body connection through practice. Come see us at Yoga Madre!

Namaste,
Keely Totten
Teaching @ YOGA MADRE

THE MISSING PAGE

Real Life Tips from Life's Instruction Manual

AL GREEN ASKED....HOW CAN YOU MEND A BROKEN HEART?

Have you ever gone through a breakup? You know that guy. The man you date because he seems

like he may be a good fit, only to find out he is so wrong for you. If you are like me, you have had that experience once or twice. It is an interesting place to be. There are lots of lessons to be learned. That soil is rich. To learn the lesson, one must be willing to learn. It requires self-awareness.

Also, if you are like me, you might choose to leave those lessons and opt to learn them at another time. The truth is if there a lesson to be learned, that is your life assignment of the moment.

No amount ignoring the circumstance and wishing for a different circumstance will do. We must do our work and keep our eyes on our own paper.

I'm going to answer Al's question.

First, be gentle with yourself. Be kind, is the first rule of relationships, it is a good rule for how to relate to yourself as well. Remember, no one can care for you or treat you any better that you demand of yourself. As you reflect on the place you are, speak only words of loving kindness to yourself. Consider what you might say to your little sister dealing with heartbreak and say that to yourself. Be your own big sister. This is part of that rich soil. No one is going treat any better than you treat yourself.

Make a declaration to the Universe, "I deserve loving kindness." Then, give yourself time to heal.

Next, be honest with yourself. This is not the time to demonize your former sweetheart. Nor it the time to beat yourself up. Self-reflection is good. Self-flagellation is not helpful, refer to rule number one.

When you are finally ready to move on and are confused about how to make that happen, follow these three final steps:

Stop telling the story

There is power in your words. Your friends and family may ask for all of the juicy details of how your relationship failed. Resist the urge to tell and retell the story of how

you were done wrong. Keep your eyes focused on your healing. Each repetition of the story delays your healing and prolongs the hurt.

Lose Your Fascination with the Story

Don't dwell on the failure. Every party must come to an end. Put a limit on the length of this pity party. Your awareness is the key to all happiness. Notice where you are placing your attention. Don't allow yourself to replay every conversation. Stop the mental arguments and imaginary battles. Don't do it. Live in this moment. Gently bring yourself and your mind to this instant. Remember to breathe and remember your breath. This is not woo, woo nonsense.

Our bodies are miraculous instruments. How is possible to not marvel at the beauty of and the nourishment of our breath? Each breath is a miracle. When we feel like we can't go on, we don't have to do anything. Our bodies take care of us. Our heart that seems broken keeps beating. Our lungs that seem constricted keep circulating oxygen. Marvel at and be grateful for life expressing as you in this instant.

Look for the Good

Every life experience offers the opportunity for growth. Our human experiences are our teachers. We are required to remain awake and aware to harvest from the soil the lessons meant for us to learn. Many counselors and teachers suggest that every relationship has to potential to teach us vital information about ourselves, to equip us for our next relationship.

Ideally, if you can look for and find the good in the situation, that failed relationship will leave you stronger and more aware. When we look for the good, we eventually forgive ourselves for mistakes made and the love lost. Look for the good of this apparent circumstance, and it will be revealed. Remember that relationship is preparing you for the love of your life relationship. Follow these steps, and you will be more likely to be ready to receive real love when it comes calling.

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One of the most common questions that I get as a restaurant advocate/food Influencer (fancy name for critic on line) is where is my favorite steakhouse? The Answer: My house, nothing beats heading over to Pavilions or Howie's for a filet and bbq'n at home. Wine by the glass another story. At a restaurant that can be a very tricky situation. To this, I say "buyer beware" from the get-go. Wine by the glass can provide a huge revenue stream for your favorite restaurant. In fairness to the restaurant (and before you start calculating how much the restaurant is paying for a bottle of wine and charging for a glass), let's remember that there is often some waste once a bottle is opened. For instance, sparkling wine can't last for more than 24 hours once opened. I have sent back many an old wine back and asked for a fresh bottle, and to my surprise, without much resistance. Local sommelier and wine geek Russ Meek tells me that even reds and whites, once opened, can easily lose their luster after just a few days. My advice is to ask the server/bartender to open a "fresh" bottle - it will make you feel a whole lot better about paying that premium price.

TABLE FOR TWO by Peter Dills
thechefknows@yahoo.com

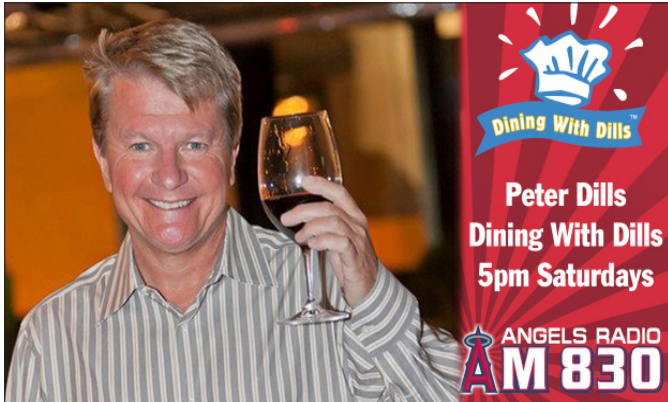
Chardonnay is the best selling wine by the glass here in California, and one that stands out to me is Rambuer Chardonnay. Hailing from the grape-rich area of Napa Valley, this higher end chardonnay satisfies those of us who like a bit of buttery and oaky chardonnay. I found this gem at one of my favorite non-home restaurants, Taylor's Steak House in La Canada. Taylor's has consistently offered a very good wine by the glass program; they aren't giving it away, but you won't feel like you've been gypped. Rombauer Chardonnay is light gold in color, well balanced, and the finish is crisp and clean. Some of my wine snob friends have called it "overrated" but I don't agree. This is a fantastic special occasion wine or a treat at a medium to higher end restaurants. The supply is ample, and you should have no problem finding it at your local market. ALC Content 14.4% Closure: Corked

Dills Score 91

Retails around \$34; on sale for \$30

Each week I will give you my Dills Score. Starting with a base of 50 points, I added 8 points for color, 8 points for aroma or "nose", 8 points for taste, 9 points for finish, and 8 points for my overall impression, which includes my value rating.

Email Peter at thechefknows@yahoo.com and follow me on Twitter @KINGOFCUISINE. Listen to Dining w/Dills on KLAA 830 AM on Sundays at 5PM. Join me also on "Meet Up" where we meet at local restaurants for delicious wines.



INGREDIENTS

CAKE

1. One 7-ounce bag sweetened shredded coconut (2 cups), finely chopped
2. 1/2 cup sweetened condensed milk
3. 1 large egg white
4. 2 cups all-purpose flour
5. 1/2 cup unsweetened cocoa powder
6. 2 teaspoons baking powder
7. Scant 1/2 teaspoon baking soda
8. Scant 1/2 teaspoon salt
9. 1 1/2 sticks (6 ounces) unsalted butter, softened
10. 1 cup plus 2 tablespoons sugar
11. 3 large eggs
12. 3 ounces bittersweet or semisweet chocolate, melted and cooled
13. 2 1/4 teaspoons pure vanilla extract
14. 1 1/2 cups plain nonfat yogurt

GLAZE

1. 1/2 cup sugar
2. 1/4 cup water
3. 1 tablespoon unsweetened cocoa powder
4. 1/2 teaspoon pure vanilla extract

DIRECTIONS

1. MAKE THE GLAZE Preheat the oven to 350°. Butter and flour an 8-cup Bundt pan. In a small bowl, mix the chopped coconut with the condensed milk and egg white. Transfer the coconut mixture to a large sheet of plastic wrap. Using your hands, roll the coconut into an 18-inch rope. Wrap and refrigerate until slightly firm, at least 20 minutes.
6. In another small bowl, sift the flour with the cocoa, baking powder, baking soda and salt. In a large bowl, using an electric mixer, beat the butter until creamy. Add the sugar and beat until light and fluffy. Add the eggs, 1 at a time, beating well after each addition. Add the melted chocolate and the vanilla and beat until the batter is smooth. Beat in the dry ingredients in 3 batches, alternating with the yogurt.
7. Scrape the batter into the prepared pan and smooth the surface. Unwrap the coconut rope and join the ends to form a circle. Lay the coconut rope on the cake batter, centering it in the pan. Press the coconut into the batter until it is submerged in 1 inch of batter. Bake the cake for 1 hour, or until a toothpick inserted in the center comes out clean. Let cool in the pan for 10 minutes, then invert onto a rack to cool completely.
8. In a medium saucepan, combine the sugar and water and bring to a boil; stir to dissolve the sugar. Whisk in the cocoa and vanilla and let cool. Brush a thin layer of the glaze over the cake and let dry slightly. Repeat 3 more times, letting the glaze dry slightly before brushing the cake again. Refrigerate until the glaze is set and slightly cracked before serving.

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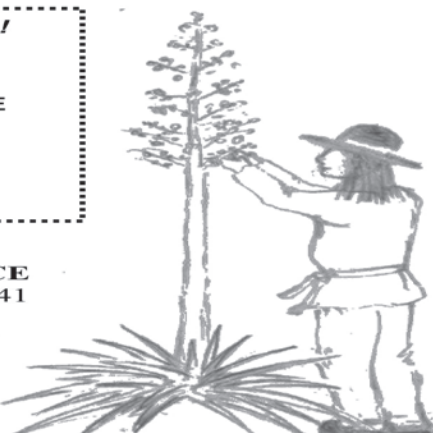
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*First weekend in February
will be Saturday and Sunday

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CHOOSING THE BEST ASSISTED LIVING FACILITY

Dear Savvy Senior,
What tips can you offer for choosing a quality assisted living facility for my mom? Her health and mental abilities have declined to the point that she can't live alone anymore but isn't ready for a nursing home either.

Looking Around

Dear Looking,
If your mom needs some assistance with daily living activities like bathing or getting dressed, managing her medications, preparing meals, housekeeping, laundry or just getting around, an assisted living facility is definitely a good option to consider.

Assisted living facilities are residential communities that offer different levels of health or personal care services for seniors who want or need help with daily living.

There are around 40,000 assisted living facilities (also called board and care, supportive-care or residential-care facilities) in the U.S. today, some of which are part of a retirement community or nursing home. Most facilities have between 25 and 125 suites, varying in size from a single room to a full apartment. And some even offer special memory care units for residents with dementia. Here are some steps you can take to help you choose a good facility.

Make a list: There are several sources you can turn to for referrals to assisted living facilities in your area including your Area Agency on Aging (call 800-677-1116 to get your local number), family doctors or local senior centers, or online search services like Caring.com.

Call your ombudsman: This is a government official who investigates long-term care facility complaints and advocates for residents and their families. This person can help you find the latest health inspection reports on specific assisted living facilities, and can tell you which ones have had complaints or other problems. To find your local ombudsman, visit LTCombudsman.org.

Call the facilities: Once you've narrowed your search, call the facilities you're interested in to find out if they have any vacancies, what they charge and if they provide the types of services your mother needs.

Tour your top choices: During your visit, notice the cleanliness and smell of the facility. Is it homey and



inviting? Does the staff seem responsive and kind to its residents? Also be sure to taste the food, and talk to the residents and their family members, if available. It's also a good idea to visit several times at different times of the day and different days of the week to get a broader perspective.

On your visit, get a copy of the admissions contract and the residence rules that outline the facilities fees, services, and residents' rights, and explains when a resident might be asked to leave because their condition has worsened and they require more care than the facility can provide.

Also find out about staff screening and training procedures, and what percentage of their staff leaves each year. Less than 30 percent annually is considered good. More than 50 percent is a red flag. To help you rate your visit, Caring.com offers a checklist of questions that you can download and print at Caring.com/static/checklist-AL-tour.pdf.

Paying for care: Monthly costs for assisted living ranges anywhere from \$2,500 to \$5,000 or more, depending on where you live, the facility you choose and the services provided. Since Medicare does not cover assisted living, most residents pay out-of-pocket from their own personal funds, and some have long-term care insurance policies.

If your mom is lower-income and can't afford this, there are many states that now have Medicaid waiver programs that help pay for assisted living. Or, if she's a veteran, spouse or surviving spouse of a vet, she may be able to get funds through the VA's Aid and Attendance benefit. To find out about these programs, ask the assisted living facility director, or contact her local Medicaid office (see Medicaid.gov) or regional VA office (800-827-1000).

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

SENIOR HAPPENINGS



HAPPY BIRTHDAY! ...February Birthdays*

Beatrice DaRe, Cathrine Adde, Hilda Pittman, Anne-Marie Stockdale, Susan Henderson, Peter Lippincott, Georgia Lippincott, Allie Attay, Ursula El-Tawansy, Gladys Moser, Sylvia Lorhan, Ana Ptanski, Winifred Swanson, Marian DeMars, Vickie Vernon, Mary Beth Knox, Sharon Lefler, Gordon Caldwell.

* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required



ACTIVITIES: Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

Hawaiian & Polynesian Dance Class: Every Tuesday morning from 10a.m. to 11a.m. Join instructor Barbara Dempsey as she leads you in the art of

Hula.

Bingo: Every Tuesday beginning at 1:00p.m. Cards are only \$0.25 each! Everyone is welcome to join. May be canceled if less than five people.

Free Blood Pressure Testing: 2nd Tuesday of the month from 11a.m. to 12p.m. No appt. is necessary.

Brain Games: Thursday, January 19th, 10:30a.m. - 11:30a.m., improve your memory and strengthen your brain. Activities facilitated by Senior Volunteers.

Free Legal Consultation: Wednesday, January 25th from 10:30a.m. to Noon. Attorney Lem Makupson is available for legal consultation. He specializes in Family Law, Wills, Trusts, Estates, and Injury. Appointments are required by calling 626-355-7394.

Sing-A-Long: Music brings joy to the soul! Come join us Thursday, January 12th, 10:30a.m. to 11:30a.m. No music skills needed!

Senior Club: Every Saturday at the Hart Park House Senior Center. Brown Bag Lunch at 11:30a.m.

Chair Yoga: Mondays and Wednesdays from 11:00 to 11:45a.m. with Paul Hagen. Third Monday of each month, a variety of balance exercises are practiced. All ability levels are encouraged and welcomed. A suggested donation of \$5 at one of the classes is requested, but is not required.

Case Management: Case Management services are provided by the YWCA and provide assistance in a variety of areas. Appointments are required and can be scheduled by calling the Hart Park House Office at 626-355-7394.

Birthday Celebrations: Every 2nd Thursday of the month at the Hart Park House, share some free birthday cake provided by the Sierra Madre Civic Club.

Game Day: Every Thursday starting at 12:00p.m. (Please note the time change.) A regular group of Seniors play poker. Other games are available for use.

Free Strength Training Class: Every Friday from 12:45p.m. to 1:30p.m. with Lisa Brandley. The class utilizes light weights for low impact resistance training. All materials for the class are provided.

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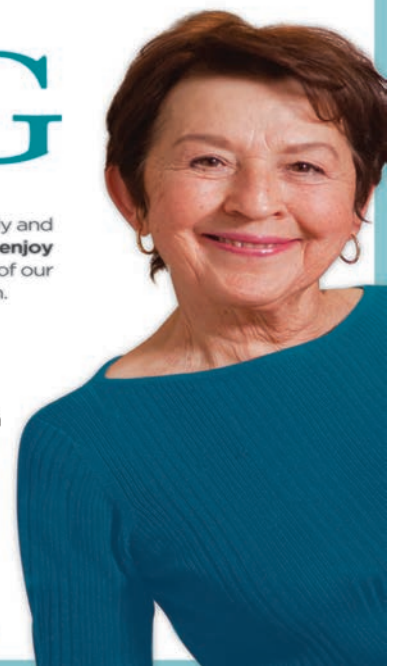
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Looking Up with Bob Eklund



SEVEN HABITABLE-ZONE PLANETS FOUND AROUND SINGLE STAR

NASA's Spitzer Space Telescope has revealed the first known system of seven Earth-size planets around a single star. Three of these planets are located in the habitable zone, the area around the parent star where a rocky planet is most likely to have liquid water.

The discovery sets a new record for greatest number of habitable-zone planets found around a single star outside our solar system. All of these seven planets could have liquid water—key to life as we know it—under the right atmospheric conditions.

"This discovery could be a significant piece in the puzzle of finding habitable environments, places that are conducive to life," said Thomas Zurbuchen, associate administrator of the agency's Science Mission Directorate in Washington. "Answering the question 'are we alone' is a top science priority and finding so many planets like these for the first time in the habitable zone is a remarkable step forward toward that goal."

At about 40 light-years (235 trillion miles) from Earth, the system of planets is relatively close to us, in the constellation Aquarius.

Using Spitzer data, the team precisely measured the sizes of the seven planets and developed first estimates of the masses of six of them, allowing their density to be estimated.

Based on their densities, all of the TRAPPIST-1 planets are likely to be rocky. Further observations will not only help determine whether they are rich in water, but also possibly reveal whether any could have liquid water on their surfaces. The mass of the seventh and farthest exoplanet has not yet been estimated—scientists believe it could be an icy, "snowball-like" world, but further observations are needed.

In contrast to our sun, the TRAPPIST-1 star—classified as an ultra-cool dwarf—is so cool that liquid water could survive on planets orbiting very close to it, closer than is possible on planets in our solar system. All seven of the TRAPPIST-1 planetary orbits are closer to their host star than Mercury is to our sun. The planets also are very close to each other. If you were standing on one of the planet's surface, you could gaze up and potentially see geological features or clouds of



neighboring worlds, which would sometimes appear larger than the moon in Earth's sky.

The planets may also be tidally locked to their star, which means the same side of the planet is always facing the star, therefore each side is either perpetual day or night. This could mean they have weather patterns totally unlike those on Earth, such as strong winds blowing from the day side to the night side, and extreme temperature changes.

Spitzer, an infrared telescope that trails Earth

as it orbits the sun, was well-suited for studying TRAPPIST-1 because the star glows brightest in infrared light, whose wavelengths are longer than the eye can see. In the fall of 2016, Spitzer observed TRAPPIST-1 nearly continuously for 500 hours. Spitzer is uniquely positioned in its orbit to observe enough transits of the planets in front of the host star to reveal the complex architecture of the system. Engineers optimized Spitzer's ability to observe transiting planets during Spitzer's "warm

mission," which began after the spacecraft's coolant ran out (as planned) after the first five years of operations.

"This is the most exciting result I have seen in the 14 years of Spitzer operations," said Sean Carey, manager of NASA's Spitzer Science Center at Caltech.

You can contact Bob Eklund at: b.eklund@MtnViewsNews.com.



CHRISTOPHER Nyerges ON MULTI-TASKING

[Nyerges is the author of "Extreme Simplicity," "Self-Sufficient Home," "How to Survive Anywhere," and other books. He can be reached at www.SchoolofSelf-Reliance.com or Box 41834, Eagle Rock, CA 90041.

My friend and I were checking out at a small grocery store. The clerk was on her cell phone, an obviously personal call, and yet she managed to check each item with mechanical efficiency. She smiled towards us, without actually looking at us. She spoke the price, I handed her some bills, and she returned the correct change. The groceries were bagged and we walked away.

I was a bit nonplussed, even though this scene has become way too normal. To speak on a cell phone to someone else while handling a paying customer is the antithesis of service. My friend told me I was making a big deal out of nothing.

"Besides, I do that all the time at my office and home," she smiled. "Multi-tasking."

"Really?" I responded. "So that's your fancy word for doing two things at the same time and doing them both poorly?"

"But that clerk didn't do her job poorly," my friend protested. "You got the correct change, right?"

"Yes, I got the correct change but that's not the point. Let's just say that if she were my employee, she'd get one warning and then I'd fire her."

"But that was a small store," my friend said. "How do you know that she wasn't the boss?"

"I don't know that," I said, trying to explain why I felt that we'd just had less than an ideal interaction. Perhaps it was because the clerk's mind was elsewhere, and that I believe you really cannot do two things simultaneously, and do them each well, which is why it is illegal to talk on a cell phone and drive. I asked my friend to explain what sort of "multi-tasking" she does at work.

"You know, the usual," she responded. She described a variety of tasks such as paperwork, letters, taking phone calls, reading e-mails. "If you don't give a task your full attention, do you think the task suffers?" I asked.

She thought about it. "Not really," she said. "As long as I do an adequate job, there's no



problem."

"But what if you are talking face-to-face to someone and you're still typing or shuffling papers. Don't you feel that the person will feel slighted?" I asked.

"Well, I suppose it depends on the person," she responded. I dropped the subject for fear that if I pushed my point further, a friend would soon be a former friend.

I'm not a big fan of so-called "multi-tasking." I think it's a somewhat fraudulent, self-deceptive concept where you believe you're doing more than you actually can do. It's a belief that by moving a lot of stuff around, that your quantity is more important than quality. This is probably one of the reasons why the quality of goods and services has declined.

In a similar vein, today there are many multi-purpose tools now on the market, such as a tool which promises to be a hammer, a screwdriver, a saw, a shovel, a can opener and pliers. Such tools do about 40 tasks poorly and none well.

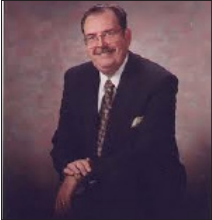
I do believe that Swiss Army knives pack a lot of quality into a little package, though they cannot handle big jobs. The Leatherman tool is also generally a good combination tool because it is well made.

But as a rule of thumb, the more tasks a tool claims, the more poorly it performs. And, generally, as the price lowers, so does the performance and longevity of the tool.

In my world view, it is better to have just a few quality tools that a tool box full of cheap tools that mostly result in frustration.

My friend reminded me that the benefit of her "multi-tasking" is that she gets more done at a lower cost, more quickly. I had to think about what that means.

Yes, true quality – in a service or in a product – takes more time and costs more. And because most of us want it now and want it cheap, we've created a frustrating world of low quality service and goods. Change will only come slowly, when enough of us realize that fast and cheap is just a quick thrill with no lasting satisfaction.



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

WHERE IN THE WORLD DOES TIME GO?

I remember my grandfather telling me that the older you get the faster time flies. Laughing at him at the time I thought it was another of his little stories he loved telling.

Just the other day I caught myself telling one of my grandchildren, "The older you get the faster time flies." Then it occurred to me. I am my grandfather. I am not sure how I got here, but here I am.

It is hard keeping up with things, especially when time ticks by so fast. Just when you think you are all caught up, you realize you have to start it all over again.

I was complaining about this the other day to the Gracious Mistress of the Parsonage. Normally, I try not to do any complaining in her presence. She has the ability of turning my complaint upside down and confusing me to the extent that I have no idea what I am complaining about.

In my complaint I said, "Where does time go?"

"Where," my wife said rather sarcastically, "do you want time to go?"

I had to stop and think about that one. In fact, I am still trying to think about that one. To be rather honest, I do not know where I want time to go. The only thing I do know is, I do not want it to go by so fast. Why can't time slow down just a little bit, especially as I get older.

In my confused state of mind my wife said, "Would you do me a favor and go to the grocery store and pick up some items? I just don't have enough time to do it myself."

Whenever my wife asked me to do her a "favor," I believe there should be some kind of a recompense for my time. After all, my time is valuable, at least to me it is.

So, I said, "Would you mind..." and my wife interrupted, "Yes, I would, just get what is on the list. I need it tonight."

Being of a husband mentality, all I really heard her say was "yes."

As I was headed out the door, I heard her say, "And hurry, I need that stuff for this evening."

I looked at the list and there were about 12 items she wanted me to get at the grocery store.

Because time was of the essence, I tried to hurry us much as I could. In Pennsylvania we have an old saying that says, "The hurrier I go the behinder I get." Believe me, much of my life has been in the behinder category.

Before starting out, I glanced at the list to make sure I knew what she wanted. I got to the grocery store, parked my vehicle and then went in and got a shopping cart and started my journey of shopping. Which I really, really hate. Shopping is not a favorite thing of mine.

Starting up the first aisle, I grabbed for the shopping list to see what my first item would be. I checked my shirt pocket, no shopping list. I searched all of my pockets and much to my chagrin, no shopping list.

I may have left it in my vehicle, but since time was of the essence, I did not have time to go back to try to look for it. I thought I could do everything from memory. After all, I do not use my memory that often so I should be in good standing.

I threw about six items in the shopping cart and then looked at my watch. I was running out of time. Time goes so quickly when you are trying to remember something, especially your wife's shopping list.

Knowing there were around 12 items on the shopping list I sank into panic mode. What were those other six items? For the life of me, I could not remember.

I did have an option I thought about. I could call my wife on my cell phone and ask her to text me the list. Then, I would be in trouble because I would not have enough time to call her and then get the items and get home in time.

I tried to put in things I thought were on the list, but it was getting late. Time was running out.

Then I did something I would later regret. Headed towards the checkout line, I passed the bakery where they had Apple fritters on sale. Without even stopping, because time was getting away from me, I grabbed two apple fritters and threw them in the shopping cart.

Why I did that, who knows.

When I brought all the items from the grocery store and put them on the kitchen table, my wife looked them over and informed me that I only got two items on her list. "Why didn't you get the rest of the items?"

All I could say was, "I'm sorry, time got away from me." Believe me when I say, that will be the last time I use that excuse.

I could not help but think of a verse of Scripture. "To every thing there is a season, and a time to every purpose under the heaven" (Ecclesiastes 3:1).

Everybody has the same amount of time; it's how you use that time that really makes the difference. Time, as I have discovered, is no excuse for not getting something done.

Dr. James L. Snyder is pastor of the Family of God Fellowship, 1471 Pine Road, Ocala, FL 34472. He lives with his wife in Silver Springs Shores. Call him at 352-687-4240 or e-mail jamesnsnyder2@att.net. The church web site is www.whatafellowship.com.

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SECTION B

AROUND SAN GABRIEL VALLEY



Measure H Fact Sheet

VOTE YES ON MARCH 7th!

What is Measure H?

Measure H, the "Los Angeles County Plan to Prevent and Combat Homelessness" is the March 7 ballot measure that will end homelessness for 45,000 families and individuals across Los Angeles County within five years. It will also prevent homelessness for 30,000 individuals and families over the same time period, including women and children, veterans, seniors, foster youth, and survivors of domestic violence.

Why Do We Need Measure H?

The number of individuals and families estimated to be experiencing homelessness in LA County in January 2016 was 46,874, an overall increase of 2,515 people (6%) from 2015 (44,359) and 19% more than in 2013. The number of people living in encampments, tents and vehicles increased by 20% from 2015 to 2016 and a staggering 123% from 2013 to 2016.

How Will Measure H Work?

Measure H will invest \$355 million a year for 10 years in the solutions that have been proven to prevent and end homelessness, including:

- Homelessness prevention services
- Comprehensive supportive services, like mental health care and job training
- Long term solutions like permanent housing

How is This Different than Proposition HHH?

Measure H funding will have an immediate impact and it will bring quick relief to those suffering on our streets.

Proposition HHH passed in the City of Los Angeles in November 2016 and builds housing for chronically homeless people. Measure H will primarily fund services and shorter term housing to help people get back on their feet—and cover the entire County of Los Angeles. The two initiatives work in cooperation with each other, but focus on different strategies that prevent and end homelessness.

Who Will Receive Measure H funding?

90% of individuals and families experiencing homelessness do not live on "Skid Row". Measure H funds will therefore be allocated equitably across the County.

Measure H will support both non-profit homeless service providers, like LA Family Housing in the San Fernando Valley, Union Station Homeless Services in the San Gabriel Valley, Harbor Interfaith Services in San Pedro, just to name a few—as well as public sector agencies like the L.A. County Department of Mental Health.

Is Measure H Funding Guaranteed to Help People Who are Homeless?

Yes, Measure H is a "special" ¼ cent sales tax, which means it can only be used for the specific purposes of funding homeless services and housing. The Measure specifically lists the strategies that can be funding, and resources can only be allocated to those strategies.

The average consumer would pay a little more than a dollar a month to help prevent and end homelessness in Los Angeles County.

Who Will Monitor the Use of Measure H Funds?

The bond will create a five-member Citizens' Oversight Advisory Board to review all expenditures from the special sales tax and evaluate the effectiveness of the funded programs. There will also be an annual independent audit on the collection and use of funds.

Who Supports Measure H? (partial list)

A Community of Friends
American Academy of Social Work
Bend the Arc
Beverly Hills/Greater LA Association of Realtors
California Community Foundation
Children's Defense Fund
Chrysalis
Climate Resolve
Community Corporation of Santa Monica
Corporation for Supportive Housing
Diverse Strategies for Organizing
Downtown Women's Center
EAH Housing
Enterprise Community Partners
Epath
FAST
Good Seed Community Development Corporation
Heal the Bay
Hospital Association of Southern California
IBEW Local 11
Inner City Law
Integrated Recovery Network
Jovenes, Inc.
L.A. County Democratic Party
LA Family Housing
LA Voice - PICO
LACCD
Los Angeles County Business Federation (BizFed)

Los Angeles County Federation of Labor, AFL-CIO
League of California Cities, Los Angeles County Division
League of Women Voters of Los Angeles County
Mental Health America of Los Angeles
National Center of Excellence in Homeless Services
New Direction for Veterans
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Pacoima Beautiful
PATH
River LA
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SEIU 721
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Dear Mountain Views News,

Recently, The Los Angeles County Sheriff's Department was made aware that a political mailer has circulated depicting an official looking document from the Sheriff's Department.

This message is to assure residents that the political mailer depicted in the photos attached to this message is counterfeit and could mislead members of the public to believe they are subject to legal action by the Sheriff's Department. The use of this mailer is unauthorized and unlawful under the California Business and Professions Code.

California Business and Professions Code § 17533.6 prohibits a nongovernmental entity from using a trade or brand name, seal, emblem, or insignia in a manner that can be construed as implying local governmental approval, unless the nongovernmental entity has an express connection with or the approval or endorsement of that governmental entity.

If you have received the mailer depicted, please note it is not an official Los Angeles County Sheriff's Department document and the political group using this mailer has been put on notice by County Counsel that they must cease and desist using it.

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On the Marquee:

Notes from the Sierra MadrePlayhouse

Sierra Madre Playhouse

A WRINKLE IN TIME

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DIRECTED BY CHRISTIAN LEBANO
ORIGINAL MUSIC BY SEAN PAXTON

A Wrinkle in Time is produced by special arrangement with Stage Partners. (www.yourstagepartners.com)
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March 10 to April 22, 2017

Tickets: 626-355-4318 or SierraMadrePlayhouse.org

One dark and stormy night, the eccentric Mrs. Whatsit arrives at the home of Meg Murry, a young teen who doesn't fit in at her New England high school. Aided by Mrs. Whatsit and her friends, Meg, her gifted brother Charles Wallace, and her friend Calvin are transported on an adventure through time and space to rescue her father from the evil forces that hold him prisoner on another planet. John Glore's delightful, wildly theatrical adaptation bring the beloved Newberry-winning novel to life

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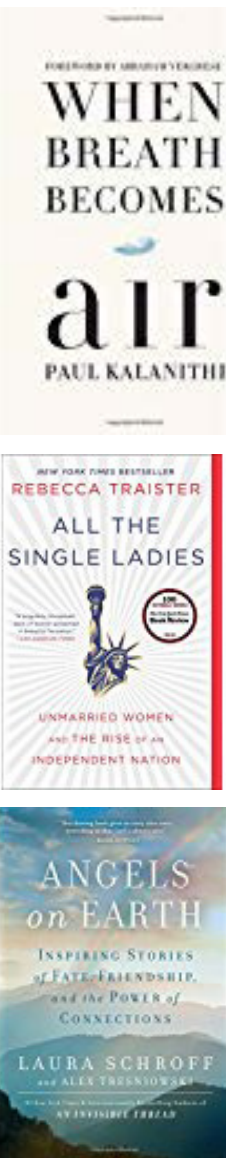
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Jeff's Book Pics

By Jeff Brown

Angels on Earth: Inspiring Stories of Fate, Friendship, and the Power of Connections by Laura Schroff & Alex Tresniowski
From the #1 New York Times and international bestselling authors of An Invisible Thread comes a heartwarming and inspiring book about the incredible impact that acts of kindness from strangers can have on the world around us. One day in 1986, Laura Schroff, a busy ad sales executive, passed an eleven-year-old boy panhandling on the street. She stopped and offered to take him to McDonald's for lunch. 20 years later, at Laura's fiftieth birthday party, Maurice Mayzck gave a toast, thanking Laura for her act of kindness, which ended up changing the course of his life. In that toast, Maurice said that when Laura stopped on that busy street corner all those years ago, God had sent him an angel. Laura's invisible thread journey has deepened her belief that angels, divine and otherwise, are all around us. After An Invisible Thread was published in 2011, readers from around the country and world began sharing with Laura their own stories about how chance encounters with strangers have changed their lives. From a woman who saved a life simply by buying someone a book, to a financier who gave a stranger the greatest gift of all, to a teacher who chose a hug over discipline and changed a lost boy's future. The book will introduce a series of remarkable people whose invisible thread stories will move, surprise, and inspire readers. Angels on Earth sheds light on how each of us can live happier, more purposeful lives through sharing acts of kindness.

When Breath Becomes Air by Paul Kalanithi
Named one of the best books of the year by the Washington Post, NPR and the New York Times. At the age of thirty-six, on the verge of completing a decade's worth of training as a neurosurgeon, Paul Kalanithi was diagnosed with stage IV lung cancer. One day he was a doctor treating the dying, and the next he was a patient struggling to live. And just like that, the future he and his wife had imagined evaporated. The book chronicles Kalanithi's transformation from a naive medical student "possessed," as he wrote, "by the question of what, given that all organisms die, makes a virtuous and meaningful life" into a neurosurgeon at Stanford working in the brain, the most critical place for human identity, and finally into a patient and new father confronting his own mortality. What makes life worth living in the face of death? What do you do when the future, no longer a ladder toward your goals in life, flattens out into a perpetual present? What does it mean to have a child, to nurture a new life as another fades away? These are some of the



questions Kalanithi wrestles with in this profoundly moving, exquisitely observed memoir. Paul Kalanithi died in March 2015, while working on this book, yet his words live on as a guide and a gift to us all. "I began to realize that coming face to face with my own mortality, in a sense, had changed nothing and everything," he wrote. "Seven words from Samuel Beckett began to repeat in my head: 'I can't go on. I'll go on.'" When Breath Becomes Air is an unforgettable, life-affirming reflection on the challenge of facing death and on the relationship between doctor and patient, from a brilliant writer who became both.

All the Single Ladies: Unmarried Women and the Rise of an Independent by Rebecca Traister
The New York Times bestselling investigation into the sexual, economic, and emotional lives of women is "an informative and thought-provoking book for anyone—not just the single ladies—who want to gain a greater understanding of this pivotal moment in the history of the United States" (N.Y. Times Book Review). In 2009, award-winning journalist Rebecca Traister started All the Single Ladies about the 21st century phenomenon of the American single woman. It was the year the proportion of American women who were married dropped below fifty percent; and the median age of first marriages, which had remained between twenty and twenty-two years old for nearly a century (1890–1980), had risen dramatically to twenty-seven. But over the course of her vast

research and more than a hundred interviews with academics and social scientists and prominent single women, Traister discovered a startling truth: the phenomenon of the single woman in America is not a new one. And historically, when women were given options beyond early heterosexual marriage, the results were massive social change—temperance, abolition, secondary education, and more. Today, only twenty percent of Americans are married by age twenty-nine, compared to nearly sixty percent in 1960. "An informative and thought-provoking book for anyone—not just single ladies" (N.Y. Times Book Review), The book is a remarkable portrait of contemporary American life and how we got here, through the lens of the unmarried American woman. Covering class, race, sexual orientation, and filled with vivid anecdotes from fascinating contemporary and historical figures, "we're better off reading Rebecca Traister on women, politics, and America than pretty much anyone else" (The Boston Globe).

All Things

By Jeff Brown

FRUIT AND VEG: FOR A LONGER LIFE EAT 10-A-DAY

The study, by Imperial College London, calculated such eating habits could prevent 7.8 million premature deaths each year. The team also identified specific fruit and veg that reduced the risk of cancer and heart disease. The analysis showed even small amounts had a health boon, but more is even better. A portion counts as (3oz) of fruit or veg - the equivalent of a small banana, a pear or three heaped tablespoons of spinach or peas. The conclusions were made by pooling data on 95 separate studies, involving two

million people's eating habits. Lower risks of cancer were linked to eating: green veg (eg spinach), yellow veg (eg peppers), cruciferous vegetables (eg cauliflower). Lower risks of heart disease and strokes were linked to eating: apples, pears, citrus fruits, salad, sm green leafy vegetables (eg lettuce), cruciferous veg. Not all of the 95 studies that were analysed fully accounted for other aspects of lifestyle, such as exercise levels, that could also play a role in prolonging lives. Good luck eating 10 a day!

BUSINESS NEWS & TRENDS

FAMILY MATTERS

By Marc Garlett



SIGNING UP FOR
MEDICARE: IMPORTANT
FACTS FOR THOSE
NEARING AGE 65

People who are nearing the age of 65 should begin making plans for the transition from private health care to Medicare. It is not a simple process or one that happens automatically. You have to initiate the enrollment process at a specific time or suffer a monetary penalty. It is important to understand that applying for Social Security benefits and enrolling in Medicare are two totally different things. Don't confuse your eligible age for Social Security with the eligible age for Medicare. For Medicare, it is 65; there are no variations based on your date of birth. Can I Sign Up Whenever I Want? If you are turning 65 and are not covered under a health insurance plan through your employer or your spouse's, you must enroll in Medicare during an initial enrollment period (IEP) that applies just to you. The period runs for a seven-month span beginning and ending on either side of your 65th birthday. The fourth month of the period is the month in which you turn 65. That is how you

establish your window of opportunity. If you passed the age of 65 while covered under a plan through your or your spouse's employment, you have a special enrollment period (SEP). The SEP covers any time before the employment ends, and for eight months thereafter. A word of caution here: employers with less than 20 workers may require employees turning 65 to enroll in Medicare and have the employer plan serve only as a backup insurer. What If I Missed The Deadline? If you failed to enroll during your initial or special period, you must enroll in a general enrollment period (GEP) which is in effect from January 1 to March 31 of each year. In such a case, you will be charged a penalty of 10 percent of the premiums for each full 12-month period after the end of your IEP and the beginning of the GEP. The good news for some who enroll during a GEP is that they may not have to pay any premiums for Medicare Part A coverage, so there is no penalty to be assessed. If you have contributed Medicare tax while employed for 40 quarters (10 years), you have enough credit to get Part A coverage for free. Part A covers hospital and skilled nursing facility charges. Part B, which covers doctor's services, outpatient services and medical equipment, always comes with a premium, and an enrollment penalty will be assessed as long as you are in the plan.

While the process can be complicated, these are some of the more important facts people need to know about Medicare enrollment. There are still other factors that may apply to individuals, especially anyone who is disabled and receiving Medicare benefits prior to age 65. As such, contacting the Social Security Administration (or if you need more help, contacting us) well before your 65th birthday is the smart thing to do.

MARC

Dedicated to your family's health, wealth, and happiness, A local attorney, father, and CASA volunteer (Court Appointed Special Advocate for Children), Marc Garlett is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.355.4000 or visit www.GarlettLaw.com for more information.

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City of Sierra Madre

ORDINANCE NO. 1387

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF SIERRA MADRE, CALIFORNIA, ADDING SECTION 2.04.000 "GENERAL MUNICIPAL ELECTION" TO THE SIERRA MADRE MUNICIPAL CODE RELATING TO MOVING THE CITY'S GENERAL MUNICIPAL ELECTIONS TO THE FIRST TUESDAY AFTER THE FIRST MONDAY IN NOVEMBER OF EACH EVEN-NUMBERED YEAR BEGINNING IN NOVEMBER OF 2022

WHEREAS, the City of Sierra Madre's (City) general municipal elections are held in the month of April of alternating even-numbered years to elect five members of City Council, one City Treasurer, and one City Clerk (hereinafter "City Officers"); and

WHEREAS, Senate Bill 415 (SB 415) "Voter Participation" prohibits local governments, beginning January 1, 2018, from holding an election on any date other than a statewide election date if doing so has resulted in voter turnout being at least 25% below the average turnout in that jurisdiction in the previous four statewide general elections, except as specified; and

WHEREAS, in accordance with SB 415, the City has determined that it must adopt a transition plan to consolidate its general municipal elections with a statewide election date to occur not later than November 8, 2022; and

WHEREAS, Sections 1301 and 10403.5 of the California Elections Code, authorize the City Council to reschedule its general municipal election and to increase or decrease any terms of office by not more than 12 months; and WHEREAS, the City Council desires to reschedule its general municipal election to the first Tuesday after the first Monday in November of even-numbered years to coincide with the statewide general elections beginning in November 2022.

NOW, THEREFORE, THE CITY COUNCIL OF THE CITY OF SIERRA MADRE, CALIFORNIA, DOES HEREBY ORDAIN AS FOLLOWS:

SECTION 1. Change of Election Day. Pursuant to Sections 1000 and 1301 of the California Elections Code, as of November 2022, the City's general municipal election shall be moved from April of even-numbered years to the first Tuesday after the first Monday in November of even-numbered years to coincide with the statewide general elections.

SECTION 2. Code Amendment. Section 2.04.000 of the Sierra Madre Municipal Code is hereby added to read: "2.04.000 General municipal election. Pursuant to Section 36503 of the California Government Code and Sections 1000 and 1301 of the California Elections Code, the general municipal election of the city of Sierra Madre, commencing with the 2022 election, shall be held on the first Tuesday after the first Monday in November of even-numbered years to coincide with statewide general elections."

SECTION 3. Adjustment to Terms of Office. In accordance with Sections 1301 and 10403.5 of the California Elections Code, the term of any elected City Officeholder that would have expired in April 2022 and 2024 shall, instead, expire in the same manner, but after the occurrence of the November 2022 and 2024 general municipal elections established by this Ordinance.

SECTION 4. Consolidated Elections. Pursuant to Section 1301 and 10403.5 of the California Elections Code, the City hereby requests the County of Los Angeles approve this ordinance and allow for consolidation of the City's general municipal election with the statewide general election conducted by the County in November of each even-numbered year, beginning in November 2022.

SECTION 5. Effective Date. This Ordinance shall become operative upon approval by the Los Angeles County Board of Supervisors as provided by California Elections Code Sections 1301(b)(1) and 10403(a)(1).

SECTION 6. Notice to Voters. Pursuant to Section 10403.5(e) of the California Elections Code, the City hereby requests the County of Los Angeles approve this ordinance and allow for consolidation of the City's general municipal election with the statewide general election conducted by the County in November of each even-numbered year, beginning in November 2022.

SECTION 7. Request to the County. The City Clerk shall forward a copy of this Ordinance to the Los Angeles County Board of Supervisors with a request that it be approved pursuant to California Elections Code Sections 1301 and 10403.5.

SECTION 8. Certification. Within fifteen (15) days after its passage of this Ordinance, the City Clerk of the City of Sierra Madre shall certify to the passage and adoption of this ordinance and to its approval by the Mayor and City Council and shall cause the same to be published in a newspaper in the manner required by law.

PASSED, APPROVED AND ADOPTED by the following voice vote on this 14th day of February, 2017:

AYES: Mayor Gene Goss, Mayor Pro Tem Rachel Arizmendi, Council Members John Capoccia, Denise Delmar, and John Harabedian

NOES: None

Absent: None

NOTICE OF PETITION TO ADMINISTER ESTATE OF: WALTER WELDON MAURICE CASE NO. 17STPB01017

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of WALTER WELDON MAURICE. A PETITION FOR PROBATE has been filed by CYNTHIA E. GITT in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that CYNTHIA E. GITT be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 03/14/17 at 8:30AM in Dept. 5 located at 111 N. HILL ST., LOS ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file

written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner
KEVIN J. MOORE, ESQ.
DEBBY S. DOITCH, ESQ.
MOORE & ASSOCIATES, PLC
301 E COLORADO BLVD #600
PASADENA, CA 91101
2/11, 2/18, 2/25/17
CNS-2975295#

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2017-042075

The following person(s) is (are) doing business as: 1st CAL STAR SECURITY, 18725 WRIGHT PL., ARTESIA, CA 90701. Full name of registrant(s) is (are) MOIZ A SAYIED. This Business is conducted by: AN INDIVIDUAL. Signed: MOIZ A SAYIED. This statement was filed with the County Clerk of Los Angeles County on 02/17/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 02/17/2017. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News
Dates Pub: Feb. 25, March 04, 11, 18, 2017

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2017-044321

The following person(s) is (are) doing business as: AL CIEN MARISCOS Y MAS, 636 N AVALON BLVD., WILMINGTON, CA 90744. Full name of registrant(s) is (are) ANGEL ROSALES MONTES, 636 N. AVALON BLVD., WILMINGTON, CA 90744. This Business is conducted by: AN INDIVIDUAL. Signed: ANGEL ROSALES MONTES. This statement was filed with the County Clerk of Los Angeles County on 02/22/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News
Dates Pub: Feb. 25, March 04, 11, 18, 2017

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2017-043255

The following person(s) is (are) doing business as: ALL CASH RENTALS, 821 E. 81 ST. L.A., CA 90001. Full name of registrant(s) is (are) JAYSHAWN DAQUAN MCKNIGHT SR., 821 E 81 ST. L.A., CA 90001. This Business is conducted by: AN INDIVIDUAL. Signed: JAYSHAWN DAQUAN MCKNIGHT SR. This statement was filed with the County Clerk of Los Angeles County on 02/21/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News
Dates Pub: Feb. 25, March 04, 11, 18, 2017

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2017-043104

The following person(s) is (are) doing business as: AMC SERVICES; AMC RENOVATION, 11444 VAN RUITEN ST., NORWALK, CA 90650. Mailing address: P.O. BOX 44, MONTCLAIR, CA 91763. Full name of registrant(s) is (are) MARC J. MEHAWEE, 11444 VAN RUITEN ST., NORWALK, CA 90650. This Business is conducted by: AN INDIVIDUAL. Signed: MARC J. MEHAWEE. This statement was filed with the County Clerk of Los Angeles County on 02/21/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 02/21/2017. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News
Dates Pub: Feb. 25, March 04, 11, 18, 2017

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2017-041569

The following person(s) is (are) doing business as: AMERICAN CONSTRUCTION, 852 MONTECITO DR., L.A., CA 90031. Full name

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2017-043059

The following person(s) is (are) doing business as: ARROYO CALIFORNIA COMPANY, 5675 TELEGRAPH RD. STE 400, COMMERCE, CA 90040. Full name of registrant(s) is (are) RAUL ARROYO-SANTOS, 5675 TELEGRAPH RD. STE 400, COMMERCE, CA 90040. This Business is conducted by: AN INDIVIDUAL. Signed: RAUL ARROYO-SANTOS. This statement was filed with the County Clerk of Los Angeles County on 02/06/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 02/07/2017. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News
Dates Pub: Feb. 25, March 04, 11, 18, 2017

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2017-042319

The following person(s) is (are) doing business as: PRING INTERNET ACCESS & GAMING, 8013 PIONEER BLVD., WHITTIER, CA 90606. Full name of registrant(s) is (are) FELIPE ESPINOZA JR., 1026 FINEGROVE AVE., HACIENDA HTS., CA 91745. This Business is conducted by: AN INDIVIDUAL. Signed: FELIPE ESPINOZA JR. This statement was filed with the County Clerk of Los Angeles County on 02/17/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News
Dates Pub: Feb. 25, March 04, 11, 18, 2017

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2017-046361

The following person(s) is (are) doing business as: CENTRIC APPRAISAL; COMET APPRAISAL, 155 ASHBROOK LN., POMONA, CA 91766. Full name of registrant(s) is (are) SHUO SHEN, 155 ASHBROOK LN., POMONA, CA 91766. This Business is conducted by: AN INDIVIDUAL. Signed: SHUO SHEN. This statement was filed with the County Clerk of Los Angeles County on 02/23/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 04/20/2017. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News
Dates Pub: Feb. 25, March 04, 11, 18, 2017

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2017-042310

The following person(s) is (are) doing business as: D & C MANUFACTURING, 2231 CHICO AVE., SO EL MONTE, CA 91733. Mailing address: 3114 LASHBROOK AVE., SO EL MONTE, CA 91733. Full name of registrant(s) is (are) D & C MANUFACTURING, INC., 2231 CHICO AVE., EL MONTE, CA 91733. This Business is conducted by: A CORPORATION. Signed: ISRAEL GALINDO RODRIGUEZ. This statement

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2017-046119

The following person(s) is (are) doing business as: DB94 MEDIA, 280 MANZANITA AVE., SIERRA MADRE, CA 91024. Full name of registrant(s) is (are) BRIAN WESLEY KELLY, 280 MANZANITA AVE., SIERRA MADRE, CA 91024. DANIEL ALEXANDER BLANCHETT, 280 MANZANITA AVE., SIERRA MADRE, CA 91024. This Business is conducted by: A GENERAL PARTNERSHIP. Signed: BRIAN WESLEY KELLY. This statement was filed with the County Clerk of Los Angeles County on 02/23/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News
Dates Pub: Feb. 25, March 04, 11, 18, 2017

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2017-043400

The following person(s) is (are) doing business as: DESCO FLOORS, 15708 PERILLA AVE. APT 2, PARAMOUNT, CA 90723. Full name of registrant(s) is (are) JULIO CESAR DELGADO VILLALOBOS, 15708 PERILLA AVE. APT 2, PARAMOUNT, CA 90723. This Business is conducted by: AN INDIVIDUAL. Signed: JULIO CESAR DELGADO VILLALOBOS. This statement was filed with the County Clerk of Los Angeles County on 02/21/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT

File No. 2017-044299

The following person(s) is (are) doing business as: ELIVEN PRODUCE, 1500 E OLYMPIC BLVD. UNIT 19, L.A., CA 90021. Full name of registrant(s) is (are) CLARISSA LIZABETH FRIAS, 916 N MARIPOSA AVE. APT 15, L.A., CA 90029. FILIBERTO RODRIG BARRERA, 916 N MARIPOSA AVE. APT 15, L.A., CA 90029. This Business is conducted by: A GENERAL PARTNERSHIP. Signed: CLARISSA LIZABETH FRIAS. This statement was filed with the County Clerk of Los Angeles County on 02/22/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT

File No. 2017-046161

The following person(s) is (are) doing business as: EMA NATURAL HAZARD DISCLOSURE, 8344 E. FLORENCE AVE. STE-D, DOWNEY, CA 90240. Full name of registrant(s) is (are) MARGIE PENNA, 10655 WESTERN AVE. UNIT A, DOWNEY, CA 90241. This Business is conducted by: AN INDIVIDUAL. Signed: MARGIE PENNA. This statement was filed with the County Clerk of Los Angeles County on

Mountain Views News

PUBLISHER/ EDITOR
Susan Henderson

PASADENA CITY EDITOR
Dean Lee

EAST VALLEY EDITOR
Joan Schmidt

BUSINESS EDITOR
LaQuetta Shamblee

PRODUCTION
Richard Garcia

SALES
Patricia Colonello
626-355-2737
626-818-2698

WEBMASTER
John Avery

DISTRIBUTION
Kevin Barry

CONTRIBUTORS

Chris Leclerc
Bob Eklund
Howard Hays
Paul Carpenter
Kim Clymer-Kelley
Christopher Nyerges
Peter Dills
Rich Johnson
Merri Jill Finstrom
Rev. James Snyder
Dr. Tina Paul
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Letters to the editor and correspondence should be sent to:

Mountain Views News
80 W. Sierra Madre Bl.
#327
Sierra Madre, Ca.
91024

Phone: 626-355-2737
Fax: 626-609-3285
email:
mtnviewsnews@aol.com

Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

JOHN L. MICEK



SERIOUSLY AND LITERALLY LISTENING TO TRUMP

During last year's presidential campaign, my old friend and colleague Salena Zito, writing in The Atlantic, made national headlines when she observed that the reporters covering then-candidate Donald Trump "[took] him literally, but not seriously," while supporters took him "seriously, but not literally."

Now that President Trump has called the news media "the enemy of the American people," it is time to take the former reality TV star both seriously and literally?

Trump's words - delivered last week via his favored medium, Twitter, were not the words of a duly elected leader of the world's strongest and most enduring democracy.

They were those of a strongman with little regard, or even knowledge, of the norms of a liberal democracy. And they came on the heels of Trump's frankly surreal, 77-minute, tongue-lashing of the press last Thursday.

It was a performance that staggered the imagination. For more than an hour and fifteen minutes, Trump scolded reporters he didn't like and heaped praise on those he did.

It was followed up by White House Chief of Staff Reince Priebus making the rounds of the Sunday chat shows, where he doubled-down on the boss's message.

It earned him a stiff rebuke from "Fox News Sunday" host Chris Wallace, who reminded Priebus of what should be long past obvious for the former Republican National Committee boss: Reporters don't work for the White House.

No president ever really gets along with the reporters who cover him. President Barack Obama's disdain for the Washington press corps was well-known.

President Nixon privately referred to the press as the enemy - but was apparently smart enough not to make such remarks in public, former Washington Post reporter Carl Bernstein told CNN over the weekend.

But still, Trump's remarks were understandable when viewed in the context of the Hollywood culture in which he is most at home.

In the world of the soft-touch celebrity profile, it's not uncommon for celebs and their representatives to get a say over the time, place, setting, questions and even the final, published copy.

Trump, who benefited for years from his close relationship with the New York tabs and the celebrity press, has probably come to accept largely gushing coverage and the kid-gloves treatment as the norm, not the bizarre exception that it truly is.

The frankly aggressive and adversarial coverage Trump has received from the political press runs counter to the cosseted bubble that the president has called home for the roughly five decades he's been in the public eye.

The leaks coming out of the White House and other areas of government - while a standard and badly needed feature of public affairs reporting - offend him to the core when viewed in that context.

An ego that bruises at the drop of a hat and a constant - and perhaps pathological - need for affirmation doesn't help either.

But while that explains Trump's skewed view on the treatment he thinks he should be receiving, it doesn't excuse it. Not by a longshot.

Nor does it excuse the blatant falsehoods, distortions and fabrications that have been emanating from his White House from Day One.

Writing in the New Yorker last week, the magazine's editor, David Remnick, placed Trump in a line of authoritarian leaders, from Robespierre and Vladimir Lenin to Sisi and Mugabe on down, who branded their adversaries "enemies of the people," and used it scant justification to imprison them or send them to their deaths.

So far, Trump hasn't gone that far - at least.

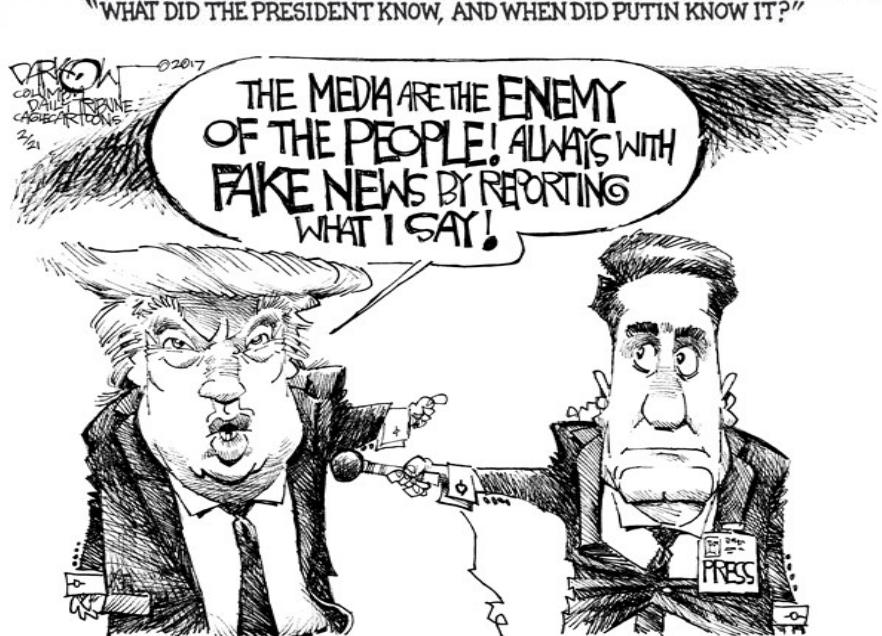
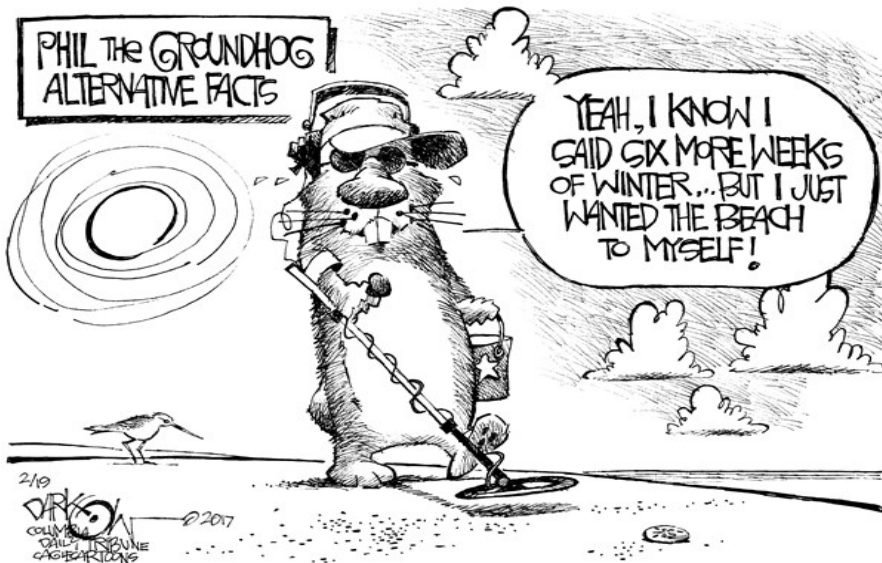
Now I'm not going to sit here and claim that journalists are without sin. Mistakes happen and there have unquestionably been times when we've been our own worst enemy.

Trump, who is likely ignorant of the historical antecedents of his remarks (though White House adviser Steve Bannon surely is not) has played on that distrust and used it to his advantage. Polls showing lagging Congress in public trust are the unfortunate result.

Journalists, meanwhile, have to be careful not to play into Trump's hands. They have to continue to hold him accountable without morphing into the "opposition party" the administration claims them to be.

After all, no one ever said being an enemy of the state was going to be easy.

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An award-winning political journalist, Micek is the Opinion Editor and Political Columnist for PennLive/The Patriot-News in Harrisburg, Pa. Readers may follow him on Twitter @ByJohnLMicek and email him at jmicek@pennlive.com.



LEFT TURN/RIGHT TURN

DICK POLMAN

NO, OBAMA IS NOT PLOTTING A 'TREASONOUS COUP'



We're all well acquainted with the fake news phenomenon - the Trumpian sewage that's routinely pumped into the brains of the dumb and numb. But the good news is, Facebook has started to fight back, working with a coalition of fact-based media outlets.

Better late than never. The 2016 campaign was festooned with phony scoops like "Pope Francis shocks world, endorses Donald Trump for president" and "FBI agent suspected in Hillary email leaks found dead in apartment in murder-suicide" and "Hillary sold weapons to ISIS." Credulous social media users clicked and shared and were happy to get suckered.

It's no surprise that the con lives on. My new favorite bit of fakery, which has already been shared tens of thousands of times, and re-posted on dozens of websites with names like Angry Patriot and Trump Media, features this eye-candy headline:

"BREAKING. Congress Moves to STOP Obama's Treasonous Coup Attempt Against Trump"

Sigh. These people still can't quit the guy.

Last I saw, Obama was photographed on a boating vacation, wearing cool shades and flashing a free-at-last grin. He sure didn't look like somebody plotting a coup and seething with treason, but hey, maybe his vacay vibe was just part of the conspiracy. And if Congress is indeed moving to stop his coup, I can respect its apparent decision to do so quietly. Maybe that explains why not a single Republican in Congress, or Spicer or Kellyanne, has breathed a word about what Obama has afoot.

Anyway, I bring all this up because ABC News - working with Facebook - has posted a deconstruction of the fake-news story, explaining how the infauxmation process worked.

Basically, this was the fake-news logic: Trump is plagued by government leakers; many government officials are civil servants who stay on the job from one administration to the next; some leakers might be officials carried over from the last administration; therefore, the leakers are partisan Obama loyalists; therefore, Obama is directing his loyalists; therefore, Obama is plotting a treasonous coup.

ABC News dryly concluded that, aside from the people making stuff up, "no one is alleging that former President Obama is connected to the leaks or has committed treason because of these revelations." But the most noteworthy true info comes at the bottom of the post:

"ABC News has launched "The Real News About Fake News" powered by Facebook data in which users report questionable stories and misinformation circulating on the platform. The stories will undergo rigorous reporting to determine if the claims made are false, exaggerated or out of context. Stories that editorial partners have also debunked will then appear flagged in your News Feed."

Facebook announced this project earlier this winter. The social network had long prided itself as a neutral bulletin board, but its leaders had come to realize that allowing sewage to flow unchecked was a social negative. As Adam Mosseri, one of the Facebook veeeps, said in December: "We really value giving people a choice (of information), but we also believe we need to take responsibility for the spread of fake news on our platform."

So Facebook hooked up with ABC News, the Associated Press, FactCheck.org (housed at the University of Pennsylvania), Politifact, and Snopes. Users can now flag stories they suspect to be fake, and stories that draw enough flags are typically steered to these fact-checking media sites. The Obama slime job met the specs for scrutiny. And another group called First Draft - which includes The Washington Post, Vox, and ProPublica - combats what it calls "the misinformation ecosystem."

It's nice to finally see some kind of pushback, even if these efforts don't really make a dent. The users who guzzle fake stories about Obama certainly won't accept a thumbs-down verdict from ABC News, which they probably dismiss as part of the conspiracy. No, they'd prefer to believe the lies that jibe with their Trump worship and ideological predilections; look no further than the scene Thursday morning at CPAC, the annual Conservative Political Action Conference, where a standing ovation greeted the on-stage appearance of alternative-factess Kellyanne Conway.

But there's hope for the reality-based community. A new Quinnipiac poll says when Americans are asked whom they trust "to tell the truth about important issues," 52 percent choose the media, and only 37 percent tilt to Trump.

No doubt he would dismiss those stats as "fake news." I call it good news.

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Dick Polman is the national political columnist at NewsWorks/WHYY in Philadelphia (newsworks.org/polman) and a "Writer in Residence" at the University of Pennsylvania. Email him at dickpolman7@gmail.com.

MAKING SENSE
MICHAEL REAGAN



ROOKIES IN THE WHITE HOUSE

Major League Baseball has an annual training season in Florida.

Maybe President Trump should have gone somewhere outside of Washington to hold tryouts for a month to see who on his team was ready to play in the big leagues.

At least he should have picked some veteran coaches who know how the professional Washington game is played, are loyal to him and who know how to make the White House work smoothly.

All incoming presidents, even veteran politicians, have trouble with their White House advisers and underlings at first.

But as a political outsider and a disrupter, Trump is facing more trouble than most of his predecessors.

The Democrats, their hysterical pals in the media and the permanent Washington bureaucracy are doing their best to slow him up or bring him down.

But so far Trump - the rookie manager in chief - has been his own worst enemy. He assembled a White House team made up of third-round draft picks and minor leaguers and put them on the field before he knew whether they could hit a curve or field a hard grounder.

What we're seeing in the White House - "Leakville," as I refer to it now - is a bunch of rookies trying to run the most important government operation in the world.

It should never have gotten to this level of ineptitude, President Trump is responsible for it, and only he can fix it.

A large part of his problem is that he doesn't have a chief of staff in the White House -- he has two of them, Reince Priebus and Steve Bannon.

Anyone who's ever managed a Starbucks knows when two or more people are "in charge," no one is really in charge.

And when two or three people are in charge, then no one is ultimately responsible for anything that happens and chaos and confusion run amok.

The bumbled and hasty rollout of the executive order temporarily banning immigrants from seven Muslim countries was a textbook example of what happens when no single person is in charge of the White House staff.

The case of Michael Flynn, Trump's starting National Security Adviser, was another "rookie mistake" by a staffer that should never have happened.

Flynn should have known better. He wasn't called up from the Class D Leagues. He had 30 years of exemplary military experience and had worked in the Obama administration.

What was he thinking? What made him believe he had the right to lie to the vice president - if that's what he really did?

Flynn's been cut from the team and he'll be a source of bad PR for Trump for months.

I'd hate to be Sean Spicer, who has to go in front of the Washington press corps and deal with the latest twists in the Flynn case or explain the White House's bungle of the day.

President Trump is doing fine by holding all those meetings with business executives and foreign leaders and issuing executive orders.

It's his rookie squad that's holding him back. They seem more interested in serving their own interests, not his.

It's now up to the president to find a way to plug up the leaks and put together a competent, loyal and trusted White House staff.

He has to work fast. The regular season is almost a month old and he still doesn't have a coaching staff or a starting lineup.

And as Manager Trump has already found out the hard way, there are no exhibition games played in the White House.

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