

SATURDAY, NOVEMBER 11, 2017

VOLUME 11 NO. 45

**2ND ANNUAL ROTARY HUMANITARIAN  
STAR AWARDS BANQUET**

Photo and Story By Bill Coburn



The Sierra Madre Rotary Club hosted its 2nd Annual Rotary Humanitarian STAR Awards Banquet on Saturday, with more than 130 scientists and friends honoring outstanding humanitarian achievements in science and technology, while enjoying live entertainment, cocktails and dinner at the Pasadena Masonic Temple. The goal of the STAR (Science, Technology, Aerospace and Robotics) awards is to recognize, celebrate and raise awareness of scientific achievements that significantly improve lives and positively impact humanity.

The evening began with a cocktail reception featuring music by Almer Imamovic and Dr. Jessica Pierce. The guests were welcomed by Joan Riback, and following presentation of the colors by the 2nd Battalion 23rd Marines of Pasadena, the National Anthem was sung by Valerie Geason, and a few words of inspiration were offered by Rotarian Douglas Kerns, Ph.D.

Following dinner, immediate past president Alan Unell, Ph.D. gave a brief overview of the awards, including introduction of the distinguished Advisory Board, consisting of David A. Bearden, Ph.D. of the Aerospace Corporation; Joel W. Burdick Ph.D., JPL Research Scientist; Marie Csete M.D., Ph.D., Huntington Medical Research Institutes; The Honorable Lance A. Ito, (Ret) Judge Superior Court of the State of California, in and for the County of Los Angeles; William Patzert, Ph.D., Scientist at CalTech's

NASA Jet Propulsion Laboratory; John F. Raffensperger, Ph.D., of Pardee RAND Graduate School, Philip R. Troyk, Ph.D., of the Armour College of Engineering, and Sylvia Whitlock Ph.D., District Governor, (2012-2013) Rotary International District 5300. To learn more about the advisors, visit the website, [www.RHStar.org](http://www.RHStar.org).

Executive Governor of Rotary District 5300 Marilyn Diaz gave some background about Rotary, and its mission of serving humanity.

Emcees Dave Ruprecht and Marie Csete, M.D., Ph.D. then got down to the business of the evening, presenting the awards. The first award of the evening went to Sierra Madre resident and JPL Climatologist William Patzert, Ph.D., who was presented with the Lifetime Achievement Award. Dr. Patzert began his career at the Scripps Institution of Oceanography before moving onto NASA and revolutionizing oceanographic and climate science. Dr. Patzert has worked with JPL for 35 years. In accepting the award, Dr. Patzert noted that we are living in a time where science is under attack, adding that climate change is scientific fact, not fake news.

In the Health and Medical category, nominees had helped children and families by eliminating cleft lips and palates and scarring, engineered nanoparticles for cervical cancer therapeutic vaccine, developed a method to measure oxygen in blood

(continued on page 2)

**THANK YOU FOR YOUR SERVICE!**

Sierra Madre Kiwanis Club honored local Veterans and our First Responders at their Tuesday luncheon. Above left, WWII Vets George Maurer and Jack with son in law Gary Hood (center); Above right, Susan McCreary with Korean War Veteran Bud Switzer. Far left, former California DAV Auxillary President Mary Lou Caldwell and Karen Keegan. Not pictured are other members of VFW 3208, Sierra Madre Police Department, SMFD, Sierra Madre Search and Rescue and Sierra Madre CERT.

**MOVEMBER IS MEN'S  
HEALTH MONTH**

SMPD Chief Joe Ortiz at the beginning of Movember. Stay Tuned!

Last month the Sierra Madre Police Department uniformed personnel proudly wore our #PinkPatchProject shoulder patches in support of breast cancer awareness. This month many of our officer are sporting additional facial hair in support of men's health.

For the first time Sierra Madre Police Department is participating in "Movember", also known as "No Shave November". Movember promotes growing facial hair in order to raise awareness for men's

health issues, specifically prostate cancer, testicular cancer, and men's mental health and suicide prevention. All proceeds will be donated to the American Cancer Society, Prevent Cancer Foundation, and St. Jude's Children's Hospital. NO SHAVE NOVEMBER, and its funded programs are putting your donation dollar to work, investing in groundbreaking cancer research. You are invited to join us in supporting the Movember cause. Donations of any size are welcomed and 100% will go directly to the listed programs. Please go to: <https://no-shave.org/team/SierraMadrePublicSafety>. Any amount will be greatly appreciated. Thank you for your support!

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## Weather Wise

### 6-Day Forecast Sierra Madre, Ca.

<b>Sun</b>	Ptly Cldy	Hi 70s	Lows 50s
<b>Mon:</b>	Ptly Cldy	Hi 70s	Lows 50s
<b>Tues:</b>	Ptly Cldy	Hi 70s	Lows 50s
<b>Wed:</b>	Ptly Cldy	Hi 70s	Lows 50s
<b>Thur:</b>	Sunny	Hi 70s	Lows 50s
<b>Fri:</b>	Ptly Cldy	Hi 70s	Lows 50s

Forecasts courtesy of the National Weather Service



### CITY OF SIERRA MADRE CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR November 14, 2017  
6:30 pm

### 1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to [radio@cityofsierramadre.com](mailto:radio@cityofsierramadre.com).



### SIERRA MADRE CITY MEETINGS

#### Regular City Council Meeting

Tuesday, November 14, 2017,  
6:30 pm

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email [city@cityofsierramadre.com](mailto:city@cityofsierramadre.com) before 30 the night of the meeting and your statement will be delivered to all the Council Members. Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135

#### City Council

November 14, 2017 at 6:30 pm  
November 28, 2017 at 6:30 pm

Planning Commission  
November 16, 2017 at 7:00 pm

Community Service Commission  
November 20, 2017 at 6:30 pm

Senior Community Commission  
November 2, 2017 at 3:00 pm

Library Board of Trustees  
November 23, 2017 at 7:00 pm

Energy, Environment, and Natural Resource Commission  
November 15, 2017 at 7:00 pm

### SIERRA MADRE POLICE BLOTTER

For the period October 29, to November 5, 2017

During this time period, the Sierra Madre Police Department responded to approximately 289 day and night time calls for service.

**Monday, October 30,**

Officers responded to the 700 block of W. Sierra Madre Blvd. at about 5:20 a.m. for a vehicle burglary investigation. An unknown suspect(s) entered a locked vehicle and ransacked the glove compartment and trunk. The suspect(s) stole three utility bills that were left in the driver side sun-visor. At about 1:17 p.m.

A motorist was stopped for a vehicle code violation. The driver was found to be driving on a suspended license and driving without an ignition interlock device. The driver was cited and released in the field, the vehicle was impounded for 30 days.

**Tuesday, October 31,**

Officers were dispatched to a welfare check of a female subject who was possibly intoxicated. Upon arrival it was determined that the subject was intoxicated. Subject was arrested and transported to Pasadena PD jail without incident.

**At about 12:26 p.m.**

Officers responded to a call from a doctor's office regarding a patient who was making claims of wanting to hurt himself. The subject was transported to a local hospital and released to hospital staff for evaluation.

**Wednesday, November 1**

A vehicle was stopped for a vehicle code violation. The driver was found to be driving on an expired driver's license. The driver was cited and the vehicle was released to a licensed driver.

**Friday, November 3**

A theft from an unlocked vehicle was reported to have occurred in the driveway of a residence in the 300 block of Acacia St. between Thursday November 02, 2017 and Friday November 03, 2017. Miscellaneous personal items were missing.

9:25 a.m.

An officer was dispatched to the Pioneer Cemetery for a possible Arson investigation. A resident walking along Coburn Ave. stated she saw two Female Hispanics light a fire on top of a grave-stone. The investigation showed that the two suspects willfully lit items for unknown reasons. The suspects fled in a black BMW 3 series eastbound on Sierra Madre Bl.

### ROTARY Continued from Page 1

which changed the way anesthesia and critical care are administered, integrated functional genomic, epigenetic and genetic data to help understand how genomes are involved with various diseases and disorders, developed a wireless remote temperature monitoring solution for vaccine refrigerators in rural areas, and discovered a pacing method that enables diagnosis and termination of arrhythmia. The winner in the category, Kimberly Shriner, M.D., F.A.C.P. created a global outreach project that brings Pasadena medical teams to Tanzania where they save lives by educating the people through lectures, workshops and clinics to sustainably relieve diseases such as HIV, parasites and more. "I think that the Rotary Club, their merging of innovation and humanity and engineering and technology is just what we need at this time in the world..." said Dr. Shriner.

The Knowledge Sharing category included people or organizations that coordinated the growth of 50 early stage companies working to translate scientific ideas into products for the improvement of health, quality of life and the environment, communicated the power of NASA's exploration story, did a preliminary design of a human Mars lander, encouraged and influenced students in elementary school through high school to pursue an interest in STEM through use of robotics, and worked with a Fijian community to develop a clean water infrastructure. The winner in this category, Denise McCain-Tharnstrom, Ph.D., worked with a team of volunteers to develop the What I Need (WIN) app, which is a resource directory for homeless and vulnerable youth.

Nominees in the Environmental Improvement category interpreted satellite data to further our understanding of climate and environmental problems and developed a solar-powered bio-machine designed to remove CO2 from the air and convert it to fuel or other products, closing the carbon cycle. The winner of Environmental Improvement, Frances Arnold, Ph.D, breeds molecules as part of a process to transform biomass into fuels and chemicals, with the potential of relieving our dependency on fossil fuels.

Nominees in Disaster Relief and Recovery invented solar powered inflatable light for distribution in disaster and undeveloped areas, and directed efforts to protect NASA's manufacturing hub for future space exploration initiatives. This category had two awardees, Jim Lux, telecommunications specialist at JPL who developed a portable device using radar technology to find victims trapped beneath rubble. "How often do you get to work on technology that directly saves lives...it's just, there's nothing cooler," said Lux, noting that this project was the most

personally gratifying project in his two decades at JPL.

Also receiving the STAR award in this category was Sam Bloch, founder of Communitere International, which is pioneering an innovative approach to humanitarian aid, working with the people in the affected area as stakeholders, not beneficiaries, and changing the scope of disaster response and community development. Sierra Madre Rotary has agreed to support Bloch's company's efforts as they assist the people of Puerto Rico in rebuilding after the recent hurricane.

Said Rotarian Joan Riback "These are the only awards honoring the humanitarian application of scientific and technological achievements. They literally go to people who are saving lives. This year's awards recognized some amazing people who are revolutionizing some of the greatest problems of our time, including climate change, AIDS, homelessness, a breakthrough in alternatives to fossil fuels, and life saving devices for disaster relief and recovery. The depth of gratitude that we feel for these people and their achievements is inexpressible." Added Dr. Michael Budinich, current president of the Sierra Madre Rotary Club "I am proud of what our RH STAR committee, and our small Rotary Club collectively, was able to accomplish, with so few active members and limited resources. We call ourselves 'small but mighty'.

For a complete list of the nominees and information on the projects for which they were nominated, go to [www.RHStar.org](http://www.RHStar.org). You will also soon be able to view video of the banquet, as well as purchase tickets to next year's event, at the website.



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Rotary of Sierra Madre

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### KIWANIS CLUB OF SIERRA MADRE

TUESDAY, NOVEMBER 11, 2017  
12 NOON

Meetings are held at The Lodge 33 E. Sierra Madre Blvd., Sierra Madre, Ca.

Lunch begins at Noon and is \$10.

Programs begin at 12:40 and are free.

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### Sierra Madre Woman's Club

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## Walking Sierra Madre...The Social Side

by Deanne Davis



"We seek tranquility in the midst of conflict and danger, we strive to control our bodies, mind and emotions. We do our best to avoid conflict, defend ourselves when necessary, and protect others." G3 Academy of Martial Arts Mission Statement

I met Gary Gapezzani, Owner and Chief Instructor, a couple of years back when G3 Academy was fairly new in town and discovered this was a happening place! I met Ashley Conlon last November when the Sierra Madre Rose Princesses were practicing getting on and off our float in case of fire or other emergency. At that time she was a junior at La Salle and headed for college to major in math and science. She was involved in dance and theater, was an ambassador and football cheerleader for La Salle. Ashley was also part of the spiritual journey program through Pi Alpha Chi, a St. Rita's youth leader and altar server.

What I didn't know about Ashley was that she was on her way to achieving her black belt in Martial Arts. She was actually the first student to walk in the door of the newly opened G3 and her brother, Jack, was the second. Ashley was 11 when she started martial arts, also involved in gymnastics but martial arts is her first love. She is the main teacher of the little kids from 6 to 12 and she received that coveted black belt on November 7th.

What most of us may not know about martial arts training is that this is a confidence building activity where life skills such as learning to speak before crowds, motivating younger students, achieving greater focus, concentration, discipline not to give up, sharing skills they've acquired and learning the joy of giving back are part of the training. Ashley created her own methods involving patience and confidence to handle her kid's classes. Ashley is a Sierra Madre girl and we are extremely proud of all she's achieved. Congratulations, Ashley Conlon!

While chatting with Gary Gapezzani, he showed me that they've redone the studio entirely since my last visit. The front area is now filled with Hapkido

mats where the Little Dragons, kids 4-5, the Beginners who are 6-7, and the teens work out and learn the necessary skills to achieve the next level.

So far, four students, have achieved black belt status: Ashley Conlon, Sophia, who is 16, and guys: Jack and Rocco who are 15 and 16 respectively.

There are adult classes for those 18 and up and Gary assures me they have quite a few guys in their 50's and 60's who train at G3 where they are involved in a somewhat gentler but still aggressive dynamic training. Sounds good to me.

G3 has a workout space in the back and there are cardio kick boxing and regular fitness classes throughout the day. If you've got a young someone who could use a few of these life skills such as focus, concentration, and discipline, you might give G3 a look. They're at 303 W. Sierra Madre Blvd., 626-773-6876. Their website: [www.g3academy.com](http://www.g3academy.com)

"A black belt is a white belt who never quits!" Renzo Gracie

A big thank you to all the friends and neighbors here in town who attended my husband, John Davis, memorial service last Saturday. Your presence was such a comfort and our family appreciated seeing so many of you. We appreciate, too, your donations to World Vision's Clean Water Project in John's name. Sierra Madre is truly a kind and loving place to live. God bless you every one!

My book page: [Amazon.com](http://Amazon.com): Deanne Davis  
Blog: [www.authordeanne.com](http://www.authordeanne.com)

"A Tablespoon of Love, A Tablespoon of Laughter" is available there...

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October 30, 2017

Each year, both the City of Sierra Madre and the Sierra Madre Chamber of Commerce honor those organizations and individuals that work tirelessly to make Sierra Madre a wonderful place to live, work and play! In the past there have been two separate events - Sierra Madre Honors at Alverno and The Citizen of The Year Dinner. This year we are merging those events into one very special evening! The event will be held in the Sierra Madre Room at the Recreation Center, 611 E. Sierra Madre Blvd., Sierra Madre. However, we need your help in choosing this year's honorees.



2017

Thursday, December 7, 2017

Hosted by the City of Sierra Madre and the Sierra Madre Chamber of Commerce

### NOMINATION CRITERIA

**Sierra Madre Citizen of the Year** for residents who have benefited the city during 2017 as a volunteer.

**Sierra Madre Business of the Year** for an outstanding business existing in Sierra Madre for more than 5 years that has been an active supporter of the community.

**The George Maurer Lifetime Achievement Award** for a person/entity whose lifetime of service embodies the spirit of volunteerism.

**The Wistaria Award** recognizing a City/Community Partnership that assists with providing community wide programs and services

**The Mayor's Special Award** for outstanding service and duty to the community.

**The Public Safety Award** for an employee/individual for protecting and maintaining safety in Sierra Madre.

**The Public Service Award** for the Employee of the Year for remarkable public and customer Service.

**The Community Youth Service Award** presented to youth under 18 for outstanding service and dedication to the community.

To nominate, simply email or drop off a short letter to City Hall listing the qualifications of your nominee by 5:00 pm November 20, 2017.

Email: [smadrec@gmail.com](mailto:smadrec@gmail.com) or fax them to 626-609-3285.

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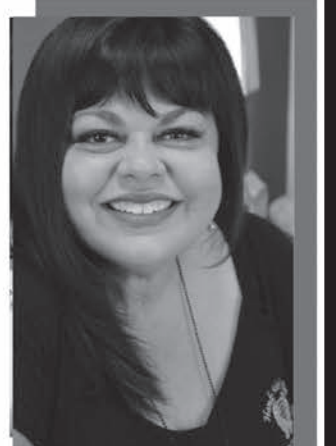
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# Ladiesnightout

November 30 & December 1 | 7:00-8:30 pm | Gilmore Hall

# Love came down

TICKETS  
ON SALE  
November 5

## Women's Ministries' Largest Fundraiser

Tickets: \$20 for Dinner & Entertainment

For more information, contact Bonnie Jakeway at bonniejakeway6@gmail.com or 626.422.7163.

A children's program for 1-12 year-olds is available for free. You must register for a children's ticket at the time of your event ticket purchase and you must provide the children's ticket to enter the children's program. Children's program tickets will not be available after November 23.

Christmas Boutique Shopping: 4:00-10:00 pm in Parker Gymnasium

First Church of the Nazarene of Pasadena | 9700 East Sierra Madre Boulevard | Pasadena, California 91107 | www.pasadena.org | 626-251-0631



## Local Area News Briefs

### Pasadena Police Arrest "Guitar Bandit"

Pasadena police detectives arrested a man last week suspected in stealing numerous expensive guitars from across the San Fernando Valley and Pasadena.

According to police, Enrique Velasco, a parolee-at-large and alleged career criminal, was wanted in connection with a string of expensive guitar thefts from guitar stores. In these cases, Velasco is suspected of brazenly walking out without paying for the guitars and later pawnning them for cash.

Detectives from Pasadena, LAPD North Hollywood and LAPD Topanga Division had suspected Velasco since September. With the help of store owners, who exchanged surveillance photos of Velasco and his getaway car with each other and the police, a break in the case came when a camera caught his full license plate number. The license plate came back to an acquaintance of Velasco's in North Hollywood.

Police took Velasco, and a female accomplice, into custody November 1, at motel in Sun Valley. Police also said that evidence was recovered, including a guitar, drugs, and money.

The Los Angeles County District Attorney's Office filed six felony counts against Velasco, including Grand Theft, Identity Theft, and Identity Theft w/ "Ten or more Victims." Velasco's bail has been set at \$120,000.00.

Anyone with information should call Pasadena police at 626-744-4241 or anonymously at Crime Stoppers 800.222.TIPS (8477).

## Pet of the Week



Meet Oliver (A445615), a one-year-old cat who had it rough on the streets and got into a bad accident. We don't know exactly what happened to him, but he arrived at the shelter with serious injuries throughout his body and completely blind. This poor boy is still recovering, but he's now stronger than ever and is ready to find his forever home. We expect his wounds to heal, however Oliver's eyesight will not return. He needs a home that can provide him with special love and care. Despite his troubled past, our volunteers and staff say Oliver is extremely sweet and social. He loves attention and is quite the lap cat. If you want a cuddle bug, Oliver might just be your new best friend.

The adoption fee for cats is \$75. All cats are spayed or neutered, microchipped, and vaccinated before being adopted.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

Call the Pasadena Humane Society & SPCA at (626) 792-7151 to ask about A445615, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11 a.m. to 4 p.m. Sunday; 9 a.m. to 5 p.m. Tuesday through Friday; and 9 a.m. to 4 p.m. Saturday.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email. Directions and photos of all pets can be found at pasadenahumane.org.



## Devil's Gate Dam Project Approved

The embattled Devil's Gate Dam sediment removal plan took a step forward Tuesday after the Los Angeles County Board of Supervisors voted unanimously in favor of a scaled down version that trims 700,000 cubic yards of sediment removal, prioritizes safety and environmental factors.

The sediment collected by the dam is known as Pasadena's Hahamongna Watershed Park. New amendments and a motion by Supervisor Kathryn Barger called for a maximum sediment removal of 1.7 Million cubic yards, full funding for the Arroyo Seco Ecosystem Restoration Study, watershed improvements, and an early warning system for similar flood control facilities across LA County.

"This modified approach prioritizes safety, addresses environmental concerns and mitigates disruption for our local residents," Barger said in a statement. "I appreciate the input of our concerned community members,

environmental groups and the city of Pasadena who have participated in discussions with me and county departments over many months."

The Board of Supervisors originally approved the project in 2014, slated to remove 2.4 million cubic yards, with no environmental oversight. A lawsuit filed by Arroyo Seco Foundation was upheld by Superior Court Judge James Chalfant in March forcing the county to revisit the issue.

According to Barger's staff, the motion further called for coordination with the City of Pasadena on storm water capture and groundwater replenishment as well as the development of an early warning system to notify downstream residents and businesses of any issues related to similar Los Angeles County Flood Control District facilities.

Barger also directed Public Works to work with the Army Corps of Engineers on the completion of the Arroyo Seco Ecosystem Restoration Study, which will identify

opportunities for aquatic and riparian restoration along a 10-mile reach of the Arroyo Seco downstream of Devil's Gate Dam.

Both Pasadena Mayor Terry Tornek and Arroyo Seco Foundation Managing Director Tim Brick said they were optimistic about the changes. Tornek said Barger's amendments were in the right direction in fulfilling requests made by the city.

Representatives of the Arroyo Seco Foundation said the new amendments still need to be reviewed again by Chalfant. If approved, the \$100 million project will start next year and could take up to five years.

## One Arroyo Day at Brookside

The public is invited to come explore the Arroyo Seco and find out about the One Arroyo Vision.

Pack a picnic basket, grab a blanket and head on over to Brookside Park, 360 N. Arroyo Blvd., for One Arroyo Day, 10 a.m. to 2 p.m., Saturday, Nov. 18, 2017, and your chance to discover the rich natural beauty and cultural history of our beloved Arroyo Seco. Kids can also earn special new "Arroyo Nature Explorer" badges during the day.

Activities planned include:

- Arroyo Seco Trail Clean-Up
- Nature Scavenger Hunt for Kids
- Native Wildlife Reptile Station
- Arroyo Exhibitor Booths
- Lawn Games & Crafts
- Free Raffles

Members of the International Association of Fire Fighters Local 809 will be grilling up dogs on a first-come, first-serve basis. Be sure to RSVP so there's enough hot dogs for all at [onearroyo.org/oad](http://onearroyo.org/oad) or by calling (626) 744-4128.

Confirmed exhibitors and participants include One Arroyo, Kidspace Museum, Tom Sawyer Camps, Pasadena Casting Club, Arroyo Seco Foundation, Arroyo & Foothills Conservancy, Pasadena Heritage, Pasadena Beautiful, Dog Haus Running Club, Pasadena Pacers, Southwestern Herpetologists Society, California Turtle and Tortoise Club, Rose Bowl Riders, Pasadena Sierra Club, Oak Grove Disc Golf Course Club, Armory Center for the Arts and several City departments.

## Mozart Symphony No. 41 'Jupiter'

Saturday, November 18 at 2 p.m. and 8 p.m. David Lockington, conductor Zee Zee, piano

Mozart's final and most triumphant symphony "Jupiter" leads this tour de force program with Rossini's comedic Barber of Seville and acclaimed BBC New Generation Artist Zee Zee on St. Saëns' Piano Concerto No. 2. First prize winner at China's 1st International Piano Concerto Competition, this electrifying young pianist is a breath of fresh air who will bring down the house with her brilliant technical virtuosity. Pre-concert discussion begins 1 hour before the concert. Get your tickets by calling 626.793.7172 or visit: [pasadenasympphony-pops.org](http://pasadenasympphony-pops.org).

## Veterans Day Special Ceremony This Morning



The community, especially all current and former members of the U.S. military and their families and all first responders, are invited to join other local veterans, city officials and community leaders for a special, free Veterans Day ceremony on the steps of City Hall, 100 N. Garfield Ave., this morning beginning at 10:30 a.m., concluding with a special military fly-over in formation at 11:11 a.m.

Ceremony participants include representatives from the City Council and many City departments, Pasadena City College, Pasadena Navy League, Vietnam Veterans of America, Chapter 446, the Tuskegee Airmen, the American Legion

Pasadena Post #13, U.S.M.C. 2nd Battalion, 23rd Marine Division and the Pasadena Senior Center who will join together in honor all U.S. veterans, locally and across the nation.

Special Guest Speaker is U.S. Army Col. Keith Nightingale, retired. Free refreshments are sponsored by Farmer John and the International Association of Fire Fighters Local 809. Military vehicles courtesy of the U.S.M.C. will be on display.

The City wishes all to take time to recognize the meaning of Veterans Day and to please celebrate responsibly. Remember, if you see something suspicious, say something by calling 9-1-1.

## Veteran Salute and Tribute Show

Lake Avenue Church will sponsor a Veteran's Salute and Tribute Show on Friday, Saturday and Sunday, Nov. 17-19 in the church's Family Life Center, room 300. These USO-style performances honoring our military veterans will feature a variety of acts spanning three decades, from Bob Hope, Ella Fitzgerald, The Andrew Sisters, swing dancers, excerpts from 1940s radio shows, and more. The show will culminate on Sunday with a gourmet luncheon and show

honoring our veterans.

Showtimes are Friday, 7:30 p.m.; Saturday, 2:30 and 7:30 p.m.; and on Sunday at 1:30 p.m. a veterans' luncheon followed at 2:30 p.m. by a special veterans' show.

On Sunday veterans and one guest may attend the luncheon and show for free. Tickets are available until November 16 at [lakeave.org](http://lakeave.org). Search using keyword: veteranshow

Lake Avenue Church is located at 393 N. Lake Avenue in Pasadena, at the corner of Lake Avenue and the 210 Freeway.

## Free Events Roundup at the Pasadena Senior Center

There is something for everyone in November at the Pasadena Senior Center, 85 E. Holly St. You do not have to be a member to attend. Some events require advance reservations as noted.

**Friday Movie Matinees – Fridays, Nov. 17 at 2 p.m.**

"Maudie" (2017, PG-13) starring Sally Hawkins and Ethan Hawke. A recluse hires a young woman with arthritic hands from an over-protective family to be his housekeeper.

**Spirituality and Aging – Thursday, Nov. 16, at 10 a.m.**

Spirituality is the measure of how willing we are to allow grace, some power greater than ourselves, to enter our lives and guide us along the way. Each person has a different interpretation

of spirituality. Local spiritual leader Doug Edwards, who brings faith into aging and is director of outreach for be.group, one of California's leading nonprofit providers of senior housing, will lead a discussion about this important topic.

**Long-Term Care and Retirement Income – Thursday, Nov. 30, at 10 a.m.**

Do you know which financial tools you need to navigate through your retirement? Learn how to guarantee your retirement income for the rest of your life, maximize your Social Security benefits and avoid the biggest retirement risks. Presented by New York Life. For more information visit [www.pasadenaseniorcenter.org](http://www.pasadenaseniorcenter.org) or call 626-795-4331.



## #BeTheMedia

CITIZEN JOURNALISM WORKSHOP

Facilitator is Dean Lee, City Editor of this Newspaper

**SELECT TUESDAYS  
7:00 - 8:30PM**

**Small Meeting Room  
Main Library  
600 E. Mariposa Street  
Altadena 91001**

Each workshop consists of a formal lecture and then a group discussion about topics participants bring in from the community, similar to a typical newsroom setting, pitching ideas and determining as a group which issues qualify as news stories.

**TUESDAY, NOVEMBER 7<sup>TH</sup> Interviewing**

Learn the types of interviews, from "in person" to the use of email correspondence. This will also cover "on the record" and "off the record."

**TUESDAY, NOVEMBER 21<sup>ST</sup> Structure of a News Story**

Break down how to use "leads," including understanding the three different mediums of news, audio, video and writing to tell stories.

**Registration is required, and workshops have limited space. To sign up for a specific workshop or multiple workshops, call (626) 798-0833 ext.117 or email [cchiu@altadenalibrary.org](mailto:cchiu@altadenalibrary.org)!**

**ALTADENALIBRARY.ORG @ALTADENALIBRARY**

## ALTADENA POLICE BLOTTER

**Monday, October 30th**

8:30 AM – A residential burglary occurred in the 1600 block of Homewood Drive. Suspect(s) entered the residence via the second floor window and a ladder. Stolen: unknown.

12:37 PM – A strong arm robbery occurred in the 1100 block of E. Mendocino Street. Suspects described as two males. Stolen: red Echo power blower.

**Tuesday, October 31st**

11:00 PM – Derrick Ford, 52 years old of Altadena was arrested in the area of Lake Avenue and Alameda Street for possession of a controlled substance.

**Wednesday, November 1st**

7:45 AM – A residential burglary occurred in the 1200 block of Loma Alta Drive. Suspect(s) entered the residence by removing a window screen. Stolen: black laptop and black velvet jewelry box.

**Thursday, November 2nd**  
8:00 PM – A vehicle burglary occurred in the 3100 block of Mount Curve Avenue. Suspect(s) entered the vehicle by shattering the passenger side window. Stolen: brown leather make-up bag.

**Saturday, November 4th**

8:35 AM – A petty theft occurred in the 20 block of E. Calaveras Street. Stolen: three swings.



# ARCADIA

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

## SECOND HISTORIC PRESERVATION ORDINANCE COMMUNITY MEETING 11/13

The City retained Architectural Resource Group, Inc. (ARG) in July of 2015 to prepare the City's first comprehensive Citywide Historic Context Statement and conduct an intensive-level survey of all the properties within the city limits that were constructed through 1970 (or all the properties that are 45 years of age or older at the time of the survey).

Based on the evaluation, a total of 188 potential historic resources, including 165 potential

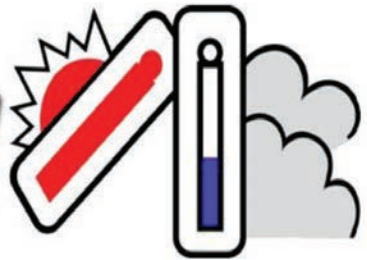
individual buildings, 11 potential historic districts, and 12 potential non-building resources (structures, objects and sites) were documented through the survey. The historic resources survey does not designate properties under the federal (National Register), state (California Register), and local (City of Arcadia) designation programs. Although a survey provides recommendations regarding the eligibility of a property, no actual designation results directly from the process.

### NEW' PUBLIC MEETINGS:

Planning Commission Meeting 11/14/2017 7:00 p.m. - 10:00 p.m.  
Arcadia Public Library Board Meeting 11/16/2017 4:30 p.m.  
Council Meeting 11/21/2017 7:00 p.m.  
Planning Commission Meeting 11/28/2017 7:00 p.m. - 10:00 p.m.

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# MONROVIA - DUARTE

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## CHIEF JIM HUNT'S RETIREMENT:

*A Wonderful Tribute and Reunion of Old Friends*



By Joan Schmidt

Last Thursday, I attended the wonderful Retirement Party for Monrovia Police Chief Jim Hunt! Thank You, to Lori Levesque and the Retirement Committee for such a warm, wonderful evening honoring a truly, caring, dedicated, hard-working individual who accomplished so much in his 26+ years at Monrovia PD.

Over 200 attended his family, wife Boicette, daughter Ashley, son-in-law Lance, and grandson, Declan; Monrovia City Officials (Mayor Adams and the entire Council) City Manager Oliver Chi, Clerk Alice Atkins, Treasurer Steve Baker; School Board Members Terrence Williams and Rob Hammond; many current Monrovia Police Officers, several Chiefs of Police: Bob Guthrie (Arcadia), Rob Castro (Glendale), Scott La Chasse (Burbank), Art Miller (South Pasadena), Anthony Miranda (Vernon), Ty Henshaw (Irwindale), Paul Caprara (Pomona), Joe Ortiz (Sierra Madre), John Curley (Covina), Timothy Vu (Alhambra), and John Curley (Covina). (I hope I didn't miss anyone!) From LASD, Commander Jeff Scroggin.

Then there were RETIRED Police Chiefs! Monrovia's Bill Tubbs, Joe Santoro and Roger Johnson, Arcadia's Dave Hinig and Bob Sanderson, Sierra Madre's Larry Giannone, and San Gabriel's Don Lawton! Other Monrovia PD retirees: Don Lacker, Bill Couch, Rick Miglia, Nick Manfredi, Carlos Calderon, Richard Lukofnak, Matron Jane Millet, Phil Nelson (Came from Tennessee!), Jim Emmet (Washington), and Steve Cofield (Texas). Eric Dirksen, now a LAPD Detective also attended.

Also, past Monrovia Mayor Mary Ann and Cory Lutz, Foothill Unity's Betty Mc Williams, Judge Bruce Mars, Susan Motander, and former Duarte Restaurant entrepreneur Mr. Farana!

Captain Alan Sanvictores welcomed us, followed by an Invocation by Chaplain Brown and a sumptuous dinner. Following dinner, Captain Robert Wilken gave a Career Overview: A wonderful video including Jim's childhood, his talent in soccer (first career choice), Restaurant entrepreneur (Still Makes the BEST

pizza) and law enforcement: Jim began at Covina PD after graduation from LASD Training Academy, resigned from Covina to sell his business. Jim was not able to return to Covina PD (A hiring freeze) He applied at other agencies; and hired by Monrovia Chief Joe Santoro in 1991. Over the years, he worked several specialized positions: bike patrol (He even developed an Instruction Program), field training officer, detective, Special Enforcement Team, SWAT, D.A.M.A.G.E. and Community Policing Sergeant, and Regional Team Commander. Chief Hunt was also a Certified Drug Recognition Expert. In 2002, he was promoted to Lieutenant, Captain in 2006, where he served as Operations Division Commander and Service Division Commander. He was promoted to Chief on May 1, 2011, and during his tenure as Chief, the City has reached its lowest level of crime in over 50 years.

When Jim began his law enforcement career, he was a single dad with a 4 year old daughter, Ashley. He met the love of his life Biocette; together they have raised Ashley, a beautiful talented woman who received a college degree the same day as Jim! When Jim spoke, he thanked his family for all their love and support. In addition to Biocette and Ashley Beckford, son-in-law Lance Beckford and grandson, Declan. Jim hopes to spend more time with his family after retirement as well as surf, make pizzas and build guitars! All the City Council Members spoke and we realized what a fine man Jim is and how he has brought the community together. He has brought his family to events like Monrovia Reads, and has done so much to build Community Trust that's why MPD received the 2017 Cisco Community Policing Award from the International Association of Chiefs of Police for the Achieving Community Trust Program.

Presentations were also from Chief Bob Guthrie, (LA County Police Chiefs' Association), Chief Ed Medrano, (CA Police Chiefs' Association), and MPOA President Seth Hermes. Cpt. Alan Sanvictores presented Jim with his Retirement Momento Badge.

Truly a wonderful evening; Happy Retirement Chief Hunt!

## ARCADIA POLICE BLOTTER

*For the period of Sunday, October 29th, through Saturday, November 4th, the Police Department responded to 895 calls for service, of which 128 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.*

### Sunday, October 29:

Shortly before 12:00 a.m., an officer responded to the 1400 block of Oaklawn Road regarding an animal bite report. The officer discovered a loose German shepherd bit a female victim and killed her Chihuahua. The loose dog escaped from the owner's yard as he was parking his vehicle. Arcadia Fire responded and transported the female victim to Huntington Memorial Hospital for treatment. The investigation is ongoing.

At approximately 6:53 p.m., an officer responded to Macy's, 400 South Baldwin Avenue, regarding a robbery report. An investigation revealed the suspect attempted to steal jewelry from the store when he was confronted by loss prevention. During the confrontation, the suspect swung at the loss prevention employee. The 19-year-old male suspect from Pasadena was arrested and transported to the Arcadia City Jail for booking.

### Monday, October 30:

Just after 7:09 a.m., an officer responded to the 11600 block of Clark Street regarding an intoxicated subject. The officer located the 31-year-old male from Irwindale walking and discovered he was unable to care for himself. He was arrested and transported to the Arcadia City Jail for booking. During the booking process, the officer located methamphetamine in the suspect's wallet. The additional offense was added to his list of charges.

At approximately 11:13 a.m., an officer responded to the living quarters inside Santa Anita Race Track, 285 West Huntington Drive, regarding a burglary report. The officer determined an unknown suspect entered the victim's room through an unlocked window and stole two saddle cloths belonging to two high stakes horses. No suspects were seen and no witnesses were located.

### Tuesday, October 31:

Around 1:03 p.m., an officer responded to the 300 block of Laurel Avenue regarding a bicycle theft report. An investigation revealed the unknown suspect entered the backyard through an unlocked side gate and stole two bicycles. No suspects were seen and no witnesses were located.

Just before 7:45 p.m., an officer responded to the Coach store at the Santa Anita Mall, 400 South Baldwin Avenue, regarding a burglary report. The officer discovered two male suspects entered the store and stole \$3,135.00 worth of merchandise before exiting the store, failing to make payment. One of the items contained a tracking device and the property was tracked to the area of MacArthur Park in Los Angeles.

The suspects are described as black males, both wearing grey hooded sweatshirts and dark colored pants. The investigation is ongoing.

### Wednesday, November 1:

Shortly after 11:13 a.m., an officer responded to the area of 1200 North Santa Anita Avenue regarding a suspicious subject report. The officer located the subject and during a

consensual search, discovered the 24-year-old male from El Monte was in possession of methamphetamine and a glass smoking pipe. A records check revealed he had two outstanding misdemeanor warrants. He was arrested and transported to the Arcadia City Jail for booking.

At about 4:18 p.m., an officer responded to the Arcadia Police Department front counter regarding a fraud investigation. The victim stated an unknown suspect made fraudulent deposits and withdrawals from his account resulting in a negative balance of nearly \$9,000.00. The victim does not know how the suspect obtained their personal information or the identity of the suspect. The investigation is ongoing.

### Thursday, November 2:

Before 12:22 a.m., officers responded to Maki & Sushi Restaurant, 302 East Huntington Drive, regarding a burglary report. An investigation revealed two suspects smashed the front glass door, stole the cash register, and fled eastbound in a dark colored vehicle. Starbucks, located at 300 East Huntington Drive, was also burglarized by the same suspects.

Around 1:14 a.m., an officer responded to Duo-Pot Restaurant, 1228 South Golden West Avenue, regarding a commercial burglary. Surveillance footage revealed the same three suspects who burglarized Starbucks and Maki & Sushi also burglarized this location and stole the cash register. Approximately 40 commercial burglaries occurred throughout Los Angeles and Riverside Counties on the night of November 2nd. Riverside County Sheriff Department, Norco Station, arrested three of the suspects. They include two 20-year-old males from Compton and a 17-year-old male from Long Beach. Between surveillance footage and confessions, the three arrestees have been linked to a large number of the burglaries. The investigation is ongoing.

### Friday, November 3:

At about 7:14 a.m., an officer responded to the 400 block of East Live Oak Avenue regarding a vehicle burglary report. The officer discovered an unknown suspect pried open a large tool box attached to the truck bed sometime during the previous night. No suspects were seen and no witnesses were located.

Just before 12:47 p.m., an officer responded to the Arcadia Police Department front counter regarding a theft from vehicle report. The victim stated the suspect entered the unlocked vehicle, parked in the 2400 block of Lee Avenue, and stole his wallet. No suspects were seen and no witnesses were located.

### Saturday, November 4:

Shortly after 2:07 p.m., an officer responded to Sephora, 400 South Baldwin Avenue, regarding a grand theft report. An investigation revealed a store employee stole nearly \$1,200.00 worth of merchandise and money from the business by performing fraudulent transactions. The 19-year-old female from Whittier was arrested and transported to the Arcadia City Jail for booking.

At approximately 11:02 p.m., an officer initiated a traffic stop on a vehicle near the intersection of Peck Road and Live Oak Avenue for having a broken license plate light and modified exhaust. During a consensual search of the vehicle, the officer located cocaine. The 21-year-old male from El Monte was arrested and transported to the Arcadia City Jail for booking.

## WINTER SHELTER PROGRAM TO START DECEMBER 1ST



Richard Hopkins clearly has a passion to serve the homeless. He has been active with the East San Gabriel Homeless Coalition for a number of years. He recently shared information on upcoming Winter Shelters at a recent Duarte Kiwanis meeting. The shelters are held at local churches in the East San Gabriel Valley. Each of the churches host for two weeks starting December 1st and ending March 1st. Last year the Coalition was able to partner with the Tzu Chi Foundation who provided dental care, clothing and bedding and 100 sleeping bags. Last year, Dunkin Donuts provided

400 donuts per night. So Cal Gas had an employee donation drive to help with essentials needed (i.e.) underwear, socks, toiletries, etc. Last winter, there were spaces for 220 people each night - a total of 15,200 "bed" nights. 1190 different people were served. If you're interested in supporting - check out the website at ESGVH.org. Pictured, from left, Duarte Kiwanis President, Diane Hernandez, and Richard Hopkins

If you are interested in joining Duarte Kiwanis or being a speaker at a future event, contact Tina Carey at tinac51@aol.com.

## MONROVIA POLICE BLOTTER

*During the last seven-day period, the Police Department handled 426 service events, resulting in 81 investigations. To see a complete listing of crimes reported, go to <http://www.crimemapping.com/map/ca/monrovia> for crime mapping. For Police Department news and information, visit our website and follow us on Twitter.*

**Injury Traffic Collision** October 27 at 11:31 a.m., a bicyclist was traveling south along the sidewalk at Myrtle and Huntington. As he rode down the apron of the sidewalk into the street, a driver was making a right turn and collided with the bicyclist. The bicyclist was not wearing a helmet and complained of pain to his head and leg. He was taken to a hospital for treatment.

**Criminal Threats** October 27 at 11:33 a.m., police dispatch received multiple calls from a subject who was threatening to kill people at a construction site at Primrose and Pomona, as well as at the Metro Station, if officers did not respond within three minutes. During these calls, the suspect also made statements that he was planning to kill police officers. Monrovia officers and Los Angeles Sheriff's Department deputies responded. The Los Angeles Sheriff's Department simultaneously had reports of a suspicious package

on the train platform. A containment of the area was set up and a search of the construction site and Metro Station platform was conducted. The Sheriff's Special Enforcement Bureau canine officers also responded to assist in the search of the large construction complex. Once officers were on scene at the construction site, no additional calls were received from the suspect. A thorough search was conducted, however, no one was located. The investigation is continuing.

**Shots Fired** October 28 at 5:02 a.m., several calls were received reporting shots heard in the 300 block of North Canyon and the 300 block of Prospect. The callers also reported they heard a male subject yelling for help. Officers arrived and narrowed the search to a residence in the 300 block of Prospect. They could still hear a male subject asking for help. They yelled out to him and he said he was on the second floor and needed help. Officers forced entry, cleared the residence and located the subject in his bed upstairs. The subject didn't have a phone and needed medical attention, so he fired 4 to 5 shots into the ground from his balcony off his bedroom to get help to come. He was treated by paramedics and taken to a hospital. His gun was taken for safe keeping.



FROM PASADENA UNIFIED:  
2018-2019 SIBLING & PRIORITY REGISTRATION

Sibling & Priority Registration for the 2018-2019 school year is Oct. 30-Nov. 17, 2017 Registration closes at noon on Friday, Nov. 17.

Sibling Registration: The brothers and sisters of PUSD students currently attending PUSD schools on a permit have a one-time-only opportunity to pre-enroll in the same school for 2018-2019 through Sibling Registration, which opens Oct. 30. To be eligible for Sibling Registration, students must live at the same home address in PUSD and siblings must attend the same school together in the 2018-19 school year.

Priority Enrollment is for current Willard 5th graders who will transition to Blair Middle School's International Baccalaureate program, and for current 5th and 8th grade students in Dual Language Immersion Programs who will continue in Dual Immersion programs next year.

Registration takes place at schools--not the District office--and once a student completes Sibling & Priority Registration, they are pre-enrolled for the next academic year and may not participate in any other phase of 2018-19 Open Enrollment-School Choice.

Sibling & Priority Registration information was recently mailed to all PUSD families. To see a copy of the mailer and the list of registration documents to bring, please visit [openenrollment.info](#)

General Open Enrollment-School Choice applications for the first of two lotteries will be accepted online January 11 through February 2, 2018.

For details about school tours, applications and more, contact the Office of Enrollment, Permits & Student Records at 626-396-3639 or visit [openenrollment.info](#)

Math Academy:

PUSD's Math Academy begins in 6th grade and is offered at three PUSD schools in 2018-2019:

- McKinley K-8 School
- Sierra Madre Middle School
- Washington STEAM Magnet Academy

Current PUSD fifth grade students who may be eligible for Math Academy in the 6th grade should not pre-register through Sibling & Priority Enrollment in November for a middle school that does not have a Math Academy program. To apply for the Math Academy in 2018-2019 Current PUSD students

- Applicants (rising 6th graders) must take an assessment November 13-17, 2017. Results will be released the week of December 4, 2017
- Apply online to a middle school with a Math Academy program through Open Enrollment-School Choice January 11 - February 2, 2018
- Applicants must take a final qualifying test in early March
- Eligible candidates register for school the week of March 12-16, 2018

Note: Current PUSD fifth grade students who may be eligible for Math Academy in the 6th grade should not pre-register through Sibling & Priority Enrollment in November for a middle school that does not have a Math Academy program.

Non-PUSD students

Students who live within the attendance boundaries of the Pasadena Unified School District but do not currently attend a PUSD school may apply during Open Enrollment-School Choice January 11 - February 2, 2018

Interdistrict Students

Students who live outside of PUSD boundaries will have an opportunity to apply during the second lottery of Open Enrollment-School Choice April 2 - 6, 2018.

WHAT ARE 'STEAM' SUBJECTS  
AND WHY DO THEY MATTER?

(StatePoint) If you've heard your child's educators talking about "STEAM" subjects, they are referring to Science, Technology, Engineering, Arts and Math. And these subjects are growing in importance, as more industries require a strong mastery of the concepts and skills involved.

What's more, a growing body of research shows that exposure to the arts can have a positive impact on one's performance in science and math-oriented subjects. As your children prepares to succeed in all their classes, keep these things in mind:

The Right Classes

Talk to your children about ensuring they stack their class schedules with courses that challenge but don't overwhelm them. It's easy to overload a schedule with far too many advanced science courses in one semester that can make success unattainable. By the same token, it's important to ensure that your student is taking enough of the right classes to build a strong foundation for future endeavors. A guidance counselor can help your child strike the right balance.

The Right Tools

STEAM success is built on having the right tools, so be sure students are well-equipped. New models of calculators are taking into account the demands on today's students and offer expanded features that give students the ability to easily draw

three dimensional graphs and view them from various angles to better analyze their shapes. For example, the fx-CG50, the newest model in Casio's calculator portfolio, features a picture plot function and color LCD with a full textbook-style display.

Likewise, students can build a strong arts foundation by learning to play an instrument. Modern music students may prefer using the most cutting-edge instruments, such as Casio's Compact Grand Piano CGP-700, which features a touch display that gives them the option to choose tones, select rhythms and split and layer sounds, as well as the ability to record and playback music. This digital piano has been engineered to have an authentic piano feel and concert grand piano sound.

The Right Programming

After school programming can be an ideal opportunity to reinforce STEAM learning in a way that is fun, creative and social. From the robotics club to the orchestra, find out what your school and larger community offer, and encourage your child to get involved. This programming will likely improve grades and test scores, as well as help your child draw connections between disciplines.

While not all trends are worthy of your attention, the importance of STEAM learning can't be understated and, as a parent, you can help bolster success in these subjects.

SCHOOL DIRECTORY

Alverno Heights Academy  
200 N. Michillinda Sierra Madre, Ca. 91024  
(626) 355-3463 Head of School: Julia V. Fanara  
E-mail address: jfanara@alvernoheights.org

Arcadia High School  
180 Campus Drive Arcadia, CA 91007  
Phone: (626) 821-8370, Principal: Brent Forsee  
bforsee@ausd.net

Arroyo Pacific Academy  
41 W. Santa Clara St. Arcadia, Ca,  
(626) 294-0661 Principal: Phil Clarke  
E-mail address: pclarke@arroyopacific.org

Barnhart School  
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(626) 446-5588 Head of School: Ethan Williamson  
Kindergarten - 8th grade  
website: [www.barnhartschool.org](#)

Bethany Christian School  
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Preschool-TK-8th Grade  
Principal: Dr. William Walner  
website: [www.bcsllions.org](#)

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San Gabriel, CA 91775  
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FAX: 626-286-1528  
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy  
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info@foothilloaksacademy.org  
preschool@foothilloaksacademy.org

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Head of School: Jenny Janetzke  
Email: jenny@frostig.org

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High Point Academy  
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91107  
Head of School: Gary Stern 626-798-8989  
website: [www.highpointacademy.org](#)

La Salle High School  
3880 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 351-8951 website: [www.lasallehs.org](#)  
Principal Mrs. Courtney Kassakhian

Monrovia High School  
325 East Huntington Drive, Monrovia, CA 91016  
(626) 471-2800 Principal Darwin Jackson  
Email: [schools@monrovia.k12.ca.us](#)

Odyssey Charter School  
725 W. Altadena Dr. Altadena, Ca. 91001  
(626) 229-0993 Head of School: Lauren O'Neill  
website: [www.odysseycharterschool.org](#)

Pasadena High School  
2925 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 396-5880 Principal: Roberto Hernandez  
website: [http://phs.pusd.us](#)

St. Rita Catholic School  
322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
Principal Joan Harabedian (626) 355-9028  
website: [www.st-rita.org](#)

Sierra Madre Elementary School  
141 W. Highland Ave, Sierra Madre, Ca. 91024  
(626) 355-1428 Principal: Lindsay Lewis  
E-mail address: [lewis.lindsay@pusd.us](#)

Sierra Madre Middle School  
160 N. Canon Sierra Madre, Ca. 91024  
(626) 836-2947 Principal: Garrett Newsom  
E-mail address: [newsom.garrett@pusd.us](#)

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Weizmann Day School  
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Lisa Feldman: Head of School

Wilson Middle School  
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(626) 449-7390 Principal: Ruth Esseln  
E-mail address: [resseln@pusd.us](#)

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Duarte Unified School District  
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(626)599-5000 Website: [www.duarte.k12.ca.us](#)

FALL KID'S CAMP

The Recreation and Community Services Department offers the Fall Kid's Camp at Holly Avenue Elementary School, 360 W. Duarte Road, Arcadia starting Monday, November 20 to Wednesday, November 22 from 8am-6pm. Each day is filled with fun group activities including crafts, board games, movies, and snacks for youth ages 5-12. Parents are able to sign their children up for one day or all three.

Fall camp is \$27 per child per day. To get a copy of the fall "Buzz" stop by our office, 375 Campus Drive; Arcadia City Hall, 240 W. Huntington Drive; or the Arcadia Public Library, 20 W. Duarte Road. To register in person come by our office or you can go to the city's website at [www.arcadiaCA.gov](#) under the Recreation and Community Services Department to download a copy. The "Buzz" also displays programs and classes for the 2016 fall season in our new, more user-friendly format for you and your family. Do you want to know

what the "Buzz" is about in Arcadia? Pick up the latest copy of "The Peacock Buzz" to find out! For more questions, please contact the Recreation Department at 626.574.5113.

About the City of Arcadia  
Nestled in the foothills of the San Gabriel Mountains, Arcadia is an 11.38 square mile community with a population of just over 56,000. Located approximately 20 miles east of downtown Los Angeles, Arcadia is known for combining small-town charm with the conveniences and amenities of a mid-size city. Arcadia is a full-service charter city governed by a five-member City Council, elected at large. Recognized for exceptional education and recreation opportunities and beautiful neighborhoods, Arcadia is also defined as the "Community of Homes" and has twice been designated the "Best City in California in which to Raise Kids" by Business Week Magazine.



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## HAVE A GRATEFUL DAY WITH YOUR GRATEFUL DOG

Not too long ago, during a walk with "Brown", one of my favorite four-legged friends, it seemed we both shared an unusually heightened awareness of how blessed we are to be alive. We two were very content just to be walking together and enjoying the weather. Along the way we came across an unexpected subtle yet powerful Sierra Madre treasure.

This somewhat hidden treasure could have easily gone unnoticed, but somehow that day it caught my eye and it had such a positive impact on me that I decided to share it with my readers. After all...tis the season, right?

Many thanks to the kind neighbor who lives on Fairview Ave. for placing this lovely treasure in the plastic letter dispenser you have erected in your front yard, for passers-by such as Brown and I to enjoy!

### GRATITUDE:

(Source: A film by Louie Schwartzberg, [www.MovingArt.TV](http://www.MovingArt.TV))

You think this is just another day in your life. It's not just another day. It's the one day that is given to you - today. It's given to you. It's a gift. It's the only gift that you have right now. And the only appropriate response is gratefulness.

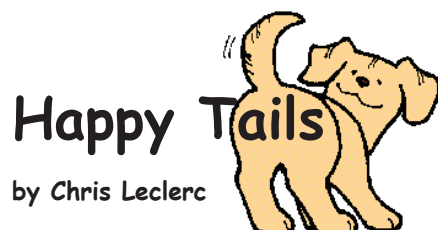
If you do nothing else but to cultivate that response to the great gift that this unique day is, if you learn to respond as if it were the first day of your life, and the very last day, then you will have spent this day very well.

Begin by opening your eyes and be surprised that you have eyes you can open. That incredible array of colors that is constantly offered to us for pure enjoyment.

Look at the sky. We so rarely look at the sky. We so rarely note how different it is from moment to moment, with clouds coming and going. We just think of the weather, and even of the weather we don't think of the many nuances of weather. We just think of good weather and bad weather. This day right now has unique weather, maybe a kind of weather that will never exactly be the same that is right now. The formation of clouds in the sky will never be the same that is right now. Open your eyes. Look at that.

Look at the faces of people that you meet. Each one has an incredible story behind their face. A story that you could never fully fathom. Not only their own story, but the story of their ancestors. We all go back so far. And in the present moment on this day, all the people you meet, all that life from generations and from so many places all over the world, flows together and meets you here like a life-giving water if you only open your heart and drink.

Open your heart to the incredible gifts that civilization gives to us. You flip a switch and there is electric



light. You turn on a faucet and there is warm water and cold water and drinkable water. It is a gift that millions in the world will never experience.

So these are just a few of an enormous number of gifts to which you can open your heart. And so I wish for you that you would open your heart to all these blessings and let them flow through you. That everyone whom you will meet on this day will be blessed by you; Just by your eyes, by your smile, by your touch - just by your presence. Let the gratefulness overflow into blessing all around you, and then it will really be a good day.

So there you have it in a nutshell...give thanks for there is much to be thankful for! I believe in God, our Creator. He is the source of this gift of today, yesterday and tomorrow. Today, be grateful to God for this unspeakable gift.

We Americans are blessed beyond reason. In the big scheme of things we have little or nothing to complain about, yet there are times when we seem to work hard at finding something that will prevent us from simply having a grateful day.

Through all the years of my life (and trust me, there have been many) I have learned that animals, particularly dogs are great at being grateful. Today, why not try letting your pup's appreciation for all the little things in life rub off on you so you can be grateful too? They say that thankfulness is contagious, and I believe it will happen if you'll let it. Above all, don't forget to love and let live.



## MUSA, THE MAGNIFICAT!

### Katnip News!



Meet MUSA, the Magnificat! Yes, he's a magnificent boy, a senior, actually. Age 11 but you'd never know it! Musa is healthy, playful, and cuddly! His owner has passed away, and he has been waiting

for another forever home where he can enjoy his golden years in comfort, with love and pampurring! Won't you open your home and heart for this very dear boy? He is currently being fostered at The Cats Pajamas in Pasadena, where you may call for a Meet & Greet, 626-449-1717. Many senior cats are often forgotten or overlooked. If they are given a chance to shine, they blossom with love. With good care they can live many more years. Adoption fee

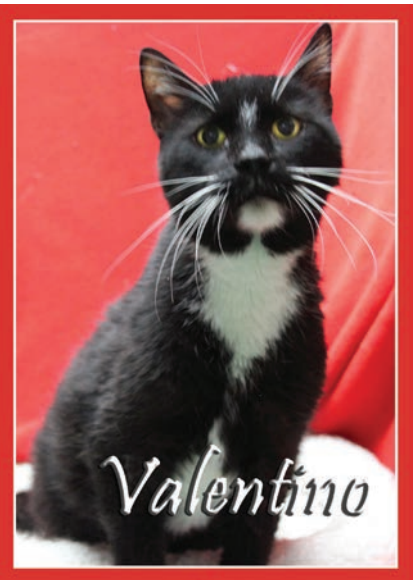


is \$100, which includes neuter, microchip, exam & vaccines. We also have a Senior for Senior Discount at \$50. Our cats are negative FELV/FIV unless otherwise indicated.

See more pictures, adoption info & application on our website, [www.lifelineforpets.org](http://www.lifelineforpets.org). Can't adopt? Visit our website for our easy ways to support our rescue.

## BEST FRIEND

Valentino is a handsome 7 1/2 year old gentleman who wears his tuxedo with style and grace worthy of the designer with whom he shares his name. He is a little timid on approach but quickly accepts attention and loves to have pets that turn into massages of his soft fur. Valentino is a calm boy and is happiest just hanging out with people. His wish is for a bed next to a window to watch the world go by. His play style is slow and go. Valentino is a smart guy and knows he can't catch the laser red dot, so he usually doesn't bother to chase it. He likes to have a toy or feather fly by for him to swing at. He will do fine in a multi-cat family, or love to be your sole companion. If you're looking for a calm,



loving guy, then Valentino is the Bachelor you should choose! Please come in to meet him. November is Adopt a Senior Cat Month! His adoption fee is \$39 this month and includes neuter surgery, vaccinations, microchip and a free wellness exam at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information. He currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel which is located off San Gabriel Blvd, north of Mission and south of Las Tunas Drive. To arrange a 'Meet and Greet', please stop by any time from 10:30am to 4:30pm Tuesday through Sunday. Website: [www.sgvhumane.org](http://www.sgvhumane.org). ID#12117

## HEALTHY LIFESTYLES THE JOY OF YOGA GOOD OLE' ASANA



The immense benefits of practicing yoga never cease to blow my mind. I am continually

in awe and wonderment over the unique benefits of each individual pose. Asana practice affects everything from function of the physiological systems of the body to the psychology of the mind. There are more subtle, yet profound effects on the energetic body as well. The asana practice of yoga can change the shape of your body, quiet your mind and uplift your mood.

Downward Facing Dog (Adho Mukha Svanasana) is a pose that crosses over several categories of asana. It's a backbend, an inversion and an extension. Head to toe is invited to participate in this one! It energizes and rejuvenates the body and the brain. It relieves stiffness in the legs and shoulders while it strengthens the legs, chest, and the arms. Finding the alignment of downward dog is key to finding comfort there and being able to stay in the pose (if you are ok to bear weight on your hands in that position). Once you find the proper "stack of the bones", muscles activate, breath

integrates and a beautiful symmetrical posture results.

Chair Pose (Utkatasana) is a must have pose - at least in my class. In fact, students are surprised when it's not included in a sequence! Most simply, chair pose involves sitting in chair that's not there - with arms overhead, in line with the ears. Practiced correctly, this pose is the all natural yogi espresso. It invigorates on all levels. The body is warmed and mobilized. Respiration and inhale are developed. Any shreds of stagnation fall away with this pose. The muscles of the back, abdomen and thighs are activated. It encourages a backbend in the upper thoracic spine which naturally affects and improves posture. It is a fantastic pose - I highly recommend it!

Keep practicing and enjoying the benefits of the physical practice. It will give you motivation to be active and provide relief from the stresses of life. Visit us at Yoga Madre, see our schedule of classes at [www.yogamadre.com](http://www.yogamadre.com).

Namaste,

Keely Totten, - enjoying the benefits of yoga & meditation one day at time

## THE MISSING PAGE Real Life Tips from Life's Instruction Manual

### LEARNING TO RIDE THE WAVE

"Mindfulness is the best way to be with our suffering without being overwhelmed by it. Mindfulness is the capacity to dwell in the present moment, to know what's happening in the here and now." Thich Nhat Hahn

There are many paths to mindfulness. I have been meditating in the tradition of Thich Nhat Hanh for four years; it is a nontheist form of Buddhism. I was attracted to the practice because of Thich Nhat Hanh's close relationship with Martin Luther King. I grew up in a very traditionally conservative household, so it's kind of weird to think of myself as a Buddhist.

It's practice. We will never achieve perfection. Each day is new, and we strive to become aware, to stay awake.

Sometimes I sit in silence. I endeavor to be conscious of my breath. Sometimes I notice as the breeze passes through my nostrils. Sometimes I watch my breath as my chest rises and falls. If I am careful, and the moment is just right, I can catch that tiny instant between the rise and the fall. Appreciating our life requires awareness, and there is so much going on around, and within us, we forget to notice and enjoy life and the things that happen in between that which seem like big events. It is

difficult to maintain neutrality, and that is where we suffer. We love the highs, but we lament the lows, we suffer. Life is what is happening in between the rise and the fall.

When we feel good, sometimes we want to cling to that feeling and hold on for dear life, breathe through that impulse. If something seems bad, let it go. Don't clench up and resist it.

Just ride the wave; even the tsunami eventually loses its power.

We need not become attached to our circumstances, but we do. When we are hurting, it is tempting to search for a means to avoid ever feeling again. Rather than engaging in attempts to control life and outcomes, let's allow our pain to transform us and appreciate our happiness, let it nurture us. Nothing last forever, whether it's good or bad. Don't worry about the future or dwell in the past. That is where the pain exists. This moment is all that matters. When we can remind ourselves of this moment, we remember that everything is alright.

Lori Harris is a lawyer and coach. You can learn more about her at [LoriAHarris.com](http://LoriAHarris.com) and on her Gratitude Train App.



Lori A. Harris

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## TABLE FOR TWO by Peter Dills thechefknows@yahoo.com

### AWARENESS

Perhaps it's my age. Or perhaps I'm just developing awareness to the effects of alcohol consumption. A recent study published in the University of Berkeley Wellness Newsletter said that moderate consumption for an average adult is one drink a day for women and two drinks for a man (obviously age and weight play a part). You may have heard that a glass of red wine is good for your heart, which makes sense since it contains antioxidant and anti-inflammatory properties that may protect blood vessels, but beer and peanuts have benefits as well as any foods derived from plants. I recently covered a story on my radio program promoting beer as a preventative cure for Alzheimer's. Wine drinkers tend to be a bit more health conscious than beer drinkers and often consume their wine with meals. Recently I came across an article suggesting tequila can help you lose weight. I think you see where this is all going.

Rodney Strong Vineyards in Sonoma County has been producing wines since the 1950's. I recently purchased a bottle of the 2014 Cabernet for under \$20 at my local supermarket. Yes there was indeed a Rodney Strong - he made his mark in the wine business, but began his career as a dancer (there must be a segue, here but I'll stick to the wine). Finding a cabernet under \$20 is easy; finding a good one is something else. I first discovered Rodney Strong while staying at a swanky Newport Beach hotel - the wine was the gift they left in the room as a welcome present. Not one to shy away from a gift of wine and cheese, I have been a big fan since. The wine itself is a bit lighter in color than some other cabs, but the nose and finish are right on target. Some of my friends think it needs to sit for a couple of years, but I say at this price

point there is no reason to sit on it. Open and let it breathe for a half-hour and Rodney is ready. It goes great with a sweet cheddar cheese or a roasted chicken or even a bone in rib eye. It's priced right, and readily available at restaurants and your local wine retailer.

#### Dills Score

Each week I will give you my Dills Score. Starting with a base of 50 points, I have added 7 points for color, 8 points for aroma or "nose", 8 points for taste, 8 points for finish, and 8 points for my overall impression, which includes my value rating.

Total Score 91

Retails for \$25.00 On Sale around \$19 at area markets including Vons

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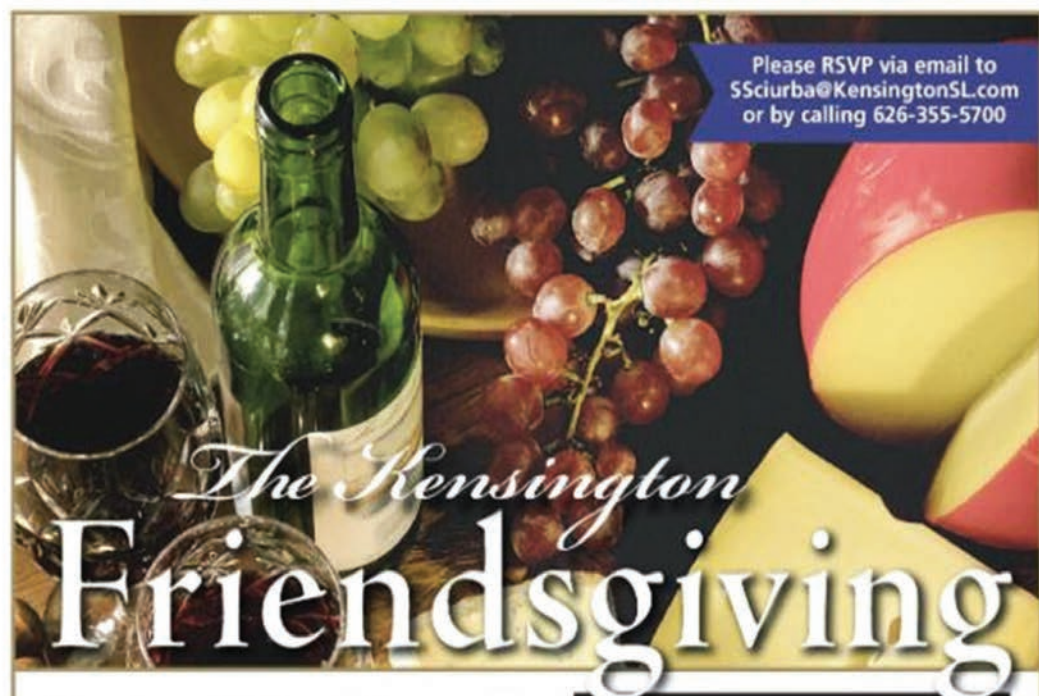
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Friday & Saturday



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As a token of our appreciation for your contribution to the cause, please accept a bracelet and join us for cocktails and hors d'oeuvres at...

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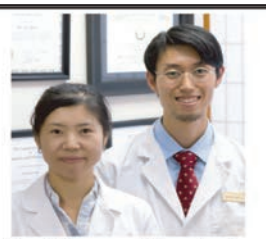
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## ASSISTANCE DOGS PROVIDE HELP AND LOVE

Dear Savvy Senior

What can you tell me about assistance dogs for people with disabilities? My sister, who's 58, has multiple sclerosis and I'm wondering if an assistance dog could help make her life a little easier. Inquiring Sister

Dear Inquiring

For people with disabilities and even medical conditions, assistant dogs can be fantastic help, not to mention they provide great companionship and an invaluable sense of security. Here's what you and your sister should know.

While most people are familiar with guide dogs that help people who are blind or visually impaired, there are also a variety of assistance dogs trained to help people with physical disabilities, hearing loss and various medical conditions.

Unlike most pets, assistance dogs are highly trained canine specialists – often Golden and Labrador Retrievers, and German Shepherds – that know approximately 40 to 50 commands, are amazingly well-behaved and calm, and are permitted to go anywhere the public is allowed. Here's a breakdown of the different types of assistance dogs and what they can help with.

Service dogs: These dogs are specially trained to help people with physical disabilities due to multiple sclerosis, spinal cord injuries, Parkinson's disease, chronic arthritis and many other disabling conditions. They help by performing tasks their owner cannot do or has trouble doing, like carrying or retrieving items, picking up dropped items, opening and closing doors, turning lights on and off, assisting with dressing and undressing, helping with balance, household chores and more.

Guide dogs: For the blind and visually impaired, guide dogs help their owner get around safely by avoiding obstacles, stopping at curbs and steps, negotiating traffic and more.

Hearing dogs: For those who are deaf or hearing impaired, hearing dogs can alert their owner to specific sounds such as ringing telephones, doorbells, alarm clocks, microwave or oven timers, smoke alarms, approaching sirens, crying babies or when someone calls out their name.

Seizure alert/response dogs: For people with epilepsy or other seizure disorders, these dogs can



recognize the signs that their owner is going to have a seizure, and provide them with advance warning, so he or she can get to a safe place or take medication to prevent the seizure or lessen its severity. They are also trained to retrieve medications and use a pre-programmed phone to call for help. These dogs can also be trained to help people with diabetes, panic attacks and various other conditions.

#### Finding a Dog

If your sister is interested in getting a service dog, contact some assistance dog training programs. To find them, Assistance Dogs International provides a listing of around 65 U.S. programs on their website that you can access at AssistanceDogsInternational.org.

After you locate a few, you'll need to either visit their website or call them to find out the types of training dogs they offer, the areas they serve, if they have a waiting list, and what upfront costs will be involved. Some groups offer dogs for free, some ask for donations and some charge thousands of dollars.

To get an assistance dog, your sister will need to show proof of her disability, which her physician can provide, and she'll have to complete an application and go through an interview process. She will also need to go and stay at the training facility for a week or two so she can get familiar with her dog and get training on how to handle it.

It's also important to understand that assistance dogs are not for everybody. They require time, money, and care that your sister or some other friend or family member must be able and willing to provide.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

## SENIOR HAPPENINGS



#### HAPPY BIRTHDAY! ....November Birthdays

Flo Mankin, Alberta Curran, Carmela Frontino, Kathy Wood, Lena Zate, Joe Pergola, Janice Kacer, Valerie Howard, "Mike" Ruggles, Joan Ruggles, Lois Stueck, Jean Wood, Shirley Yergeau, Kathi Jefferson, Pat Krok, Irene Nakagawa, Anna Ross, Mary Steinberg and Sue Quinn. \* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required but you must be over 60.

**ACTIVITIES:** Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre



Hawaiian & Polynesian Dance Class: Every Tuesday morning from 10a.m. to 11a.m. Join instructor Barbara Dempsey as she leads you in the art of Hula.

Bingo Time: Every Tuesday beginning at 1:00p.m. Cards are only \$0.25 each! Everyone is welcome to join. Activity may be canceled if less than five people.

Free Blood Pressure Testing: 2nd Tuesdays of the month from 11a.m. to 12p.m. No appt. is necessary.

Brain Games - \*New Activity\*: Join us on Thursday November 16th, at 10:30a.m. to 11:30a.m. for

Scattergories. A creative thinking game by naming objects within a set of categories. Everyone is welcome, and no experience is needed. What a great way to strengthen your brain and make new friends. Activities are facilitated by Senior Volunteers.

Free Legal Consultation: Wednesday, November 15th from 10:30a.m. to Noon. Attorney Lem Makupson is available for legal consultation. Specializing in Family Law, Wills, Trusts, Estates, and Injury. Appointments are required by calling 626-355-7394.

Senior Club: Meets every Saturday at the Hart Park House Senior Center. Brown Bag Lunch at 11:30a.m.

Chair Yoga: Mondays & Wednesdays from 11:00a.m. to 11:45a.m. with Paul Hagen. Classes include yoga and balance exercises. All ability levels are encouraged and welcomed!\* A voluntary donation of \$5.00 per week is suggested but not required.

Birthday Celebrations: Every 2nd Thursday monthly at the Hart Park House, share some free birthday cake provided by the Sierra Madre Civic Club.

Game Day: Every Thursday starting at 12:00p.m. Come join this group of Seniors in their poker game. Other games are offered to all.

Free Strength Training Class: Fridays from 12:45p.m. to 1:30p.m. with Lisa Brandley. This energetic class utilizes light weights, low impact resistance and training conditioning. Class equipment is provided.

## UPCOMING EXCURSIONS:

#### The Maloof House and Gardens



.. (Alta Loma)  
Date: Wednesday, November 29, 2017  
Time: 9:15am to 2:30pm  
Meeting Location: Hart Park

House Senior Center

Cost: \$20 (Does not include lunch)

Guided tour of the fascinating home handcrafted by renowned American woodworker Sam Maloof and furnished with examples of his signature furniture. The house is also a showcase of Sam and Alfreda Maloof's incomparable collection of 20th Century Studio craft and fine art. Following the house tour, take a self-guided tour of the Maloof Garden with its water-wise plantings and enchanting garden art and then visit the Museum Shop. Patrons are required to leave their handbags and other large belongings in a locked coat check room prior to touring the home. Lunch is on your own at Walter's Restaurant in Claremont. Level of Walking: Medium. Please call the Hart Park House 626-355-7394...

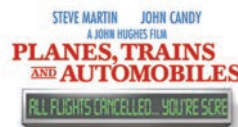


#### HOLIDAY CRAFTS

Holiday Crafts Thursday, November 16th, 12:30 p.m. – 1:30 p.m. Participants will be painting and decorating repurposed wine bottles. Art materials and supplies will be provided, however spaces are limited. Reservations are required to save your spot. \*\*Please call the Hart Park House 626-355-7394\*\*

Monday, December 4th, 12:30 p.m. – 1:30 p.m.

Kt Boyce will demonstrate paper crafts and ornament-making. Turn paper and charms into a beautiful holiday ornament or a present garnish. Bring ornaments from home and share your personal stories. Materials and supplies will be provided, but spaces are limited - Reservations at 626-355-7394.



#### SENIOR CINEMA -

November 15th at 1:00 p.m.  
Planes Trains and Automobile (1987)

Neal Page (Steve Martin) is somewhat of a control freak. Trying to get home to Chicago to spend Thanksgiving with his wife and kids, his flight is re-routed to a distant city in Kansas because of a freak snowstorm and his sanity begins to fray. Worse yet, he is forced to bunk up with talkative Del Griffith (John Candy), whom he finds extremely annoying. Together they overcome the insanity of holiday travel to reach their intended destinations. Run Time: 1h 33m.

## KATIE Tse .....This and That COBRA WOMAN!



What has snakes, dancing girls, and a human sacrifice-hungry island volcano? You guessed it --"Cobra Woman!" This 1944 cult classic has all the corniness of camp films, short of starring

Vincent Price. It was also featured as an "At the Movies Flick Pick" in the L.A. Times. So I'm not the only weirdo who saw it!

Here's the story in a nutshell: Ramu, our love interest (with an American accent), is engaged to Tollea, a beautiful redhead (with a South American accent) on a quaint island in the South Pacific. They never tell you it's the South Pacific, but that's the impression you get. Much of this movie was shot at the Arcadia Arboretum. Anyone who's been there in the last 10 years will recognize the pool, palm trees, and steps leading into the water. Back to the story... Just before the couple hits the alter, Tollea is kidnapped! Her step-father (who has a Scottish accent) seems totally cool with this, and suggests to Ramu that he forget all about her. With relatives like that who needs enemies? Ramu, however, isn't willing to give up his bride so easily. Her step-father explains that she was rescued from "Cobra Island" as an infant, and now her people have come to take her back.

Ramu sets off for Cobra Island in a small dingy. Little does he know that Kado, his trusty native guide, has followed him despite Ramu's strict instruction to not get involved. (Like all English language learners in old movies, Kado has problems with noun/verb agreement. e.g., "I are your friend!") Having arrived at Cobra Island, Ramu witnesses Naja, Tollea's evil twin sister, strutting along with a throng of pretty girls in tow to the "royal lagoon." Ramu naturally assumes that this is his beloved Tollea, and dives into the water after her. They frolic around in an under water scene reminiscent of Esther Williams.

To make a long story a bit shorter, Ramu gets



© 2012 Katherine Tse

imprisoned. The dungeon looks exactly like the one from "The Wizard of Oz." In fact, Cobra Island is patrolled by guards who look as if they borrowed their outfits from the Wicked Witch's bodyguards. And as if they didn't stole enough from Oz, when the royal priest comes to interrogate him, Ramu overtakes him and steals his robe as camouflage.

You almost expect to see the Cowardly Lion's tail wagging behind him.

Meanwhile, Tollea's grand other explains the situation to her. (Granny's also an American. One wonders where Tollea got her Spanish flare.) Both Tollea and her sister were subjected to the bite of the Cobra King at birth, but Tollea, the elder, was sickened. So Naja, deemed the stronger one, and was granted the priesthood. Fire Mountain has been rumbling all this time, so Naja calls an assembly of the people and does a hilarious sensuous dance, circling round a live cobra. At first she's wearing something like

Queen Amidala's getup in Star Wars: Episode 1. Then she sheds it down to a shimmering hip-hugging sequined dress. This is the highlight of the whole film --Hilarious! As her gyrations grow in intensity, she starts pointing at members of the audience, who are immediately carried away to become sacrifices to Fire Mountain.

Tollea and Naja eventually duke it out, Tollea demanding, "Geeve me the cobra jewel" (which sound like "yule" in her Cobra Island accent). Everything on Cobra Island is righted at the end, but Ramu must return to the Scottish colony and let Tollea rule her people as the rightful heiress. Ramu and Kado sigh heavily, sailing back to the Scottish Isle in their dingy. Suddenly Tollea appears from under the rigging! She and Ramu embrace, and she assures him that she set up her lady-in-waiting as the head of church and state. Nothing to worry about! They happily sail away into the open sea. If only real life were as simple as the movies...



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Looking Up with Bob Eklund



POWERING SATURN'S ACTIVE OCEAN MOON

Heat from friction could power hydrothermal activity on Saturn's moon Enceladus for billions of years if the moon has a highly porous core, according to a new modeling study by European and U.S. researchers working on NASA's Cassini mission.

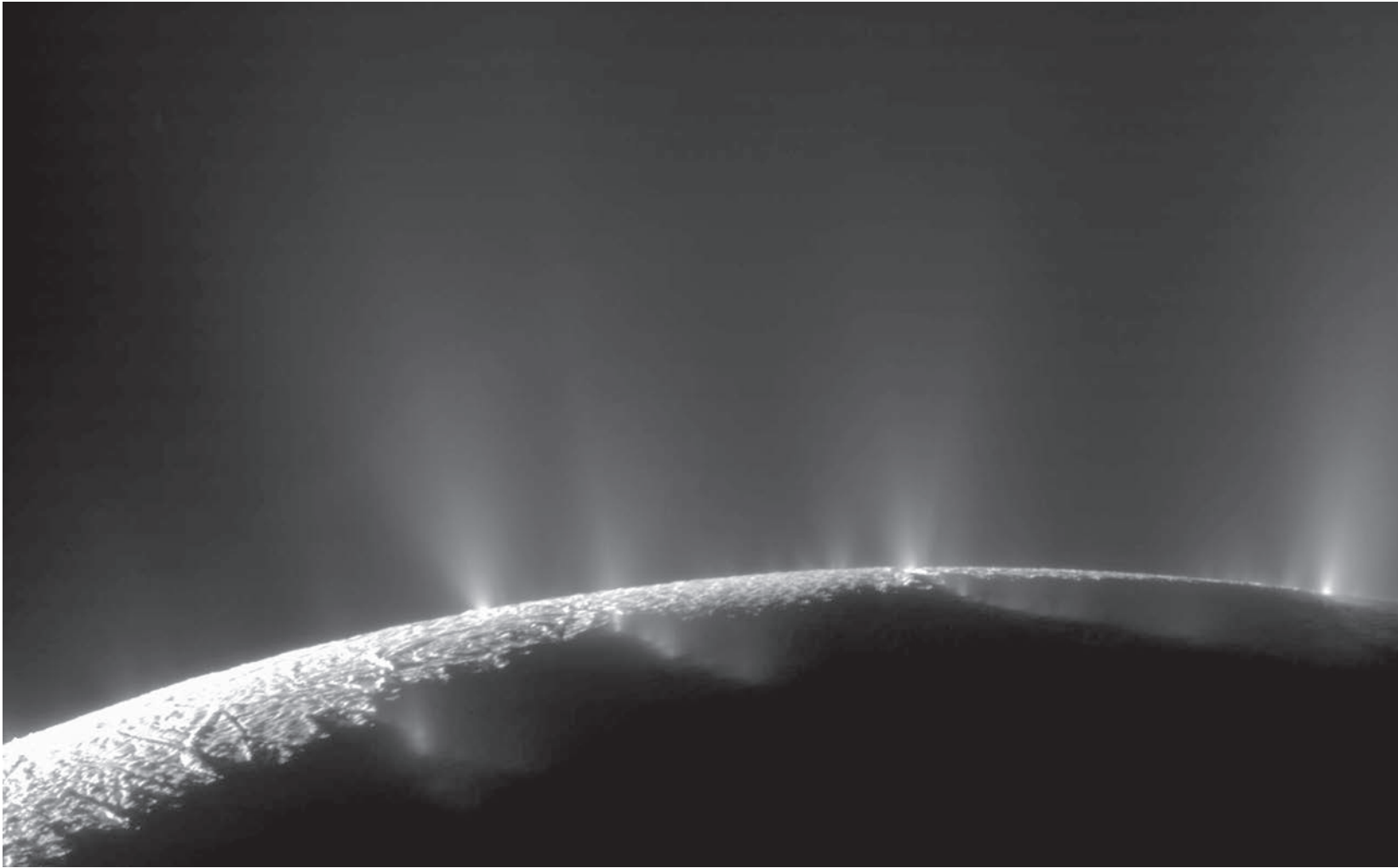
The study helps resolve a question scientists have grappled with for a decade: Where does the energy to power the extraordinary geologic activity on Enceladus come from?

Cassini found that Enceladus sprays towering, geyser-like jets of water vapor and icy particles, including simple organics, from warm fractures near its south pole. Additional investigation revealed the moon has a global ocean beneath its icy crust, from which the jets are venting into space. Multiple lines of evidence from Cassini indicate that hydrothermal activity—hot water interacting chemically with rock—is taking place on the seafloor.

One of those lines was the detection of tiny rock grains inferred to be the product of hydrothermal chemistry taking place at temperatures of at least 194 degrees Fahrenheit. The amount of energy required to produce these temperatures is more than scientists think could be provided by decay of radioactive elements in the interior.

"Where Enceladus gets the sustained power to remain active has always been a bit of a mystery, but we've now considered in greater detail how the structure and composition of the moon's rocky core could play a key role in generating the necessary energy," said the study's lead author, Gaël Choblet from the University of Nantes in France.

Choblet and co-authors found that a loose, rocky core with 20 to 30 percent empty space would do the trick. Their simulations show that as Enceladus orbits Saturn, rocks in the porous core flex and rub together, generating heat. The loose interior also allows water from the ocean to percolate deep down, where it heats up, then rises, interacting chemically with the rocks. The models show this activity should be at a maximum at the moon's poles. Plumes of the warm, mineral-laden water gush from the seafloor and travel upward, thinning the moon's ice shell from beneath to only half a mile to 3 miles at the south pole.



The study is the first to explain several key characteristics of Enceladus observed by Cassini: the global ocean, internal heating, thinner ice at the south pole, and hydrothermal activity. It doesn't explain why the north and south poles are so different, though. Unlike the tortured, geologically fresh landscape of the south, Enceladus' northern extremes are heavily cratered and ancient. The authors note that if the ice shell was slightly thinner in the south to begin with, it would lead to runaway heating there over time.

The researchers estimate that, over time (between 25 and 250 million years), the entire volume of Enceladus' ocean passes through the moon's core. This is estimated to be an amount of water equal to two percent of the volume of Earth's oceans.

Flexing of Enceladus' icy crust due to the tidal pull of Saturn had previously been considered as a heat source, but models showed this would not produce enough sustained power. The ocean in Enceladus would have frozen within 30 million

years.

Launched in 1997, the Cassini spacecraft orbited Saturn from 2004 to 2017. Cassini made numerous dramatic discoveries, including the surprising activity on Enceladus and liquid methane seas on Saturn's largest moon, Titan. Cassini ended its journey with a dramatic plunge into Saturn's atmosphere on Sept. 15, 2017, returning unique science data until it lost contact with Earth.

You can contact Bob Eklund at: [beklund@MtnViewsNews.com](mailto:beklund@MtnViewsNews.com).



CHRISTOPHER Nyerges  
DEALING WITH OUR FEARS

[Nyerges is the author of numerous books, including "How To Survive Anywhere" and "Enter the Forest." He can be reached at Box 41834, Eagle Rock, CA 90041, or [www.ChristopherNyerges.com](http://www.ChristopherNyerges.com).]

I have often wondered how the commemoration of All Hallows Eve, or Hallowe'en, has devolved into a day of choosing to face our fears in a fun way, and to eat a lot of candy. It is what I did as a child, dressing up in a costume, screaming, pretending to be frightened, and collecting lots of candy. Yes, it was fun, but it was also somewhat unfulfilling. As I grew older, I wanted to know what it was all about, and why we all went through the motions of the day, year after year.

When this time of year was commemorated by past cultures, it was believed to be a time when the dead are very close, and perhaps could be contacted. It was a day to confront our fears and conquer them, and a time to acknowledge our dearly beloveds who have passed away.

When we speak of conquering our fears, it is worthy to note that the root of the word "conquer" is "with" and "query," meaning that "to conquer" is not so much about vanquishing an enemy, as it is about seeking knowledge, with others, about those things which trouble us, of which we know little.

In that sense, part of conquering our fears means that we should not pretend we have no fears, and avoid the subject, but we should face them directly, and seek the root of the fear.

When I was in Guatemala a few years ago, one of our teachers was a man who operated a jade store and Mayan museum. He talked to us about the creation myth from the Popul Vuh, and then began to speak about the Long Count of the Mayan calendar.

"But it seems like a lot of people really want the world to end!" he said, as we all laughed. He went on to explain – as my group heard over and over – that there are no predictions from the Mayans about the "end of the world" or doom and gloom, referring to the infamous 2012 date that so many were frightened about. Some poor journalists must have thought they heard "end of the world" when it was only "the end of one calendar cycle."

"Yes, anything could happen," he continues, "but it's good to stick to facts. The Maya don't say anything about the end of the world. In fact, they have dates listed for several thousand years from now. If they thought the world was coming to an end, why did they use those dates?"

Our main teacher, Miguel Angel Vergara, spoke after the laughter died down.

Vergara asked us to list our fears – in general, and about the 2012 date – as we wrote them on the board. It was a very predictable list.

The Unknown.

Death.

Suffering and pain.

Family.

Losing things.

Vergara then addressed these "fears" one by one.

Yes, the unknown is a mystery, he told us. He paused, and then emphasized to us that the past is

the past, and is over. The future is the unknown. It is only the present that is our real gift. There fore, we need to simply focus on the present, and not let our minds run away in the past or the future.

Death. Yes, we will all die. We will. And so? Accept it, and then live your life fully.

Suffering and pain. Again, Vergara said, yes, life is full of suffering and pain. That's life. It has nothing to do with 2012.

Concern for our families. Vergara smiled and said, "They will survive without us." He acknowledged that everyone is concerned about their families and this is natural. But we need not have an imbalanced worry about whether or not someone else might or might not survive a situation. Just carry on with living your life.

Lastly, he addressed the notion of losing things. We will lose things, he said. That's life. Whether in catastrophe or in ordinary life, we lose things. And when we die, we don't take physical things with us!

Vergara paused and said loudly, "Think! You all



Vergara talks about the Mayan culture..

of us have ALL that you need. (He was speaking to an audience of mostly Americans and Canadians). You have cars, money, homes, and you still suffer. What are you fearing? You are all like millionaires [sometimes he would say billionaires] compared to most of the people in the rest of the world.

"We buy what we need at the supermarket," Vergara told us. "We have lost our inner warrior. We are weak and we are comfortable. We don't want to fight. So what should we do, asked Vergara. What is the best formula to recover this part of ourselves?"

He offered many solutions. He described ceremonies that we could perform to reconnect with the earth, and our divinity. He said Love, Real Love, is a part of our solution. Vergara added that "Ninety-nine percent of the time we fail to solve our problems because we don't knock on the door of divinity. We think that our ego will solve our problems. We know all the things of the outside world, but we don't know our Self. Are first task is to Know Thy Self."

Vergara emphasized the need to avoid fear, and go forward with our purpose in life. He explained that most people in the poorer and lesser-developed parts of the world are not worried about "the end of the world" predictions. Why? They are working hard, every day, for basic survival. "Always keep in mind that the main purpose of life is Self-Realization."

During my studies with Vergara, and other Mayan teachers, I found that they never shied away from talking about death, or fears in general. They taught us to look forward with open eyes, and to embrace others who are on the same seeking-path. As Eric Fromme stated in his classic "Art of Loving" book, Love is the solution to the problem of human existence.



OUT TO PASTOR  
A Weekly Religion Column by Rev. James Snyder  
THIS FALL WAS A MAJOR TRIP FOR ME

This past week the Gracious Mistress of the Parsonage said to me rather casually, "I guess you know today is November?"

She's always joking with me and I assumed this was one of her jokes.

"You can't fool me," I said quite sarcastically, "I know it's October."

With that, she led me to the refrigerator where she had a calendar and pointed to me that today was the first day of November.

It was hard for me to believe it; I thought she had made that calendar up herself. After thinking for a few moments, I concluded that she was right. After all, she's always right and I'm always left holding the bag.

With a little bit of sadness in my voice I said to her, "Where in the world did October go? I'm not finished with October yet."

"Finished or not," she said laughingly, "October is over and it is now November."

I like to enjoy my time and I did not believe I had fully enjoyed all of October yet. That's just the way life is. Here today, gone tomorrow. October yesterday, November today. When will all of this nonsense stop?

I should have noticed it was November because the whole house smelled of roast turkey in the oven. It is in November that we celebrate Thanksgiving. My wife had already purchased the turkey and was in the process of cooking it for Thanksgiving.

The only turkey we're not really grateful for is Yours Truly.

When Fall comes, you would think I would be prepared. Fall brings a different attitude in things. All of the nice warm weather is gone and now we have a little bit of Chilly Willy weather.

Summertime is the time to be a little lazy and not get too worked up about anything. The attitude I have during the summer is, "There's always tomorrow."

The attitude of the Gracious Mistress of the Parsonage is, "There's only today."

Summertime cultivates a sense of laziness in my bones. I can get away with doing the summer because I can always complain about the heat. "It's too hot to do anything today." I usually get away with it.

Tripping into November that attitude and excuse goes out the window.

There is an expectancy from the other resident in our home that there is a lot of work to do in preparation for Thanksgiving and Christmas and New Year's Eve and it all has to be done now. Then, she produces her infamous "Honey-Do-List" and hands it to me.

Oh, how I miss the summer time.

I know Fall comes every year, but for some reason it always catches me by surprise.

Just like in the sixth grade. Our teacher gave us a test every Friday, but when Friday came, it was a surprise to us. I guess I have brought that attitude into adulthood.

Getting things done is the priority of my wife, which she pushes off on to me. My attitude is that if it gets done, it gets done and if it doesn't get done, I'll do it tomorrow.

Between November and December, there are 61 days. That sounds like a lot of time, but when you have to squeeze into 61 days 999 items from the "Honey-Do-List" it just does not seem possible. My wife, however, can do that and more in 61 days.

Being the gracious husband I have been all these years, I have never yet asked her how she does it. Because I know, if I asked, she will tell. There are some things I don't need to know and that is one.

Another problem I have with Fall is the weather. All summer long, I have grown accustomed to wearing short sleeve shirts. I like short sleeve shirts. When Fall comes, particularly November, the weather changes and I need to step up my game to long sleeve shirts.

I don't have any problem so to speak with long sleeve shirts. I just prefer a short sleeve shirt. But you know the weather. It demands long sleeve shirts in the Fall. Of course, when fall disappears and winter steps up, the long sleeve shirt is transferred into a sweater. And you know what sweaters are like.

I would not mind the Fall so bad if it wasn't so busy. Beginning with the Halloween celebration, whatever that is, and going all the way down the road to the New Year's Eve celebration is one celebration after another.

As I was musing on all of these aspects of the Fall season, my wife brought me a hot apple cider tea. It is one of my favorite drinks. She said as she brought it to me, "I know Fall is here and I thought you might enjoy this hot apple cider tea."

All summer long, I had forgotten about this favorite drink of mine. When she brought it to me, I could not keep a smile off of my face. After my first sip, I sat back in my chair and said loudly so everybody in the house could hear, "I'm glad it's Fall."

While I was drinking my hot apple cider tea, I mused on a verse from the Psalms. "This is the day which the Lord hath made; we will rejoice and be glad in it" (Psalm 118:24).

Every day brings it some reason to rejoice in the Lord. My job is to find that reason.

Dr. James L. Snyder is pastor of the Family of God Fellowship, 1471 Pine Road, Ocala, FL 34472. He lives with his wife in Silver Springs Shores. Call him at 352-687-4240 or e-mail [jamesnsnyder2@att.net](mailto:jamesnsnyder2@att.net). The church web site is [www.whatafellowship.com](http://www.whatafellowship.com).

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A vertical poster celebrating Veterans Day. The top half has a light blue background with red stars at the very top and bottom. In the center, it says "HAPPY VETERANS DAY" in large blue letters, with "NOVEMBER 11TH" in red below it. A banner reads "Honoring all who served". The bottom half shows a photo of two women, Katie Orth and Judy Webb-Martin, sitting on a bench outside a building. To their left is a sign that says "Welcome PLEASE COME IN" and "626.355.2384". Below the photo are their names, phone numbers, email addresses, and CalBRE IDs.

HAPPY  
**VETERANS DAY**

NOVEMBER 11<sup>TH</sup>

*Honoring all who served*

A photograph of two women sitting on a black metal bench with orange seats. The woman on the left has long brown hair and is wearing a grey cardigan over a colorful floral patterned top. The woman on the right has short white hair and is wearing a bright purple jacket over a dark patterned scarf. They are both smiling at the camera. Behind them is a storefront window displaying various items. To the left of the women is a red sign that reads "Welcome PLEASE COME IN" and "626.355.2384".

**Katie Orth**

626.507.3034

katieo@podley.com

CalBRE #00942500

**Judy Webb-Martin**

626.507.3028

judywm@podley.com

CalBRE #00541631

The logo for Podley Properties, featuring the word "Podley" in a stylized script font above the word "PROPERTIES" in a smaller, sans-serif font, all enclosed within a dark square border.

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A horizontal banner for Sierra Madre Animal Hospital. On the left is the hospital's logo, which features a stylized mountain range in dark blue and a winding path in light blue. Below the logo, the text 'Sierra Madre' is written in a large, bold, dark blue font, and 'ANIMAL HOSPITAL' is written in a smaller, all-caps, dark blue font below it. To the right of the logo, the name 'Walter Cailleateau, DVM' is displayed in a large, bold, orange font. Below this, the address '927 N. Michillinda Ave.' and 'Pasadena, CA 91107' are listed in a smaller, dark blue font. The phone number '(626) 351-8863' is shown in a large, bold, orange font. To the right of the text is a dashed rectangular box containing the text 'Free Exam!' in a large, bold, orange font, followed by 'For New Clients' in a medium, bold, orange font. Below this, the text 'Bring this coupon to save!' is written in a smaller, dark blue font. At the bottom of the dashed box is a small version of the Sierra Madre Animal Hospital logo. To the right of the dashed box are two photographs: a Siamese cat with light-colored fur and dark points on its face and ears, and a brown and white Boxer dog sitting and looking towards the camera.



## AROUND SAN GABRIEL VALLEY

### TAKING THE GOLD LINE TO CITRUS COLLEGE AND BEYOND

By Dr. Edward C. Ortell  
Citrus College Governing Board Member

This fall, over 20,000 students from throughout the San Gabriel Valley and beyond have taken the first step to changing their lives for the better by enrolling in courses at Citrus College.

For many, especially those who are low-income or first-generation college students, this is a momentous decision that comes with increased financial responsibilities, lifestyle changes and a great deal of hard work. A significant number of them have jobs and families that already place demands on their time and resources. For these students, transportation presents a major obstacle to achieving their higher education goals.

A recent survey conducted by the California Student Aid Commission found that the costs associated with attaining a college education, even for students attending one of California's affordable community colleges, can stack up quickly, and students can expect to pay up to \$1,000 per year on transportation alone.

Given its close proximity to the APU/Citrus College Gold Line Station – less than a block from the campus – Citrus College provides a unique higher education option for students seeking low-cost, convenient transportation. Perhaps that's the reason Citrus College students have advocated for the Foothill Extension of the Gold Line for more than a decade. Even today, their commitment to public transportation remains strong. Last spring, 83 percent of them voted to increase their student fees so they could be part of the Class Pass program, which



Dr. Edward C. Ortell

allows them to purchase low-cost transit passes for unlimited rides on Foothill Transit Local and Silver Streak bus lines.

Close proximity to a light-rail station isn't the only reason students are enrolling in increasing numbers at Citrus College. The college has long been recognized for excellence among its peer institutions. This year, Citrus College was voted "Favorite College" and "Favorite Career College" by the readers of the San Gabriel Valley News Group, and Citrus College was awarded the "Gold" distinction for being the "Best Community College" in Beacon Media Readers' Choice Awards. Once again, the college was ranked among the top 100 community colleges in the nation for awarding associate degrees for transfer, and Citrus College continued to be named a "STEM Jobs Approved College" and a "Military Friendly School" by GI Jobs magazine.

While it's gratifying to know that the efforts of students, employees, college leaders and board members were instrumental in connecting locales west and southwest to the many outstanding programs offered by Citrus College, we know that there is still work to be done. In December, Citrus College will be the site of a groundbreaking ceremony for the next phase of the Foothill Gold Line, which will take the line east from the APU/Citrus College Station to Montclair.

One day, graduates of Citrus College will take the Gold Line to continue their education at prestigious four-year colleges and universities, or they will travel to rewarding careers and exciting destinations throughout our region and beyond.

### 2017 BREEDERS' CUP AT DEL MAR:

*Nothing Less than Spectacular*

By Joan Schmidt

The late Bing Crosby said, "Del Mar: where the turf meets the surf" and everyone who came had nothing but praise for Del Mar who staged one of the most successful Breeders' Cup Championships in history. The on-track two-day wagering total of \$25,181,317 was the highest ever! Breeders Cup President and CEO Craig Fravel said in a statement, "Del Mar proved to be an extraordinary venue for our Championships."

The venue was a Photographer's Dream and the photos I share today are from Raul Baez, a Photographer and Cross-County Big Rig Driver!

Friday had four Breeders' races. The Winners were JUVENILE FILLIES TURF-RUSHING FALL, trained by Chad Brown, ridden by Javier Castellano; LAS VEGAS DIRT MILE-BATTLE OF MIDWAY, trained by Jerry Hollendorfer, Fravien Pratt, jockey; JUVENILE TURF-MENDESLSOHN, trained by Aidan O'Brien, Jockey Ryan Moore; and LONGINES DISPATCH-FOREVER UNBRIDLED, trained by Dallas Stewart.

Saturday had nine Breeders' races. JUVENILE FILLIES-CALDONIA ROAD, Ralph E. Nicks, Trainer, Mike Smith jockey; TURF SPRINT-STORMY LIBERAL, Peter Miller, Trainer, Joel Rosario, Jockey; FILLIES AND MARE SPRINT-BAR OF GOLD. John Hummel, Trainer, Joel Rosario, Jockey; FILLY AND MARE SPRINT-WUHEIDA, Charlie Appleby, Trainer, William Buick, Jockey; SPRINT-ROY H, Peter Miller, Trainer, Kent Desormeaux, Jockey; MILE STAKES- WORLD APPROVAL, Mark S. Casse, Trainer, John Velasquez, Jockey; ONE AND 1/16 MILE SENTINEL JET JUVENILE STAKES, COLTS AND GELDINGS-GOOD MAGIC, Chad Brown, Trainer, Jose Oriz, Jockey; ONE AND 1/2 MILE LONGINES TURF STAKES, 3 YEAR OLDS AND UP-TALISMATIC, Andre Fabre, Trainer, Mickael Barzalona, Jockey; and ONE AND 1/4 MILE CLASSIC-GUN RUNNER, Steve Asmussen, Trainer, Florent Geroux, Jockey.

All the races were very exciting, but the favored



Kent Desormeaux on Roy H



Mike Smith on Caledonia Road

did not always win. Peter Miller had his FIRST Breeders' win- actually two. He literally was beyond thrilled and jumped up on someone as he hugged them. Peter resides in the area and it was doubly thrilling to have his close by friends see him win at Del Mar. I was happy to see Kent Desormeaux win on Roy H.

Congrats to all the winners and especially our Flavien Pratt of Battle of Midway and Mike Smith on Caledonia Road. Many were surprised that Gun Runner took the Classic; he surely will be Horse of the Year. Next year it's off to Churchill Downs. Wonder what surprises that will bring?

### SPIRIT OF GIVING AND COMMUNITY IS ALIVE AND WELL IN PASADENA

*Union Station Homeless Services to feed thousands in need at annual Thanksgiving Dinner in the Park event.*



The best way to give thanks is to give back! To show community spirit and compassion, hundreds of volunteers of all ages will gather together on Thanksgiving to serve meals and cheer at Union Station Homeless Services' annual Dinner in the Park.

For over 45 years, this beloved tradition has been a staple event for the Pasadena community during the holiday season. Volunteers help prepare and serve meals-including turkey, stuffing, green bean casserole, mashed potatoes and pie-to all who are hungry at Pasadena's Central Park on Thanksgiving.

Union Station Homeless Services expects to serve 2,000 plates of food this Thanksgiving, on November 23rd. Meal recipients will include individuals and families experiencing homelessness or poverty, senior citizens, and those who are alone for Thanksgiving or unable to afford a holiday meal.

"Union Station's Dinner in the Park is one of my favorite events in Pasadena," says John Brauer, CEO for Union Station Homeless Services.

"It's such a joy to experience the community coming together as one, feeding over 2,000 people, and witnessing hundreds of volunteers-both young and old and everything in-between-cheerfully interacting and serving. Talk about a reason to give thanks! If you haven't been a part of this remarkable Thanksgiving event, I encourage you to join us for a day that I promise will be both eye-opening and uplifting. I truly love this community, and I am so grateful for the outpouring of love, food and fellowship!"

#### HOW YOU CAN HELP

Volunteer registration is now full, but Union Station's Thanksgiving food drive is in full effect! Community members are invited to help Union Station collect the ingredients and kitchen supplies needed to prepare a great Thanksgiving meal! Turkeys, hams and pies

are the most needed items. The complete wish list is available at [www.unionstationhs.org/dip](http://www.unionstationhs.org/dip). Donors may drop off these items at the Adult Center, located at 412 S. Raymond Avenue in Pasadena, throughout the month of November.

You can also underwrite a menu item for the Thanksgiving Feast to help feed hundreds of people in need. Contact Union Station at (626) 240-4558 for Sponsorship Opportunities.

Dinner in the Park is a true community event and would not be possible without the support of our community members and volunteers. Union Station would like to thank its event sponsors, including the Trader Joe's, Tsutayo Ichioka & Satsuki Nakao Foundation, HomeStreet Bank, Goldstar, Individual Foodservice and Centerplate. For a complete listing of sponsors, visit the event webpage.

Event Webpage: [www.unionstationhs.org/dip](http://www.unionstationhs.org/dip)

#### About Union Station Homeless Services

Union Station Homeless Services is a 501(c)(3) nonprofit organization that is committed to helping homeless adults and families rebuild their lives. Union Station is part of a premier group of human services agencies in Los Angeles County that are leading the way to ending homelessness in our communities. Headquartered in Pasadena, Union Station is the San Gabriel Valley's largest social service agency, assisting homeless and very low-income adults and families.

Union Station believes every person deserves a life of dignity and a safe place to call home. With over 40 years of experience, Union Station proudly offers a full continuum of programs throughout the San Gabriel Valley; services including street outreach, intake assessments, care coordination and navigation, meals, shelter, housing, and employment development.

More information can be found on [www.unionstationhs.org](http://www.unionstationhs.org).



### JENEE' CHILD ASBESTOS & LEAD:

*Facts and Dangers Property Owners Should Know Plumbing, Electrical, HVAC and General Contractors Avoid Costly Fines*

If your home or building was built before 1985, you may be in danger of breathing in asbestos containing materials (ACM) or lead if you remodel or hire a contractor after having water, mold, vehicle or fire damage to your property.

Because of its high-insulation characteristic, asbestos was often added to construction materials in the 1980's. Although ACM materials were no longer being manufactured in 1985, they were still being sold, stored and used in construction. Lead was also used in paint in homes and buildings constructed prior to 1978. Residential homes and commercial buildings built before 1985 should be tested for asbestos and any constructed before 1978 should be tested for lead prior to removal of wall, ceiling, flooring or roofing materials.

Testing labs employ trained professionals who specialize in identifying lead and asbestos. Asbestos can be found in vinyl floor tiles and floor mastic; drywall or drywall patching compound; wall texture; insulation for furnaces, stoves, pipes and electrical; some roofing shingles and mastic, as well as siding materials. Asbestos is most commonly found in ceiling textures such as "popcorn" or "cottage cheese" which are also known as "acoustic ceiling materials".

Although the amount of asbestos found in our communities today is becoming scarce due to laws and regulations, Cal OSHA regulates asbestos and lead removal and sets strict guidelines for contractors

to dispose of them as hazardous waste. Failure to do so can result in costly fines. Contractors who are not certified to remove asbestos and lead materials can cross-contaminate a home or building, deeming it to be an unsafe environment for its occupants.

According to the Wall Street Journal, "Most exposure today comes when old insulation or tiling is disturbed during construction projects... and proper precautions are not taken to avoid breathing in dust." The only way asbestos can affect your health is if the fibers are disturbed, become airborne and are inhaled.

Property owners can take advantage of SOS Solutions free services in scheduling certified testing labs and contractors to remove and properly dispose of asbestos and lead. SOS also provides free project management services to electricians, plumbers, HVAC and other contractors who are not certified to handle, remove or dispose of materials containing asbestos, lead or mold. Protect your health and your home from being contaminated by hiring professional certified contractors for your next remodel project or after emergency damage occurs.

Jenée' Child is CEO and founder of SOS Solutions Inc. For free assistance in scheduling professional labs; certified asbestos, lead and mold removal contractors; emergency water and fire restoration contractors, call 1.888.589.1868. For more information about the health hazards of mold, asbestos and lead, visit SOS' website at [www.TrustSOS.Solutions](http://www.TrustSOS.Solutions).

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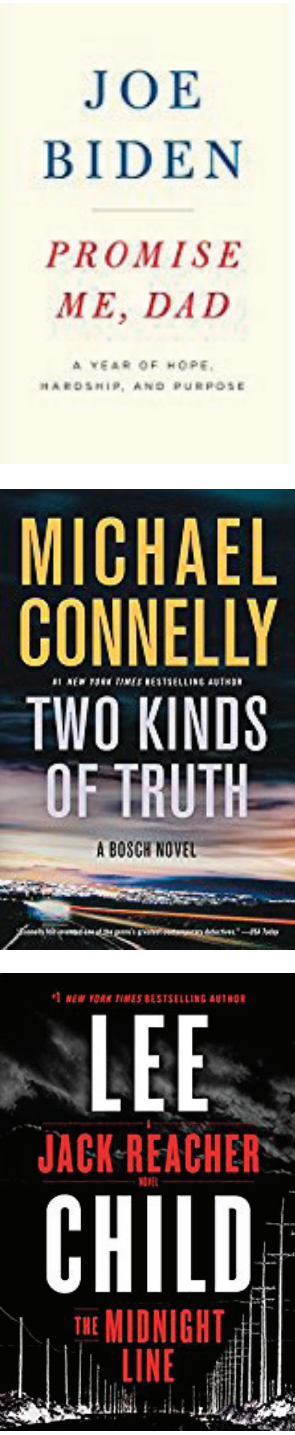


Jeff's Book Pics

By Jeff Brown

**The Midnight Line: A Jack Reacher Novel** by Lee Child  
Reacher takes an aimless stroll past a pawn shop in a small Midwestern town. In the window he sees a West Point class ring from 2005. It's tiny; a woman cadet's graduation present to herself. Why would she give it up? Reacher's a West Pointer too, and he knows what she went through to get it. Reacher tracks the ring back to its owner, step by step, down a criminal trail leading west. Like Big Foot come out of the forest, he arrives in the deserted wilds of Wyoming. All he wants is to find the woman. If she's OK, he'll walk away. If she's not - he'll stop at nothing. He's still shaken by the recent horrors of Make Me, and now The Midnight Line sees him set on a raw and elemental quest for simple justice. Best advice: don't get in his way.

**Promise Me, Dad: A Year of Hope, Hardship, and Purpose** by Joe Biden  
A deeply moving memoir about the year that would forever change both a family and a country.In November 2014, thirteen members of the Biden family gathered on Nantucket for Thanksgiving, a tradition they had been celebrating for the past forty years; it was the one constant in what had become a hectic, scrutinized, and overscheduled life. The Thanksgiving holiday was a much-needed respite, a time to connect, a time to reflect on what the year had brought, and what the future might hold. But this year felt different from all those that had come before. Joe and Jill Biden's eldest son, Beau, had been diagnosed with a malignant brain tumor fifteen months earlier, and his survival was uncertain. "Promise me, Dad," Beau had told his father. "Give me your word that no matter what happens, you're going to be all right." Joe Biden gave him his word. Promise Me, Dad chronicles the year that followed, which would be the most momentous and challenging in Joe Biden's extraordinary life and career. Vice President Biden traveled more than a hundred thousand miles that year, across the world, dealing with crises in Ukraine, Central America, and Iraq. When a call came from New York, or Capitol Hill, or Kyiv, or Baghdad "Joe, I need your help" he responded. For twelve months,



while Beau fought for and then lost his life, the vice president balanced the twin imperatives of living up to his responsibilities to his country and his responsibilities to his family. And never far away was the insistent and urgent question of whether he should seek the presidency in 2016. The year brought real triumph and accomplishment, and wrenching pain. But even in the worst times, Biden was able to lean on the strength of his long, deep bonds with his family, on his faith, and on his deepening friendship with the man in the Oval Office, Barack Obama.Writing with poignancy and immediacy, Joe Biden allows readers to feel the urgency of each moment, to experience the days when he felt unable to move forward as well as the days when he felt like he could not afford to stop.This is a book written not just by the vice president, but by a father, grandfather, friend, and husband. Promise Me, Dad is a story of how family and friendships sustain us and how hope, purpose, and action can guide us through the pain of personal loss into the light of a new future.

**Two Kinds of Truth: The New Harry Bosch** by Michael Connelly  
Harry Bosch is back as a volunteer working cold cases for the San Fernando Police Department and is called out to a local drug store where a young pharmacist has been murdered. Bosch and the town's 3-person detective squad sift through the clues, which lead into the dangerous, big business world of pill mills and prescription drug abuse.Meanwhile, an old case from Bosch's LAPD days comes back to haunt him when a long-imprisoned killer claims Harry framed him, and seems to have new evidence to prove it. Bosch left the LAPD on bad terms, so his former colleagues aren't keen to protect his reputation. He must fend for himself in clearing his name and keeping a clever killer in prison. The two unrelated cases wind around each other like strands of barbed wire. Along the way, Bosch discovers that there are two kinds of truth: the kind that sets you free and the kind that leaves you buried in darkness.

All Things

By Jeff Brown

RUPERT SPIRA QUOTE

Your Self, Aware Presence, knows no resistance to any appearance and, as such, is happiness itself; like the empty space of a room it cannot be disturbed and is, therefore, peace itself; like this page, it is intimately one with whatever appears on it and is thus love itself; and

like water that is not affected by the shape of a wave, it is pure freedom. Causeless joy, imperturbable peace, love that knows no opposite and freedom at the heart of all experience....this is your ever-present nature under all circumstances.

THE SAN GABRIEL VALLEY CHORAL COMPANY PRESENTS IN DULCI JUBILO: A CONCERT OF HOLIDAY MUSIC, BOTH FAMILIAR AND UNUSUAL, FROM ALL CORNERS OF THE WORLD.

On Saturday, December 9th, 2017, at 7:30pm, join the San Gabriel Valley Choral Company (SGVCC) for their presentation of In Dulci Jubilo at the Parish of Saint Luke's (Saint Luke's Episcopal Church, 122 South California Avenue, Monrovia, CA 91016). Join the San Gabriel Valley Choral Company in the romanesque ambiance of historic St. Luke's Episcopal Church for a thrilling choral concert featuring Michael Praetorius' 17th century piece for double choir, In Dulci Jubilo. You will also hear the choir sing holiday music in Hebrew, Georgian, Spanish, and English. Tickets are \$20 for general admission, \$15 for seniors and students, and \$5 for children 12 and under. Tickets may be purchased online at <http://www.sgvccsingers.org> or by sending checks payable to "SGVCC" to PO Box 2225 Monrovia, CA 91017. They will also be available at the door.

The San Gabriel Valley Choral Company was founded in 1995 and has been bringing stunning choral music to the community ever since. We invite the press to review our concerts as well as interview our new artistic director, Dr. Alexandra Grabarchuk. Alexandra Grabarchuk, PhD, is a Ukrainian-born musicologist and performer. She received her doctorate from UCLA in 2015, supported by an Alvin H. Johnson AMS 50 Dissertation Fellowship Award and a UCLA Dissertation Year Fellowship. Her most recent publications include a chapter on Soviet progressive rock in Prog Rock in Europe: Overview of a Persistent Musical Style (2016), alongside the work of Allan Moore and Franco Fabbri. In addition to teaching and performing in the Los Angeles area, she has also worked as a score reader for the Metropolitan Opera's LA-based live HD broadcast team since 2014.

The San Gabriel Valley Choral Company

Dr. Alexandra Grabarchuk, Artistic Director

presents

IN DULCI JUBILO

A joyful Christmas celebration featuring Michael Praetorius' 17th century masterpiece for double choir as well as new takes on traditional favorites

December 9th @ 7:30 pm

The Parish of Saint Luke (St. Luke's Episcopal Church) 122 South California Ave Monrovia, CA 91016

SGVCC Concert Tickets: \$20 General Admission, \$15 Seniors & Students, \$5 Children 12 and under

For tickets or to make a donation, go to [www.sgvccsingers.org](http://www.sgvccsingers.org) or send checks payable to SGVCC, PO Box 2225, Monrovia, CA 91017

FAMILY MATTERS

By Marc Garlett



[Airfarewatchdog.com](http://Airfarewatchdog.com) has found differences between written policies and what customer service representatives told them over the phone—a discrepancy that played out in the story of [Kathe Holmes](#), who successfully claimed her late husband's Alaska Airlines miles with minimal effort and no additional fees, even though that seemed to go against official policy.

How to Transfer Miles After Death  
The main takeaway is that although airline policies may say they don't allow miles transfers after death, employees often have the discretion to approve them. Still, there's no sure way to know whether your airline will work with your loved ones regarding the transfer of your miles.  
One way to better ensure your miles get transferred is to include a provision in your will that makes your wishes clear. This step is especially important if your airline requires a copy of a will as documentation, but it can be helpful in any event.  
Another option is to leave your account number, login and password to the person you would like to be able to use your miles. Some airlines permit such transfers and usage of miles after the account holder's death.  
In either scenario, you should talk to your loved ones about your intentions so they know to pursue the issue in your absence. Also, if you're the one trying to claim miles of a deceased person, you should understand the airline's policies before offering information about the account holder's death, as the account could be cancelled immediately, leaving you with no recourse.

Final Thought on Frequent Flyer Miles  
Frequent flyer policies can change at the whim of the airlines even as you are living, so another idea to keep in mind is to use the miles now and create experiences with your loved ones rather than plan to pass the miles on later. In doing so, you can be absolutely sure your miles aren't lost; an added bonus is that you can also share moments none of you will ever forget.  
If you have any concerns about frequent flyer miles, contact our office, and always be sure to include all your assets, even your airline miles accounts, when discussing wills, trusts, and estate plans with your attorney.

MARC  
*A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 55 Auburn Avenue, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.587.3058 or visit [www.GarlettLaw.com](http://www.GarlettLaw.com) for more information.*  
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BUSINESS TODAY

The latest on Business News, Trends and Techniques

By La Quetta M. Shamblee, MBA



IMPROVING YOUR ROI

With approximately six weeks left until the calendar rolls over to a new year, it is a good time to check the status of the return on investment (ROI) for your business. This performance measurement provides feedback that can help you make the adjustments to get off to a great start in 2018.  
How profitable is your business? What is your bottomline for 2017 (revenue minus expenses, minus taxes)? What are your total sales for the year? Total expenses? Most importantly, what is the return on your investment (ROI) for the amount of money, time, energy and talent that you have put into your business - in other words how much profit are you making for each dollar of resources that you spend? The ROI is one of the common performance measurements used in business. The formula to calculate ROI is illustrated below:  
Where is your ROI in comparison to industry standards? Does the return meet your standards? It should be sufficient to covers all expenses and leave enough profit for you to pay yourself, with money left over for savings and investments into your personal coffers.  
If you are not able to answer these questions related to your profitability, it is imperative that you take time to put a proper recordkeeping and accounting system in place. A good system will put you in the driver's seat to observe what is happening in your business in real time. The tools needed to establish a good system include a

computer, accounting software (i.e. Quickbooks) and a printer. If you don't have the aptitude or the time to master this set of tools, it's a matter of hiring someone with those skills. Minimally, you should learn how to review or generate information on sales and expense activities on a daily or weekly basis. Without the ability to monitor the realtime activities of sales and expenses, it is possible to find that your business has been operating at a loss in the face of having had a steady flow of cash over a period of time. If you are aware of the total number of customers or sales needed to "break even" or that certain services have to be limited due to how they impact your ROI, you can make adjustments or establish policies for your staff to follow.  
By developing an understanding of what drives ROI, business owners are better equipped to make decisions about the mix of products, services and business activities that warrant time and energy. You'll be able to determine how to balance the two simultaneous methods of improving your bottom line: 1) By growing revenues, increasing sales by focusing on certain products, seasonal promotions, etc. or 2) By increasing efficiency through cost-cutting measures. Business owners who take time to master business basics like understanding and paying attention to ROI measurements are better positioned to generate an impressive bottomline to reflect a healthy profit margin and sound business operations.

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**Mountain Views News Mission Statement**

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

**TOM PURCELL**



**VETERANS DAY BY THE NUMBERS**

Note to editors: This column was originally distributed in 2015. "I had no idea that many men and women have served our country in our armed forces."

"Ah, yes, you refer to Veterans Day facts and figures shared by the U.S. Census Bureau. Did you know there are nearly 20 million U.S. veterans living today? Roughly half are 65 and older. Nearly 2 million are under the age of 35."

"That's interesting stuff. Those older than 65 served in World War II, Korea and Vietnam and the 2 million under 35 served mostly in Iraq and Afghanistan after 911?"

"You are correct. According to statistics released by the Department of Veterans Affairs, World War II vets are dying at a rate of approximately 492 a day. This means there are approximately only 855,070 veterans remaining of the 16 million who served our nation in World War II."

"The greatest generation!"

"My father served in the Korean War. He is 82. Of the 5.7 million who served during that war, 2 million veterans are still with us."

"What about the Vietnam War?"

"Of the 8.7 million veterans who served in that horrific war, 7 million are still alive. To round out the numbers, 5.5 million veterans served during the Gulf War era, which spans 1990 to the present. Roughly 4.4 million veterans served during peacetime. Other veterans had it awfully tough."

"How so?"

"Nearly 63,000 living veterans served during the Vietnam War and both periods of the Gulf War. They served from August 1990 through August 2001 and then from September 2001 and beyond."

"God bless them for their service."

"Some of our living veterans served through three wartime periods! Nearly 37,000 served during World War II, the Korean War and the Vietnam War."

"Wow."

"The makeup of the armed services is changing as our demographics change. Though nearly 80 percent are 'non-Hispanic white,' nearly 12 percent are black, 6 percent are Hispanic, 1.5 percent are Asian and nearly 2.5 percent are Native Americans, Alaskans and Hawaiians."

"What about women who serve?"

"Those numbers are growing, too. There are currently 1.6 million female veterans in our country."

"We are lucky to still have these men and women with us and the purpose of Veterans Day is to honor all of those who have served. But what about the people who gave the ultimate sacrifice for our country?"

"Did you know that nearly 1 million Americans have died for their country? Approximately 4,500 died during the American revolution."

"I did not know that. What about our bloody Civil War?"

"Bloody is the right word. Nearly 370,000 Union soldiers and 135,000 Confederate soldiers died during that war. We lost nearly 120,000 veterans in World War I and nearly 405,000 in World War II. The Korean War claimed 34,000 and the Vietnam War 48,000."

"Those are sobering numbers."

"If there is any silver lining as far as war goes, it is that our modern war-fighting techniques and medical technologies are resulting in fewer battlefield deaths. Of the 2.7 million who have served in Afghanistan and Iraq, we have suffered more than 6,800 losses. However, more than 50,000 were wounded and many of them are still suffering from their disabilities."

"We need to do more to help our suffering veterans."

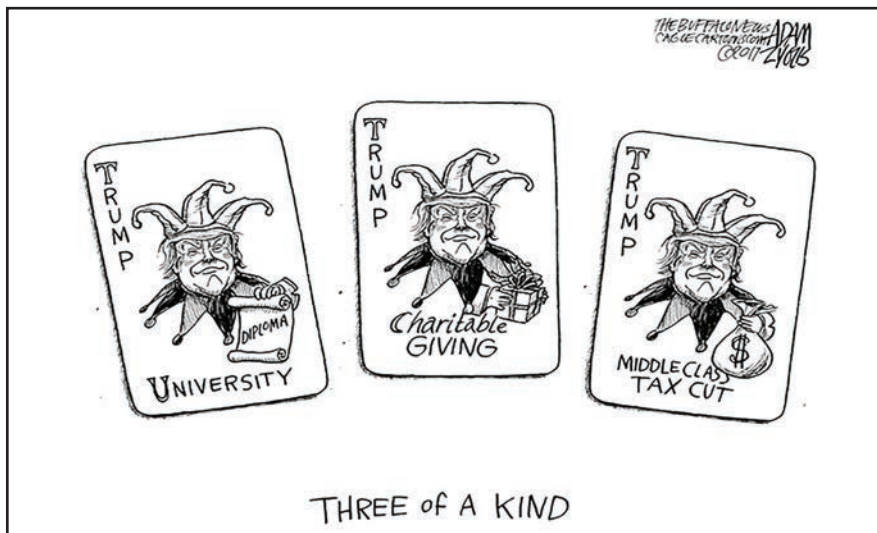
"That is exactly what Veterans Day is about. It is a special day when we honor all of those who have served. It is also a great day to give back."

"Give back?"

"We can volunteer at a local veterans' organization or provide financial support. CharityWatch.org has a list of legitimate organizations that provide help and resources to disabled veterans. I'm going to donate \$50 now."

"Now that's the kind of Veterans Day number I prefer!"

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2017 Tom Purcell. Tom Purcell, author of "Misadventures of a 1970's Childhood" and "Wicked Is the Whiskey," a Sean McClanahan mystery novel, both available at Amazon.com, is a Pittsburgh Tribune-Review humor columnist and is nationally syndicated exclusively by Cagle Cartoons Inc. For info on using this column in your publication or website, contact Sales@cagle.com or call (805) 969-2829. Send comments to Tom at Tom@TomPurcell.com.



**LEFT TURN/RIGHT TURN**

**RAGING MODERATE by WILL DURST**



**IT'S BEGINNING TO LOOK A LOT LIKE WATERGATE...**

The initial grand jury indictments in special counsel Robert Mueller's investigation have dropped like a box of rocks and include something called "Conspiracy against the United States." It sounds like "fake news" the same way "flesh-eating bacteria" sounds like a prescription.

Conspiracy is only one of 12 charges filed against President Donald Trump's former campaign manager, Paul Manafort, who is also accused of money-laundering, failing to register as a foreign agent, not paying taxes and being such a smug greedy SOB he makes Bernie Madoff look like a bleeding-heart, social worker who ministers sick puppies.

After pleading not guilty to all charges, both Manafort and his longtime business associate Rick Gates are under house arrest, with Mueller arguing they should be considered flight risks, because both have huge amounts of money, the charges are severe and Manafort has a pattern of lying like a rug in his sleep. His haircut alone represents an extreme threat to public safety.

Apparently the Justice Department is worried the guy might try running back to the Ukraine where he still has a bunch of good buddies and possible safety deposit boxes full of rubles and hryvnias. Because what happens in Kiev stays in Kiev, except, of course, when you're a big-time international money player with multiple passports and offshore accounts.

Lower down the food chain, a Trump foreign policy advisor, George Papadopoulos, pled guilty to lying to the FBI. He was arrested in July, and is described in charging documents as a proactive cooperator, which has everybody in the Trump administration wondering if he spent the last couple months playing that popular Justice Department game, "Dial a Co-Conspirator" while wearing a wire.

The FBI's modus operandi traditionally offers peripheral players plea deals, encouraging them to turn on their bosses, then rinse and repeat; working inward like termites of justice until eroding the base and the kingpin falls. And you get the feeling the amateur circles surrounding this president would drop a dime on him faster than a sailor at a Carnival Midway the night before shipping out to the South Seas.

Conspiracy charges also allow prosecutors to hold each defendant responsible for the actions of others within the plot. And now that someone has pled guilty, the principals and vice-principals are starting to distrust everyone, including the family dog. Once everyone lawyers up, you have no idea what your colleagues are saying and the image of marching up courthouse steps with a trench coat draped over your handcuffs starts to loom large.

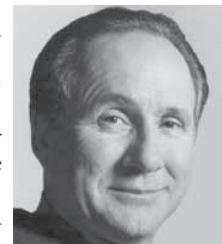
Three House Republicans introduced a resolution calling for Mueller to recuse himself and spokesperson Sarah Huckabee Sanders says the official White House position is the investigation is winding down but that sounds like wishful thinking: a malady that afflicts most politicians, but these folks seem especially susceptible to simple syndromes. Just look at the epidemic of Russian Amnesia sweeping through the administration like kindergarten cooties.

Right now members of Team Trump have to be quaking like a Richter Scale in the back of a moving van with bad shocks speeding over railroad tracks in a quarry. Mostly because, as the Carpenters legendarily told us, "We have only just begun." Or maybe more like that holiday classic, "It's beginning to look a lot like Watergate."

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Will Durst is an award-winning, nationally acclaimed columnist, comic and former sod farmer in New Berlin, Wisconsin. For a calendar of personal appearances, including his new one-man show, "Durst Case Scenario,"

**MAKING SENSE by MICHAEL REAGAN**

**FAKE NEWS FROM VIRGINIA**



Will someone please throw an ocean of ice water on the Pelosi-Schumer-MSM axis of evil?

Their ecstasy over the results in Virginia's election returns Tuesday night shows how desperate the Democrats are for any sign of hope that their party is not already dead.

Democrats merely won the elections for governor in Virginia and New Jersey - two Blue States where they were always expected to win.

It was hardly a "wave election." Republicans suffered no surprise losses to Democrats and the GOP still controlled a huge majority of the country's governor's offices and state legislatures.

Yet by Wednesday morning the liberal media's talking heads were so happy you'd have thought President Trump had been voted out of office, the Democrats had won back Congress and Hillary Clinton had been installed on her Oval Office throne.

Republicans loses in Virginia and New Jersey were gleefully framed by the liberal media as referendums on President Trump's first year, but it was Fake News.

It would have been real news if the Republican governor candidates, Ed Gillespie of Virginia and Kim Guadagno of New Jersey, had pulled off surprise wins.

Or if a liberal Democrat had taken the Congressional seat vacated by conservative Jason Chaffetz in Utah (instead of being crushed by a Republican who didn't vote for Trump in 2016 but supports his agenda).

But the pundits breathlessly telling us a Democrat won in Virginia and New Jersey? News? Yes. Shocking? Hardly.

A serious repudiation of Donald Trump? The first signs of the decline of Trumpism? Don't think so.

Trump or no Trump, from day one Ed Gillespie was never going to win in Virginia, where about 10 million federal workers live and vote Democratic.

And in New Jersey, a true-blue state, the only Republican politician who was repudiated on Tuesday was Mr. Unpopularity himself, outgoing Gov. Chris Christie.

His Lt. Governor, Guadagno, never had a prayer - and she wasn't endorsed by Trump, who knew it.

I can understand the Democrats and their media soulmates wanting to make Tuesday's elections into a fake referendum on President Trump.

But I don't understand the Republicans and conservatives who joined in and said the elections were a sign of doom for the GOP in the 2018 elections.

Republicans will have their problems in 2018, especially if they can't get anything important through Congress.

But this week's election results had nothing to do with 2018 or President Trump - until he tweeted himself into the story.

Unfortunately, despite being in Asia, our narcissist in chief had to blame Gillespie's loss on the fact that Gillespie didn't fully embrace him.

Not everything is about Donald Trump, but he - like the hate-blinded media - thinks it is.

Some facts about Virginia, Mr. President:

Hillary beat you there by 5 points last year. On Tuesday Gillespie got more votes than you did, but Democrats turned out in much greater numbers in the suburbs of northern Virginia.

That's why the former head of the Republican National Committee lost - as everyone but his kids knew he would.

For you to blame Gillespie's defeat on his not embracing you is totally narcissistic, childish and wrong, Mr. President.

Not to mention self-destructive. Instead of the media discussing the tough speech you gave to the North Koreans, they talked about your Gillespie tweet.

How about acting like a grown-up president, for a change, Mr. Trump?

How about tweeting something like, "Congratulations to the Democrats for their victories on Tuesday. When I come back from Asia I hope we can find a way to work together on tax reform."

So Trump is still Trump. His core constituency will stay faithful to him, no matter what he said about Gillespie or how he said it.

But if he keeps tweeting the way he does, the president will never win more friends in the Republican Party.

And if he's ever going to get anything passed in Congress by 2018, he's going to need every Republican friend he can get.

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Copyright 2017 Michael Reagan. Michael Reagan is the son of President Ronald Reagan, a political consultant, and the author of "The New Reagan Revolution" (St. Martin's Press). He is the founder of the email service reagan.com and president of The Reagan Legacy Foundation. Visit his websites at www.reagan.com and www.michaelreagan.com. Send comments to Reagan@caglecartoons.com. Follow @reaganworld on Twitter.

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is (are) KISHARA JONES, 20624 GEORGETOWN ST., CALIFORNIA CITY, CA 91505. This Business is conducted by: AN INDIVIDUAL. Signed: KISHARA JONES. This statement was filed with the County Clerk of Los Angeles County on 10/12/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: OCT 21, 28, NOV 4, 11, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017-291227  
The following person(s) is (are) doing business as: THE GROW TEAM, 716 W. 117 ST. LOS ANGELES, CA 90044. Full name of registrant(s) is (are) JERMAINE DUJER WELCH, 716 W. 117 ST. LOS ANGELES, CA 90044. DARRYL BERNARD WARE JR, 439 W. 101 ST. LOS ANGELES, CA 90003. This Business is conducted by: A GENERAL PARTNERSHIP. Signed: JERMAINE DUJER WELCH. This statement was filed with the County Clerk of Los Angeles County on 10/06/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: OCT 21, 28, NOV 4, 11, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017-294530  
The following person(s) is (are) doing business as: THE OLIVE CLEANING COMPANY, 9200 BROOKSHIRE AVE APT 27, DOWNEY, CA 90240. Full name of registrant(s) is (are) ERNEST CUEVAS, 9200 BROOKSHIRE AVE APT 27, DOWNEY, CA 90240. This Business is conducted by: AN INDIVIDUAL. Signed: ERNEST CUEVAS. This statement was filed with the County Clerk of Los Angeles County on 10/11/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: OCT 21, 28, NOV 4, 11, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017-292977  
The following person(s) is (are) doing business as: TOPYU FASHION, 1050 E. IMPERIAL HIGHWAY C-1, BREA, CA 92821. MAILING ADDRESS: 16303 DEERPAH LN, LA PUENTE, CA 91744. Full name of registrant(s) is (are) KASTER USA, INC., 1050 E. IMPERIAL HIGHWAY C-1, BREA, CA 92821. This Business is conducted by: A CORPORATION. Signed: HSUEH S. CHEN. This statement was filed with the County Clerk of Los Angeles County on 10/10/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: OCT 21, 28, NOV 4, 11, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017-290833  
The following person(s) is (are) doing business as: TRU GREEN ENERGY SOLUTIONS, 6621 E. PACIFIC HWY, LONG BEACH, CA 90803. MAILING ADDRESS: 2107 ROOT ST, FULLERTON, CA 92833. Full name of registrant(s) is (are) ABE WILLIAMS, 2107 ROOT ST, FULLERTON, CA 92833. This Business is conducted by: AN INDIVIDUAL. Signed: ABE WILLIAMS. This statement was filed with the County Clerk of Los Angeles County on 10/06/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: OCT 21, 28, NOV 4, 11, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017-295769  
The following person(s) is (are) doing business as: VIGEN W.L., 14573 LEFFINGWELL RD, WHITTIER, CA 90604. Full name of registrant(s) is (are) SANG PHU NGUYEN, 14573 LEFFINGWELL RD, WHITTIER, CA 90604. This Business is conducted by: AN INDIVIDUAL. Signed: SANG PHU NGUYEN. This statement was filed with the County Clerk of Los Angeles County on 10/12/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on

N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: OCT 21, 28, NOV 4, 11, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017-293670  
The following person(s) is (are) doing business as: ZENVIUO WELLNESS, 709 S MARIPOSA AVE #209, LOS ANGELES, CA 90005. Full name of registrant(s) is (are) AARON D ROSEMAN, 709 S MARIPOSA AVE #209, LOS ANGELES, CA 90005. This Business is conducted by: AN INDIVIDUAL. Signed: AARON D ROSEMAN. This statement was filed with the County Clerk of Los Angeles County on 10/11/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: OCT 21, 28, NOV 4, 11, 2017

FILE NO. 2017-281503  
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME  
The following person(s) SALVADOR AYALA, 2559 EUCALYPTUS AVE., LONG BEACH, CA 90806, has abandoned the use of the fictitious business name: CONFIDENT DENTAL LAB; CONFIDENT DENTAL LABORATORY, 2559 EUCALYPTUS AVE., LONG BEACH, CA 90806. The fictitious business name referred to above was used on 02/11/2014, in the county of Los Angeles. The original file number of 2014037526. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 09/29/2017. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SALVADOR AYALA/OWNER  
Publish: Mountain Views News  
Dates Pub: OCT 21, 28, NOV 4, 11, 2017

FILE NO. 2017-293516  
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME  
The following person(s) DOMINGO HERNANDEZ, 2021 6TH AVE APT 1, LOS ANGELES, CA 90018; MIGUEL HERNANDEZ-SANCHEZ, 2021 6TH AVE APT 1, LOS ANGELES, CA 90018, has abandoned the use of the fictitious business name: VISION GLOBAL, 2021 6TH AVE APT 1, LOS ANGELES, CA 90018. The fictitious business name referred to above was used on 07/01/2015, in the county of Los Angeles. The original file number of 2015173941. The business was conducted by: A GENERAL PARTNERSHIP. This statement was filed with the County Clerk of Los Angeles on 10/11/2017. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) DOMINGO HERNANDEZ/PARTNER  
Publish: Mountain Views News  
Dates Pub: OCT 21, 28, NOV 4, 11, 2017

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2017293766  
The following person(s) is (are) doing business as: B2C SALES PROS 1868 KAWAIAH DR. PASADENA, CA 91105. Full name of registrant(s) is (are) GARY LEE KVISLER, 1868 KAWAIAH DR. PASADENA, CA 91105. This Business is conducted by: INDIVIDUAL. Signed: GARY LEE KVISLER, OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/11/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 9/20/17. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Oct. 21, 28, Nov. 4, 11, 2017

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2017291762  
The following person(s) is (are) doing business as: MADE WITH LOVE GOURMET PET FOODS 15303 VENTURA BLVD. #900, SHERMAN OAKS, CA 91403 and MADE WITH LOVE GOURMET PET FOODS 14622 VENTURA BLVD. #300, SHERMAN OAKS, CA 91403. Full name of registrant(s) is (are) STELLA LEE 15303 VENTURA BLVD. #900, SHERMAN OAKS, CA 91403. This Business is conducted by: INDIVIDUAL. Signed: STELLA LEE, OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/10/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/10/2017. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Oct. 21, 28, Nov. 4, 11, 2017

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2017298732  
The following person(s) is (are) doing business as: HB TRANSPORT 144 N. CEDAR ST. GLENDALE, CA 91206. Full name of registrant(s) is (are) HOVHANNES BAKALYAN 144 N. CEDAR ST. GLENDALE, CA 91206. This Business is conducted by: AN INDIVIDUAL. Signed: HOVHANNES BAKALYAN, OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/17/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Oct. 21, 28, Nov. 4, 11, 2017

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2017299035  
The following person(s) is (are) doing business as: RW INDUSTRIES, LP, 336 E. TUJUNGA AVE., BURBANK, CA 91502 and RW CONSTRUCTION 336 E. TUJUNGA AVE., BURBANK, CA 91502. Full name of registrant(s) is (are) ROBERT ELLIS WELCH, 336 E. TUJUNGA AVE., BURBANK, CA 91502 and ROMNEY W. TRIPP 10934 CHIMINEAS AVE., NORTHBRIDGE, CA 91326. This Business is conducted by: LIMITED PARTNERSHIP. Signed: ROBERT ELLIS WELCH, GENERAL PARTNER. This statement was filed with the County Clerk of Los Angeles County on 10/17/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Oct. 21, 28, Nov. 4, 11, 2017

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2017281627  
The following person(s) is (are) doing business as: MEMORABLE CREATIONS 10915 BURNET AVE. MISSION HILLS, CA 91345. Full name of registrant(s) is (are) MARIELA CANO 10915 BURNET AVE. MISSION HILLS, CA 91345. This Business is conducted by: INDIVIDUAL. Signed: MARIELA CANO, OWNER. This statement was filed with the County Clerk of Los Angeles County on 9/29/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Oct. 21, 28, Nov. 4, 11, 2017

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2017300174  
The following person(s) is (are) doing business as: LUKAYAN FAMILY GOLD 607 HILL ST. STE. 732, LOS ANGELES, CA 90014 and LUKAYAN FAMILY GOLD 7845 RHODES AVE., NORTH HOLLYWOOD, CA 91605. Full name of registrant(s) is (are) SARGIS LUKAYAN 7845 RHODES AVE., NORTH HOLLYWOOD, CA 91605. This Business is conducted by: INDIVIDUAL. Signed: SARGIS LUKAYAN, OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/18/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 02/20/15. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Oct. 21, 28, Nov. 4, 11, 2017

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2017301532  
The following person(s) is (are) doing business as: LIQUID REBEL 3660 WILSHIRE BLVD. #530, LOS ANGELES, CA 90010. Full name of registrant(s) is (are) SIMON SHAMOUILIA 3450 SHERMOLL PL., SHERMAN OAKS, CA 91403. This Business is conducted by: INDIVIDUAL. Signed: SIMON SHAMOUILIA, OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/19/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Oct. 21, 28, Nov. 4, 11, 2017



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