

Mountain Views News

Sierra Madre Edition: Sierra Madre - Arcadia - Monrovia - Duarte

Pasadena Edition: Pasadena - South Pasadena - Altadena - San Marino

SATURDAY, JUNE 9, 2018

VOLUME 12 NO. 23



TEACHER OF THE YEAR HONORED

On May 29th, Marc Garlett of the Rotary Club of Sierra Madre presented its "Teacher of the Year" Award to St. Rita's School Teacher Rich Martinez. Mr. Martinez teaches 5-8 graders in math and Spanish. Principal Joanne Harabedian describes Martinez as a Renaissance man due to his broad knowledge of topics and his athleticism. Sierra Madre Rotary has honored excellent teachers in Sierra Madre for over ten years.

Photo: L to R: Tom Brady, Joanne Haribedian, Rich Martinez, Marc Garlett.

COUNCIL TO TACKLE BUDGET, WATER AND DEVELOPMENT ISSUES AT NEXT MEETING



The agenda for Tuesday's Sierra Madre city council meeting contains three items of critical importance to residents. One is the city's fiscal year 2018-2019 Budget /2018-2019 fee schedule. Another agenda item of great import to residents is the consideration and possible adoption of the city's Comprehensive Water and Wastewater Cost Service Study. If the water study is accepted by the council, it will require a public approval for the water rate adjustments via the initiation of the Prop 218 process. Proposition 218 is an adopted California constitutional amendment and is often referred to as the "Right to Vote on Taxes Act."

However, nothing will probably attract as much attention as the agenda item on the controversial development project known as Stonegate (formerly known as 1 Carter). The council will consider whether or not to rescind a prior council's decision to reject the Planning Commission approval of one of the homes in the project.

The property under consideration was 1 of several lots in the Stonegate project. The development of the entire project has been a bone of contention in the community for approximately 15 years. In

2010, after various lawsuits were filed, a settlement was reached but since then, there have been delays in constructing new homes because of opposition from neighbors, the drought and the Sierra Madre building moratorium.

In October 2014 the Planning Commission, after numerous meetings and design changes approved the Hillside Development Permit (HDP) and the Conditional Use Permit (CUP) for 610 Baldwin Court in the Stonegate Development. (Concept drawing above).

It is the only property in the entire project that has been approved by the Planning Commission. The Staff recommendation is to rescind the prior council denial of the HDP and CUP and reinstate the Planning Commission's approval. The council's decision on Tuesday will determine whether or not the current litigation brought forth by the developers against the city will continue.

For the complete staff report and history, go to: www.cityofsierramadre.com

S. Henderson/MVNews

CONGRATULATIONS! ST. RITA SCHOOL CLASS OF 2018!



RED FLAG WILDFIRE AWARENESS NIGHT

Wednesday June 13th at 7PM
City Hall Council Chambers

- *Pre-planning for wildfire evacuation.
- *Review of Red Flag Parking restrictions.

Presented by the Sierra Madre Fire Department.

(Additional meetings will be held in the future.)

Any questions please contact Fire Marshal Rich Snyder at 626-355-3611.

SIERRA MADRE NEIGHBORHOOD WATCH



With summer around the corner, Sierra Madre PD's Neighborhood Watch (NW) Program will be in full swing. This is a great opportunity to meet your neighbors and to hear firsthand information on public safety issues, current crime alerts and other topics of interest. For more information, contact:

Lou Oronoz, Community Service Officer
Sierra Madre Police Department
Office: 626/355-4596
loronoz@cityofsierramadre.com



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Weather Wise

6-Day Forecast Sierra Madre, Ca.

Sun	Sunny	Hi 80s	Lows 60s
Mon:	Sunny	Hi 80s	Lows 60s
Tues:	Sunny	Hi 80s	Lows 60s
Wed:	Sunny	Hi 80s	Lows 60s
Thur:	Sunny	Hi 80s	Lows 60s
Fri:	Sunny	Hi 80s	Lows 60s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR June 12, 2018
6:30 pm

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



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TUESDAY, JUNE 12th
AT NOON!

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550 W. Sierra Madre Blvd. 2018: 111 Years

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Congrats to Our New Board
June 1 2018 - May 31 2019 Club Year

Beverly Clifton, Carol Handley
Mary Carney, Barbara Reagan, Melissa Stute
Sylvia Harlan, Eva Poet, Candace Taylor
Karlene Englert, Elma Flores
Barbara Lampman, Gayle Licher

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Join us for Member-Only Yoga w/ Paul Hagan Tuesdays, 10 am

GFWC Sierra Madre Womens Club.org

Facebook/SierraMadreWomensClub

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Sierra Madre Woman's Club

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SIERRA MADRE CITY MEETINGS

Regular City
Council Meeting

Tuesday, June 12, 2018
6:30 pm

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email city@cityofsierramadre.com before 30 the night of the meeting and your statement will be delivered to all the Council Members. Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135

City Council
City Council
June 12, 2018 at 6:30 pm
June 26, 2018 at 6:30 pm

Planning Commission
June 7, 2018 at 7:00 pm CANCELLED
June 21, 2018 at 7:00 pm
July 5, 2018 at 7:00 pm
July 19, 2018 at 7:00 pm

Community Service Commission
June 18, 2018 at 6:30 pm
July 16, 2018 at 6:30 pm

Senior Community Commission
June 7, 2018 at 3:00 pm
July 5, 2018 at 3:00 pm

Library Board of Trustees
June 27, 2018 at 7:00pm
July 25, 2018 at 7:00 pm

Energy, Environment, and Natural Resource
Commission
June 20, 2018 at 7:00 pm
July 18, 2018 at 7:00 pm
August 15, 2018 at 7:00 pm



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Rotary of Sierra Madre

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SIERRA MADRE POLICE BLOTTER

During this period, the Sierra Madre Police Department responded to approximately 288 day and night time calls for service.

Sunday, May 27

At about 11:26PM, officers responded to a location in the 100 block of N. Sunnyside Ave for a fight in progress. Officers arrived and determined that a battery had occurred. Neither party was desirous of prosecution. Officers arrested the primary agitator for being drunk in public and transported to the Pasadena PD jail.

Monday, May 28

Officers were dispatched to the 200 block of E. Grandview Ave. for a call of a burglary from a vehicle. Unknown suspect(s) smashed the front passenger window of the vehicle and took a backpack and wallet from the front seat.
Case to Detectives

Wednesday, May 30

At about 5:55PM, a silver 4 door BMW with Rusnak paper plates were seen leaving the 700 block of Oak Crest Dr. driving southbound, after a resident observed one of the male Hispanics in the vehicle remove mail from a mailbox.
Case to Detectives

Thursday, May 31

Officers responded at 1:05AM to a residence in the 400 block of E. Laurel Ave. regarding a physical altercation that had occurred. Following the investigation and with an assist from the San Bernardino Sheriff's Department, an arrest was made of a female for elder abuse and battery. The subject was transported to the Pasadena PD jail.
Case to the Pasadena DA's office

Friday, June 1

Officers saw a male on a bicycle not stop at a red traffic signal light and conducted a traffic enforcement stop of the male. During the contact, officers located methamphetamine and drug paraphernalia on the male and he additionally admitted to being under the influence of methamphetamine. The subject was arrested and transported to the Pasadena PD jail.
Case to the Pasadena DA's office

NOTE:

If you are interested in the Sierra Madre Police Department's Neighborhood Watch (NW) Program or any other Police Department related community events, please contact:

Lou Oronoz

Community Service Officer

Sierra Madre Police Department

242 W. Sierra Madre Bl.

Sierra Madre, CA. 91024

Office: 626/355-4596 Fax: 626/355-5468

E-mail: loronoz@cityofsierramadre.com



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A TRIBUTE TO A TRAILBLAZER

"There is no exercise so beneficial, physically, mentally, or morally, nothing which gives so much of living for so little cost, as hiking our mountain and hill trails and sleeping under the stars."

This opening quote from explorer and historian, Will Thrall kicks off a book titled, 100 Hikes in the San Gabriels: Trails of the Angeles, first published in 1971 and written by John Wesley Robinson III, the very well-known, admired and dearly-loved author and teacher who greatly enthused Californians, including many Sierra Madrians, to get up off the couch and hit the many amazing, beautiful, hiking trails our wonderful state has to offer. Robinson, who was born in Long Beach and resided in Fullerton, completed 26 hiking guides and several historical books chockfull of breathtaking photos, detailed trail maps and captivating history.

Many gathered on Saturday, June 2, 2018 to honor the man who inspired so many through his historical teachings, inspiring stories, and great knowledge of the outdoors, nature trails and mountain ranges. John Robinson died at age 88 on April 24, 2018. "A Tribute to John W. Robinson" was presented by the Sierra Madre Historical Preservation Society at the base of Mount Wilson Trail Park at Lizzie's Trail Inn and Richardson House, located at 167 E. Mira Monte Ave. in Sierra Madre.

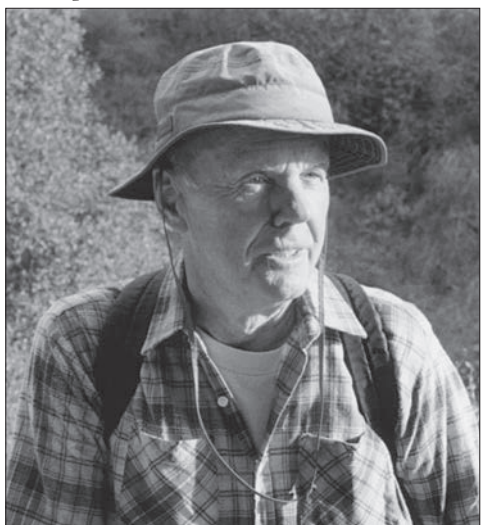
Dr. William White coordinated the event, Lesley Ziff, president of the Sierra Madre Historical Preservation Society kicked things off with opening remarks and many friends shared stories of their fond experiences trekking alongside Mr. Robinson.

"John Robinson was really a true friend, a historian and a legend," stated Dr. White, who hiked with Robinson starting in the 90s "He would go out of his way to help people understand history." The Richardson House, built around 1860, and Lizzie's Trail Inn, which began as a lunch stand by 1890 once famous for its yummy chicken and savory ravioli, now serves as a historic museum sitting at the base of Mount Wilson Trail. Formerly known as "Turtle Park," it's believed that as a result of the influence of John Robinson, who pointed out the historical significance of the site, "Turtle Park" is now known as "Mount Wilson Trail Park."

By Kevin McGuire



Photo courtesy Bob Cates, Sierra Club-Angelos Chapter Archives.



was broad and he brought his artistry to the books that he created. And you can feel it when you're looking through them," said Feeney. Other speakers included: Bob Cates/Sierra Club, James Macklin/Los Angeles Westerners, Glen Owens/Big Santa Anita Historical Society and Casey Schreiner/ModernHiker.com. John Robinson's daughter Robyn and her husband, Ron Franz, were also in attendance and said a few words.

After serving in the army during the Korean War, Mr. Robinson received a B.A. in history at USC in 1951, and went on to receive a M.A. from Cal State LA in 1966. He was a teacher in the Newport-Mesa Unified School District in Orange County for 32 years. Robinson began hiking excursions with the Sierra Club in 1950 and tackled ranges in Alaska, Southern California, and Mexico. One of his most popular books, 100 Hikes in the San Gabriels: Trails of the Angeles, sold over 100,000 copies and is in its ninth edition with the help from updates by Doug Christiansen. His other books include: San Bernardino Mountain Trails, Mines of the San Gabriels, The Mount Wilson Story, and Gateways to Southern California.

The hope is that, one day there will be a dedication naming a trail, or maybe even a peak to the "legend" John W. Robinson. Until then, the races and hikes will continue and Mr. Robinson's stories will carry on for generations to come.

Kevin McGuire/MVNews

WALKING SIERRA MADRE... The Social Side By Deanne Davis

"Those who stay away from the election think that one vote will do no good. 'Tis but one step more to think one vote will do no harm." Ralph Waldo Emerson

You all voted last Tuesday, right? I did, too. Took my carefully pre-marked sample ballot down to Ascension Church where we've been voting, my never-missed-an-election voting buddy, John, and I, for the past scores of elections, only to be informed that I was supposed to be voting over at the Methodist Church and didn't I look at my sample ballot? Well, actually, no, I didn't look at that part. I just assumed...sigh. So, jumped back in my car and drove over to the Methodist Church, cast my ballot and proudly wore my "I Voted" sticker all day.

So pleased to see the crews all over town transforming our curbs into handicap friendly curbs. Big project! But such a necessary one. Thanks Sierra Madre! We're all going to be happy they are there.

My Arizona (formerly Texas) girls have been here for the past few days, bringing with them their Disney Princess and Hatchimals sheets and quilts. We have had an excellent time together. The dining room table was stripped for action and transformed into Puzzle/Coloring Book-Crayon Central where Jessie enjoyed putting together a new puzzle featuring Dorie from "Finding Nemo" and a bunch of her under the sea friends and Emily colored a variety of unicorns in astonishing shades that only a unicorn would wear.

We saw "Show Dogs" which was better than we thought it would be, watched People's Court and Judge Judy, went out to lunch, Emily got her hair cut and so did her mom. The highlight of our visit was a trip to Huntington Beach where we dined sumptuously on sweet potato fries, fish tacos, hamburgers and Mai Tai's at Sandy's on the beach. Well, the big girls had Mai Tai's, the little girls had Sprite. The sand was hot but we got to the water and a good wet sandy time was had by all. The picture is Emily and her mom, Crissy. Beautiful day, good time.

We've survived May Gray and now we're doing June Gloom. That's OK, the roses are looking fabulous and various cactus, succulents, Hawthorne and mock orange are blooming around town. Bees love these blooms and it's a joy to see so many sipping at the flowers. The Jacarandas are blooming, too, and purple clouds grace every street in town. The wistaria I planted a couple of years ago launched itself off the fence while I was otherwise engaged and has now entwined itself into the lemon tree to the extent that the lemon is shrieking in protest and the shears will have to come out. That wistaria has outdone my wildest dreams for it and if it will just stick to the fence and leave the lemon alone, it will be gorgeous.

It was Trivia Night at Corfu on Election Tuesday and Trivia Master, Rich Johnson, expected us to know Celebrity Children's Names. As, currently, all celebrities seem to be naming their children ridiculous things such as Apple, Denim, Zuma, Blue Ivy and Dream, we didn't do too well. Remember when Grace Slick of Jefferson Airplane supposedly named her child, "god?" Great story,



but she didn't really do that. Her daughter was named China. Can you imagine all these little kids going to school and announcing their name is "Apple" or "Egypt"? School is hard enough without having a name nobody can figure out. And, of course, Michael Jackson's youngest child is "Blanket."

"Cheez-its loves me, this I know, for the Bible tells me so!"

Vacation Bible School season is coming right up. Pretty soon every church you pass will have a banner outside inviting the whosoever will to come on in! A few years ago, our now-Arizona girls, Jessie and Emily were attending VBS at First Baptist Church of Wylie, TX. The above version of "Jesus Loves Me," is what they both came home with. I have a mental image of Jesus, who loved hanging around with little kids; in addition to tax collectors and ladies of questionable virtue; laughing heartily at "Cheez-its!"

Enjoy the Jacaranda blossoms, even as you track them inside. They are glorious and don't last long.

My book page: Amazon.com: Deanne Davis

Kindle books of all sorts and hardcover "Tablespoon of Love" are on there, as is "Star of Wonder"

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further, it's never too late to create positive change and forward momentum in life. This includes all states of being - physical, mental, energetic and spiritual. To initiate this revolution or evolution, there are two key necessities: an open mind and dedication to practice.

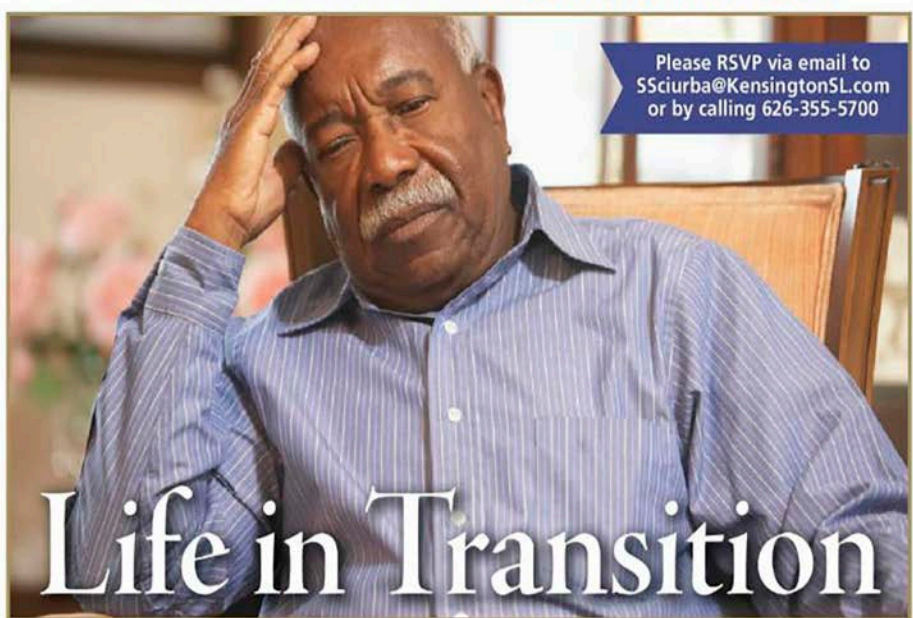
Being a yoga practitioner for several years, I had the experience of reaching new understandings, insights, and even new physical accomplishments in yoga. I also uniformly accepted that I had physical limitations and, unknowingly, mental boundaries. I had past injuries, chronic health conditions and I had my mind made up in certain areas of life. So I progressed in practice and in many areas of my life. However, every time I was on a plateau of development, I didn't realize it. I felt comfortable at first, and then

the feeling turned to irritability. I just knew that I was irritated or had to further accept what joy or ease I wasn't feeling.

During every stage, my dedication to practice—abhyasa— is what kept me in good stead. The wiser self knew somehow that change would happen, that transformation would take place. At times my mind was not as open as it could have been. I was still attached to what I wasn't capable of. For some students, they are COMPLETELY open-minded the whole time but lack consistency and dedication in practice. BOTH are needed and, let me tell you, hang in there because these physical and spiritual practices of yoga do deliver!

They deliver in the short term by freeing up the body and mind and bringing relief. In the long term, these deeply ancient techniques create a profound personal revolution. After a while, you will not be the same. If the course of practice is right for you, your entire well-being will be nourished. This usually spills over into your life. In summary, start practicing, keep practicing, and look out for your personal evolution and revolution. Contact me to learn more and find what practice is right for you! keely@keelytotten.com Namaste, Keely Totten, E-RYT 500, Yoga & Meditation Teacher, Dedicated Student

YOUR INVITATION TO AN EVENT AT THE KENSINGTON SIERRA MADRE



It can be a lot of pressure when faced with the challenge of downsizing and transitioning to a new living environment. Join us at The Kensington as Larry Mesler makes sense of these murky waters.

Larry Mesler has been in the real estate and personal property industry for over 30 years. Larry is the CEO of the Kiss Home Exchange and has assisted hundreds of families looking to transition to a retirement community. KISS is a one stop solution to help provide a seamless and stress free transition for all involved.



Speaker:
Larry Mesler

EVENT DETAILS

THURSDAY, JUNE 14, 2018
From: 11:00am – 1:30pm

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Simply Fashion

Araneya is a fashion designer. She graduated with a BA in Fashion Design and an AA in Apparel Industry Management from the Fashion Institute of Design and Merchandising (FIDM), Los Angeles. She is highly talented and designs with a unique style that subtly reflects traditional craftsmanship through contemporary styles. Through her fashion background she creates refreshingly silhouettes by incorporating textures, embellishments, and embroideries making her collection feel like a breath of fresh air.

Being served for several apparel companies in California, she has specialized in designing, management, and personal styling; Araneya is working on having an online clothing company and providing her fashion skills in fashion consulting.



-How do you stay up to date with fashion?

Fashion Designers stay current by reading magazines, researching fashion trends, browsing the internet, attending fashion shows, and getting inspired by the surroundings.

-In which general area of fashion do you work?

I work in the ready to wear fashion. My work meets western and ethnic wear in embroideries, appliqué, and textures

-What does fashion consulting mean to you?

Every individual's style is unique. I would like to advice wardrobe styling and accessories for clients for any setting.

-What seasons will you provide for?

Spring, Summer, Fall, and Winter. All seasons will be provided for the client.

-What is your view on fashion?

I am of the view that fashion is something that everyone deals with it daily. It talks as it creates self-expression that it signals which cloths or accessory that fit to the day. Besides, it makes any environment pleasant and impressive. Hence, fashion changes the lifestyle of the human being.

Social Media:

Instagram: @neyakumar

Snapchat: @sierraneyaaaa



PET SITTING OF ALL KINDS

DOG WALKS

15 Min.-\$10 (small dogs) 30 Min.-\$15 45 Min.-\$20

MORNING & EVENING DOG VISIT & WALK

\$20 per visit \$35 day * without a walk -\$15 per visit

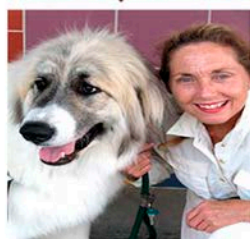
PET VISIT

Feeding & Belly Rubs - \$15

PET TRANSPORT

3 mile radius of Sierra Madre- \$10

* \$5 for each additional mile



Call/Text Lois:

626-590-4689

Email - walknthedog9@gmail.com



Pasadena Altadena

News From Your Community For Your Community

Local Area Cannabis Measures Sail to Victory

Voters on Tuesday were overwhelmingly favored both Measure CC and Measure DD aimed at allowing a limited number of commercial cannabis businesses to operate in Pasadena and taxing marijuana businesses. Pasadena Mayor Terry Tornek said he was not surprised. He said they will begin to formalize a new ordinance to allow a limited number of dispensaries to open in the next eight to 12 months.

Measure CC repealed the City of Pasadena's current ban on commercial cannabis businesses. effect unless voters approve a Cannabis Business Tax which they did with Measure DD getting 5,449 yes votes to 1,611 voters opposed. Measure CC saw 4,274 yes votes to 2,950 saying no.

"Annual rates not to exceed \$10.00 per canopy square foot for cultivation (adjustable for inflation), 6% of gross receipts for retail cannabis businesses, and 4% for all other cannabis businesses, to fund unrestricted general revenue purposes such as police, fire, roads and recreation; which is expected to generate an estimated \$1.4 to \$2.1 million annually and will be levied until repealed by the voters or City Council," according to the text of the measure.

Local representatives also all won easily. State Assembly, 41st District Chris Holden got 13,501 over challenger Alan S. Reynolds with 5,263 votes. United States Representative, 27th District Judy Chu got 30,033 votes. Her closest challenger, Bryan Witt got 6,274 votes. United States Representative, 28th District Adam Schiff also won with 33,777 votes.

Pet of the Week



Velvet (A455879) is a 4-month-old girl who just graduated from our foster program! She came in with some littermates in May and was one of the shy kittens. She really blossomed in her foster home, coming out of her shell, playing with her siblings. She is still a bit timid but once she gets to know you, she becomes curious and playful. If you would like to foster a kitten like Velvet, email volunteer@pasadenahumane.org.

The adoption fee for cats is \$75. All cats are spayed or neutered, microchipped, and vaccinated before being adopted.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

View photos of adoptable pets at pasadenahumane.org. Adoption hours are 11 a.m. to 4 p.m. Sunday; 9 a.m. to 5 p.m. Tuesday through Friday; and 9 a.m. to 4 p.m. Saturday.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.



At 132, The Force is Strong in Pasadena

By Dean Lee

Pop culture icons, from Darth Vader to Frankenstein's Monster, helped Pasadena officials Saturday celebrate the city's 132 birthday. The festivities, held at Pasadena Museum of History, were all part of "Wish Upon a Star!" The theme takes a cue from the Museum's popular exhibition, "Dreaming the Universe: The Intersection of Science, Fiction, & Pasadena."

"Pasadena is a place that has one foot in the past and one foot in the future," Pasadena Mayor Terry Tornek said. "That makes us do a kind of balancing act sometimes, but the truth is this exhibit, really pays homage to the fact that we have this cultural history of science in Pasadena, both real and imaginative." The exhibit explores the history of science fiction in Southern California from the 1930s to

the 1980s, and how it interacted with the advances of science, the changes in technology, and shifts in American society. It runs through September 2.

For more information visit: pasadenahistory.org/sciencefiction.

Supervisor Questions Election Irregularities

At a Wednesday meeting of the Board of Supervisors, Supervisor Kathryn Barger questioned L.A. County Registrar Dean C. Logan after learning that 118,522 voters' names were accidentally left off rosters due to a printing error during yesterday's primary election.

Logan said he would look into the problem to determine the reason for the printing error, but Barger, who reported that a number of voters had called her office and used social media to report issues and concerns, questioned Logan as to why effective quality assurance processes were not in place around the printed rosters.

"It is imperative that we understand what happened and how to prevent it in the future," Barger said. "Our elections represent the cornerstone of our democratic process, and it is unfortunate that this incident may erode public confidence in our system. A thorough and comprehensive investigation is only the first step we must take to begin rebuilding the public trust."

Although voters whose names are missing were encouraged to file provisional ballots which would be verified later, the Registrar estimates about 2.3 percent of the county's 5.1 million registered voters and 35 percent of the county's 4,357 precincts were affected by the error.

In a press statement Tuesday Logan said, "Our office is committed to ensuring every voter has a positive voting experience on Election Day. We apologize for the inconvenience and concern this has caused. Voters should be assured their vote will be counted." He also said that their office was working to determine the root cause of the problem, which arose when some data was not included in the printed lists. Logan also said poll workers, Tuesday at all locations were instructed to make sure that every voter whose name does not appear on the roster was issued a provisional ballot, and to inform the voters that their ballot will be counted.

Make Healthy Summer Snacks

Thursday, June 21, at 10 a.m. Learn about healthy snacks, at the Pasadena Senior Center, you can make at home as alternatives to store-bought snacks that are high in fat, sodium and bad carbs. Presented by Regal Medical Group.

Bill Davis KPCC (SCPR) President To Step Down

The Board of Trustees of Southern California Public Radio announced Tuesday that Bill Davis, President and CEO, will step down and begin the leadership transition process for the organization.

According to officials Davis will continue through December 2019 or until his successor is appointed. He will also work closely with the SCPR Board to identify a new President and CEO for the organization.

The SCPR Board also announced that Davis will assume the newly-created role of President Emeritus of SCPR following the transition period. "The pride I have in Southern California Public Radio's success during my tenure as CEO will always pale in comparison with the many accomplishments of our team and the lasting value of my friendships with colleagues on the Board of Trustees and the staff," Davis said. "Through the years, SCPR has benefited from an exceptionally engaged Board, which has supported me and our management team every step of the way."

Ana Valdez, Chair of the SCPR Board of Trustees, said, "Southern California Public Radio is in the best shape in its history thanks to Bill's initiatives and community-first ethos. With a strong and diverse management team in place, a growing audience and expanding membership base, and the best financial results in its history, SCPR is poised not only for more growth and success, but also to continue its vitally important public service mission."

"SCPR will continue to benefit from Bill's vision and expertise, as we search for the best possible new leader to build on our accomplishments," Valdez added. "The Board also looks forward to working with Bill on the completion of our strategic planning process during the transition period. Working together, we will further the diverse, inclusive and ethical culture that has thrived at SCPR for nearly two decades of rapid change in the industry."

Explore JPL Event Sold Out

NASA's Jet Propulsion Laboratory in Pasadena, California, is holding its ticketed "Explore JPL" event today and Sunday, from 8:30 a.m. to 4 p.m. Free tickets were distributed via a public online system starting April 7. Tickets are no longer available. No one will be admitted without a ticket and proper ID. For more details, visit: jpl.nasa.gov/events/special-events.php.

At "Explore JPL," visitors will have the opportunity to see,



and in the communities we serve. We are committed to ensuring a seamless and successful transition for SCPR and its audiences, members, employees, and partners."

A nationally known and respected broadcast professional, Davis led the production of a wide range of local news and public affairs programming and the development of compelling content across a range of broadcast, digital and live event platforms.

Davis joined SCPR in 2001 as its Founding President and over his nearly 20-year tenure led its transformation from a struggling, underperforming public radio station into a powerful community voice serving a growing and diverse audience across Southern California. Davis significantly expanded SCPR's audience, membership and financial performance and recruited and developed a top-notch staff at all levels—establishing an ethical and inclusive culture that attracts outstanding journalists and creative talent.

These initiatives and investments resulted in impressive audience growth and an equally impressive expansion in membership and funding. SCPR's audience has grown from 200,000 in 2000 to 800,000 in 2018, and it has added a digital audience that now totals 800,000. Current memberships at SCPR are also at an all-time high of 73,196 members. SCPR's revenues are projected to reach \$32.5 million in 2019, also a record.

Free Monthly Events at Pasadena Senior Center

There is something for everyone in May at the Pasadena Senior Center, 85 E. Holly St.

You do not have to be a member to attend. Some events require advance reservations as noted.

Friday Movie Matinees – Fridays, 15 and 22, at 1 p.m. Everyone enjoys the experience of watching movies and the pleasures they bring. June 15: "The Post" (2017, PG) starring Meryl Streep and Tom Hanks. Katherine Graham, the first female publisher of The Washington Post, and the newspaper's editor, Ben Bradlee, race to catch up with The New York Times to expose a massive cover-up of government secrets that spanned three decades and four U.S. presidents. The film is based on true events. June 22: "The Awful Truth" (1937, NR) starring Irene Dunne and Cary Grant. Unfounded suspicions lead a married couple to begin divorce proceedings, whereupon they start undermining each other's attempts to find new romances.

Safety Awareness – Thursday, June 14, at 10 a.m. At a time when so many crimes are being directed at older adults, safety awareness is vital to help you minimize your chances of becoming a victim. Learn how to protect yourself and stay safe at home, on the street and in your car. Presented by Sgt. Glenn Thompson of the Pasadena Police Department.

Dementia Friends – Tuesday, June 19, from 1 to 3 p.m. Learn five key messages about dementia and develop action steps to help your community, from telling friends, family members and coworkers about Dementia Friends to visiting someone you know who is living with dementia. Each participant will receive a Dementia Friend pin and become a member of this global movement developed in the United Kingdom. Presented by Alzheimer's Association.

Mail Fraud – Thursday, June 28, at 10 a.m. Older adults should be vigilant about a number of scams intended to deplete their life savings. Learn how to protect yourself from mail fraud. Presented by the U.S. Postal Service.

LIMITLESS/LENNY – Friday, June 29, at 3:30 p.m. Guest artists from MUSE/IQUE will explore the music of Leonard Bernstein and his enormous impact on the American sound. A limited number of complimentary tickets will be available to the LIMITLESS/LENNY concert Saturday, June 30, led by MUSE/IQUE musical director Rachael Worby.

Register at the Welcome Desk or by calling (626) 795-4331. For more information visit www.pasadenaseniorecenter.org or call 626-795-4331. Founded in 1960, the Pasadena Senior Center is an independent, nonprofit organization that offers recreational, educational, wellness and social services to people ages 50 and older in a welcoming environment.



Tornek and the monster use a knife, a lightsaber being too dangerous, to cut the celebration cake. The Frankenstein novel is also celebrating a milestone this year, being 200 years since it was published Photos D.Lee/MVNews

STEAM Makerspace at the Pasadena Central Library

The Pasadena Public Library announced the opening of a brand new makerspace at the Central Library starting June 11 called the Innovation Lab. In it we have equipment for the public to use such as 3D printers, CNC cutters, and sewing stations. In order to use the Innovation Lab during open hours, you must have attended a 1-hour orientation and have a signed User Agreement on file. See the User Guidelines outlined below for more information about using the iLab. Orientations will be held on Mondays at 5 p.m.

and Saturdays at 12 p.m. and registration is required to attend an orientation as spaces are limited.

Innovation Lab is part of the 2018 citywide STEAM initiative where individuals will be encouraged to delve into Science, Technology, Engineering, Art and Mathematics programs, classes and a host of related curriculum.

Orientations for June are now open for sign-ups. Go to: cityofpasadena.net/library/steam/ to find an orientation online; then use the RSVP function to reserve your spot.

NASA Finds Organic Material, Mysterious Methane on Mars

Scientists announced Thursday that NASA's Curiosity rover has found new evidence preserved in rocks on Mars that suggests the planet could have supported ancient life, as well as new evidence in the Martian atmosphere that relates to the search for current life on the Red Planet. While not necessarily evidence of life itself, these findings are a good sign for future missions exploring the planet's surface and subsurface.

The new findings -- "tough" organic molecules in 3-billion-year-old sedimentary rocks near the surface, as well as seasonal variations in the levels of methane in the atmosphere -- appear in the June 8 edition of the journal Science.

Organic molecules contain carbon and hydrogen, and also may include oxygen, nitrogen and other elements. While commonly associated with life, organic molecules also can be created by non-biological processes and are not necessarily indicators of life.

"With these new findings, Mars is telling us to stay the course and keep searching for evidence of life," said Thomas Zurbuchen, associate administrator for the Science Mission Directorate at NASA Headquarters, in Washington. "I'm confident that our ongoing and planned missions will unlock even more breathtaking discoveries on the Red Planet."

"Curiosity has not determined the source of the organic molecules," said Jen Eigenbrode of NASA's Goddard Space Flight Center in Greenbelt, Maryland, who is lead author of one of

the two new Science papers. "Whether it holds a record of ancient life, was food for life, or has existed in the absence of life, organic matter in Martian materials holds chemical clues to planetary conditions and processes."

Data from Curiosity reveal that billions of years ago, a water lake inside Gale Crater held all the ingredients necessary for life, including chemical building blocks and energy sources.

"The Martian surface is exposed to radiation from space. Both radiation and harsh chemicals break down organic matter," said Eigenbrode. "Finding ancient organic molecules in the top five centimeters of rock that was deposited when Mars may have been habitable, bodes well for us to learn the story of organic molecules on Mars with future missions that will drill deeper."

Water-rock chemistry might have generated the methane, but scientists cannot rule out the possibility of biological origins. This new result shows that low levels of methane within Gale Crater repeatedly peak in warm, summer months and drop in the winter every year.

"This is the first time we've seen something repeatable in the methane story, so it offers us a handle in understanding it," said Chris Webster of NASA's Jet Propulsion Laboratory.

"Are there signs of life on Mars?" said Michael Meyer, lead scientist for NASA's Mars Exploration Program. "We don't know, but these results tell us we are on the right track."

For more visit: nasa.gov/mars.

ARCADIA

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

ARCADIA VETERAN’S MEMORIAL DEDICATION EVENT

May 24, 2018 – The public is invited to attend the unveiling of the Arcadia Veteran’s Memorial. The event will take place at the Arcadia Community Center on Saturday, June 16, 2018, at 10:00 am. The Veteran’s Memorial was made possible through the generosity of the Rotary Club of Arcadia and Arcadia resident Mary Hansen.

“The Veteran’s Memorial will be great addition to Arcadia’s landscape,” said Mayor Peter Amundson. “It is the culmination of our community’s continued recognition of the patriots who have served, still serve, and will serve our great nation. I want to personally thank Arcadia Rotary and Mary Hansen for their hard work and dedication to our service men and woman.”

The Memorial will consist of seven pieces of polished black granite in a row, one for each branch of the our nation’s armed forces, including the United States Merchant Marines, and a center stone for commemorating all services. Imagery will be laser-etched into the granite uniquely identifying each service branch and their traditions. The tops of the stone pieces will be jagged and

unfinished to symbolize the San Gabriel Mountains that are the backdrop of our community.

The free event will be held in front of the Arcadia Community Center located at 365 Campus Drive, Arcadia, CA 91007. For more information, please contact the City Manager’s Office at 574-5401.

About Arcadia

Nestled in the foothills of the San Gabriel Mountains, Arcadia is an 11.38 square mile community with a population of just over 56,000. Located approximately 20 miles east of downtown Los Angeles, Arcadia is known for combining small-town charm with the conveniences and amenities of a mid-size city. Arcadia is a full-service charter city governed by a five member City Council, elected at-large. Recognized for exceptional education and recreation opportunities and beautiful neighborhoods, Arcadia is also defined as the “Community of Homes” and has twice been designated the “Best City in California in which to Raise Kids” by Business Week Magazine.

SHO TAY APPOINTED MAYOR OF ARCADIA COUNCIL MEMBER VERLATO SELECTED AS PRO TEM

At the June 5, 2018 City Council meeting, the Arcadia City Council unanimously selected Council Member Sho Tay as Mayor of Arcadia for the upcoming year. Also, the City Council chose Council Member April Verlato as Mayor Pro-Tem by a 5-0 vote as well.

“I am honored to serve the City of Arcadia as its next Mayor,” said Mayor Tay. “I have a deep affection and appreciation for this community, and I’m looking forward to continuing the efforts previous mayors and City Councils have done to keep Arcadia great. We have a lot of important work to do.”

Council Member Verlato will serve as Mayor Pro Tem during the coming year, and will be asked to fill in during a mayor’s absence. “I would like to thank the City Council

for their confidence in selecting me as Mayor Pro Tem. Arcadia is a great place to live, work, and raise a family, and I’m proud to be able to serve our diverse community,” said Mayor Pro Tem Verlato.

The City Council will be interviewing community members for the City’s various Boards and Commissions at a special meeting on June 14, 2018, and will make appointments at the next regularly scheduled meeting on June 19, 2018. Included is the newly-formed Citizen’s Financial Advisory Committee that will provide recommendations to the City Council for cost containment strategies and/or potential revenue enhancements in order to address the City’s financial challenges.

ARCADIA CITY COUNCIL ADOPTS GOALS FOR FY 2018-19

June 6, 2018 – The Arcadia City Council held its annual goal setting workshop at the Floretta K. Lauber Museum Education Center on Friday, June 1, 2018, to discuss the upcoming fiscal year’s policy agenda. Among the several topics that were discussed, the City Council unanimously agreed that addressing the City’s long-term financial issues and continued community building with the City’s Asian population are the primary focus of the coming year.

“With a new year, we have a fresh start to tackle some very big challenges facing the City,” said Mayor Sho Tay. “It is important that we continue to work together to address the City’s finances and on building the bonds of friendship in Arcadia neighborhoods.”

The City is poised to adopt a deficit budget on June 19, 2018, and, according to the City’s long-term financial forecast, the structural deficit will remain for the foreseeable future. While the proposed budget maintains existing levels of public services, the City can no longer guarantee that services will remain at current levels over the long-term. In order to begin addressing this important topic, the newly-formed Citizen’s Financial Advisory Committee will provide recommendations to

the City Council for cost containment strategies and/or potential revenue enhancements. In addition, the City will be engaging the community in stakeholder meetings throughout the year to identify alternatives. The City Council will be reviewing all policy options to address the shortfall.

Further, the City Council’s vision of a unified Arcadia remains an important topic. As the “Community of Homes,” the City Council identified that welcoming neighborhoods and widespread participation in civic life are keys to ensuring cooperation among residents. The City has already taken strides this past year to provide better outreach to the City’s Asian community through the adoption of the City’s Language Access Services Policy and the use of the WeChat social media platform. In the coming year, the City Council will look to build on this momentum, including potential partnerships with the City’s Asian community to host cultural events centered on community and inclusiveness.

“The Arcadia community is dynamic. Together we can accomplish great things. Every Arcadia resident should know that their City is working for them,” added Mayor Tay.

ARCADIA POLICE BLOTTER

For the period of Sunday, May 27th, through Saturday, June 2nd, the Police Department responded to 901 calls for service, of which 103 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, May 27:

Shortly before 2:01 a.m., an officer conducted a traffic stop on a vehicle in the area of Oakdale Lane and Foothill Boulevard for speeding. Upon contacting the driver, the officer detected a strong odor of alcohol emitting from her breath. Through a series of tests, the officer determined the suspect was driving under the influence of alcohol. The 27-year-old female from Covina was arrested and transported to the Arcadia City Jail for booking.

At approximately 11:07 a.m., an officer responded to Fantastic Noodle, 1220 West Golden West Avenue, regarding a commercial burglary report. The officer discovered an unknown suspect entered the closed business and stole three tablets and a security camera. No suspects were seen and no witnesses were located.

At approximately 5:26 p.m., an officer responded to a residence in the 300 block of West Woodruff Avenue regarding a burglary report. The officer determined unknown suspect(s) entered through a partially open window, ransacked the home, and fled with an unknown amount of property. No suspects were seen and no witnesses were located.

Monday, May 28:

Just after 8:00 p.m., officers responded to a condominium complex under construction in the 1000 block of Holly Avenue regarding a possible burglary. An investigation revealed two suspects had kicked in a door and broken a window into the building. A 18-year-old female from Glendale Heights, Illinois and a 19-year-old male from Anaheim were arrested and transported to local jails for booking.

Tuesday, May 29:

Around 3:09 p.m., officers responded to a residence in the 300 block of East Floral Avenue regarding a burglary report. The victim arrived home and interrupted a burglary in progress. The victim saw the suspect vehicle flee northbound on Northview Avenue. Officers were unable to locate the suspects.

The vehicle is described as a dark grey, 4-door BMW with no license plate. The investigation is ongoing.

Wednesday, May 30:

At about 9:34 a.m., an officer responded to a residence in the 2200 block of Canyon Road regarding a burglary report. The victim stated an unknown suspect entered his unlocked and open garage sometime during the previous evening and stole various tools and equipment. No suspects were seen and no witnesses were located.

Thursday, May 31:

Before 9:04 a.m., an officer responded to the intersection of Michillinda Avenue and the 210 Freeway westbound onramp regarding a road rage incident. A Los Angeles County Sheriff Deputy witnessed the aftermath of a physical altercation stemming from an incident of road rage resulting in the suspect fleeing onto the 210 westbound freeway onramp. An investigation

revealed the suspect became enraged after the victim attempted to merge. Both vehicles came to a stop, the suspect exited his vehicle and proceeded to punch the victim in the face and head with a large ring. Arcadia Fire Department responded and treated the victim at the scene. The suspect, a 35-year-old male from Monrovia, was arrested and transported to the Arcadia City Jail for booking.

Around 11:25 a.m., officers responded to a residence in the 700 block of West Longden Avenue regarding a burglary in progress. Surveillance footage revealed two suspects jumped a side gate and entered the residence by smashing a rear window. Once inside, one of the suspects attempted to enter the master bedroom, but the victim yelled and scared them away. The suspects exited the home and were last seen fleeing in a black Honda Civic. The investigation is ongoing.

At about 3:47 p.m., an officer responded to the Arcadia Police Department front counter regarding a stolen vehicle report. The victim stated she parked her vehicle on an unknown street in Arcadia on May 20th at 2:00 p.m. and discovered it had been stolen a few hours later. Arcadia PD located her vehicle in the 00 block of East Forest Avenue with significant collision damage. No suspects were seen and no witnesses were located.

Friday, June 1:

Just before 9:40 p.m., officers responded to a residence in the 900 block of Paloma Drive regarding a burglary report. Surveillance footage revealed two hooded suspects smashed a rear glass door, ransacked the home, and fled with a safe containing cash and jewelry. The investigation is ongoing.

Saturday, June 2:

Shortly after 12:16 a.m., an officer responded to the 400 block of South Baldwin Avenue regarding an activation of an Arcadia Police Department GPS tracker. Arcadia PD detectives had previously deployed bait packages to combat the increase in package thefts from residential areas. An investigation revealed one suspect was in possession of the stolen bait package. The 18-year-old male from Azusa was arrested and transported to the Arcadia City Jail for booking.

At approximately 8:05 a.m., an officer responded to Eagle Nails, 529 East Live Oak Avenue, regarding a commercial burglary report. Surveillance footage revealed an unknown suspect pried open the front door, stole a box of receipt paper, and fled. The investigation is ongoing.

Around 10:34 a.m., an officer initiated a traffic stop on a vehicle for speeding near the intersection of Colorado Street and Old Ranch Road. The suspect failed to yield and a pursuit ensued. The suspect eventually yielded. An investigation revealed the suspect, a 27-year-old male from Los Angeles, had thrown a loaded handgun from the vehicle during the pursuit, was in possession of narcotics and cash, was driving with a suspended license and was on post release community supervision for burglary. He was arrested and transported to the Arcadia City Jail for booking.

Just before 1:59 p.m., an officer responded to a parking structure in the 100 block of North First Avenue regarding a vehicle burglary report. The victim stated the suspect smashed the rear passenger window, stole more than \$2,200 worth of property, and fled undetected. No suspects were seen and no witnesses were located.

MONROVIA - DUARTE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

CITY SET TO EXPLORE DEVELOPMENT OF “ACTV MONROVIA” PROJECT:

Proposed Initiative Involves Establishment of a Protected Bike Lane Spine Connecting Station Square & Old Town, Metro Has Identified The Initiative as a Preferred Active Transportation Project in LA County That’s Eligible For Grant Funding

This week, staff reviewed plans with the City Council regarding the possible development of a protected bike lane spine connecting Station Square with Old Town Monrovia through an initiative that has initially been dubbed, ACTV Monrovia. This effort builds on the mobility plans we have been coordinating here in the City during the past few years, from the development of our Bike Master Plan in 2016, to the implementation of our interconnected Class III bike “sharrow” lanes in 2017, to the establishment of our GoMonrovia initiative in 2018.

As we have worked to establish these disparate but related mobility initiatives, the City has engaged in discussions with representatives from Metro on various matters. During those interfaces, we have received feedback that the City’s overall plans include elements that make Monrovia a prime candidate for capital improvement funding through the CalTrans Active Transportation Program (ATP) Cycle 4 grant.

The State’s ATP was created to encourage increased use of alternative modes of transportation, such as biking and walking, and a total of around \$440 million will be available for eligible projects under this next funding cycle. In particular, our concept for the ACTV Monrovia project has been enthusiastically received.

The ACTV Monrovia program (ACTV stands for Monrovia’s Active Community Travel. Vinculum… more details can be found on our City’s website) involves the possibility of converting both South Primrose Avenue and South Ivy Avenue into one-way streets beginning around Foothill Boulevard. The plan would allow for the establishment of protected bike lanes without any loss of on-street parking, encourage traffic to slow down in the identified areas, and would also facilitate the “greening” of South Primrose Avenue and South Ivy Avenue, to create a more park-like setting for residents throughout the length of the identified project area.

MONROVIA POLICE BLOTTER

During the last seven-day period, the Police Department handled 464 service events, resulting in 76 investigations. To see a complete listing of crimes reported, go to <http://www.crimemapping.com/map/ca/monrovia> for crime mapping. For Police Department news and information, visit our website and follow us on Facebook, Twitter, Instagram or Nextdoor.

Shoplifting / Warrants – Suspect Arrested

May 31 at 9:45 a.m., a male subject entered a store in the 100 block of W. Foothill and removed merchandise from a shelf. He ran out of the store without paying for the merchandise. Officers were called and apprehended the subject as he was running east on Foothill. The merchandise was returned to the store and the suspect was arrested. A computer check revealed he had multiple warrants for his arrest from previous crimes.

Violation of Court Order

May 31 at 1:58 p.m., a resident in the 900 block of W. Foothill reported her ex-husband had just been in her front yard in violation of a restraining order. When officers arrived, the male subject was gone. This investigation is continuing.

Petty Theft

May 31 at 2:51 p.m., a resident in the 300 block E. Olive walked outside his home and discovered someone had stolen several sprinklers from his front yard garden. He told officers this was the second occurrence. This investigation is continuing.

Drug Activity – Suspect Arrested

May 31 at 7:41 p.m., an officer was patrolling the 1800 block of W. Duarte when he saw a subject who appeared suspicious. He stopped to speak with the subject and discovered he was an admitted gang member and he was in possession of drug paraphernalia. The suspect was arrested and taken into custody.

Public Intoxication / Resisting Arrest – Suspect Arrested

May 31 at 8:59 p.m., residents in the 200 block of E. Colorado reported a male subject lying on their front lawn. Officers arrived and contacted the subject, finding him to be heavily intoxicated and unable to care for himself. As they attempted to take the subject into custody, he began fighting with the officers, causing minor injuries to the officers. The subject was arrested.

Shoplifting

May 31 at 10:43 p.m., an employee at a store in the 1600 block of S. Mountain reported that a male

subject had entered the store and began removing power tools from a shelf. He left the store without paying for the merchandise and fled in a vehicle. This investigation is continuing.

Fraud

June 1 at 1:25 p.m., a resident in the 100 block of Cherry reported that he was the victim of internet fraud. He had responded to an ad for employment in which he received a check to deposit in his personal account. He was then required to send money to numerous people from his account and could keep the remainder of money from the check; however, after the money was sent, he discovered the check he received was fraudulent. This investigation is continuing.

Petty Theft

June 2 at 1:17 p.m., a resident in the 900 block of W. Hillcrest walked outside his home and discovered someone had stolen the license plates off his vehicle sometime in the morning or during the night. This investigation is continuing.

Shoplifting

June 2 at 2:23 p.m., a male subject entered a store in the 500 block of W. Huntington and removed speakers from a shelf. He left the store without paying for the merchandise, and when confronted by security outside the store, he dropped the speakers and fled the area. This investigation is continuing.

DUI – Suspect Arrested

June 3 at 12:48 a.m., an officer was patrolling the 2600 block of S. Myrtle when he saw a vehicle traveling at a high rate of speed. He stopped the vehicle and found the driver to be intoxicated. Field sobriety tests were conducted and the driver was arrested for DUI.

Traffic Collision / DUI – Suspect Arrested

June 3 at 2:32 a.m., a motorist was traveling east in the 700 block of E. Foothill when he lost control of his vehicle and collided with a parked car and a gate. Officers arrived and found the driver to be intoxicated. After field sobriety tests were conducted, the driver was arrested for DUI.

Shoplifting

June 3 at 10:55 a.m., a female subject entered a store in the 500 block of W. Huntington, removed items from a shelf and left the store without paying for the merchandise. She was stopped outside the store by officers and taken into custody for shoplifting. The merchandise was returned to the store.

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HEALTHY REASONS TO SPAY OR NEUTER YOUR PET

Most true animal lovers today would likely agree that the responsible thing for an owner to do is to spay or neuter their pet. It is one way we can play a part in reducing animal overpopulation in our society, while in turn helping prevent animal neglect or abuse.

But what the majority of today's animal lovers may not know is that there are also many health benefits to having your kitten or puppy spayed or neutered, and in some cases it could even prolong the animal's life. Further, timely and safe sterilization can also result in desirable behavioral changes that are likely to make life easier for you and your furry four-legged friends.

Cherri Megasko, author of numerous articles about animals, is a featured columnist for the Yahoo! Contributor Network. She once posted an interesting article on this very subject, entitled "Health Benefits of Spaying or Neutering Your Pets".

In her article, Megasko listed several lesser-known benefits to having your pet "fixed", and if you are like me, you'll be pleasantly surprised to learn the many ways that spaying and neutering can help your pet have a happier, healthier, and potentially lengthier life.

Here are some of the main points from Megasko's article that I thought would be helpful for my fellow animal-loving pet-owners to know.

Benefits of Spaying

One obvious benefit of spaying your female pet is that she will no longer have heat cycles. For dogs and cats, this means they will be less likely to stray. Dogs will no longer have the bloody discharge associated with coming into heat, and cats will no longer cry as if in pain, in an attempt to attract a male.

For both dogs and cats, spaying prior to their first heat can dramatically reduces their chance of developing mammary cancer later in life. In fact, for dogs that are spayed before their first heat, their risk of developing mammary cancer goes down to 0.05%. The risk increases dramatically with each subsequent heat.

For both dogs and cats, spaying all but eliminates the development

Happy Tails

by Chris Leclerc



of uterine infections called pyometras. These infections can be life-threatening emergencies for your pet and are very expensive to treat and cure.

Benefits of Neutering

Both male dogs and cats mark their territories by urinating on objects. Neutering before this marking behavior begins can virtually eliminate this behavior. In cats, neutering also significantly reduces objectionable urine odor.

Testicular cancer is a valid concern for unaltered pets. Obviously, neutering completely eliminates that health threat.

Neutering reduces the instances of prostate issues and perineal hernias in dogs and can also reduce aggression levels associated with hormones.

Neutering a male pet is generally a faster and simpler procedure than spaying a female because the testicles are on the outside of the body, thus making the surgery less invasive. Spaying a young, healthy animal can take as few as seven minutes, or as much as 20 for an older, fatter animal.

The health benefits for both dogs and cats are greater when the surgery is done at an early age and can greatly increase the chances your pet will live a long and healthy life.

Be a responsible pet owner, and have your pet spayed or neutered at an early age. Not only will you be doing your part to prevent pet overpopulation, but you will also be taking advantage of a proven way to help keep your pet healthier and happier, and who doesn't want that for their canine or kitty companion?



BEST FRIEND

Sweet Potato is a lovely 5-year-old American Staffordshire terrier girl with the most adoring facial expressions, a soft caramel and white coat and soulful brown eyes. This lovely girl has quite the tender disposition along with a funny and charming personality to match her darling looks. She is 5 years of age and weighs about 67 pounds. Sweet Potato was surrendered to the shelter by her previous owners. Although not much is known about her past, her sweet and funny personality is showing everyone what a great pup she is! She walks well on the leash, is learning how to play with toys and is becoming a little more active on her walks. She does, however, have a silly and a tad dramatic side to her. She has been known to stop in the middle of her walks and lay down on the grass or ground and just enjoy the moment! It is quite endearing to see her do this and very tempting to lay down next to her and just stare at the blue skies. If you are that special person or family who can appreciate her tenderness and silliness and would like to give Sweet Potato a second chance at a good life with a forever family, please stop by and meet this charming girl! Her adoption fee is \$145 and includes spay surgery, vaccinations, microchip and a free wellness exam at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information. She currently resides at the San Gabriel Valley Humane Society located at 851 E.



Grand Avenue in San Gabriel which is located off San Gabriel Blvd, north of Mission and south of Las Tunas Drive. To arrange a 'Meet and Greet', please stop by any time from 10:30am to 4:30pm Tuesday through Sunday. Website: www.sgvhumane.org.

TWO'S COMPANY!



Daisy is very sweet and playful. They would make an entertaining and lively pair together. Please remember that kittens, while adorably cute, do grow up. Before you adopt, please consider your ability to keep a cat for its entire life. They are healthy, neutered, and current on vaccines. To learn more, contact 626-688-3506. See more pictures of them and their video at <http://www.lifelineforpets.org/independently-rescued.html>. Can't adopt? We desperately need fosters, donations, & sponsors—info@lifelineforpets.org.



SO YOUR KIDS WANT A JOB! The best age for kids to get a part-time job and what those jobs are

Although the majority of parents feel that having a part-time job would be a great learning experience for kids, a few felt that the summer should be spent playing and that there would be enough time for work and responsibility when they are older. Most however commented on how it helps to build responsibility, self-esteem and teaches them the value of money.

When asked at what age can a kid get a part-time job the responses by popularity were:

- 1. Age 14
- 2. Age 15
- 3. Age 16
- 4. Age 12
- 5. Age 13
- 6. Age 11
- 7. Age 10
- 8. Age 9
- 9. Age 8 & under

When asked what part-time job would be best for kids overall, the responses by popularity were:

- 1. Yard work, Grass cutting, leaf raking, snow shovelling
- 2. Babysitting, Non-family babysitting
- 3. Newspaper Delivery, Daily, weekly and flyer delivery
- 4. Food Service, Fast food companies, serving, cooking or cleaning
- 5. Chores, Dishes, cleaning and odd jobs around their home
- 6. Other, Odd jobs for friends and neighbors
- 7. Retail, Non-food stores, sales, stocking shelves
- 8. Labor, Not construction but with a fair amount of lifting/moving/carrying
- 9. Recreation, Supervising, refereeing, coaching
- 10. Dog Walking, Taking dogs for a walk regularly

- 11. Pet Sitting, Feeding and cleaning pets in people's homes
 - 12. Grocery Store, Stocking shelves and bagging groceries
 - 13. Tutoring, Working with younger kids
 - 14. Lemonade Stand, Traditional front lawn enterprise
- We also asked parents what they felt would be a good first job for kids by age group:
- Age 8 or younger
 - 1. Chores around the house
 - 2. Lemonade stand
 - 3. Pet sitting
 - Age 9
 - 1. Chores around the house
 - 2. Lemonade stand
 - 3. Yard work
 - 4. Pet sitting
 - 5. Other
 - Age 10
 - 1. Chores around the house

- 2. Newspaper/flyer delivery
 - 3. Lemonade stand
 - 4. Dog walking
 - 5. Other
 - 6. Yard work
 - 7. Pet sitting
 - 8. Plant sitting
- Age 11
- 1. Yard work
 - 2. Newspaper/flyer delivery
 - 3. Chores around the house
 - 4. Other
 - 5. Dog walking
- Age 12
- 1. Newspaper/flyer delivery
 - 2. Yard work
 - 3. Other
 - 4. Chores around the house
 - 5. Recreation
 - 6. Dog walking
- Age 13
- 1. Newspaper/flyer delivery
 - 2. Yard work

- 3. Babysitting
- 4. Other
- 5. Labor
- 6. Dog walking
- 7. Pet sitting
- Age 14
 - 1. Yard work
 - 2. Food service
 - 3. Babysitting
 - 4. Newspaper/flyer delivery
 - 5. Labor
 - 6. Dog walking
 - 7. Chores around the house
 - 8. Grocery store
 - 9. Recreation
 - 10. Other
- Age 15
 - 1. Food service
 - 2. Babysitting
 - 3. Yard work
 - 4. Newspaper/flyer delivery
 - 5. Labor
 - 6. Other

- 7. Recreation
- Age 16
 - 1. Food service
 - 2. Babysitting
 - 3. Retail
 - 4. Yard work
 - 5. Labor
 - 6. Recreation
 - 7. Tutoring

What To Do With The Kids is the website that adults go to when they want to know what to do with their kids. The site features games, crafts, activities, party ideas, downloads and product reviews. What To Do With The Kids also has local Facebook pages that highlight family and kid-friendly activities in major cities across the country.

Visit us at www.whattodowiththekids.com and discover what to do with your kids.

THE WORLD AROUND US



CHRISTOPHER Nyerges GROWING OYSTER MUSHROOMS

[Nyerges is a life-long forager and self-reliance enthusiast. He is the author of "Foraging California," "Extreme Simplicity: Homesteading in the City," and other books. He can be reached at www.SchoolofSelf-Reliance.com.]

Matt Heidrich is a man who loves oyster mushrooms. He enjoys them so much that he has learned the intricate art of home cultivation. I didn't know what to expect when I visited him in his nearby home, but I certainly got a full tutorial.

Oyster mushrooms are a variety of mushroom that grows on old and dying trees throughout the nation. They grow from the sides of trees with their gills that slope down to meet the stem. The caps range from cream to dark brown. They are one of the simplest mushrooms to cultivate, and enjoyed by mushroom enthusiasts and foodies alike.

In 2015 at Los Angeles' eclectic EcoVillage, he attended a workshop led by Peter McCoy where he was introduced to the lifestyle of fungi. The workshop included the details for cultivating the oyster mushroom, and Heidrich was hooked. Over the last several years, he has refined and perfected his technique for producing oyster mushrooms in his home.

When I first visited Heidrich, I was given a tour of his small backyard, where he grows numerous herbs and vegetables in small upraised beds. In one corner was a small compost pile covered with black plastic, which he uses mostly for the old medium of which his mushrooms grow. He pulled up a corner to show me that oyster mushrooms abundantly grew from his little compost pile, the unexpected result from the leftovers of his cultivation. He picked a few of the good ones for his meal later in the day.

Next, we went indoors for the tutorial. It was quickly evident that growing oyster mushrooms were important to Heidrich, because it appeared that major portions of at least two rooms in his home were devoted to the various stages of oyster mushroom cultivation.

We began by looking at some of the good textbooks that are available on the subject. Two of the best current books on mushroom cultivation are "Growing Gourmet and Medicinal Mushrooms" by Paul Stamets, and "The Mushroom Cultivator" by Stamets and Chilton.

There are many ways to cultivate mushrooms. Understanding the difference between "spores" and "spawn" is key. Spores are genetically diverse "seeds" that rain down from the gills of the mushroom. The novice grower will not use spores, but spawn, which is genetically identical to the parent mushroom. Most home growers use liquid culture spawn and grain spawn. Liquid culture is simply mushrooms grown in sugar water. Heidrich cultivates his liquid culture using simple sugars purchased from the local homebrew shop. (In fact, homebrewing and mushroom growing go hand in hand.) For grain spawn, he uses organic wheat berries bought in bulk on Amazon. The goals of these methods is to give the mycelium (the mushroom body) the nutrients it needs to form robust fruiting bodies ("fruiting bodies" are what most of us simply call mushrooms). Liquid culture and grain spawn are readily available on Ebay or from mushroom websites. The simplest way to begin cultivating is to buy liquid culture online and expand it at home in modified Mason jars. But cleanliness is key.

Heidrich created his own sterile environment with a 5 gallon clear Rubbermaid tub, onto which he has added two

hole where his hands can enter with gloves. Into this box, after has disinfected it with alcohol, he adds the starter medium, and several Mason jars of wheat berries which will be inoculated with the liquid starter medium.

This is all done very carefully, almost like a careful dance as Heidrich maneuvers into the limited space. But all this is necessary, otherwise the invisible contaminants in the air and environment which will infect the batch of mushrooms. When done, Heidrich places these inoculated bottles of wheat berries onto a rack with an LED light to assist in stimulating the grown of the spawn.

After a few weeks, if all went well, the bottles of wheat berries are covered in a white cob-webby material, which is the mycelium which will produce the mushrooms. Heidrich took such a bottle to show me how he sets up the final stage of cultivation, which can take place in a plastic bag or bucket. Today he demonstrated in a plastic bag.

Into the approximately gallon-sized plastic bag, he placed a layer of soaked cardboard. (I had noted earlier that he had a few containers of old cardboard in his back yard, and this is what he uses to grow his mushrooms.)

"Remember, these mushrooms like to grow on wood, and isn't that what the cardboard came from?" smiles Heidrich. He presses a layer of cardboard into the bag, and then adds a layer of used coffee grounds, a free recyclable material from a local coffee house. Then he added about 5 tablespoons of the wheat berries covered in spawn. Then he added more cardboard, coffee grounds, and more spawn. He continues this way for several layers until the bag is full. On his last, upper-most layer, he adds only spawn, then cardboard, then spawn. Heidrich explains that the coffee grounds are most susceptible to infection, and by having no coffee grounds at the top where it is exposed, there is less chance of infection.

Once this is sealed, Heidrich punches a few holes into the bag so that each hole enters the bag at the cardboard. Once the mushrooms get growing, they will grow out of the holes where they can be easily harvested. This bag is again put on the shelf with the LED light, and allowed to sit until the mushrooms start to grow.

It all seems like a very mysterious process, but Heidrich is merely controlling in a scientific manner that which occurs naturally in the forest.

Heidrich's favorite method of preparation is to sautee the mushrooms with his meals.

"How do you preserve the surplus?" I asked him, innocently enough.

"I eat them as quickly as I grow them," he said smiling. "There's never a surplus!"

Wow! He loves his mushrooms. Nevertheless, if growers have a surplus, they can be frozen or dehydrated, and dehydration seems to be the preferable choice.

Heidrich has done some wild mushroom hunting on his own, but found that it was less than

He's not a vegan, vegetarian, macrobiotic enthusiast, or a food faddist of any sort. "Yes, I eat meat," with a smile that barely concealed a bit a guilt. He's a man who loves one of nature's finest foods, and he's found a way to have a constant supply at home. Heidrich does offer occasional workshops where he takes participants through the various steps involved. His workshop participants walk home with an instruction sheet, and a bag of spawn to grow at home.

For more information, he can be reached at mattheidrich@gmail.com



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

WHERE HAVE ALL THE FATHERS GONE?

Around this time of the year, my thoughts wander back to my father. He's been gone quite a spell but his memory lingers. I often wonder what he would think of what is happening in our world today if he were to come back.

I grew up with a father who believed in being "the" father. I confess he was not always right all the time, but what he said was law in our house. That is, of course, unless his wife contradicted him. Then it was time for us kids to seek sanctuary outside where we could not hear what was going on.

I cannot help but believe that some of the problems we are having in our society today would not be such a problem if we had fathers. How many families are there where children grow up not knowing their father? No wonder they have no respect for authority. Although my father was not a very well educated person, he knew how to use the Board of Education on the Seat of Learning for all his children. Some of the stuff he did back in "the day," would bring him some real legal problems today.

For example, My father believed he had the right to be judge, jury and executioner concerning all things in his children's life, with no appeal to a higher authority. In the kitchen hanging next to the door to go outside was a very interesting parenting tool, at least in my father's eyes. It was a paddle with a religious inscription, "I Need Thee Every Hour." The inscription was quite true to the reality of life in our home.

Spanking was a routine exercise in our home. My father had the idea that if you were in trouble in school you were also in trouble at home. He had this fantastic idea that the teacher was right and I was wrong. I guess he knew me and that I could take a little bit of truth and spin it into a lie. I wonder who I learned that from?

Several times I got in trouble at school, which involved a spanking down at the principal's office. The first time this happened I well remember walking into the kitchen and saw my father standing there holding in his hand that infamous paddle. Within a few moments, the paddle was doing its duty and I was doing the "paddle dance."

After the paddling, my father sat down with me and said, "Okay, what trouble did you get into at school requiring the principal to paddle you?"

I wished he had asked me before the paddling, because now I had no incentive whatsoever to lie. Looking back, maybe that was the whole purpose of the paddling.

I well remember one time out in the backyard, I

did something requiring parental action. My father looked at me and said, "Go get me a switch. You need to be taught a lesson."

At the time, I thought it was funny, however, after the fact I could see no humor whatsoever in it. I went to get the "switch" according to my father's instructions and came back with a twig. I thought it was funny, but my father had no sense of humor about this. In a few moments, my sense of humor evaporated because my father went and got a switch, which is a whole lot different from a twig, just ask my backside.

Ruminating over these things, I tried to calculate how many spankings I actually got during my lifetime. Let me just say, it was significant. More than that. It taught me respect for authority.

I wonder if some of these young people getting into trouble today ever had a spanking? Of course, today that is completely against PC. My father did not believe in PC, but he did believe emphatically in BS (Back Side). I think if parents today would focus more on BS than PC, things might be a lot different.

Today, people think those old-fashioned spankings represent cruel and unusual punishment. However, if you look at this generation that has not had an old-fashioned spanking; I think the evidence speaks for itself.

To spank or not to spank, that is the dilemma today. Most gravitate towards the "not to spank" aspect unaware that they are creating a lot of damage for the next generation.

I must say that my father was not too much interested in what people call "love" today. He was more interested in respecting authority. In fact, as I think about this, when you are respecting authority you are exhibiting love. People today do not know how to love because they do not know how to respect authority.

I think if some of these youngsters could spend a week with my father and his infamous "paddle" they would grow to respect authority. Unfortunately, there is no authority figure in most homes today. Even those homes that have fathers are coerced into believing the father has no real significance in the family.

All I can do is to quote a famous psychologist, "How's that working?"

Well, how is that working? The wisest man in the world, Solomon, said, "For whom the LORD loveth he correcteth; even as a father the son in whom he delighteth" (Proverbs 3:12). True love always corrects that which is wrong, especially in the person they love.

TABLE FOR TWO by Peter Dills *thechefknows@yahoo.com*

SWISH SWISH

My first experience with shabu-shabu was about 15 years ago in Studio City at a Restaurant -- you know, the people behind the Japanese seafood/sushi buffets. Years later I visited Tokyo Shabu Shabu in Monterey Park and really enjoyed it, so I was really happy to see the concept make its way to Pasadena. Remember the Boiling Pot on South Lake? I didn't think so.

So what exactly is "shabu-shabu"? It means "swish --swish" in Japanese, like the sound made from the food in the cooking pot. The idea is that you cook your own meal -- don't worry if that turns some of you off, I promise it is a very painless procedure. Do you like steak, lamb, or chicken? Of course you do!! The meat entrees are all raw and very thinly sliced, and you cook it in boiling hot water right at your table. I shouldn't say water -- it is a choice of "Fusion Broths". A few of the ones that we tried were Spicy Kimchi and Kombu, translation... water and kelp. For those less adventurous, go ahead and order the miso; it is light and won't confuse the tastes of your meats and vegetables. Before we got going on our entrees owner Darren insisted that we try his Jellyfish and Chicken Wings, yes chicken wings at an Asian restaurant at an Asian restaurant? My friend Sean Lorenzini who has a "champagne appetite and champagne budget" exclaimed that they were the best chicken wings he has ever had. Certainly good!!

Like any family style restaurant, I suggest bringing a party of at least four to be able to try many dishes. As I mentioned earlier all meats come thinly sliced and you grab it with chopsticks and place in boiling water for just a few seconds to cook. Vegetables are also available, although I admit I cheated a little and skipped the veggies. The menu describes the meats as steak house style meat, and who am I to argue? Kobe Rib Eye, fine steak house quality meat and very tender was my favorite of the choices. You know how we love baby backs that fall off the bone? Well, the rib eye was melt-in-your-mouth tender, yes it was that good! Certified Angus Beef Rib Eye -- a little less expensive than the above-mentioned Kobe rib eye, but as close to heaven as you can get. For you chicken lovers please by all means try the Jidori All-Natural Chicken, popular in Japan and I can taste why. Owner Darren tells me that his favorite dish is the Lamb Loin, all-natural lamb which is also very tender. A real winner, Darren! Can't make up your mind? Tokyo Shabu Shabu does offer a Mixed Seafood plate with salmon, shrimp, scallops and mussels.

There is something for everyone here at Tokyo Shabu Shabu -- come hungry and bring a few friends. Prices will be around \$30 per person. Beer (Sapporo) and sake are available. If you can save room for dessert, have the green tea ice cream.

The staff is friendly and knowledgeable, and there is a very clean look to the interior, almost retro clean.

Join me this Sunday at 5 PM on KLAA AM 830

Email me at thechefknows@yahoo.com

345 S. Lake Ave. Pasadena



AVOCADO PESTO PASTA/SUNSET MAG.

Ingredients

1 tsp kosher salt, plus more for pasta water

1 garlic clove

3 medium avocados (2 soft-ripe and 1 firm-ripe), divided

1 cup plus 1 tbsp. loosely packed basil leaves

1 cup loosely packed flat-leaf parsley leaves

¼ cup sliced chives (2 bunches)

1 cup freshly and finely shredded parmesan cheese, plus more for serving

4 tsp lemon juice

½ tsp freshly ground pepper

1 lb tagliatelle pasta

How to Make It

Bring a large pot of salted water to a boil. Meanwhile, whirl garlic in a food processor to mince. Scoop soft-ripe avocados from peels into food processor. Add 1 cup basil, the parsley, chives, 1 cup parmesan, the lemon juice, remaining 1 tsp. salt, and the pepper; whirl until smooth. Cook pasta according to package directions until just tender. Meanwhile, dice the firm-ripe avocado. Reserve 1 1/2 cups pasta water, then drain pasta and return to pot. Add avocado sauce and as much pasta water as you like (to loosen texture); toss gently to combine. Transfer pasta to a serving bowl and gently stir in diced avocado. Grate a little more parmesan on top. Thinly slice remaining 1 tbsp. basil and scatter over pasta. Serve immediately. Servings 6



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Looking Up

with Bob Eklund



NEW HORIZONS WAKES FOR HISTORIC KUIPER BELT FLYBY



NASA's New Horizons spacecraft is back "awake" and being prepared for the farthest planetary encounter in history—a New Year's Day 2019 flyby of the Kuiper Belt object nicknamed Ultima Thule.

Cruising through the Kuiper Belt more than 3.7 billion miles from Earth, New Horizons had been in resource-saving hibernation mode since Dec. 21. Radio signals confirming that New Horizons had executed on-board computer commands to exit hibernation reached mission operations at the Johns Hopkins Applied Physics Laboratory in Laurel, Maryland, via NASA's Deep Space Network at 2:12 a.m. EDT on June 5.

Mission Operations Manager Alice Bowman of APL reported that the spacecraft was in good health and operating normally, with all systems coming back online as expected.

Over the next three days, the mission team will collect navigation tracking data (using signals from the Deep Space Network) and send the first of many commands to New Horizons' onboard computers to begin preparations for the Ultima flyby; lasting about two months, those flyby preparations include memory updates, Kuiper Belt science data retrieval, and a series of subsystem and science-instrument checkouts. In August, the team will command New Horizons to begin making distant observations of Ultima, images that will help the team refine the spacecraft's course to fly by the object.

"Our team is already deep into planning and simulations of our upcoming flyby of Ultima Thule and excited that New Horizons is now back in an active state to ready the bird for flyby operations,

which will begin in late August," said mission Principal Investigator Alan Stern, of the Southwest Research Institute in Boulder, Colorado.

New Horizons made a historic flight past Pluto and its moons on July 14, 2015, returning data that has transformed our view of these intriguing worlds near the inner edge of the Kuiper Belt. Since then, New Horizons has been speeding deeper into this distant region, observing other Kuiper Belt objects and measuring the properties of the heliosphere while heading toward the flyby of Ultima Thule—about a billion miles beyond Pluto—on Jan. 1, 2019.

New Horizons is now approximately 162 million miles less than twice the distance between Earth and the Sun—from Ultima, speeding 760,200 miles closer each day. Follow New Horizons on its

voyage at <http://pluto.jhuapl.edu/Mission/Where-is-New-Horizons/index.php>.

On June 5, 2018, New Horizons was nearly 3.8 billion miles from Earth. From there—more than 40 times the distance between the Earth and the Sun—a radio signal sent from the spacecraft at light speed reached Earth 5 hours and 40 minutes later.

The 165-day hibernation that ended June 4 was the second of two such "rest" periods for the spacecraft before the Ultima Thule flyby. The spacecraft will now remain active until late 2020, after it has transmitted all data from the Ultima encounter back to Earth and completed other Kuiper Belt science observations.

You can contact Bob Eklund at: b eklund@MtnViewsNews.com.

CALIFORNIA SCHOOL OF THE ARTS - SAN GABRIEL VALLEY WINS NATIONAL ARTS SCHOOLS NETWORK 2018 NEW AND EMERGING SCHOOL AWARD

Duarte, Calif.—June 6, 2018 —California School of the Arts – San Gabriel Valley in Duarte, CA, wins the Arts Schools Network (ASN) 2018 New and Emerging School Award. ASN, the nation's largest professional membership organization of specialized arts schools, presents this award to a promising young school in its first three years of development that exemplifies solid planning and well-defined goals, and that demonstrates promise as an emerging school of excellence. The award will be presented at the annual ASN Conference, October 23-26, 2018, in Orange County, Calif.

California School of the Arts – San Gabriel Valley (CSArts-SGV) is the first school to open as an expansion of Orange County School of the Arts, one of the premier arts schools in the country. Its mission is to provide a creative, challenging and nurturing environment that offers bright and talented students unparalleled preparation for high education and a profession in the arts.

The tuition-free, donation-dependent public charter school opened on August 14, 2017 as part of a mutually beneficial partnership with the Duarte Unified School District. Seventh and eighth-grade students receive academic instruction at Duarte K-8 schools, and are shuttled to CSArts-SGV for 90 minutes of daily arts

instruction. Ninth through 12th grade students receive a rigorous college-preparatory education and 140 minutes of arts conservatory instruction every day at CSArts-SGV. This partnership has not only revitalized arts education in the community, but has also helped to bring a diverse population to the district and stabilize student enrollment.

CSArts-SGV offers 10 arts conservatories including acting, classical and contemporary dance, commercial dance, creative writing, instrumental music, integrated arts, musical theatre, production and design, visual arts and vocal arts. Students have opportunities to participate in master classes, guest artist presentations, field trips and performances.

Dedicated to excellence and leadership in arts education, Arts Schools Network, a non-profit professional organization founded in 1981, is a dynamic resource for arts schools' leaders, innovative partners and members of arts education institutions. Its mission is to provide leaders in arts schools with quality resources, support, and networking opportunities. ASN has provided communications, programs, services, conferences and events to support these goals for more than 35 years. Visit the website at www.artsschoolsnetwork.org to learn more.

ALL ARCADIA UNIFIED SCHOOLS NAMED TO CALIFORNIA HONOR ROLL

ARCADIA-- Final report card season is underway, and each Arcadia Unified school has made it onto the 2017 - 2018 Educational Results Partnership (ERP) Honor Roll. Of the nearly 130 school districts represented on ERP's Scholar Honor Roll list, Arcadia Unified is the only school district to have each of its schools honored with this distinction.

"What a fantastic way to end the school year," said Arcadia Unified Superintendent Dr. David Vannas dall. "We are very grateful for this recognition. It illuminates the tireless work our teachers, counselors, and staff do to achieve our purpose of challenging and inspiring students to make a positive and profound impact on their world."

Sponsored by the Campaign for Business and Education Excellence (CBEE), ERP conducted an extensive analysis of student data for every public school in California, a process that included examining nearly 10,500 schools. From this research, ERP named 1,798 public schools to its 2017 - 2018 Honor Roll. ERP's Honor Roll includes Arcadia High, Baldwin Stocker Elementary, Camino Grove Elementary, Dana Middle School, First Avenue Middle School, Foothills Middle School, Highland Oaks Elementary, Holly Avenue Elementary, Hugo Reid Elementary, and Longley Way Elementary, making Arcadia Unified the only school district on the Scholar Honor Roll to have every one of its comprehensive schools receive this recognition.

"Educational success must be data-informed," said Greg Jones, ERP and CBEE board chairman. "These Honor Roll schools and districts are improving student achievement, and we have the data to prove it. It's critical that the business community support and promote

educational success as today's students are tomorrow's workforce."

ERP is a nonprofit organization that applies data science to help improve student outcomes and career readiness. Its Honor Roll program recognizes public elementary, middle, and high schools that demonstrate consistently high levels of student academic achievement, improvement in achievement over time, and reduction in achievement gaps.

"These bright spot schools and districts are implementing programs and practices that are improving educational equity and accelerating student success," said James Lanich, Ph.D., ERP president and CEO. "We need to shine a spotlight on their work and encourage others to replicate it."

In addition to the ERP Honor Roll recognition, Arcadia Unified is one of only five districts in Los Angeles County to be named to the prestigious 2018 AP* District Honor Roll, marking the second consecutive year that the district has received this honor. Additionally, Arcadia Unified's Holly Avenue and Longley Way elementary schools were named as California Distinguished Schools for 2018. Similarly, Arcadia High was identified as being in the top two percent of the best public high schools in the state by Niche.com, with at least one student from the Classes of 2016 and 2017 being accepted into every Ivy League school in the nation. Among other honors, Arcadia Unified was also recently ranked by Niche.com as the Best Place to Teach in Los Angeles. For more information about the Arcadia Unified School District, visit www.ausd.net, and for more information about the ERP Honor Roll, visit edresults.org.

SCHOOL DIRECTORY

Alverno Heights Academy
200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Julia V. Fanara
E-mail address: jfanara@alvernoheights.org

Arcadia High School
180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy
41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School
240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588

Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School
93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527

Preschool-TK-8th Grade
Principal: Dr. William Walner
website: www.bcsliions.org

Clairbourn School
8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy
822 Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

Frostig School
971 N. Altadena Drive Pasadena, CA 91107
(626) 791-1255

Head of School: Jenny Janetzke
Email: jenny@frostig.org

The Gooden School
192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410

Head of School, Carl Parke
website: www.goodenschool.org

High Point Academy
1720 Kinneloa Canyon Road
Pasadena, Ca. 91107

Head of School: Gary Stern 626-798-8989
website: www.highpointacademy.org

La Salle High School
3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Mrs. Courtney Kassakhian

Monrovia High School
325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darwin Jackson

Email: schools@monrovia.k12.ca.us
Odyssey Charter School
725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School
2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 396-5880 Principal: Roberto Hernandez
website: <http://phs.pusd.us>

St. Rita Catholic School
322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal Joan Arabedian (626) 355-9028
website: www.st-rita.org

Sierra Madre Elementary School
141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Lindsay Lewis
E-mail address: lewis.lindsay@pusd.us

Sierra Madre Middle School
160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School
74 S San Gabriel Blvd
Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School
1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204

Lisa Feldman: Head of School

Wilson Middle School
300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

Pasadena Unified School District
351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 396-3600 Website: www.pusd@pusd.us

Arcadia Unified School District
234 Campus Dr., Arcadia, Ca. 91007
(626) 821-8300 Website: www.ausd.net

Monrovia Unified School District
325 E. Huntington Dr., Monrovia, Ca. 91016
(626) 471-2000
Website: www.monroviashools.net

Duarte Unified School District
1620 Huntington Dr., Duarte, Ca. 91010
(626)599-5000
Website: www.duarte.k12.ca.us

Arcadia Christian School
1900 S. Santa Anita Avenue Arcadia, CA 91006
Preschool - and TK - 8th Grade
626-574-8229/626-574-0805
Email: inquiry@acslions.com
Principal: Cindy Harmon
website: www.acslions.com

THE GOOD LIFE

HOW TO MAKE A LIVING WILL

Dear Savvy Senior,
What's the best way to go about making a living will?
I recently retired and would like to start getting my
affairs in order, just in case.

Approaching 70

Dear Approaching,
Preparing a living will now is a smart decision that gives you say in how you want to be treated at the end of your life. Here's what you should know, along with some resources to help you create one.

Advance Directive

To adequately spell out your wishes regarding your end-of-life medical treatment you need two legal documents: A "living will" which tells your doctor what kind of care you want to receive if you become incapacitated, and a "health care power of attorney" (or health care proxy), which names a person you authorize to make medical decisions on your behalf if you become unable to.

These two documents are known as an "advance directive," and will only be utilized if you are too ill to make medical decisions yourself. You can also change or update it whenever you please.

Do-It-Yourself

It isn't necessary to hire a lawyer to complete an advance directive. There are free or low-cost resources available today to help you write your advance directive, and it takes only a few minutes from start to finish.

One that's completely free to use is Caring Connections, a resource created by the National Hospice and Palliative Care Organization. They provide state-specific advance directive forms with instructions on their website (CaringInfo.org) that you can download and print for free. Or you can call 800-658-8898 and they will mail them to you and answer any questions you may have.

Or, for only \$5, an even better tool is the Five Wishes living will. Created by Aging with Dignity, a nonprofit advocacy organization, Five Wishes is a simple do-it-yourself document that covers all facets of an advance directive that will help you create a more detailed customized document. It is legally valid in 42 states and the District of Columbia. To learn more or to receive a copy, visit AgingWithDignity.org or call 888-594-7437.



Want Legal Help

If you would rather use a lawyer, look for one who specializes in estate planning and health care related matters. The National Academy of Elder Law Attorneys (NAELA.org) and the National Association of Estate Planners and Councils (NAEPC.org) websites have directories to help you find someone. Costs will vary depending on the state you reside in, but you can expect to pay somewhere between \$200 and \$500 to get one made.

Do Not Resuscitate

You should also consider including a do-not-resuscitate order (DNR) as part of your advance directive, since advanced directives do little to protect you from unwanted emergency care like CPR. Doctors and hospitals in all states accept them. To create a DNR, ask your doctor to fill out a state appropriate form and sign it.

Another tool you should know about that will compliment your advance directive is the Physician Orders for Life-Sustaining Treatment (POLST). Currently endorsed in 22 states with 24 more in some phase of development, a POLST translates your end-of-life wishes into medical orders to be honored by your doctors. To learn more or set one up, see POLST.org.

Tell Your Family

To insure your final wishes are followed, be sure you tell your family members, health care proxy and doctor so they all know what you want. You should also provide copies of your advanced directive to everyone involved to help prevent stress and arguments later.

For convenience, there are even resources – like DocuBank.com and MyDirectives.com – that will let you and your family members store your advanced directive online, so you can have immediate access to them when you need them.

Send your senior questions to: *Savvy Senior*, P.O. Box 5443, Norman, OK 73070, or visit *SavvySenior.org*. *Jim Miller* is a contributor to the *NBC Today show* and author of *"The Savvy Senior"* book.

SENIOR HAPPENINGS

HAPPY BIRTHDAY! ...June Birthdays*



Joanne Thrane, Nellie Haynes, Dorothy McKay, Theresa Daley, Donna Doss, Mary Carney, Carol Handley, Marilyn McKernan, Pat Fujiwara, John Shier, Beth Smith-Kellock, Ann Disbrow, Joan Ellison, Anne Montgomery, Trini Ornelas, Martha Spriggs, Pat Starkey, Kathleen Coyne, Suzanne Decker, Jacque Persing, Jeanne Peterson and Grace Sanders

* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required



ACTIVITIES: Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

Hawaiian & Polynesian Dance Class: Every Tuesday morning from 10a.m. to 11a.m. Join the class with Instructor Barbara Dempsey as she leads you in the

art of Hula.

Bingo Time: Every Tuesday beginning at 1:00p.m. Cards are only \$0.25 each! Everyone is welcome to join. Activity may be canceled if less than five people.

Free Blood Pressure Testing: 2nd Tuesdays of the month from 11a.m. to 12p.m. No appt. is necessary.

Brain Games: Join us on Thursday, April 19th at 10:30a.m. to 11:30a.m. for Scattergories, a creative thinking game by naming objects within a set of categories; or Jenga, a block-building challenge that keeps you stacking and balancing your tower. Everyone is welcome, and no experience is needed. What a great way to strengthen your brain and make new friends. Games facilitated by Senior Volunteers.

Free Legal Consultation: Wednesday, April 18th from 10:30am to Noon. Attorney Lem Makupson is available for legal consultation. Specializing in Family Law, Wills, Trusts, Estates, and Injury. Please call Hart Park House for an appointment, 626-355-7394.

Senior Club: Meets every Saturday at the Hart Park House Senior Center. Brown Bag Lunch at 11:30a.m.

Chair Yoga: Mondays & Wednesdays from 11:00a.m. to 11:45a.m. with Paul Hagen. Classes include Yoga and balance exercises. All ability levels are encouraged and welcomed!
* A voluntary donation of \$5.00 per week is suggested but not required.

Birthday Celebrations: Every 2nd Thursday monthly at the Hart Park House, share some free birthday cake provided by the Sierra Madre Civic Club!

Free Strength Training Class: Fridays from 12:45p.m. to 1:30p.m. with Lisa Brandley. This energetic class utilizes light weights, low impact resistance training and body conditioning. Class equipment is provided.

Tax Assistance: Every Wednesday beginning on February 7th through April 11th from 1:00p.m. to 2:00p.m. ...Don Brunner is available for income tax consultation...

Appointments are required by calling the Hart Park House Office 626-355-7394

** Call Community Services Department for details about the "Ear to Ear Program" returning in 2018** 626 - 355 - 5278



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he did, we're both thrilled

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2908 ALLENTON AVENUE, HACIENDA HEIGHTS // \$739,000
2908Allenton.com 4BR/3BA. A true entertainer's two-level home on a tree-lined street.
Offers 2,226 sq. ft. of well appointed living space on a spacious 10,860 sq. ft. lot.



592 E. 6TH STREET, AZUSA //
2 Units | 2,239 sq. ft. | 12,409 sq. ft. Lot



125 E. SIERRA MADRE BLVD., SIERRA MADRE //
Multilevel/Split-Level Townhouse



461 ORANGE GROVE AVE., SIERRA MADRE //
3BR/2BA | 2,176 sq. ft. | 13,354 sq. ft. Lot

Broker does not guarantee the accuracy of room dimensions, square footage, lot size, or other information regarding the condition or features of the property provided by the seller or obtained from public records or other sources.

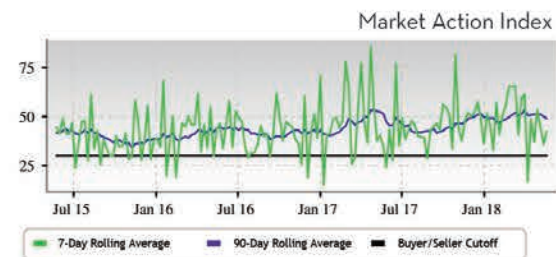
This Week **Monrovia**

The median list price is \$930,000

Demand measured by the Market Action Index is increasing and days-on-market is trending downward. Even as more properties come available, these are positive trends for the market.

Supply and Demand

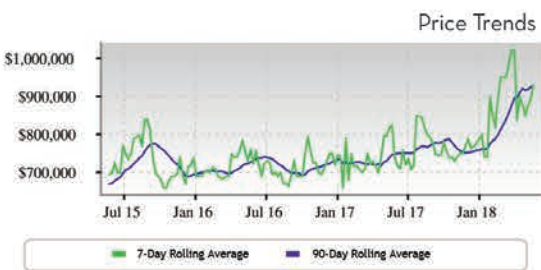
The market has started cooling and prices have recently plateaued. Since we're in the Seller's zone, watch for changes in MAI. If the MAI resumes its climb, prices will likely follow suit. If the MAI drops consistently or falls into the Buyer's zone, watch for downward pressure on prices.



The Market Action Index answers the question "How's the Market?" by measuring the current rate of sale versus the amount of the inventory. Index above 30 implies Seller's Market conditions. Below 30, conditions favor the buyer.

Price

The market seems to have paused around this plateau. The Market Action Index is a good leading indicator for the durability of this trend.



Real-Time Market Profile		Trend
Median List Price	\$930,000	◀▶
Asking Price Per Square Foot	\$523	◀▶
Average Days on Market (DOM)	90	▼
% with Price Decrease	29%	
% Relisted (reset DOM)	8%	
% Flip (price increased)	6%	
Median House Size (sq. ft.)	1,878	
Median Lot Size	8,001-10,000 sq. ft.	
Median # of Bedrooms	3.0	
Median # of Bathrooms	1.5	
Market Action Index	Strong Seller's	▼

Quartiles

Characteristics per Quartile Investigate the market in quartiles, where each quartile is 25% of homes.

Quartile	Median \$	Sq. Ft.	Lot Size	Beds	Baths	Age	Inventory	New	Absorbed	DOM	
First	\$1,859,000	3,355	0.5-1 acre	4.0	3.5	27	12	2	2	224	Upper 25%
Second	\$1,288,000	2,039	6,501-8,000 sq. ft.	4.0	1.5	61	13	4	0	60	Upper Middle 25%
Third	\$798,000	1,632	8,001-10,000 sq. ft.	3.0	1.5	72	13	1	2	50	Lower-Middle 25%
Fourth	\$680,000	1,228	6,501-8,000 sq. ft.	3.0	1.5	70	13	3	3	36	Lowest 25%



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BARGER QUESTIONS ELECTION IRREGULARITIES

Supervisor Kathryn Barger questioned L.A. County Registrar Dean C. Logan after learning that 118,522 voters' names were accidentally left off rosters due to a printing error during yesterday's primary election.

Logan said he would look into the problem to determine the reason for the printing error, but Barger, who reported that a number of voters had called her office and used social media to report issues and concerns, questioned Logan as to why effective quality assurance processes were not in place around the printed rosters.

"It is imperative that we understand what happened and

how to prevent it in the future," Barger said. "Our elections represent the cornerstone of our democratic process, and it is unfortunate that this incident may erode public confidence in our system. A thorough and comprehensive investigation is only the first step we must take to begin rebuilding the public trust."

Although voters whose names are missing were encouraged to file provisional ballots which would be verified later, the Registrar estimates about 2.3 percent of the county's 5.1 million registered voters and 35 percent of the county's 4,357 precincts were affected by the error.

JOCKEY KYLE FREY AND THE RIDE OF A LIFETIME



By Joan Schmidt

This Saturday, Bob and I will be glued to the TV for the Belmont Stakes. For the second time in four years trainer Bob Baffert has a chance at the Triple Crown with JUSTIFY (4-5), ridden by the great Mike Smith. Another Santa Anita Connection- Doug O'Neill is sending out jockey Kyle Frey on BLENDED CITIZEN (15-1). Kyle is ecstatic and very grateful to Doug O'Neill, the Young Family (Steve, Heather and son Jason), Greg Hall, and Brooke Hubbard for the ride of a lifetime!

At Clockers Corner I caught up with Kyle this A.M. The 26 year old was born and raised in Tracy, CA and "From the day I was born", wanted to be a jockey. His grandfather, jockey Paul Frey, was 4th in the Kentucky Derby. Kyle began riding Hunter Jumpers at about nine years old at his dad's girlfriend's ranch.

At about 17 or 18, he began "walking hot's". (After a horse has worked out, it is "walked" to cool down.) Steve Miyadi signed a provisional jockey license so Kyle could work out horses. ("Gallop"-Exercise, done daily; "Breezing"-Done weekly, ridden fast, as though in a race.) Kyle was at Golden Gate Fields for about six months, galloping horses. Went to Emerald Down, WA for a few months, then back to Golden Gate Fields, and got his Jockey's License.)

Kyle's first win was on Terina (35-1 odds!) which was very exciting! He has been racing for eight years with 645 wins. From Golden Gate Field, he went to Parx Track in Philadelphia and won the Eclipse Apprentice Award in 2011. He went back and forth between the two tracks. After fracturing his femur, Kyle returned back West for good.

It's not all fame and glory for these horsemen. There's a lot of hard work and sacrifice. They are at the track by 5AM to work out horses. If there are races that day, they may just stay and hang out at the jockey room. Most must work out extensively to stay in shape. Kyle goes to Foothill Physique, as does Mike Smith, Drayden Van Dyke, Ruben Fuentes and Asa Espinosa. It's no wonder most are in bed by 9:30. Good luck to Kyle on Saturday and all future races.

EVERYDAY THINGS YOU DIDN'T
KNOW COULD BE HACKED

By Dan Bova

More and more, common items we regularly use are becoming connected, making things more convenient not only for us, but for hackers, too. Here's how to protect your home—and your family.

SMART TVS hacked smart TV presents problems on many levels. A prankster could switch channels on you, order movies you don't want, or blast the volume when you least expect it. On another level, a hacked TV can have a direct impact on your security and safety, according to Andrew Newman, CEO and founder of Reason Software Company. Hackers can mine your TV apps (Netflix, Hulu, etc.) for payment information and can use your TV as a gateway to get into other connected devices in your home. "Researchers have found that many manufacturers set the same default passwords for the same type of devices, and often users don't change them. This means that if you have ten network-connected devices and at least one of them you didn't take care of—the whole network is compromised." Change your passwords every three to six months to protect yourself.

THERMOSTATS While it's cost-effective and handy to be able to control the temperature of your home while you're out—say cranking up the AC when you're headed home from the office—smarthome systems are vulnerable, says Jason Hart, VP and CTO for Data Protection at Gemalto. "Hackers can control a thermostat and crank up the heat until the owner pays a ransom."

BABY MONITORS are often connected to your WiFi network, because you want your mobile app to be able to connect to it at any time. That becomes a problem, because, as Eitan Bremler, co-founder and VP of product at Safe-T, explains, "Most people don't change their baby monitor's default password and make it visible to the Wi-Fi network, meaning that any hacker can scan for transmitting IPs and find it." If and when that happens, that means hackers can tune in and watch your baby and you at any time of day. To ensure your monitor is not hacked, Bremler recommends doing the following: 1. If the product supports it, make it invisible to Wi-Fi scans. 2. Change the default password to one of your own made up of a random sequence of letters, numbers, and characters.

SMART CAMERAS Before you snap that next picture, consider this: many popular smart cameras have vulnerability issues, says Vladimir Dashchenko, head of vulnerabilities research group, Kaspersky Lab ICS CERT. "These issues could allow attackers to remotely access video and audio feeds, disable the devices, and execute arbitrary code through the cloud." What can you do about it? Use a home security solution to keep track of all the devices connected to your network, and regularly check for software updates and install them when prompted, he suggests. These are things you never knew about home safety.

PACEMAKERS Hacking your heart is a real thing! The FDA recalled 465,000 pacemakers in 2017 for fear that security problems could lead to people with bad intentions changing the pace of someone's heartbeat—possibly resulting in death. Health devices like pacemakers are susceptible to outside interference, giving rise to a very niche corner of the cybersecurity world, says Mike Kijewski, CEO of MedCrypt, which uses code to secure data and instructions in medical devices, and then monitors those devices in real time.

VOICE-ACTIVATED SPEAKERS Even news of millions of so-called smart speakers being hacked right before 2017's holiday season didn't seem to slow down sales of Amazon's Echo and Google Home. But if you have either, you should definitely take precautions against hackers. If these speakers are hacked, they could divulge sensitive information such as when you'll be out of town or any upcoming doctor's appointments, along with your credit card and bank account info, shares NBC.com. Equally alarming, if it's connected to your home security system, a hacker could simply turn it off and walk right through your front door. To keep yourself and your home safe, limit how much info you connect through these types of speakers and unplug it when you go on vacation.

DEFAULT PASSWORDS As many of these experts have noted, many connected devices come with a default password that are easy to figure out. How so? With a simple Google search. "It only took 30 minutes to find passwords for most of the devices and some of them were found only through a Google search of the brand," says Omer Shwartz, a Ph.D. student and member of the lab being run by Dr. Yossi Oren at Ben Gurion University's Cyber Security Research Center.

PICTURE FRAMES Those digital frames that let you change art with the swipe of your hand are perfect for proud grandparents—and hackers, too. Sara Haghdoosti from Mozilla shares that "if hacked, the frame's ambient light sensors can help a thief know the comings and goings in your household."

GARAGE DOOR OPENERS Opening and shutting your garage door with the click of a button is a convenience that has been around for decades. But if a smart version is hacked, it could clue a burglar into your daily habits, such as when you leave for work for the day and when you're out of town. Again, make sure that you've updated its default password and change it on occasion.

ENTIRE NEIGHBORHOODS Ambitious hackers can put a stranglehold on entire blocks. Jason Hart from Gemalto, says the hackers "use IoT devices to compromise Wi-Fi networks and access personal data and passwords—putting families throughout an entire neighborhood on the road to financial ruin that only begins with looting of bank accounts." Cars As

was reported by Wired, researchers at the Beijing-based security firm Qihoo 360 were able to unlock and start cars using a pair of gadgets they created with just \$22 worth of materials, making it ridiculously easy for a thief to steal your car. If you own one of these 10 cars, it is much more likely to get stolen.

CELL PHONES Former Green Beret Sgt. Major Karl Erickson says that he carries his phone in a signal-proof case. "From my experience in the military, I know how easy it is for a bad guy to slip next to you while you're standing on line at Starbucks and, in just a few seconds, clone your phone and know everything on it, including the credit card number you're using to buy that latte."

HOME WI-FI ROUTERS It's not hard to imagine how much damage can be done via a hacked router, says Andrew Newman, CEO and founder of Reason Software Company. "Wi-Fi can lead to Google account access or identity theft. Depending on how 'smart' your home is, it can pose a real danger, like disclosing information about your family's activities, and granting physical access to your house or car."

LANDLINE VOICEMAIL You might not have a landline at home anymore, but many businesses still have them. And when a new employee starts, they typically are given a default password like 1234. And guess what? Most employees never change it. If you want to ensure no one is listening—or deleting—important messages, you'll want to change your password ASAP. Drones According to a report on Hacker News, security researcher Jonathan Andersson revealed hardware he called Icarus, that could hijack drones mid-flight. While signal jamming devices are not new, Icarus is the first known hardware that allows the hacker to gain total control of the drone, including the ability to steal your pricey new toy.

REFRIGERATOR Your fridge can be your worst enemy when it comes to your diet—and when it comes to security. As we've seen, any device or appliance in your home that is connected can be a gateway into your entire home. Consumer Reports shares that Samsung smart fridges were wired in a way that left users' Google log-in credentials up for grabs.

SELF-DRIVING CARS As if the very idea of a car with no human driver isn't scary enough, Damien Scott, the chief commercial officer at self-driving startup Renovo, told the Financial Times that self-driving cars could, indeed, turn into everyone's worst nightmares. If these cars are hacked, it, "allows a malicious remote attacker, who can conceal their identity and location, to gain direct control over a compromised vehicle's throttle, brake and steering." In the same article, he noted the need for industry-wide efforts to make hacking autonomous vehicles impossible. Reprinted by permission from rd.com

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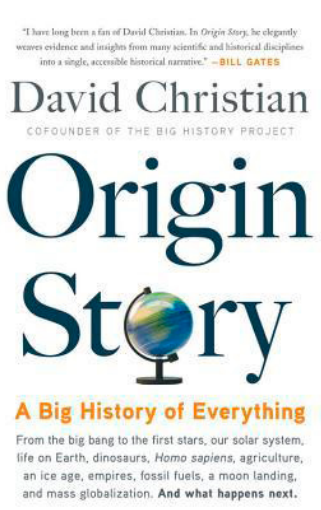
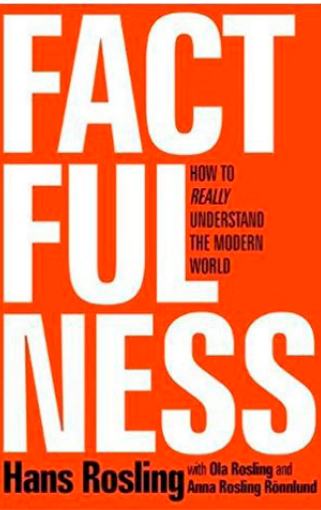
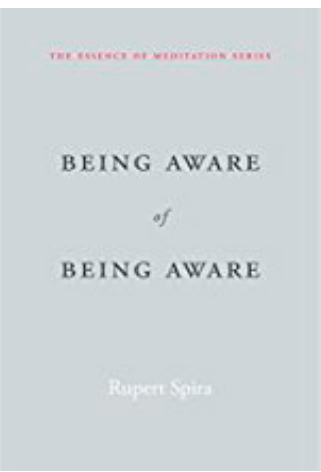
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Jeff's Book Pics

By Jeff Brown

Factfulness: Ten Reasons We're Wrong About the World-and Why Things Are Better Than You Think by Hans Rosling and Anna Rosling Rönnlund

"One of the most important books I've ever read an indispensable guide to thinking clearly about the world." – Bill Gates. Factfulness: The stress-reducing habit of only carrying opinions for which you have strong supporting facts. When asked simple questions about global trends what percentage of the world's population live in poverty; why the world's population is increasing; how many girls finish school we systematically get the answers wrong. So wrong that a chimpanzee choosing answers at random will consistently outguess teachers, journalists, Nobel laureates, and investment bankers. In Factfulness, Professor Rosling, together with his two collaborators, Anna and Ola, offers a radical new explanation of why this happens. They reveal the ten instincts that distort our perspective from our tendency to divide the world into two camps (usually some version of us and them) to the way we consume media (where fear rules) to how we perceive progress (believing that most things are getting worse). Our problem is that we don't know what we don't know, and even our guesses are informed by unconscious and predictable biases. It turns out that the world, for all its imperfections, is in a much better state than we might think. That doesn't mean there aren't real concerns. But when we worry about everything all the time instead of embracing a worldview based on facts, we can lose our ability to focus on the things that threaten us most. Inspiring and revelatory, filled with lively anecdotes and moving stories, Factfulness is an urgent and essential book that will change the way you see the world and empower you to respond to the crises and opportunities of the future. "This book is my last battle in my life-long mission to fight devastating ignorance... Previously I armed myself with huge data sets, eye-opening software, an energetic learning style and a Swedish bayonet for sword-swallowing. It wasn't enough. But I hope this book will be."



like to study the whole of history, from the big bang through the present day -- and even into the remote future? How would looking at the full span of time change the way we perceive the universe, the earth, and our very existence? These were the questions David Christian set out to answer when he created the field of "Big History," the most exciting new approach to understanding where we have been, where we are, and where we are going. Christian takes readers on a wild ride through the entire 13.8 billion years we've come to know as "history." By focusing on defining events (thresholds), major trends, and profound questions about our origins, he exposes the hidden threads that tie everything together -- from the creation of the planet to the advent of agriculture, nuclear war, and beyond. With stunning insights into the origin of the universe, the beginning of life, the emergence of humans, and what the future might bring, Origin Story boldly reframes our place in the cosmos.

Being Aware of Being Aware (The Essence of Meditation Series) by Rupert Spira

Everybody is aware, all seven billion of us. We are aware of thoughts, feelings, sensations, and perceptions. All people share the experience of being aware, but relatively few people are aware that they are aware. Most people's lives consist of a flow of thoughts, images, ideas, feelings, sensations, sights, sounds, and so on. Very few people ask, 'What is it that knows this flow of thoughts, feelings, and perceptions? With what am I aware of my experience?' The knowing of our being—or rather, awareness's knowing of its own being in us—is our primary, fundamental and most intimate experience. It is in this experience that the peace, happiness and love for which all people long reside. The happiness we have sought so long outside of ourselves, in situations, objects and relationships, turns out to be always present and available in the simple knowing of our own being as it truly is. The knowing of our own being shines in each of us as the experience 'I am' or 'I am aware', or simply the knowledge 'I'. This obvious, familiar and intimate experience has no objective qualities and is, therefore, overlooked or ignored by the majority of people. This overlooking of our own being is the ultimate cause of unhappiness. What is the nature of the experience of being aware or awareness itself? The exploration of this question is the subject matter of this book and the essence of the Direct Path to peace and happiness.

All Things

By Jeff Brown

THE TRUTH ABOUT WEED AND THE BRAIN

It may make sense to legalize marijuana, said neuroscientist Judith Grisel, but Americans are being "astoundingly naive about how the widespread use of pot will affect communities and individuals, particularly teenagers." The research on marijuana's effects on the brain shows that the ingredient the causes its "high" Delta 9-THC, can indeed dampen motivation and interfere with the successful life, as well as lead to tolerance, dependence, and craving- the hallmarks of addiction. "In particular, the research on THC's impact on the developing adolescent brain is inconveniently alarming." Teens who smoke weed regularly, studies show, have reduced activity in brain circuits critical to noticing new information and making decision; they are 60% less likely to graduate from high school, "are at substantially increased risk for heroin addiction and alcoholism, " and are 7 times more likely to attempt suicide. Recent studies even show that THC can turn on or off genetic expression in a teenager's epigenome, making young users future children "at increased risk for mental illness and addiction." Yes, it's true that alcohol and tobacco also have caused great damage, but let's not pretend that marijuana is "benign or beneficial to all." And let's not pretend

that legalizing weed will be without costs.

Judith Grisel, The Washington Post

Shower the People/a few lyrics by James Taylor

"Oh, father and mother, sister and brother, if it feels nice, don't think twice, just shower the people you love with love, show them the way that you feel. Things are gonna work out fine if you only will do as I say, just shower the people you love with love, show them the way you feel. Things are gonna be much better if you only will."

"I wrote 'Shower the People' in 1975. Basically it's a positive universal love kind of anthem. And if there's a point to the song, aside from encouraging people to express whatever love they feel, it's about contributing positively to the world, making things better. And really the way to do that is immediately and locally. It's not just to talk about what needs to happen on a global level. If you know somebody and you can improve their experience by your contact with them, then that's the thing to do. Identify the people you care about and make them feel better. That's how to make the world better. You don't need to reorganize the United Nations." James Taylor

FAMILY MATTERS

By Marc Garlett



SAFEGUARD YOUR CRYPTOCURRENCY ASSETS WITH ESTATE PLANNING

One of the biggest appeals of cryptocurrency, such as Bitcoin, is that it is decentralized, unregulated, and anonymous. There are no financial institutions controlling it, and unless you tell someone you own digital currency, it remains a secret. When it comes to estate planning, however, that kind of secrecy can be disastrous. In fact, without the appropriate planning protections in place, all your crypto wealth will likely disappear the moment you die or become incapacitated, leaving your family with absolutely no way to recover it.

Indeed, we're facing a potential crisis whereby millions—perhaps billions—of dollars' worth of family wealth could potentially vanish into thin air unless cryptocurrency owners take action to protect their digital assets with estate planning. Fortunately, putting the appropriate safeguards in place is a fairly simple process for an attorney experienced with cryptocurrency.

The first step in securing your crypto assets is to let your heirs know you own it. This can be done by including your digital currency in your asset inventory (such as the one we prepare for our clients) listing all your assets and liabilities. Along with the amount of cryptocurrency

you own, you should also include detailed instructions about where it's located and how to find the instructions to access it. But you want those instructions to be kept in a secure location because anyone who has them can take your cryptocurrency.

Even if your heirs know you own cryptocurrency, they won't be able to access it unless they know the encrypted passcodes needed to unlock your account. Indeed, there are numerous stories of crypto owners losing their own passcodes and then being so desperate to recover or remember them that they dug through trash cans and even hired hypnotists.

The best way to secure your passcodes is by storing them in a digital wallet. The safest option is a "cold" wallet, or one that is not connected to the internet and thus cannot be hacked. Cold wallets include USB drives as well as "paper" wallets, which are simply the passcodes printed on paper—and ideally stored in a fireproof safe or safe deposit box.

Since digital currency is such a recent phenomenon, not all estate planning attorneys are familiar with it. And although I don't advocate any of my clients invest in it – that is their own personal choice – I have helped many safeguard their digital wealth just as effectively as all their other assets.

Why? Because at my firm we don't just draft documents; we ensure clients make informed and empowered decisions about life and death, for themselves and the people they love. After all, that's what estate planning should really be all about.

Dedicated to empowering your family,

MARC

building your wealth and defining your legacy, A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 55 Auburn Avenue, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.587.3058 or visit www.GarlettLaw.com for more information.

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Mountain Views News
Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

JOE GUZZARDI



BUSH SR. REMINISCES ABOUT HIS COLLEGE WORLD SERIES DAYS

For the next three weeks, baseball fans will have a chance to see the game played the way it should be. The NCAA's best college nines, well-schooled in fundamental baseball, will display their talent in Omaha at the annual College World Series.

Given the choice between watching the College or Major League World Series, I would unhesitantly pick college. Even in the CWS' opening rounds, the players demonstrate an ability to advance the runner, hit the cut-off man and lay down a bunt, skills that too often elude multimillion-dollar MLB players. If the college players donned major league uniforms, fans couldn't tell the difference. Many of the college pitchers throw over 90 miles per hour and field their positions flawlessly.

The CWS has a rich tradition that dates back to 1947 when Kalamazoo, Michigan, hosted the event. Two players from that year's final that pitted the California Golden Bears against the Yale Bulldogs went on to achieve outstanding success in their professional careers: Jackie Jensen with the New York Yankees, Boston Red Sox and Washington Senators, and George Herbert Walker Bush, United States president.

Although Jensen pitched for the Golden Bears, by the time he was named the American League's Most Valuable Player in 1958, he played outfield. Bush, nicknamed "Poppy," was a slick-fielding, no-hit first baseman and a recently returned decorated World War II hero who earned the Distinguished Flying Cross, three Air Medals and a Presidential Unit Citation.

In the series opener, Jensen came through with a pinch hit single to drive in Cal's game-tying run. Red Mathews, Yale's third baseman, recalled that Jensen was "... strong and fast and big. I was very impressed with him." The game wasn't close for long. The Golden Bears scored 11 runs in the top of the ninth to win easily; Cal 17, Yale 4.

Then as now, the series final had a best two of three format. In the next day's deciding double header, Jensen started the opener. The "Golden Boy," as Jensen was known, gave up a run in the first inning but then held Yale in check until the bottom of the fourth. The Bulldogs made a fatal mistake when manager Ethan Allen ordered Cal's number eight hitter walked to face Jensen. Years later, Bush recalled that: "He [Jensen] hit one that's still rolling out there in Kalamazoo."

Eventually, Jensen tired and was lifted in the bottom of the fourth with the score tied, 4-4. In the end, the Bears prevailed 8-7. Bears' relief pitcher Virgil Butler struck out Bush, 0 for 7 in the series, to end the game. As Butler later joked: "On the last pitch, I struck out George Bush on a curve ball. I got my 15 minutes of glory!"

In January 1960, after only 11 mostly outstanding years in professional baseball and his career declining because of his air travel anxiety, Jensen retired. While Jensen starred on the baseball diamond, his later life was plagued by personal and financial misfortune. He was married to, and divorced from Zoe Ann Olson, an Olympic diving star. By 1974, however, Jensen returned to Berkeley to coach his beloved Golden Bears who he led to more than 100 wins. But in 1982, age 55, Jensen died from his second heart attack in two months.

Bush, on the other hand, turns 94 on June 12. His political resume includes two terms in the U.S. House of Representatives, stints as the U.S. Ambassador to the United Nations and Director of the Central Intelligence Agency, two terms as Vice President and one term as President.

As for his CWS memories, Bush disputes his teammates' criticism that he couldn't hit. According to Bush, he batted about .250. Bush added, "And I think if I were playing today in the bigs, I'd probably get about \$8 million a year for that."

Many other CWS superstars followed Jensen's MLB career path, and some reached the Cooperstown Hall of Fame. Among the most well-known are Dave Winfield, Barry Larkin, Mike Schmidt and Paul Molitor. But only "Poppy" reached the White House.

Joe Guzzardi is a Society for American Baseball Research member. Contact him at guzzjoe@yahoo.com.

JASE GRAVES



DANCE LIKE YOUR DAD'S NOT WATCHING

Although some men long to have a son to carry on their family name (and their male-pattern baldness), I've always felt lucky to have three daughters.

Having girls is more interesting for me since I've been doing the whole boy thing for almost fifty years - and not all that well. Also, when the girls were very young, my patriarchal, narrow-minded, predisposed, non-pc, androcentric (I got that one from the thesaurus) expectations told me that, with daughters, I might be able to avoid spending every Saturday for a decade watching my children play sports.

I know it seems un-American, but even when I played little-league baseball, the only enjoyment I ever got out of it was visiting the concession stand for Pop Rocks, grape Shasta, and some artificial cheese-product nachos after the game. It also didn't hurt that there was usually a cute, older teenage girl working the stand who I hoped was into slightly chubby younger guys with chili bowl haircuts and glasses thick enough to double as a binocular telescope.

I'm sure you're ahead of me by now, but I soon realized that even if I managed to avoid branding my cheeks with hot metal bleacher imprints at a ballpark every Saturday afternoon, there are a plethora of other equally-excruciating spectator events lying in wait for unsuspecting dads of girl children.

One of these ordeals I experienced recently was a day-long dance recital. Our family attended because my eldest and most expensive daughter participates in every possible activity that requires me to watch a procession of other people's children perform for hours on end while I wait to see her finally do her thing for three whole minutes.

What I first noticed about the recital (other than the lack of a concession stand) was the staggering amount of sequins. Now, don't get me wrong. I like sequins as much as the next adult male who isn't a figure skater. I fondly remember many a grade-school craft project that involved gluing sequins onto paper plates, cotton balls, toilet paper tubes, and other household goods sacrificed in the name of art. But I've never witnessed a Mt. Kilaua of sequins like I saw at this dance recital. Every dancer seemed to have dipped herself in Karo syrup and performed a swan dive into an enormous vat of sequins. And judging by the cost of the two costumes we purchased, these sequins may have once adorned a garment worn by Cleopatra herself - or a Kardashian.

Once my retinas had adjusted to this sequin throat punch and I'd used my iPhone to invest in the international sequin cartel, I soon became distracted by my fellow spectators. Based on their audience etiquette, many of them had never attended a public performance of any kind, unless you count watching domestic disputes in the Walmart parking lot.

Several audience members felt compelled to screech out the names and nicknames of every performer they knew before, during and after each dance. (I think I heard "Go, Nay-nay!!!" at least fifty times - and not for the same person.)

Then there were the babies and toddlers doing what babies and toddlers do when you take them to a two-hour event featuring lots of earsplitting techno music and flashing lights. That's right, Sherlock as played by Benedict Cumberbatch, they don't sleep, and thanks to them, neither could I.

Finally, the pre-teens seated behind us spent the show debating, at full volume, which Disney Princesses the dancers were depicting on stage at any given moment while kicking the back of my seat. (After the show, I located my spleen several rows up.)

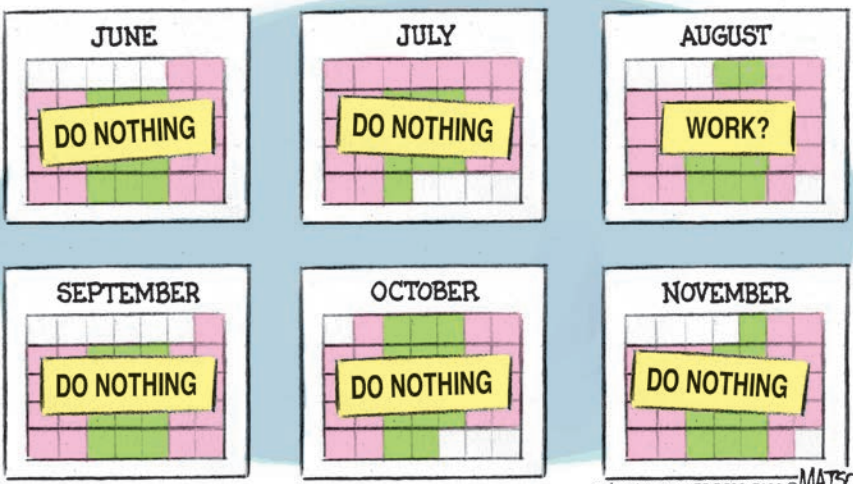
Despite all of these minor irritations, I beamed with pride when my own be-sequined daughter took the stage and danced her heart out. When she came out to the lobby after the recital, I spread my arms to catch my little dancer in a warm fatherly embrace. Instead, she handed me a bundle of hangers, garment bags and costumes, and ran off to take Instagram photos with friends.

Oh, well, I know she loves and appreciates me, and at least she isn't playing baseball. But I do miss the nachos.

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Graves is an award-winning humor columnist from East Texas. His columns have been featured in Texas Escapes magazine, The Shreveport Times, The Longview News Journal, and The Kilgore News Herald. Contact Graves at susanjase@sbcglobal.net.

SENATE CALENDAR



BLAIR BESS



CRAZY RUDY'S FULL COURT PRESS

Last year, as the tightly wound spool of scandal surrounding his administration started to unravel, President Trump reportedly asked a roomful of White House officials rhetorically, "Where's my Roy Cohn?"

In addition to serving as the president's mentor, attorney, and fixer, the late Mr. Cohn is an ignominious footnote in our nation's history for the persecutorial role he played during Sen. Joseph R. McCarthy's investigations into communist activity during the 1950's.

Every passing day brings further evidence that the president has found his Roy Cohn redux. His name is Rudy Giuliani.

Heralded as "America's Mayor" in the wake of 9/11, Mr. Giuliani has reemerged - demonically, phoenix-like, eyeglasses often crazily askew - from the political netherworld into which he slithered upon leaving the New York City Mayor's office and failed bids for the U.S. Senate and the presidency.

Without question, during Mr. Giuliani's first few years as Mayor, he enforced arcane laws and statutes to clean up New York City. In that, he proved to be an unabashed success. Unfortunately for Mr. Giuliani, he was unable to sustain the popularity, good-will and achievements of his first term throughout the entirety of his reign.

And then came the fall of the Twin Towers, after which Mayor Giuliani was catapulted onto the national stage. It was a public redemption that even the most callous of politicians could appreciate. Giuliani stood amidst the rubble of Wall Street almost godlike. He was a hero for our time.

What happened to that guy? The answer: that guy never existed.

Rudolph Giuliani was and is a figment of his own imagination. To many, however, he was and is one nasty son-of-a-gun. Granted, those who share those feelings most might include his two (soon-to-be three) ex-wives; discarded advisors and confidantes; former colleagues; political opponents; mob bosses; and white collar criminals.

While not inventing the Racketeer Influenced and Corrupt Organization (RICO) statute, as U.S. Attorney for the Southern District of New York, Rudy Giuliani used it in an innovative and highly-effective manner against New York's Mafia families, drug traffickers, wayward politicians, and Wall Street manipulators alike; who, as Mayor, punished scofflaws to the fullest-extent possible.

This former standard-bearer for law and order now believes, however, the president of the United States can get away with murder - of fired FBI Director James Comey, one of Mr. Giuliani's former subordinates - without facing the same consequences that we mere mortals could expect to face. Like arrest, incarceration, prosecution, conviction and, in some instances, execution. He doesn't believe the president can be subpoenaed. Or indicted.

President Trump may sound a bit crazy when he voices opinions such as this. But he's crazy like a fox; his are Machiavellian efforts to retain power.

Rudy Giuliani, on the other hand, appears to be as crazy as a loon.

Giuliani has vilified Mr. Comey. He's launched attacks on the FBI and the Justice Department, institutions he claims to have once respected. Not anymore. As early as 2016, Mr. Giuliani told Fox News' Sean Hannity that he was "so ashamed of the Justice Department."

Shamelessness, however, was clearly his Modus operandi when he served in that very same Justice Department.

As reported in The New York Times on July 11, 1989, Walter S. Mack Jr., once a senior prosecutor and chief of the organized crime unit in the Southern District until he was relieved by Mr. Giuliani said, "The overwhelming perception was that what was good for him was what was going to be done. If it was going to put him in the most positive light and give him the image he wanted, it was going to be done."

That point was reiterated 29 years later in Comey's book "A Higher Loyalty," when Comey noted there was an unwritten code among those working for Mr. Giuliani back then that "Rudy was the star at the top and the successes of the office flowed in his direction."

Now, he is a man in search of relevance and, once again, the limelight.

In another era, Rudy Giuliani might have used the RICO statute against Donald Trump and his "Organization" much as he did when combating organized crime, Ivan Boesky, Michael Milken, and the Wall Street firm of Drexel Burnham Lambert. Instead, he is a man who appears to be hellbent on taking down the institutions he once served and the Constitution he once swore to uphold by propagating the lies and obfuscations of the Trump administration to whoever will listen.

So much for truth, justice, and the American Way.

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