

Mountain Views News

Sierra Madre

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SATURDAY, AUGUST 31, 2019

VOLUME 13 NO. 35

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CONGRESSWOMAN JUDY CHU OPENS SAN GABRIEL VALLEY COMMUNITY BASED OUTPATIENT VETERANS HEALTH CLINIC



Above - Congresswoman Chu with Sierra Madre VFW 3208 Commander Dave Loera
Below - WWII Veteran Ken Anhalt and Korean War Veteran Bud Switzer



Above - Left to right: Arcadia Mayor April Verlati, Acting Director of the Greater Los Angeles VA health care system Robert McKenrick, Congresswoman Chu and Congresswoman Grace Napolitano.



With the support of her constituents including members of Sierra Madre's VFW 3208, Chu made the hopes and dream of thousands of San Gabriel Valley Veterans come true.

Chu has always been concerned about our men and women of the armed forces who have sacrificed so much and yet have been over looked. A few years ago, she was aghast that a Korean Veteran had NEVER received his medals, so she held a special ceremony in her Pasadena office, had the Medals mounted in a frame, and also presented him with a folded American Flag in the triangular glass case.

The clinic hours are from 8 a.m. to 4 p.m. Monday-Friday. Appointments can be made by calling 1-877-251-7295.

Story by Joan Schmidt and Susan Henderson
Photos by Mary Lou Caldwell

SIERRA MADRE LOCAL ATHLETE MAKE USA NATIONAL TEAM ROSTER AND GETS GOLD IN TRINIDAD AND TOBAGO

USA WATREPOLO YOUTH MEN'S TEAM REMAINS UNDEFEATED

During the week when most students were headed back to school, local Sierra Madrean Nicholas (Nico) Tierney headed with his teammates to Couva, Trinidad and Tobago for the 2019 UANA Youth Pan American Championships. The competition took place from August 16-23 at the National Aquatic Centre in Couva and represents the top pipeline in over 10 countries. The top four placing teams in each division qualify for the 2020 FINA Youth World Championships next summer.



Sierra Madrean Nico Tierney

Canada 14-5 to reach the top of the podium. Nico Tierney and Jenna Flynn earned Most Valuable Player honors while Maya Avital was named the top goalkeeper in the women's competition. All representing Team USA.

Both the USA Men and Women were dominant throughout the competition. The USA Women went 7-0 and outscored their opponents by a margin of 152-28. The USA Men went 8-0 outscoring their opponents by a margin of 168-46.

For more information please contact www.USAwaterpolo.org



Following a week of games, on August 23rd the USA Men's and Women's Youth National Teams capped the undefeated run at the UANA Youth Pan American Championships by claiming Gold.

The USA Men defeated Brazil 19-8 in the final with local Nico Tierney scoring 6 goals. While the USA Women downed

Canada 14-5 to reach

the top of the podium.

Nico Tierney and Jenna Flynn earned Most Valuable Player honors while Maya Avital was named the top goalkeeper in the women's competition. All representing Team USA.

Both the USA Men and Women were dominant throughout the competition. The USA Women went 7-0 and outscored their opponents by a margin of 152-28. The USA Men went 8-0 outscoring their opponents by a margin of 168-46.

For more information please contact www.USAwaterpolo.org

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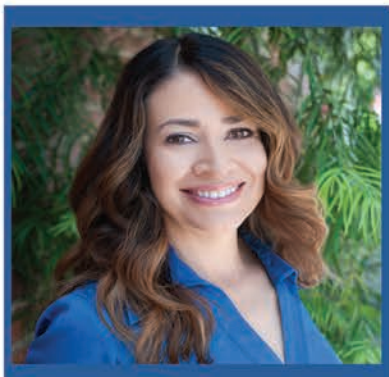
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Weather Wise

6-Day Forecast Sierra Madre, Ca.

Sun	Sunny	Hi	90s	Lows	70s
Mon:	Sunny	Hi	90s	Lows	70s
Tues:	Sunny	Hi	90s	Lows	70s
Wed:	Sunny	Hi	90s	Lows	70s
Thur:	Sunny	Hi	90s	Lows	70s
Fri:	Sunny	Hi	90s	Lows	70s

Forecasts courtesy of the National Weather Service

SIERRA MADRE CITY MEETINGS

CALENDAR

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

CITY COUNCIL

September 10, 2019 at 6:30PM
September 24, 2019 at 6:30PM

PLANNING COMMISSION

September 5, 2019 at 7:00PM
September 19, 2019 at 7:00PM

COMMUNITY SERVICE COMMISSION

August 19, 2019 at 6:30PM Cancelled
September 16, 2019 at 6:30PM

SENIOR COMMUNITY COMMISSION

September 5, 2019 at 3:00PM

LIBRARY BOARD OF TRUSTEES

August 21, 2019 at 7:00PM
September 25, 2019 at 7:00PM

ENERGY, ENVIRONMENT, AND NATURAL RESOURCE COMMISSION

August 28, 2019 at 7:00PM
September 18, 2019 at 7:00PM

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email city@cityofsierramadre.com before 30 the night of the meeting and your statement will be delivered to all the Council Members.

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



Sierra Madre Woman's Club

550 W. Sierra Madre Blvd. **2019: 112 Years**
Founded February 23, 1907 – "Living the Volunteer Life" in Friendship
Member of General Federation of Women's Clubs - cfwc.org & gfwc.org

Plan to Join Us at Our Fall "Blue & Gold" Salad Luncheon
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Member OR Guest \$11 Member+Guest \$11

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RSVP Barbara : 626 355-8979 by Sun, 9/22

Come Regularly 2nd Wednesdays Oct-May

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GFWCSierraMadreWomansClub.org

Facebook/SierraMadreWomansClub

Rent our 1914 Essick House 626-355-4379

Help @ **Wistaria Thrift Shop** - Re-Opens Sept 5 355-7739

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Sierra Madre Woman's Club

Founded February 23, 1907 – "Living the Volunteer Life" in Friendship
Member of General Federation of Women's Clubs - cfwc.org & gfwc.org

How about them Dodgers?

LATTES & LITERATURE

Wed, Oct 9 1:00 pm

Direct from Chicago for Us

Author Gary W. Moore

"Playing with the Enemy"



RSVP by Mon, 10/7 to smwomansclub@gmail.com

Explore Opportunities & Membership with Us

Join us for Member-Only Yoga w/ Paul Hagan Tuesdays, 10 am

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Monday

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Tuesday from 10:00 - 11:00 am

Baby Rhyme Time

Tuesday from 3:00 - 5:00 pm

Weekly LEGO Challenge

Tuesday from 5:30 - 7:30 pm

Virtual Reality

Wednesday from 4:00 - 5:00 pm

Teen Advisory Board

Saturday from 11:00 - 12:00 noon

College Essay Outlining Workshop

Saturday from 12:00 - 1:00 pm

Getting a College Scholarship Workshop

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THE SHOPS ON BALDWIN IN SIERRA MADRE



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SUSAN HENDERSON
Editor/Publisher

THANK YOU!



Thank you friends and supporters of the Mountain Views News! It was August, 2007 when the first edition of this paper was published, originally known as the Mountain Views Observer. I made a commitment then to provide a newspaper that provided useful information for the communities it serves. Our focus has been to keep you informed, celebrate your victories and be supportive when challenges arise from time to time.

Over the years the Mountain Views News has been blessed with the support of some very talented contributors. Due to changes in circumstances, some have relocated and unfortunately others have passed away. Of those original supporters, I owe the world to Pat Birdsall, George Enyedi, Paul Nieby, Jan Reed, Gordon Caldwell and others who encouraged me and whose memories still keep me going.

Keeping the presses rolling hasn't been easy, especially in times of 'tariffs'. Yes, even a small town newspaper is impacted adversely when 40% Tariffs on newsprint that comes from China is levied. That tariff began in 2018 and has not been lifted. Regardless, with the support of our writers, advertisers, vendors and you and a lot of prayers, we are 'keeping the presses rolling'!

By the way, I also owe so much to my patient and supportive family! and Dean Lee who has been with me since page 1! You're absolutely the best!

In this edition, there is a surprise for you on page 12. I won't say much about it now, but it does answer a few questions like, "Whatever Happened To?"

So, again, THANK YOU for your continued support.

Susan

COMING SOON!



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Built in 2014, this 2,793 s.f. modern-style home is a rare find on a quiet street north of Grand View Avenue in beautiful Sierra Madre. Set against the backdrop of the San Gabriel Mountains, this light and bright home features en-suite bedrooms with luxurious bathrooms, a gourmet European kitchen and large rooftop patios.

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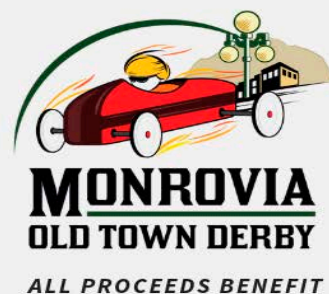
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Sierra Madre Kiwanis Club's Pancake Breakfast



Saturday, September 21
7:00 to 11:00 a.m.
in Memorial Park
\$6.00 donation



Bring your appetite!



Help us fund our children's programs throughout the year. Our programs have helped thousands of children improve their quality of life in our community.

Look for our Kiwanis sponsored events throughout the year! Together we make a difference.

Proceeds to benefit Kiwanis 2019-2020 children's programs. Proceeds from the event will help fund the Creative Arts Group "Imagine Art Program" benefiting the students of the Sierra Madre Elementary School.



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SIERRA MADRE

SIERRA MADRE ARCADIA PASADENA ALTADENA MONROVIA

WALKING SIERRA MADRE - The Social Side by Deanne Davis

“If all the cars in the United States were placed end to end, it would probably be Labor Day weekend.”
Doug Larson

“Labor Day is a great opportunity to reflect on what you failed to accomplish this summer.”

“I love Labor Day; what other day do you get to celebrate work without actually doing any!”
Maxine

Labor Day in the United States is an annual holiday to celebrate the achievements of workers. It has its origins in the labor union movement, specifically the eight-hour day movement, which advocated eight hours for work, eight hours for recreation, and eight hours for rest. Unless, of course, you happen to be a mother and this particular holiday becomes laughable as meals, laundry and the children’s eternal battle cry: “I’m bored! There’s nothing to do here! What is there to eat!” rings out endlessly.

For many people, including John, my college football loving husband, now residing in heaven, it was the start...finally...of the college football season. I made sure we had plenty of Doritos and the TV screen was dusted as Labor Day Saturday was an important day. It still is, friends and neighbors. Today, Auburn vs. Oregon, Georgia at Vanderbilt, Clemson vs. Georgia Tech, Northwestern at Stanford and USC at Fresno State are just a few of the matches to be seen this weekend. I don’t watch football anymore, but I sure enjoyed all the games John and I watched together. When we were first married, I had never taken a second look at football but as time went by, I realized I had two choices – have you ever noticed, there are always two choices – I could either continue spending all those hours by myself or I could learn to enjoy football. I chose football and was always glad I had made that choice as we had many lively conversations about who was playing, what their quarterback was doing wrong, what bonehead play had just been run for the seventh time in a row, and much woo-hooing over touchdowns. USC was always his first and favorite most beloved team, as he was a USC graduate, but we liked a lot of other teams, too. Ladies out there, if your sweetie is a football fan, go sit with him. You’ll be glad you did. Trust me!

Labor Day weekend is also a great time to barbeque and a char-broiled burger at halftime is pretty close to perfect. We always had potato salad but my grandmother made a macaroni salad I’ve been thinking about lately. Here’s her recipe:

Louise’s Macaroni Salad

- 16 oz. elbow macaroni
- 2 big dill pickles or 4-5 smaller ones
- 2 small cans pimentos
- 2 onions
- 4 hard boiled eggs
- Mayonnaise – the full fat type, not one of the light ones



Celery Salt
Pepper
Salt Paprika

Boil macaroni till al dente, drain and set aside to cool. Chop pickles, onions, pimento and eggs.

Add seasonings, mayo and mix. Chill overnight to give the flavors time to blend with each other.. This is really delicious. Give it a try.

My grandmother, Louise Pitzer Sessions, was born in Virginia, lived part of her childhood in Texas before eventually ending up in California with three children, one of whom was my mother. Louise considered herself a southern lady and, as such, never revealed her age. None of us really knew how old she was, but her macaroni salad was terrific. Happy Labor Day!

Stay cool, dear friends and neighbors and hydrate, hydrate, hydrate! Looking forward to fall, pumpkins and cooler weather. Starbucks has Pumpkin Lattes starting August 27th!

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is also available on my Amazon book page.

DEANNE DAVIS IS A LONG TIME MOUNTAIN VIEWS CONTRIBUTOR AND SUPPORTER WHO KEEPS ON WRITING EVEN THOUGH SHE HAS MOVED TO ARIZONA!

STILL THE END OF THE WORLD

KATIE Tse....This and That



I’m sorry to say I’ve finally succumbed to the pressure of recycling an old article in the interest of time, etc. But at least I kept my resolution of not recycling old stuff for eight whole months, that’s pretty good! This one is one of my favorites, not because it’s Pulitzer material or anything, I just like my picture of Vincent Price with rabbit ears.

You recall the 2007 film “I am Legend” with Will Smith. What you might not have known (unless you already read this article) is that it was based on a Richard Matheson novel of the same name, and there was an earlier film adaptation of it titled “The Last Man on Earth.”

Starring Vincent Price in all his campy glory, this 1964 gem combines zombies, romance, and the special effects of low budget film making into one irresistibly cheesy package. Shot in Italy, mostly with Italian-speaking actors, the voices don’t quite sync with the lips. But that just makes it all the more deliciously corny. “The Last Man on Earth” is considered to be the precursor to the 1971 “The Omega Man,” the latter shot with a significantly larger budget. Those guys could afford Charlton Heston.

The premise is familiar to zombie fans. An airborne pathogen is spreading across continents, leaving infection and death in its wake. After the disease has run its course, victims turn into the walking dead. But these particular night walkers don’t conform to our modern zombie stereotype.

Although they have the classic zombie dead pan expression and stiff gait, they also possess vampire-like qualities. They are repelled by garlic and their reflection in mirrors. Like Bram Stoker’s “Dracula,” they are most effectively killed by impaling a wooden stake through the heart. Also, these zombies can speak simple phrases (e.g., “Come out, Morgan! We know you’re in there!”). They’re too articulate to be true zombies, but too crude to be vampires. Everyone knows that vampires are sexy and well-spoken, typically with a British accent.

The story begins with Robert Morgan (Price) exiting his mirrored and garlic-laden home to drive around collecting the latest crop of bodies. As with most zombie flicks, there’s a period of gestation between death and “turning.” Morgan’s task is made more humorous by the fact that the dummy bodies weighed approximately 15 pounds. He effortlessly tosses them into his 50’s station wagon, not bothering to even close the tailgate. ‘Cause heck, they’re not gettin’ out!

After he’s got a full load of them, he heads to “The Pit,” a perpetually smoking zombie landfill. He dons a gas mask (left over from “Plan 9 from Outer Space”), douses the wrapped, staked bodies with gas, and chucks them in. On the way home, Morgan replenishes his mirrors and monitors his garlic garden. At night the zombies gather outside his house to weakly throw stones and beat against his boarded up doors and windows. Morgan plays a

record, attempting to drown out their voices, and tries to sleep.

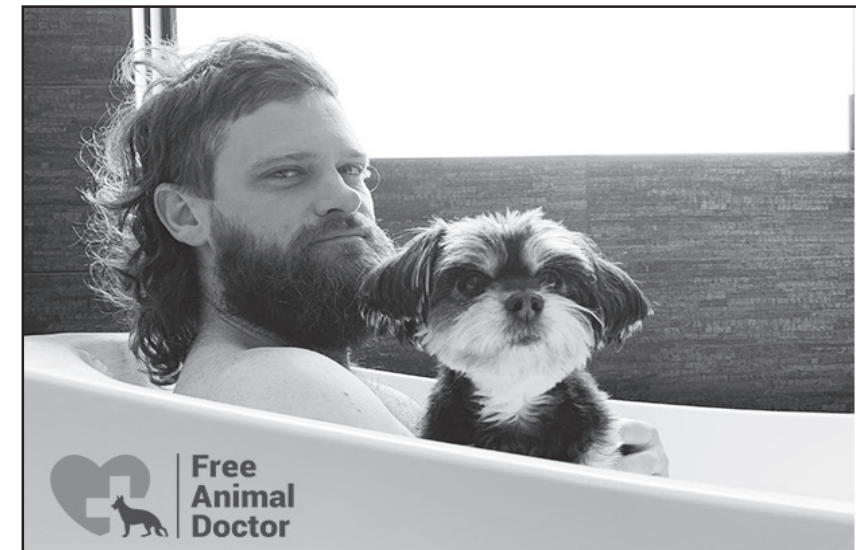
One day, he spots a disheveled, but otherwise normal-looking woman walking though a field. She’s frightened of him, but he convinces her to come home with him. Once subdued, the woman, Ruth, asks how Morgan survived. He explains that years ago he was bitten by a bat infected with the vampire virus. The bat’s system strained the toxin before it entered his body, thus giving him immunity. (This is one of those moments when you must willingly suspend your disbelief with a trusting “If you say so.”)

Over coffee, Morgan begins to suspect that his lovely guest is infected. A potent whiff of garlic proves his theory correct. Ruth flees the room and starts to inject herself, but is interrupted by Morgan. She tells him that she, and her people, are infected, but keep the virus at bay through regular injections of treated blood plus vaccine (I didn’t understand that, but then science was never my strong suit. Apparently it wasn’t the screenwriter’s strength either.).

Ruth warns Morgan that her people have plotted to kill him. Overcome by exhaustion, she falls asleep on his couch. While she’s knocked out, Morgan hooks up a transfusion of his own blood into hers. In his kitchen laboratory he discovers that the transfusion has cured her! Unfortunately, the “Infected Resistance” captures Morgan after a long chase, and harpoons him to the altar in a church. “You’re freaks!” he shouts, “I’m a man --the last man!” Ruth cradles him in her arms as he dies. (I’m sorry I gave away the ending --oops. But you knew it was going to be something like that.)

Yet we’re left with a sense of hope as Ruth leaves the church hugging her freshly injected arm. They killed the last man, but Ruth’s blood holds the promise of a cure. The morals of the story are: 1. Eat lots of garlic (seriously, it’s anti-carcinogenic), 2. Don’t pick up strange women, 3. Don’t go home with strange men, and 4. Give blood, but with discretion.

Katie is another long time contributor that we owe a big THANKS to!



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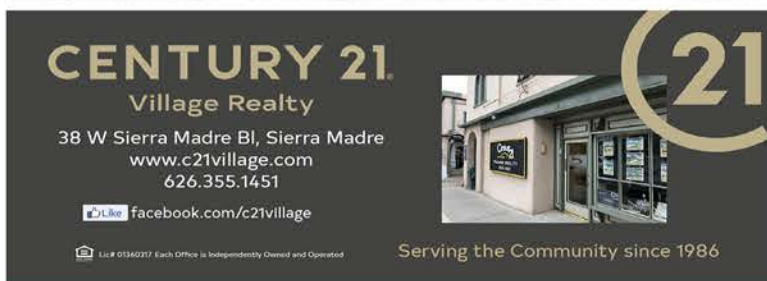


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Pasadena Altadena

News From Your Community For Your Community

Pasadena Labor Day Closures



City Hall and many City services will be closed on Monday, in observance of Labor Day.

City Council will not meet on Sept. 2. The next City Council meeting will take place on Monday, Sept. 9.

Pasadena Fire and Police Departments will continue to be staffed for all patrol, jail, fire, paramedic and other emergency services. For life-threatening emergencies, always dial 9-1-1. If you see something, say something. Report suspicious activity to Pasadena Police Department at (626) 744-4241.

For any power-related emergencies, call Pasadena Water and Power (PWP) at (626) 744-4673. For water-related emergencies call (626) 744-4138. PWP's Customer Service Call Center will be closed for the holiday, but customers can still access their accounts and make payments by phone at (626) 744-4005 or online at www.PWPweb.com.

The City's Municipal Services Payment Center at City Hall will be closed on Labor Day.

During the week of Sept. 2, refuse and recycling services will be postponed one day. Monday pickup will occur on Tuesday; Tuesday pickup on Wednesday; Wednesday pickup on Thursday; Thursday pickup on Friday; and Friday pickup on Saturday. There will be no bulky item pickups on Monday or Saturday.

The Citizen Service Center will be closed Sept. 2 and will resume regular hours on Tuesday, Sept. 3.

All Pasadena public libraries will be closed in observance of Labor Day on Sunday and Monday, Sept. 1 and 2, and will return to regular schedules on Tuesday, Sept. 3.

Pasadena Transit bus service and Dial-A-Ride transportation will not operate on Labor Day. Normal service will resume on Tuesday, Sept. 3. All parking meters not posted as "No Parking" will be free and time limits will not be enforced. Violations for overnight parking, red curb parking, "No Parking" zones, and blocking fire hydrants will continue to be enforced. Regular enforcement resumes Sept. 3.

All recreation and community centers operated by the City's Human Services and Recreation Department will be closed on Labor Day, but all parks will be open for picnics and festivities. No site reservations are accepted on holidays.

Stay connected to the City of Pasadena at: cityofpasadena.net.



Chick-fil-a Touts Second Pasadena Location

By Dean Lee

In a contentious meeting Thursday night, a representative from Chick-fil-a gave an overview of a possible new second location in Pasadena on Lake Ave. — at the now occupied Carl's Jr. restaurant.

Although, most of the information given by Jennifer Daw the Development Lead for Chick-fil-a was statistics on the company, she did say the new location would focus on drive-thru, with no inside seating at all.

Councilmember Victor Gordo, who held the meeting, said he had to hold judgment on the proposal. He said at the time, nothing was in front of the city council.

"I don't know, at this point, whether this matter will be appealed by the proponents or neighbors, we don't know," he said. "It would be improper for me to say, 'yah I support this or I don't... so don't expect that I will form an opinion.'"

Daw said they expected to file for a permit with the city, to rebuild a Chick-fil-a at the location 790 N Lake Ave. by year's end. She also said they did not have an operator yet for the new location.

Many residents at the meeting were against the project and, some, Chick-fil-a altogether.

Some commented they did not want Chick-fil-a's bigotry in their neighborhood. Daw said more than once that it is illegal, as a business, for then to discriminate against anyone. It was brought up over and



over that within a block of the location, there are three other eateries specializing in chicken, including, Popeyes chicken, Roscoe's Chicken and Waffles and KFC (Kentucky Fried Chicken).

City staff said that under the North Lake Specific Plan, the location does not need to be food related at all. It was density and height, they said.

"There was a lot of concern that if we allow mixed use development on that stretch of the avenue between Mountain Avenue and Orange Grove Boulevard that state density bonus will allow over-development of that stretch," Gordo said.

He said, to a laugh, the area is known as "Fast Food Garden."

Daw said that although their plan would be to tear down the Carl's Jr., they are limited. Any new building would need to be the same square footage. She said their plan was to double the drive-thru with workers walking down the line taking

orders. She said there would even be an option to order online and pick in up through the drive-thru.

Gordo said ironically, the city codes say that 50 percent of the business would need to be walk-up. "I don't see how they're going to accomplish that, the way the plans are showing."

Tours of the Tournament House Conclude



Tours of the Pasadena Tournament of Roses Tournament House have concluded for the year. The last free public tours was Thursday. Tours of Tournament House, the operating headquarters for the Pasadena Tournament of Roses Association, which produces the annual Rose Parade and the Rose Bowl Game, will resume in February 2020.

Displays related to the Rose Bowl Game, Rose Queen and Royal Court, and Grand Marshals make up most of the décor. Guided tours allow visitors to see the 21-room Italian-Renaissance-style mansion designed and built by architect G. Lawrence Stimson and his father George W. Stimson. Well-versed in the organization's history and details of the house, Tournament of Roses volunteer members from its Heritage Committee lead each tour.

Located at 391 S. Orange Grove Blvd., the house was once the home of chewing gum mogul William Wrigley Jr. and his wife, Ada. After Ada's death in 1958, the Wrigley family presented the property to the city of Pasadena, with the request it become the base of operations for the Pasadena Tournament of Roses. The Wrigley family had long enjoyed the Rose Parade as it unfolded just beyond their front yard.



Spanish architecture Caltech structures, and our many beautiful Spanish Colonial Revival residences (a style of home that Pasadena helped pioneer).

The third tour, formerly known as "Off the Beaten Path" is now called "Before and After." Back by popular demand, this tour explores historically significant but often overlooked people, places, and things. This tour is a "must-take" for architectural buffs and novices alike. Discover parts of Pasadena that you never knew or understood, and reimagine people and places that you thought you fully understood.

For more information call 626.441.6333.

Pasadena Heritage Bus Tours

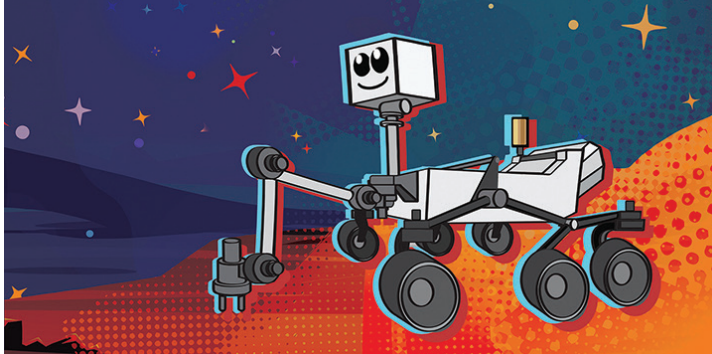
Saturday, September 28, 9 a.m. - noon, 1- 4 p.m. Madison House, 651 S. St. John Ave., Pasadena

During this unique event on September 28, guests have the choice of three different bus tours that explore Pasadena's architectural heritage and history. The Bungalow Courts and Garden Apartments Bus Tour explores Pasadena's innovation in housing from the early 20th Century - the charming and widely popular bungalow courts in their many architectural expressions.

Garden Apartments were the next trend in multi-family housing and Pasadena has exceptional examples, beautifully designed by notable architects. Many are listed on the National Register of Historic Places.

A second bus tour will explore the extensive influence of Spanish and Mexican architecture on Pasadena's built environment, from the Civic Center, to Caltech, Colorado Boulevard commercial

NASA Invites Students to Name Mars 2020 Rover



Red rover, red rover, send a name for Mars 2020 right over! NASA is recruiting help from students nationwide to find a name for its next Mars rover mission.

Starting last week, K-12 students in U.S. public, private and home schools can enter the Mars 2020 Name the Rover essay contest. One grand prize winner will name the rover and be invited to see the spacecraft launch in July 2020 from Cape Canaveral Air Force Station in Florida.

The Name the Rover contest is part of NASA's efforts to engage students in the STEM enterprise behind Mars exploration and inspire interest in science, technology, engineering and mathematics.

The Mars 2020 rover is a 2,300-pound (1,040-kilogram) robotic scientist that will search for signs of past microbial life, characterize the planet's climate and geology, collect samples for future return to Earth, and pave the way for human exploration of the Red Planet.

"Our Mars 2020 rover has fully taken shape over the past several months, as the project team installed various components onto the chassis: the computer brain and electronics; wheels and mobility system; robotic arm; remote sensing mast; the seven science instruments; and finally, the sample caching system," said George Tahu, Mars 2020 program executive. "All that's missing is a great name!"

To enter the contest, students must submit by Nov. 1 their proposed rover name and a short essay, no more than 150 words, explaining why their proposed name should be chosen. The essays will be divided into three groups, by grade level — K-4, 5-8, and 9-12 — and judged on the appropriateness, significance and originality of their proposed name, and the originality and quality of their essay, and/or finalist interview presentation.

Fifty-two semifinalists will be selected per group, each representing their respective state or U.S. territory. Three finalists then will be selected from each group to advance to the final round.

As part of the final selection process, the public will have an opportunity to vote online on the nine finalists in January 2020. NASA plans to announce the selected name on Feb. 18, 2020 — exactly one year before the rover will land on the surface of Mars.

For complete contest and prize details, visit: mars.nasa.gov/mars2020/participate/name-the-rover.

Register to be a Judge
NASA is seeking volunteers to help judge the thousands of contest entries anticipated to pour in from around the country. U.S. residents over 18 years old who are interested in offering approximately five hours of their time to review submissions should register to be a judge at: futureengineers.org/registration/judge/nametherover.

Concerts in the Park

Altadena grand finale free summer concert

The Who Tribute featuring special guests selected by Sheriff's Support Group of Altadena

The concert has been made possible by the generous support of community sponsors including MonteCedro, The Rotary Club of Altadena, Supervisor Barger, Los Angeles County Arts Commission, Linda Seyffert - Podley Real Estate, Riedon, Altadena Town & Country Club, Morgan Stanley - The Pasadena Complex, and David Campbell D.D.S.

Held in a beautiful amphitheater with comfortable bench seating, the evening concerts under the shade trees of the arena provide easy to watch concerts with acoustics that reach the audience. Concessions sell snacks such as water and cookies, and there are often opportunities to purchase the artists' CDs or get on their mailing lists. Bring sweaters as it can get cool at night.

For more information about the band call 714-920-9088.



the 8th Annual Scarecrow Festival

September & October 2019

September 7 – Free Scarecrow Workshop (Register Online)

September 16 – Enter the Contest (Register Online)

October 1 – Voting begins

October 4 – Kickoff Party at Creative Arts Group! (7 to 9pm)

October 19 – Awards announced in Mt. Views News & online CreativeArtsGroup.org and facebook.com/creativeartsgroup.siermadre

For more information visit CreativeArtsGroup.org/scarecrow-festival

108 N. Baldwin Ave. Sierra Madre
(626) 355-8350 | CreativeArtsGroup.org

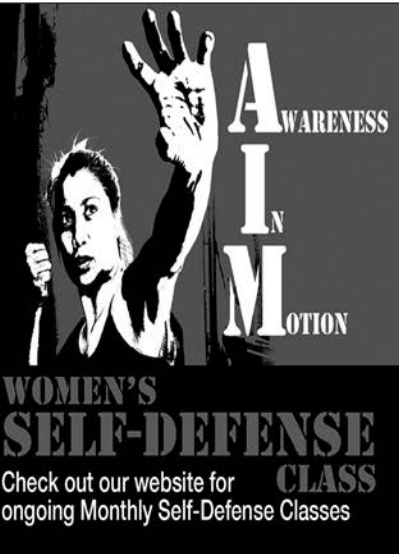


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AROUND SAN GABRIEL VALLEY

CALIFORNIA NATIVE PLANT LANDSCAPE TRANSFORMATION CLASS

Foothill Municipal Water District (FMWD) is hosting a California Friendly and Native Plant Landscaping Class on September 21, 2019 from 9AM to 12 Noon at the La Cañada Presbyterian Church located at 626 Foothill Blvd. in La Cañada Flintridge. Attendees will learn a hands-on approach to converting their yard into climate-appropriate and low-water-use landscapes through principles of watershed designs. This class will cover California native plants selection, building a healthy living soil sponge, holding rainwater within the property, and controlling irrigation systems.

"This is a great way to kick-start a landscape transformation project," said Nina Jazmadarian, FMWD General Manager. "Customers can take advantage of the increased incentive offered by Metropolitan Water District of Southern California of \$2 per square foot for turf removal as well."

Metropolitan revamped its Turf Replacement Program by increasing the incentive to \$2 per square foot for up to 5,000 square feet for homes and 50,000 square feet for commercial projects including schools and parks.

"As weather patterns become more extreme, it's important to be more efficient with water use especially outdoors where 65% of a typical homeowner's water use goes," said Richard Atwater, FMWD Board President and Metropolitan representative. "By replacing a thirsty lawn with plants that use less water, customers are preparing for those extremes in weather."

To RSVP for the class, please contact Michael Le at mle@fmwd.com or (818) 790-4036. To apply for turf replacement incentives, please visit bewaterwise.com and look for "Turf Replacement Program."

Foothill Municipal Water District provides imported water to Crescenta Valley Water District, La Cañada Irrigation District, Liberty Utilities, Valley Water Company, Lincoln Avenue Water Company, Las Flores Water Company and Rubio Cañon Land & Water Association. Kinneloa Irrigation District, another retail agency, takes no water from Foothill.

LEAGUE OF WOMEN VOTERS PASSES THE GAVEL FOR 2019-2020



Pat Coulter succeeds Dorothy Keane, professor emeritus at Cal State LA, as president of the League of Women Voters Pasadena Area. Coulter will preside over her first all-member meeting Sept. 5 with a program on "Do Elections Still Work?"

Acknowledging Keane's accomplishment of increasing members by 25 percent with people of all ages, genders and ethnicities, Coulter says, "My hope is to foster even more diversity, equity and inclusion, education and action."

Former president and CEO of the Urban League of Philadelphia for 13 years, she was the first woman to lead the 85-year-old affiliate. She is also the first African-American to head the Pasadena Area League of Women Voters.

Coulter also served on numerous commissions, nonprofit boards and task forces in Philadelphia and won scores of awards, including CBS News Radio Women's Achievement Award. She also is in the Knoxville

College Alumni Hall of Fame.

She holds a bachelor of science in music education from Knoxville College, and a masters in education from the University of Louisville. She completed the Harvard Business School's Strategic Perspectives in Non-Profit Management and received an honorary doctorate of humane letters from Peirce College in Philadelphia.

Prior to heading the Urban League, she worked in business management for career professional services firms such as Lee Hecht Harrison and executive search firm Salveston Stetson Group. Under her leadership as founding executive director of the eastern region of INROADS, a national leadership development organization, the region became the company's largest.

She moved to California in late 2014, and joined the League of Women Voters Pasadena Area in 2015. She is senior adviser to the Diversity, Equity and Inclusion Task Force of the California league as well as a member of the state league nominating committee.

She has served as founding chair of the immigration committee formed in 2017 and president elect in 2018

"She brings a vast wealth of experience in developing people and organizations to their full potential," says Keane. "We are so fortunate to have someone with such an impressive record of improving communities."

OLDER ADULT TRANSPORTATION POP-UP

Join us on Tuesday, September 10 from 9:30-11:30am at the Arcadia Community Center, 365 Campus Drive for Metro's Older Adult Transportation Pop-Up and learn everything there is to know about using public transportation. Hosted by LA County Metro, this event will include information on the On the Move Riders program, all about TAP cards, trip planning, and resource tables. To sign-up for this free event, call 626.574.5130.



About Arcadia

Nestled along the rolling foothills of the San Gabriel Mountains and Angeles National Forest, Arcadia is a charming, family-oriented community with a population of just over 57,000. Located only 13 miles east from downtown Los Angeles, regional transportation networks like the Metro Gold Line connect Arcadia as a premier residential, shopping, and entertainment destination in the San Gabriel Valley. Arcadia is known for its top-rated schools, iconic landmarks, and serene neighborhoods. Arcadia is an award-winning community having been twice named as the Best City in California in which to Raise Kids and the 2017 Most Business Friendly City in Los Angeles County. With the conveniences and amenities of a full-service, mid-size city, Arcadia's "Community of Homes" provides a quality of life that will go [Above & Beyond your expectations](#).

For more information, please visit ArcadiaCA.gov or follow us on Twitter by texting DISCOVER to 33222:



League Day, Sept. 5, 2019

Do Elections Still Work?
Is Your Vote Safe? Is Everyone's Vote Safe?

Featuring Speaker Jon Fuhrman
and voting information from
Voting Services Chair Martha Zavala

Jon Fuhrman has been active in state and local politics for over 45 years. He has worked with the LA County Registrar's Office training Registrars, precinct workers, and election night workers. He has been a member of the County Information Systems Commission and a leading member of ACT, a progressive organization that deals with local, state and national candidates and elections, and promotes voter engagement.



There are real threats to our vote in 2020. Can our democracy stand up to them? Is voter suppression a real threat? What can we, as actively involved citizens do? How can we persuade more people to actually participate in the elections and vote? Please join us at our first League Day of the 2019-2020 year as we prepare for the elections ahead!

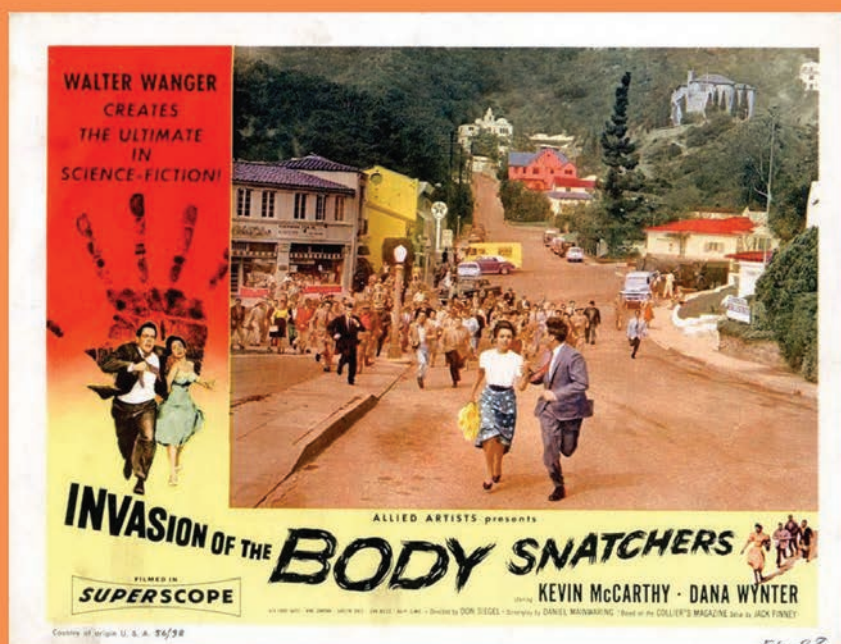
Changes are coming to Los Angeles County voting beginning with the March Primary elections. How will all this affect us and our vote for President in 2020? Our own Voter Services Committee Chair, Martha Zavala, will explain how things will work and how we can share that information in our community.

8:30 - Registration
9:00 - Breakfast (optional) \$25
9:30 - Speaker: Jon Fuhrman
10:30 - Voter Information: Martha Zavala
11:00 - Committee Reports and League Business

Women's City Club
160 N. Oakland, Pasadena
Parking in lot on Madison

Reserve: Call the League Office at (626) 798-0965 or online at <https://my.lwv.org/california/pasadena/upcoming>

Sierra Madre Community Services Department and Sierra Madre Chamber of Commerce PRESENT



FREE Movie in the Park
Memorial Park - 222 W. Sierra Madre Blvd.

We are showing the ORIGINAL
Invasion of the Body Snatchers due to popular demand

Come make a "pod" starting at 6:00pm and the movie will start at dusk (approximately 7:30pm).

Pack your own food and drinks, bring chairs!

For more information, contact Community Services at
626-355-5278

USC TROJAN AFFILIATES POP UP SALE

USC Trojan Affiliates invites the community to attend its second annual USC Merchandise Pop Up Sale on Saturday, October 5, 2019 at 929 Buena Vista Street, South Pasadena, from 10:00 a.m.-2:00 p.m.

A wide assortment of merchandise will be available at very discounted prices. There will be clothing, items for the home and garden, and collectibles available.



For further information contact Aleta Blanc at
aleta.blanc@gmail.com

South Pasadena To Host Housing Workshop Series



Owners of multi-unit properties, homeowners, tenants and all interested residents are invited to participate in a series of workshops in September on proposed housing policy initiatives being developed by the City.

The workshops will each cover three different housing-related topics under consideration for policy changes: tenant protections; accessory dwelling units (ADUs); and inclusionary (or affordable) housing policies.

The topics/dates/location are:

Tenant Protections: Thursday, Sept. 12 at 7 p.m. in the Library Community Room.

This workshop will address two proposed tenant protection measures: relocation fees for displaced renters and a rental property inspection program.

Accessory Dwelling Units (ADUs): Tuesday, Sept. 17 at 7 p.m. in the Library Community Room.

This workshop will address potential changes to the municipal code regarding accessory dwelling units, also known as “granny flats,” including the minimum lot sizes needed for ADUs, parking requirements and more.

Inclusionary Housing: Tuesday, Sept. 24 at 7 p.m. in the Library Community Room.

The topic of the final workshop in the series will be inclusionary housing, including affordable housing requirements for developers.

The Library Community Room is located at 1115 El Centro St. in South Pasadena.

For more information call (626) 403-7200.

Cooling Centers Open During Extreme Weather

South Pasadena offers two places to keep cool during the hottest days of late summer and early fall.

The South Pasadena Senior Center is available from 8 am to 5 p.m., Monday through Friday, and the South Pasadena Public Library will be a second place of refuge Mondays-Thursday 10 am - 6 pm; Fri. 11 am - 9 pm; Sat. 10 am-5 pm; Sun. 1 pm- 5 pm.

Seniors in particular face challenges when it comes to staying safe during hot days. These challenges range from health conditions that increase sun sensitivity to more fragile skin.

These conditions can put an older adult at higher risk of heat-related illnesses such as sun poisoning and heat stroke. It's important to take steps to avoid dehydration by maximizing fluid intake, avoid caffeinated beverages, monitor medication side effects, schedule outdoor time wisely, and wear loose fitting clothing.

In 2006 the City's Senior Citizen's Commission adopted a “Cooling Center” policy to safeguard the older adults of the community when the temperature reaches 96 degrees or higher.

Call (626)403-7360 for more info

Los Angeles County Sheriff

Altadena Station

COFFEE WITH THE CAPTAIN

When:
September 19, 2019
6:30 PM—8:00 PM

Where:
The Coffee Gallery
2029 Lake Ave, Altadena,
91001

The community is invited to meet with the new Altadena Sheriff Station Captain Marjory L. Jacobs and her fellow Deputies to simply talk or answer any questions related to law enforcement.

For further Information please contact:
Deputy Pete Liberda
626-298-2106
Apliberd@lasd.org

Local Sheriff's Encourages the Public to Drive Sober

As summer comes to a close, the Los Angeles County Sheriff's Department is asking drivers to not get behind the wheel after drinking or using drugs that impact your ability to drive safely.

The Los Angeles County Sheriff's Department is joining law enforcement agencies across the country in the national enforcement campaign, Drive Sober or Get Pulled Over. During this period, which started last night and runs to Sept. 2 (Labor Day), the Sheriff's Department will have additional deputies on the road looking for drivers suspected of driving under the influence of alcohol and/or drugs.

Labor Day Weekend remains one of the deadliest times of year for alcohol-involved crashes. According to the National Highway Traffic Safety Administration, there were 376 deadly crashes nationwide during the 2017 Labor Day holiday period (Sept. 1 to Sept. 5). Among those crashes, more than one-third (36%) involved

a drunk driver. Last year, two people were killed, and 31 others injured in California on Labor Day alone.

“There are so many ways to get home safely without driving,” Los Angeles County Sheriff's Department, Sergeant Robert Hill, said. “Driving while drunk or high is dangerous, irresponsible and causes too many senseless tragedies. We hope that drivers get the message that driving impaired will never be tolerated.”

Driving while impaired is illegal, whether it is alcohol, prescription drugs, over-the-counter medications or marijuana.

If you plan on drinking or are taking medications that can affect your driving ability, designate a sober driver or use a ride-share service. If you see someone driving impaired, call 911.

Funding for DUI enforcement is provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

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ARCADIA - MONROVIA - DUARTE

ARCADIA POLICE BLOTTER

For the period of Sunday, August 18th, through Saturday, August 24th, the Police Department responded to 1,004 calls for service, of which 129 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, August 18:

- Shortly before 5:12 p.m., an officer responded to Macy's, 400 South Baldwin Avenue, regarding a theft report. The loss prevention employee witnessed the suspect conceal merchandise and attempt to leave the store, failing to make payment. When the suspect was confronted, the suspect hit and bit the loss prevention employee. During a search of the suspect, the officer located a container of narcotics. The suspect was arrested and transported to the Arcadia City Jail for booking.
- At approximately 5:12 p.m., an officer responded to Rusnak Mercedes Dealership, 101 North Santa Anita Avenue, regarding a grand theft report. The officer discovered an unknown suspect entered the Rusnak storage yard sometime between Friday, August 16th and Sunday, August 18th and fled with four wheels and tires. No suspects were seen and no witnesses were located.

Monday, August 19:

- Just after 10:00 a.m., an officer responded to a residence in the 400 block of West Winnie Way regarding a vehicle burglary report. The victim discovered the unknown suspect smashed their car window and fled with a tablet. No suspects were seen and no witnesses were located.
- At approximately 11:11 a.m., an officer responded to Nordstrom, 400 South Baldwin Avenue, regarding an embezzlement report. Surveillance footage revealed an employee had been making fraudulent purchases and returns for personal gain. The investigation of the 25-year-old female suspect from La Puente is ongoing.

Tuesday, August 20:

- Around 7:23 p.m., an officer responded to Taco Bell, 849 South Baldwin Avenue, regarding a forgery report. The officer determined the unidentified suspect attempted to pass a counterfeit bill at the location to pay for his meal. The white male with red hair, approximately 30-years-old, fled in a green Dodge Caravan. The investigation is ongoing.
- Just before 8:21 p.m., an officer responded to a residence in the 200 block of West Las Flores Avenue regarding a stolen bicycle report. Surveillance footage captured the unknown suspect steal the victim's bicycle from her front yard. The investigation is ongoing.

Wednesday, August 21:

- At about 12:30 a.m., an officer responded to a residence in the 00 block of Wheeler Avenue regarding a vandalism report. An investigation revealed the suspect was under the influence of hydrocodone when he damaged nearby apartments under construction. The 32-year-old male from Newhall was arrested and transported to the Arcadia City Jail for booking.
- Shortly after 2:50 p.m., an officer responded to a residence in the 00 block of South Golden West Avenue regarding a burglary report. The officer discovered unknown suspect(s) entered the home through an open rear door and fled undetected with jewelry and collectibles. The investigation is ongoing.
- Before 10:31 p.m., an officer responded to the Santa Anita Mall, 400 South Baldwin Avenue, regarding a stolen vehicle report. Mall security discovered a driver asleep inside a vehicle parked at the mall. A records check revealed the car had been reported stolen out of San Bernardino. The 32-year-old male from Los Angeles was arrested and transported to the Arcadia City Jail for booking.

Thursday, August 22:

- Around 11:12 a.m., an officer responded to a residence in the 1600 block of South First Avenue regarding a burglary report. The officer determined unknown suspect(s) forced open a rear door and fled with two drawers containing personal documents. No suspects were seen and no witnesses were located.

Friday, August 23:

- At about 1:11 a.m., an officer responded to a residence in the 200 block of West Las Flores Avenue regarding a domestic dispute. An investigation revealed an altercation between a boyfriend and girlfriend turned physical and resulted in the female hitting her head on a wall. Arcadia Fire responded to provide treatment.
- Just before 2:17 p.m., an officer responded to a residence in the 200 block of Sharon Road regarding an attempted residential burglary report. The victim encountered the suspect attempting to enter his home. The victim yelled at the suspect and the 25 to 35-year-old Hispanic male fled on foot. The investigation is ongoing.

Saturday, August 24:

- Shortly after 6:16 a.m., an officer responded to the 700 block of Arcadia Avenue regarding a drunkenness report. The officer determined the 18-year-old male from Burbank was under the influence of an alcoholic beverage and was unable to care for himself. He was arrested and transported to the Arcadia City Jail for booking.
- At approximately 3:44 p.m., an officer responded to StorAmerica, 5630 Peck Road, regarding a commercial burglary report. An investigation revealed unknown suspect(s) forced open a unit lock and ransacked a storage room. The loss is unknown at this time. The investigation is ongoing.



DUARTE CELEBRATES THE 23RD ANNI-VERSARY OF THE ROUTE 66 PARADE AND THE CITY'S 62ND YEAR OF INCORPORATION AT ANNUAL PICNIC AND CLASSIC CAR SHOW SEPTEMBER 28

Immortalized in literature, music, and film, towns along historic Route 66 have produced famous American icons; Duarte is no exception. This year's Annual Route 66 Parade, Saturday, September 28 starting at 10 a.m. will honor those special persons as part of its theme, “Honoring Hometown Heroes.” Spectators are sure to spot their favorite local heroes waving from the floats including community grand marshals, the DHS Girls Varsity Volleyball past and present champions, Head Coach Irene Sunabe and her staff. The annual Duarte City Picnic and Classic Car Show at Royal Oaks Park will immediately follow the event from 11 a.m. to 3 p.m.

To the delight of his many fans, this year's Grand Marshal will be actor, voice actor and game show host for America Says “taries,” the role of David Letterman in HBO's The Late Shift, and a starring role in the American version of Kath & Kim. Higgins is also known locally as an active parent of his son who is studying at CSArts-SGV.

The Route 66 Parade, co-sponsored by the City of Duarte, the Route 66 Parade Committee, HumanGood, and the Duarte Community Coordinating Council begins at the northeast corner of Huntington Dr. and Cotter St. proceeds east for one mile ending at Mt. Olive Dr. Some 1,400 entries including antique and classic cars, schools, churches, equestrians, hogs and marching bands will take part in the event. High school bands from throughout Southern California will also compete for trophies.

Following the Route 66 “Hometown Heroes” Parade, continue the day at Duarte's 62nd Anniversary Picnic celebration at Royal Oaks Park 2627 Royal Oaks Dr. from 11 a.m. – 3 p.m. Enjoy dozens of food and display booths, live music and entertainment on both the main Celebration and Children's Stages. Other attractions include a wine and beer garden and an Inflatable Attraction Park! Additionally, local musical talent, Duarte Dance Team, parade marching band awards, and the “Let's Move Duarte” program, featuring health and nutrition providers, displays, exercise stations, fitness tests, and nutritional information will thrill for hours of fun!

Car enthusiasts and the whole family can get their kicks at the Route 66 Vintage Car Show across from Royal Oaks Park at the park extension. The car show offers attendees an opportunity to take a close-up look at some of the many beautiful antique and classic cars featured in the parade. Additionally, antique engines featuring a variety of working motors will be on display.

For information about the Route 66 Parade, contact Lois Gaston at (626) 827-6732 or via email at duarteroute66@gmail.com. For information about the City Picnic and car show, contact Duarte City Hall at (626) 357-7931.

FACES OF ARCADIA – A CULTURAL EXTRAVAGANZA FOR THE ENTIRE COMMUNITY



The Friends of the Arcadia Museum will celebrate the remarkable and colorful array of cultures of the people living and working together in Arcadia on September 14, 2019, from 5:00 to 9:00 p.m., at the Arcadia Community Center, 365 Campus Drive, Arcadia.

Arcadia City Manager Dominic Lazzaretto will introduce demonstrations of traditional Irish and German dances presented by the Gypsy Folk Ensemble while La Sole Flamenco and El Sol de Fuego will perform Spanish and Mexican dances. Those who arrive early (5:00 – 6:00 p.m.) will enjoy demonstrations of traditional arts and crafts including Chinese Brush Painting, Ukrainian Hand Egg Painting, Japanese Tea Ceremony, Calligraphy and Origami and more. In addition, Arcadia High School's award winning

Chanteurs will be on hand to tie it all together with harmony and song.

A Silent Auction will provide opportunities to bid on unique experiences like a ride-along with Arcadia Police, a tour of an Arcadia Fire House including dinner with the Firemen, lunch with Arcadia's Mayor and much, much more. Dinner, catered by Chef's Kitchen, includes wine and dessert.

Reservations are required and tickets are \$80.00 per person. All proceeds benefit the Gilb Museum of Arcadia Heritage, a non-profit organization dedicated to the preservation of Arcadia's heritage with the goal of creating a shared identity for a diverse community through exhibits and educational programs that encourage community involvement.

For more information or to purchase tickets, go to www.Arcadiaca.gov/museum or contact Joyce Platt at 626-574-1303 or by email at jgn4paws@pacbell.net.

TABLE FOR TWO by Peter Dills *thechefknows@yahoo.com*

SUMMER TRADE WINDS

Remember the story I told of Dom Perignon tasting stars and for his brother monks to come quick to taste this wonderful champagne? Many dishes, drinks and even the Sunday Brunch orientation have come in question. Just the other day I asked Paul Little President of the Chamber of Commerce of Pasadena was the cheeseburger really invented in Pasadena. Time has a nice way of making stories better; let's not muddle the truth with the facts or something like that. The Mai Tai is one of my favorite drinks done right it is the perfect afternoon drink. The Mai Tai was said to be invented in the 40's in Tahiti by Trader Victor Bergeron (Trader Vic's Restaurant) Vic's story of its invention is that while his guest were sipping his drink one of his guests yelled "wonderful" translates to Mai Tai in Polynesian. but others have also taken credit for this rum based drink.

So where can one get the best Mai Tia in our area. Glad you asked. My friend and actor Jesse James Youngblood swears The Canoe House in South Pasadena makes a good one, Jesse goes one up and orders it with crushed ice, let me say I have had one and they aren't for the faint of heart. The Canoe House in South Pasadena to me has one that is pretty close to perfect as it can get, crushed ice and a float of Meyers rum and I feel I'm on Island, somewhere. Monday Nights is Happy Hour and for \$5 you cant go wrong. Damon's on Brand in Glendale has been serving their "famous" Mai Tai for many years, like McDonalds French Fries they probably have served the most out of my picks. City Slicker and Glendale Development guru Dan Bell confirms it to be the "legit" Mai Tai. Islands makes my list with a stand out Mai Tai, no fancy glass like the Canoe House, but it is right on the mark! Miss one of your favorites tune into My radio show at 8 AM on Go Country 105 Sundays, this weeks guest is musician BJ Thomas



in the area. Email me at diningwithdills@gmail.com and

Congrats to Susan Henderson and the entire Mountain Views News team, it's our Anniversary!!

CHRISTOPHER Nyerges



[Nyerges has taught self-reliance and survival skills classes and field trips since 1974. A schedule of classes, and information about his various books, is available at www.SchoolofSelf-Reliance.com. A schedule is available by calling 626) 791-3217].

HOW TO STORE FOOD

If you plan to store food for emergencies, don't put all your eggs into one basket. Have a variety of foods that do not require refrigeration. Always store what you already eat, and eat what you store (meaning, always rotate your food supply, and eat the oldest first).

Canned goods last for years, and you can allocate a special place in your garage or cupboard for as much as you need.

It is often a good idea to buy large cans in bulk for long term storage, though you should always carefully consider your situation. For example, in large families, or at camps, large cans of food get used up quickly, and refrigeration is not a problem. We have heard from some folks who have told us they purchased large cans because that is what they thought they should do, but when they finally opened the can for a household of two, they found that it took them a very long time to eat it all.

In such cases, small families are much better off with smaller containers.

To save money, you can buy bulk bags of beans, seeds, nuts, dried fruit, and such things as flour, powdered milk, powdered eggs, etc. When you pack these for storage, you are chiefly concerned with preventing mice and rats from getting into the containers, and you want to prevent the growth of any insects inside the containers. There are numerous ways to accomplish this.

Select a cool spot in your home for your food storage. Ideally, this is a cellar, but this all depends on your particular situation. You may have to settle for a closet, or garage.

When we have purchased large bags of grains or seeds, we have packed them into plastic buckets with tight fitting lids. The buckets were purchased, or obtained for free, from bakeries around town. Typically, we had to clean the buckets of syrup or dough, and we had to select only those buckets whose lid made a tight seal.

You can purchase such buckets at numerous food storage companies and survival stores, though you can do just as well with second-hand buckets.

We have stored food in old metal ammo cans which seal very tightly. We have also stored food in one gallon glass or plastic jars. Usually, these have screw-on lids. We look for the jars whose lids have a plastic seal, and then we store the jar in a cupboard where it is dark.

If you are serious about storing food and using your stored food, we strongly recommend that you buy a book dedicated to just this. [WTI Publishing Company sells a little booklet that neatly covers the entire concept. The book, including postage, is only \$7 from WTI Press, 5835 Burwood Ave., Los Angeles, CA 90042].

A creative way to store food so others will not be aware of it is the beanbag chair. You can often buy the fabric for the bean bag at department stores, and then they try to sell you plastic beads for filling the bag. Don't buy the plastic beads – just buy the fabric cover. Then buy a few 100 lb sacks of pinto or other beans, and fill your bag. Beans last a very long time.

DRYING

Drying your own fruits and vegetables is not that difficult. We have a small electric model dehydrator and we are frequently drying something. We have dried bananas, persimmons, cranberries, deer meat, squirrel meat, apples, pears, wild herbs, watercress, etc. etc. Then we just pack the dried food in a quart jar, tightly seal the jar, and store in on a shelf.

Obviously, you can't use an electric dryer if you have no electricity. But people have dried their food for millennia. In fact, perhaps the two primary methods of food storage over the centuries has been drying and pickling. Food left in the sun, and protected from insects, will dry naturally. A few centuries ago, people then had to store their food in ceramic vessels, in animal skins, possibly in woven containers. Today, we have a broad array of glass, metal, and plastic containers that render our food insect and rat-proof (more or less).

You might also learn to can your own foods, though that is beyond the scope of this publication. There are many good cookbooks which teach you to can, such as Rodale's Stocking Up. However, we know how hard it is to learn something new from a book, so if you have the opportunity, work alongside someone who already knows how to can. This is always the best way to learn something new.

LOCAL SURVIVAL EDUCATION

Once a month on a Thursday evening, you can attend a CERT training meeting in Sierra Madre. All of us become acutely aware that emergencies and disaster can and do happen all the time.) CERT participants learn the basics of emergency communication, first aid, what tools to always carry, and how to work together to restore a semblance of sanity.

You can learn more about Sierra Madre CERT group by checking them out on Facebook, or their web page at www.sierramadreemergency.org. CERT means Civilian Emergency Response Training, so you can learn what to do in emergencies. The training is FEMA-sponsored.

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THE POSSIBILITY OF MORE SCHOOL CLOSINGS THREATENS PASADENA UNIFIED

By Kevin McGuire

As kids return to start a new school year, parents are going through the annual ritual of tearing their hair out while fighting their way through crowded stores for pencils, notebooks and rulers. Reminiscent of last year, Pasadena parents and students have a bit more than school supplies to worry about, as the possibility of more school closings loom over their heads.

With \$10 million in budget cuts over the next three years ordered by Los Angeles County, the Pasadena Unified School District (PUSD) once again finds itself in a sticky situation. Last year, along with the cuts to staff, programs and bus services, the District closed Cleveland Elementary. It was an unpopular, but necessary decision, due to low enrollment which affected the school's ability to sustain an effective educational program.

As this year's batch of eager students meet their new teachers and dust off their calculators, a PUSD subcommittee with oversight by Interim Superintendent David Verdugo, is looking into school consolidation options, the impact on school closures on area neighborhoods and families, and even the costs of keeping all schools open and doing nothing at all.

PUSD School Board President, Lawrence Torres addressed the dilemma with dwindling enrollment. "We've been dealing with declining enrollment since 2000," Torres said. "Right now we have 300 fewer kids than we expected. With low enrollment, you can't run a vibrant school program. When this happens, extracurricular programs such as Art are consolidated—less students, equals overstaffing and the combining of grade levels, which is not ideal for students or teachers," according to Torres.

Cleveland had 90 students in an environment where most classrooms were combos and despite the low numbers, the school needed to staff a principal, a nurse and, of course, supply the school with all the necessary utilities. The bottom line, keeping the school open wasn't cost effective.

ARCADIA UNIFIED RANKS IN THE TOP 1% OF BEST SCHOOL DISTRICTS IN AMERICA

The new school year has only recently started and the Arcadia Unified School District is already making the grade. Of the more than 10,700 school districts situated across the United States, Arcadia Unified ranks in the top 1 percent of the best school districts in America, according to Niche.

Influential school and neighborhood review website, Niche.com, recently released its 2019 Best School Districts lists. Segmented into national, state, and local rankings, Arcadia Unified holds a top spot at each level.

Arcadia Unified School District Niche Distinctions:

- Top 1% Best School Districts in America, California, and Los Angeles
- Top 1% School Districts with the Best Teachers in America, California, and Los Angeles
- Top 1% Best School Districts to Teach in America, California, and Los Angeles

"It's such an honor to have Arcadia Unified named as one of the best school districts in Los Angeles, and it's very humbling that our district is also a leader in California and in the nation," said Arcadia Unified Superintendent Dr. David Vannasdall. "This recognition will serve as fantastic fuel for the school year ahead and is a testament to the incredible team we have here who work with continuous determination to support, challenge, and inspire students to make a positive and profound impact on their world."


Each of Arcadia Unified's schools has individually secured top Niche nods as the best schools in Los Angeles. Arcadia Unified's elementary schools (Baldwin Stocker, Camino Grove, Highland Oaks, Holly Avenue, Hugo Reid, and Longley Way) landed in the top 2 percent of the nearly 1,300 public elementary schools analyzed. All three of Arcadia Unified's middle schools (Dana, Foothills, and First Avenue) ranks in the top 1 percent of the nearly 500 middle schools in LA.

The district's comprehensive high school, Arcadia High, remains a leader among its peers, making the top 10 list for Best Public High Schools in Los Angeles out of over 400 high schools analyzed by Niche.

In addition to making the Niche grade, Arcadia Unified has remained committed to educating the "whole child" in its 360-degree approach to student support. Last year, Arcadia Unified's Board of Education committed to providing a full-time school counselor at each of its six elementary schools to help further support and provide proactive approaches to student mental health and wellness. Likewise, the district also offers character education programs, such as "The Leader in Me" for students in TK-8 grade, and has adopted "restorative practices," which are techniques geared towards building strong, trusting relationships and community in classrooms and schools.


According to Niche, it arrives at its rankings after a rigorous analysis of key statistics and data from thousands of schools and includes information from the U.S. Department of Education and millions of reviews from students and parents. Ranking factors also include state test scores, student-teacher ratio, student diversity, teacher quality, grade school ratings, and the overall quality of the school district. For more information on the Niche rankings, visit niche.com, for more information about the Arcadia Unified School District, visit ausd.net .

For more information, contact Ryan Foran, AUSD Chief Communications Officer: rforan@ausd.net , work (626) 821-6664, cell (626) 802-7602



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References available upon request

SCHOOL DIRECTORY

Alverno Heights Academy 200 N. Michillinda Sierra Madre, Ca. 91024 (626) 355-3463 Head of School: Julia V. Fanara E-mail address: jfanara@alvernoheights.org	(626) 471-2800 Principal Darvin Jackson Email: schools@monrovia.k12.ca.us
Arcadia High School 180 Campus Drive Arcadia, CA 91007 Phone: (626) 821-8370, Principal: Brent Forsee bforsee@ausd.net	Odyssey Charter School 725 W. Altadena Dr. Altadena, Ca. 91001 (626) 229-0993 Head of School: Lauren O'Neill website: www.odysseycharterschool.org
Arroyo Pacific Academy 41 W. Santa Clara St. Arcadia, Ca, (626) 294-0661 Principal: Phil Clarke E-mail address: pclarke@arroyopacific.org	Pasadena High School 2925 E. Sierra Madre Blvd. Pasadena, Ca. (626) 396-5880 Principal: Roberto Hernandez website: http://phs.pusd.us
Barnhart School 240 W. Colorado Blvd Arcadia, Ca. 91007 (626) 446-5588 Head of School: Ethan Williamson Kindergarten - 8th grade website: www.barnhartschool.org	St. Rita Catholic School 322 N. Baldwin Ave. Sierra Madre, Ca. 91024 Principal Joan Harabedian (626) 355-9028 website: www.st-rita.org
Bethany Christian School 93 N. Baldwin Ave. Sierra Madre, Ca. 91024 (626) 355-3527 Preschool-TK-8th Grade Principal: Dr. William Walner website: www.bcsllions.org	Sierra Madre Elementary School 141 W. Highland Ave, Sierra Madre, Ca. 91024 (626) 355-1428 Principal: Lindsay Lewis E-mail address: lewis.lindsay@pusd.us
Clairbourn School 8400 Huntington Drive San Gabriel, CA 91775 Phone: 626-286-3108 ext. 172 FAX: 626-286-1528 E-mail: jhawes@clairbourn.org	Sierra Madre Middle School 160 N. Canon Sierra Madre, Ca. 91024 (626) 836-2947 Principal: Garrett Newsom E-mail address: newsom.garrett@pusd.us
Foothill Oaks Academy 822 E. Bradbourne Ave., Duarte, CA 91010 (626) 301-9809 Principal: Nancy Lopez www.foothilloaksacademy.org office@foothilloaksacademy.org	Walden School 74 S San Gabriel Blvd Pasadena, CA 91107 (626) 792-6166 www.waldenschool.net
Frostig School 971 N. Altadena Drive Pasadena, CA 91107 (626) 791-1255 Head of School: Jenny Janetzke Email: jenny@frostig.org	Weizmann Day School 1434 N. Altadena Dr. Pasadena, Ca. 91107 (626) 797-0204 Lisa Feldman: Head of School
The Gooden School 192 N. Baldwin Ave. Sierra Madre, Ca. 91024 (626) 355-2410 Head of School, Jo-Anne Woolner website: www.goodenschool.org	Wilson Middle School 300 S. Madre St. Pasadena, Ca. 91107 (626) 449-7390 Principal: Ruth Esseln E-mail address: resselln@pusd.us
High Point Academy 1720 Kinneloa Canyon Road Pasadena, Ca. 91107 Head of School: Gary Stern 626-798-8989 website: www.highpointacademy.org	Pasadena Unified School District 351 S. Hudson Ave., Pasadena, Ca. 91109 (626) 396-3600 Website: www.pusd@pusd.us
La Salle College Preparatory 3880 E. Sierra Madre Blvd. Pasadena, Ca. (626) 351-8951 website: www.lasallehs.org Principal Mrs. Courtney Kassakhian	Arcadia Unified School District 234 Campus Dr., Arcadia, Ca. 91007 (626) 821-8300 Website: www.ausd.net
Monrovia High School 325 East Huntington Drive, Monrovia, CA 91016	Monrovia Unified School District 325 E. Huntington Dr., Monrovia, Ca. 91016 (626) 471-2000 Website: www.monroviaschools.net
	Duarte Unified School District 1620 Huntington Dr., Duarte, Ca. 91010 (626)599-5000 Website: www.duarte.k12.ca.us
	Arcadia Christian School 1900 S. Santa Anita Avenue Arcadia, CA 91006 Preschool - and TK - 8th Grade 626-574-8229/626-574-0805 Email: inquiry@acsllions.com Principal: Cindy Harmon website: www.acsllions.com

FAMILY MATTERS

By Marc Garlett



WHY A WILL IS NOT A SUITABLE OPTION FOR PROTECTING YOUR PET

For lots of people, their pets are thought of as members of the family. Indeed, pets are some people's closest companions. If you're one of those people and you want to make sure your furry friend is provided for in your estate plan, here's how to make that happen.

Be aware, unlike your human family members, pets are considered your personal property under the law, so you can't just name them as a beneficiary in your will or trust. If you do name your pet as a beneficiary in your plan, whatever money you tried to leave to it would go to your residuary beneficiary (the individual who gets everything not specifically left to your other named beneficiaries), who would have no obligation to care for your pet.

Wills aren't a good option
Since you can't name your pet as a beneficiary, your first thought might be to leave your pet (and money for its care) in your will to someone you trust to be your pet's new caregiver. While it's possible to leave your pet in this manner, it definitely isn't the best option.

That's because the person you name as beneficiary (the new caregiver) in your will would have no legal obligation to use the funds properly, even if you leave them detailed instructions for your pet's care. In fact, your pet's new owner could legally keep all the money for themselves and drop off your beloved friend at the local shelter.

Even if you completely trust someone to take care of your pet if you leave him or her money in your will, it's simply impossible to predict what circumstances might arise in the future that could make that arrangement impossible.

For example, when you die, the new caregiver might be living in an apartment or condo that doesn't allow pets, or the individual could be suffering from an unforeseen illness that leaves them no longer able to care for the animal. Or, when faced with the reality of the situation, the person could simply change his or her mind about wanting to look after your pet for the rest of its life. Additionally, a will is required to go through the court process known as probate, which can last for years, leaving your pet in limbo until probate is finalized. Not to mention, a will only goes into effect upon your death, so if you're incapacitated by accident or illness, it would do nothing to protect your companion.

Pet trusts offer the ideal option

In order to be completely confident that your pet is properly taken care of and the money you leave for its care is used exactly as intended, consider a pet trust.

By creating a pet trust, you can lay out detailed, legally binding rules for how your pet's chosen caregiver can use the funds in the trust. And unlike a will, a pet trust does not go through probate, so it goes into effect immediately and works in cases of both your incapacity and death.

What's more, a pet trust allows you to name a trustee, who is legally bound to manage the trust's funds and ensure your wishes for the animal's care are carried out in the manner the trust spells out.

With a properly drafted and funded pet trust, you'll have peace of mind knowing that your beloved pet will receive the kind of love and care it deserves when you're no longer around to offer it.

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A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 55 Auburn Avenue, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.355.4000 or visit www.GarlettLaw.com for more information.

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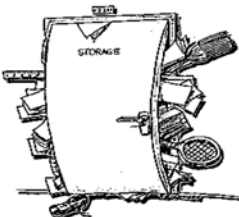
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CAT OF THE WEEK

Katnip News!



SASSY is
PURRRR-fectly
sweet!

This beautiful
big eyed girl
needs a home!
This sweet girl
Sassy, (aka
"Baby Roo"), is
only 3 months
old. She was

found shaking, crying & starving, but from the beginning, Baby Roo was gentle and sweet and has really flourished! She is very loving, sweet and cuddly. She loves to play with her toys and run around. She is very good with people and needs someone to give her all the love she deserves.

This kitten is a survivor. She was skin and bones when we found her, but Sassy has a strong spirit and will make a great furry friend. Mostly, she will give you lots of love! See more pictures of Sassy and adoption information at www.lifelineforpets.org, or call 626-676-9505.



Sassy
626-676-9505
lifelineforpets.org

Pet of the Week

This tiny little black kitten was found as a stray in Alhambra when he was around one-month old! The big world must have been pretty scary, but he did have a friend, Gremlin (A480338), to keep him company. Since Gremlin found a home, 2-month-old Vamp (A480336) has made it his mission to take on the world, this time with a human by his side. He's currently looking for his partner in crime while at our adoption partner, Pet Food Express in Pasadena. Visit him there to start the adventure!

The adoption fee for cats is \$90. All cats are spayed or neutered, microchipped, and vaccinated before being adopted.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

View photos of adoptable pets at pasadenahumane.org. Adoption hours are 11 a.m. to 4 p.m. Sunday; 9 a.m. to 5 p.m. Tuesday through Friday; and 9 a.m. to 4 p.m. Saturday.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.



LOOKING FOR A BEST FRIEND?



Levi is seeking a position as House Panther with a family that appreciates black cats. He is 6-years-old with a silky coal black fur coat, long white whiskers and pale green eyes. Levi loves lap time with massages and he gives gentle kitty head butts to ask for more and show his appreciation.

Levi will be happiest with a window to lay in and watch the world go by and relax in the sunbeams. He just wants to be your best friend and companion, and will let you choose what you want to do while he hangs out with you. Levi has a playful side, which tends to be a dignified low key bat and pat action at moving objects.

Levi is requesting visitors come meet him at Petsmart in Alhambra, a San Gabriel Valley Humane Society Adoption Partner. Levi is neutered, microchipped and up to date on his vaccinations.

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ELECTRIC BIKES ARE BOOMING AMONG BABY BOOMERS

Dear Savvy Senior:

What can you tell me about electric bicycles? A friend of mine, who's almost 70, recently got one and absolutely loves it. He told me he rides more now than he ever did his regular bicycle.

Interested Boomer

Dear Interested<

Electric bikes have become very popular among U.S. baby boomers over the past few years because they're super fun to ride and easier on an aging body.

Electric bikes, also known as e-bikes, are conventional bicycles with a battery-powered "pedal" or "throttle" assist. When you saddle up and push the pedals or throttle, a small motor engages and gives you a boost, so you can whiz up hills, ride into headwinds and cruise over challenging terrain without gassing yourself or taxing your knee joints.

Many older e-bike owners say that they ride more frequently and go further and longer than they ever would with a traditional bike. Here's what you should know about e-bikes, along with some tips to help you choose one.

What to Know

E-bikes are more complicated and expensive than regular bicycles, so you need to do some research before you purchase one. For starters, you need to know that there are three different types of e-bikes to choose from:

Class 1: "Pedal-assist" electric bikes that only provides assistance when the rider is pedaling, and only up to 20 miles per hour. These are the most common type of electric bikes.

Class 2: "Throttle-assist" e-bikes that let you use the electric motor without pedaling, like a motorcycle or scooter, but only up to 20 miles per hour.

Class 3: "Speed pedal-assist" e-bikes, similar to Class 1, except that the motor will assist with bike speeds of up to 28 miles per hour.

Because they're electrically powered, states and local communities have varying regulations regarding the use of e-bikes. In many states, class one and two e-bikes are allowed to be ridden wherever a traditional bike goes, while class three are generally allowed on the street due to their higher top speed. For more information on your state's e-bike laws, visit PeopleForBikes.org/e-bikes.

You should also know that e-bikes come in many different styles – commuter, cruiser, mountain, road, folding, etc. – just like traditional bikes to meet different riding needs. They also run on rechargeable lithium-ion batteries, and their motors are either hub-driven mounted on the front or rear wheel, or mid-drive motors that are mounted to the frame at the bottom bracket between the cranks.

The only downsides of e-bikes are weight and cost. Because of the battery and motor, e-bikes are much heavier than traditional bicycles weighing 50-plus pounds, so it can be more challenging if you have to manually lift or maneuver your bike a lot. And e-bikes are expensive, typically range between \$2,500 and \$3,500.

E-bikes are made by many of the same established companies that make traditional bikes like Specialized, Electra, Schwinn, Trek, Giant, Cannondale and Felt, along with a number of upstarts like Juiced Faraday, Pedego, Elby and Hi Bike. To shop for an e-bike, find some good bike shops in your area that sell them so you can test ride a few.

If you're interested in a cheaper option, there are also e-bike kits you can purchase at places like Walmart, Amazon.com and eBikeKit.com that can convert your regular bike into an e-bike for a few hundred dollars.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

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SENIOR HAPPENINGS



HAPPY BIRTHDAY! ...August Birthdays*

Bill Nelson, Karlene Englert, Juanita Fernandez, Jeanette Francis, Joseph Kiss, Jacquie Pergola, Maury Whitaker, Pat Miranda, Phyllis Chapman, Jerry Burnett, Margaret Aroyan, Phyllis Burg, Beverly Clifton, Rosemary Morabito, Susan Poulsen, Joy Barry, Marcia Bent, Joan Spears, Ruth Torres, Jane Zamanzadeh.

* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required

HART PARK HOUSE MONTHLY PROGRAMS:



Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W.

Sierra Madre Blvd., Sierra Madre

Hawaiian & Polynesian Dance Class: Every Tuesday Morning from 10:00 a.m. - 11:00 a.m. Join the class with Instructor Barbara Dempsey as she leads you in the art of Hula!

Bingo Time: Every Tuesday beginning at 1:00 p.m. Cards are only \$0.25 each! Everyone is welcome to play! Activity may be canceled if there are less than five people.

Free Blood Pressure Testing: 2nd Tuesdays Monthly from 11:00 a.m. - 12:00 p.m. No appointment is necessary.

Brain Games: Every third Thursday of the month at 12:45-1:45pm Join us for Scattergories, a creative thinking game by naming objects within a set of categories; or Jenga, a block-building challenge that keeps you stacking and balancing your tower. Everyone is welcome, and no experience is needed. A great way to strengthen your mind and make new friends... Games are facilitated by Senior Volunteers. *Will Resume in September 2019*

Free Legal Consultation: Wednesday, August 14th from 10:30 a.m. - Noon. Attorney Lem Makupson is available for legal consultation. Specializing in Family Law, Wills, Trusts, Estates and Injury. Please call the Hart Park House for an appointment, 626-355-5278 ext. 704.

Senior Club: Meets Saturdays, Weekly at Hart Park House Brown Bag Lunch, great company and bingo at 11:30 a.m.

Chair Yoga: Mondays & Wednesdays 11:00 - 11:45 a.m. with Paul Hagen. Classes include Yoga and balance exercises. All ability levels are encouraged and welcomed!

Birthday Celebration: Every 2nd Thursday Monthly at the Hart Park House. Share free birthday cake and ice cream kindly provided by the Senior Community Commission!

Game Day: Every Thursday Monthly 12:00 Noon come into the Hart Park House and join a lively poker game with friends!

Free Strength Training Class: Fridays 12:45 p.m. - 1:30 p.m. with Lisa Brandley, light weights, low impact resistance training and body conditioning. Class equipment provided.

Gentle Yoga for Active Seniors: Every Monday & Wednesday from 8:15 - 9:45 a.m. with Andrea Walsh at the Hart Park House. Classes include complete floor relaxation, standing and floor postures, balancing, and featuring extended meditations on the fourth Wednesdays of the month! Call (626)-355-5278 for more information.

August Craft with Lauren—August 19th 12:30 p.m.-1:30 p.m.

Come on into the Hart Park House Senior Center and create one of a kind tea cup bird feeders. Paint a design of your desire or use one of several stencils that will be available for use. Then we will glue the two sections together and attach a chain or twin to hang from your favorite tree or display at your favorite outdoor seating area. 8:30 a.m.-5:30 p.m. Senior Cinema - 1st & 3rd Wednesday Beginning at 1:00 p.m.



SEPTEMBER EXCURSION

Los Angeles County Fair (Pomona) September 18, 2019 \$10.00
10:45 a.m. - 5:00 p.m. Maximum 47 Participants

• Level of Walking: High

- Participants should bring money for lunch and souvenirs (optional)...
- Must be 60 years or older
- Must present I.D. at the gate.

The Los Angeles County Fair is an annual event, one of the largest county fairs in all the U.S. Fair attendance has topped one million people every year with the exception of 1948. It is the 4th largest in the country serving as the premiere destination for visitors to engage in all kinds of activities including rides, animal shows, sumptuous food, music, concerts, and much more.

***Resident and non-resident registration Now Open ***

Last day to register is Monday, September 16, 2019.

SENIOR CINEMA - 1st & 3rd Wednesday 1:00 pm



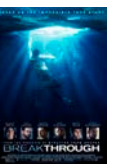
September 4th "Men In Black, International" PG-13; 1 hr. 54 min.

The Men in Black have always protected the Earth from the scum of the universe. In this new adventure, they tackle their biggest threat to date: a mole in the Men in Black organization.

September 18th "Breakthrough" PG; 1 hr. 57 min.



After a 14-year-old falls into a frozen Missouri Lake, his adoptive parents refuse to give up hope on their son, lying unconscious in a hospital bed. The boy's mother prays intensely and inspires others to pray for him too, as she asks God for a miracle in this true story.



MEALS - ON - WHEELS PROGRAM

The Home Delivered Meals Program provides healthy meals to homebound Seniors 60 and above. Seven frozen meals, milk, bread and fruit are included and delivered once a week. \$3 Donation per meal is suggested but remains completely anonymous and voluntary. Clients must be eligible and we invite you to contact YWCA Intervale Senior Services at 626-214-9467. SUBJECT TO CHANGE WITHOUT NOTICE SUGGESTED DONATION \$3.00 1% LOW FAT MILK INCLUDED



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

STUCK BETWEEN A VIRUS AND A VARMINT

Normally, I'm not a superstitious sort of a person. But then again there is a good case to be made that I am really not normal. If you stop to think about it, (and I have), the average person is a composite of everybody and the description ends up to be that of nobody. That is exactly what I think about being normal.

I must confess, I do have a sliver of superstition running through me somewhere. Often I have the feeling that someone is looking over my shoulder and smiling rather sarcastically. I cannot prove it, of course, but I know it is there.

Several things happened this past week emphasizing this feeling of mine, and I am not at all convinced that it is simply coincidental. After all, is anything coincidental?

It all started when the computer at the church was viciously attacked by a computer virus. Who do you call when your computer has a virus? And, what in the world is a virus doing inside my computer? Doesn't it have something better to do?

I do not know all that is associated with this computer business but I do know the outcome of a computer virus. I was merrily working along on my keyboard when suddenly, out of nowhere (what is cyberspace anyway) my computer screen began to disintegrate before my eyes. By the time I had closed my mouth the whole business was over. Now my problems were just beginning.

The computer had been attacked from somewhere, and there was not anything I could do to prevent it. There I sat with a ton of work to do and my computer had come down with a virus. I did not know what to do but I did know what I was tempted to do.

Nothing on my computer worked anymore. The best I could hope for was to take it to some computer repair shop and let them work on it for a week or two; meanwhile I'm not able to finish my work.

Then I had a brilliant idea. Actually, I am not sure it was a brilliant idea because I get so few ideas they all seem brilliant. I remembered something on the computer called the "restore point." If I could find this I could restore the computer to before the virus hit it. It was a long shot, but it was the only shot I had at the time.

After some finagling with the thingamajig (pardon the technical terms) I managed to find the Restore Point and in a few minutes, voilà (pardon my French), the computer was back to where it was before the virus hit it. I do not know how it works, all I know is it worked and I was elated.

I was so proud of myself, which as everybody

knows is the first step down. And I was about to go down.

I was back to my work schedule and quite pleased with myself and was riding pretty high when suddenly the lights flickered and then went out completely. There was no electricity in the church building.

The first thing to do when something goes wrong is to PANIC. Through the years, I have become an expert in this area of panic. I have had plenty of practice.

Once I have thoroughly worked my way through the panic stage, I thought perhaps the church did not pay the electric bill. Upon checking, I discovered the bill had been paid. But still no electricity. It was my privilege to call our friendly energy company and request a service call. Usually, there is a seven-year wait for all service calls in our area. That is just how thorough our electric company really is. They will go on no call before their time. In the meantime, I am sitting in the dark hearing some spooky noises, if I say so myself.

To my delight within an hour, the service truck from the electric company arrived on the scene. After a thorough investigation, the repairman discovered the trouble. I was rather worried that there was a major problem inside the church building that would cost thousands of dollars to repair.

But I was to be delighted for the second time that day when the repairman informed me of the nature of the trouble. It seems the trouble was on the outside of the building. As everyone knows, that is the responsibility of the electric company.

The problem turned out to be of the varmint kind. A nut-challenged squirrel had eaten through one of the major electric lines on the outside of the building thus cutting off all electricity from going inside the building.

"Here's your problem, Rev," the repairman said with a big grin smeared on his face. With that, he held up a nicely fried squirrel.

With the electric back on and at my computer purring like a kitten, I thought of a verse of Scripture. "And we know that all things work together for good to them that love God, to them who are the called according to his purpose." (Romans 8:28 KJV).

Sometimes little things can frustrate us. But no person is defined by any one day or one incident. These little problems are usually temporary and serve only as a reminder that we are not in charge of anything at all.

Does anybody have a recipe for fried squirrel?

Dr. James L. Snyder, pastor of the Family of God Fellowship, lives with the Gracious Mistress of the Parsonage in Ocala, FL. Call him at 352-687-4240 or e-mail jamesnyder2@att.net. The church web site is www.whatafellowship.com.

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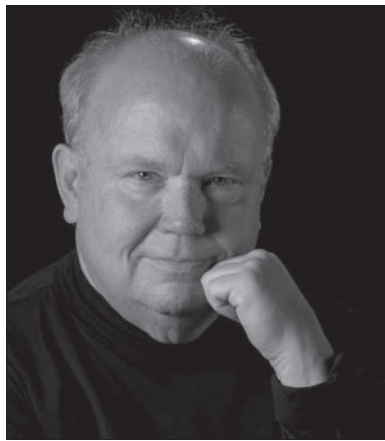
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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

RICH JOHNSON



PRESIDENTS 2020

You may not remember me. I used to write a column in this august newspaper.

If the name Rich Johnson does ring a bell, consider yourself lucky. Some people (including my mom) paid thousands in therapy to not remember me.

I congratulate Susan for a marvelous job. She is right up there with the Hearsts, Greeleys, Pulitzers, and Grams. Of course, I can't help suspect my absence helped the paper thrive and prosper.

One important and ongoing task of my journalistic career involved keeping an eye on presidential elections. So, I take a few years off and LOOK WHAT HAPPENED!

My favorite column involved presidential communications. I wished (and still do wish) we had commanders in chief who could dish it back to the media with a little class and a whole lot of humor. If only Mark Twain, Will Rogers, Groucho Marx and Mae West had held the highest office in the land. We would have a presidential communication legacy from which to aspire. I can dream.

I took ACTUAL QUOTES from these paragons of cleverness and wrote pretend press conference questions around them. I hope you like the humor. And I hope it helps bring about a friendlier 2020 election cycle.

Ladies and Gentlemen, President Mark Twain:

Reporter: "Mr. President, should we invade Syria?"
President Twain: "It's easier to stay out, than get out."

Reporter: "Mr. President, what do you think of the gridlock in Congress?"
President Twain: "Suppose you were an idiot and suppose you were a member of Congress. But I repeat myself."

Ladies and Gentlemen, President Will Rogers:

Reporter: "Mr. President, what is your prediction for the future of our country?"
President Rogers: "Things will get better despite our efforts to improve them."

Reporter: "Mr. President, what is your political affiliation?"
President Rogers: "I'm not a member of any organized political party. I'm a democrat."

Ladies and Gentlemen, President Groucho Marx:

Reporter: "Mr. President, care to comment on your recent budget proposal?"
President Marx: "A four-year old child could understand this report. Run out and find me a four-year old child. I can't make heads or tails out of it."

Reporter: "Mr. President, how are you and the first lady doing?"
President Marx: "I was married by a judge. I should have asked for a jury."

Ladies and Gentlemen, President Mae West:

Reporter: "Madam President, Many Americans think your demeanor is shocking. Care to comment?"
President West: "Those who are easily shocked should be shocked more often!"

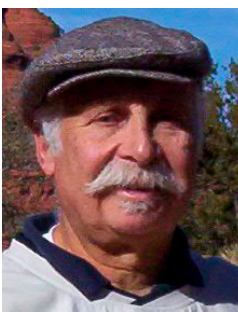
Reporter: "Madam President, Congress is full of sharks. Aren't you afraid you'll get bit?"
President West: "A dame that knows the ropes isn't likely to get tied up!"

Susan Henderson is a "dame" that knows the ropes. I leave her with a quote from a newspaper man I didn't forget about, Frederick Douglass.

His newspaper, the North Star, started in 1847. It carried the motto: "Right is of no Sex, Truth is of no Color, God is the Father of us all, and we are all brethren."

We could use a big dose of Mr. Douglass priorities! Congratulations Susan and keep up the good work!

STUART TOLCHIN



LIFE KEEPS GOING IN ONE DIRECTION OR ANOTHER

I'm the kind of person that's always either worrying about the future or reflecting upon the past. As a result I frequently miss some pretty important stuff. Today I was trying to stay in the present but forgot about the fire along the freeway and ended up being late for my doctor appointments and now had to wait a couple of extra hours.

While waiting I worried about the future and reviewed past regrets. Right now my major focus is what to do when I retire and whether I will ever feel confident or strong enough to carry my new one month old granddaughter down the stairs at my daughter's house. As I sat worrying I received e-mails from my ex-wife, wife, and daughter. All three referred to my daughter's old doll.

So here's the story of the doll. Sometime after my first-wife and I separated my daughter, who was 5, came to live with me while her brother was at Summer Camp. Here she was in Sierra Madre without friends and yearning for a playmate, specifically, a Cabbage Patch doll which was sold out. We searched pre-Costco, pre-Wal-Mart worlds but could not find such a doll. Luckily someone mentioned a woman who hand-made Cabbage Patch Dolls. At first this didn't satisfy my daughter who wanted the store bought plastic doll. As we trekked out to the Monterrey Hills where the doll maker lived I did my best to explain that a hand-made doll was authentic and better than any common plastic doll that anyone could buy in a store. It says something about the unique special-nature of my daughter that she accepted this story partly because it's true and partly because she sensed how important it was to me that I be able to provide her with something that she wanted during this transitional time.

Finally we found the doll-maker and Rosey, the wonderful hand-made doll. My daughter loved and cared for Rosey for a long time. I remember my daughter rocking Rosey in the same rocking chair that I rocked her in before my first wife and I separated. Fast forward 25 years and my wife came upon Rosey in the back of our closet, now a dirty, old, and uncared for doll. When my daughter came by the house my wife asked if she wanted it. My daughter who at this point was an overworked lawyer said she couldn't care less and told my wife to give Rosey to Goodwill.

A few days later my wife asked me to take some stuff to Goodwill and on the way there I saw Rosey lying in a box. I was crushed. I brought Rosey home and asked my wife to keep her. Rosey went back into a closet where she stayed for another 15 years until today. My wife washed Rosey and took her over to my daughter. Now being the new mother in a completely different stage of her life my daughter was completely entranced by Rosey and placed the doll, the baby, and herself in the same old rocking chair and posed for a picture. After reading the e-mails I of course forgot about my present day at the Doctor and drove home after getting lost again. As I failed to pay attention to where I was I kept thinking about how the past and future sometimes merge making the briefest of stops in the present and allowing for quick celebration of life. Hooray for Rosey, she did good today.

Where Your Community News Come First



2007-2019

HAIL HAMILTON



2007—"Who's Park Is It Anyway?" (When it was called the Mt. Wilson Observer)—about Memorial Park being abused as a day laborer job hiring site. This was just four and a half months after the paper's debut, October 1, 2006. Over the years my editorials have mostly been about politics, government and economics at all levels. I've written on other topics as varied as science, pop culture education, and the environment. I even wrote an obituary after the death of my 18 year old companion, Maggie, "It's a Dog's Life."

I wrote a series of editorials supporting Measure V, the controversial municipal proposition to prevent four-story downtown overdevelopment; as well as a series of OpEds condemning the City Counsel for bartering away our spring-fed sweet water rights in exchange for importing brackish tasting Arcadia water. A mistake the city paid dearly for later with the Sierra Madre Fire.

I've publicly condemned Presidents Bush and Obama for their continued prosecutions of the Wars in Afghanistan

and Iraq, even doing a cost-benefit analysis on how the money spent on the wars and Bush's unnecessary tax cut for the rich could have been better spent at home on needed infrastructure, and to finally fully fund all state and local social programs.

I supported Obama's election twice for

LOOK BACK—WHAT IS A BILLION?

I've written countless OpEds for the Mountain Views News since my first editorial, January 12,

President, defending him from racist "birthers" like Donald Trump, but opposed him for joining forces with conservative Democrats in 2010 against California's Proposition 19 to legalize marijuana (it was eventually passed in 2016). I returned to the paper last year, after four long years in the wilderness, arguing extensively why President Trump should be impeached six months before Mueller submitted his report to AG William Barr. I left again to spend more than a month in Mexico gathering information on the new populist President Andres Manuel Lopez Obrador (affectionately called by his supporters "AMBLO"). I'm still withholding my judgement.

Which brings me to an earlier tongue-in-cheek opinion piece I wrote June 6, 2008. . It was intended to make people to put the number BILLION in perspective, since when used by government officials talking about \$billions of federal taxes and \$billions in spending, the reference to a "billion" dollars sounded like a \$billion was "chump-change". The following is based on an unattributed piece I found in [scope.com](#) 13 years ago.

"What is a BILLION? The next time you hear a politician use the word "billion" in a casual, cavalier manner, think about whether you want that politician, or any politician for that matter, spending YOUR tax money? A billion is a difficult number to comprehend, but a math teacher I know, helping fact check the article, did a good job putting this figure into perspective using some easy to understand historical analogies.

"A billion seconds ago it was 1959.

"A billion minutes ago Jesus was alive.

"A billion hours ago non of our ancestors walked on two feet.

"A billion days ago (2,739,726 years ago) none of our ancestors walked on two feet.

"A billion dollars ago was only 8 hours and 20

minutes, at the rate of our government is spending it...."

The current 2018-19 federal fiscal budget—including both mandatory and discretionary spending—is \$4.094 trillion (or \$4.094 thousand billion) in spending against \$3.654 trillion (or \$3.654 thousand billion) in revenues, leaving a deficit of \$440 billion, which in turn is added to National Debt. As of June 2019, our National Debt was a staggering \$22.03 trillion (\$22.03 thousand billion). I'm not going to even try converting this figure into some sort easy to understand analogy. Let's just say a trillion is a huge number, and leave it at that.

What I can say is that since I wrote my original "What's is a BILLION" in June 2008 the overall rate for federal spending has more than doubled. The cost of two expensive wars and two enormous tax cuts for the rich makes all of us poorer. The FED keeping our interest rates low is in effect inflating our currency, weakening the dollar against other currencies around the world. This has dire consequences for us here at home.

Most working class Americans work more hours than did their parents and much more than did either their grand or great grand parents, often working two or three low-paying jobs at the same time just trying to make ends meet. Still many of the working class have to pay excessive credit card interest rates to buy their food each month. In fact, most working and middle class Americans work month-to-month, have no significant savings to cover a family emergency, and haven't had a real raise, after adjusting their paychecks for inflation, since Gerald Ford was President—that's more than 42 years ago!

Why couldn't I be the winner who claimed \$1.537 billion Mega Millions ticket sold in a KC Mart in Greenville, South Carolina October 23, 2018? Why not meWhy?



CHRISTINE FLOWERS



THE BLOODY TRUTH ABOUT U.S. IMMIGRATION POLICY

Last week, I got an email from my friend Chris Casazza, a partner with the immigration firm Solow, Isbell and Palladino in Philadelphia. He reached out to tell me about something that had happened to a former client, and he hoped that I could tell the story.

Here is the part of Chris' email that convinced me I needed to write

this column:

"I want people to read about this, I want the average citizen to realize why there are so many people at the border claiming asylum, I want judges to know what they are doing when they deny these cases, I want government attorneys and ICE agents to know what they are doing when they label these people criminals and monsters. I want them to know they have blood on their hands."

Cruz Eduardo Tinoco Salvador was born on May 3, 1997, in Mexico. By the time he was 14, he was forced into joining a gang, the Sur-13. After his daughter was born, and after realizing that there was another way of life, he abandoned the gang and eventually made his way to the United States. He crossed the border illegally, came to Pennsylvania and found work as a roofer. He joined a church, and devoted himself to his family. He thought he could outrun his past.

But it caught up with him on June 20, 2017, when ICE discovered he was illegally in the United States, and took him into custody. Cruz pleaded with the immigration judge for asylum, claiming that if he was sent back, his former gang would kill him. He had an expert witness, a retired U.S. lieutenant colonel who had spent years stationed in Latin America and who testified that he would very likely be tortured or even killed if he was deported to Mexico. The immigration judge at the York Detention Center ruled that Cruz was telling the truth. But he still denied the asylum request, finding that he didn't qualify for protection under the letter of the law, a law made even more stringent and draconian by former Attorney General Jeff Sessions.

Cruz was deported. On July 17th, 2019, he was kidnapped, tortured and murdered in exactly the way he predicted he'd be killed when he testified in front of the judge.

Chris Casazza contacted me out of the same sense of frustration that so many immigration advocates experience when we hear people talk about "liars." President Trump suggested as much last year when he tweeted, "We shouldn't ... let people come into our country based on the legal phrase they are told to say as their password." In other words, they're "coached."

In 25 years of practicing immigration law, I have never had to pull a story out of anyone. Despite what the Trump administration would have you believe, refugees are motivated by fear, not a job prospect, and they are telling the truth. Tragedy happens when we shut our ears.

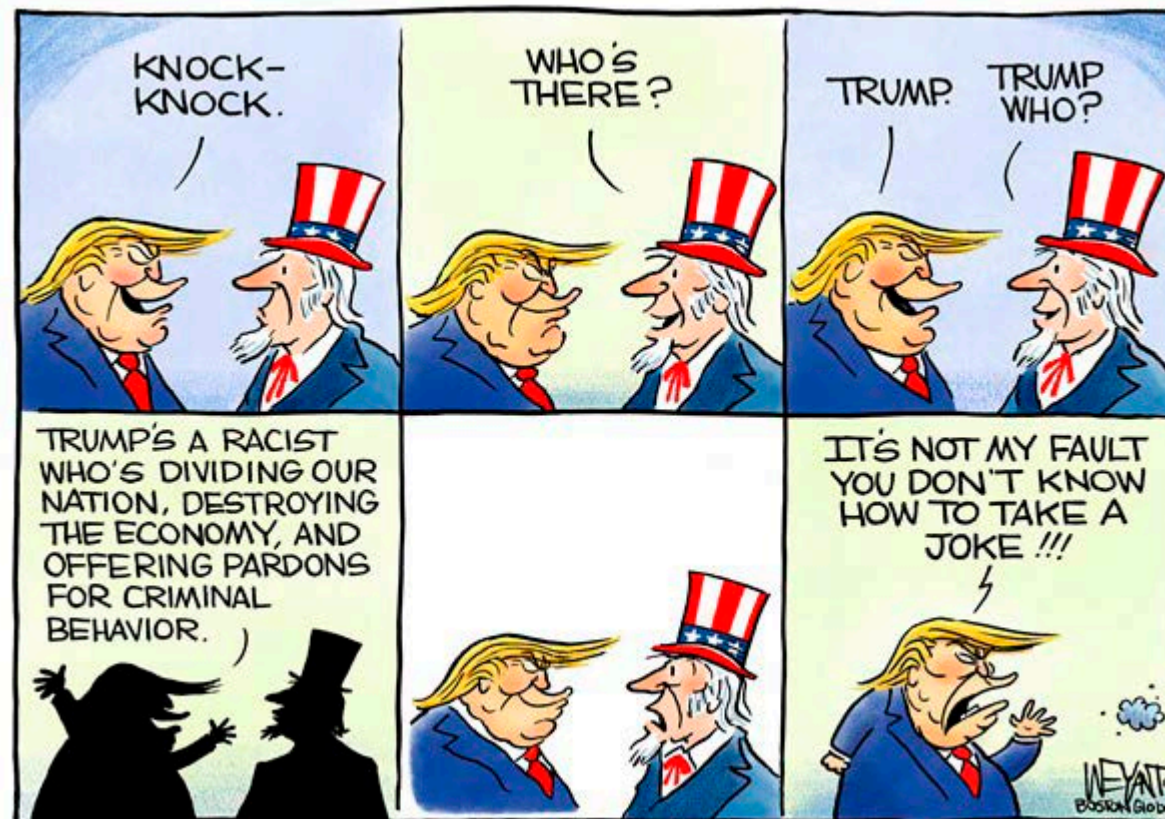
Ten years ago, I had a client from Kenya. Peter had run for office, and was harassed by his political opponents. He came to the U.S. legally on a tourist visa, and immediately filed for asylum. The judge who heard his case said he was lying, that his claim was "frivolous," and ordered him deported. One week after he arrived in Nairobi, that political opponent went to Peter's house and killed him with a machete.

We cannot see into the soul of a person, and we cannot walk in their shoes. But we have an obligation to give them the benefit of the doubt when they provide enough proof that their lives are in danger.

It's too late for Cruz Eduardo. It is too late for Peter, who was a devout Catholic and who is part of the rosary I pray each Sunday.

But it's time we open our eyes and realize that we are our brothers' keepers, and if we continue to act as if we aren't, there is no damn way this country is ever going to be "great again."

Christine Flowers. Flowers is an attorney and a columnist for the Philadelphia Inquirer, and can be reached at cflowers1961@gmail.com.



Grandparents Day

Celebrating Family and Seniors



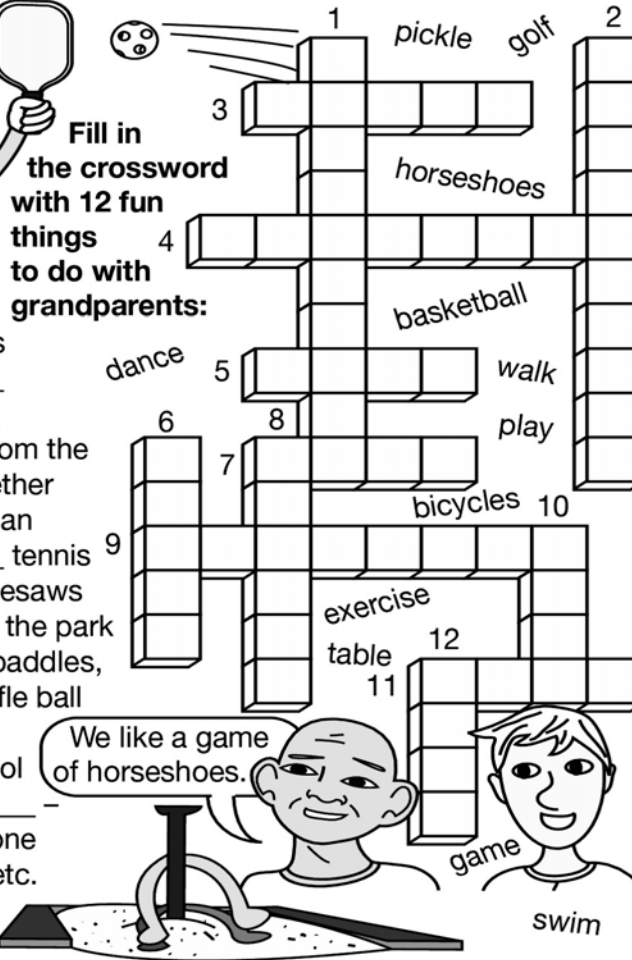
We love visiting our grandparents!

Have you played Pickleball? It's a little like badminton, ping-pong and tennis combined! You use paddles, a net, and a ball like a wiffle ball. Remember to serve underhand.

We always have great fun! This year we'll teach the kids how to play Pickleball.

On the Go!

1. play _____, shoot hoops
2. play shuffleboard, _____
3. put on music and _____
4. borrow an _____ DVD from the library and work out together
5. _____ everywhere you can
6. play ping-pong or _____ tennis
7. _____ on the swings, seesaws and other equipment at the park
8. play _____ ball – using paddles, a net and a ball like a wiffle ball
9. ride _____ on the trail
10. _____ at the lake or pool
11. play a sports video _____ – players copy actions done in the sports: bowling, etc.
12. mini _____ – many items stand in the way




Grandparents are cool! They may:

1. teach you a craft or _____
2. help with your _____
3. tell _____ about your parents
4. take _____ of you
5. share favorite foods and _____
6. show you family _____
7. teach about the _____ where family members came from
8. tell how things today are different from when they were _____
9. talk about family _____
10. show you a map and talk about their _____ experiences
11. _____ to everything you want to say
12. be able to offer a bit of _____

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