

# Mountain Views News

Sierra Madre

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San Marino

SATURDAY, SEPTEMBER 7, 2019

VOLUME 13 NO. 36

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## SIERRA MADRE MAYOR TO RUN FOR LOS ANGELES COUNTY BOARD OF SUPERVISORS

Los Angeles, Calif. — John Harabedian, a longtime public servant, businessman, lawyer and community activist, today announced his candidacy for Supervisor of Los Angeles County District 5. John brings to the campaign wide-ranging experiences in public service and civic leadership – from serving as a Los Angeles County Deputy District Attorney, a state commissioner, and currently as the Mayor of the City of Sierra Madre. He pairs this firsthand experience with a fresh vision and new solutions for the County's most pressing issues.

"As County Supervisor, my priorities will be solving homelessness once and for all, reforming our criminal justice system, and protecting our environment and natural resources so that future generations – including my two young sons – will be able to thrive," says John. "I will fight to improve the quality of life for all County residents, but especially the most vulnerable, includ-

ing those lacking health care coverage and our children in foster care. The time to solve these problems is now. We can't afford to wait another four-year term to improve our County or support those in greatest need."

John represents a new generation of leadership, recognizing that we need new, smarter and more forward-thinking strategies to address the County's biggest challenges, not the same old promises with no results. John believes in eliminating the corrupting influence of big money from our democracy and listening to the people rather than special interests.

John currently represents Sierra Madre on the Clean Power Alliance and on the Los Angeles County Sanitation District, bodies which tackle County-wide needs in transportation and citizen services. He lives in Sierra Madre with his wife and two sons.

For more information, please visit [www.john4supe.com](http://www.john4supe.com).



## RED FLAG PARKING RESTRICTIONS

A "Red Flag Day" is called when there are weather conditions that may result in extreme fire behavior due to temperature, humidity and wind.

Red Flag weather events are issued by the National Weather Service and the Los Angeles County Fire Department. The restrictions, imposed only during times of high fire danger, are aimed at ensuring that emergency vehicles are able to navigate sometimes-narrow streets to respond to fires, and to ensure residents are able to safely evacuate neighborhoods.

During a Red Flag Day, any vehicle parked on any of the following streets, or portions thereof, are subject to towing at the owner's expense.

Mount Wilson Trail Road  
Woodland Drive  
Old Ranch Road  
Churchill Road  
Brookside Lane  
Forest Lane  
Skyland Drive  
Sunnyside Lane  
Casey Street  
Fern Glen  
Yucca Trail  
Madre Lane  
Fern Drive  
Holly Trail Path  
Hermosa Ave, North of Carter Ave.  
Idle Hour Lane  
Sturtevant Drive  
Auburn, North of Grand View Ave.  
Canyon Crest Drive  
Elm Street  
Cañon Drive  
Orange Drive  
Pleasant Hill Lane  
Oakcrest Drive  
Carter Ave.  
Alta Vista Drive  
Vista Circle Drive

All are welcome to attend upcoming meetings to answer any questions that people may have.

Monday September 16, 2019 at 7pm at Nature Friends, 568 Yucca Trail

Friday September 20, 2019 at 7pm at Sierra Madre Search and Rescue Station 108. Grandview and Stonehouse

Please call Fire Marshal Rich Snyder if you have any questions (626) 355 – 3611 x604



## PUBLIC HEALTH INVESTIGATES FIRST DEATH ASSOCIATED WITH E-CIGARETTES IN LA COUNTY

### Residents warned to take precautions

LOS ANGELES—Following a recent death of a Los Angeles County resident potentially related to the use of e-cigarettes, the Los Angeles County Department of Public Health is issuing a warning to residents about the use of these devices as potentially harmful to proper lung function. To date, there have been 12 reports of vaping-associated pulmonary injury (VAPI) in Los Angeles County.

"Nationwide, we are learning how dangerous these devices may be, and the long-term health impacts remain unknown at this time," said Dr. Muntu Davis, MD, MPH, Los Angeles County Health Officer. "As their popularity rises, especially among teens and young adults, we are compelled to warn our 10 million residents that the risks of using these devices, with or without nicotine, marijuana, CBD or some street concoction, may now include severe lung injury."

There are nationwide reports that people are showing up in emergency departments with similar symptoms such as coughing, difficulty breathing, fever, and may have vomiting and diarrhea.

"The increasing cases of severe pulmonary illnesses associated with vaping both nationwide and locally in Los Angeles County are alarming and underscores how much we still don't know about the extent of harm that vaping can cause," said Dr. Steven Dubinett, Associate Vice Chancellor of UCLA and Chief of Pulmonary and Critical Care Medicine at the UCLA David Geffen School of Medicine. "We join Public Health, the medical community, and other health professionals in warning residents about the use of these devices and the need for a concerted effort to address this outbreak."

"The bottom line is everyone should think twice about vaping until more is known about their impacts on the health of their users, and the role they play as a contributor to lung damage leading to death," Davis added.

Public Health continues to urge health-care providers to be on the alert for signs of severe respiratory illness among patients who recently used vaping products including e-cigarettes and report cases by phone to Los Angeles County Department of Public Health at 626-299-3504.

Electronic cigarettes or e-cigarettes are battery-powered devices that heat a liquid substance (e-liquid or e-juice) that contains nicotine, flavorings, and other additives and deliver the nicotine and flavoring to the user in the form of an aerosol ("smoke"). For information on the risks associated with vaping, and how to quit smoking visit: <https://laquits.com/>

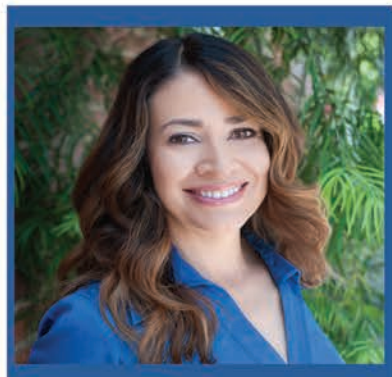
## EQUESTRIANS SET TO RIDE IN 2020 ROSE PARADE

*Sierra Madre's Arabian Horse Association  
Among Those Scheduled to Participate.*

Story on Page 4

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## Weather Wise

6-Day Forecast Sierra Madre, Ca.

<b>Sun</b>	Sunny	Hi	90s	Lows	70s
<b>Mon:</b>	Sunny	Hi	90s	Lows	70s
<b>Tues:</b>	Sunny	Hi	90s	Lows	70s
<b>Wed:</b>	Sunny	Hi	90s	Lows	70s
<b>Thur:</b>	Sunny	Hi	90s	Lows	70s
<b>Fri:</b>	Sunny	Hi	90s	Lows	70s

Forecasts courtesy of the National Weather Service

## SIERRA MADRE CITY MEETINGS

### CALENDAR

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

#### CITY COUNCIL

September 10, 2019 at 6:30PM  
September 24, 2019 at 6:30PM

#### PLANNING COMMISSION

September 5, 2019 at 7:00PM  
September 19, 2019 at 7:00PM

#### COMMUNITY SERVICE COMMISSION

August 19, 2019 at 6:30PM Cancelled  
September 16, 2019 at 6:30PM

#### SENIOR COMMUNITY COMMISSION

September 5, 2019 at 3:00PM

#### LIBRARY BOARD OF TRUSTEES

August 21, 2019 at 7:00PM  
September 25, 2019 at 7:00PM

#### ENERGY, ENVIRONMENT, AND NATURAL RESOURCE COMMISSION

August 28, 2019 at 7:00PM  
September 18, 2019 at 7:00PM

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email [city@cityofsierramadre.com](mailto:city@cityofsierramadre.com) before 30 the night of the meeting and your statement will be delivered to all the Council Members.

## 1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to [radio@cityofsierramadre.com](mailto:radio@cityofsierramadre.com).



## This week at the Sierra Madre Public Library

September 9-14

### Monday

Preschool Storytime 10:00 - 11:00 am

Fall Art Workshop 3:00 - 4:00 pm

### Tuesday

Baby Rhyme Time 10:00 - 11:00 am

Weekly LEGO Challenge 3:00 - 5:00 pm

Virtual Reality 5:30 - 7:30 pm

### Wednesday

Middle School Crafty Book Club 4:00 - 5:00 pm

### Thursday

Barks & Books 3:30 - 4:30 pm

### Saturday

Craft It! 10:00 - 11:00 am

Read, Discover, Connect  
@ Sierra Madre Public Library

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## THE SHOPS ON BALDWIN IN SIERRA MADRE



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**Sierra Madre Woman's Club**

550 W. Sierra Madre Blvd. **2019: 112 Years**  
Founded February 23, 1907 - "Living the Volunteer Life" in Friendship  
Member of General Federation of Women's Clubs [cfdc.org](http://cfdc.org) & [gfwc.org](http://gfwc.org)

**3<sup>rd</sup> Wednesday Evening**  
**Sept 18 - 6:30 pm - Join Us**

**Necessary Skills for a Successful Business**  
**Joan Riback (S.M. Rotary's Prez)**  
**RSVP Janette : 626 242-3244**  
*Bring a snack to share*

Join us for Member - Only Yoga w/ Paul Tuesdays, 10 am  
GFWC SierraMadreWomansClub.org  
Facebook/SierraMadreWomansClub

Rent our 1914 Historic Essick House 626-355-4379  
Wistaria Thrift Shop - Re-Opens Sept 5 355-7739  
Clean, Gently Used Donations Accepted Weekdays to 2 pm

**Sierra Madre Woman's Club**

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**Plan to Join Us at Our**  
**Fall "Blue & Gold" Salad Luncheon**  
**Wed, Sept 25 - 1 pm**

Member OR Guest \$11 Member+Guest \$11  
**SGVD Prez Rita Aleman Shares the NEW !!!**  
**RSVP Barbara : 626 355-8979 by Sun, 9/22**  
Come Regularly 2<sup>nd</sup> Wednesdays Oct-May

Join us for Member - Only Yoga w/ Paul Tuesdays, 10 am  
GFWCSierraMadreWomansClub.org  
Facebook/SierraMadreWomansClub

Rent our 1914 Essick House 626-355-4379  
Help @ Wistaria Thrift Shop - Re-Opens Sept 5 355-7739  
Clean, Gently Used Donations Accepted Weekdays to 2 pm

**Leonora Moss**

9 Kersting Court Sierra Madre, Ca. 91024  
626-355-1180

**EXTRAORDINARY  
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**SIERRA MADRE UNITED METHODIST CHURCH**

Sunday worship 9:30 a.m.

**Join Us in Worship!**

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(626) 355-0629

[smumc.net](http://smumc.net)

**KIWANIS CLUB OF SIERRA MADRE**  
Since 1927!

We meet every Tuesday at Noon  
33 E Sierra Madre Blvd, Sierra Madre

**ROAD TRIP THIS TUESDAY AT NOON!**

**KIWANIS ANNUAL PANCAKE BREAKFAST & POOCH PARADE & PET ADOPTION**

**SATURDAY, SEPTEMBER 21, 2019**  
**7:00 AM - 11:00 AM**  
**MEMORIAL PARK**  
**SIERRA MADRE**

**ROTARY CHANGES LIVES**

Together, we see a world where people unite.  
Take action to create lasting change across the globe,  
In our communities, and in ourselves.

**The Hart Park House,**  
**222 W. Sierra Madre Bl.,**  
**Sierra Madre, CA 91024,**

**Tuesdays, 7-8:30 a.m.**

**SIERRA MADRE POLICE BLOTTER**

August 18 to August 31, 2019 - During this period the SMPD responded to 553 calls for service.

Violation of restraining order - At 12:38PM on 8/20/19, officers responded to several calls for service regarding a male and female arguing with each other in the area of Orange Grove Ave. and Sunnyside Ave. During the interview process it was determined that the female subject was in violation of a domestic violence restraining order. The female was arrested and taken to a local hospital for medical clearance, then on to the Pasadena Jail for booking. Once the booking process was completed, she was taken to the Century Regional Detention Center. Case to the DA's office for filing considerations.

DUI Arrest - Officers contacted a driver that matched the description of a prowler suspect, in the 200 block of W. Grandview Ave at 8:30PM on 8/22/19. The driver appeared to be intoxicated. Field Sobriety Tests (FST's) were conducted and the driver was found to be under the influence of alcohol. The driver was arrested and booked at the Pasadena Jail and later released on a citation. Case to the DA's office Vandalism - On 8/23/19, officers responded to the 00 block of E. Mira Monte Ave at 1:33AM in regards to a vandalism investigation. An unknown suspect(s) threw a large rock at the front door of the residence, causing minor damage.

Hit and Run - At 8:57AM on W. Sierra Madre Bl. at Michillinda Ave. a non-injury hit and run traffic collision occurred that involved a vehicle that rear ended another vehicle stopped east of the intersection. The driver left the scene without exchanging any information with the driver of the vehicle that was struck. Case to Detectives for follow up

Stolen Mail - Officers responded on 8/23/19 at 9:21PM to a report that unknown person(s) stole mail from several mail boxes located in the 500 block of Sturtevant Dr. Officers checked the surrounding area and found additional mail scattered along the roadway.

Auto Burglary - Between 8/24/19 at 4:00PM and 8/25/19 at 7:10AM, an auto burglary occurred in the 600 block of Fairview Avenue. Unknown suspect(s), smashed a window and removed personal property.



# SIERRA MADRE

SIERRA MADRE

ARCADIA

PASADENA

ALTADENA

MONROVIA

## WALKING SIERRA MADRE - The Social Side by Deanne Davis

*"If we learn nothing else from this tragedy,  
we learn that life is short and there is no time  
for hate."*

—**Sandy Dahl**, wife of Flight 93 pilot **Jason Dahl**, in Shanksville, Pennsylvania, in 2002

*"...Names of citizens, workers, mothers and  
fathers,  
The bright-eyed daughter, the quick son.  
Names lifted from a hat or balanced on the tip  
of the tongue.  
Names wheeled into the dim warehouse of  
memory.*

*So many names, there is barely room on the  
walls of the heart."*

*Excerpts from "The Names"  
by Billy Collins after 9/11*

So, another anniversary of 9/11 is this Wednesday and, like December 7, 1941, this is another 'date which will live in infamy.' Almost 3,000 people died on 9/11. I remember vividly where I was when I heard the news; home sitting on the couch drinking coffee. John had been out running and bumped into one of his fellow runners who told him what had happened. He raced home, told me and I turned on the TV. I couldn't believe my eyes as the video of the plane crashing into the World Trade Center was played over and over. The following piece came from my heart just a day or two later:

### 9/11 - The Day Our World Changed Forever

September 11, 2001...a Tuesday. Nothing particularly special or interesting about it, except that three airplanes have been hijacked. Two of them were crashed into the World Trade Center Towers in New York and one was crashed into the Pentagon. Another plane crashed outside of Pittsburgh and it, too, was hijacked by terrorists. Todd Beamer will live on in our memories as an amazing hero. We won't soon forget his, "Let's Roll!" as he and others on that plane tried to save everyone on board.

I watched the World Trade Towers fall to their knees, implode, and collapse into dust and debris. I was reminded of the Temple in Jerusalem, which was going to stand forever, and just seventy years after Jesus came to save mankind from our sins, not one stone was left standing on another.

On Tuesday, 9/11, thousands of people died and were standing before God's throne. People who had intended to live many more years, who had plans for their lives, children to raise, homes to buy, 401K plans to augment, maybe even plans to get to know God as their Savior. But now there was a long line of people suddenly finding themselves before God Almighty, some prepared, some not. Once again, I realized there's no time to waste, we are but a heartbeat away from seeing God face to face. I want to be ready, my soul clean, my heart ready, my affairs in order. My affairs aren't based on my worldly things, but whether I've set everything straight with those I love, that I've set everything straight with God.



It was a sunny, pleasant day, this Tuesday when our world changed forever, and watching the coverage in New York, it seemed to be a beautiful day there, too. How can people hate so much to want to murder thousands of people they've never even seen? It brings me to my knees to realize that evil is on every side. But God will overcome all this. He is stronger than all the evil, all the hate, all the terrorism. He is GOD. I will keep my eyes on Him in the midst of this shock that never goes away. I will lift my prayers to Him, asking for comfort for those who have lost loved ones, for those who will have to somehow clear up this disaster and carry on, for those who waited too long to decide. ".....and there will be wars and rumors of wars....."

Something else happened on 9/11, but this was 9/11/2008, when Jessie came into our family. Ten months old, a foster child who badly needed a home. The picture is her adoption a year or so later. A day of celebration. She is 11 now, not without problems, but she is our joy.

Speaking of joy, congratulations to Susan Henderson for another wonderful year of the Mountain Views News. It is my joy to be able to write this column every week. You are doing a great job, Susan! Keep on keeping on!

**"Sunrises & Sunflowers Speak Hope"**  
is a great gift for yourself or someone you love!  
Look for it on my book page: [Amazon.com: Deanne Davis](https://www.amazon.com/dp/B07XJYJYJY)

Star of Wonder the CD is now on TuneCore! Take a look!  
Blog: [www.authordianne.com](http://www.authordianne.com)  
Follow me on Twitter, too! <https://twitter.com/playwrightdd>

**"A Tablespoon of Love, A Tablespoon of Laughter"**  
is also available on my Amazon book page.

## KATIE Tse....This and That



I hope you had an exciting, newsworthy week. Mine was fine, but couldn't be described using either of those adjectives. Shucks. Good thing I have my mom's friend, Florence, for times like these. Specifically Florence's daughter this week. Can't remember if I've written about her before. We'll call her Lori.

Lori, like Florence, goes in for thrills. She and Florence slid down that clear fiberglass slide attached to the outside of an LA sky scraper a few months ago. More recently, Lori and her husband did "Dinner in the Sky" in London.

For the uninitiated, including myself, Dinner in the Sky is everything the name implies. A group of about 20 people get strapped in at a table, served by harnessed chefs, all suspended from a crane 50 meters above the ground. If that doesn't get your taste buds revving, I don't know what will.

This was all the brainchild of Belgian companies Hakuna Matata and The Fun Group, the latter specializing in incorporating cranes into, you guessed it, fun. Like, "Amusement parks are fun, but they'd be so much more so with cranes!"

This duo has put on all sorts of exciting events at shockingly great heights above the pavement --weddings, corporate meetings, piano concerts, opera, poker games, even movie showings ('cause you know if you're prepared to splash out that kinda' cash, you can afford to look at the screen and not the view!).

One intriguing item involved French can-can dancers. I understand that the chefs are harnessed within an inch of their lives, and I assume the dancers would be, too. Not sure exactly how all that would work with spinning around, bending over, and kicking up your heels...

But as far as I know, Lori and her husband just did dinner. And really, at 50 meters, dinner should be enough of a thrill in itself. It does sound exciting, but at the end of the day, I'd say better her than me. My husband and I aren't big fans of heights, nor are we the kind of people who easily make small talk with strangers for hours at a time.

Of course this is the sort of event where you'd want to go with a big group of friends. But you wouldn't expect the kind of people who are intimidated by small talk to have a group of friends that size. All I can say is if you can afford to do this kind of thing, and you have a friend base who can afford to do it with you, you're all doing something right.

But it's not just the small talk I'd have a problem with. This arrangement brings up all sorts of possible snags. What if you have to go to the bathroom? What if you drop your fork? What if there are high winds that day? Heck, what if there's rain! I'm sure they plan for all these scenarios, but still.

Apart from all that, I'd say the biggest drawback to simply enjoying the experience would be the elaborate harness. "Dinner in the Sky" reassures us that safety is their top priority. That's reassuring. But at the same time, I don't know how comfortable it'd be to have all your movements constrained by straps and belts.

Maybe if I were to ever do something like this I'd practice at home first, with a couple belts strapped across my torso and interwoven through a dining room chair. At least the Dinner in the Sky chairs swivel. Maybe I'd use a computer chair.

But more likely not. Not only 'cause we don't have the money for that kind of stuff. Mostly just because we're introverts. And introverts by nature aren't thrill-seekers. At least none of the introverts I know.

\* Speaking of thrills, check out my novel, "A Year at Apex!" Just kidding, it's not a thriller. But it's got humor, romance, the human condition, and public education. Just the kind of thing that's perfect for you and the educator in your life. Paperback and ebook available on Amazon and Barnes & Noble.

## DINNER AT 30,000



Creative Arts Group presents

### The 8<sup>th</sup> Annual Scarecrow Festival

September - October in Sierra Madre

## The Scarecrows Are Coming

The shortened days and lengthening shadows portend the transition from summer into all things autumnal. Before the pumpkins are carved, the leaves are raked and the masquerade begins, crows begin to descend on our fair village and reside on low-hanging branches, on top of walls, and along fences in places high and low. A scourge to some, at Creative Arts Group we prefer to pay homage to these raucous ebony-winged messengers, inviting all Sierra Madreans to join in the festivities by creating scarecrows to be vigilant gate-keepers and take their place along the streets and alleys, in front of homes, businesses, schools, churches and shops. To that end Creative Arts Group is pleased to present the 8<sup>th</sup> Annual Sierra Madre Scarecrow Festival. Pertinent dates are as follows:

### IMPORTANT DATES

Please find important dates for this year's festival. For more information, to register and see past years scarecrow's please visit [www.creativeartsgroup.org/scarecrow-festival](http://www.creativeartsgroup.org/scarecrow-festival). Register online [creativeartsgroup.org/scarecrow-festival/workshop/](http://creativeartsgroup.org/scarecrow-festival/workshop/)

September 16 – Enter the Contest (be sure to have name & backstory ready) Register online [creativeartsgroup.org/scarecrow-festival/contest/](http://creativeartsgroup.org/scarecrow-festival/contest/)

October 1 – Voting begins. Online and printed Map/Ballots will be available October 4 – Kickoff Party at Creative Arts Group! (7 to 9pm) Join us to celebrate with refreshments, treats for kids & more

October 15 – Voting ends at noon

October 19 – Awards announced in Mt. Views News, [CreativeArtsGroup.org](http://CreativeArtsGroup.org) & facebook.com/creativeartsgroup.sierramadre

Sponsored By

Arnold's Frontier Hardware, Canyon Canine, Dilbeck Real Estate, GEM Plumbing, Kiwanis Club of Sierra Madre, Mountain Views News, Sierra Madre Chamber of Commerce

For more information visit [CreativeArtsGroup.org](http://CreativeArtsGroup.org) or call (626) 355-8350 Creative Arts Group, 108 N. Baldwin Ave. 91024

## CELEBRATE NATIONAL LIBRARY CARD SIGN-UP MONTH AT THE SIERRA MADRE PUBLIC LIBRARY

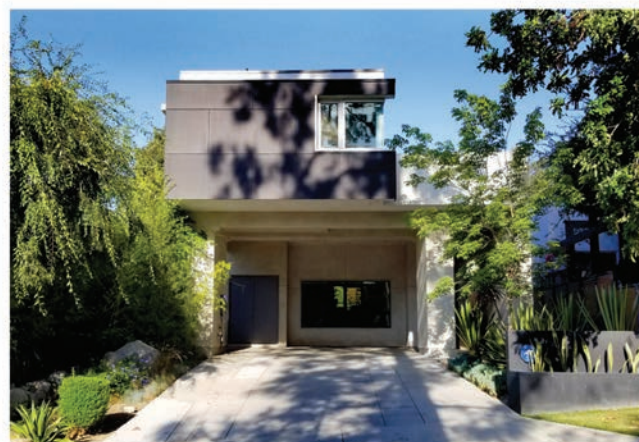


September is Library Card Sign-Up Month, and Sierra Madre is celebrating. Stop by for a visit and cool off among the stacks, find a Toy Story Character and get a treat at the front desk, and more. Events include Coffee Cupping with Jones Coffee, Saturday Morning Fever: Preschool Movement Program, College Scholarship Workshops and more!

The Sierra Madre Public Library saves our members over \$1,450,000 by providing books, tablets, robotics and more. Libraries are part of the sharing economy, which is good for your wallet, and for the environment.

Enjoy free, high-speed Wi-Fi Internet access, an oasis from the heat, and nourishment for your mind and soul.

## OPEN SAT 9/7 & SUN 9/8, 2-5P Sierra Madre



Built in 2014, this 2,793 s.f. modern-style home is a rare find on a quiet street north of Grand View Avenue. Set against the backdrop of the San Gabriel Mountains, this light and bright home features 3 en-suite bedrooms with luxurious bathrooms, a gourmet European kitchen, large rooftop patios, and grassy yard.

**319camillo.com**

List Price: \$1,650,000



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## Local Area News Briefs

### Police Release Bodycam Footage from Shooting

Pasadena police released Thursday bodycam footage related to an officer-involved shooting earlier in May. According to police, officers were called to the 1500 block of Glen Ave. around 6:30 p.m. May 17 after numerous calls to 911 of a man yelling gang slurs armed with a AK-47 and wearing a bullet proof vest.

Video shows, later identified Daniel Warren, pointing the weapon at officers and firing at least once. Warren died from injuries after officers returned fire. The case is under investigation. The video can be viewed at: [cityofpasadena.net](http://cityofpasadena.net).

### Colorado Street Bridge Suicide Mitigation Meeting

The city of Pasadena is set to hold a presentation and community input meeting on the Colorado Street Bridge Suicide Mitigation Enhancements Project September 26. "The purpose of the meeting is to present the project scope and schedule for the design of the vertical barrier on the Colorado Street Bride, and gather comments and ideas," city staff said.

The meeting will be held from 6:30 p.m. to 8p.m. at Pasadena City Hall in the Council Chambers 100 North Garfield Ave. Room S249. For more information call (626) 744-6771 or e-mail: [ColoradoStBridge@cityofpasadena.net](mailto:ColoradoStBridge@cityofpasadena.net).

### City's New Policy on Animals

City Manager Steve Mermell announced last week that the city had adopted new policies on where animals cannot go. Only service animals are permitted to enter community and neighborhood centers, public libraries, City Council Chambers, and portions of City Hall and the Hale Building designated for public meetings he said.

Under the ADA, a service animal is defined as a dog that has been individually trained to do work or perform tasks for an individual with a disability. The task(s) performed by the dog must be directly related to the person's disability.

For more information visit: [ada.gov](http://ada.gov) search: service animals.

### Espress Yourself Coffee Kiosk Closes

Announced by Michelle Perera, Director of Libraries and Information Services last week, the Espress Yourself Coffee Kiosk in the Pasadena Central Library courtyard closed on Friday, August 30.

Owners, Richard and Jennifer Hawthorne are retiring to Arizona.

"Library staff is well aware that this service is something that is enjoyed by those in neighboring office buildings, and as a result, future Coffee," staff said.

Kiosk service at Central Library is currently being explored they said.

Library staff is working with the City's Real Propeliy Manager to find a new vendor that will meet the needs of the City moving forward.



## Super Scoopers Return to LA County

By Dean Lee

Although fire season is really all year in the foothills above Altadena, Pasadena, last week, two Canadian CL-415 Super-Scoopers returned to LA County for the 26th year to help fight fires. They will be on loan for 90 days.

The Scoopers carry 1,600 gallons of water, at one time, and can reload in 12 seconds to extinguish fires rapidly.

LA County Fire Chief Daryl Osby said there are three areas in the county they can pick up water from, the closest to Pasadena is in Pomona.

"From here [Van Nuys Airport] that is maybe a 15 minute flight to pickup the water," he said.

Osby also said that although it is a 90 day lease, "But then

after that, we will make a determination related to fire behavior and fire weather. We can extend the lease."

Supervisor Kathryn Barger said many people ask why LA County does not just purchase them.

"This is something that is not the only tool we have in our toolbox as it relates to fighting fires. This emphasizes our efforts during what we have determined the height of the fire season in LA County."

Barger said the county just bought two firefighting capable Firehawks, "they will be coming online next year and will be available."

Along with the Super-Scoopers, Canada also provides the pilots and technical crews

for the aircrafts.

Osby also said they cannot do this alone, "we are asking you [residents] to partner with us... have proper brush clearance. You need to know what to do in advance of a fire and that if you are asked to evacuate, you evacuate."

He said for more information on what to do goto: [fire.lacounty.gov](http://fire.lacounty.gov).

## Free Flu Vaccinations

Offered by Pasadena Health Department

Fight the flu by getting a free flu shot. The influenza vaccine will be provided by Pasadena Public Health Department at various locations throughout the city on a first-come, first-served basis while supplies last.

The vaccine will be available to everyone ages six months and older at no cost. Minors must be accompanied by a parent or guardian. Remember to wear short sleeves. Dates and times of the free flu clinics are listed below. For more details, call (626) 744-6121 or visit [www.cityofpasadena.net/public-health](http://www.cityofpasadena.net/public-health).

Wednesday, Oct. 16  
2 - 4 p.m., Robinson Park Recreation Center, 1081 N. Fair Oaks Ave.

Wednesday, Oct. 23  
10 a.m. - noon, Villa-Parke Community Center, 363 E. Villa St.

Thursday, Oct. 24  
2 - 4 p.m., Santa Catalina Branch Library, 999 E. Washington Blvd.

Wednesday, Nov. 6  
10 a.m. - 2 p.m., Pasadena Senior Center, 85 E. Holly St.

NOTE: Pre-registration required for this clinic. Call (626) 795-4331 for details.

Thursday, Nov. 7  
10 a.m. - noon, Allendale Branch Library, 1130 S. Marengo Ave.

Thursday, Nov. 14  
2 - 4 p.m., La Pintoresca Branch Library, 1355 N. Raymond Ave.

Different types of influenza viruses can spread through the community during flu season. The Centers for Disease Control and Prevention (CDC) recommends that everyone ages six months and older get vaccinated annually to protect against the most common types of influenza viruses.

High-risk groups more susceptible to severe influenza complications include seniors 65 and older, pregnant women, and people with chronic medical conditions such as asthma and diabetes, according to Dr. Goh.

Free vaccines will also be available at the health department's Travel & Immunization Clinic, 1845 N. Fair Oaks Ave. Call (626) 744-6121 for hours and availability.

## Equestrians Set to Ride in 2020 Rose Parade



The Pasadena Tournament of Roses announced Wednesday 17 equestrian groups to ride in the 131st Rose Parade themed "The Power of Hope."

Equestrians participating in the Rose Parade showcase a variety of breeds as well as unique tack and costumes. All riders must have previous parade riding experience. In addition to riding in the five and a half mile-long Rose Parade route on Wednesday, January 1, these equestrian groups are invited to take part in Equestfest presented by Wells Fargo, which will take place on Sunday, December 29, at the Los Angeles Equestrian Center. During Equestfest, groups perform trick riding, drills, dancing and roping skills, and attendees can walk through the stables and speak with the riders.

The equestrian groups selected are (listed alphabetically):

- 1st Cavalry Division Horse Cavalry Detachment (Fort Hood, Texas)
- Arabian Horse Association (Sierra Madre, California)
- Blue Shadows Mounted Drill Team (Castaic, California)
- Budweiser Clydesdales (St. Louis, Missouri)
- Buffalo Soldiers Mounted Cavalry Unit (BSMCU) (Mojave, California)
- Express Clydesdales (Yukon, Oklahoma)
- Horsewomen of Temecula Wine Country (Temecula Eq-Wine Riders)
- Knott's Berry Farm (Buena Park, California)
- Los Hermanos Banuelos (Altadena, California)
- Mid America Cowgirls Rodeo Drill Team (New Buffalo, Michigan)
- Mini Therapy Horses (Calabasas, California)
- Painted Ladies Rodeo Performers (Roseville, California)
- Rural Media Group (Gretna, Nebraska)
- Scripps Miramar Ranch (San Diego, California)
- Spirit of the West Riders (Leona Valley, California)
- USMC Mounted Color Guard (Barstow, California)
- The Valley Hunt Club (Pasadena, California)

The Tournament of Roses is a volunteer organization that hosts America's New Year Celebration with the Rose Parade presented by Honda, the Rose Bowl Game presented by Northwestern Mutual and a variety of accompanying events. 935 volunteer members of the association will drive the success of 131st Rose Parade themed "The Power of Hope," on Wednesday, January 1, 2020, followed by the 106th Rose Bowl Game. For more information, visit: [tournamentofroses.com](http://tournamentofroses.com).

## The Huntington Updates Name, Adds 'Museum'

The institution formerly known as The Huntington Library, Art Collections, and Botanical Gardens announced today that it has changed its name to The Huntington Library, Art Museum, and Botanical Gardens. The change from "collections" to "museum" was made to more accurately describe the institution's mission and programs, said Huntington President Karen R. Lawrence.

"Our art collections are more than a group of catalogued objects; they are carefully curated, interpreted, and exhibited for scholarship, education, and the broader public," Lawrence said, making the announcement at today's Centennial Celebration launch event at The Huntington. "An

added benefit to this change is that we become more discoverable, particularly in online searches. This is important as we work to widen our audiences and accessibility."

The name change takes effect immediately, rolling out as a part of The Huntington's Centennial Celebration, a yearlong series of exhibitions, public programs, and new initiatives running from now to September 2020. See Page 3 for more.

The Huntington Library, Art Museum, and Botanical Gardens is a collections-based research and educational institution serving scholars and the general public. More information about The Huntington can be found online at [huntington.org](http://huntington.org).



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For more information visit [CreativeArtsGroup.org/scarecrow-festival](http://CreativeArtsGroup.org/scarecrow-festival)

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# AROUND SAN GABRIEL VALLEY

## BREEDERS' CUP RETURNS TO SANTA ANITA DEL MAR ENDS GREAT MEET

By Joan Schmidt

So much news! Del Mar's 36 Day Meet ended with no fatalities. Flavien Pratt was top jockey with 42 wins; Drayden Van Dyke, 32; Abel Cedillo, 25; Joe Talamo, 23; Ruben Fuentes, 22; Rafael Bejarano, 19; Victor Espinosa, 16; and Apprentice Jorge Velez, 14.

During this Meet, there were several exciting Stakes Races. Flavien won on Encoder, Square Deal, and my favorite, Vasilika; Drayden won on Bast. Victor won the \$300,000 Bing Crosby Stakes. Exactly one year ago, he broke his neck, and was almost paralyzed during training. Victor's determination and hard rehab enabled his return. Many thought he'd retire, but Victor is not a quitter and still donates a percentage of his earnings to the City of Hope Pediatric Cancer Research.

During the Meet, Johnny Velazquez and Joel Rosario came from back East and won some important races. We were happy to see Norberto Arroyo win on Nucky in the Del Mar Futurity on closing day. Congrats to trainer, Peter Miller.

Friday, September 6, begins the Fairplex Thoroughbred Meet at Los Alamitos. Races begin at 1pm, Fridays-Sundays; closing day, September 22. Then Santa Anita opens Friday, September 27 - Sunday, November 3. Please visit [www.santaanita.com](http://www.santaanita.com)

The Breeders' Cup returns to Santa Anita, Friday, Nov. 1 and Sat. Nov. 2! Can you believe General Admission tickets are being offered for both days, November 1 and 2? You can go online in advance: Friday is \$15; Saturday, \$25. You do not receive a ticket for a seat, but have accessibility to the Infield and Apron. It's going to be an exciting series, with top jockeys and horses from not only the United States, but the whole world! Please visit [www.breederscup.com/tickets](http://www.breederscup.com/tickets). Also there are still some very good seats available in addition to the General Admission Tickets.

The Breeders' Cup features 14 Championship Races worth \$30 million in purses and awards. Its return to Santa Anita is a record 10<sup>th</sup> time. In addition to the races, Clockers Corners is open in the AM for a fabulous breakfast and see some horses work out! See you there.

From The Monrovia City Manager

### ARCADIA'S EXPERIENCE PORTENDS A SIGNIFICANT FUTURE ISSUE WITH PASADENA HUMANE SOCIETY, AS COST INCREASES OF NEARLY 600% ARE BEING PUSHED ONTO CONTRACTING AGENCIES!

Just a quick FYI on an animal control topic currently brewing ... there is a lot of angst in the San Gabriel Valley regarding the way in which the Pasadena Humane Society (PHS) is approaching their planned implementation of significant rate increases for animal control services. Currently, Monrovia isn't impacted by the possible changes, as our existing contract with PHS locks in our existing cost structure (~\$120k / year) for the next two years through 2021. However, we should begin thinking about how to address this issue now, especially given the experience that other jurisdictions have been subject to.

The latest example of the issues associated with working with PHS comes from Arcadia. My understanding is that Arcadia has had two meetings with PHS which were both contentious, and in both instances, PHS had trouble addressing very basic questions related to significant planned cost increases.

How significant, you ask?

Well... how about a 578% cost increase?

It appears that Arcadia has historically been paying around

\$90k / year to PHS for animal control services. Without any detailed explanation, PHS is now telling Arcadia that the exact same service level will now cost around \$525k / year!

From \$90k / year to \$525k / year! In one year!

PHS has been rolling this new cost structure out to other contracting agencies in the SGV, and La Canada and Bradbury were the first two cities to address this issue with PHS during the past few months. Those jurisdictions, like Arcadia, reported that the PHS has been employing a negotiating approach that is short on details regarding why costs are increasing so dramatically.

All of this points to a need to begin looking at alternate options. Unfortunately, when it comes to animal control, there are not many other service providers to contract with (LA County is basically the only other option available), and given that factor, a number of cities are now talking about meeting to discuss possible response options, including a separate regional animal control JPA. With the cost structure being proposed by PHS, it could likely make financial sense to move in that direction, and there are currently staff level conversations being planned with several cities, including Arcadia, La Canada, Bradbury, Sierra Madre, South Pasadena, San Marino, Pasadena, and Monrovia.

We will be certain to keep everyone apprised of our efforts moving ahead!

## SEPTEMBER IS PEDESTRIAN SAFETY MONTH

September is Pedestrian Safety Month and California continues to see more and more pedestrians getting injured or killed on roads. In 2016, 867 pedestrians were killed and more than 14,000 injured in California alone. A report (external GHSA PDF link) released earlier this year by the Governors Highway Safety Association (GHSA) projected that more than 6,200 pedestrians were killed in the United States last year, the highest number since 1990.

Despite advancements in vehicle technology that increase the chance of survival for drivers and passengers in crashes, pedestrians face the same amount of risk of getting seriously injured or killed when struck by a vehicle.

Steps drivers and pedestrians can take to keep everyone safe:

#### For Pedestrians

Look left-right-left before crossing the street. Watch for cars turning and obey traffic signals.

Only cross the street in marked crosswalks, preferably crosswalks at stop signs or signals.

Avoid distractions. Stay off the phone while walking.

Make eye contact with drivers. Don't assume drivers can see you.

Be seen. Wear bright clothing during the day and use a flashlight at night.

Always walk on the sidewalk. If there is no sidewalk, walk on the shoulder, facing traffic and as far away from cars as possible.

Do not walk near traffic after drinking or using drugs that affect judgment and coordination.

#### For Drivers

Follow the speed limit. The higher the speed, the longer it takes to stop.

Never drive distracted or under the influence of alcohol and/or drugs.

Look out for people walking, especially at night and in poorly lit areas.

Pedestrians have the right of way at crosswalks even if they are not at a stop sign or signal. Prepare to stop when a pedestrian enters a crosswalk.

Avoid blocking the crosswalk when attempting to make a right-hand turn.

Be careful backing up and leaving parking spaces in shopping centers with heavy foot traffic.



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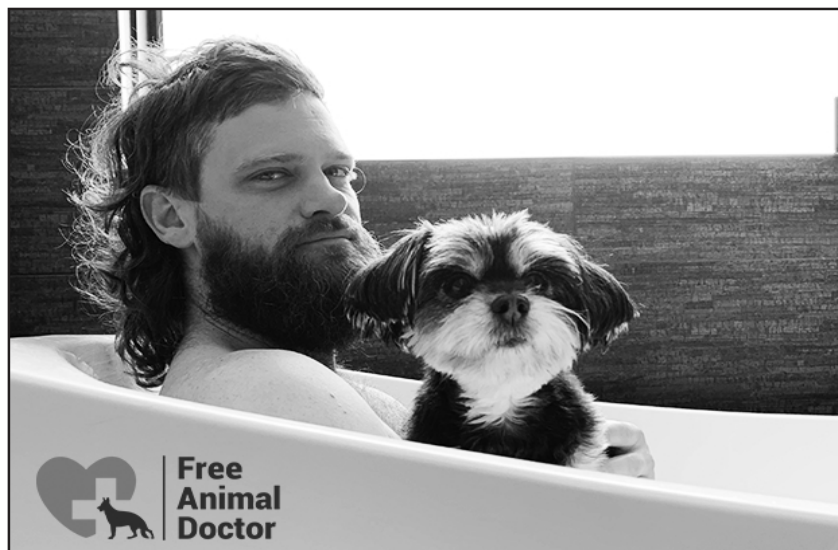
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## Cooling Centers Open During Extreme Weather

South Pasadena offers two places to keep cool during the hottest days of late summer and early fall.

The South Pasadena Senior Center is available from 8 am to 5 p.m., Monday through Friday, and the South Pasadena Public Library will be a second place of refuge Mondays-Thursdays 10 am - 6 pm; Fri. 11 am - 9 pm; Sat. 10 am-5 pm; Sun. 1 pm- 5 pm.

Seniors in particular face challenges when it comes to staying safe during hot days. These challenges range from health conditions that increase sun sensitivity to more fragile skin. These conditions can put an older adult at higher risk of heat-related illnesses such as sun poisoning and heat stroke. It's important to take steps to avoid dehydration by maximizing fluid intake, avoid caffeinated beverages,



monitor medication side effects, schedule outdoor time wisely, and wear loose fitting clothing.

In 2006 the City's Senior Citizen's Commission adopted a "Cooling Center" policy to safeguard the older adults of the community when the temperature reaches 96 degrees or higher. For additional information contact the South Pasadena Senior Center at (626)403-7360

## South Pasadena To Host Housing Workshop Series

Owners of multi-unit properties, homeowners, tenants and all interested residents are invited to participate in a series of workshops in September on proposed housing policy initiatives being developed by the City.

The workshops will each cover three different housing-related topics under consideration for policy changes: tenant protections; accessory dwelling units (ADUs); and inclusionary (or affordable) housing policies.

The topics/dates/location are:

Tenant Protections: Thursday, Sept. 12 at 7 p.m. in the Library Community Room.

This workshop will address two proposed tenant protection measures: relocation fees for displaced renters and a rental property inspection program.

Accessory Dwelling Units (ADUs): Tuesday, Sept. 17 at 7 p.m. in the Library Community Room.

This workshop will address potential changes to the municipal code regarding accessory dwelling units, also known as "granny flats," including the minimum lot sizes needed for ADUs, parking requirements and more.

Inclusionary Housing: Tuesday, Sept. 24 at 7 p.m. in the Library Community Room.

The topic of the final workshop in the series will be inclusionary housing, including affordable housing requirements for developers.

The Library Community Room is located at 1115 El Centro St. in South Pasadena.

For more information call (626) 403-7200.

## San Marino and 'Ring' Partner for Subsidy Program



San Marino announced its partnership with Ring and details for the upcoming launch of a join subsidy program that will provide discounts for local residents who wish to purchase select home security devices. With funds approved by the San Marino City Council along with matching funds from Ring, the \$20,000 program will enable 200 verified San Marino residents to receive a \$100 discount code to use towards the purchase of select Ring security devices. The subsidy program will kick off with a launch event on Monday, at the Crowell Public Library - Barth Room where eligible residents may attend in-person and

participate in the program on a first-come, first-served basis.

Please note that the subsidy device is limited to one per household on a first come, first served basis. Credit card payment only. Please bring valid ID and a copy of a recent utility bill.

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## ARCADIA - MONROVIA - DUARTE

### ARCADIA POLICE BLOTTER

For the period of Sunday, August 25<sup>th</sup>, through Saturday, August 31<sup>st</sup>, the Police Department responded to 1,007 calls for service, of which 124 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, August 25:

- Shortly before 2:13 p.m., an officer responded to a residence in the 300 block of Fairview Avenue regarding a mail theft report. Surveillance footage revealed unknown suspects drove up to the victim's mailbox in a light colored Honda Civic and stole the victim's mail. The investigation is ongoing.
- At approximately 6:38 p.m., an officer responded to Extended Stay, 401 East Santa Clara Street, regarding a grand theft report. An investigation revealed an employee of Residence Inn stole items from the victim's luggage while stored in her hotel room. The investigation is ongoing.

Monday, August 26:

- Just after 7:33 a.m., an officer responded to a residence in the 800 block of Fairview Avenue regarding a burglary report. The officer discovered an unknown suspect forced open the victim's locked carport storage unit and fled with the victim's camping supplies. The investigation is ongoing.
- At approximately 12:30 p.m., an officer responded to a residence in the 700 block of Pamela Circle regarding a residential burglary report. The officer determined unknown suspect(s) smashed numerous windows and glass doors before they activated the alarm. No loss was reported. The investigation is ongoing.

Tuesday, August 27:

- Around 8:25 a.m., an officer responded to Denny's, 7 East Huntington Drive, regarding a theft report. The manager of the restaurant witnessed the suspect order his meal, eat the omelet, and flee without paying. The 29-year-old male from Compton was arrested and transported to the Arcadia City Jail for booking.
- Just before 3:27 p.m., an officer responded to Springhill Suites, 99 North Second Avenue, regarding a fraud report. An investigation revealed the suspect, a 25-year-old female from Los Angeles, checked into the hotel under a false name and charged more than \$700.00 to the fraudulent credit card on file before being asked to leave. The investigation is ongoing.

Wednesday, August 28:

- At about 1:40 p.m., an officer conducted a traffic stop on a bicyclist in the area of Foothill Boulevard and Second Avenue for riding his bike on the sidewalk in a business district. An investigation revealed the subject was in possession of methamphetamine and drug paraphernalia. The 39-year-old male from Arcadia also had an outstanding warrant for his arrest. He was arrested and transported to the Arcadia City Jail for booking.

- Shortly after 7:00 p.m., an officer was dispatched to a residence in the 300 block of West Lemon Avenue regarding a vehicle burglary report. An investigation revealed an unknown suspect(s) smashed the front passenger side window of the vehicle and stole a duffle bag and camera. The investigation is ongoing.

Thursday, August 29:

- Just before 3:30 a.m., an officer conducted a traffic stop on a vehicle in the area of St. Joseph Street and Santa Anita Avenue for an equipment violation. An investigation revealed the driver was driving with a suspended license and she was in possession of methamphetamine. The 49-year-old female from Monrovia was arrested and transported to the Arcadia City Jail for booking.
- Just before noon, officers located suspects inside a stolen vehicle while patrolling the 1200 block of Baldwin Avenue. An investigation revealed the suspects were in possession of stolen checks and fraudulent credit cards. The driver also had four outstanding warrants for his arrest. The 29-year-old male from La Puente and the 25-year-old female from Fontana were arrested and transported to the Arcadia City Jail for booking.

Friday, August 30:

- At about 5:20 p.m., officers responded to a residence in the 200 block of Palm Drive regarding the report of a burglary. An investigation revealed two male suspects, wearing masks, entered the rear yard and smashed a glass door. The suspects ransacked the residence before fleeing the scene in a black sedan. The investigation is ongoing.
- Just after 6:00 p.m., officers responded to a residence in the 300 block of West Wistaria Avenue regarding the report of a burglary. An investigation revealed two male suspects entered the rear yard and smashed a sliding glass door. They entered the residence and stole several items before fleeing the scene in a black sedan. The suspects are described as male Blacks, wearing black hooded sweatshirts, black pants, black masks and blue gloves.

Saturday, August 31:

- Shortly after 1:00 a.m., an officer conducted a traffic stop on a vehicle at 7-Eleven, 102 East Huntington Drive, for expired registration. Upon making contact with the driver, the officer detected a strong odor of alcohol emitting from the driver. Through a series of tests, the officer determined the 37-year-old male from La Puente was driving under the influence of an alcoholic beverage. Further investigation revealed he was also driving with a suspended license and no proof of insurance. The vehicle was impounded and the subject was arrested and transported to the Arcadia City Jail for booking.

**Berkshire Hathaway HomeServices**

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Berkshire Hathaway Home Services

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CalBRE: 01243298

## Sierra Madre Kiwanis Club's Pancake Breakfast



**Saturday, September 21**  
**7:00 to 11:00 a.m.**  
**in Memorial Park**  
**\$6.00 donation**



**Bring your appetite!**



Help us fund our children's programs throughout the year. Our programs have helped thousands of children improve their quality of life in our community.

Look for our Kiwanis sponsored events throughout the year! Together we make a difference.

Proceeds to Benefit Kiwanis 2019-2020 children's programs. Proceeds from the event will help fund the Creative Arts Group "Imagine Art Program" benefiting the students of the Sierra Madre Elementary School.



**TABLE FOR TWO by Peter Dills**  
*thechefknows@yahoo.com*

NORTH STAR REACHES HASTINGS RANCH

Growing up in Athens, Greece gave me a strong fondness for Middle Eastern food. No matter if it's Lebanese, Greek, Armenian, or Turkish, if you can pronounce kebab, feta or babaganoush, I salute you! As you know by now I love neighborhood restaurants - heck you might say I am your neighbor! Today I visited Raffi's Grill in the Hastings Ranch area of Pasadena. I'll say this out of the gate that Raffi's is that little neighborhood restaurant that you wish was just down the street from you. Fortunately, if you're reading this in Sierra Madre it is!

You won't find belly dancers or people breaking plates here, just unassuming, clean, friendly service with honest, fresh, and good food. You might think by the murals decorating the walls that this is bare bones, but if you ask for a description of the murals our server can describe each on to a T. And, speaking of servers, our server Salpi is 100% Lebanese and I fondly remember her from the now-closed Burger Continental.

The kitchen is masterfully run by Sona Fournouzian. She is always in the kitchen, and if she not here well, the restaurant simply isn't opened. I was amazed how large the kitchen is considering the size of the dining room. I am told they do a big catering business and that makes sense.

Many happy are diners here and I am one of them. What to order? The Feast, of course! Go with a party of at least four people and you will feel like you are in someone's home. Try the tahini, hummus, or babaganoush as starters. Make sure you get the Greek Salad and ask for extra feta cheese. For entrees I suggest the kebabs, including lule and chicken. The real deal is the lamb chops - everyone at my table agreed that they were the "best" of the best. With so many good things to order, check it out today!!

Raffi's Pasadena: a true neighborhood discovery. No beer and wine. 3887 E Sierra Madre Blvd. Pasadena, closed on Mondays



CHRISTOPHER Nyerges DANGERS OF SECONDHAND SMOKE FROM MARIJUANA



I'm allergic to marijuana smoke. When I first smell it nearby, I think it's the smell of a skunk that got hit by a car. Then, I quickly realize, no, not a skunk, just someone getting high. If I see them, I walk over, and ask, politely, "Can you please go somewhere else? I'm allergic to your smoke." The first kneejerk reaction is nearly always, "Hey, it's legal." And my response, "I wasn't talking legal. I said your smoke is bothering me." And then, I often am able to add, "And how old are you? 16? I don't think it's legal for you, and I don't think it's legal to smoke in this public place," whereupon the person usually disappears in a huff.

I'm not a fan of getting high, or doing anything that impairs my ability to function and to think as clearly as possible. But that's a subject for another day.

If you wish to smoke marijuana, that's your business. However, just like non-tobacco smokers don't wish to have tobacco smoke in their breathing-air, non-marijuana smokers don't care for marijuana smoke either. Did you know that marijuana second-hand smoke has many risk factors, just like tobacco?

For example, secondhand marijuana smoke contains many of the same cancer-causing substances and toxic chemicals as second-hand tobacco smoke. Some of the known carcinogens or toxins present in marijuana smoke include: acetaldehyde, ammonia, arsenic, benzene, cadmium, chromium, formaldehyde, hydrogen cyanide, isoprene, lead, mercury, nickel, and quinoline. Marijuana smoke contains tetrahydrocannabinol (THC), the active chemical in cannabis, so, yes, "contact high" is a very real thing.

And there are specific health risks of exposure to secondhand marijuana smoke. Secondhand smoke from combusted marijuana contains fine particulate matter that can be breathed deeply into the lungs, which can cause lung irritation, asthma attacks, and makes respiratory infections more likely. Exposure to fine particulate matter can exacerbate health problems especially for people with respiratory conditions like asthma, bronchitis, or COPD.

Significant amounts of mercury, cadmium, nickel, lead, hydrogen cyanide, and chromium are in marijuana smoke. Three times the amount of ammonia is found in marijuana smoke compared to tobacco smoke.

In general, secondhand smoke from marijuana has many of the same chemicals as smoke from tobacco, including those linked to lung cancer, harmful cardiovascular health effects, such as atherosclerosis (partially blocked arteries), heart attack, and stroke. Tobacco is a legal drug, and no one has ever claimed that there are no detrimental health effects from smoking it. Now, it's the same with marijuana. Don't fool yourself and believe that there are no health effects from marijuana merely because the laws have been relaxed.

Just like non-tobacco smokers have a right to be free of smoke in public and work places, we should also insist upon that same condition with marijuana, legal or not. If you don't like marijuana smoke in your public atmosphere, just speak up. Ask the person to smoke elsewhere.

For the record, I am of the opinion that the excessive use of alcohol is far worse for the body and mind than marijuana, simply based on the totality of available evidence. The fact that alcohol is legal and will probably always be legal means that for you to suffer no harm, you have to take great personal responsibility for your own health -- the health of your mind and your body.

Thanks to the American Nonsmokers' Rights Foundation, from which many of these facts were derived.

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**Sierra Madre  
Fall Community Carnival  
& Pumpkin Patch**

**WHO** Sierra Madre city government, local businesses/organizations, and churches.

**WHEN** Pumpkin Patch: October 14th-31st  
Operating Hours: 12:30PM-7:30PM  
Carnival: Friday, October 25th  
Operating Hours: 4:00PM-8:00PM

**WHERE** Memorial Park  
222 W Sierra Madre Blvd  
Sierra Madre, CA 91024

**FOR** The entire Sierra Madre Community!

Here are some ways you can get involved:

- Booth Host: hosting a game/activity during our carnival
- Pumpkin Patch Shift Volunteer: taking a shift to host the pumpkin patch
- Food Vendor: providing food/snacks/drinks during our carnival
- General Sponsors: sponsoring funds for these events! Will be recognized.
- Other Volunteers: See a need not listed above? Reach out to us!

If you are interested, contact Jonathan Wee: [jwee@christchurchsm.org](mailto:jwee@christchurchsm.org)

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## ARCADIA UNIFIED'S KARALEE NAKATSUKA NAMED CALIFORNIA HISTORY TEACHER OF THE YEAR



ARCADIA-- Arcadia Unified history teacher Karalee Nakatsuka recently made her own history. Of the tens of thousands of history teachers throughout California, Nakatsuka, who teaches at First Avenue Middle School, was named the 2019 California History Teacher of the Year and top ten finalist for the National History Teacher of the Year award by the Gilder Lehrman Institute of American History. There was standing room only in First Avenue Middle School's auditorium on Friday, Sept. 6, as Nakatsuka's students, family, friends, and colleagues gathered to celebrate Nakatsuka for a ceremony in recognition of her esteemed accomplishment. Bouncing off the walls were roars of applause and cheers of support from a sea of green that filled the seats (Nakatsuka's favorite color and a color that represents her passion for frogs and frog-tastic puns).

"My mission as a U.S. History teacher is to educate the whole child by making history come alive so students learn the lessons of the past in order to inform the decisions of today and plan and prepare for tomorrow," said Nakatsuka while reflecting on this esteemed distinction in an award ceremony in her honor on Friday, Sept. 6 in First Avenue Middle School's auditorium which was bursting at its seams with. "In my classroom, my goal is to establish a climate and a culture that encourages my students to be critical thinkers, effective collaborators, life-long learners and empathetic, informed citizens who care and contribute to society."

The ceremony stage saw Arcadia Unified's Board of Education members and Superintendent Dr. David Vannasall as well as First Avenue Middle School Principal Dr. Semeen Issa, Arcadia Mayor April Verlato, and Gilder Lehrman Institute representative Jack Bareilles gathered together to share words, certificates, and other congratulatory tokens to celebrate Nakatsuka's commitment to her students, colleagues, and profession.

"Ms. Nakatsuka teaches important historical concepts in meaningful ways, opening the door for students to understand and engage with history and paving the way for rich conversation and interaction with the subject matter," shared Jack Bareilles, Gilder Lehrman Institute Representative, who made a trek all the way from Humboldt County to Arcadia to present Nakatsuka with her official certificate of recognition.

Nakatsuka has been an educator in Arcadia Unified since 1990. She earned a B.A. in American Studies at Occidental College and has a Social Studies Credential and Master of Education degree from the University of California, Los Angeles.

In conjunction with Nakatsuka's recognition, First Avenue Middle School will receive a \$1,000 honorarium as well as a core archive of American history books and Gilder Lehrman educational materials.

The Gilder Lehrman Institute's History Teacher of the Year Award program seeks to illuminate the crucial importance of history education by honoring exceptional American history teachers from elementary school through high school. The award honors one K-12 teacher from each state, the District of Columbia, Department of Defense schools and US Territories. Nakatsuka has advanced as a top ten finalist from the pool of state winners being considered for the National History Teacher of the Year Award. A national winner will be named in a couple of weeks Bareilles said during his speech.

The institute's National History Teacher of the Year will be presented with his or her recognition in New York City, scheduled for Oct. 2, 2019, and will be presented by John Avlon, Senior Political Analyst and anchor at CNN. In alignment with the prestige of the program, past ceremony presenters include the Honorable Sandra Day O'Connor, Good Morning America's Robin Roberts, First Lady Laura Bush, former US Secretary of Education Arne Duncan, and former New York City Mayor Michael Bloomberg.

Acclaimed teachers like Nakatsuka exemplify why Arcadia Unified was recently named in the top 1% of school districts with the best teachers in America, California, and Los Angeles by Niche.com. In correlation, Arcadia Unified was also named by Niche as being in the top 1% of the best school districts in America, California, and Los Angeles. For more about the Gilder Lehrman Institute, visit [gilderlehrman.org](http://gilderlehrman.org) and for more information on the Arcadia Unified School District, visit [ausd.net](http://ausd.net).

## SCHOOL DIRECTORY

Alverno Heights Academy  
200 N. Michillinda Sierra Madre, Ca. 91024  
(626) 355-3463 Head of School: Julia V. Fanara  
E-mail address: [jfanara@alvernoheights.org](mailto:jfanara@alvernoheights.org)

Arcadia High School  
180 Campus Drive Arcadia, CA 91007  
Phone: (626) 821-8370, Principal: Brent Forsee  
[bforsee@ausd.net](mailto:bforsee@ausd.net)

Arroyo Pacific Academy  
41 W. Santa Clara St. Arcadia, Ca,  
(626) 294-0661 Principal: Phil Clarke  
E-mail address: [pclarke@arroyopacific.org](mailto:pclarke@arroyopacific.org)

Barnhart School  
240 W. Colorado Blvd Arcadia, Ca. 91007  
(626) 446-5588  
Head of School: Ethan Williamson  
Kindergarten - 8th grade  
website: [www.barnhartschool.org](http://www.barnhartschool.org)

Bethany Christian School  
93 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-3527  
Preschool-TK-8th Grade  
Principal: Dr. William Walner  
website: [www.bcsllions.org](http://www.bcsllions.org)

Clairbourn School  
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San Gabriel, CA 91775  
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FAX: 626-286-1528  
E-mail: [jhawes@clairbourn.org](mailto:jhawes@clairbourn.org)

Foothill Oaks Academy  
822 E. Bradbourne Ave., Duarte, CA 91010  
(626) 301-9809  
Principal: Nancy Lopez  
[www.foothilloaksacademy.org](http://www.foothilloaksacademy.org)  
[office@foothilloaksacademy.org](mailto:office@foothilloaksacademy.org)

Frostig School  
971 N. Altadena Drive Pasadena, CA 91107  
(626) 791-1255  
Head of School: Jenny Janetzke  
Email: [jenny@frostig.org](mailto:jenny@frostig.org)

The Gooden School  
192 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-2410  
Head of School, Jo-Anne Woolner  
website: [www.goodenschool.org](http://www.goodenschool.org)

High Point Academy  
1720 Kinneloa Canyon Road  
Pasadena, Ca. 91107  
Head of School: Gary Stern 626-798-8989  
website: [www.highpointacademy.org](http://www.highpointacademy.org)

La Salle College Preparatory  
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(626) 351-8951 website: [www.lasallehs.org](http://www.lasallehs.org)  
Principal Mrs. Courtney Kassakhian

Monrovia High School  
325 East Huntington Drive, Monrovia, CA 91016

(626) 471-2800 Principal Darvin Jackson  
Email: [schools@monrovia.k12.ca.us](mailto:schools@monrovia.k12.ca.us)

Odyssey Charter School  
725 W. Altadena Dr. Altadena, Ca. 91001  
(626) 229-0993 Head of School: Lauren O'Neill  
website: [www.odysseycharterschool.org](http://www.odysseycharterschool.org)

Pasadena High School  
2925 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 396-5880 Principal: Roberto Hernandez  
website: <http://phs.pusd.us>

St. Rita Catholic School  
322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
Principal Joan Harabedian (626) 355-9028  
website: [www.st-rita.org](http://www.st-rita.org)

Sierra Madre Elementary School  
141 W. Highland Ave, Sierra Madre, Ca. 91024  
(626) 355-1428 Principal: Lindsay Lewis  
E-mail address: [lewis.lindsay@pusd.us](mailto:lewis.lindsay@pusd.us)

Sierra Madre Middle School  
160 N. Canon Sierra Madre, Ca. 91024  
(626) 836-2947 Principal: Garrett Newsom  
E-mail address: [newsom.garrett@pusd.us](mailto:newsom.garrett@pusd.us)

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Lisa Feldman: Head of School

Wilson Middle School  
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(626) 449-7390 Principal: Ruth Esseln  
E-mail address: [resseln@pusd.us](mailto:resseln@pusd.us)

Pasadena Unified School District  
351 S. Hudson Ave., Pasadena, Ca. 91109  
(626) 396-3600 Website: [www.pusd@pusd.us](http://www.pusd@pusd.us)

Arcadia Unified School District  
234 Campus Dr., Arcadia, Ca. 91007  
(626) 821-8300 Website: [www.ausd.net](http://www.ausd.net)

Monrovia Unified School District  
325 E. Huntington Dr., Monrovia, Ca. 91016  
(626) 471-2000  
Website: [www.monroviashools.net](http://www.monroviashools.net)

Duarte Unified School District  
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(626) 599-5000  
Website: [www.duarte.k12.ca.us](http://www.duarte.k12.ca.us)

Arcadia Christian School  
1900 S. Santa Anita Avenue Arcadia, CA 91006  
Preschool - and TK - 8th Grade  
626-574-8229/626-574-0805  
Email: [inquiry@acslions.com](mailto:inquiry@acslions.com)  
Principal: Cindy Harmon  
website: [www.acslions.com](http://www.acslions.com)

## FAMILY MATTERS

By Marc Garlett



### 3 ESTATE PLANNING CONCERNS FOR MARRIED, SAME-GENDER COUPLES

Now that same-gender couples can legally marry in all 50 states, more Americans than ever before are enjoying the rights and benefits that come with marriage. Estate planning is one arena where these new rights and benefits are readily apparent.

While the planning vehicles available to same-gender and opposite-gender married couples are generally the same, there are a few unique considerations those in same-gender marriages should be aware of. Here are three of the most important things to keep in mind.

Relying solely on a will is risky: For several reasons, putting a trust in place—rather than relying solely on will—is a good planning strategy for nearly everyone. Upon the death of one spouse, a will is required to go through the often long, costly, and conflict-ridden court process known as probate. However, assets passed through a trust go directly to the named beneficiaries without the need for probate.

What's more, a trust works in cases of both your death and incapacity, while a will only goes into effect upon death. Given this, it's usually best for those in any marriage to create trust based plans.

Don't neglect to plan for incapacity: Estate planning is not just about planning for your death; it's also about planning for your potential incapacity. Should you be incapacitated by illness or injury, it's not guaranteed that your spouse would have the ultimate legal authority to make key decisions about your medical treatment and finances.

Absent a plan for incapacity, it's left to the court to appoint the person who will make these decisions for you. Though spouses are typically given priority, this isn't always the case, especially if unsupportive family members challenge the issue in court. To ensure your spouse has the authority to make decisions for you, you must grant him or her medical power of attorney and financial power of attorney.

Medical power of attorney gives your spouse the authority to make health-care decisions for you if you're incapacitated and unable to do so yourself. By the same token, financial power of attorney gives your spouse the authority to manage your financial affairs. And be sure to also create a living will, so that your spouse will know exactly how you want your medical care managed in the event of your incapacity.

Ensure parental rights are protected: While the biological parent of a child in a same-gender marriage is of course automatically granted parental rights, the non-biological spouse/parent still faces a number of legal complications. Because the Supreme Court has yet to rule on the parental rights of non-biological spouses/parents in a same-gender marriage, there is a tangled, often-contradictory, web of state laws governing such rights.

To ensure the full rights of a non-biological parent, you may want to consider second-parent adoption. But, by using a variety of unique planning strategies, your Personal Family Lawyer can provide non-biological, same-gender parents with nearly all parental rights without going through adoption. Using our Kids Protection Plan®, couples can name the non-biological parent as the child's legal guardian, both for the short-term and the long-term, while confidentially excluding anyone the biological parent thinks may challenge their wishes.

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ensuring a legacy of love and financial security for your family by calling 626.355.4000 or visit [www.GarlettLaw.com](http://www.GarlettLaw.com) for more information.

### USC TROJAN AFFILIATES POP UP SALE

USC Trojan Affiliates invites the community to attend its second annual USC Merchandise Pop Up Sale on Saturday, October 5, 2019 at 929 Buena Vista Street, South Pasadena, from 10:00 a.m.-2:00 p.m.

A wide assortment of merchandise will be available at very discounted prices. There will be clothing, items for the home and garden, and collectibles available.

For further information contact Aleta Blanc at [aleta.blanc@gmail.com](mailto:aleta.blanc@gmail.com)



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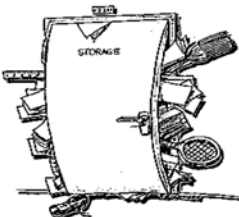
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See more pictures and adoption information at [www.lifelineforpets.org](http://www.lifelineforpets.org), at the "More Cats" tab & scroll down, or call 626-676-9505.



Vader & Leia  
626-329-3968  
[lifelineforpets.org](http://lifelineforpets.org)

## Pet of the Week

Get ready to fall in love! Carmel is that happy, joyful dog that reminds us, Life is Good! Fun lovin', playful 2-year-old Carmel, is a "glass is half full" personality, eager to greet each day with excitement. Sweet and affectionate, she's got laser focus and aims to please. She also has an infinite amount of love to give and dreams that her forever home might have a little "kiddie" pool. Happiness is seeing Carmel splash around! Grab your towel and dive into love with Carmel!

The adoption fee for dogs is \$140. All dogs are spayed or neutered, microchipped, and vaccinated before going to their new home.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

View photos of adoptable pets at [pasadenahumane.org](http://pasadenahumane.org). Adoption hours are 11 a.m. to 4 p.m. Sunday; 9 a.m. to 5 p.m. Tuesday through Friday; and 9 a.m. to 4 p.m. Saturday.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.



## LOOKING FOR A BEST FRIEND?

**Rusty** is a sweet 7 1/2-year-old American Staffy gentle pooch with a smooth dapper chocolate coat, a dignified furrowed brow, and a distinguished silver face. This 53-pound Staffy is incredibly sweet, loving and is very easy going. Rusty is great on walks and is a breeze to groom. He's a favorite of our volunteers and spends a lot of time in our yards. See Rusty in action here - <https://youtu.be/gP9c8R9m3Ms>. When he isn't chilling out with our volunteers, he loves playing with his favorite toy... tennis balls! This clever boy's paw action with tennis balls is amazing, he can use his paws to grasp and hold the ball as he plays with it like a pro. If you're a loving and devoted family looking to add a fur member to your home then please give Rusty a chance! Adoption fee is \$145, which includes neuter surgery, microchip, first vaccinations and a free wellness check-up at a participating veterinarian.



## WALK'N THE DOGS & MORE

PET SITTING OF ALL KINDS  
DOG WALKS

30 Minutes \$18 45 Minutes \$23

MORNING & EVENING DOG VISIT & WALK

\$20 Per Visit includes Feeding & Walk \*Without Walk \$15 per visit



PET VISIT \*Cats, Birds & Reptiles

Feeding, Litter and Belly Rubs \$12.50

PET SITTING

\$15.00 First Hour (Includes Feeding) \$12.50 Medications \$5 extra



**626-590-4689**

email: [walknthedog9@gmail.com](mailto:walknthedog9@gmail.com)

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# You Are NOT Alone in Your Journey

COME AND JOIN OUR FREE SUPPORT GROUP

## ALZHEIMER'S CIRCLE OF SUPPORT

Open to the community for family and friends of those with memory impairment. We share information, resources, and guidance on coping with the issues.



**Lisa Bricker** is a Certified Life Coach and a family caregiver for her husband Gary who at age 63 was diagnosed with early onset Alzheimer's 6 years ago. As someone who knows and lives this long journey firsthand, Lisa compassionately brings guidance and support in "real-time" for family caregivers seeking balance, empowerment and inspiration.

Lisa is a long standing Professional Certified Coach (PCC) with the International Coach Federation with over 25 years of experience. She was on the Coaching Faculty for the Executive MBA Program for Loyola Marymount University and is also actively involved here in our local community focusing on senior services and Alzheimer's Los Angeles where she serves on the Public Policy Committee, Programs Committee, Speaker's Bureau and is helping to foster dementia friendly communities in the San Gabriel Valley.

### EVENT DETAILS

2ND & 4TH MONDAY OF EVERY MONTH  
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## HOME SHARING PROGRAMS CAN HELP SENIORS FIND RENTERS

Dear Savvy Senior:

What can you tell me about senior home sharing programs? I'm 76-years-old and am interested in renting out a spare room in my house for extra cash and for some help around the house. Senior Homeowner

Dear Senior:

Renting out a spare room in your house is a great way to generate some extra income and even get some help with chores around the house. To find a good fit, older homeowners often turn to "home sharing programs" that will match an empty nester with someone needing affordable housing.

But be aware that home sharing isn't for everyone. You need to carefully consider the pros and cons of renting out a spare room in your house and make a list of what you want and don't want in a housemate/renter.

To help you figure this out visit [SharingHousing.com](http://SharingHousing.com), a website dedicated to understanding home sharing and which offers a guide and workbook (\$25) to help you find and choose a good housemate.

**Finding a Match**

If you decide to proceed in finding a housemate/renter, your first step is to seek out a home sharing program in your area.

Home sharing programs, usually non-profits, screen both homeowners and renters. They check references, handle background checks and consider lifestyle criteria when making matches. They can also help you with the leasing agreement that the renter would sign that covers detailed issues like smoking, pets, chores, overnight guests, use of common rooms, quiet hours, etc.

Most home sharing programs are free to use or request a small donation. Others, however, may charge the homeowner and potential renter a fee for this service. To look for a home sharing program in your area visit the National Shared Housing Resource Center website at [NationalSharedHousing.org](http://NationalSharedHousing.org).

**Other Options**

If you don't find a program that serves your area, you can also search for housemates through an online home sharing service like [Silvernest.com](http://Silvernest.com) or [SeniorHomeshares.com](http://SeniorHomeshares.com).

These sites work more like online dating sites that require homeowners and home seekers to fill out a profile. Once a match is made, you'll be responsible for contacting and interviewing prospective renters and making the final agreement.

If you don't have any luck with any of these home sharing sites, put a call in to your Area Agency on Aging (call the Eldercare Locator at 800-677-1116 for contact information) who may be able to offer assistance or refer you to local agencies or nonprofit organizations that offer shared housing help.

You can also check with your local senior or community center, or local church you attend to see if you can post an ad on their bulletin board or in their newsletter. Or, you can advertise in your local newspaper or online at [Craigslist.org](http://Craigslist.org), [SpareRoom.com](http://SpareRoom.com) or [RoomMates.com](http://RoomMates.com).

If you find someone on your own that you're interested in renting to, ask the prospective renter to fill out a rental application (see [RentalLeaseAgreement.org](http://RentalLeaseAgreement.org) to download and print one for free) and run a tenant screening and background check, and then call their references. Tenant screening/background checks can be done for free at [Naborly.com](http://Naborly.com).

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit [SavvySenior.org](http://SavvySenior.org). Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.



# The Four Seasons Tea Room

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Enjoy Summer Tea in our Patio!

75 N. Baldwin Ave., Sierra Madre, CA 91024  
Please call for Reservations (626) 355-0045

# SENIOR HAPPENINGS

## HAPPY BIRTHDAY! .... September Birthdays

Clem Bartolai, Pat Hall, Donna Anderson, Teresa Chaure, Cathy Gunther, Esther Macias, Sheila Pierce, Nancy Sue Shollenberger, Patti O'Meara, Judie Cimino, Mary Steinberg, Geri Wright, Parvin Dabiri, Denise Reistetter and Nehama Warner.  
\* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required

## HART PARK HOUSE MONTHLY PROGRAMS:

Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre



**Hawaiian & Polynesian Dance Class:** Every Tuesday Morning from 10:00 a.m. - 11:00 a.m. Join the class with Instructor Barbara Dempsey as she leads you in the art of Hula!

**Bingo Time:** Every Tuesday beginning at 1:00 p.m. Cards are only \$0.25 each! Everyone is welcome to play! Activity may be canceled if there are less than five people.

**Free Blood Pressure Testing:** 2nd Tuesdays Monthly from 11:00 a.m. - 12:00 p.m. No appointment is necessary.

**Brain Games:** Every third Thursday of the month at 12:45-1:45pm Join us for Scattergories, a creative thinking game by naming objects within a set of categories; or Jenga, a block-building challenge that keeps you stacking and balancing your tower. Everyone is welcome, and no experience is needed. A great way to strengthen your mind and make new friends... Games are facilitated by Senior Volunteers. *Will Resume in September 2019*

**Free Legal Consultation:** Wednesday, August 14th from 10:30 a.m. - Noon. Attorney Lem Makupson is available for legal consultation. Specializing in Family Law, Wills, Trusts, Estates and Injury. Please call the Hart Park House for an appointment, 626-355-5278 ext. 704.

**Senior Club:** Meets Saturdays, Weekly at Hart Park House Brown Bag Lunch, great company and bingo at 11:30 a.m.

**Chair Yoga:** Mondays & Wednesdays 11:00 - 11:45 a.m. with Paul Hagen. Classes include Yoga and balance exercises. All ability levels are encouraged and welcomed!

**Birthday Celebration:** Every 2nd Thursday Monthly at the Hart Park House. Share free birthday cake and ice cream jointly provided by the Senior Community Commission!

**Game Day:** Every Thursday Monthly 12:00 Noon come into the Hart Park House and join a lively poker game with friends!

**Free Strength Training Class:** Fridays 12:45 p.m. - 1:30 p.m. with Lisa Brandley, light weights, low impact resistance training and body conditioning. Class equipment provided.

**Gentle Yoga for Active Seniors:** Every Monday & Wednesday from 8:15 - 9:45 a.m. with Andrea Walsh at the Hart Park House. Classes include complete floor relaxation, standing and floor postures, balancing, and featuring extended meditations on the fourth Wednesdays of the month! Call (626)-355-5278 for more information.

**August Craft with Lauren**—August 19th 12:30 p.m.-1:30 p.m.  
Come on into the Hart Park House Senior Center and create one of a kind tea cup bird feeders. Paint a design of your desire or use one of several stencils that will be available for use. Then we will glue the two sections together and attach a chain or twin to hang from your favorite tree or display at your favorite outdoor seating area.  
8:30 a.m.-5:30 p.m. Senior Cinema - 1st & 3rd Wednesday Beginning at 1:00 p.m.

## SEPTEMBER EXCURSION

Los Angeles County Fair (Pomona) September 18, 2019 \$10.00  
10:45 a.m. - 5:00 p.m. Maximum 47 Participants

- Level of Walking: High
- Participants should bring money for lunch and souvenirs (optional)...
- Must be 60 years or older
- Must present I.D. at the gate.

The Los Angeles County Fair is an annual event, one of the largest county fairs in all the U.S. Fair attendance has topped one million people every year with the exception of 1948. It is the 4th largest in the country serving as the premiere destination for visitors to engage in all kinds of activities including rides, animal shows, sumptuous food, music, concerts, and much more.  
\*\*\*Resident and non-resident registration Now Open \*\*\*  
Last day to register is Monday, September 16, 2019.

## SENIOR CINEMA - 1st & 3rd Wednesday 1:00 pm

**September 4th "Men In Black, International"** PG-13; 1 hr. 54 min.  
The Men in Black have always protected the Earth from the scum of the universe. In this new adventure, they tackle their biggest threat to date: a mole in the Men in Black organization.

**September 18th "Breakthrough"** PG; 1 hr. 57 min.

After a 14-year-old falls into a frozen Missouri Lake, his adoptive parents refuse to give up hope on their son, lying unconscious in a hospital bed. The boy's mother prays intensely and inspires others to pray for him too, as she asks God for a miracle in this true story.

## MEALS - ON - WHEELS PROGRAM

The Home Delivered Meals Program provides healthy meals to homebound Seniors 60 and above. Seven frozen meals, milk, bread and fruit are included and delivered once a week. \$3 Donation per meal is suggested but remains completely anonymous and voluntary. Clients must be eligible and we invite you to contact YWCA Intervale Senior Services at 626-214-9467. SUBJECT TO CHANGE WITHOUT NOTICE SUGGESTED DONATION \$3.00 1% LOW FAT MILK INCLUDED

## OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

## THE PARSONAGE KITCHEN SHUTDOWN THREAT

A certain situation has been building in the Parsonage for the last several months. At first, I did not think it too serious but alas, we have reached a terrible impasse. Quite frankly, I'm not exactly sure what to do.

It started a few months ago when I came home, walked into the house and was hit in the face so hard I almost passed out. At the time, I was hoping I would pass out, but no such luck.

I think everybody knows what it is like to be hit unexpectedly by something you do not actually expect. I guess that is why it is called unexpectedly. It happened to me and I am not sure I am over it yet.

Even though I have been married 48 years, of which most has been happily, I did not see this one coming. Just when you think you have your spouse figured out, they do something off the radar. Every husband knows exactly what I am talking about.

This makes it hard to buy Christmas and birthday presents. What they liked last year is not what they like this year. I remember buying my wife a watch one year for Christmas. She was so delighted that for the next four years I bought her a watch for Christmas. I do not hit the relationship lotto that often. How was I supposed to know she only wanted one watch!

I think we hit one of those impasses.

Walking into the house, I was hit with the horrific smell of broccoli cooking on the stove. I do not know if you ever smelled such a smell, but if you are not prepared for it and even if you are, it can smack you in the face like you have never been smacked in the face before.

When I came to myself and gathered what little composure I could find, I queried the Gracious Mistress of the Parsonage who was in the kitchen.

"What is that awful smell?"

"I don't know, have you taken a shower yet?"

After being married for 48 years, I know when to respond to a question and when not to. I knew if I responded to this question the way I wanted to, the smell of broccoli would be the least of my worries at the time.

"No," I said, gathering a little bit of manliness about me, "Something in this house smells dreadful. I smelled it as soon as I walked in the door."

Then she chuckled. I hate it when she chuckles.

"Oh, that must be the wonderful aroma of broccoli cooking on the stove. Isn't it marvelous?"

Adhering to my rules about questions, I tossed that one aside and opted for another one.

"You're not cooking broccoli for supper tonight, are you?"

I was hoping she would catch my attitude of disdain and disgust in this question. Obviously, for whatever reason, she did not catch the drift.

"Yes," she said as chipper as I have ever heard her chip, "I thought I would surprise you with a wonderful dish of broccoli for supper tonight, to go along with our pork chops."

Can you live with a person for so long and not know what they like or do not like? Nobody has to be around me for five minutes before they will understand that broccoli and I have had a feud that has been going on since before the Hatfield's and McCoy's.

"But I thought you knew I do not like broccoli!"

"Oh, that," she said with another chuckle, "I just thought you were joking."

Nobody jokes about broccoli, especially me.

Then a brilliant idea reverberated between my ears. I thought I could take advantage of this situation and sneak in something forbidden in our kitchen and house for that matter, a rare delicacy.

"I will then run to the store and get some fresh Apple Fritters for our dessert."

I figured if she wants to put in front of me broccoli the least she can do is allow me an Apple Fritter or two.

In a moment, all the chipper drained from her person and looking at me said, "Apple Fritters are not allowed in this house."

"Let's negotiate," I said as calmly as I have ever been in my life. "I will allow you to eat broccoli tonight if you allow me an Apple Fritter for my dessert."

I wonder if there is a husband living today, that has ever successfully negotiated with his wife.

"This is how we will negotiate, we will have broccoli tonight without any Apple Fritter. I am only thinking of your health."

The way she glared at me, I knew negotiations were off the table now and in its place was some steaming broccoli.

What I am going to do is sneak behind her back and eat two, not one, but two Apple Fritters and I will savor every bite.

If only we could act like grownups, come together, voice our differences and strike a compromise. After all, our government works that way.

I thought about this and came to a certain conclusion. The Christian life is not really negotiating your preference, but rather honoring Christ. Jesus said, "For where two or three are gathered together in my name, there am I in the midst of them" (Matthew 18:20).

When self is at the center of my negotiations, Christ is never honored.

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## Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

## STUART TOLCHIN



### 40 YEARS IN THE CANYON

Long ago and far away I made a decision to move to Sierra Madre Canyon. I had a Law Office in El Monte and one day the smog cleared and I could see there were mountains to the north. I drove up Double Double Drive (Santa Anita to us now) and followed some car and found my way into the Canyon. This Canyon was a long way from El Monte and even further from Venice from where I was then commuting. If you don't know from Venice you should take a "trip" down there some time. That's my idea of a joke because at that time pot was a big deal in Venice. It was a place to get high with UCLA Basketball players and to go to the topless beach and to---enough about Venice, let's talk about Sierra Madre which I believe was developed by the same guy who developed the Venice Canals. One last word about Venice at that time there were signs that read "Keep Our Slum Clean". Now I think those same places are worth millions.

Back to Sierra Madre I followed some car up Mountain Trail and was overcome by the beautiful purple foliage of the Jacaranda which I'm still not sure how to pronounce or when they become purple. I thought if I lived here among this purple beauty I would never be unhappy again. Well, as you might have guessed, the foliage didn't stay purple and I didn't exactly avoid unhappiness. First of all that first year I remember it was incredibly hot, sort of like this summer, except that 40 years ago my house was a little cabin with a flat roof and I, and most other people did not have air conditioning. Can you imagine that---no air conditioning? I think that was why there were more people in the streets then except that the streets of the canyon were so different then. The houses were small 50 and sixty year old cabins with huge oak, cypress, and pepper trees around them. The roads were largely untraveled and there were no giant SUV's or ridiculously large delivery trucks on the road.

Along these roads were piles of dog feces and in the roads were sometimes packs of domestic dogs, unleashed but still loved in the 1970's way. The main thing one noticed about the Canyon then was how quiet it was. It's not quiet anymore and no Canyonite would ever allow his or her dog to would walk the Canyon Circle unleashed and unaccompanied by an owner with a ready supply of doggie bags to do what must be done. Of course today there are no dog feces to be seen but more than occasionally there appear huge piles of seemingly smoking bear excreta and quite frequently there are huge bears strolling around. Really! We true Sierra Madreites live with the realization that this land of ours really belong to the animals and we co-exist with the bears, the deer, the raccoons, the coyotes, snakes and the occasional mountain lion that appear in front of our houses. Yes, really.

A mountain lion really ate the little dog that lived across the street that despite my warnings was often left unleashed. Oh I forgot to tell you about the huge land tortoises that live a few houses away in their own igloo shelter. My wife once played a heroic role when she chanced upon the large tortoise that that had been turned upon his back by a bear. I wasn't there but, from what I understand, my wife shoed the bear away and turned the tortoise over returning him to his usual position. At this same location the same bear or other bears had pulled the fish from the fish pond while hawks had somehow attacked the aviary and devoured or at least disturbed the finches. The birds are still flying around over the canyon and the owls and annoying parrots that used to be in regular attendance are rarely seen for which we are all grateful. The parrots were absurdly annoying and I observed them flying near the dogs in the back yard next door while imitating dog sounds just to annoy the loyal and normally docile pets. What else is semi-annoying is the new crop of young children that have appeared in the canyon. For a long time there were no children around at all and this summer there seem to be a huge herd of very young kids riding up and down the streets on their scooters and trikes and bikes. None of these kids walk to school but instead are driven to school by their parents. The parents seem unconcerned about the kids racing up and down the streets(of course they are all colorfully helmeted) but it is now considered unsafe for the kids to walk to School or take busses as they did for decades.

A final word about the houses. At one time all the residences were small cabins but over the four decades that I have been here the cabins have been torn down and enlarged to become multi-storied edifices blocking the neighbor's view. These large residences at one time housed two parent families with multiple offspring. Now as the children age and go off to college and divorce occurs the large places often have only one person in them. What am I doing complaining about there being too many under-occupied homes and there being too many children at the same time.

Well, what can I tell you? I've gotten old and irritable but still want to scream at the top of my lungs, I LOVE THE CANYON and would not want to live anywhere else (unless perhaps you can find a place overlooking the ocean in Palos Verdes where you can see and hear the passing migrating whales. My wife's friends live in a place like that and I can't stop thinking about it.) A final word about the Canyon, I can now hear the tortoises mating and the kids applauding. What a wonderful place to be.

## JOHN L. MICEK



### NERVOUS TRUMP TURNS BACK TO HIS FAILED BORDER WALL

President Donald Trump wants a wall. It just may not be the one his supporters thought they signed up for back in 2016.

Already walled off from the truth and effectively blockaded from reality, Trump has been apparently unable to construct a barrier high enough to ward off four Democratic 2020 hopefuls who led him by double digits in a Quinnipiac University poll this week.

The Connecticut-based university's latest canvass showed former Vice President Joe Biden and senators Bernie Sanders, Elizabeth Warren, and Kamala Harris respectively holding 16-, 14-, 12-, and 11-point advantages in hypothetical match-ups.

So, it wasn't at all surprising to see Trump, likely in response, ratcheting up his demands to finish his long-promised wall at America's southern border with Mexico.

The administration is "[fast-tracking] billions of dollars' worth of construction contracts, aggressively [seizing] private land and [disregarding] environmental rules," so it can get the job done before next November, the Washington Post reported, citing current and former officials with knowledge of the matter.

Fast-tracking contracts and blowing off environmental rules are absolutely the kind of thoughtless and willful disregard for legislative and political norms we've come to expect from this wrecking ball of a White House.

And perhaps unsurprisingly, the former real estate developer turned president is engaging in a massive government land grab, through eminent domain, so he can satisfy his edifice complex.

Trump has reportedly batted aside any regulatory or legal concerns, telling his staff (jokingly, they say, but who knows?) that he'll pardon them if they break the law on the way to finishing the wall.

But it's clear that concerns about the 2020 campaign are firing Trump's ardor to deliver on 500 miles of promised border barrier before the polls open. Trump has reportedly said failing to finish the wall would be a massive political embarrassment.

As the Post reports, the U.S. Army Corps of Engineers has only completed about 60 miles' worth of construction - all of it in areas that had preexisting border infrastructure.

And that's more than two years into Trump's presidency. Assuming that means there's 440 miles of construction left, that's an impossibly high bar to cross in the 14 months that remain until Election Day.

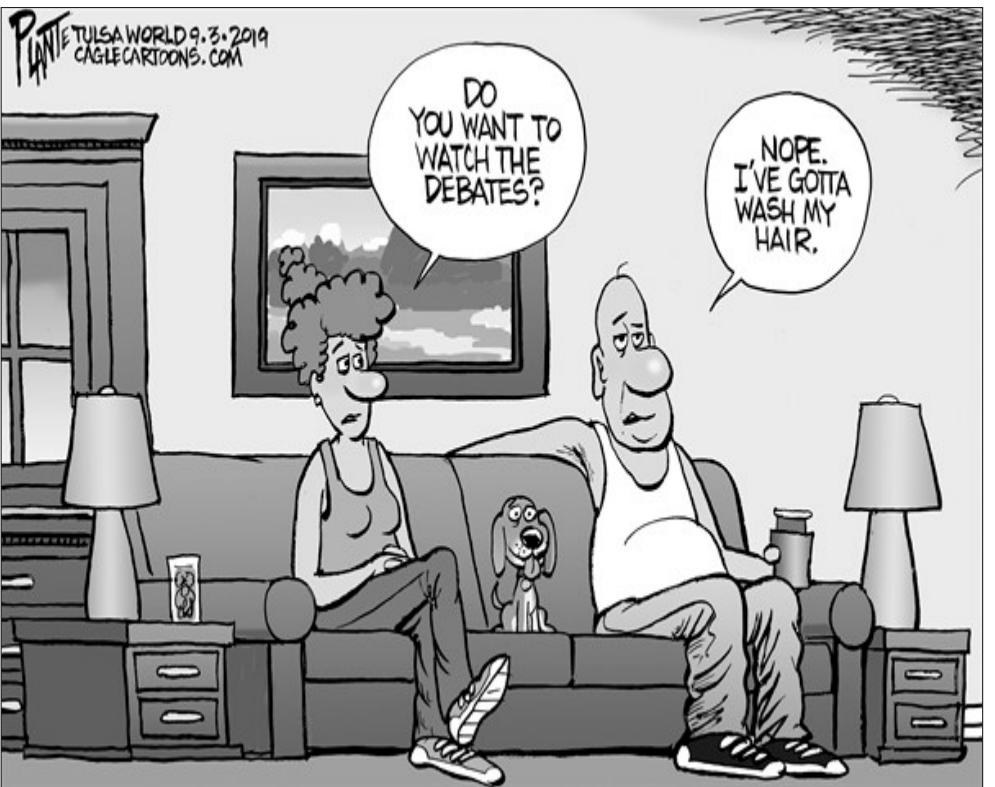
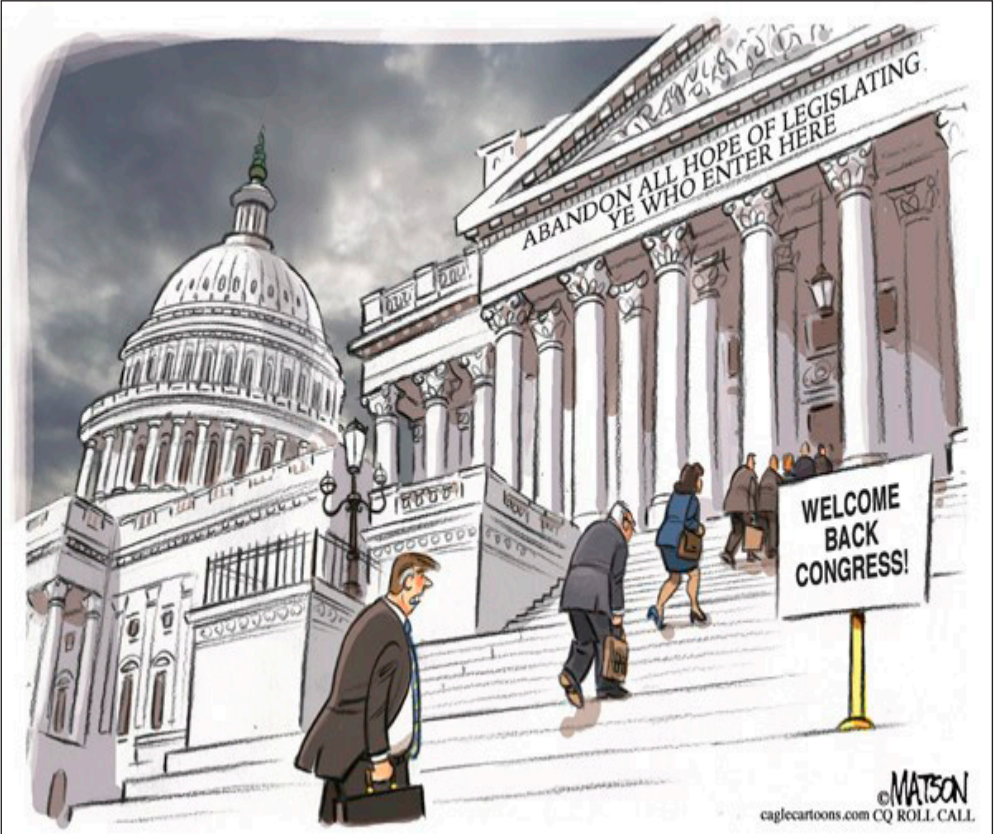
As the Post notes, the administration has rushed contracts and allowed construction companies to drag heavy equipment into environmentally sensitive areas - and justified it on national security grounds.

As if to underline the absurdity of the whole affair, Trump acknowledged to lawmakers last year that actual immigration reform and enhanced border security are more effective than a physical barrier.

But he's also remarked on the applause his tough talk on the wall gets him at his campaign rallies.

Bread, meet circuses. We believe the two of you each know the other?

That naked calculus should be reminder enough that what really fires the president



is not what's good for the nation or national security, but rather what's good for Donald J. Trump.

Such was the case in Biarritz earlier this week when the leader of the free world shed his constitutional responsibilities to shamelessly pitch his Florida golf resort to the leaders of the G7 nations like some late-night infomercial host.

In a cringeworthy moment as the world press looked on, Trump extolled the banquet rooms, parking, and seclusion of his Doral resort.

"It's got tremendous acreage, many hundreds of acres, so we can handle whatever happens," Trump said, according to the New York Times. "People are really liking it and plus it has buildings that have 50 to 70 units. And so each delegation can have its own building."

Given Trump's obsession with aesthetics and superlatives, it's no great shock to learn that he's been taking a hands-on interest in the appearance of his border wall, apparently insisting that it be painted black and be sharp and pointy on top like a medieval fortress or something.

And much like a parent who's decided to just give in and placate an overtired child, the Army Corps of Engineers is going to tell contractors to just go ahead and paint it black, the Post reported.

Maybe, someday, as Mick Jagger once sang about painting something else black, Trump will "fade away and not face facts." The rest of us, however, won't be so lucky.

Trump will build a wall. And we'll all be paying for it.

-An award-winning political journalist, John L. Micek is Editor-in-Chief of The Pennsylvania Capital-Star in Harrisburg, Pa. Email him at [jmicek@penncapital-star.com](mailto:jmicek@penncapital-star.com) and follow him on Twitter @ByJohnLMicek.



















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