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646 Alta Vista Drive | Sierra Madre

We Let Our Clients Do The Talking.

Jan Greteman and Katie Orth recently sold a home for me. It was a difficult, stunning, unique home with big challenges, requiring a very special buyer. They went beyond what any agent I have dealt with in the past has ever done. Both patient, professional, communicating as much as needed so I always I knew the sales plan. I would recommend their services to anyone. They will get your home sold!

- Laura W, Seller of 646 Alta Vista



Experts in Representing
Buyers & Sellers

Jan Greteman 626.975.4033

lic #01943630

Judy Webb-Martin 626.688.2273

lic #00541631

Katie Orth 626.688.0418

lic #00942500

COMPASS

webbmartingroup.com

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MARY CARNEY CHOSEN AS THE 2024 SIERRA MADRE OLDER AMERICAN OF THE YEAR



The Senior Community Commission, City of Sierra Madre at their last meeting, reviewed the nominations for the city's 2024 Older American

The Commission reviewed all nominations received and selected Mary Carney as the 2024 Older American nominee.

In addition to being a Sierra Madre resident, the person must have demonstrated outstanding community service and be at least the age of, or older than 60.

Carney, a long-time resident has dedicated herself to the betterment of the community through her volunteerism.

She is an active member of the Sierra Madre Woman's Club. She has also volunteered with Community Emergency Response Team (CERT), which works to educate our citizens about disaster preparedness and teach methods for fire safety, team organization, and disaster medical preparedness. She is also very involved with The Sierra Madre Emergency Communications Team, a group of federally-licensed amateur radio operators who provide communication services to the city in times of emergency and for the Mt Wilson Trail Race, 4th of July Parade, Wistaria Festival, and the Halloween Happenings..

Additionally, Mary is a volunteer with the Sierra Madre Police Department. In her assignments, she provides support to the Police Department by covering traffic posts, community events, informational department booths, and data entry in the Records Division.

The honoree will be recognized at a reception held in their honor on Wednesday, May 8th, 2024.

INSIDE THIS WEEK

HISTORY OF THE SIERRA MADRE FIRE DEPARTMENT

PAGE 2

SIERRA MADRE POLICE APPREHEND HIT AND RUN CYCLIST

The Sierra Madre Police Department (SMPD) has apprehended a suspect in connection with a hit-and-run incident on February 3, 2024. The incident unfolded at approximately 10:03 am on N. Baldwin Avenue near Montecito Avenue, involving a collision between bicyclists and pedestrians. The collision inflicted significant injuries upon the pedestrian, and the bicyclist fled the scene. The Sierra Madre Fire Department transported the injured pedestrian to a local hospital.

In the aftermath of the incident, the SMPD Detective Bureau conducted an exhaustive investigation, culminating in identifying a suspect. The individual in question has been identified as 49-year-old John Gabriel, a resident of the City of Los Angeles.

On April 6, 2024, SMPD Detectives, in collaboration with patrol personnel, executed a search and arrest warrant at Gabriel's residence and storage unit in the City of Los Angeles. Pertinent evidence related to the hit-and-run incident was gathered during the operation. Consequently, John Gabriel was taken into custody and booked for 20001(a) CVC - Hit and Run resulting in serious injury, a felony offense.

Gabriel is currently at the Pasadena Police Department jail, awaiting further legal proceedings. Formal charges are pending review by the Los Angeles County District Attorney's Office.

The victim of the incident is still recovering from her injuries.

The Sierra Madre Police Department remains steadfast in its commitment to ensuring the safety and well-being of all community members and will continue to diligently investigate incidents of this nature.

The SMPD urges individuals possessing information relevant to this collision or who may have witnessed the incident to step forward and contact Detective Nelson Ascano at (626) 355-1414 during business hours.

SMPD ASSIST FEDERAL AGENTS IN ARREST OF A SUSPECT AND SERVICE OF A SEARCH WARRANT

According to SMPD Captain Henry Amos, on Tuesday, April 9th, the Department of Homeland Security Investigations contacted SMPD to assist with the service of an arrest warrant and a search warrant at a home on E. Laurel Avenue in Sierra Madre.

Two SMPD officers accompanied the HSI Agents and the federal agency made an arrest and searched the premises.

The identity of the suspect has not yet been released.

According to the HSI public information officer Richardson, the case stems around criminal activity in Ventura.

Request for assistance from the local police department is standard procedure for all federal agencies.

At press time, no additional information was available.

MVNews

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www.Barbara.Rogers.com
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B
Eileen Benson

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Eileen.Benson@camoves.com
www.EileenBenson.com
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3 Beds, 1 Bath, 958 sf, 6,000 sf LOT



SIERRA MADRE \$1,199,000
2 Homes on a lot! 4 bed - 2 bath tot



PASADENA \$5,320,000
16 Unit Apartment Bldg

HISTORY OF THE SIERRA MADRE FIRE DEPARTMENT

Submitted by MarTH Walsworth

The history of the Sierra Madre Fire Department began over one century ago on the morning of January 21, 1921, when a raging fire broke out at the Sierra Madre Bakery and the closest responding unit was 30 minutes away. Once the fire was extinguished a conversation arose between the city and its residents for the essential need of a local fire agency. It was this incident that sparked the development of the Sierra Madre Volunteer Fire Department.

The community of Sierra Madre was served by committed individuals (many of whom worked and lived in the city) that volunteered their time to aid in fire suppression and medical emergencies. Included in the photo above is my husband's grandfather Roy Walsworth. My husband volunteered as well for over 20 years and we are proud to be part of this SMFD Family. As time went on emergency medicine advanced, and of course Sierra Madre residents deserve the best service comparable to our neighbors and industry standards. In 2007 the residents of Sierra Madre elected to go from Basic Life Support (EMS) to a paramedic program (Advanced Life Support) This required the hiring of paramedic staff and other fire personnel to maintain the department. This was a huge increase in costs to the city and the UUT was implemented to support the Paramedic Program and further staffing costs for police personnel.

During the next 10 years the City struggled with staffing an all-volunteer department and slowly transitioned from a volunteer fire department to a combination of volunteer and paid personnel in 2011. By 2015 Sierra Madre could no longer adequately staff the fire department in order to respond to calls and the city then considered contracting the fire services to another entity such as Arcadia, maintaining our own department, or exploring various options. The residents of Sierra Madre made their wishes very clear to city officials that they wanted to maintain our own Sierra Madre Fire Department.

After many years of transitional and challenging times, the Sierra Madre Fire Department made the monumental change to a full-time career Fire Department on September 1, 2019. A full-time career department is a huge budget increase for the city and the department has been struggling to recruit and retain good, qualified people since they were earning 12-25% less than the comparable cities. To stop the continuous revolving door in both our police and fire departments, salary increases were applied to both departments in 2023 and we are now able to retain and recruit amazing men and women to our first responder family.

Sierra Madre is unique in that we are among the smallest cities in Los Angeles County at 3.5 square miles with approximately 11,000 population. We are also unique in that we are a full-service city with its own Police Department, Recreation and Community Services, Public Works, Sewer, Public Library and Fire Department.

Our public safety departments are excellent with excellent response times and highly qualified and trained personnel. We all want to live here because of the sense of community and safety in our city.

- 3-to-5-minute response times
- Professional Fire Department
- Little to no homeless issues
- Paramedic services
- Low crime rate

The current budget for the Fire Department is \$3.7M and the Police Department is \$6.3M. The city does not have the revenues to support the rising costs to maintain these departments. Residents of Sierra Madre and community leaders are putting forth a petition for circulation to place a ballot initiative on the November 2024 ballot. The Public Safety for Sierra Madre Measure will protect and preserve the public safety and emergency services of Sierra Madre. This will address the long-term problems generating approximately \$2.2M annually over the next 7 years.

The residents of the city have made their wishes very clear in that they want to continue to be a full-service city and maintain our police and fire departments. The city does not have the revenues to sustain the departments and without an additional revenue source this puts both departments in jeopardy.



THIS SUNDAY!
April 14, 2024, 10:30-4:00
ART OF THE GARDEN
Visit five stunning gardens that capture the diversity of our Southern California landscape.



**TICKETS STILL AVAILABLE AT
CREATIVEARTSGROUP.ORG**


CREATIVE ARTS GROUP
626-355-8350



Sierra Madre Civic Club brings to you the Sierra Madre Events Calendar

- | | |
|--|---|
| Sierra Madre Civic Club
April 6 – Annual Luncheon. 11am at Methodist Church. | Community Foundation
April 13 – Whiskey & Wine Event. 6:30pm to 9:30pm at Mia Italia (457 N Lima St). Tickets are \$125-\$175 and available at auctria.events/whiskeywine2024 |
| April 11 – Membership Meeting. 7:30pm at Hart Park House. | Creative Arts Group
April 14 – Art of the Garden Tour. 10:30am to 4pm. Tickets available at creativeartsgroup.org |
| April 12 - Educational Awards Applications due. See our website for more details. | City of Sierra Madre
April 13 – Community Bike Ride and Wellness Fair. 10a-1p. Free Registration. Call 626-355-5278 for more info. |
| Friends of the Library
April 5 & 6 – Best Used Book Sale at 350 W Sierra Madre Blvd. 4/5: 3pm to 7pm. 4/6: 10a-2p. | April 18 – Bunny Bingo. 12:30p-2:30p at Hart Park House Senior Center. Cost is \$7 which includes Bingo, light lunch & prizes. |
| Chamber of Commerce
April 11 – Spring Mixer at The Kensington. 5p-7p | April 20 – Compost Giveaway. 8a to 12p at Sierra Vista Park. |
| Rose Float Assoc
April 13 - Legendary Bingo. 6:30pm at Recreation Center. \$20 Donation at the door. Pizza, wine, beer & soda will be available. | |

To add your organization events, please send an email to smadreevents24@gmail.com



Every activity in which Civic Club participates or creates reflects our shared commitment to promote our community.
P. O. Box 413
Sierra Madre, CA 91025
www.sierramadrecivicclub.org

SIERRA MADRE

SIERRA MADRE

ARCADIA

PASADENA

ALTADENA

MONROVIA

Weather Wise



6-Day Forecast Sierra Madre, Ca.

Sun	Rain	Hi	60s	Lows 50s
Mon:	Sunny	Hi	70s	Lows 50s
Tues:	Sunny	Hi	70s	Lows 50s
Wed:	Sunny	Hi	70s	Lows 50s
Thur:	Sunny	Hi	80s	Lows 50s
Fri:	Sunny	Hi	80s	Lows 50s

Forecasts courtesy of the National Weather Service

SIERRA MADRE CITY MEETINGS SIERRA MADRE CITY COUNCIL MEETING

APRIL 23, 2024 5:30pm

THIS MEETING WILL BE HELD IN THE COUNCIL CHAMBERS!

As part of the City of Sierra Madre's COVID-19 transparency efforts and The Brown Act provides the public with an opportunity to make public comments at any public meeting. Public comment may also be made by e-mail to PublicComment@Cityof-SierraMadre.com by 3:00 p.m. on the day of the meeting.

Emails will be acknowledged at the Council meeting and filed into public record. The public may also comment in person at the meeting.

The meetings will be streamed live on Foothills Media website at foothillsmedia.org/sierramadre and broadcast on Government Access Channel 3 (Spectrum)..

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



Sierra Madre Public
LIBRARY
Read • Discover • Connect

This week at the
**Sierra Madre
Public Library**

April 15—April 20

Monday

Baby Rhyme Time —In-person at 9:00am

Preschool Storytime —In-person at 10:00am

Tuesday

Writer's Workshop at Hart Park House— In-person at 6:00pm

Wednesday

Pajama Storytime— Online at 7:00pm. Call to register

Thursday

Third Thursday Book Club— Online at 11:00am. Call to register

1-2-3D Printing— In-person at 4:00pm. Call to register

Saturday

Cricut Workshop— In-person at 11:00am

Read, Discover, Connect
@ Sierra Madre Public Library
350 W Sierra Madre Blvd
(626) 355-7186

WALKING SIERRA MADRE - The Social Side

by Deanne Davis

Hope you had a moment and the right glasses to view the eclipse last Monday. It was awesome!

"Happiness is not the absence of problems; it's the ability to deal with them."

Steve Maraboli

"I believe we should all pay our taxes with a smile. I tried that, but they wanted cash."

"Income tax has made liars out of more of the American people than golf." Will Rogers

Monday is April 15th. Yes, friends and neighbors, it's time to file our income taxes again. I haven't gotten my completed tax filing back from our tax guy yet as I'm writing this so I'm still in the dark as to what it's going to look like this year. This past year was the first time my taxes were set up on the quarterly system instead of the IRS going into my bank account and helping themselves to an egregious amount of money and I was happier paying quarterly. (I use that term, 'happier' laughingly!).

Remember people lining up at the Post Office to be sure to get that April 15th postmark on their envelope? Now most of us are filing electronically, which is certainly easier. Thanks to various disaster situations and extensions, and depending on where you are, you might be filing sometime in May or maybe even in October. I, personally, was one of those lucky people who had to file on April 18th last year. And I did. And I paid. Boy did I pay!



THE IRS BLUES

(An original lament by Deanne Davis)

"I've got those sad old, bad old, gotta pay my taxes blues.
The IRS has called me out, "Girl, don't even bother to cry or pout.
We're gonna get your very last dime.
And if you think you can fool us, well, you're gonna do some time."

I listed my deductions, and all my charities.

IRS just looked and laughed.

They said, "Girl, seriously? Please!

We see you feed the homeless and keep some foreign kids afloat.
You're faithful to your church and send that tithe check in each month.

Folks like you, faithful and true, honest to the core,
Are the backbone of the Nation.

But to us, you're just another tiresome bore.

We're checking out your tax return with a microscope and fine-toothed comb.
We're hoping that we'll find a flaw so we can charge you even more.

Penalties, our penalties, we love those little things.

You thought that you had done it right, thought maybe you'd even sleep tonight.

IRS just looks and laughs, "Girl, seriously? Please!

If you think you're gonna keep a dime, we'll take you down in record time."

Yes, my friends, I've got those sad old, bad old, gotta pay my taxes blues.

Ohhhh yeah...

And I suspect that you do, too.

I have a notorious tax evader in my very own family: My mother, who one year filed a tax return stating she had given thousands of dollars to various charities. She hadn't, of course, and when the IRS audited her and she had to admit she had exaggerated a little, they were very kind and said, "Now, Betty, we know you didn't mean to do that and we know you're never going to do it again." No jail time and believe me, she never did it again.

Hope you're enjoying these beautiful days of April, flowers budding and blooming on every side, hummingbirds and bees feasting on the flowers, our bears awakening from their long winter nap.
The picture this week has nothing to do with taxes.

The Sierra Madre 2025 Rose Parade Float, "Best Day Ever," is going to be incredible with pinatas, a mariachi band and ballet folklorico dancers. We are going to be big prize winners again. I'm putting this in so you can start thinking about something wonderful and exciting and quit thinking about taxes!

In addition to Income Tax Filing Day, April 15th is also Patriot's Day, Father Damien Day, National Laundry Day, World Art Day, Jackie Robinson Day and the day Abraham Lincoln was assassinated. "Other than that, Mrs. Lincoln, how did you like the play?" just to end on a truly tasteless note.

"Taxes are what we pay for a civilized society."

Oliver Wendell Holmes, Jr. U.S. Supreme Court Justice

Check out my book page: Deanne Davis: Amazon.com
Great stories there about my granddad searching for gold,
"The Fever Never Ends"



**SIERRA MADRE
UNITED
METHODIST
CHURCH**

Sunday worship 9:30 a.m.

**COME JOIN US IN
WORSHIP! ALL ARE
WELCOMED!**

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(626) 355-0629**

smumc.net



**YOUR AD COULD BE HERE!
CALL PATRICIA
626-818-2698
TODAY!**

The Hastings Branch is located 3325 East Orange Grove Blvd.



A large group of students and faculty are posed for a group photo in front of the entrance to the 'GENUINE LIGHT' building. The group is arranged in several rows, with some individuals standing on a set of stairs leading up to the entrance. The building features a central doorway with the words 'GENUINE LIGHT' inscribed above it, flanked by large windows and brickwork. The scene is brightly lit, suggesting a sunny day.

The RP3 designation, which lasts for three years, recognizes public power utilities that demonstrate proficiency in four key disciplines: reliability, safety, workforce development, and system improvement. Criteria include sound business practices and a utility-wide commitment to safe and reliable delivery of electricity. PWP joins more than 245 public power utilities nationwide that hold the RP3

At press time Friday, Martha and Bill Denzel were the top individual fundraisers with \$5,440. The top team, Let's Wag More Bark Less had \$13,044 raised. Bronwyn and Capt. Hastings had the most donors with 56, raising \$3,900, "It has been our honor to gather the Most Donors title for the last few years."

The APPA has offered the RP3 designation for 18 years, and is the voice of not-for-profit, community-owned utilities that power 49 million people in nearly 2,000 towns and cities nationwide. APPA advocates and advises on energy policy, technology, trends, training, and operations.

For more information visit:
pasadenahumane.org.

The Repair Café will provide the following services, free of charge on a first-come-first-served basis: bike tune-up and diagnosis, small appliance repair, jewelry repair, clothes mending, and plant diagnosis. Please note, all fixers and menders are volunteers. As a result, service availability and item repair are not guaranteed. Additionally, patrons of the Repair Café are required to provide their own replacement parts, as needed. Don't have anything that needs fixing? No problem! Join us for a free book swap and prizes.

The South Pasadena Public Library is located at 1100 Oxley Street in South Pasadena. Visit the Library website: southpasadenaca.gov/library for information about services and programs. The Library is open Monday, Friday, Saturday 10:00 am-6:00 pm, Tuesday, Wednesday, Thursday 10:00 am-8:00 pm and Sunday 1:00 pm-5:00 pm.

Series IV of the Rotating Public Art Program builds upon the success of the previous three iterations which saw captivating public artworks in expanded venues. As a new model for community engagement, residents are incorporated directly into the artwork selection process. Each city Councilmember selected two residents from their District as Neighborhood Art Associates to review artist proposals,

For more information and the guidebook visit: cityofpasadena.net search "Completed Series IV Rotating Public Art Program."

As a donor-supported nonprofit, the center operates without any local, state or federal funding and provides more services to older adults in the San Gabriel Valley than any other organization. To learn more, visit: pasadenaseniorcenter.org or call 626-795-4331. The Center is located at 85 E. Holly Street in Pasadena.



📷 @wistaria_thrift_shop



AROUND SAN GABRIEL VALLEY



Celebrate Earth Day



FREE PAPER SHRED EVENT

Arcadia Association of Realtors' Building

601 S. First Ave., Arcadia

Friday, April 19, 2024 – 8:30AM - 12:00PM
(4 box limit)



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APARTMENT FIRE WITH FATALITY IN ARCADIA

From Arcadia Fire Department:

At 9:18 p.m. on Sunday, April 7, 2024, Arcadia Fire units along with crews from Monrovia Fire & Rescue, and Sierra Madre Fire Department, responded to an apartment house fire in the 00 block of Genoa Street. Fire crews arrived on scene and reported light smoke coming from one of the apartment units.

Fire crews entered the apartment and encountered heavy smoke conditions. The main portion of the fire was in a bathroom, where a deceased person was located. Crews quickly extinguished the fire, within 15 minutes of arrival, and confirmed no further extension into adjacent units.

The deceased's identification and cause of death will be determined by the Los Angeles County Medical Examiner's Office.

The Arcadia Fire Department's Fire Investigations Unit and Arcadia Police Department are currently investigating the cause and nature of the fire.



Here's What's Going On Around Town in April!



One Time Events

April 6

Spring Break Camp for Adults: Party Plants at the Arboretum
Enjoy an amusing adult-themed tour of the garden. Includes a nostalgic meal and "adult juice box" of wine. 2:00 p.m.- 6:00 p.m.

April 6

Santa Anita Derby Day 5k Walk/Run
Enjoy races for the whole family, then experience the post parade expo.

April 7

Masters of Taste at the Rose Bowl Stadium Field
Stroll & taste your way through this luxury food and beverage festival. VIP Power Hour 3pm – 4pm. General Admission 4pm – 7pm

April 14

Art of the Garden Tour
Tour five beautiful Santa Madre gardens. Proceeds support Sierra Madre Creative Arts. 10:30 am. – 4:00 pm

April 20

Flower Arranging: Tea for Two at The Huntington
Make floral arrangements with flowers from the Huntington's gardens. 10am - 12pm
Additional class for two people 1pm – 3pm

April 20

Peacock Day at the Arboretum
Enjoy family crafts, photo op, peacock talks, and more. The Peacock Cafe and Bar will be open as well as food trucks. 9 am – 2pm

April 20

Rose Bowl Rosé Festival
This lively event features 40+ rosés, gourmet food and live music. Wear Pink! 3pm – 7pm

April 21

Spring Floral Crown Workshop at the Arboretum
Celebrate spring at the Arboretum as you make a magical floral crown 3pm – 5pm

April 21

Wiggle Waggle Walk & Run at the Rose Bowl
Support the Pasadena Humane Society and walk/run around the Rose Bowl, enjoy a doggy costume contest, vendor village, goodies, and giveaways. 8am – 11am

April 27

The Pasadena Walking Film Tour
Stroll through Old Pasadena and Pasadena Civic Center highlighting popular movies and TV shows filmed here. 10am – 12pm

April 27

Family Night Hike: Super Plants at the Arboretum
Discover the super world of plants with extraordinary powers. 5:30pm – 7pm
Adult Night Hike: Super Plants at the Arboretum
7:30pm – 9pm

Ongoing Events

Now – May 19

Butterfly Season at Kidspace
Delight in butterfly season with bug safaris, crafts, caterpillar adoptions and more.

April 4 – 11

Pasadena International Film Festival, Great Gatsby Gala and Award Ceremony
The film-making community comes together in a 4-day event featuring screenings, panels, parties, workshops and Gatsby Gala.

April 6, 7

Spring Carnival at Santa Anita
Enjoy carnival games, thrilling rides, arts and crafts, racing, and much more.

April 13, May 11, June 8

Ikebana Flower Arrangement Workshop at the Pacific Asia Museum
Create and take home an elegant, fresh, seasonal arrangement. 12pm – 2pm

April 21 – May 19

The 59th Pasadena Showcase House of Design
Tour the Potter Daniels Manor, a 1902 English Tudor Revival Style mansion.

April 22 – 28

Earth Day Native Blooms Display at Descanso Gardens
Celebrate our native plants, including Descanso's majestic oak trees.

April 27 – 28

Jackalope Art Festival at Central Park in Pasadena
Unique, curated shopping experience featuring 100+ local artisans. 10am – 5pm

COMPASS

DRE# 02015404

ALL THINGS By Jeff Brown

FIGHT THE BASTARDS!

From a jagged hilltop in Torres del Paine National Park in Chile, a group of hikers was marveling at the white tongue of a glacier descending through a valley to a vast blue lake. I asked our guide, a young Chilean woman from the capital city of Santiago, what it was like to live in this paradise near the tip of South America, and whether she kept up with the news from the outside world. “No, I stopped paying attention,” she said with a laugh. “I don’t even go back to Santiago much anymore,” I said I couldn’t blame her. While recently vacationing in a yurt in Patagonia, my wife, Karla, and I couldn’t help but think about how nice it would be to escape the anger, violence and madness of the “civilized” world.

That fantasy, it seems, is widely shared. Exhausted and heartsick, many people are tuning out the grim news about politics, Gaza, Ukraine, and climate change, and musing with friends about where to flee.

Here’s the problem with tuning out or running away, as tempting as flight might be. Demagogues, dictators, and sociopaths are relentless in their pursuit of self-serving ends, and succeed when they wear down the resistance of principled people. When evil men triumph, escape is only temporary. While we were in Patagonia, we heard two sharp cracking sounds from the glacier-warning signs of the ancient ice’s dramatic retreat and warming temperatures. Do nothing but admire the scenery, and one day the glaciers-and so much else-will be gone..The same is true of democracy and decency. We can succumb to doomerism and let the bastards win, or stand and fight for what matters, and for the world we leave our children and grandchildren. In the gloomiest depths of World War II, as Hitler’s war machine rolled over Europe, “Winston Churchill had the inspiring rejoinder to despair: Whatever the cost may be, we shall fight. We shall never surrender.”

P.S. The Nazis lost.
William Falk Editor-at-Large “The Week”



Monrovia Area Partnership Presents:

14th Annual Neighborhood Conference

"Have an Idea? Make It Happen"

Saturday, April 27, 2024

9:00am-3:00pm

925 S. Shamrock Ave., Monrovia CA

Register for Free: www.MonroviaAreaPartnership.com/conference



Get ready for Monrovia Area Partnership’s biggest event of the year, the 14th Annual Neighborhood Conference, will take place on Saturday, April 27, 2024, from 9 a.m. to 3 p.m. at Second Baptist Church (925 S. Shamrock Ave)!

If you are interested in learning about trending topics through our wide range of workshops, including SB1383: Organic Waste & Recycling, Development in Monrovia, Police Etiquette, and more – this is the event to attend! For a full list of workshops and descriptions, visit our website.

In addition to workshops, there will be information booths, free yoga session, raffle prizes, a keynote speaker, and breakfast and lunch will be provided! This event is FREE and open to the ENTIRE community. Workshop capacity is limited and first come, first served, so please register as soon as possible. If you have any questions, email the MAP team at map@ci.monrovia.ca.us!

COUNTY OFFERS REWARD IN MONROVIA MURDER CASE

The Los Angeles County Board of Supervisors yesterday unanimously approved a motion introduced by Supervisor Kathryn Barger that extends a \$10,000 reward in exchange for information leading to the arrest of those responsible for the murder of 46 year-old Terry Alford. On Jan. 29, 2021, Mr. Alford was shot multiple times in front of a residence in Monrovia while visiting his family.

“Terry’s life was violently and senselessly ended, leaving his wife, children, and loved ones grieving for the rest of their lives,” said Supervisor Kathryn Barger. “His murder took place over three years ago but law enforcement agencies remain dedicated to finding those responsible for Terry’s murder. I’m hopeful this \$10,000 reward encourages someone to step forward. Terry’s family and the community at large deserve justice and closure.”

According to law enforcement officials involved in the investigation, Mr. Alford was on a front porch when four male suspects approached the residence. At least two of the suspects shot him multiple times. Law enforcement investigators believe the shooting was gang related and intentional, but presume Mr. Alford was not the intended target.

Anyone with information about this case can anonymously contact the Los Angeles Regional Crime Stoppers Hotline at (800) 222-TIPS (8477) or submit a tip online at lacrimestoppers.org. Tips and information can also be reported to the Los Angeles Sheriff’s Department Homicide Bu-reau by dialing (323) 890-5617 to speak with Detective Cynthia Sanchez.



Collectable Treasures from Jewelry, Toys to T-shirts ...and More

Downstairs Now Open!



Persnickity Antiquity
180 E 2nd St,
Pomona, CA
instagram:



San Marino Upcoming Events & Programming

6th Cycle Housing Element Update Community Conversation

Join us for the 6th Cycle Housing Element Update Community Conversation at the San Marino Community Center on Tuesday, April 23 at 6:00 PM. Learn about the draft Housing Element and share your input on state laws and requirements, citywide housing needs, rezoning opportunities for accessory dwelling units (ADUs), mixed-use developments, missing middle housing, multifamily housing, and more. Be a part of shaping the future of our community! More information at: <https://www.SanMarinoCA.gov/HousingElement>

2024 Advisory Body Recruitment

The 2024 Advisory Body Recruitment is now open! The City is seeking volunteers for the Planning Commission, Design Review Committee, Recreation Commission, Public Safety Commission, and the Library Board of Trustees. For the Planning Commission, there are three (3) full member terms ending this year, and one (1) alternate member term ending this year. For the Design Review Committee, there are three (3) full member terms ending this year, and one (1) alternate member term ending this year. For the Recreation Commission, there are two (2) full member terms ending this year. For the Public Safety Commission, there are two (2) full member terms ending this year. For the Library Board of Trustees, there are two (2) full member terms ending this year.

Applications are due to the City Clerk by 12:00 PM, April 22 for all positions. Please contact City Clerk Walker at CityClerk@SanMarinoCA.gov or at (626) 300-0705 with questions or for further information.

April 20 at Lacy Park!

San Marino Fire Association Pancake Breakfast at 9 AM

Get your Saturday off to a good start at the SMFA Pancake Breakfast at Lacy Park. Tickets are \$5 per person and are available for pre-sale at the San Marino Community Center or in-person at Lacy Park on the day of the event. Pre-sale tickets purchased for the original date (March 30th) will be honored on April 20. Join us on April 20 to support our firefighters!

No-Sew T-Shirt Tote!

Monday, April 15 from 3 – 4 PM, Barth Community Room

In celebration of Earth Month, teens in grades 6-12 are invited to upcycle an old t-shirt into a reusable bag. No sewing required for this ecofriendly project! Teens may bring an old t-shirt or the Library will provide one (while supplies last). Registration is not required.

Story, Stomp, & Sing

Thursday, April 18 at 10:30 AM, Children's Area

In partnership with the San Marino Music Center, we are proud to present an all new music and movement Storytime for children ages 0-5! This early literacy program will feature instrument exploration, songs, fingerplays, dances, and books. Please watch our social media for cancellations. Registration is not required.

Lil' Learners Open House

Wednesday, April 24 from 6 – 7 PM, Stoneman Building

Open House is for families who are currently enrolled or who are looking to enroll in the Lil' Learners program (for ages 2-4). This is your chance to tour the classrooms, meet the teachers, and ask any questions that you may have. Registration is not required. Donuts with Dispatch

Join us for 'Donuts with Dispatch' on May 4th from 9 AM to 12 PM at the San Marino Police Department! Enjoy coffee, donuts, games, and crafts with your children for an educational and fun-filled morning!

Meetings

Special Library Board of Trustees Meeting

Monday, April 15 at 8:00 AM; Barth Room and Zoom (Public Access)

Public Safety Commission Meeting

Monday, April 15 at 6:00 PM; City Hall Council Chambers and Zoom (Public Access)

Design Review Committee Meeting

Wednesday, April 17 at 6:00 PM; Barth Room and Zoom (Public Access)

Special Recreation Commission Meeting

Thursday, April 18 at 7:00 PM; Barth Room and Zoom

Tournament of Roses to Hold Youth Empowerment Forum



The Pasadena Tournament of Roses will host #ThisGen2024: A Youth Empowerment Forum presented by Pasadena City College Wednesday beginning at 9 a.m.

Back for the fourth year, #ThisGen will focus on empowering the next generation of leaders and give students the opportunity to learn about inspiring leadership, breaking barriers and aligning passion with skill sets. Attendees will leave feeling empowered to be courageous, confident and intentional with the choices that impact their future.

Bringing together more than 500 of students from surrounding high schools and colleges, #ThisGen2024 will feature an impressive lineup of panelists from some of the most influential sports, entertainment, and technology organizations including Mattel, Angel City FC, Moose Toys, National Football Foundation, William Morris Endeavor and more.

This year's host will be Ari Waller - Senior Event Producer

Panelists include: Bree Jensen- CEO/Founder | The Social Impact Firm Nina Osorio- Senior Manager, Panda Cares, Panda Restaurant Group Corine Taylor- Senior Manager, Community Relations | LA28 – 2028 Olympic & Paralympic Games Organizing Committee Tiffany Yu- CEO & Founder | Diversability

Arielle Estoria- Poet, Author, Actor, & Artist

Mario Godoy- Lead Graphic Designer | Mattel

Stephanie Haggerty- Vice President Global and US Marketing – Youth Electronics and Girls | Moose Toys

Nic Mercado- Vice President of Digital Marketing | William Morris Endeavor (WME)

Mason X. Bryant- Board Member | National Football Foundation

Janette Espino- Senior Manager of Commerce | Angel City Football Club

Austin Naylor- Manager of Operations | SoFi Stadium and Hollywood Park

Bios can be found at tournamentofroses.com/thisgen.

Registration is free of charge and open to high school and college-aged students throughout Pasadena and Greater Los Angeles. Deadline to register is Tuesday at 5 p.m.

Pasadena City College – Sexson Auditorium is located 1570 E Colorado Blvd.

Event Schedule:

8:20 – 9 a.m. Check-In

9:05 a.m. Welcome and

#ThisGen Introduction

9:10 - 10:10 a.m.

“CHANGEMAKERS”

PURPOSE-DRIVEN PANEL

and Q&A

10:10 a.m. BREAK

10:20 - 11:20 a.m.

“INNOVATORS” STEAM/

STEM PANEL and Q&A

11:20 a.m. BREAK

11:35 - 12:35 p.m.

“TRAILBLAZERS”

ATHLETICS PANEL and Q&A

12:35 p.m. BREAK

12:45 – 1:45 p.m. LUNCH –

provided by Panda Cares, the

charitable branch of Panda

Express

CAREER CORNER – more

than 20 organizations

2:00 PM Event ends

For more information visit:

tournamentofroses.com/thisgen.

Symphony Closing Season Concert

The Pasadena Symphony closes the 23/24 season with Vivaldi Four Seasons on Saturday, April 20 with performances at 2:00 p.m. and 8:00 p.m. at Ambassador Auditorium. Continuing its tradition of showcasing the stars of tomorrow here today, the orchestra welcomes violinist Charlotte Marckx to perform Vivaldi's most cherished concerti, The Four Seasons, just in time for spring. A Colburn artist, Marckx has been celebrated for her technical chops and expressive panache, which have earned her multiple awards, including the Gold Medal and Bach Prize at the 2018 Stulberg International Competition, among others.

Chinese conductor Linhan Cui will lead the orchestra for this colorful program blooming with Baroque masterworks. Noted for her natural expression, Cui recently won second prize in the Malko International Conducting Competition and was a Dudamel Conducting Fellow for the 22/23 season. The concert will open with Bach's most beloved chamber work, Brandenburg Concerto No. 3, before Cui takes the podium for Chinese composer Siang Chen's contemporary piece, Symphony No. 1 “Expedition” (2nd movement, adagio). The string section will blossom for Puccini's i Crisantemi (Chrysanthemums), followed by Vivaldi's Four Seasons to close a monumental season for the Pasadena Symphony.

Arrive early for the pre-concert discussion Insights, or enjoy a bite or a glass in the Symphony Lounge, before the concert and during intermission.

All concerts are held at Ambassador Auditorium, 131 South St. John Ave, Pasadena, CA. Single tickets start at \$42 and may be purchased online at: pasadenasympphony-pops.org or by calling (626) 793-7172.

City Announces General PWP Manager Recruitment

City Manager Miguel Márquez has announced Friday the recruitment process for the next General Manager of Water & Power. Applications for the position are being accepted now with screening and interviews taking place in May.

The public is encouraged to attend a meeting to provide input about the most important qualities that potential candidates should have. Anyone who would like to offer input can also do so online at [Bit.ly/PWPCommunitySurvey](https://bit.ly/PWPCommunitySurvey). The online survey will remain available until April 28.

“Community input is crucial to selecting the best individual to lead the Department,” Márquez said. “I encourage all

community stakeholders to attend the upcoming forum and share their thoughts on the characteristics and professional background they feel are most important when selecting a new General Manager.”

The community forum will take place on Zoom on the following date and time:

Thursday, April 25 at 6:00 p.m.

Meeting information:

Join Zoom Meeting [Bit.ly/VirtualCommunityMeetingPWP](https://bit.ly/VirtualCommunityMeetingPWP)

Meeting ID: 834 0391 1415

Passcode: 362049

For more information visit: cityofpasadena.net.

Barger Recognizes Dark Sky LA County for Combatting Light Pollution

Supervisor Kathryn Barger successfully introduced a motion during this week's Board of Supervisors meeting to recognize a newly established non-profit organization, DarkSky LA County, for their local work to preserve natural darkness and diminish the impact of artificial light locally.

“Dark Sky LA County's commitment to protecting our nighttime skies is a noble cause that can help millions of people in our County access, appreciate, and enjoy the beauty of our dark night sky,” said Supervisor Kathryn Barger. “Light pollution is growing and we need to make a deliberate effort to preserve natural darkness. Dark Sky LA County is our local steward of the night sky and I wholeheartedly appreciate their work.”

The Board of Supervisors' recognition comes on the heels of the end of International Dark Sky Week 2024, which wrapped up on April 8, 2024—the day a solar eclipse crossed North America. UCLA's Institute of the Environment and Sustainability also recently shared highlights of a new research report titled The World at Night that explores the harm light pollution has on human and animal health and behavior. According to the report, excess light is increasing globally by approximately 10% per year.



Dark Sky LA County's website, darkskylacounty.org, provides practical tips and guidance about how to protect the visibility of the night sky. It also features a mini documentary produced by Los Angeles County on preserving dark skies in L.A. County.

Los Angeles County's work to preserve night sky visibility is spearheaded by the Department of Regional Planning (DRP). Supervisor Barger is a strong supporter of Los Angeles County's Rural Outdoor Lighting District (ROLD), a supplemental district for the rural areas of the County created to promote and maintain dark skies. ROLD is administered by DRP.

ROLD best practices include turning off household exterior lights by 10:00 p.m. unless controlled by a motion sensor and being intentional about using only the amount of light that is needed.

For more information visit: darkskylacounty.org.

Portantino Urges President Biden to Include Armenian Representation in Census

State Senator Anthony Portantino led efforts this week to submit a letter to the White House urging President Biden to address the exclusion of Armenian Americans from the Middle Eastern and North African (MENA) checkbox in the U.S. census.

“I am deeply concerned that hundreds of thousands of Armenian Americans were excluded from the MENA checkbox,” stated Senator Portantino. “Excluding an entire segment of the population in the census has serious repercussions for equality, justice, and democracy. Armenian Americans have a rich and vibrant history in the United States, and especially in the 25th Senate District. They have made significant contributions to the cultural, economic, and social fabric of our state and nation. It is imperative that they are accurately counted and represented in the census to ensure fair allocation of resources and equitable representation.”

On March 29, the Office of Management and Budget announced revisions to Statistical Policy Directive

No. 15: Standards or Maintaining, Collecting, and Presenting Federal Data on Race and Ethnicity (SPD 15). Although the notice is intended to yield a more accurate census of people with Hispanic, Middle Eastern and North African heritage, Armenian Americans were excluded from the new Middle Eastern and North African Category.

“California is home to the largest population of Armenian Americans in the nation. Excluding them from the census fails to acknowledge the atrocities their people have faced, and diminishes their ability to be represented. I strongly urge the Biden Administration to right this wrong,” stated Senator Scott Wilk (R-Santa Clarita).

The letter, also signed by Senators Archuleta, Durazo, Wilk, Stern, and Menjivar, urges the Office of Management and Budget to rectify the oversight and to ensure that Armenian Americans have a presence in the census. Senator Portantino chairs Senate Select Committee on California, Armenia, and Artsakh Mutual Trade, Art, and Cultural Exchange.

BOOKS THAT MADE THE NEIGHBORHOOD

LITFEST

in the Dena

SATURDAY & SUNDAY MAY 4 - 5, 2024

FREE EVENT

This year's LitFest in the Dena is shaping up to be another incredible event!

Saturday and Sunday

May 4 & 5

Mountain View Mausoleum

2300 N. Marengo Ave. in Altadena

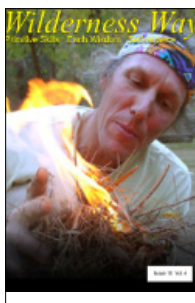
litfestinthedena.org

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VOLUNTEER

Catch breaking news at:
mtnviewsnews.com

CHRISTOPHER Nyerges



[Nyerges is an educator and author. He authored "Extreme Simplicity" which tells his story about attempting to live self-reliantly in the city. More information about his books and classes at www.SchoolofSelf-Reliance.com]

WHY DO WE COLLECT SO MUCH TRASH?

Los Angeles residents were a bit stunned recently when a home in a wealthy neighbor-hood was shown to be many feet thick with trash. Apparently, the man who lived there would just toss his white trash bags into the yard, and he'd also bring things home that he thought he would. This was apparently the result of several years of neglect, and neigh-bors said the smell was

terrible.

The situation was so bad with several feet of trash bags covering the entire property that the news media was called in, and finally Los Angeles Mayor Bass ordered the property cleaned up. Every one talked about the man who lived there, and whether he had a men-tal disorder. Without passing judgement on this man, I was visiting a client's home shortly thereafter. I was indoors in the large spacious and beautiful house. I realized then that there are different degrees of "mental disorder" when it comes to our penchant to collect stuff we don't need and will never use, and to pack it away wherever it will fit. Sometimes our amassed "stuff" is smelly and trashy, and sometimes it is exquisitely beautiful. Whatever the case, the collection of stuff way beyond any normal need is a mental disorder that af-flicts millions of Americans, yet it is rarely viewed in that light.

When I see rental storage units all over every city, it occurred to me that this is an out-growth of collecting and saving stuff. We have too much stuff, and we are willing to pay someone to keep our stuff, out of sight, out of mind.

Am I exaggerating? I know there are legitimate reasons to have a temporary storage unit, such as when you just sold a house and it is cheaper to store the furniture in one of these units than it is to store it in the house and keep paying the mortgage. But is that the norm? I learned that investment in storage units is by far the best form of real estate invest-ment. There is low turnover with long-term rentals. You never really deal with evictions and there are no plumbing issues, and few electrical issues. Investors know that people will continue to pay for the storage of their stuff -- stuff they already bought and paid for -- as long as they can.

Those who are smart do some simple math and realize that after a few months, they could have purchased everything in the rental unit all over again, brand-new. But most do not do the math. It isn't until a few years have passed that renters grasp that there is little value in storing things that they are not actually using, which is why they are in stor-age. Once you have paid the price over and over again of everything in the storage unit, you start to realize that it's better to bail out, and simply get rid of all those great things that you thought you could not live without.

I'm not saying that you should just throw it all in the trash, though sometimes that's an option. Find a charity and donate as much as possible so that they can help needy peo-ple. And if the charity tells you that they do not want what you have, that should be telling you something very loud.

I believe in minimalism, going back to my early days of backpacking. I realized that I could live and live well with very little when I was in the mountains. I wanted to bring that same mentality back home to my life in the city. Though I probably collect as much junk as the average person, I have found that I have learned to discipline myself. There is so much stuff that I no longer buy, unless and until I need it. I used to pick up "really good stuff" that someone set out to the trash, because I would think, "Wow, one day I really might be able to use that junk." I do not do that anymore, since such stuff becomes the piles of good intentions.

When I look around at the stuff that people buy, and put in their homes, I often wonder why we waste our money on objects of little practical value. I don't mean things like valu-able art, or quality tools. I mean trinkets and the stuff that represents nothing but clutter. We think we need these objects to be secure. Maybe we worry about shortages in the fu-ture. Maybe we knew that during a war-time or drought, it was hard to get stuff. Some of these concerns are valid, especially as it relates to food. But most of the time clutter rep-resents a false sense of security because we have lots of stuff, and then our life becomes about dealing with all that stuff.

I have gotten into arguments with people when I said that it was a social irresponsibility to even take the resources to manufacture much of the clutter-stuff of modern life. One as-sociate pushed back, telling me that the creation of that clutter was actually how the man-ufacturer supported themselves. I understand that, though why not produce something useful, long-lasting, practical? That's how I see this aspect of our ever-worsening re-source crisis.

We want more and more useless stuff that we do not need, and we justify it on the basic of needing to make a living. We need to realize that we are richer to the degree that we can do without the useless clutter of modern life, as Thoreau liked to tell us.

Katnip News!

JAZZY
FEMALE TIGER-STRIPED TABBY
BORN APPROX. 8/2023

What do Dolly Parton and Jazzy have in common? Both have a marvelous coat of many colors, but unlike Ms Parton, Jazzy's bright hues are all natural, and she even has that rare "bulls-eye" pattern. Snazzy Jazzy is a very affectionate young girl who loves to be by your side, sprawling dra-matically in the sun displaying all her vibrant colors and patterns, and en-joys a lot of attention, quality time and neck scratches. She will want to know what you're doing and want to su-purr-rvise to make sure you're do-ing it right. She's young and curious and would ideally fit in a home that can spend time with her and give her attention and lots of pets. Fun fact: she was an avid climber of lemon trees in her younger days.

So if you're looking for some flamboyance and a chatty companion who loves a good snuggle session, this friendly little girl is worth checking out. She's a "must see" in purr-son! She's spayed, current on vaccines, healthy, and chipped. Submitting the adoption application will facilitate that. <https://www.lifelineforpets.org/jazzy.html>.



Pet of the Week

Handsome Hawkeye hopes he can be the apple of your eye. Hawkeye is two years old, weighs about 60 pounds and is such a good boy!

Hawkeye got to spend a few days in a foster home, and he was an ideal houseguest. He is crate trained, housetrained and loved having someone to snuggle with on the couch. He walks well on a harness and seems interested in meeting similar-sized dogs.

He's also a ton of fun! He loves dissecting plush toys to uncover the squeaker, which he is convinced is the best part. He enjoys walks and trips in the car, so he would be a great hiking or maybe running buddy.

We have found that Hawkeye can be a bit shy with new people, but within a matter of minutes, he'll attach his head to your lap for as many pets as he can get.

Hawkeye and all other dogs over 6 months old can be adopted for only \$25 during the Love is Blooming adoption promotion at Pasadena Humane. The promotion ends on Sunday, April 14.

The adoption fee for dogs is \$150. All dog adoptions include spay or neuter, microchip, and age-appropriate vaccines.

All dog adoptions include spay or neuter, microchip, and age-appropriate vaccines. New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

View photos of adoptable pets and schedule an adoption appointment at pasadenahumane.org. Daily adoption appointments can be scheduled online. New adoption appointments are released every Sunday and Wednesday at 10:00 a.m. Walk-in adoptions are available every day from 2:00 – 5:00.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.



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SUNDAY
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- Diabetes
- Heart Health
- Maternal & Child Health
- Childhood Development
- Breast Care
- Menopause
- Q & A

Light refreshments will be served.

Hybrid event, zoom details below:

<https://zoom.us/j/990671794057>

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Meeting ID: 990 6717 9405

Passcode: ANCwomen

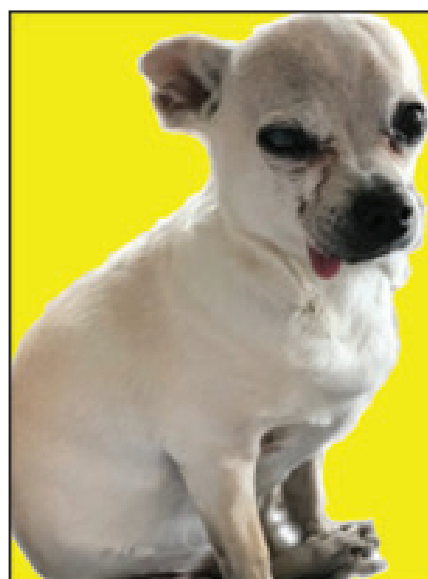
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THEME: GRADUATION

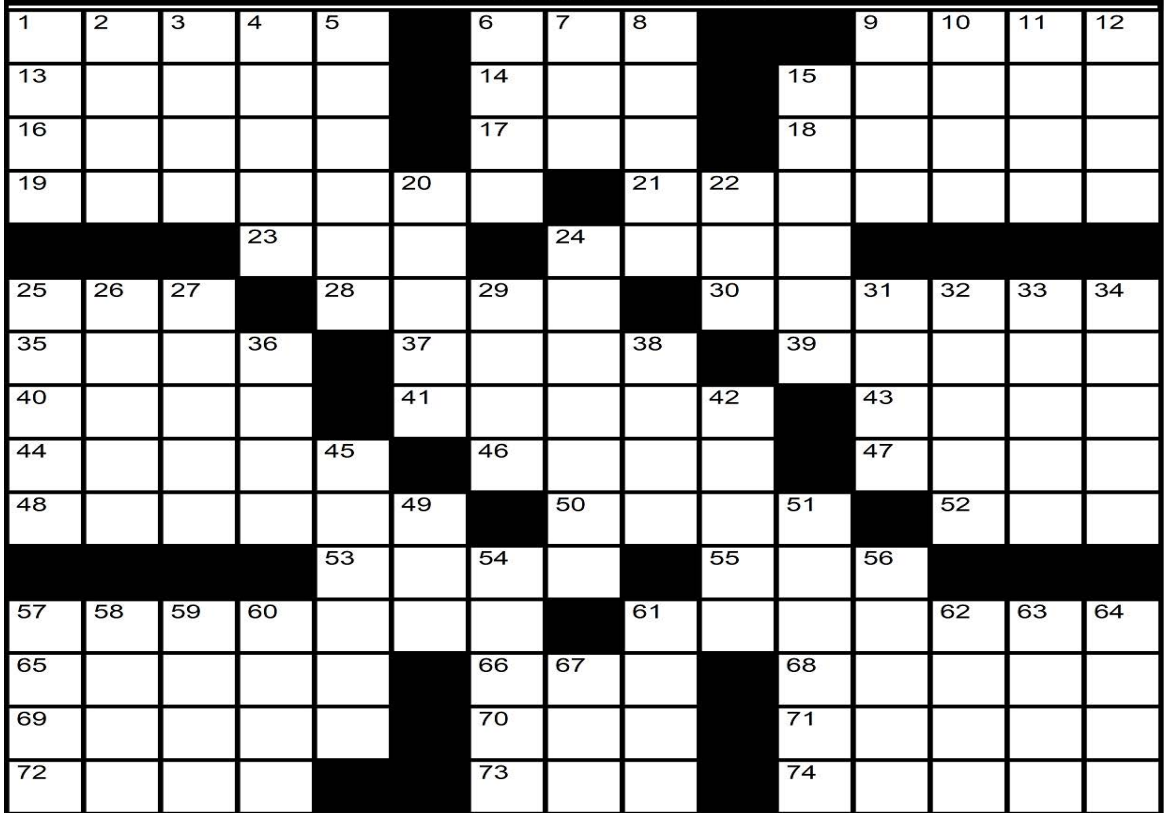
ACROSS

1. Accumulate
6. Popular pickup
9. Johnny Depp's 2001 biopic
13. Jousting pole
14. Mozart's "L_____ del Cairo"
15. Figure of speech
16. Oak nut
17. Be off base
18. Less typical
19. *Graduating class
21. *S in BS
23. *Graduating NCAA player's goal?
24. FedEx, verb
25. "I Want My _____," television channel
28. Daytime drama
30. Online business
35. Fleur-de-lis
37. Dart
39. Planktonic tunicate
40. Not naughty
41. Break of day
43. Last row
44. Verdi's opus
46. Lion's do
47. D.E.A. agent
48. Sell again
50. Penny
52. To the _____ degree
53. Prep for certain potatoes
55. Metered ride
57. *Final reward
61. *Academic _____, a.k.a. Cap and Gown
65. Gibson garnish
66. Rocks, to a bartender
68. Angry
69. Lieu
70. Not solid or liquid
71. Post-it user
72. Of two minds
73. Bldg unit
74. Opposite of friend

DOWN

1. "Oh, woe!"
2. Riot spray
3. At another time, archaic
4. Substitute for tender
5. Misters in Spain
6. Fish eggs, pl.
7. Acronym, abbr.
8. Wet land
9. Highlands hillside
10. Forsaken
11. Oil org.
12. "The Way We _____"
15. *Finals at Cambridge University
20. Building toppers
22. El _____, Spain's national hero
24. Popeye's fuel
25. *Major's partner
26. Beef _____, dim sum choice
27. Moral weaknesses
29. *Grad
31. Mountain lake
32. As a whistle?
33. 1960s abstractionism
34. *"Pomp and Circumstance," e.g.
36. Dried up
38. Adjust the pitch, with "up"
42. Previous VP
45. Marcona nut
49. Skedaddle
51. Moroccan spiced stew
54. Eurasian antelope
56. Sacha Cohen's middle name
57. Olden days "do", second person singular
58. Sean Penn's movie "_____ the Wild"
59. Embarkation location
60. *Student aid
61. Catch one's breath
62. Not on time
63. One on a list
64. Bald eagle's nest
67. *Graduation garb topper

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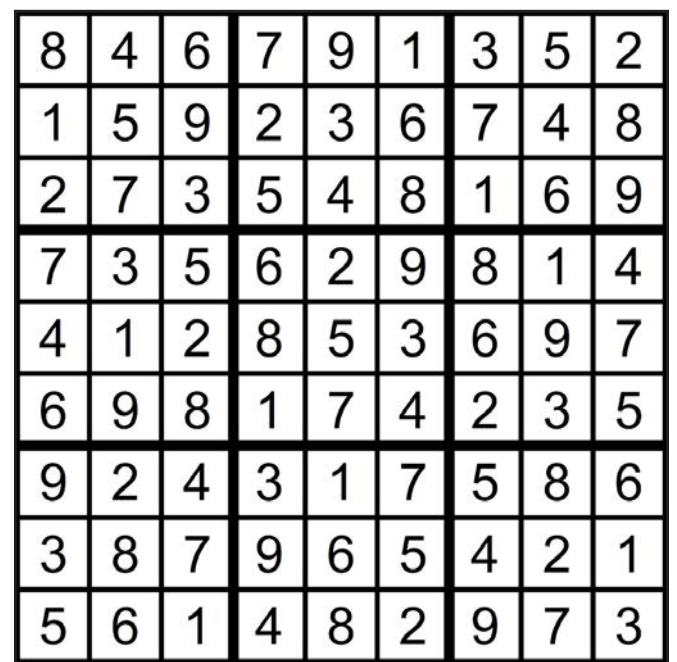
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Last next weeks Solutions



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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

To save materials and energy...

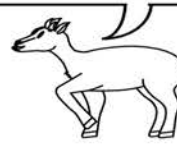


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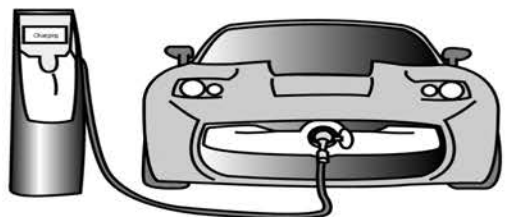


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Kids: color stuff in!



Earth Day

**Energy Today
and Tomorrow!**

People are always working on ways to get the energy we need while keeping the ground, air and water clean, as well. Some people are exploring "clean coal." Others are using "renewable" forms of energy – like solar panels or wind turbines.

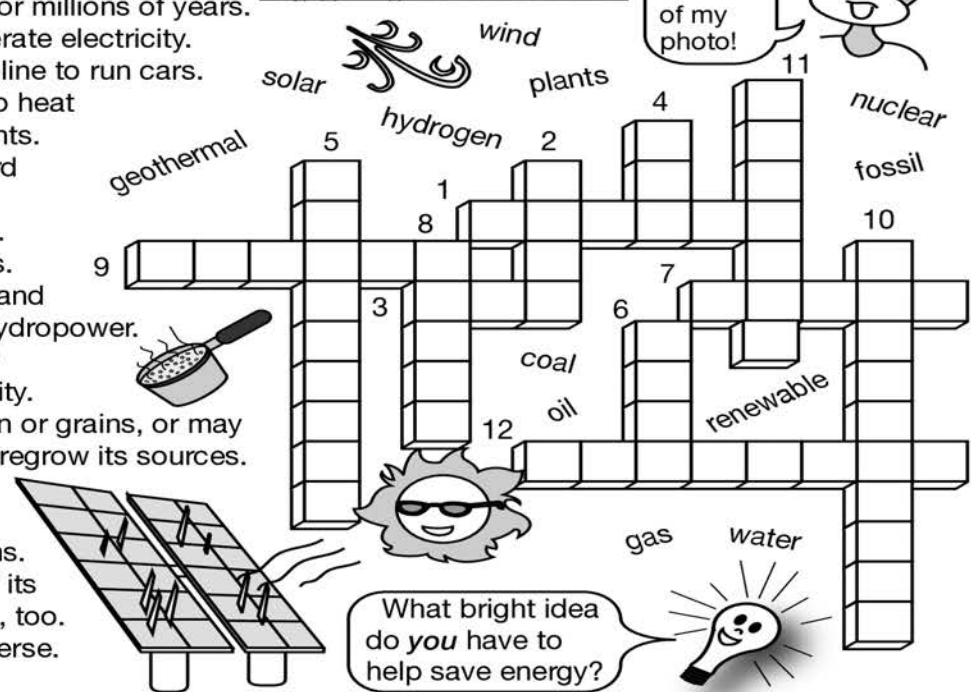
Read the clues to fill in the puzzle:

1. The major fuels we use for energy today are called _____ fuels because they are made from parts of animals and plants that have been under heat and pressure in the Earth's crust for millions of years.
2. Pieces of black _____ we dig out of the ground are used in power plants to generate electricity.
3. A thick liquid we pump out of the earth and use to heat our homes or turn into gasoline to run cars.
4. Natural _____ is pumped out of oil fields or other underground fields. It is used to heat homes and water and to cook food on stoves. Russia has the world's largest amounts.
5. Once we use up the **fossil fuels** they will be gone. Today, scientists are working hard on fuel sources that can be regrown or reused. They are called _____ fuels.
6. Giant, fan-like structures with blades that you might see in fields are called turbines. They use the _____ as a source of power. They make electricity to power homes.
7. Another **renewable** source of power is _____. We use dams to hold water back and then slowly let it flow through to spin generators to make electricity. This is called hydropower.
8. In very sunny areas, you can see panels that collect _____ energy. This is energy from the sun's rays. The special cells in the panels can change sunlight into electricity.
9. Have you heard of bioenergy? This form of energy is created from _____ like corn or grains, or may be made from wood scraps or animal waste. It is a renewable fuel because we can regrow its sources.
10. This source of energy uses heat from deep in the earth. Boiling liquid or steam is pumped up to the surface and passed through machines to generate electricity.
11. Have you heard of _____ power plants? They generate energy by splitting atoms. When the atoms are split apart they release energy. France generates almost all of its own electricity by using nuclear power plants – and sells energy to other countries, too.
12. Colorless, odorless, highly flammable gas – the lightest known element in the universe. It is used in "fuel cells" that can run cars and heat homes.



Wind turbines are one way to generate power using a renewable resource. They help to cut pollution.

Chitter! Get out of my photo!



THE DERBY

My contacts tell me that the Derby will be closing for a remodel, so you'd better get in quick

The Derby Restaurant in Arcadia is part of a storied history like the racetrack that birthed it. As you shuffle through the restaurant you are taken back in time to an era when horseracing was the sport and Seabiscuit galloped through the Depression. Over the decades interest in the sport has waned with the divided attention of more channels than once could ever be envisioned. If you are a Hemingway fan, horseracing and boxing are as American as freedom. The great thing is that you don't have to be a racing fan to enjoy this historic restaurant. The restaurant was made famous by its purchase in 1938 by Hall of Fame Horse Jockey George "The Iceman" Woolf, who rode Seabiscuit, and who wanted a place to gather his friends in the horse racing industry. He was famously known for his cool rides on horses. As other jockeys aggressively moved their mounts a fraction early, he patiently waited and finally unleash a well-timed run that would place his horse's nose on the winning end of the photo. Today the reins of the restaurant fall under the able hands of two young entrepreneurs who have maintained the identity of the restaurant.

There are many exciting items on the menu, and we started dinner with the World-Famous Cheese Bread. You know I love "World Famous" and it is enough bread to feed a cavalry. Our appetizer selection was the Crab Cakes and described on the menu as from the starting gate. I still like the one at the Frontrunner (at Santa Anita Racetrack) For my entree I went with the steak, a Bone-in Kansas City Rib Eye. Once the kitchen got the temperature right, it was so tender that I worked myself all the way into gnawing on the bone. My dinner companion ordered the Marinated Grilled Shrimp (aka Shrimp Skewers), breaking the rule of ordering seafood on a Sunday, but I gave it two thumbs up as well. As for desserts, there are many on the list, but for a special occasion I would go for the Baked Alaska. The Bar has Large screen TVs

After a special Day at the Track, or simply if you are in the area, you should definitely check out The Derby. Mother's Day is just around the corner as if you didn't know!!

The Derby 233 E. Huntington Dr. Arcadia (626) 447-2430
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THE TASTING ROOM

AN AMAZING WINE UNDER \$20

I'm Gustavo Lira, Tasting Room Manager and Wine Buyer at The Bottle Shop in Sierra Madre with another wine and spirits selection.

I love finding wines that over deliver and over perform. I especially love it when the wine is under \$20. found one and it's a beauty – the 2019 AntoLin "Le Bone" Red Wine from Yakima Valley. This ain't no mass-produced grocery store wine that's unpotable. This is a wine that is well made with depth and character from a small production, family run winery in Washington. It's a blend of 40% Cabernet Sauvignon, 33% Malbec, and 27% Carménère and was aged in French oak barrels.

AntoLin Cellars is named after the owners – Tony and Linda Haralson. Tony is the winemaker while Linda handles the hospitality side. They have their own estate vineyard which produces Cabernet Sauvignon, Malbec, Carmenère and Riesling. The winery is located in Yakima Valley – Washington's oldest federally approved grape-growing region, and the first federally recognized wine-growing region in the Pacific Northwest – in south-central Washington within the larger Columbia Valley AVA.

The wine shows beautifully. Notes of red and black fruit. Cherries, blackberries, and cranberry. Warm spice, white pepper, and subtle herbal notes round out this wine. The finish is smooth and lengthy. I always recommend you drink the entire bottle of any wine you open that night. However, if you decide to leave some of this wine for the next day or two, it holds up incredibly well. I tasted a bottle that had been open four days prior, and it was still delicious and smooth.

This wine is available at The Bottle Shop for \$19.99. Mention you saw the wine in the Mountain Views News and get it for \$18.00.

Don't settle for cheap grocery store wine. Inexpensive wine can be amazing. You just have to know where to look and who to ask. Come visit us at The Bottle Shop and find more quality wines such as this.

Until next time – Salud!

Upcoming Wine Tastings – Sunday April 14th – Great Wines Under \$25. Thursday & Friday April 18 & 19 – South American Wines. TBD April Fresh Shucked Oysters and Champagne! Scan the QRCode to subscribe to The Bottle Shop newsletter and stay informed on our weekly wine tasting, beer tasting, and special winemaker events.



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Casa del Rey

Mexican Restaurant & Cantina
Sierra Madre, CA

IN THE KITCHEN
Our Favorite Recipe of the week

GREEK CHICKEN PASTA

INGREDIENTS:

1 pound uncooked pasta
1 tablespoon olive oil
2 cloves garlic, crushed
1/2 cup chopped red onion
1 pound skinless, boneless chicken breast meat - cut into bite-size pieces
1 (14 ounce) can marinated artichoke hearts, drained and chopped
1 large tomato, chopped
1/2 cup crumbled feta cheese
3 tablespoons chopped fresh parsley
2 tablespoons lemon juice
2 teaspoons dried oregano
salt and pepper to taste
2 lemons, wedged, for garnish

DIRECTIONS:

Bring a large pot of lightly salted water to a boil. Cook pasta in boiling water for 8 to 10 minutes, or until al dente; drain.

Meanwhile, heat olive oil in a large skillet over medium-high heat. Add garlic and onion, and saute for 2 minutes. Stir in the chicken. Cook, stirring occasionally, until chicken is no longer pink and the juices run clear, about 5 to 6 minutes.

Reduce heat to medium-low, and add the artichoke hearts, tomato, feta cheese, parsley, lemon juice, oregano and cooked pasta. Stir until heated through, about 2 to 3 minutes.

Remove from heat, season to taste with salt and pepper, and garnish with lemon wedges.

Sierra Madre Kiwanis

Creating life changing experiences for our Community Youth

SAVE THE DATE: MAY 11, 2024 **Boot Skootin' Chili Cook Off**
<https://sierramadrekiwanis.com/>

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Building Leaders

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HEALTHY TRAVEL TIPS FOR OLDER TRAVELERS

Dear Savvy Senior:

What tips can you offer retirees with health issues who are planning some trips? We've been looking forward to traveling again after staying home the past few years, but my husband has a heart condition and some back problems that worry me.

Concerned Wife



Dear Concerned:

A dream vacation can turn into a real nightmare if you get ill or injured while you're away and aren't prepared. Before setting out, here are some tips to help ensure a safe and healthy trip for you and your husband.

Get prepared: Before you go, talk with your doctor about your travel itinerary and what precautions you need to take before traveling. You should also have your doctor's contact information with you when you travel, as well as a list of the medications you're taking in case you need emergency medical care while you're away.

It's also a smart idea to locate health clinics or urgent care facilities near the areas you're visiting. Your hotel can help you with this or a simple internet search can identify nearby health care services. If you're traveling abroad, the U.S. consulate or embassy in the countries you're visiting (go to step.state.gov to enroll your trip) is a good place to get a referral. Or use the International Society of Travel Medicine's directory at ISTM.org.

If you're traveling outside the U.S., you also need to find out the health conditions of the country you're visiting and what, if any, vaccinations and/or preventative medications are recommended. See CDC.gov/travel or call 800-232-4636 to get this information.

Check your insurance: If you have private health insurance or a Medicare Advantage plan through an HMO or PPO that covers in-network doctors only, check your plan to find out what's covered if you need medical care when traveling outside your geographic area.

Beneficiaries that have original Medicare are covered everywhere in the U.S. But if you're traveling abroad, you won't be covered outside the U.S. and its territories except in rare circumstances, although some Medicare Advantage plans and some Medigap supplemental policies do provide limited coverage. Most private health plans don't pay health care costs outside the U.S. either. Be sure to check.

Many retirees traveling abroad purchase travel insurance with medical coverage, which may cover expenses if you cancel the trip, need to be treated while traveling or need to be evacuated for medical care. Make sure the policy will also cover your preexisting medical conditions. To shop and compare policies visit TravelInsurance.com, InsureMyTrip.com or SquareMouth.com.

Organize your medications: Make sure you have a sufficient supply of medications to last the entire trip.

If traveling by air, you need to pack your medicine in your carry-on bag, so if your checked luggage gets lost or misdirected you won't be without. It's best to keep your medications in their original containers to get through airport security without delays. It's also a good idea to bring along a note from your doctor that explains why you take these medications, especially if syringes or other medical supplies are involved.

For airport security requirements visit TSA.gov – click on “Disabilities and Medical Conditions.” You can also call TSA Cares at 855-787-2227 prior to traveling with questions about screening policies, procedures and what to expect at the security checkpoint.

Maximize technology: Keep a list of your medications and other important health and medical information handy on your smartphone so you can easily access and share it with emergency health care providers when you're traveling. Some good apps that can help with this are Backpack Health (BackpackHealth.com) and Capzule (Capzule.com).

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of “The Savvy Senior” book.

SENIOR HAPPENINGS

HAPPY BIRTHDAY! ...APRIL BIRTHDAYS*



Howard Rubin, Anita Hardy, Hattie Harris, Marilyn Diaz, Virginia Elliott, Elma Flores, Betty Jo Gregg, Barbara Lampman, Betty Mackie, Elizabeth Rassmusen, Maria Reyes, Marian DeMars, Anne Schryver, Chrisine Bachwansky, Colleen McKernan, Sandy Swanson, Hank Landsberg, Ken Anhalt, Shannon Vandeveld, Barbara Rounkle * To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required

Beginner

Every Tuesday
10:00am-11:00am

Intermediate

Every Friday
10:00am-11:00am

Bring your lei, flower skirt and your desire to dance! Join in on the fun in the Memorial Park Covered Pavilion on Thursday and the Hart Park House on Friday.

Call 626-355-5278 for more information.

Chair Yoga

Every Monday and Wednesday
Hart Park House 10-10:45 am

Please join us for some gentle stretching, yoga, balance exercise and overall relaxation with Paul. Classes are ongoing and held in in the Hart Park House Senior Center.

Call 626-355-5278 for more information

Senior Cinema

Movies begin at 1:00pm

April 10

Mamma Mia PG-13

The story of a bride-to-be trying to find her real father told using hit songs by the popular 1970s group ABBA.

April 24

Twins PG

A physically perfect but innocent man goes in search of his long-lost twin brother, who is short, a womanizer, and small-time crook.



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder
AND THEN THERE WAS BROCCOLI

Sometimes, bad days are a blessing in disguise, but you don't know it at the time.

I have learned that whenever I have a bad day, it is not a time to get discouraged or sad. A bad day is often a door that opens up something I never expected.

Last week, for example, The Gracious Mistress of the Parsonage had plans to spend three days in St. Augustine with her daughter and granddaughter on a thrift store drive. They would visit all the thrift stores in the area and buy whatever they could at a good price.

“You don't mind if I and the girls go to St. Augustine for three days,” the Gracious Mistress of the Parsonage asked. Asking me a question like that does two things for me.

First, it allows me to have lunch at nearby restaurants. Second, it allows me to do things against The Gracious Mistress of the Parsonage's rules and guidelines without her knowing. For three days, I will be left to my own rules and guidelines. What in the world more could I ask for?

As I was processing this, The Gracious Mistress of the Parsonage said, “And by the way your meals are already prepared and in the refrigerator.” Well, that wasn't expected. After all the preparation on both sides of the aisle, she was ready to take off with her daughter and granddaughter for a three-day thrift store extravaganza. She kissed me goodbye, and out the door she went, and my three-day celebration had just begun.

I went to the kitchen, got a fresh cup of coffee, took it to my easy chair, set back, and just thought about what I was going to do during the next three days. I sat there thinking about all of the opportunities that were before me. At lunchtime, I went to the refrigerator to see what lunch was waiting for me. When I opened the door, I was literally surprised. The refrigerator was jammed full of lunch, dinner, and breakfast food already for me. Every item was labeled either breakfast, lunch, or supper, so I knew which one to take and at what time.

Being the contrary person I am, instead of eating the lunch package, I ate the supper package. As I chomped on the delicious meal, I chuckled, knowing that I was in charge of my life. I didn't care about the tags on the food; I just grabbed what was handy, and that was what I was going to eat at the time. At the beginning of the second day, I noticed something. The labels were not exactly correct. The breakfast label was on

the supper package, the lunch label was on the breakfast package, and the supper label was on the lunch package. She made it very distinct and did an excellent job at it.

On the first day, I snuck out in the afternoon and got a cheeseburger, fries, and Diet Coke. I'm not sure if it was lunch or supper, but I enjoyed it. By midmorning, when I was working at my desk on the second day, a thought fluttered into my head. That thought was about an Apple Fritter. This would be an excellent time for me to sneak over to Publix and get one. I could do that, and she would never know the difference.

I kept thinking about that and wondered how I could accomplish it. After all, everybody at Publix knows my wife and knows that she doesn't want me to eat any Apple Fritters. I tried it once before and got caught, and so I wasn't going to do it again. It didn't stop me from thinking about those wonderful Apple Fritters. What harm would I do to sneak one into the house, but The Gracious Mistress of the Parsonage wasn't home and wouldn't find me out?

I thought about going to the Publix across town, which would be worth the time and the gas. I was eating the food from the refrigerator, and on the third morning I noticed a box in the back of the fridge. I pulled the box out, and on the top of the box was the word broccoli. I almost had a heart attack when I saw it and was afraid to open it.

Why did she put a box of broccoli in the refrigerator for me to find when she was away? Maybe she thought I would take that broccoli and throw it away. Or maybe she thought I would see it and do nothing with it.

I'm not that kind of person, so I pulled the box out. I was going to throw the broccoli away and put something else in it just to be funny, but when I opened the lid, inside were Apple Fritters. In the box was a note on which she wrote, “You deserve a break today, just don't break a leg.” I could not help but think of that Bible verse, “Can two walk together, except they be agreed?” (Amos 3:3).

As I munched on those Apple Fritters I thought about what it means to “be agreed.” Certainly The Gracious Mistress of the Parsonage and I “walk together.” That has been true since our marriage. The important thing is that we agree sometimes to disagree.

Our difference is what makes us a great team. My weakness is her strength and her weakness is my strength.

Residents of Sierra Madre

FREE COMPOST EVENT

Saturday, April 20th
8:00 am to 12:00 pm

Sierra Vista Park (West End Parking Lot)
611 E Sierra Madre Blvd, Sierra Madre, CA 91024

Athens' compost is a blend of organics material including a mix of green waste, wood waste, and food scraps.* Our compost is OMRI Listed® and licensed by the California Department of Food and Agriculture. *May contain small particles of glass.

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▶ BRING SHOVELS, DOLLY, AND STURDY CONTAINERS
(SELF-SERVICE EVENT)

▶ NO PLASTIC BAGS or CARDBOARD BOXES ALLOWED

▶ DRIVE UP ONLY
(NO WALK-UPS)

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PUBLISHER/ EDITOR
Susan Henderson

PASADENA CITY EDITOR
Dean Lee

PRODUCTION

SALES
Patricia Colonello
626-355-2737
626-818-2698

WEBMASTER
John Avery

DISTRIBUTION
Peter Lamendola

CONTRIBUTORS
Stuart Tolchin
Harvey Hyde
Audrey Swanson
Meghan Malooley
Mary Lou Caldwell
Kevin McGuire
Chris Leclerc
Dinah Chong Watkins
Howard Hays
Paul Carpenter
Kim Clymer-Kelley
Christopher Nyerges
Peter Dills
Rich Johnson
Lori Ann Harris
Rev. James Snyder
Katie Hopkins
Deanne Davis
Despina Arouzman
Jeff Brown
Marc Garlett
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Dan Golden
Rebecca Wright
Hail Hamilton
Joan Schmidt
LaQuetta ShambleE

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Letters to the editor and correspondence should be sent to:

Mountain Views News
80 W. Sierra Madre Bl.
#327
Sierra Madre, Ca.
91024
Phone: 626-355-2737
Fax: 626-609-3285
email:
mtnviewsnews@aol.com



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STUART TOLCHIN PUT THE LIGHTS ON CALIFORNIA, THERE THEY GO



People are crazy. But seriously. Is it [possible that people are leaving California in droves. How can that be?

Of course I am prejudiced. My earliest remembered years were in South Side Chicago, and I remember watching the Rose Bowl Parade on TV while it was freezing and snowing outside. I wondered, could there really be a place where people marched in the

sun in the winter on a street called Orange Grove Avenue?

Eventually my whole family moved to California, and I was not disappointed. It was more than I ever imagined it could be. It truly seemed like God's Country and although I did not believe in God, if there was a God this would be his country. Lately, by the way, I am beginning to have some doubts about this no God business.

On Monday, my wife and I actually left the house for a reason other than keeping doctor appointments. We drove over to Cal Tech, unquestionably one of the greatest Schools in America, to view what we could see of the solar eclipse. We had to park far away from the entrance and as we walked people going the other way asked how long the line was. I amused myself telling people that the line had no end. Nevertheless, we eventually reached the entrance and were handed special eclipse viewing glasses and found our way to the athletic field which was already filled with about a thousand people.

The eclipse would not be happening for a while and as usual I amused myself by talking to strangers. This one of my many traits that absolutely drives my wife crazy, but she is not so crazy as to want to leave California or to leave me. Near us was a six-year-old girl and her mother. The girl noticed my discomfort as I tried to lay on the ground. I told her that even though I was old I could still do pushups (which I cannot really do) and challenged her to do ten pushups. She easily did the ten and became obsessed with doing pushups as I counted out the numbers for her.

As eclipse time approached, I noticed someone with a giant telescope, and I walked over to peer into it. As I attempted to look into it, a woman screamed at me yelling "just because you are a senior doesn't mean you can go to the head of the line. "For the first time I noticed there was a huge line of people waiting their turn to use the telescope. Embarrassed, I attempted to protect my dignity by saying, "I am not a senior, I am a sophomore." The woman still looked angry as I walked away but a little later came over and apologized to me for yelling. Eventually, the eclipse began, and I asked for help from a passerby to assist me in reaching a sitting position. I viewed the partial eclipse in all its glory which after a while lead me to question my heretofore unquestioned belief in a godless universe. As I think about it now it is clear that at this particular moment in time (whatever that really is) humankind has not reached the point where we can answer the very basic questions about the universe and, as humans, whether we have a special obligation within that universe.

As we drove home, I noticed that to the east, in the midst of the eighty-degree weather, I could view snow-capped mountains. What a wonderful place California is! Sure, the food prices are high and it's tough to afford a restaurant meal. Still, once you get helped by the understaffed servers, you realize that the portions are huge and one serving is more than enough for the two of you.

Right here in Sierra Madre there are municipal golf courses all around with available tee times. Unfortunately, many of my former golfing partners are now unavailable as their doctors go through an organ recital informing many of us oldsters what is wrong and what we can expect. I have such an appointment on Friday but, at least until then, life is good here in California and I would not want to be anywhere else.

TOM PURCELL



A GOOD MONTH TO PREVENT DISTRACTED DRIVING

"It wasn't my fault the car in front of me hit me. I glanced at my text message for only a second when our bumpers collided." "How could the car in front of you hit you?"

"The idiot stopped to let a deer cross the street — and dented my front bumper with his rear bumper. Yet the cops wrote me up for texting while driving!"

"It's because of people like you that April has become National Distracted Driving Awareness Month! Safety advocates are urging drivers like you to avoid texting or watching streaming video on their phones, while behind the wheel of their cars!"

"A whole month to make people aware of the risks of distracted driving?"

"That's right. The National Highway Traffic Safety Administration says 3,522 people were killed in traffic crashes involving a distracted driver in 2021, and an estimated 362,415 people were injured."

"Look, I'm in sales and on the road a lot. I've gotten pretty good at talking, eating, texting and driving. It wasn't my fault some idiot front-ended me."

"That's simply not true. According to The New York Times, a Michigan professor found that when someone tries to multitask, important neural regions in the brain must switch back and forth. This opens up opportunities for serious mistakes behind the wheel."

"But it's not my fault my wife wants immediate answers when she texts me!"

"Look, our roadways have changed significantly over the years. For starters, many of our cars are so comfortable and quiet, people forget they're operating a two-ton hunk of steel. They're able to zone out to music or yap on the phone, oblivious to the millions of things that could go wrong."

"But I invested a lot of dough in my sound system. It would be a waste not to blast the speakers!"

"To make matters more challenging, there are lots more cars on the road. According to Forbes, more than 97% of American households have one car and nearly 23% have three or more!"

"So we're a rich country. What's wrong with that?"

"It only means that there are lots more drivers on the road — drivers of every age and experience level. We know, for instance, that teen drivers are distracted more easily than older drivers — especially when their peers are in the car with them."

"My wife and I solved that problem. We got our daughter a '76 Pacer. She never leaves the house."

"That's funny. The point is, the more distracted drivers there are on the road, the greater the opportunity for accidents. And add to that challenge a mix of ever-changing technologies — smartphones, iPads, laptops and GPS devices — and you have a recipe for disaster."

"You make some good points."

"Look, many people are wary of the government intervening in our lives, but there is wide agreement that this is one area where the government needs to intervene. Many states have implemented distracted driving laws and with good reason."

"OK, I agree with you and I'll stop texting while driving. But please know that my driving skills are widely admired by other drivers. They even praise me when I cut them off!"
"They do?"

"Why else would they keep giving me the 'You're No. 1' finger gesture?"

RICH JOHNSON NOW THAT'S RICH



VENI VIDI VILLAM EMI

In my most recent column I amazed and delighted a few of you (okay, 6 of you) with the dying words of famous people. Pancho Villa's last utterance stood out as a lesson for all of us. I remind you that Pancho said: "Don't let it end like this. Tell them I said something important."

I'm certain Mr. Villa would have garnered a more favorable reputation in history if he had prepared his last words in advance.

If you want to be remembered in the most favorable light, I recommend you do what I have just done: Prepare your last words in advance, memorize those words, keep a copy in your wallet, purse and, for sure, on the refrigerator door.

Your last words should not be verbose (look it up). Use either your native tongue or, for a little extra class, do what I did...prepare your dying words in Latin. My last words are also the title of this week's column. Classy huh? I'll delight you with the interpretation at the end of the column...if you get there lol!

For the rest of my allotted verbiage, I thought I might slingshot to a more positive topic and talk about first utterances. Looking to our species, no surprise all of our first utterances were the same: "Wah, wah, wah, wah, Mommy".

My plan became sharing first lines in books, plays and movies. (Note to young people considering romantic entanglements) This is a good opportunity to test the cultural depth of a potential romantic candidate: Test their knowledge of the classics be it movies or books. Here we go:

"It is a truth universally acknowledged, that a single man in possession of a good fortune, must be in want of a wife." Pride and Prejudice, Jane Austen

"It was a bright cold day in April, and the clocks were striking thirteen." 1984, George Orwell

"You better not never tell nobody but God. It'd kill your mammy." The Color Purple, Alice Walker

"It was the best of times; it was the worst of times." A Tale of Two Cities, Charles Dickens

"You don't know about me, without you have read a book by the name of 'The Adventures of Tom Sawyer', but that ain't no matter. That book was made by a Mr. Mark Twain, and he told the truth, mainly." The Adventures of Huckleberry Finn, Mark Twain (Pssss, no typos)

"All of this happened, more or less." Slaughterhouse-Five, Kurt Vonnegut

"I am a sick man...I am a spiteful man. I am an unattractive man. I think my liver is diseased." Notes From Underground, Fyodor Dostoyevsky (I considered this as my last words RJ)

Ladies, here are opening lines from two movies you can use to test the IQ of your prospective date. Just ask them to name the movie. Their answer will enlighten you.

#1 "Hello, my name's Forrest, Forrest Gump. You want a chocolate?" Forest Gump

#2 "The hills are alive with the sound of music." The Sound of Music

Okay, back to the title of this column. My intended last words. As a reminder, the title is in Latin, Veni vidi villam emi".

It translates "I Came, I Saw, I Bought the Farm."

Hold the horses. To end on a more positive note, I am going to share a poem penned by another writer, Don Winham. I see Don nearly every Saturday morning at Corfu Restaurant in Sierra Madre. The poem, no surprised, is centered around one of my favorite pastimes... eating. Don's wonderfully clever work is entitled:

PEANUT BUTTER TOAST

At the start of the day, what helps me the most
Is a healthy serving of peanut butter toast
Is it healthy for me? Probably not
But give it a try, you will like it a lot

Fruits and veggies are easier to chew
And everyone knows they are better for you
When it's party time and I'm the host
Plan on me serving peanut butter toast

When Thanksgiving arrives, I eat what I like
I can take off the pounds riding my bike
I like the turkey or maybe a roast
But I'd give it all up for peanut butter toast

Many tasty foods are born in the South
And none of them stick to the roof of your mouth
Colonel Sanders would agree if only he could
Peanut butter toast is finger lickin' good

When it's my time to die, I'll be heard to utter
"Toast some bread, bring me peanut butter".

Don Winham

Out partying without a designated driver?



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FICTITIOUS BUSINESS NAME STATEMENT
File No. 2024-059016
The following person(s) is (are) doing business as: HG ELECTRIC, 245 SOUTH AVENUE 54 APT 101, LOS ANGELES, CA 90042. Full name of registrant(s) is (are) HUGO ALBERTO GAMEZ, 245 SOUTH AVENUE 54 APT 101, LOS ANGELES, CA 90042. This Business is conducted by: AN INDIVIDUAL. Signed: HUGO ALBERTO GAMEZ/OWNER. This statement was filed with the County Clerk of Los Angeles County on 03/18/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 02/20/2024. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: MAR 30, APR 06, 13, 20, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2024-059224
The following person(s) is (are) doing business as: KIKA'S BEAUTY BAR, 421 N SPRING AVE, COMPTON, CA 90221. Full name of registrant(s) is (are) ERICA HERRERA, 421 N SPRING AVE, COMPTON, CA 90221. This Business is conducted by: AN INDIVIDUAL. Signed: ERICA HERRERA/OWNER. This statement was filed with the County Clerk of Los Angeles County on 03/18/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 03/20/2024. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: MAR 30, APR 06, 13, 20, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2024-063933
The following person(s) is (are) doing business as: KOOL AIR CONDITIONING, 1528 LANCEWOOD AVE, HAZENDA HEIGHTS, CA 91745. Full name of registrant(s) is (are) JORGE ADALBERTO GUTIERREZ, 1528 LANCEWOOD AVE, HACIENDA HEIGHTS, CA 91745. This Business is conducted by: AN INDIVIDUAL. Signed: JORGE ADALBERTO GUTIERREZ/OWNER. This statement was filed with the County Clerk of Los Angeles County on 03/22/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 12/2001. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: MAR 30, APR 06, 13, 20, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2024-053030
The following person(s) is (are) doing business as: KAIZEN BOOKKEEPING & CONSULTING, 7260 RICHFIELD ST. 307, PARAMOUNT, CA 90723. Full name of registrant(s) is (are) MAYRA VALERIO CRUZ, 7260 RICHFIELD ST. #307, PARAMOUNT, CA 90723. This Business is conducted by: AN INDIVIDUAL. Signed: MAYRA VALERIO CRUZ/OWNER. This statement was filed with the County Clerk of Los Angeles County on 03/08/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 02/20/2024. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: MAR 30, APR 06, 13, 20, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2024-059590
The following person(s) is (are) doing business as: L C EXECUTIVE, 1205 W 54TH ST, LOS ANGELES, CA 90037. Full name of registrant(s) is (are) LUIS CASTILLO, 1205 W 54TH ST, LOS ANGELES, CA 90037. This Business is conducted by: AN INDIVIDUAL. Signed: LUIS CASTILLO/OWNER. This statement was filed with the County Clerk of Los Angeles County on 03/19/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/20/2024. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: MAR 30, APR 06, 13, 20, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2024-064743
The following person(s) is (are) doing business as: LINK AUTO, 10046 HARVEST AVE, SANTA FE SPRINGS, CA 90670. Full name of registrant(s) is (are) LINK AUTO LLC, 1004 HARVEST AVE, SANTA FE SPRINGS, CA 90670. This Business is conducted by: A LIMITED LIABILITY COMPANY. Signed: HENRY A TREJO/MANAGING MEMBER. ARTICLE # 20235991 This statement was filed with the County Clerk of Los Angeles County on 03/26/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: MAR 30, APR 06, 13, 20, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2024-056765
The following person(s) is (are) doing business as: MJ JR. IRON WORK, 1006 W 77 TH ST, LOS ANGELES, CA 90044. Full name of registrant(s) is (are) MJ JR. IRON WORK LLC, 1006 W 77 TH ST, LOS ANGELES, CA 90044. This Business is conducted by: A LIMITED LIABILITY COMPANY. Signed: YOLANDA LARA LANDA/MANAGING MEMBER. ARTICLES # 202406014864 This statement was filed with the County Clerk of Los Angeles County on 03/14/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 03/20/2023. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: MAR 30, APR 06, 13, 20, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2024-061311
The following person(s) is (are) doing business as: KENNA'S BODY CONTOUR, 8265 LONG BEACH BLVD, SOUTH GATE, CA 90260. Full name of registrant(s) is (are) LORENA J PENA, 8263 LONG BEACH BLVD, SOUTH GATE, CA 90280. This Business is conducted by: AN INDIVIDUAL. Signed: LORENA J PENA/OWNER. This statement was filed with the County Clerk of Los Angeles County on 03/20/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or

common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: MAR 30, APR 06, 13, 20, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2024-060760
The following person(s) is (are) doing business as: NIKKI D. ESSENTIALS, 14726 TERRYKNOLL DR, WHITTIER, CA 90604. Full name of registrant(s) is (are) NICOLE LEIGH DELGADO, 14726 TERRYKNOLL ST, WHITTIER, CA 90604. This Business is conducted by: AN INDIVIDUAL. Signed: NICOLE LEIGH DELGADO/OWNER. This statement was filed with the County Clerk of Los Angeles County on 03/19/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 03/20/2024. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: MAR 30, APR 06, 13, 20, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2024-053286
The following person(s) is (are) doing business as: PARVATJII LLC, 3447 PECK ROAD, EL MONTE, CA 91731. Full name of registrant(s) is (are) PARVATHI S. PARVATHI, 3447 PECK ROAD, EL MONTE, CA 91731. This Business is conducted by: A LIMITED LIABILITY COMPANY. ARTICLE # 202359612842 Signed: PRAMUKH PATEL/MANAGING MEMBER. This statement was filed with the County Clerk of Los Angeles County on 03/11/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: MAR 30, APR 06, 13, 20, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2024-064767
The following person(s) is (are) doing business as: SPEEDDISPATCH, 6012 NEWLIN AVE APT B, WHITTIER, CA 90601. Full name of registrant(s) is (are) MELCHOR VALDURIA ROQUE, 6012 NEWLIN AVE APT B, WHITTIER, CA 90601. This Business is conducted by: AN INDIVIDUAL. Signed: MELCHOR VALDURIA ROQUE/OWNER. This statement was filed with the County Clerk of Los Angeles County on 03/26/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 03/20/2024. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: MAR 30, APR 06, 13, 20, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2024-062624
The following person(s) is (are) doing business as: THE REPIPE CREW, 376 EAST ALVARADO ST, POMONA, CA 91767. Full name of registrant(s) is (are) THE REPIPE CREW INC, 376 EAST ALVARADO ST, POMONA, CA 91767. This Business is conducted by: A CORPORATION. ARTICLE # 5881366 Signed: RUBEN JIMENEZ/PRESIDENT. This statement was filed with the County Clerk of Los Angeles County on 03/21/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 03/20/2024. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: MAR 30, APR 06, 13, 20, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2024-053438
The following person(s) is (are) doing business as: UN-RIVAL, KORROISIVE, 6153 WILSON AVE, SOUTH GATE, CA 90280. Full name of registrant(s) is (are) RAFAEL ANTONIO RAMIREZ, 6153 WILSON AVE, SOUTH GATE, CA 90280. This Business is conducted by: AN INDIVIDUAL. Signed: RAFAEL ANTONIO RAMIREZ/OWNER. This statement was filed with the County Clerk of Los Angeles County on 03/11/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: MAR 30, APR 06, 13, 20, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2024-060563
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) ANDY W C LEE, 3541 WILSON AVE, DULUTH, GA 30136. Full name of registrant(s) is (are) ANDY W C LEE, 3541 WILSON AVE, DULUTH, GA 30136. This Business is conducted by: AN INDIVIDUAL. Signed: ANDY W C LEE. This statement was filed with the County Clerk of Los Angeles County on 03/19/2024. The registrant(s) has (have) abandoned the use of the fictitious business name: ANDY W C LEE. The original file number of 2023169842. This business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles County on 08/16/2023. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime) ANDY W C LEE/OWNER. Publish: Mountain Views News Dates Pub: MAR 30, APR 06, 13, 20, 2024

FILE NO. 2024-058343
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) CA LIQUIDATORS, INC., 8317 LEEDS ST, DOWNEY, CA 90242. has/ have abandoned the use of the fictitious business name: LEE YOSHI. The fictitious business name referred to above was filed on 08/16/2023, in the county of Los Angeles. The original file number of 2023178660. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles County on 03/21/2024. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime) RUBEN JIMENEZ/OWNER. Publish: Mountain Views News Dates Pub: MAR 30, APR 06, 13, 20, 2024

FILE NO. 2024-062618
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) RUBEN JIMENEZ, 376 E ALVARADO ST, POMONA, CA 91767. has/ have abandoned the use of the fictitious business name: THE REPIPE CREW, 376 E ALVARADO ST, POMONA, CA 91767. The fictitious business name referred to above was filed on 08/16/2023, in the county of Los Angeles. The original file number of 2023178660. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles County on 03/21/2024. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime) RUBEN JIMENEZ/OWNER. Publish: Mountain Views News Dates Pub: MAR 30, APR 06, 13, 20, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2024061482
The following person(s) is (are) doing business as: MADELA PIZZA PASTA, 7565 BEVERLY BLVD LOS ANGELES, CA. 90036. AON 202251317064 LOS ANGELES COUNTY. Full name of registrant(s) is (are) GERUS GRILL LLC, 7565 BEVERLY BLVD LOS ANGELES, CA. 90036. This Business is conducted by: A LLC. Signed: GERUS GRILL LLC. TAL GOLESTANY, MANAGING MEMBER. This statement was filed with the County Clerk of Los Angeles County on 03/20/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 03/20/2024. NOTICE-

This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish:ES Mountain Views News Dates Pub: March 23,30, April 6, 13, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2024058854
The following person(s) is (are) doing business as HARRY THE HANDYMAN 2383 COOLEY PLACE PASADENA, CA. 91104. AON C4848640 LOS ANGELES COUNTY. Full name of registrant(s) is (are) HP HEATING AND COOLING INC. 2383 COOLEY PLACE PASADENA, CA. 91104. This Business is conducted by: A CORPORATION. Signed: HP HEATING AND COOLING INC. HAIKOUT PAPAZIAN, CEO. This statement was filed with the County Clerk of Los Angeles County on 03/18/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 02/20/2017. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish:ES Mountain Views News Dates Pub: March 23,30, April 6, 13, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2024062994
The following person(s) is (are) doing business as FIRE LIFE SAFETY 839 COOPER AVE LOS ANGELES, CA. 90042. LOS ANGELES COUNTY. Full name of registrant(s) is (are) GEORGE MIRAMONTES 839 COOPER AVE LOS ANGELES, CA. 90042. This Business is conducted by: AN INDIVIDUAL. Signed: GEORGE MIRAMONTES, OWNER. This statement was filed with the County Clerk of Los Angeles County on 03/19/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 01/2008. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish:ES Mountain Views News Dates Pub: March 23,30, April 6, 13, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2024060113
The following person(s) is (are) doing business as EARTHWISE AGGREGATES 22945 COLTRANE AVE NEWHALL, CA. 91321. LOS ANGELES COUNTY. Full name of registrant(s) is (are) EARTHWISE DEMOLITION & ABATEMENT CORP. 22945 COLTRANE AVE. NEWHALL, CA. 91321. This Business is conducted by: A CORPORATION. Signed: EARTHWISE DEMOLITION & ABATEMENT CORP., GEORGE MOLINA, PRESIDENT. This statement was filed with the County Clerk of Los Angeles County on 03/19/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 03/20/2024. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish:ES Mountain Views News Dates Pub: March 23,30, April 6, 13, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2024059889
The following person(s) is (are) doing business as ELITE GROUP REO 458 N MACLAY AVE SAN FERNANDO, CA. 91340. LOS ANGELES COUNTY. Full name of registrant(s) is (are) ELITE GROUP REO 458 N MACLAY AVE SAN FERNANDO, CA. 91340. This Business is conducted by: AN INDIVIDUAL. Signed: JORGE A CANTU, OWNER. This statement was filed with the County Clerk of Los Angeles County on 03/19/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish:ES Mountain Views News Dates Pub: March 23,30, April 6, 13, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File No. 20240609460
The following person(s) is (are) doing business as THE RENAISSANCE PAINTER 6911 MILWOOD AVE APT 220 CANOGA PARK, CA. 91303. LOS ANGELES COUNTY. Full name of registrant(s) is (are) EDGAR ALLAN CLEMENTE, 6911 MILWOOD AVE APT 220 CANOGA PARK, CA. 91303. This Business is conducted by: AN INDIVIDUAL. Signed: AKOP ABRAMIAN, OWNER. This statement was filed with the County Clerk of Los Angeles County on 03/20/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 03/20/2024. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish:ES Mountain Views News Dates Pub: March 23,30, April 6, 13, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2024059171
The following person(s) is (are) doing business as CASI ANDERSON, 20508A SHERMAN WAY PMP-130, WINNETKA, CA. 91306. LOS ANGELES COUNTY. Full name of registrant(s) is (are) RENE MAURICIO CASIA YAX 20508A SHERMAN WAY PMP-130, WINNETKA, CA. 91306. This Business is conducted by: AN INDIVIDUAL. Signed: RENE MAURICIO CASIA YAX, OWNER. This statement was filed with the County Clerk of Los Angeles County on 03/18/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 03/20/2024. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish:ES Mountain Views News Dates Pub: March 23,30, April 6, 13, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2024059276
The following person(s) is (are) doing business as RL SERVICE & PLUMBING 10928 ROSCOE BLVD SUN VALLEY, CA. 91352. LOS ANGELES COUNTY. Full name of registrant(s) is (are) ROMEO BAUDILLO LOPEZ BATUITA 10928 ROSCOE BLVD SUN VALLEY, CA. 91352. This Business is conducted by: AN INDIVIDUAL. Signed: ROMEO BAUDILLO LOPEZ BATUITA, OWNER. This statement was filed with the County Clerk of Los Angeles County on 03/18/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 02/20/2024. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish:ES Mountain Views News Dates Pub: March 23,30, April 6, 13, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2024060872
The following person(s) is (are) doing business as LUSINES CATERING AND DESIGN 9000 VANALDEN AVE UNIT 154 NORTHRIDGE, CA. 91324. LOS ANGELES COUNTY. Full name of registrant(s) is (are) LUSINE GHAZAKHETSYAN 9000 VANALDEN AVE UNIT 154 NORTHRIDGE, CA. 91324. This Business is conducted by: AN INDIVIDUAL. Signed: LUSINE GHAZAKHETSYAN, OWNER. This statement was filed with the County Clerk of Los Angeles County on 03/19/2024. The registrant(s) has (have)

SUPERIOR COURT OF CALIFORNIA,
COUNTY OF LOS ANGELES,
BEVERLY HILLS COURTHOUSE
9355 BURTON WAY
BEVERLY HILLS, CA. 90210

SUMMONS Cross-Complaint

NOTICE TO CROSS-DEFENDANT:
(ALVISO AL CONTRA-DEMANDADO)

ICON REMODELING, INC., a California Corporation; FR CONSTRUCTION INC., a California Corporation; YONI ELIYAHU an individual; FRANCISCO RODRIGUEZ an individual; and ROES 1-50

YOU ARE BEING SUED BY CROSS-COMPLAINANT:
(LO ESTEA DEMANDANDO EL CONTRADEMANDANTE):
4711 BERRYMAN LLC, a California Limited Liability Company

CASE NUMBER: 22SMCV01585

You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the cross-complainant. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case.

Tiene 30 DÍAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al contrademandante. Una carta o una llamada telefónica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y más información en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en la biblioteca de leyes de su condado o en la corte que le quede más cerca. Si no puede pagar la cuota de presentación, pida al secretario de la corte que le dé un formulario de exención de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podrá quitar su sueldo, dinero y bienes sin más advertencia.

Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remisión a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), o uniéndose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperación de \$10,000 ó más de valor recibida mediante un acuerdo o una concesión de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desechar el caso.

CASE NUMBER:
(Número del Caso):
22SMCV01585

The name and address of the court is: (El nombre y dirección de la corte es):

SUPERIOR COURT OF CALIFORNIA,
COUNTY OF LOS ANGELES,
BEVERLY HILLS COURTHOUSE
9355 BURTON WAY
BEVERLY HILLS, CA. 90210

The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is:
(El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es):

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April 13, 20, 27, May 4, 2024

commenced to transact business under the fictitious business name or names listed above on 06/2017. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish:ES Mountain Views News Dates Pub: March 23,30, April 6, 13, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2024061309
The following person(s) is (are) doing business as ROSAMOND PALMS 3377 SIERRA HIGHWAY ROSAMOND, CA. 91560. THE PALMS 3377 SIERRA HIGHWAY ROSAMOND, CA. 91560. KERN COUNTY. Full name of registrant(s) is (are) VICKIE LYNN STROGIN 3377 SIERRA HIGHWAY ROSAMOND, CA. 91560. This Business is conducted by: AN INDIVIDUAL. Signed: VICKIE LYNN STROGIN, OWNER. This statement was filed with the County Clerk of Los Angeles County on 03/20/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 03/20/2025. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish:ES Mountain Views News Dates Pub: March 23,30, April 6, 13, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2024062541
The following person(s) is (are) doing business as A TO Z CLEANING SERVICES 1165 1/2 RAYMOND AVE GLENDALE, CA. 91201. LOS ANGELES COUNTY. Full name of registrant(s) is (are) AURA MARIBEL MACAL SOLIS 1165 1/2 RAYMOND AVE GLENDALE, CA. 91201. This Business is conducted by: AN INDIVIDUAL. Signed: AURA MARIBEL MACAL SOLIS, OWNER. This statement was filed with the County Clerk of Los Angeles County on 03/21/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 03/20/2024. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish:ES Mountain Views News Dates Pub: March 23,30, April 6, 13, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2024062619
The following person(s) is (are) doing business as HOVIK AIDI REAL ESTATE AND MANAGEMENT 2828 W AVE N 12 PALMDALE, CA. 93551. LOS ANGELES COUNTY. Full name of registrant(s) is (are) HOVIK AIDI 2828 W AVE N 12 PALMDALE, CA. 93551. This Business is conducted by: AN INDIVIDUAL. Signed: HOVIK AIDI, OWNER. This statement was filed with the County Clerk of Los Angeles County on 03/21/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 01/2020. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish:ES Mountain Views News Dates Pub: March 23,30, April 6, 13, 2024

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2024061752
The following person(s) is (are) doing business as ALITE VIP SECURITY SERVICES 5632 VAN NUYS BLVD APT 119 SHERMAN OAKS, CA. 91401. LOS ANGELES COUNTY. Full name of registrant(s) is (are) KAMEL KRIFA 5632 VAN NUYS BLVD APT 119 SHERMAN OAKS, CA. 91401. This Business is conducted by: AN IN-

Mountain Views-News Saturday, April 13, 2024

THE GREAT OUTDOORS

Maybe you have a challenging time sticking to a exercise regimen. It's easy to get started but not so easy to stay committed. You know you need to get more physical activity but it just seems like a struggle sometimes. Gym memberships, expensive gear and the same old routine just isn't cutting it. What can you do to still get the exercise you need to improve your physical, mental and emotional well-being?

One way that can help is to include nature in your workout plan. Using the great outdoors as your partner has many benefits.

Budget-Friendly.

While gym memberships, fitness classes, and home exercise equipment can incur ongoing costs, outdoor workouts typically require little to no financial investment. Public parks, trails, sidewalks, and outdoor spaces are freely accessible to everyone, so you can engage in physical activity without expensive memberships or equipment purchases. You also eliminate the need for transportation to and from a gym, saving both time and money on commuting expenses. Whether it's a brisk walk in the neighborhood, a jog through a local park, or a bodyweight workout at a nearby outdoor fitness station, the affordability and accessibility of going outside makes it an attractive option.

Fresh Air and Connection with Nature.

Exercising outdoors offers the dual benefits of fresh air and connection with nature. Breathing in the crisp outdoor air can be invigorating and energizing, providing a welcome change from the often-stale air found indoors. Additionally, being surrounded by natural landscapes, whether it's a serene forest, a picturesque beach, or a scenic park, can foster feelings of awe and gratitude. This connection with nature has been shown to enhance mood, reduce stress, and promote overall well-being. It's not just a physical activity but also a rejuvenating experience for the mind and spirit.

Brain Health.

Exercising outdoors adds an extra dimension to physical activity by providing a stimulating and dynamic environment. Mental engagement of the brain during outdoor exercise can enhance cognitive function, including attention, memory, and executive function.

Varied Terrain For Extra Benefits.

Exercising outdoors offers the opportunity to engage with a diverse range of terrains, each presenting unique challenges and benefits. Unlike the controlled environment of indoor activities, taking it outside provides natural obstacles such as hills, trails, beaches, and parks that can dynamically engage different muscle groups and enhance overall fitness. Running or hiking on uneven terrain requires greater stabilization and balance, strengthening core muscles and improving coordination. Cycling or rollerblading on paved paths offers cardiovascular benefits while also honing reflexes and agility. Engaging with varied terrain not only adds excitement and novelty to workouts but also prevents overuse injuries by distributing the physical stress across different muscle groups. Navigating different landscapes fosters a deeper connection with nature and cultivates a sense of adventure, motivating you to explore your physical limits and reach new fitness milestones.

Natural Light and Vitamin D Production.

Take advantage of the valuable opportunity for sunlight exposure, allowing the body to produce vitamin D, a crucial nutrient for overall health. Sunlight triggers the synthesis of vitamin D in the skin, which plays a vital role in calcium absorption, bone health, and immune function. Adequate vitamin D levels have been associated with a reduced risk of various chronic diseases, including osteoporosis, heart disease, and certain types of cancer. Sunlight also stimulates the production of serotonin, a neurotransmitter that regulates mood and promotes feelings of well-being. This can lead to improved mood, reduced symptoms of depression, and increased overall happiness. Just remember to practice sun safety by wearing sunscreen, a hat, and protective clothing to prevent sunburn and minimize the risk of skin damage.

Social Interaction and Community Building.

Whether participating in group activities, joining outdoor fitness classes, or simply walking with friends or family, exercising outside provides a platform for connecting with others who share similar health and fitness goals. That adds a social element to workouts and fosters accountability and motivation. Group settings encourages you to push yourself further, challenge your limits, and celebrate achievements with others. Outdoor fitness environments often serve as hubs for community gatherings and events, such as charity runs, group hikes, or sports leagues. These shared experiences promote physical health, strengthen social bonds, cultivate a sense of belonging, and combat feelings of isolation or loneliness. Interacting with others while being outside can spark meaningful conversations, foster new friendships, and create a supportive network of like-minded individuals.

Now that the weather will be getting warmer and sunnier, take advantage of the above benefits. Go out and enjoy the sunshine a little bit each day. Even if you already have a great indoor fitness routine in place it's a great motivator. It's different, always available and you may even forget you're exercising.



Michele Silence, M.A. is a 37-year certified fitness professional who offers semi-private/virtual fitness classes. Contact Michele at michele@kid-fit.com. Visit her Facebook page at: [michelesfitness](https://www.facebook.com/michelesfitness) Visit her Facebook page at: [michelesfitness](https://www.facebook.com/michelesfitness).



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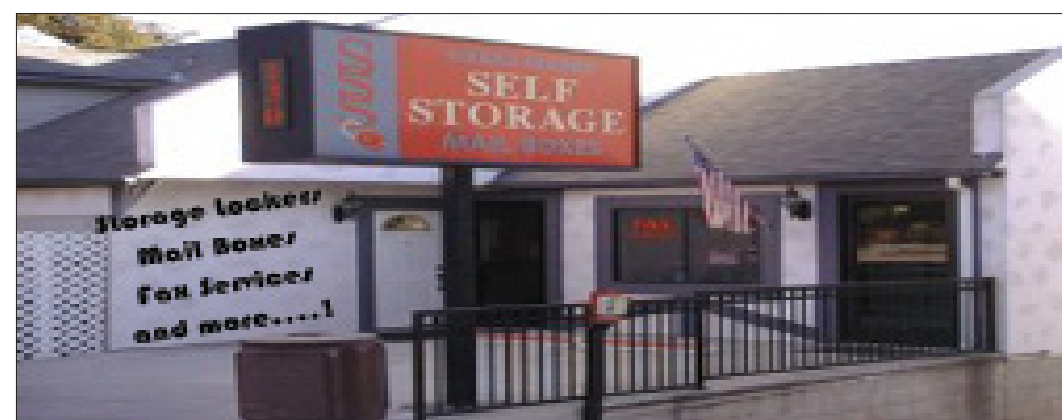
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SOUR GRAPES

by Tim Jones



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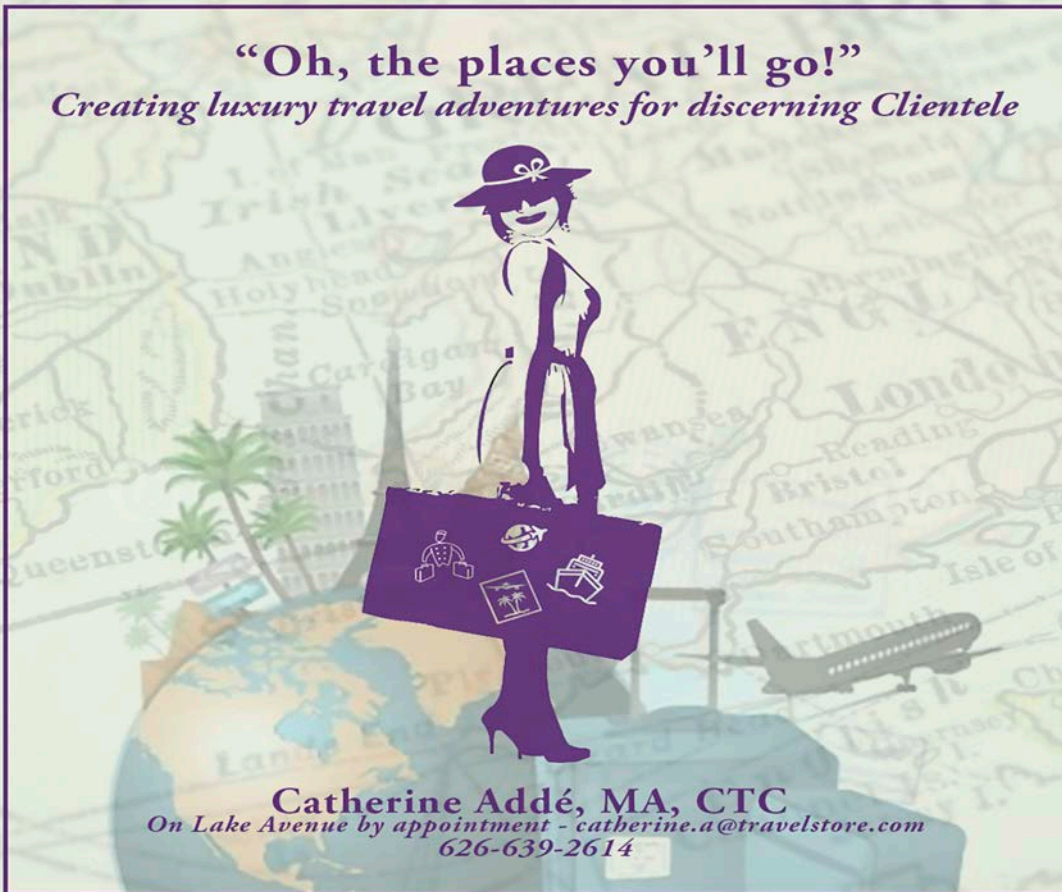
Grand Marshal Nominations Open

Do you know someone who has made a positive impact on the community of Sierra Madre? The Sierra Madre Events Committee is asking the community to nominate local awesome people who live or work in Sierra Madre and has in their own way made our home a better place and embody that Sierra Madre spirit!

NOMINATIONS ACCEPTED APRIL 4TH TO MAY 3RD AT NOON. JUST SEND AN EMAIL WITH YOUR WHO AND WHY AND A WAY TO CONTACT THEM IF SELECTED TO SPONSOR@SIERRAMADREEVENTS.ORG

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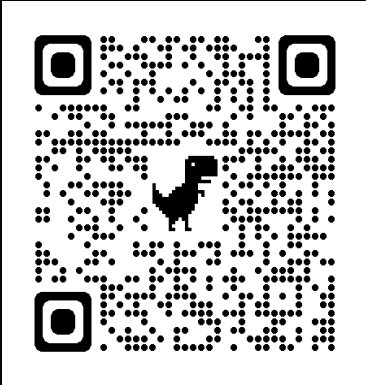
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