

# Mountain Views News

Sierra Madre Arcadia Duarte Monrovia Pasadena Altadena South Pasadena San Marino

SATURDAY, MARCH 22, 2025

VOLUME 19 NO.12



the webb-martin group

Open Sunday, March 25, 1-3pm



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## SIERRA MADRE HONORS



GEORGE MAURER LIFETIME ACHIEVEMENT AWARD for a lifetime of service that embodies the spirit of volunteerism - Clem Bartolai pictured with his daughters on the left and right and his wife Nina by his side.



EMPLOYEES OF THE YEAR (Above) Dony King and Markus Duson

*"Volunteers are the lifeblood of our city. The diversity of this year's nominees shows the depth and breadth of the contributions to our community. Their efforts make Sierra Madre a great place to live, work, and play."*  
**Mayor Robert Parkhurst**  
On Tuesday, the community came out to say a collective thank you to those who contributed so much to Sierra Madre in 2024, those who went above and beyond the commitment of the average citizen to keep Sierra Madre a true "All American City".

Sponsored jointly by the City of Sierra Madre and The Sierra Madre Chamber of Commerce, it was an evening to be remembered. Former Mayor Rachelle Arizmendi served as the Mistress of Ceremonies for the evening and remarks/presentations were made by the Mayor, City Manager Reynoso, each of the Council Members as well as the President of the Chamber and several Board Members. Recipients also received proclamations from Assemblyman John Harabedian'.



2024 CITIZEN OF THE YEAR Barb Bevington, President Sierra Madre Rose Float Association with Barry & Leslie Ziff, 2023 Recipients presenting



THE WISTARIA AWARD: Recognizing volunteer efforts that assist community wide programs and services Russ Meek (l) and Fred Thomas (r). Former Mayor Ed Garcia presenting.



Above: COMMUNITY YOUTH SERVICE AWARD: Sierra Madre Girls 14U Team



2024 BUSINESS OF THE YEAR: Vic Satamian, Corfu Restaurant left to right, Rachelle Arizmendi, Columnist Rich Johnson, Vic and 2023 recipient Susan Henderson, presenting.



Above: PUBLIC SAFETY AWARD : Honoring those committed to keeping the community safe: Sierra Madre Bear Lovers presented by SMPD Chief Barrientos  
Left: MAYOR'S SPECIAL AWARD FOR OUTSTANDING CONTRIBUTIONS TO THE CITY James Carlson



### INSIDE THIS WEEK

SIERRA MADRE NEWS & NOTICES	Page 2-3
PASADENA NEWS	Page 4
AROUND SAN GABRIEL VALLEY	Page 5
FIRE RECOVERY INFORMATION	Page 6
EDUCATION & YOUTH	Page 7
PUZZLES & MORE	Page 8
FOOD - DRINK-FUN	Page 9
BEST FRIENDS	Page 10
THE GOOD LIFE	Page 11
Unlock Your Life.....Lori Harris	
Savvy Senior: Navigating SS As It Downsizes	
OPINION	Page 12/13
LEGAL NOTICES	Page 14/15
SPORTS & FITNESS & MORE	Page 16
Fitness For Life.....Michele Kidd	
SUPPORT LOCAL BUSINESSES	Page 17

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**SYLMAR \$249,000**  
Sylmar 3BR/2BA manufactured home with 2-car garage, patio, community pool, playground, gazebos, and athletic courts. Spacious living!



**GLASSELL PARK \$750,000**  
Charming 2-bed 1-bath Glassell Park home with fireplace, ADU potential, spacious yard, fruit trees, and great location! Needs TLC but worth it!



**WEST COVINA \$850,000**  
Charming 3-bedroom West Covina home with pool, family room, and den. Quiet street near shopping, dining, and freeways!



# SIERRA MADRE

SIERRA MADRE

ARCADIA

PASADENA

ALTADENA

MONROVIA



*Shuttle Tickets On Sale Now!*



**WISTARIA FESTIVAL 2025**  
**SATURDAY, APRIL 12, 2025 - 9:00 AM TO 5 PM**  
**FUN FOR THE ENTIRE FAMILY**

**Celebrate The Guinness Book of World Records Wistaria Vine**  
**Visit Local Shops and more than 100 Crafters & Food Vendors**  
**And THE SIERRA MADRE AUTO SHOW**

**FOR SHUTTLE TICKETS GO TO:**  
<https://square.link/u/hXu8MfVW>  
 or use this QR Code



## CREATIVE ARTS GROUP

# CAROL HUGHES

**Everyday and All Around**

*An exhibit of mixed media monoprints*  
**On view March 28-April 27**

*Friday, March 28 Opening Reception 7-9 pm*  
 Creative Arts Group 118 N Baldwin Ave Sierra Madre [creativeartsgroup.org](http://creativeartsgroup.org)



**CITY OF SIERRA MADRE**

## Local Hazard Mitigation Plan

The City of Sierra Madre is updating its **Local Hazard Mitigation Plan (LHMP)** and community involvement is crucial for shaping the direction of increased resilience to major disasters. This updated LHMP will enable the City to reassess and mitigate risks posed by natural disasters, refine current strategies, and formulate new ones aimed at safeguarding lives and property against future disasters.

To learn more about the Local Hazard Mitigation Plan, please visit our survey site on SurveyMonkey <https://www.surveymonkey.com/r/9WW2FVK> or scan the QR code  
 For any questions or further assistance, please contact Amy Hsu, Fire Department Administrative Analyst, at (626) 836-0246 or via email at [ahsu@sierramadrecal.gov](mailto:ahsu@sierramadrecal.gov).



"The Sierra Madre congregation is a close-knit, authentic, and welcoming community striving to serve God and neighbor. I enjoy the intimate bonds and the serious study of God's plan for our lives."  
 —Doug Hurley

**212 N Lima St, Sierra Madre, CA 91024**  
**626-355-1817**  
[www.sierramadrechurch.org](http://www.sierramadrechurch.org)

Sunday Worship, 10:00am, Refreshments and Talk Back, 11:15am

### An Easter Sermon Series – Sundays, March-May 2025

***"The Prelude to the Cross in the Old Testament"***

The heart of God that we have seen in the past is most intimately revealed in the cross of Jesus Christ.

**Speakers – Check out [sierramadrechurch.org](http://sierramadrechurch.org) for the list of dates**



**Dr. Ron Cox** is Dean of International Programs and Professor of Religion at Pepperdine University.



**Dr. Jerry Rushford** is a historian and founder of the Rushford Center historical library at Pepperdine.

**Dr. Allen Jang** is a retired science teacher and presently Sifu of our Tai Chi class that meets on **Saturdays at 8:30am.**



**Billy Curl** is minister emeritus and elder at Crenshaw Church of Christ, also a former missionary to Ethiopia.



**Dr. Tim Willis** is Old Testament Professor of Religion at Pepperdine.



**Dr. Jack Scott** is former President of Pasadena City College and California State Senator.

**Dr. Chris Heard** is Old Testament Professor of Religion at Pepperdine.



**Doug Hurley** is Associate Dean of Student Affairs at Pepperdine.



### FOR RENT

Quit well kept bldg  
 391 W #B - Sierra Madre Blvd, Sierra Madre

2 bedroom  
 Down stairs w/ enclosed patio

( NEW paint - carpet - Refrigerator - Mirror closer doors)  
 FAH / AC

Locked storage cabinet, carport & laundry room  
 \$2575. Call Earl (626) 893-0473

**100% Volunteer Run**

## Wistaria Thrift Shop

**550 W. Sierra Madre Blvd, 91024**

***Unbelievable!!!***

**50% Off Everything**

**Thru Mon., March 31**

**Mon., , Thurs., , Fri., 10 am – 3 pm**

**Sat., - 10 am -1 pm**

**Clean, Usable Donations**

**Only Accepted During Morning Shop Hours**

**Proceeds Help Support Our Charities & Scholarships**

**Cheers to 7 years, R.T. Rogers Brewing Co.!**  
**WE LOVE BEING YOUR NEIGHBOR. Happy to donate sterling silver earrings for your giveaways!**  
 Benefits Sierra Madre Girls Softball & Boys Baseball

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**(626)284-9444**

**FUN, FOOD, BEER, & LOCAL MERCHANT FAIR**



**7th ANNIVERSARY CELEBRATION**  
**SATURDAY, MARCH 8TH 12NOON TO 6PM**

**DELICIOUS FARE FROM CHEF DARKO PLUS LOCAL MERCHANT FAIR**


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# SIERRA MADRE

SIERRA MADRE      ARCADIA      PASADENA      ALTADENA      MONROVIA

## Weather Wise



**6-Day Forecast Sierra Madre, Ca.**

Sun	Sunny	Hi	80s	Lows	50s
Mon:	Sunny	Hi	80s	Lows	50s
Tues:	Sunny	Hi	80s	Lows	50s
Wed:	Rain	Hi	70s	Lows	50s
Thur:	Rain	Hi	70s	Lows	50s
Fri:	Rain	Hi	70s	Lows	50s

*Forecasts courtesy of the National Weather Service*

### SIERRA MADRE CITY MEETINGS

#### SIERRA MADRE CITY COUNCIL MEETING

**March 25, 2025 5:30 pm**  
**THIS MEETING WILL BE HELD IN THE COUNCIL CHAMBERS!**

As part of the City of Sierra Madre’s COVID-19 transparency efforts and The Brown Act provides the public with an opportunity to make public comments at any public meeting. Public comment may also be made by e-mail to [PublicComment@CityofSierraMadre.com](mailto:PublicComment@CityofSierraMadre.com) by 3:00 p.m. on the day of the meeting.

Emails will be acknowledged at the Council meeting and filed into public record. The public may also comment in person at the meeting.

The meetings will be streamed live on Foothills Media website at [foothillsmmedia.org/sierramadre](http://foothillsmmedia.org/sierramadre) and broadcast on Government Access Channel 3 (Spectrum)..

### 1630 AM EMERGENCY RADIO & Free on-air publicity for local events


Sierra Madre’s EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to [radio@cityofsierramadre.com](mailto:radio@cityofsierramadre.com).



Sierra Madre Public LIBRARY  
Read • Discover • Connect

**This week at the Sierra Madre Public Library**

**March 24 — March 29**

**Monday**

**Baby Rhyme Time — Library at 9:00am**

**Preschool Storytime— Library at 10:00am**

**Wednesday**

**Green Teens — Library at 4:00pm**

**Bookmark Contest Applications accepted until April 10, 2025.**

**Kids in grades K—8th can participate.**

Read, Discover, Connect  
@ Sierra Madre Public Library  
350 W Sierra Madre Blvd.  
(626) 355-7186

## WALKING SIERRA MADRE - The Social Side

by Deanne Davis

Last Monday was St. Patrick’s Day. Does it seem like the year is flying by at a faster pace than usual? Here we are halfway through March and Easter is coming right up.

“Time is a circus, always packing up and moving away.” Ben Hecht

“Time flies faster every year. Time flies whether you’re having fun or not, whether you’re living your life big or small, whether you surround yourself with fear or laughter.” Claire Cook

“Although time flies by, it never travels faster than one day at a time. Each day is an opportunity to live your life to the fullest.” Dr. Steve Maraboli

“Gee, ain’t it funny how time slips away.” Willie Nelson

Time, for me since my great fall (Humpty Dumpty sat on a wall, Humpty Dumpty had a great fall!) has been filled with a lot of television. When one is immobile, that’s pretty much all there is to do. I did see a really great series on Netflix: “The Kominsky Method” starring Michael Douglas and about every movie star you can think of playing cameos. He plays an actor who never really made it who teaches acting. I liked it, you might, too.

Watched “Moana 2” and was a little disappointed. Watched more cooking shows than I can even number and learned absolutely nothing except fennel seems to be the thing all chefs add somewhere in their dish.

We’re in the midst of Lent and, I’m thrilled to report I have two dozen daffodils on my kitchen counter. If you give up anything, don’t let it be flowers!

Thinking about St. Patrick’s Day made me remember some delightful friends who have vanished into the mists of time gone by who made incredible Irish Soda Bread and gave me the recipe, which I’m going to share with you:

The Galligan’s Irish Soda Bread

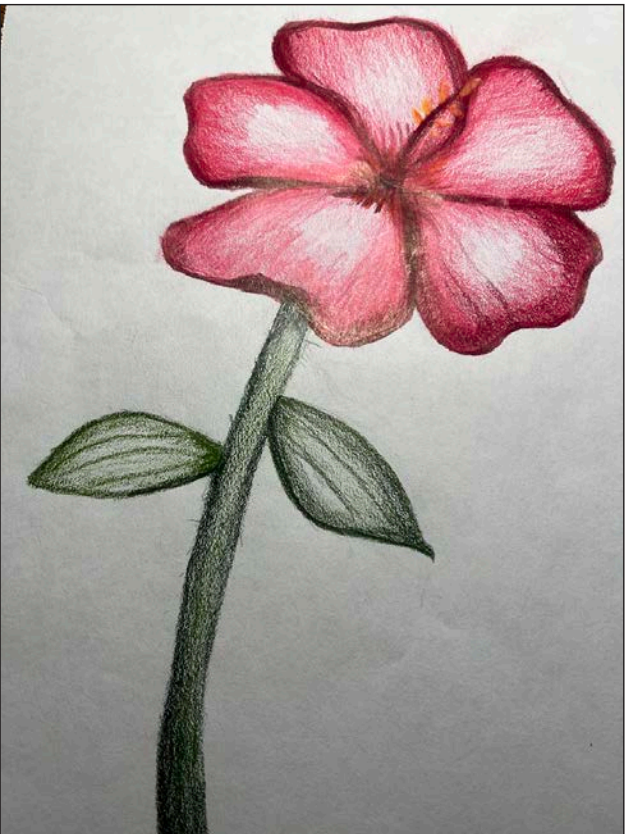
1. Put 3 cups of flour in a bowl with 1 TB of baking powder, 1 tsp. baking soda, 1 tsp. salt.
2. Rub in 4 TB. soft butter, 1 TB of caraway seeds, 1 cup of currants, 1 cup of dark raisins, 1 cup of golden raisins.
3. Mix!
4. Add ¾ cup of sugar, 1 beaten egg and 2 cups of buttermilk (Now, very few of us have buttermilk lounging around in our fridge so to continue with your Irish soda bread, pour 2 TB of white vinegar in your measuring cup and add enough milk to make 2 cups. Pour yourself a cup of coffee and read the Calendar section of the paper or go make your bed and by the time you finish, you’ll have buttermilk. Cool, huh!)
5. Pour in greased iron skillet or loaf pan.
6. Bake 10 minutes at 400 degrees and then 45 minutes at 350 degrees.
7. Test center with a toothpick to see if it’s done, let it rest for 10 minutes,

With a cup of coffee, and a little peace and quiet, this will make you smile all day.

The picture today is one granddaughter, Emily created for me while I was recovering. The shading is exquisite and it made me happy. Hope you can see it online to see the colors.

And one last cheerful note, Leah and I got the tax stuff mailed off to the tax guy last Monday. Watching that Priority envelope disappear into the bin at the Post Office was the highlight of the month!

My book page: Amazon.com: Deanne Davis  
Look there for “The Crown,” a paperback book that’s practically free!  
This is a beautiful story of what might have happened to that infamous crown of thorns.  
With Easter on its way, this little book is the perfect read for yourself or a friend.



## YOUTH BOOKMARK CONTEST SPONSORED BY THE SIERRA MADRE PUBLIC LIBRARY

Local students are invited to enter the popular annual Bookmark Contest in March 2025.

This year’s theme is: “Love My Sierra Madre”.

Artwork may be designed with any tools but must be completely original work. Entries should showcase people, places, or things that illustrate what they love about Sierra Madre.

Winning entries will be displayed in the Library and winners will receive a certificate and a cash prize at a ceremony in their honor at the City Council Chambers on Wednesday, April 30, 2025.

The contest is open to children in Kindergarten through 8th grade (including Transitional Kindergarten), who go to school in Sierra Madre, live in Sierra Madre, or who have a Sierra Madre Public Library card.

Pick up your bookmark application at the Sierra Madre Public Library, on the Library website, and at schools in Sierra Madre starting March 3, 2025. Entries are due by April 10, 2025 at the Library. No late entries will be accepted.

For more information, contact Librarian Doreen Thomas [dthomas@sierramadrecal.org](mailto:dthomas@sierramadrecal.org)

## SIERRA MADRE POLICE BLOTTER

	Calls for Service	Formal Investigations
March 9-15, 2025	284	8
YTD for 2025	2841	126

*The following represents a summary report of some of the major incidents handled by the Sierra Madre Police Department during this period. This list is not intended to be considered exclusive or all-inclusive.*

Sunday, March 9 Battery  
At approximately 1:00 AM officers responded to the 200 block of Santa Anita Ct regarding a domestic dispute. A woman reported that her husband battered her causing visible injuries. After speaking to both parties, officers arrested the husband for being in violation of corporal injury to spouse. Officers transported him to Pasadena Jail. This case was forwarded to the LA County District Attorney’s office for filing considerations.

Tuesday, March 11 Theft of Package  
At approximately 2:30 PM officers responded to the police station lobby to meet with a citizen regarding a theft investigation. The citizen reported an unknown suspect took possession of the victim’s package from a UPS delivery and fled the location with the package to an unknown location. The victim is desirous of prosecution. Officers took a report. This case was forwarded to the Dectective’s Bureau for further investigation

Saturday, March 15 Stolen Vehicle  
At approximately 12:30 PM, officers responded to the 200 block of Windwood Ln regarding a stolen vehicle investigation. A citizen had his vehicle stolen from the driveway of his residence. Officers canvassed the area for cameras, witnesses, and took a report. The case is pending further information.

Saturday, March 15 Recovered Vehicle  
At approximately 5:30 PM, officers responded to the 200 block of Sierra Madre Blvd regarding a stolen vehicle investigation. A stolen vehicle was located and recovered in the rear of the parking lot. The vehicle was released to the owner on scene. Officers took a report..

## PASADENA UNIFIED SCHOOL DISTRICT FILES LAWSUIT AGAINST SOUTHERN CALIFORNIA EDISON FOR EATON FIRE DAMAGES

The Pasadena Unified School District filed a lawsuit against Southern California Edison seeking compensation for extensive damages to educational facilities and disruption of operations caused by the devastating Eaton Fire that began on January 7, 2025.

The Eaton Fire, which spread rapidly through wind-driven conditions, destroyed five schools and damaged numerous others throughout the district, significantly impacting educational services for thousands of students. The fire burned more than 14,000 acres, damaged or destroyed over 10,000 structures, and claimed 17 lives across the region.

"The destruction of multiple schools and educational facilities has created an immense burden on students, families, and the entire educational community," said John Fiske, a shareholder at Baron & Budd P.C., outside counsel representing the District. "This lawsuit seeks fair compensation to recover the taxpayer resources and district property lost as a result of this devastating fire."

The filing details extensive damage to several key educational facilities including:

- Franklin Elementary School
- Eliot Arts Magnet Middle School
- The Edison campus housing Odyssey Charter School
- The Loma Alta campus housing Pasadena Rosebud Academy and Oak Knoll Montessori School
- The Noyes campus housing Aveson School of Leaders

Documentation submitted with the legal filing includes photographic evidence of the fire's origin point and references to SCE's own regulatory filings that acknowledge electrical system anomalies coinciding with the fire's ignition time and location. The District's complaint notes that Edison filed reports with the California Public Utilities Commission acknowledging that a "fault was detected" on its transmission circuit at approximately the same time and location the fire began.

(Continued page 15)



## Altadena Library Celebration Featuring LeVar Burton

The Altadena Library District welcomes the community to a special reopening celebration this morning at 10 a.m. at the Altadena Main Library. This follows its temporary closure due to the Eaton Fire. The event will feature a reading by LeVar Burton, support for local businesses, music, and family-friendly activities.

LeVar Burton will read his children's book, "The Rhino Who Swallowed a Storm," which offers an important message for families to talk about trauma and healing, at 11 a.m. Burton has also donated copies of the book for an entire grade of Altadena students.

"I wrote Rhino in an effort to help children deal with life's tragedies and attendant trauma in an age-appropriate manner," said Burton. "I believe its message, that together we can weather any storm, is perfect for the Altadena community right now."

The event also highlights the resilience of Altadena's local businesses, featuring free food from vendors and restaurants impacted by the fire including Prime Pizza, El Patron, and Lark Cake Shop. Local musicians Jake Troth and White Denim's James Petralli will provide entertainment, and activities such as arts & crafts and face painting will be available for families. Support + Feed, a Los Angeles-based nonprofit working to combat food insecurity and the climate crisis by providing plant-based meals and resources, will be providing meals to the event, continuing their work in the Altadena community following the Eaton Fire.

"We've been partnering with local agencies and organizations to support our community," said Nikki Winslow, district director. "Now that we've reopened Main, we can provide much needed resources directly to Altadenans. Our libraries are gathering places for people to come back together and connect with friends and neighbors. We want to be a symbol of hope and recovery for our community as it rebuilds."

This event was made possible by the generous funding from the WME Foundation. The Foundation also is supporting the Pasadena Educational Foundation (PEF) to benefit Altadena schools. Donations to the PEF Eaton Fire Response Fund are providing critical support for both immediate relief and long-term recovery efforts for Altadena students and their families.

"WME is proud to support the reopening of the Altadena Library, a vital public space, alongside our client LeVar Burton following the Eaton Fire, while providing financial support to Altadena schools through the Pasadena Educational Foundation," said Dakota Ortiz, VP of Impact, Inclusion & Advocacy at WME. "This event is part of our broader commitment to the Altadena community, leveraging our resources and collaborating with clients to support residents during a difficult time."

Altadena Library is at 600 E. Mariposa St.

For more information visit: [altadenalibrary.org](http://altadenalibrary.org).



## Eaton Fire Collaborative States Mission

By Dean Lee

Altadena and Pasadena community groups, nonprofits, and city, county, and state officials joined forces at the Rose Bowl Stadium, Court of Champions, Wednesday as part of the Eaton Fire Collaborative to support fire recovery and rebuilding efforts. The mission, and key partnerships, is to be a long-term recovery group to ensure a coordinated, community-driven response.

"Although we have strength and a lot of assets here, it's going to take this community, the cities, the county, the region, the country, to get behind us so that we can see the Altadena and Pasadena that we know and love, even better than before," said Clergy Community Coalition Pastor Mayra Macedo-Nolan. "We are going to show the world what recovery looks like, the most holistic, loving beautiful way, so we just invite you all to be a part of that with us."

Organizers said there are five key points to their efforts:

- A newly launched collaborative website serving as a vetted, go-to source for vital recovery information. For more visit: [altagether.org](http://altagether.org).
- A centralized system to streamline events, donation efforts, and essential forms
- A platform where organizations can organize volunteer support, and individuals can sign up

for opportunities to make a meaningful impact.

- Working to prevent duplication of efforts, reduce strain on government resources, and address logistical concerns such as traffic and waste management.

- Establishing Long Term Recovery Strategy that includes a unified plan that gathers the knowledge and resources to comprehensively support residents and businesses throughout the recovery process and makes rebuilding a greater possibility for all.

The Eaton Fire Collaborative was, in part, founded by DENA Relief Drive, co-led by Brandon Lamar and Michelle White.

"Within our group, our outreach has become more methodical, more structured we are now working more with families so we can know exactly what their need is and we're not just throwing toilet paper at them... when they don't even have a place to live," White said. "So we trying to make sure we are meeting the needs individually. We are working closely with the Clergy Community Coalition and most of all the local churches because most of all every Pastor know who their people are." Lamar is currently president of the Pasadena Branch of the NAACP.

In a press statement spokesperson Jill Hawkins said the Eaton Fire Collaborative

is dedicated to honoring the beauty, resilience and integrity of Altadena, Pasadena, and Sierra Madre.

For more information visit: [eatonfirecollaborative.org](http://eatonfirecollaborative.org) ; or email: [eatonfirecollaborative@gmail.com](mailto:eatonfirecollaborative@gmail.com).

## Cultural Thursday at The Senior Center

Bonnie R. Armstrong, author of the acclaimed memoir "An Apparently Normal Person," will share her fascinating journey with Dissociative Identity Disorder with her presentation "From Medical Mystery to Dissociative Superpower" at the Cultural Thursday event on Thursday, April 3 at 2 p.m. onsite at the Pasadena Senior Center.

The event is free for Pasadena Senior Center members and only cost \$5 for non-members and reservations are suggested.

For Bonnie, what seemed like an ordinary life concealed a hidden journey of survival, trauma and profound healing, ultimately being diagnosed with Dissociative Identity Disorder, a condition previously known as Multiple Personality Disorder. Her story highlights the deep connection between mind and body, revealing how her deteriorating health was rooted in childhood trauma. Her inspiring healing journey was shaped by the internal community of dissociative identities that helped her survive.

Bonnie Armstrong grew up in Pasadena, and as an adult enjoyed her life as wife, mother, community activist and a 40-year career that included high-level positions in two Governors' offices. During a major health crisis in her 50s, Bonnie discovered her dissociative disorder, her strong internal community of alters, and the secrets of her childhood. She left her career in 2012 to focus on healing, learning about childhood trauma, post-trauma growth, and writing and speaking about her healing. Bonnie and about a dozen alters now live together peacefully, focused on their joint life's purpose: to break generational cycles of abuse and create a more loving, harmonious world. Bonnie holds a master's degree in human development from Pacific Oaks College and is a certified Life Coach.

To register or for more information, visit: [pasadenaseniorcenter.org](http://pasadenaseniorcenter.org) and click on Special Events, or call 626-795-4331.

## City of Pasadena Launches Initiative to Attract Big Tech



Pasadena's Economic Development staff announced Tuesday a new marketing initiative "Build it in Pasadena" to ensure that more deep tech leaders see what Pasadena has to offer—driving over 1 million impressions and a 400 percent surge in engagement. The city has been home to some of the world's most important scientific and technological breakthroughs—from space exploration at NASA's Jet Propulsion Laboratory (JPL) to cutting-edge innovations from Caltech.

According to officials, since its launch in February, the City of Pasadena's "Build it in Pasadena" campaign has already made over one million impressions through targeted digital and out-of-home advertising. The campaign is designed to spotlight Pasadena as the ideal place for companies tackling big technological and scientific challenges—rather than chasing fleeting tech trends.

"Pasadena has been a deep tech hub for decades, and this campaign is about making sure that story gets told on a larger scale," said Dave Klug, Pasadena's Economic Development Director. "From bioscience to quantum computing, companies here aren't chasing trends—they're solving problems that shape the future."

Pasadena offers deep tech companies more than just office space—it provides access to world-class research, top-tier talent, and a thriving innovation ecosystem. Companies here benefit from:

- Proximity to leading research institutions like Caltech and JPL, ensuring access to world-

class talent and partnerships.

- A thriving network of deep tech companies, supported by an ecosystem of VC firms who understand the unique needs of deep tech.

- A city government that wants to help deep tech companies, with supportive policies, incentives and more.
- A high quality of life and competitive commercial real estate options, making Pasadena an attractive place for both companies and employees.
- Innovators like the Doheny Eye Institute, (the inspiration between the campaign's "Let's cure blindness" headline have already seen firsthand how Pasadena's ecosystem can help fuel scientific innovation.

Pasadena's deep tech marketing push aligns with the city's broader Economic Development Strategic Plan, which prioritizes strong marketing and communication efforts focused on life sciences and deep tech as key growth areas.

To ensure Pasadena remains top-of-mind for investors and industry leaders, the next phase of the campaign will focus on:

- Increased industry-specific media outreach, targeting national and trade publications in biotech, aerospace, and advanced manufacturing.

Additional advertising in strategic business districts, including key locations outside of Southern California.

Ongoing engagement with companies looking to expand in Pasadena, leveraging the city's extensive innovation ecosystem. For more information about Pasadena's deep tech ecosystem and business opportunities, visit [CityOfPasadena.net/EconomicDevelopment/](http://CityOfPasadena.net/EconomicDevelopment/).

## Meeting on Energy Topics

Pasadena Water and Power ("PWP") invites the public to attend an online webinar entitled "Shaping PWP's Energy Future: How Safe, Reliable and Affordable Power Services Are Provided to You," on Wednesday, March 26, at 6 p.m. The community meeting is an introduction of a wide range of energy topics, including how PWP was formed, where the City's power comes from, how power is delivered to customers, and how PWP programs can help save on energy bills. It is the first of a series of power-related meetings planned for the year.

The meeting will also include a discussion of Pasadena's goal to source 100 percent of the City's electricity from carbon-free sources by the end of 2030, while optimizing affordability, rate equity, stability and reliability.

For details on the virtual community meeting, including access to the zoom link to join, visit: [PWPweb.com/Power2025](http://PWPweb.com/Power2025).

## Art on the Fence Contest

### A Pasadena Library Community Celebration

Pasadena Public Library announced they are inviting the Pasadena community to help the library decorate the construction fence that will surround Central Library during our upcoming earthquake retrofit and repairs project. The contest is open to all who live, work, or attend school in Pasadena and/or Pasadena Unified School District.

Artwork submittals can feature your favorite library, book or book character. Artwork will be displayed on the fence and later in the exhibit space when the library reopens. Designs can be about anything related to the library, Pasadena, literature, or the Pasadena community. Themes can include reading your favorite book, learning together at the library, favorite Pasadena library memories, the library of the future, or another library-related theme.

All artistic mediums of illustration are accepted; however, the design must be a flat image. We encourage the use of bright pens, markers or paint and recommend the use of saturated and opaque colors for ease of production and to make your picture as crisp as possible



to be bright and visible.

Submitted images must use only one side of the paper not both sides. Paper size can range from 8 1/2" x 11" to 11" x 17". Images should be portrait orientation (short side of paper at top and bottom).

The entry deadline is Wednesday, April 30. You may submit your illustration by either dropping it off at any Pasadena Public Library branch during open hours with the submission form attached or submitting your digital illustration using the online entry form at [bit.ly/Centrallibrary-ArtOnTheFence](http://bit.ly/Centrallibrary-ArtOnTheFence).

A selection panel will review the submitted entries and select the finalists to feature. For questions regarding the Art on the Fence project, contact Catherine Hany, [Chany@CityofPasadena.net](mailto:Chany@CityofPasadena.net).

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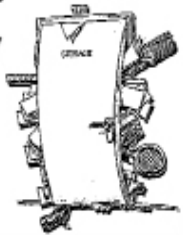
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# AROUND SAN GABRIEL VALLEY

## MONROVIA HILLSIDE WILDERNESS PRESERVE TRAIL RESTORATION WORK STARTING MONDAY, MARCH 24



During the Eaton Fire, the U.S. Forest Service and CalFIRE installed dozer lines as a barrier between residential neighborhoods and the fire. These dozer lines were installed throughout the Monrovia Hillside Wilderness Preserve and left considerable damage. Starting Monday, March 24th, contractors – hired by the City of Monrovia - will begin trail restoration work in these damaged areas of the HWP.

Work will include:

- Reshaping certain trails to eliminate uneven and loose surfaces.
- Reestablishing single-track trails by reinforcing edges with retention barriers. This also minimizes erosion.
- Installing natural rolling drains and water bars along the main trail to control erosion from future rain events.

The restoration work is expected to continue over the next few weeks.

### Trail Closures and Safety Precautions

During this time, some trails may be intermittently closed to ensure the safety of both workers and trail users. Residents are advised to stay informed about trail conditions and avoid closed areas for their safety, especially when crews are working. Please follow the posted signage.

Thank you for your patience as the City works to restore and improve the trails for your continued use!

## AUTHORITIES IDENTIFY SUSPECT IN ARCADIA MURDER, BELIEVE HE FLED TO CHINA

ARCADIA (CNS) - A 41-year-old man who is believed to have fled to China has been identified as a suspect in the murder of a 61-year-old man in an Arcadia residence, authorities said today.

Arcadia Police Department officers were called to the 50 block of Woodlawn Lane, west of Santa Anita Avenue and Foothills Middle School, at around 6:26 p.m. on March 11, regarding a possible home invasion and shooting.

The victim, described as an Asian man, was allegedly shot in the torso by the suspect, Zehao Lu, a Chinese national, before being transported to a hospital, where he died from his injuries, according to the Los Angeles County Sheriff's Department.

Two additional victims -- a 43-year-old woman, who was unharmed, and a 13-year-old boy, who suffered minor scratches -- were also in the home at the time, authorities said.

Homicide investigators said they learned that Lu confronted the woman and her son in the driveway before forcing them into the residence where an altercation with the older man ensued. Lu then shot the 61-year-old victim and fled the scene, according to the LASD.

Detectives recovered a gun inside the home but it was not immediately clear if it was the weapon used in the shooting. Investigators believe the suspect and victim knew each other, though their exact relationship remains unknown.

Prosecutors last week filed one count of murder, two counts of assault with a semi-automatic handgun and one count of burglary with a person present against Lu. A no-bail warrant with an extradition order has been issued.

Anyone with information about the shooting was asked to call the LASD's Homicide Bureau at 323-890-5500. Those who wish to remain anonymous may call Crime Stoppers at 800-222-8477 or go to lacrimestoppers.org.

## LANCASTER WOMAN CONVICTED IN HOSPICE FRAUD SCHEME

LOS ANGELES (CNS) - A Lancaster woman was found guilty today of receiving more than \$330,000 in illegal kickbacks for patient referrals to two hospice companies in a fraud scheme that bilked Medicare out of more than \$3.2 million through claims for medically unnecessary services.

Callie Jean Black, 66, was convicted at the conclusion of a four-day bench trial in Los Angeles federal court of four counts of soliciting and receiving remunerations for patient referrals, according to the U.S. Attorney's Office.

U.S. District Judge André Birotte Jr. scheduled sentencing for July 25.

Dr. Victor Contreras, 69, a Ventura County physician who worked for the two Pasadena hospices, pleaded guilty last year to one count of health care fraud and was sentenced in December 2024 to two years behind bars and ordered to pay \$3.28 million in restitution.

The lead defendant in the case, former Pasadena resident Juanita Antenor, 62, remains at large and is believed to be in the Philippines, prosecutors said.

According to the 14-count indictment, from July 2016 to February 2019, Contreras and Antenor schemed to defraud Medicare by submitting nearly \$4 million in false and fraudulent claims for hospice services submitted by Arcadia Hospice Provider Inc. and Saint Mariam Hospice Inc. Antenor controlled both companies.

Medicare only covers hospice services for patients who are terminally ill, meaning that they have a life expectancy of six months or less if their illness ran its normal course.

Contreras admitted having falsely stated on claims forms that patients had terminal illnesses to make them eligible for hospice services covered by Medicare, typically adopting diagnoses provided to him by hospice employees whether or not they were true.

Contreras did so even though he was not the patients' primary care physician and had not spoken to those primary care physicians about the patients' conditions. Medicare paid on the claims supported by Contreras' false evaluations and certifications and recertifications of patients.

Prosecutors say Antenor paid Black and other so-called marketers illegal kickbacks for referred to the two hospice companies.



## Sustainability Fair Plant Swap & Garden Tour

Saturday, March 29, 1-4 PM – FREE

\*Exhibits & tips from green-living experts \*Plant Swap  
\*Garden Tour \*Native Plant Gardening Talk \*And More!

### Arroyo Seco Woodland & Wildlife Park 100 Block of Pasadena Ave., South Pasadena

**Parking:** Pasadena Ave (Upper Entrance); Golf Course parking lot (Lower Entrance)  
**Cyclists:** South Pas Active will be hosting a free Bike Valet at the Lower Entrance.  
See our city's native plants while also enjoying its river front bike path!



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Location: Longo Toyota,  
3534 Peck Rd, Penske College,  
El Monte, CA 91731

Date and time: Thu, Mar 27, 2025  
11:00 AM - 12:30 PM





## FEMA HIRING LOCAL RESIDENTS TO SUPPORT WILDFIRES RECOVERY

LOS ANGELES – FEMA has launched a hiring process to continue its support of California's recovery from the Eaton and Palisades wildfires in Los Angeles County.

California residents who are interested in a temporary position with FEMA and a variety of emergency management functions can apply through [USAJobs.gov](https://USAJobs.gov). Applicants will be called for interviews, and those hired will join a recovery team already in place, composed of local and federal workers, voluntary agencies, and community organizations.

The following departments have positions available in Los Angeles County: Acquisitions, Civil Rights, External Affairs, Disaster Field Training Operations, Hazard Mitigation, Human Resources, Individual Assistance, Interagency Recovery Coordination, Information Technology, and Public Assistance and Planning.

Working for the federal government has many perks, including excellent benefits, flexible work schedules, opportunities for professional growth, stability, and lateral movement across agencies.

Interested applicants can visit [USAJobs.gov](https://USAJobs.gov) to apply. For questions about a position or if you need additional information, please email: [FEMA-DR4856-LocalHire@fema.dhs.gov](mailto:FEMA-DR4856-LocalHire@fema.dhs.gov). FEMA does not discriminate in employment on the basis of race, color, religion, sex, pregnancy, national origin, political affiliation, marital status, disability, genetic information, age, membership in an employee organization, retaliation, parental status, military service or other non-merit factor. Applicants requiring reasonable accommodation during any part of the hiring process, should contact [FEMA-DR4856-LocalHire@fema.dhs.gov](mailto:FEMA-DR4856-LocalHire@fema.dhs.gov). Determinations on requests for reasonable accommodation will be made on a case-by-case basis.

Follow FEMA online, on X @FEMA or @FEMAEspañol, on FEMA's Facebook page or Español page and at FEMA's YouTube account. For preparedness information follow the Ready Campaign on X at @Ready.gov, on Instagram @Ready.gov or on the Ready Facebook page.

## PROTECT YOUR FEMA ASSISTANCE ELIGIBILITY AND APPLY NOW

*If your home or personal property was damaged by the Los Angeles County wildfires or straight-line winds between Jan. 7 – Jan. 31, 2025, you may be eligible for FEMA disaster assistance.*

Individuals who are uncertain about their eligibility for FEMA assistance, are awaiting insurance claim settlements, or do not currently have unmet needs but may in the future are strongly encouraged to apply for FEMA Individual Assistance by the March 31 deadline.

Filing an application ensures that if your insurance claim is denied, you are under-insured, or your insurance claim does not cover your losses, you may still be eligible to receive FEMA assistance.

Only one application for FEMA disaster assistance may be filed per household. If you apply and are told that you have already applied, confirm with members of your household that no one else has applied for assistance on your behalf.

If you suspect fraud, call the FEMA Helpline immediately at 1-800-621-3362 or visit a Disaster Recovery Center. FEMA's security team will stop any fraudulent applications and investigate potential duplication. FEMA staff will be able to assist the survivor and ensure they receive the assistance they qualify for.

Monday, March 31, is the last day to apply for FEMA disaster assistance – this deadline will not impact applications that have already been started.

### How To Apply for FEMA Individual Assistance:

Online at [DisasterAssistance.gov](https://DisasterAssistance.gov).

On the FEMA App.

By calling the FEMA Helpline at 1-800-621-3362. If you use a relay service, give FEMA your number for that service. Assistance is available in multiple languages. Lines are open Sunday–Saturday, from 4 a.m.- 10 p.m. Pacific Time.

At a Disaster Recovery Center (DRC). To locate a DRC near you, visit the DRC Locator.

For an American Sign Language video on how to apply, visit FEMA Accessible: Three Ways to Register for FEMA Disaster Assistance

## FEMA ASSISTANCE FOR SURVIVORS WITH INSURANCE COVERAGE

Underinsured Los Angeles County wildfire survivors may be eligible for FEMA disaster assistance, which is intended to meet the basic needs of your household for damages directly caused by the disaster. FEMA cannot duplicate insurance payments, but it may be able to help where insurance cannot.

### What should I know about FEMA assistance if I have insurance?

You must tell FEMA about all the insurance coverage you have when you apply for assistance. This includes homeowners, renters, vehicle, mobile home, medical, burial, and other insurance coverages. FEMA cannot pay for costs that your insurance covers, so you must file a claim with your insurance company right away to determine what you are eligible for and what you may still need assistance with.

You may be eligible now or later for FEMA Individual Assistance if:

- You were denied insurance by your insurance company.
- Your insurance claim has been settled and you can demonstrate to FEMA that your insurance didn't cover your losses.
- Your insurance claim is delayed.
- You don't have Additional Living Expenses (ALE)/Loss of Use (LOU) coverage or can demonstrate you have exhausted your ALE/LOU benefits

### How can FEMA help if my insurance claim is delayed?

In some cases, FEMA may be able to provide assistance while you are waiting for your insurance settlement.

If it has been 30 days or more since you filed your insurance claim and you have received no funds, please contact the FEMA Helpline at 1-800-621-3362.

You also may be eligible for an insurance advance payment from FEMA. These funds are considered a loan if insurance funds become available and must be repaid to FEMA once you receive your settlement from your insurance company.

### What if I still need help after getting money from my insurance?

In some cases, FEMA may help pay for costs your insurance does not cover. If you still need assistance, send FEMA a copy of the documents you received from your insurance company immediately. Documents to submit may include:

- Insurance settlement information.
- Insurance denial letter, including a denial because damage did not exceed the policy deductible.
- Proof of lack of insurance, such as a policy with an exclusion for specific causes of damage.

### How can I submit documents?

Upload to your disaster assistance account at [DisasterAssistance.gov](https://DisasterAssistance.gov).

Mail to: FEMA  
P.O. Box 10055  
Hyattsville, MD 20782-8055.

Fax to 1-800-827-8112.

Visit a Disaster Recovery Center. To locate a DRC near you, visit the DRC Locator.

You can always call 1-800-621-3362 with questions or for more information about navigating the FEMA process.

### How long do I have after applying for FEMA assistance to provide an insurance settlement, denial, or policy?

FEMA must receive an insurance settlement or denial within 60 days from the date on FEMA letters requesting insurance documentation, even after the application deadline has passed, active applications can be updated with insurance details, to find out more about deadlines or to check the status of up-loaded documents, you can call 1-800-621-3362.

## COUNTY DEBRIS REMOVAL HOTLINE



(844) FIRE DEBRIS

(844) 347-3332

- For general questions about fire debris removal.
- Available Monday through Friday: 7 AM to 7 PM
- Saturday and Sunday from 8 AM to 6 PM.
- Visit [pw.lacounty.gov/epd/debris-removal/](https://pw.lacounty.gov/epd/debris-removal/) for more information.



## SUBMIT DEBRIS REMOVAL RIGHT OF ENTRY FORMS BY MARCH 31

LOS ANGELES – In order to have debris removed by the U.S. Army Corps of Engineers (USACE), a Right of Entry form (ROE) must be submitted to the County by the property owner. There is no out-of-pocket cost to have debris removed by USACE. The deadline for ROE form submittal is March 31, 2025.

Debris cleanup for the catastrophic wildfires in Los Angeles County began in January. FEMA assigned the U.S. Environmental Protection Agency (EPA) and USACE to survey, remove, and dispose of debris from properties burned by the wildfires.

As part of this effort, Los Angeles County established a Debris Removal website with information and resources for fire-impacted residents to learn more about the debris clearance process. In Phase 1 of the process, which was completed on February 25, the EPA removed hazardous household materials (HHM) from private property. No action from the property owner was required for Phase 1 to be completed. HHM removal associated with properties where structural hazards precluded safe entry were deferred to USACE.

**Phase 2**, conducted by USACE, consists of structural debris removal and requires an ROE form completed by the property owner, which is provided on the county website and available at Disaster Recovery Centers. Free private property debris removal by USACE is only available if the eligible property owner opts in by completing and submitting the ROE form. The ROE form is an agreement where property owners accept the conditions of participation in the debris removal program and give permission for USACE to access their property for cleanup activities.

Signing up for the debris removal program via the ROE does NOT impact a property owner's eligibility to apply for other FEMA disaster assistance. If a property owner opts out of the USACE debris removal program, they become responsible for all permits, inspections and other associated debris removal requirements and costs.

Coverage for debris and hazardous tree removal may be provided through your insurance policy. For information about insurance reimbursement, visit pages 3 and 4 on the ROE form.

### What is the Debris Removal Program?

The Debris Removal Program has two phases: removal of HHM followed by removal of other fire-related debris and trees that are deemed a hazard or that a certified arborist determines are dead or likely to die within five years due to the fire.

### Phase 1: Removing Hazardous Materials

On January 16, teams of experts from EPA and California's Department of Toxic Substances Control began assessing properties in the burn areas to remove any HHM that could pose a threat to human health and the environment such as lithium-ion batteries, paint, cleaners and solvents, oils and pesticides. This phase was automatic and completed at no cost to residents. EPA only removed hazardous materials. Examples of devices that contain lithium-ion batteries removed in Phase 1 and include: electric/hybrid vehicles, power tools, power banks, home alarms, drones, and tablets.

Phase 1 was completed on February 25. While most properties were cleared of HHM during Phase 1, some have been deferred to Phase 2 due to access and safety challenges. For more information, please visit: [2025 California Wildfires](https://2025.CaliforniaWildfires.gov) | [US EPA](https://USACE.gov)

### Phase 2: Debris Removal

On February 11, USACE, at the direction of FEMA, began removing fire-damaged metal, ash, and other general fire debris from residential properties. USACE will also remove foundations if property owners have opted to include foundation removal on the ROE. The collection of ROEs is a critical component of recovery operations because work cannot begin until a property owner opts into the program by submitting a completed form to the County. The ROE forms are available on the County's website [LA County Recovers](https://LACountyRecovers.com).

Follow FEMA online, on X @FEMA or @FEMAEspañol, on FEMA's Facebook page or Español page and at FEMA's YouTube account. For preparedness information follow the Ready Campaign on X at @Ready.gov, on Instagram @Ready.gov or on the Ready Facebook page.

California is committed to supporting residents impacted by the Los Angeles Hurricane-Force Firestorm as they navigate the recovery process. Visit [CA.gov/LAFires](https://CA.gov/LAFires) for up-to-date information on disaster recovery programs, important deadlines, and how to apply for assistance.







## HAVE A QUESTION ABOUT DEBRIS ?

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The U.S. Army Corps of Engineers has established a Debris Call Center to help answer questions regarding Private Property Debris Removal.

### Debris Call Center Hours of operation

-  Monday-Friday
-  6:00 a.m. - 6:30 p.m.
-  Saturday
-  6:00 a.m. - 4:30 p.m.
-  Sunday
-  6:00 a.m. - 2:30 p.m.



 **877-214-9117**



2025 STUDENT SCHOLARSHIP APPLICATIONS NOW OPEN

The Society of Professional Journalists Los Angeles (SPJ/LA) is now accepting applications for its 2025 Scholarship Awards for aspiring journalists studying in Los Angeles, Orange and Ven-tura counties or students born and raised in those counties who are attending accredited jour-nalism programs elsewhere in the U.S.

SPJ/LA offers six separate scholarships with specific criteria to outstanding news journalism students seeking to enter news, sports and/or photo journalism media careers and are currently attending universities or colleges.

The scholarships (one per applicant) that will be awarded this year are:

- Richard D. Hendrickson Memorial Scholarship - students of color (\$2,000).
- Lisa A. Davidson Memorial Scholarship - aspiring journalist (\$1,500).
- Ken Inouye Scholarship - media diversity (\$1,500).
- Helen Johnson Scholarship - broadcast journalism (\$1,500).
- Carl Greenberg Scholarship - investigative or political reporting (\$1,500).
- Bill Farr Scholarship - aspiring journalist (\$1,500).

The application deadline is April 15, 2025.

Application forms with full details and requirements are available at SPJLA.org/scholarships.

Please email applications and questions to: Richard Saxton, Scholarship Committee Chair – SPJLAScholarships2025@gmail.com

For more information about SPJ/LA, visit www.spjla.org

SCHOOL DIRECTORY

Alverno Heights Academy 200 N. Michillinda Sierra Madre, Ca. 91024 (626) 355-3463 Head of School: Joanne Harabedian E-mail address: jharabedian@alvernoheights.org	High Point Academy 1720 Kinneloa Canyon Road Pasadena, Ca. 91107 Head of School: Gary Stern 626-798-8989 website: www.highpointacademy.org
Arcadia Christian School 1900 S. Santa Anita Avenue Arcadia, CA 91006 Preschool - TK - 8th Grade 626-574-8229/626-574-0805 Email:inquiry@acsliions.com Principal: Cindy Harmon website: www.acsliions.com	La Salle College Preparatory 3880 E. Sierra Madre Blvd. Pasadena, Ca. (626) 351-8951 website: www.lasallehs.org Principal Ernest Siy
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Arroyo Pacific Academy 41 W. Santa Clara St. Arcadia, Ca, (626) 294-0661 Principal: Phil Clarke E-mail address: pclarke@arroyopacific.org	Odyssey Charter School 725 W. Altadena Dr. Altadena, Ca. 91001 (626) 229-0993 Head of School: Lauren O'Neill website: www.odysseycharterschool.org
Assumption of the Blessed Virgin Mary School Ms. Rose Navarro, Principal 2660 East Orange Grove Blvd. Pasadena, Ca 91107 626-793-2089 https://school.abvmpasadena.org/	Pasadena High School 2925 E. Sierra Madre Blvd. Pasadena, Ca. (626) 396-5880 Principal: Dr. Eric Barba website: http://phs.pusd.us
Barnhart School 240 W. Colorado Blvd Arcadia, Ca. 91007 (626) 446-5588 Head of School: Tonya Beilstein Kindergarten - 8th grade website: www.barnhartschool.org	St. Rita Catholic School 322 N. Baldwin Ave. Sierra Madre, Ca. 91024 Principal: Jon McMaster (626) 355-6114 mcmaster@st-ritaschool.org Website: www.st-ritaschool.org
Bethany Christian School 93 N. Baldwin Ave. Sierra Madre, Ca. 91024 (626) 355-3527 Preschool-TK-8th Grade Principal: Jonathon Hawes website: www.bcsliions.org	Sierra Madre Elementary School 141 W. Highland Ave, Sierra Madre, Ca. 91024 (626) 355-1428 Principal: Dr. Jodi Marchesso E-mail address: marchesso.jodi@pusd.us
Clairbourn School 8400 Huntington Drive San Gabriel, CA 91775 Phone: 626-286-3108 ext. 172 FAX: 626-286-1528 E-mail: jhawes@clairbourn.org	Sierra Madre Middle School 160 N. Canon Sierra Madre, Ca. 91024 (626) 836-2947 Principal: Garrett Newsom E-mail address: newsom.garrett@pusd.us
Foothill Oaks Academy 822 E. Bradbourne Ave., Duarte, CA 91010 (626) 301-9809 Principal: Nancy Lopez www.foothilloaksacademy.org office@foothilloaksacademy.org	Walden School 74 S San Gabriel Blvd Pasadena, CA 91107 (626) 792-6166 www.waldenschool.net
Frostig School 971 N. Altadena Drive Pasadena, CA 91107 (626) 791-1255 Head of School: Jenny Janetke Email: jenny@frostig.org	Weizmann Day School 1434 N. Altadena Dr. Pasadena, Ca. 91107 (626) 797-0204 Lisa Feldman: Head of School
The Gooden School 192 N. Baldwin Ave. Sierra Madre, Ca. 91024 (626) 355-2410 Head of School, Jo-Anne Woolner website: www.goodenschool.org	Wilson Middle School 300 S. Madre St. Pasadena, Ca. 91107 (626) 449-7390 Principal: Ruth Esseln E-mail address: resseln@pusd.us
	Pasadena Unified School District 351 S. Hudson Ave., Pasadena, Ca. 91109 (626) 396-3600 Website: www.pusd@pusd.us
	Arcadia Unified School District 234 Campus Dr., Arcadia, Ca. 91007 (626) 821-8300 Website: www.ausd.net
	Monrovia Unified School District 325 E. Huntington Dr., Monrovia, Ca. 91016 (626) 471-2000 Website: www.monroviaschools.net
	Duarte Unified School District 1620 Huntington Dr., Duarte, Ca. 91010 (626)599-5000 Website: www.duarte.k12.ca.us



**Sierra Madre Woman's Club**  
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Member of General Federation of Women's Clubs cfwc.org & gfwc.org

**2025 Academic Scholarship Applications**  
**Due March 29, 2025**  
**Application Form Online**  
*(Pasadena, CA Area High Schools Only)*  
**SierraMadreWomansClub.org**  
**Presented May 2025 for 2025-2026 Year.**

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Explore  **SierraMadreWomansClub**






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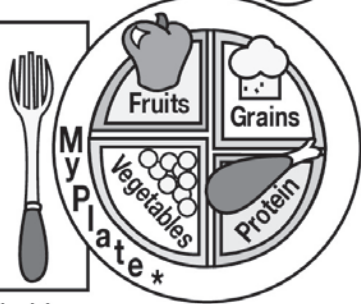
Families may grab a quick takeout meal when they are pressed for time or on the go. Takeout meals can be a tasty treat, but home-cooked meals are less expensive, and we know exactly which ingredients we're using.

When families plan menus together we can choose our favorite meals. When we shop together we can look for the freshest foods – vegetables and fruits – and everyone can choose the kinds that he likes the most. By checking labels on packages, we can learn which foods have the best ingredients.

When we cook at home we can adjust our recipes to use small amounts of healthful oils, salt or sugar. Some families are steaming or baking part of their favorite meals.

**Read the clues to fill in the crossword:**

- Choose foods from each of the food \_\_\_\_\_ every day: vegetables, fruits, grains, proteins and dairy.
- \_\_\_\_\_ are low in fat, sugar and calories and high in fiber and vitamins, like vitamin A, which is good for our eyes and skin.
- Many fruits have \_\_\_\_\_ and are famous for vitamin C, which helps to repair body tissue and heal cuts.
- Low-fat milk and cheeses will give you \_\_\_\_\_ for strong bones and teeth.
- Meat, fish, beans, eggs, peanut butter and nuts have lots of protein to help build \_\_\_\_\_. Choose lean cuts of meat if possible.
- Oats, brown rice, popcorn and buckwheat are whole grains with lots of fiber and carbohydrates that give us \_\_\_\_\_.  

- "My \_\_\_\_\_" lets us see at a glance what, and how much, we are eating.



\* plate based on USDA source

MyPlate

Fruits, Grains, Vegetables, Protein

Dairy

fresh

fat

sweet

groups

calcium

energy

muscle

fiber

half

sugar

Check out whole grains!

We're good sources of /protein.

March into good nutrition!

I'm so "beat."

Try half of a frozen banana for a cool treat.

Eat lots of brightly colored fruits and veggies.

Moderate amounts of fat are good for your brain!

I've "bean" here before.



FORMER RULERS

ACROSS

- 1. London native, e.g.
- 5. Major news network, acr.
- 8. Elect democratically
- 12. Dharma teacher
- 13. \*Henry \_\_\_\_, a serial husband
- 14. Mosaic artist
- 15. Cracked open
- 16. Between ids and super-egos
- 17. More unfriendly
- 18. \*Babylonian ruler, code creator
- 20. Minute bit
- 21. Cavern or cave
- 22. Not amateur
- 23. Sapodilla tree gum
- 26. \*Akhenaton or Tutankhamun
- 30. Be bedridden
- 31. a.k.a. crown vetch
- 34. \*Viracocha, the eighth Sapa \_\_\_\_ of Kingdom of Cusco
- 35. Like some peppers
- 37. \_\_\_\_-been
- 38. Trots and canters
- 39. And others, for short
- 40. Shred of clothing
- 42. Aptitude test, acr.
- 43. a.k.a. sodium carbonate
- 45. In ignoble manner
- 47. One behind plate, for short
- 48. Patrick Swayze/Demi Moore movie
- 50. George Lucas' warrior-monk
- 52. \*Egypt's famous queen
- 56. Capital of Tunisia
- 57. Military status
- 58. "High" time
- 59. River in India
- 60. Rainbows, e.g.
- 61. Al Capone, e.g.
- 62. Difficult situation
- 63. Striped stinger
- 64. Biblical paradise

DOWN

- 1. Ho-hum
- 2. Indian royal
- 3. Mosque V.I.P.
- 4. Plane road
- 5. "Sometimes a cigar is just a \_\_\_\_"
- 6. She turned to stone
- 7. Not yet final, legally speaking
- 8. \*Second-longest reigning British monarch
- 9. Spaghetti aglio and \_\_\_\_
- 10. Do like bees?
- 11. Go wrong
- 13. Top of a mountain, e.g.
- 14. #8 Down's headdress, e.g.
- 19. Untwist a rope
- 22. Third degree
- 23. Lawyers' loads
- 24. Informed of latest trends (2 words)
- 25. Homeric epic
- 26. Exterminator's target
- 27. Liquorice flavor
- 28. Based on number 8
- 29. Rash
- 32. \*Mohammad Reza \_\_\_\_ Pahlavi
- 33. Get calories
- 36. \*Robert Graves' "I, \_\_\_\_"
- 38. Comprehend
- 40. Medicinal amt.
- 41. Kindle editions
- 44. Not quite right
- 46. Posture
- 48. Unfriendly stare
- 49. From this time
- 50. Equinox month
- 51. Concludes
- 52. Underwater hermit
- 53. Arnold Lobel's "Frog and \_\_\_\_"
- 54. Tug-of-War equipment
- 55. Soon, to a bard
- 56. Burton of gothic horror genre

CROSSWORD														
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**Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.**

**March 15, 2025 Solutions**

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IN SUMMARY:  
The Review of the Review

Writing restaurant reviews is a lot like making soup for a crowd—you'll never please everyone. Someone will say it's too salty, someone else not enough, and one guy in the corner just wants to know why you didn't mention his grandmother's meatballs. Take last week, for example. I wrote a review about a well-known neighborhood spot. I thought I was being fair. I even said nice things like "the burger was juicy," "the server smiled," and "you can sit at the bar and people-watch if you're into that kind of thing." But the emails started flooding in before my coffee got cold.

"You were too nice," said one reader. "That place hasn't been the same since 2019." Okay, noted.

"You were too mean," said another. "That's our date-night go-to. You must've gone on an off night!" Duly noted.

And then there's the fan favorite: "How come you didn't mention me?" That was from Dennis, the ever-charismatic manager at Plate 38. Dennis, if you're reading this—and I know you are—you are the heartbeat of the place, the human Yelp filter, the man who remembers your drink before you've even sat down. There. Consider yourself officially mentioned.

So how does one write a review? It starts like this: I scribble on a napkin, because I never remember to bring a notebook. I jot down notes like "crispy," "ask about chef," or sometimes just "what was that sauce??" Then I try to decipher these notes two days later, only to realize that "bread pillow" may have been about the focaccia... or a dream I had.

I remember the ambiance (was it 'cozy' or just dimly lit?), the service (friendly or hovering?), and of course, the food. But here's the secret—every review is just a snapshot. It's one moment in one restaurant's life. The soup may be off today and a masterpiece tomorrow.

What I try to do is tell the truth, with a little humor and a lot of garlic. As my dad, Elmer Dills, always said, "Never enough garlic—keep it coming." I'm not here to tear places down or hand out Michelin stars. I just want you to know if it's worth getting off the couch and putting on pants.

And if I forget to mention someone—like Dennis—it's not personal. Sometimes, I just run out of ink or room. Or maybe I was distracted by that bread pillow.

In Summary: Everyone's a critic, including me. Just remember—it's only one guy's opinion, scribbled down on a napkin and brought to life with a dash of salt, a splash of wine, and a whole lot of love for the people who keep our restaurants humming.

email me [diningwithdills@gmail.com](mailto:diningwithdills@gmail.com) and listen to my podcast [pod.link/1116885432](https://pod.link/1116885432)

SIERRA MADRE PLAYHOUSE IN PARTNERSHIP WITH  
RETROFORMAT SILENT FILMS PRESENTS A DOUBLE  
FEATURE OF TWO TIMELESS SILENT FILM COMEDIES



"The Garage" (1920) starring Buster Keaton and Roscoe "Fatty" Arbuckle; and "The Battle of the Century" (1927) starring Laurel and Hardy

Suitable for All Ages

Saturday, April 5, 2025, 11 AM, at Sierra Madre Playhouse

The historic century-old Sierra Madre Playhouse harkens back to its fabled roots as a silent film theater when it presents two delightful and timeless silent film comedies suitable for all ages, including "The Garage" (1920), a 21-minute whirlwind of slapstick hilarity set in a small-town fire station starring legendary comedians Buster Keaton and Roscoe "Fatty" Arbuckle, on Saturday, April 5, 2025, at 11 am, at Sierra Madre Playhouse. The double feature also includes "The Battle of the Century" (1927), a 19-minute laugh riot noted for its legendary pie fight starring the beloved comedy duo Laurel and Hardy. It was selected for preservation in the United States National Film Registry by the Library of Congress in 2020 for being "culturally, historically, or aesthetically significant." The enduring humor of these two classic films is sure to bring laughter to adults and children alike. The program is presented in partnership with Retroformat Silent Films, an organization renowned for its dedication to the preservation and celebration of silent cinema.

Tickets (\$12) are on sale now. For tickets and information, please call 626.355.4318 or visit [www.sierramadrepayhouse.org](http://www.sierramadrepayhouse.org). Sierra Madre Playhouse is located at 87 West Sierra Madre Boulevard, Sierra Madre, CA 91024.

ABOUT SIERRA MADRE PLAYHOUSE

Sierra Madre Playhouse, a vibrant Southern California cultural hub with a rich history spanning a century, energizes audiences and the community with distinctive theatrical productions and captivating live performances. Hailed as a "jewel" (Pasadena Weekly) and "a landmark theater" (ABC7 Los Angeles), the performing arts center has garnered tremendous accolades for its varied repertoire and thought-provoking education and outreach programs curated with social impact in mind. The Los Angeles Times proclaims, "This is theater from the heart." As one of San Gabriel Valley's only performing arts center presenting a broad spectrum of performance genres, including theater, music, dance, film, comedy, and family-friendly productions featuring eminent local and national professional artists, the treasured artistic beacon draws audiences from across the Southland. The intimate 99-seat Sierra Madre Playhouse offers an up-close and personal connection to performances that resonate deeply, earning multiple Ovation Awards, NAACP Awards, and LA Times Critics' Choice honors. It is nestled into a historic building on the inviting Main Street of Sierra Madre, a charming village in the foothills of the San Gabriel Mountains. Retaining its distinctive movie theater façade and instantly recognizable marquee, the structure has undergone numerous transformations since opening in 1910, from furniture emporium to silent movie theatre to the artistic institution that now stands as a vibrant embodiment of the region's rich cultural legacy. The Sierra Madre Playhouse fosters creativity that aspires to bridge divides and spark dialogue, all while celebrating the rich tapestry of the American experience and the enduring pursuit of shared understanding.

ABOUT RETROFORMAT SILENT FILMS

Retroformat Silent Films is a non-profit organization whose mission is to promote education and enthusiasm about the art of silent film, so films from the silent film era can be widely enjoyed and fully appreciated as a cornerstone of modern film and visual art. The organization's programs include silent film screenings in and around Los Angeles, always with live music, free screenings of silent films with live music and discussion in public and private schools, and a one-of-a-kind online silent film archive for members, the Retroformat Vault. According to Retroformat Silent Films, it is estimated that 85 - 90% of all silent films made from 1896 to 1929 are lost forever, so it is imperative that the surviving films from the silent era are experienced and enjoyed, or there will be no interest to preserve what remains. Losing this part of film history would mean forgetting how the most important art form of our time evolved, as well as how people a century ago viewed the social issues shaping our lives today. <https://www.retroformat.org/>

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(Serves 4)  
**INGREDIENTS**

- 12 tablespoons olive oil
- salt and ground black pepper to taste
- 8 skinless, boneless chicken breasts, cut into cubes
- 4 onions, diced
- 4 cups sliced cremini mushrooms
- 4 (10.5 ounce) can condensed cream of mushroom soup
- 4 cups Marsala wine

**DIRECTIONS**

Heat oil in a skillet over medium-high heat. Season chicken with salt and pepper, then add to hot oil and cook until browned, 3 to 5 minutes. Stir in onion and mushrooms; continue cooking until onion is translucent, 5 to 7 minutes.

Pour condensed soup and Marsala wine over chicken mixture; cook until hot and chicken is no longer pink in the middle, 3 to 5 minutes. An instant-read thermometer inserted into the center should read at least 165 degrees F (74 degrees C).

Where Your Community News Comes First

# Mountain Views News

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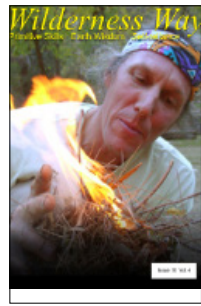
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## CHRISTOPHER Nyerges



*[Nyerges is the author of several books including "Self-Sufficient Home" and "How to Survive Anywhere." He also leads wilderness classes every weekend. He can be reached at School of Self-Reliance, Box 41834, Eagle Rock, CA 90041, or [www.SchoolofSelf-Reliance.com](http://www.SchoolofSelf-Reliance.com)]*

PROFILES FROM THE FIRE:  
COURAGE ESCAMILLA

## HOW THE FIRE CHANGED AN ACTIVIST'S LIFE FOREVER

*[To read the full interview with Courage, go to the Articles at [www.SchoolofSelf-Reliance.com](http://www.SchoolofSelf-Reliance.com)]*

Courage Escamilla is an actor, activist, and "adventurer in training" who moved to Altadena almost four years ago. He explains that it felt like he finally found home when he moved to Altadena, which he describes as "our little friendly corner of the county." After many years of struggling in the city, he saw an opportunity to move to a small town once again but only after experiencing a great loss... He eventually found happiness until January 7th came...

## JANUARY 7

"I was watching the Palisades fire spread ferociously when I got an alert that another fire had appeared in the Eaton Canyon at 8 p.m. It wasn't even half an hour later when I got an order to evacuate on my Watch Duty app. It was during a terrible wind storm, so considering that a local weather activist had earlier stated that a fire at this time would be catastrophic, I knew this was serious. Since I had lived through so many years of home instability, I've always had an idea of what was truly irreplaceable. It was easy to pack and be ready but I only had a motorcycle so leaving with everything was a serious issue until a neighbor unexpectedly but kindly offered to take my bags in her car."



Courage with "Altadena Not for Sale" sign Photo by C. Nyerges



At the last minute, Courage decided to evacuate on his motorcycle with his neighbor behind him, braving the 80-100 mph winds on his bike until he arrived at a friend's apartment in Pasadena. He was up all night researching all the information he could find about the fate of his street. Watching the TV for any information with his friends, it felt like watching the end of the world; learning about one neighborhood being destroyed...and then another. He finally fell asleep at 7am and woke up at 9 a.m in a panic, quickly making the crazy decision to ride his motorcycle back into the destroyed zone to see if his home was still there.

"I HAD to know, No matter the risk," he said.

On his motorcycle, he zipped around live power lines, almost every-other house on fire or reduced to smoldering rubble. Then after riding through a park to arrive on his street he was mystified to find that his house looked untouched. "But across the street" he exclaims "every house was gone or totally consumed by a blaze twice as high as the houses I had remembered. Incinerated pieces of their beautiful homes falling to the ground like the burning corpses of the lives I remembered."

## PUTTING OUT FIRES WITH POOL WATER

He soon found some of the other neighbors who had traveled back as well, and together they used five-gallon buckets full of swimming pool water to put out the spot fires on their side of the street so they would not spread to their surviving homes. "Afterwards, I decided to stay for an additional two nights after the fire... with no wind the entire time I was there," he explains. "Even still, the first helicopter didn't appear until 5pm that first day. What's worse, I didn't see a single emergency vehicle extinguish a single fire or be put out by anyone but the neighbors and I. Brutally, it very much felt like saving Altadena homes was not a priority. Trucks would just continue to drive past us again and again, in fact, many intact houses reportedly were left to freshly catch fire that next morning."

To top it off, he had to deal with looters on his first night who tried to break through the barricades he made using his patio furniture to block access to his backyard.

He eventually drove back to a place in Pasadena, knowing the National Guard would not let him back for some weeks.

## FALLING IN LOVE WITH ALTADENA

As a result of the disastrous fire of the city he loved, Courage began by getting involved in the creation of movements that emerged from the fire. The first such group was "Altadena: Not for Sale" for which he did lots of public-ty, operating as a central captain and even becoming the face of Altadena in the various marches and protests.

About 9,000 structures were destroyed in the fire, with another 2,000 heavily damaged, and 20-40K people displaced, or unable to return. Sixty percent of Altadena no longer exists..

Courage has also become very involved with four other movements that he helped spearhead.

These are Altatgether which seeks to recruit neighborhood captains on every street to communicate the needs, concerns and progress of each area with the larger interconnected network in Altadena.

Even at the first sign of trouble getting some donations delivered, Courage took it upon himself to rent a U-Haul and deliver 200 boxes of donations to Altadena from Santa Clarita.

As Native American man, he also says that he is "making a big effort to make sure that indigenous, brown and Latino people are not overlooked in this disaster. I want to give them visibility. Latinos make it 30% of Altadena"

"I want to be the connecting-tissue between all the different movements so I can cross-pollinate their efforts and create a culture of mutual respect and unity between everyone," he says. "I refuse to accept this fate for them. I will not stop until every single person in Altadena has their life back."

## Contacts for Courage:

Courage Escamilla - Community organizer and activist

<http://www.couragetheactor.com/altadena> for all organized resources, directory of organizing efforts, local-ly-benefiting Altadena merch and a means of contact him.

Courage's GoFundMe:

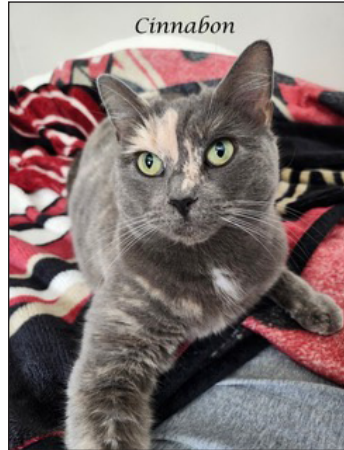
<https://www.gofundme.com/f/stand-with-altadena-courage-needs-you>

Donate to Help Courage Rebuild Altadena, organized by Courage Escamilla

## Katnip News!

MEET CINNABON –  
YOUR SWEETEST  
COMPANION!

Cinnabon, age 4, is a stunning petite dilute calico with velvety soft fur just waiting for your gentle touch. Once a homeless kitty, she found herself in need of food and safety when her feeder passed away. Now, she's ready to find a forever home where she can be cherished. This little lovebug adores ear and neck scratches, and she's not shy about asking for them! She's vocal, friendly, and will come right to you when called—especially at breakfast time. One of her favorite pastimes? Playing with the mouse teaser! Cinnabon is a people-loving kitty who wants to be the center of attention, and she'd thrive as the only cat in a loving home. If you're looking for a devoted and affectionate companion, Cinnabon is your girl! Could you be the one to give her the cozy, love-filled home she deserves? She is totally vetted, healthy, and spayed. See more of her and submit the application to meet her at <https://www.lifetimeforpets.org/cinnabon.html> or use the qr code.



## Pet of the Week

Wile is a striking 2-year-old Belgian Malinois mix with a big personality and an independent spirit. Weighing in at 60 pounds, Wile is a strong and confident dog who knows what he wants. He's intelligent and self-sufficient, making him a great match for someone who appreciates a dog that doesn't constantly demand attention. If you're looking for a loyal companion who enjoys having his own space while still being a dedicated best friend, Wile might just be the perfect fit.

Wile is housetrained and has great manners indoors, making him an easy addition to a home that values structure and routine. He's not one for rowdy dog parks or canine playdates—Wile prefers to be the only dog in the home, where he can truly relax and bond with his person. His independent nature means he enjoys exploring on walks and sniffing out interesting scents, but he also appreciates a cozy spot to unwind at the end of the day.

This smart and capable pup would do best with an experienced dog owner who understands his working-dog mentality. Wile thrives with clear boundaries and a job to do, whether it's daily walks, training sessions, or mentally stimulating activities. He would love a home where he can continue to learn and build trust with a patient and understanding human. While he may not be a social butterfly with other dogs, Wile is ready to be an incredibly devoted and loving companion to the right person.

If you're searching for a strong, independent dog with a big heart, Wile is waiting to meet you! The adoption fee for dogs is \$150. All dog adoptions include spay or neuter, microchip, and age-appropriate vaccines.

Walk-in adoptions are available every day from 10:00 – 5:00. View photos of adoptable pets at [pasadenahumane.org](http://pasadenahumane.org).

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.



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CHOOSING THE RIGHT CAREGIVER FOR SENIORS: A CRUCIAL DECISION

As seniors age, many face challenges that require assistance with daily activities, making the decision of selecting the right caregiver one of the most important choices a family can make. Whether the need is for part-time help or full-time care, finding a caregiver who is compassionate, qualified, and trustworthy is essential for both the senior's well-being and peace of mind for their loved ones.

When starting the search for a caregiver, families should consider the specific needs of the senior. For example, does the individual need help with mobility, personal care, or medication management? Do they have chronic health conditions that require specialized attention? Understanding these requirements will guide the type of care-giver needed—whether it's a certified nurse, home health aide, or companion.

Experience and qualifications are also key factors. Caregivers should have relevant training and experience, particularly for those requiring specialized care. Certified nurse assistants (CNAs) or home health aides often have the necessary expertise in managing health-related tasks, while companions can provide emotional support and companionship for those with less demanding needs.

Another important consideration is the caregiver's personality. Seniors often thrive in environments where they feel comfortable and respected, so it's important to ensure a good match between the senior and caregiver. Personality tests, interviews, and trial periods can help assess compatibility.

Lastly, families must consider the logistics, including cost, availability, and the caregiver's background check. Most agencies provide resources to ensure caregivers meet legal and safety standards, offering a level of assurance for families.

Choosing the right caregiver is a process that requires time, research, and careful thought. By considering the individual needs of the senior and finding a caregiver who offers both the right skills and a caring attitude, families can ensure their loved ones receive the best care possible.



NAVIGATING SOCIAL SECURITY AS IT DOWNSIZES

Dear Savvy Senior,  
My local Social Security office was recently shut down because of staff layoffs and large-scale downsizing by the Department of Government Efficiency. All this disruption makes me very nervous, as I'll be applying for my Social Security retirement benefits later this year. My question is, how are we supposed to get help with our Social Security questions or problems now that our office is permanently closed? What can you tell me?  
Anxious Aaron

Dear Aaron,  
I've been getting a lot of questions on this very topic. The Social Security Administration (SSA) is facing massive budget cuts and layoffs under President Donald Trump's administration, which is leading to dozens of office closures and a lot of angst across the country.

Led by Elon Musk and the Department of Government Efficiency (DOGE), many Social Security experts believe these deep staff cuts could cause interruptions in monthly benefit payments, an increase in improper payments, delays in the processing of new benefit applications and disability claims, and longer wait times for Social Security help.

There are 73 million Americans who currently receive Social Security benefits, including seniors, children and people with disabilities. Many rely on these benefits for the bulk of their income, so any disruption or errors in payments or other service delays could cause a lot of problems for beneficiaries.

Advocacy groups are urging concerned Americans to contact their members of Congress and demand protections for the program. To find your elected members contact information, go to [Congress.gov/members/find-your-member](http://Congress.gov/members/find-your-member).

With that said, here's how you can best navigate the SSA as they downsize.

**Use SSA.gov**  
Most Social Security business today can be conducted online. To get started, just go to [SSA.gov/online-services](http://SSA.gov/online-services) where you can create a personal online "my Social Security" account so you can view your latest statement and earnings history, apply for retirement, disability, and Medicare benefits, check the status of an application or appeal, request a replacement Social Security card (in most areas), print a benefit verification letter, and much more.

Their website also has a wealth of information and answers to frequently asked questions that you can access at [SSA.gov/faqs](http://SSA.gov/faqs).

**Phone Assistance**  
If you can't conduct your Social Security business online or you need some extra help, you can also get phone assistance by calling your nearby field office (see [SSA.gov/locator](http://SSA.gov/locator) for contact information) or by calling the SSA national number at 800-772-1213 (TTY 800-325-0778) between 8:00 a.m. – 7:00 p.m. local time, Monday through Friday.

This number has many automated service options you can use without waiting, but if you do need to speak to a representative, wait times are typically shorter early in the morning (between 8 and 10am) or later in the afternoon (between 4 and 7pm). You may also experience shorter wait times later in the week (Wednesday to Friday) and later in the month.

If you need to visit your nearby SSA office, it's best to call and make an appointment first as walk-ins have much longer wait times. To make an appointment call 800-772-1213 or contact your local SSA office.

**Be Patient**  
Also remember to practice patience and plan ahead. With all the SSA staff cuts, delays and longer wait time will be inevitable. And if you're planning to start drawing your Social Security benefits in the near future, it's best to apply as early as possible as the SSA recently announced that new applicants who cannot properly verify their identity over the agency's "my Social Security" online service, will be required to visit an SSA field office in person to complete the verification process. And that could take some additional time.

This change will also apply to unverified existing recipients who want to change their direct deposit information.

You can apply for benefits up to four months before you expect to receive them. Applying as early as possible can help ensure they're available when needed.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit [SavvySenior.org](http://SavvySenior.org). Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.



UNLOCK YOUR LIFE



a toddler pushing your mom away confidently, "I can do it!" Or being the elementary student mumbling under your breath, "You're not the boss of me," at some adult thwarting your plans.

"I can do it!" is a great mantra, but we don't have to do everything alone. Getting help is not only a good thing, sometimes it's necessary. Why, even the Lone Ranger had help. Do you remember that fictional character known for the tagline, "Hi-Ho Silver!?" You might be surprised to learn that more than one actor played the role.

Clayton Moore is most famously known as the Lone Ranger, playing the character for the first 78 episodes. However, during a pay dispute, John Hart also played the role for 52 episodes. Eventually, Moore made it back on his horse.

And let's not forget Tonto, the Lone Ranger's trusted companion. Despite the "lone" in his name, he relied on partnership to accomplish his mission.

**When Dreams Go Dormant**  
As adults, we often find ourselves stuck in a rut, our dreams muted by the routines and responsibilities of daily life. What once sparked excitement has been filed under "someday" or "impossible." But it doesn't take much to reawaken that spark.

Many people are reluctant even to try dreaming again because they're immediately worried about "the how."

Tips From Lori A. Harris

ACCEPTING HELP ON THE JOURNEY: THE LONE RANGER WASN'T SO LONE AFTER ALL

Sometimes, we need a little help, and sometimes we know it, but often we don't. If you're anything like me, you have a lifetime of doing things independently. It may have started innocently. As

They put on the brakes before their dream can even develop. Sometimes, it's fear of an unknown, unidentified danger. Sometimes, it's the fear of failure or disappointment.

**Sound familiar? You're not alone.**  
Would it be okay with you if life got easier? Think that's impossible? Well, the first step is to explore what you would love. What would it look like to have support? In what areas of your life would you welcome that support?

**Visionary Salon: Discover Your Path to a Life You Love**  
If you don't know how to get started, I'm hosting a special workshop next weekend where we'll explore how to live a life you love. The Visionary Salon is designed to help you identify what truly matters to you and create practical steps toward achieving it.

Join me in a supportive environment where you can:

- Clarify your vision for different areas of your life
- Identify obstacles that have been holding you back
- Learn practical tools for creating meaningful change
- Connect with others on a similar journey

In this workshop, you'll learn powerful tools to identify and articulate your dreams and, most importantly, how to take those first steps even in the face of fear. You'll discover that dreaming isn't just for children—it's an essential part of living a fulfilled life at any age. Space is limited, so reserve your spot today at [loriaharris.com/workshop](http://loriaharris.com/workshop). Together, we'll discover that asking for help isn't a sign of weakness—it's the first step toward creating the life you truly desire. Don't get stuck living the year over and over like "GroundHog's Day."

Your life is the only investment that matters.  
Lori A. Harris Is an award-winning coach who loves helping people. Learn more about her at her website, [loriaharris.com](http://loriaharris.com), or tune into her podcast, Unlock Your Life with Lori Harris

SENIOR HAPPENINGS

HAPPY BIRTHDAY! ...MARCH BIRTHDAYS\*



Cathy Flammer, Clare Marquardt, Karen Blachly, Carla Duplex, Ella Guttman, Viky Tchatlian, Mary Cooper, Sun Liu, Helen Wallis, Nancy Fox, Martha Cassara, Rita Johnson, Sharon Murphy, Heather Sheets, Mercedes Campos, Dorothy Webster, Terri Elder, Carol Cerrina, Amy Putnam, **Michael Murphy and Sally Contreras turn 100 this month!**  
\* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required

### Chair Yoga

10am - 10:45 am  
Monday's and Wednesday's  
at the  
Hart Park Senior Center

### Monthly BLOOD Pressure SCREENING

IS NOW TAKING PLACE AT THE  
HART PARK SENIOR CENTER  
THE SECOND TUESDAY OF EVERY  
MONTH  
AT 12:30PM

OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

ANOTHER WEEK ON MY OWN!



Several weeks ago, The Gracious Mistress of the Parsonage informed me she would be in St. Augustine with our daughter and granddaughter for spring break. As always, I really didn't properly process this information. I get so busy with other things that there are some things I can't process.

It was a Monday, and as I was drinking my morning coffee, the Gracious Mistress of the Parsonage came into my office and said, "Well, I guess the girls and I will be leaving for the week. I hope you have a good week." I put my coffee cup down, looked at her, and said, "What are you talking about? Where are you going?" "Don't you remember weeks ago I told you that our daughter, granddaughter and I will be going to St. Augustine for the spring break?"

I was stunned and said, "I guess I forgot."

She looked at me and smiled. As she was going out the front door, she said, "Try to behave yourself this week, and most importantly of all, do not get any apple fritters. Remember our agreement?"

Then she opened the door and said, "Your dinners and suppers are in the refrigerator. Try not to make a mess." Then she closed the door.

It took me a few minutes to process this whole idea, and I'm sure she told me about it, and was helping me prepare for this week. There are times I get so busy with a project that I don't hear what's going on around me. I may not be at my computer, but I'm still writing in my head and thinking about my project. I may know what's happening around me, but I'm not processing it as I should.

Sitting back in my chair, I thought about the week before me. The Gracious Mistress of the Parsonage will be in St. Augustine, and I will be here managing every moment of every day. That doesn't happen often, and I wasn't sure where to begin. I went back to my office and worked until lunchtime. Usually, at lunchtime, The Gracious Mistress of the Parsonage has my lunch all prepared for me. All I have to do is sit down and eat it. That has been my schedule since I said, "I do."

I walked into the kitchen, and there is nothing. I almost call out for my wife, but then I remember that she isn't here. I am in charge of my week. I was beginning to feel rather happy. I have the whole week to do whatever I want, which rarely happens.

Opening the refrigerator, I saw that she had prepared a whole week's worth of eating. There were dishes and bowls in the refrigerator, and all of them had tags telling me what they were. That was rather convenient for me, and I appreciated it very much.

As I was planning my apple fritter, I remembered that in the Publix store where I usually get them, all the workers know my wife, and she knows them. I remember one time when she was away, I got an apple fritter.

When she came home and went to Publix to buy groceries, everybody told her I had bought an apple fritter. By the time my wife got home from shopping, she knew I had bought an apple fritter behind her back. How can you buy something behind her back when everybody knows her?

I had to put a plan together, which was to go across town to a Publix that she had never been to.

I got in my vehicle to drive across town to acquire several apple fritters for the week. As I began my journey, I just couldn't help but chuckle and smile. I can't remember the last time I had an apple fritter, and I was surely looking forward to this one. As I was driving, I was listening to some preacher on a radio station. I was listening as I was driving, still very happy inside. Unfortunately for me, his sermon that day was on lying.

I enjoyed his sermon, and as I was driving into the Publix parking lot, I began to think about it. What is a lie?

I knew I could go into that store, buy as many apple fritters as I wanted, and then take them home. I knew I could put this together so that The Gracious Mistress of the Parsonage would never know about it. Then, a thought burned into my head. Am I cheating on The Gracious Mistress of the Parsonage?

Halfway from my vehicle to the store, I stopped. Is it worth lying?

I'm unsure what was happening in my heart, but I stopped, turned around, returned to my vehicle, and went home. Not all the apple fritters in the world are worth lying to The Gracious Mistress of the Parsonage.

Driving home, I remembered a hymn that had the phrase, "Yield not to temptation, for yielding is sin." I can't stop the temptation, but I can refuse to yield to it.

I also thought of a Bible verse. "There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but with the temptation also make a way to escape, that ye may be able to bear it" (1 Corinthians 10:13).

Temptations will come, but I do not have to yield.



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Mountain Views News  
Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

STUART TOLCHIN PUT THE LIGHTS ON ME, HUCK AND JAMES



Dear reader:

In this article I am going to try and do something I have rarely done before. I am not intending to complain about anything, and I am intending to write about something other than what goes on in my own mind or simply retelling the events of my own day. In this article, if all goes right, I am going to praise the book JAMES written by Percival Everett together with the book entitled Adventures of Huckleberry Finn by the author who called himself Mark Twain. I am also intending to heap praise upon the introduction to Adventures of Huckleberry Finn, Oxford World Classics edition written by Emery Elliot, Distinguished Professor of English at the University of California, Riverside.

Alright reader, I can't resist; here is a little background. As I have written many times before, since my retirement I feel very isolated. My major activity, other than writing these articles has been to meet friends for lunch and to play golf with two friends I have met on the golf course. Well friends have moved away and one of my golfing partners has died and the other man just had surgery and will be unavailable for a couple of months. I find myself feeling lost when I do drive the roads near my home which is embarrassing as I have lived in this same spot for 45 years. I tried being a volunteer at the nearby Arcadia Arboretum but that didn't work out. Could the confusion difficulties and the unsuccessful volunteering have been my choice? Before thinking about the message in the books as explained by Percival Everett I would never have entertained the thought.

At about this time I received a text from my sister which described her highly positive reaction to the book entitled James which described the incidents the Huck book from the perspective of the slave James. I went to several libraries and bookstores attempting to obtain a copy of the James book in large print but was unsuccessful.

While at The Sierra Madre Library I learned that a small book club had been formed which would be discussing the Adventures of Huckleberry Finn. Unfortunately, the library in Sierra Madre is only a temporary library and has little space requiring he meetings of the book club to occur over Zoom and is scheduled for today, Thursday at 11AM. I learned about the meeting last week and spurred on by the goal of participating in the group I have reread the book. I have never even tried to use ZOOM but I will choose to try in a couple of hours.

Percival Everett discussed the Twain books and his own. He explained that the name "Mark Twain" taken by the author Samuel Clemens was a boating term meaning two fathoms deep which was a symbol of the fact that the Twain books had double meaning. (Who knew?) It was further explained that one of the premises of the book is that any individual is what he has chosen to be and always has the power to choose something else. I would like to explain more of the book to you, but I have already run out of space and can only urge you to read the books yourself, carefully, and realize you have made yourself into what you want to be and that what is important is what you make important.

I still have a bit of trouble understanding the message and guess it's not appropriate to say I wish I had told you more about the books. I realized now I did what I wanted to do and I have wanted to influence you somewhat in the way Tom Sawyer influenced people to do his work for him in the famous incident involving face painting.

As this article illustrates, I have written what I wanted to write rather than what I had previously declared in my first paragraph. Right, it depends on what I want to do rather than what I say what it is I want to do. This is not an easy message and perhaps that that is why the meaning of Twain's books are still discussed and debated and sometimes banned more that 150 years after they were written.

Almost time for the ZOOM meeting, I can hardly wait to hear what I and others say.

TOM PURCELL MORE CHILDREN NEEDED



It's a growing concern that world leaders, economists and even Pope Francis have warned about: people aren't having enough children.

Across the globe, birth rates are plummeting below the replacement level of 2.1 children per woman, the minimum needed to maintain a stable population.

Countries such as Japan, Italy and even the U.S. are now facing shrinking workforces, aging populations and economic uncertainty as a result.

Pope Francis, too, has urged families to embrace more children, praising the value of big families, which teach children selflessness and sharing — benefits that extend far beyond the home. And I couldn't agree more.

I was raised as an only boy in a family of six kids, which was at once a blessing and a curse.

When I was 12, the neighborhood bully was constantly picking on me, but I had no brothers to teach me to fight. My sisters taught me. I looked the bully dead in the eye and said, "You are soooooooo immature!"

Despite having no brothers, my father made me wear hand-me-downs. It wasn't too bad most of the year, but Easter Sunday was unpleasant. Do you know how hard it is to outrun the neighborhood bully with your pantyhose bunching up and your bonnet flopping in the wind?

Though my sisters loved and doted on me many times, other times they complained to my parents that I was stinky and gross, which meant I was forever banished to the third seat in the back of the station wagon.

One of my fondest memories was going grocery shopping with my father every Thursday night. We hit the Del Farm grocery store, the beer distributor and the butcher and we arrived home just as "The Waltons" theme song was playing on television.

Like a Red Cross operation, everyone in the house unloaded and packed away our weekly supplies, then we joined for some potato chips and orange and cherry soda pop as we watched John Boy and his many siblings show us what life was like during the Great Depression.

Pope Francis has said that "having brothers and sisters is good for you." He said, "the sons and daughters of a large family are more capable of fraternal communion from early childhood."

He has also said that "each family is the cell of society, but the large family is a richer, more vibrant cell."

I found this to be true.

My parents' house was a wonderful, raucous place, filled with laughter, chaos and lots of love and joy. You had no choice but to interact.

I can't help but wonder how many of today's kids — without siblings and isolated with their smartphones alone in their rooms — are missing out on the

RICH JOHNSON



2024 BUSINESS OF THE YEAR: CORFU

I had the chance to stand next to one of my best friends while he and his restaurant were awarded the 8th Annual Sierra Madre Business of the Year award.

Yes, Vik Satamian, owner of Corfu Restaurant, has been around for 17 years or so, and is the very first of our small community's restaurants to win this prestigious award. The city's first winner was "The Shabby Dog", followed by "Gem Plumbing", "Leonora Moss", Taylor's Meats", "Best Buy Drugs", "Arnold's Hardware", and last years recipient "Mountain Views News". If you want to celebrate and have dinner at a Business of the Year winner, I would recommend Corfu.

I suppose you could have dinner at Taylor's Meats, but only if you like your steak really, really rare. Best Buy Drugs (now Pax Pharmacy) and Arnold's Hardware have candy and cold drinks for sale. "Leonora Moss" might be able to scrounge up a salad, I'd rule out "Gem Plumbing", and the "Mountain Views News" (unless you cater the lunch). If you really do not have a very discerning palate, you could try "The Shabby Dog". They may have kibble suitable for vegetarians. The meat dishes will definitely come out of a can and be served at ground level. Bring your own "eatin' irons".

Thinking of events such as awards shows, the big ones are usually televised live. Airing live gives us, the public, wonderful opportunities to witness LIVE oops and mistakes. Let's look at couple of interesting anecdotes regarding our annual Academy Awards:

None other than Faye Dunaway announced the 89th Academy Award for Best Picture to be "La La Land". Oops, it wasn't. The winner was "Moonlight". So the "La La Land" people came up on stage and thanked the entire world before the mistake was announced. So, the "Moonlight" winners then came up and thanked the entire world as well. Who got blamed? Two PricewaterhouseCoopers accountants. (I think they are still working at a Hollywood Car Wash.)

A closer look at the 1974 Academy Awards (don't look too close) you'll see a fellow named Robert Opel run up and across the stage waving the peace sign as he sprinted by. By the way Mr. Opel was naked.

Speaking of the Academy Awards, let's look at some more trivia. The first African American to win the best Actor Oscar? Happened to be my favorite, Sidney Poitier in 1964 for "Lilies of the Field". "The Exorcist" was the first horror film to be nominated for Best Picture (Didn't win).

What film character won two actors a best actor Oscar? "Vito Corleone" from the Godfather movies. Marlon Brando won best actor for playing Vito in "The Godfather". And Robert De Niro won best supporting actor for playing Vito in "The Godfather, Part II".

Did any superhero movies ever receive a best Picture Oscar nomination? Well, I'm glad you asked, "Black Panther" was nominated in 2018. Brilliantly portrayed by Chadwick Boseman who sadly died of cancer a few years later.

Robin Williams won the Academy Award's Best Supporting Actor crown in 1997 for "Good Will Hunting". And Matt Damon and Ben Affleck won for best original screenplay for "Good Will Hunting" that same year.

By the way, what is the Academy Award statue holding? A crusader's sword. Why? Don't know.

Was there ever a tie? Did any two actors, actresses, or movies tie? Yep! In 1969 the best actress Oscar went to both Katherine Hepburn and Barbra Streisand. Katherine won for "The Lion in Winter" and Barbra won for "Funny Girl".

Finally, there are awards for many different and obscure achievements. Possibly my favorite is "The Darwin Award". They are awarded to someone who died posthumously; to someone who died in a most idiotic way. (gonna do a column on that for sure.)

"The Foot in Mouth Award" presented each year to the person who makes the most confounding or baffling comment that year. One lifetime achievement award has been given. In 2008 none other than President George W. Bush won the award.

I, your intrepid writer will continue to deep dive into the world of relatively useless information, striving to keep you, my insomniac friends, full of information designed to help you sleep. It is a task I cherish.

So, good night and sleep well.



childhood I was blessed to have.

According to a 2023 report from the U.S. surgeon general, young people are experiencing record-high levels of loneliness and anxiety.

Being part of a big family would solve that problem. You simply can't isolate yourself with so much commotion going on all around you.

And if you attempted to hide from the rest of the family, one of your siblings would demand you come out of your room or risk the greatest punishment that can happen in a big family.

Someone would threaten to brush their teeth with your toothbrush!





# HOWARD Hays As I See It

*"The largest, most significant modern and balanced trade agreement in history . . . All of our countries will benefit greatly."*  
 – President Trump signing the U.S.-Mexico-Canada Agreement, 2018

*"Who would ever sign a thing like this? . . . We were led by, in some cases, fools" – President Trump, 2025*

*"I don't care what the judges think." – Trump "border czar" Tom Homan*

President Trump knows he has to pick up his numbers on deportations – and he's not about to let any judge get in his way. "On day one, I will launch the largest deportation program of criminals in the history of America," he said during his campaign. In February, ICE deportations (11,000) lagged behind what they were February 2024 (12,000) under President Biden – who did, in fact, target criminals while affording due process under our laws.

Mahmoud Khalil is a permanent legal resident married to an American citizen (their first child due next month), a recent Columbia University grad student arrested by ICE for having led pro-tests against the Israeli bombing of Gaza. He's being held under the Immigration and Naturalization Act that provides for deportation if their "presence or activities . . . the Secretary of State has reasonable ground to believe would have potentially serious adverse foreign policy consequences for the United States".

When asked on CBS whether Khalil had committed any crime, supported Hamas or done anything other than exercise his First Amendment right to protest, all Secretary of State Rubio could offer was that maybe he shouldn't have been allowed here in the first place. Khalil is under indefinite detention as the government seeks to deport him.

There's Rhode Island organ transplant specialist Dr. Rasha Alawieh, 2015 med school graduate, fellowships and residencies at three U.S. universities, H1-B visa holder (valid until 2027) and professor at Brown University. She was detained at Boston's Logan airport upon returning from visiting her family in Lebanon and told she was being deported. An Assistant U.S. Attorney said, "her true intentions in the United States could not be determined". A judge ordered a halt to the deportation, but she was put on a plane and sent out of the country, anyway.

Now we have those planes taking alleged gang members to a prison in El Salvador – offshoring incarceration to a third country. They supposedly belonged to the Venezuelan gang Tren de Aragua – though in some cases it appears to have been simply a matter of having a suspicious tat-too.

This comes six months after candidate Trump kept repeating how Tren de Aragua had taken over apartment buildings in Colorado - long after that story had been debunked by local police and the apartments' residents. And then his campaigning on Venezuela releasing "millions" from its prisons and asylums to pour into our country – a charge then (as now) called "laughable".

Trump is carrying out these particular deportations under the Alien Enemies Act of 1798. It's only been invoked three times in our history; during the War of 1812, WWI and WWII – against nations with whom we were actually at war as declared by Congress. The court seemed unwilling to let that fly in this case – regardless of how much Trump talks of a migrant "invasion"- and ordered the flights halted pending further review.

The administration then chose to play games with the court and our laws. Trump attorneys maintained that since the planes took off after the judge made his verbal order but before a written one was filed, everything was cool. They asserted that once the planes were over international waters, they were outside the court's jurisdiction. But the Judge made clear that

as long as the detainees were in U.S. custody, until they're handed over to Salvadoran authorities, the court had jurisdiction.

There's an appellate process available for rulings they don't like, but instead they choose to simply ignore rulings and go after the Judge. For House Republicans, having abandoned any pretense of being a check on the president themselves, they want to make sure the judiciary doesn't exercise its constitutional role, either – and have begun impeachment proceedings against this Judge. He's been called "Crooked" and a "Radical Left Lunatic of a Judge" by the President of the United States, Donald Trump.

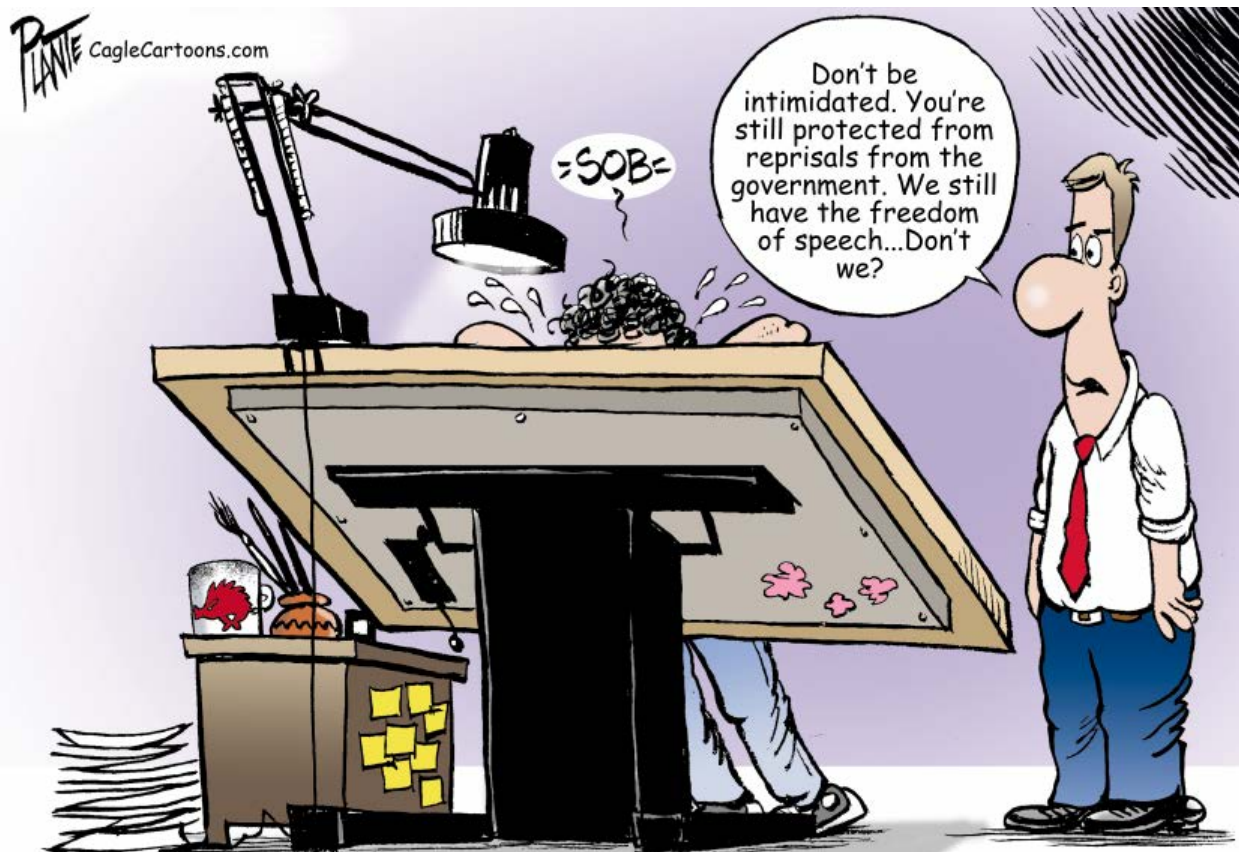
A family was stopped on their drive from Rio Grande, Texas to Houston. The parents are undocumented with kids who are U.S. citizens. Their 10-year-old daughter (right), was diagnosed with brain cancer last year, had a tumor removed, and they've since been making regular trips for follow-up treatment with specialists in Houston.

They'd had no problems on these trips – showing letters from their lawyer and doctors at the checkpoint. But this time, the parents were stopped and given a choice: either the entire family be deported or just the parents - with kids turned over to foster care. Faced with the choice of either their daughter no longer having access to this specialized care or perhaps forever losing custody of her, they chose to keep the family together and hope for the best in Mexico.

"Border czar" Tom Homan has a message for such parents: "you put your family in that position".

The administration has laid off dozens of immigration judges and slashed funding for immigration courts and non-profits set up to guide migrants and asylum-seekers through the process – with a current backlog of nearly four million cases. It's easier just to summarily deport them.

Even if judges thought they had a solution for that family in Texas, one where they could keep their family together while also continuing treatment for their daughter, Homan wouldn't "care what the judges think", anyway. He needs to help Trump get those deportation numbers up.



## DICK POLMAN



### JACKIE ROBINSON INFO YOU WON'T GET FROM THE MAGA PENTAGON

Wow, a chance to write about a baseball player! Thanks, MAGA!

You may have heard what happened the other day. Trump's apparatchiks, in their quest to scrub all vestiges of racial diversity from federal websites (they call diversity "a form of Woke cultural Marxism"), somehow saw fit to erase Jackie Robinson from the Pentagon's online roll call of athletes who'd served their country.

Yes, *that* Jackie Robinson.

His military service during World War II was flushed down the Orwellian memory hole some time on Tuesday. We think it was Tuesday. An ESPN reporter noticed that Jackie's page was gone on Tuesday night, so it's not clear how long the erasure was actually in effect, because the enemies of "cultural Marxism" haven't provided a timeline. Even if they were to do so, I'm disinclined to believe anything they'd say.

What we do know is that some time on Wednesday afternoon, they restored Robinson's page to the Pentagon website via what they called a "digital content refresh." I'll quote their gobbledygook:

"We are pleased by the rapid compliance across the Department with the directive removing DEI content from all platforms. In the rare cases that content is removed – either deliberately or by mistake – that is out of the clearly outlined scope of the directive, we instruct the components and they correct the content..."

I don't speak MAGA, but I can translate: "Oops."

Naturally, they failed to specify whether Robinson's erasure was done "either deliberately or by mistake," indeed whether the scrubbers' zeal was wrongfully "out of the clearly outlined scope of the directive," but now that the "components" are back in place (as are others), I do have a modest suggestion for the Pentagon, a suggestion about Robinson that of course carries no weight.

As punishment for that erasure, it would behoove the scrubbers to beef up one particular "component" of Robinson's military stint. The page devotes a total of three lines – one terse paragraph – to the fact that he was court-martialed after refusing to move to the back of an Army bus. There's so much more to that story, and the scrubbers should be compelled to tell it. As an act of penance.

They could just copy/paste what I've got here – and these are just highlights:

On an Army base in Texas, on July 6, 1944, 2nd Lieutenant Robinson visited what was called

"the colored officer club," then boarded a shuttle bus and sat in a middle row next to Virginia Jones, the wife of a fellow Black officer. The white bus driver mistakenly thought Jones was white, so he yelled: "Hey, you, sittin' beside that woman – get to the back of the bus!"

Robinson refused. He told the driver – accurately – that military buses had been desegregated. But the driver called his dispatcher to say that a "n-" on the bus was making trouble. Robinson (according to his own subsequent testimony) told the driver, "Stop f- with me" and "Look here, you son of a b-, don't you call me no n-."

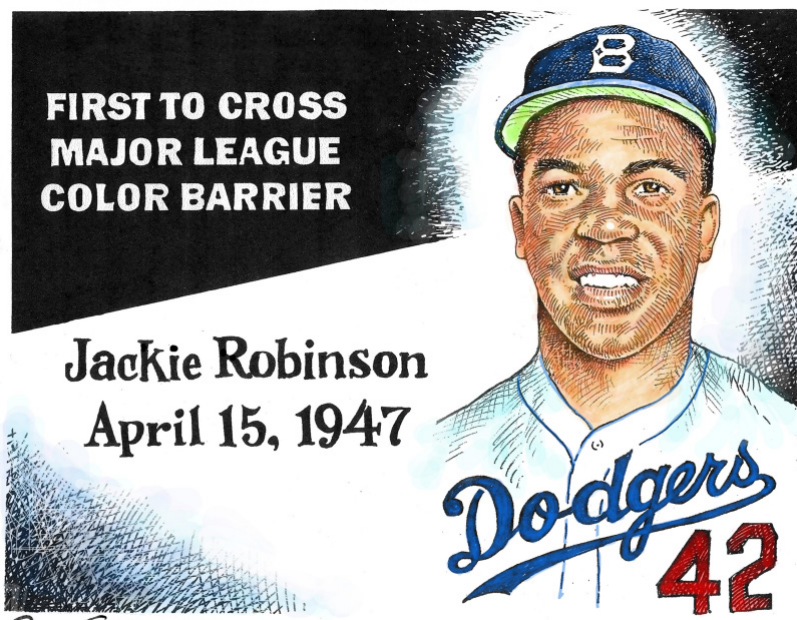
Soon after, the military police handcuffed Robinson, shackled his legs, and drove him to MP headquarters. At the HQ, a white enlisted man called Robinson a "n-," and, as Robinson later testified, "I told him that if he ever called me a n- again, I would break him in two."

On August 2, a nine-member court-martial panel was convened to hear The United States v. 2nd Lieutenant Jack R. Robinson. Six votes were required to convict. Only five did so. But Robinson was scarred by the experience, and later lamented his acquittal "was a small victory, for I had learned that I was in two wars, one against the foreign enemy, the other against prejudice at home."

Actually, that victory was pivotal. Had Robinson been convicted and dishonorably discharged, it's highly doubtful Dodgers owner Branch Rickey would've chosen a Black guy tossed from the Army to break baseball's color line.

The Pentagon's scrubbers are welcome to paste that material on Robinson's page – although those "components" would probably strike them as anti-white or culturally Marxist.

But wouldn't they like another time at bat? Nah, you all know the answer.









# LEGAL NOTICES

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2025043606  
The following person(s) is (are) doing business as:  
AVIV RENEWALS 4124 OLD  
TAPANGA CANYON RD CALABASAS, CA  
91302. AON C0516654 CALIFORNIA LOS AN-  
GELES COUNTY. Full name of registrant(s) is  
(are) CONSTRUCTION CONSULTATION MAN-  
AGEMENT & DEVELOPMENT, INC. 4124 OLD  
TAPANGA CANYON RD CALABASAS, CA  
91302. This Business is conducted by: A CORPO-  
RATION.. Signed: CONSTRUCTION CONSUL-  
TATION MANAGEMENT & DEVELOPMENT,  
INC. AVRAHAM SHEMUELJIAN, CEO. This  
statement was filed with the County Clerk of Los  
Angeles County on 03/06/2025. The registrant(s)  
has (have) commenced to transact business under  
the fictitious business name or names listed above  
on 02/02/25. NOTICE- This Fictitious Name State-  
ment expires five years from the date it was filed  
in the office of the County Clerk. A new Fictitious  
Business Name Statement must be filed prior to  
that date. The filing of this statement does not  
of itself authorize the use in this state of a Ficti-  
tious Business Name in violation of the rights of another  
under Federal, State, or common law (See section  
14411 et seq. Business and Professions Code)  
Publish: ESMountain Views News  
Dates Pub: March 8, 15, 22, 29, 2025

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2025-035542  
The following person(s) is (are) doing business as:  
ART CHAUFFEUR, 2716 N BROADWAY SUITE  
207, LOS ANGELES, CA 90031. Full name of  
registrant(s) is (are) ART CHAUFFEUR LLC, 2716  
N BROADWAY SUITE 207, LOS ANGELES, CA  
90031. This Business is conducted by: A LIMIT-  
ED LIABILITY COMPANY. Signed: ROBERTO  
VALENCIA NAMBO/MANAGING MEMBER.  
ARTICLE # 20256557391. This statement was  
filed with the County Clerk of Los Angeles County  
on 02/18/2025. The registrant(s) has (have) com-  
menced to transact business under the fictitious  
business name or names listed above on N/A. NO-  
TICE- This Fictitious Name Statement expires five  
years from the date it was filed in the office of the  
County Clerk. A new Fictitious Business Name  
Statement must be filed prior to that date. The fil-  
ing of this statement does not of itself authorize the  
use in this state of a Fictitious Business Name in  
violation of the rights of another under Federal,  
State, or common law (See section 14411 et seq.  
Business and Professions Code) Publish: Mountain  
Views News/JDC  
Dates Pub: MAR 01, 08, 15, 22, 2025

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2025-031919  
The following person(s) is (are) doing business as:  
CINTHIA'S CREW CLEANING SERVICES,  
INC., 5753 WHITNALL HWY, NORTH HOLLY-  
WOOD, CA 91601. Full name of registrant(s) is  
(are) CINTHIA'S CREW CLEANING SERVICES, INC.,  
5753 WHITNALL HWY, NORTH HOLLY-  
WOOD, CA 91601. This Business is conducted by:  
A CORPORATION. Signed: CINTHIA CARLA  
CHAVARRRY/CEO, ARTICLE # 6550418. This  
statement was filed with the County Clerk of Los  
Angeles County on 02/14/2025. The registrant(s)  
has (have) commenced to transact business under  
the fictitious business name or names listed above  
on N/A. NOTICE- This Fictitious Name State-  
ment expires five years from the date it was filed  
in the office of the County Clerk. A new Fictitious  
Business Name Statement must be filed prior to  
that date. The filing of this statement does not  
of itself authorize the use in this state of a Ficti-  
tious Business Name in violation of the rights of another  
under Federal, State, or common law (See section  
14411 et seq. Business and Professions Code) Pub-  
lish: ESMountain Views News/JDC  
Dates Pub: MAR 01, 08, 15, 22, 2025

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2025-018082  
The following person(s) is (are) doing business as:  
EL DON MARKET, 6500 SOUTH HOOVER  
STREET, LOS ANGELES, CA 90044. Full name  
of registrant(s) is (are) WALTER LEONARDO RO-  
DRIGUEZ ESTRADA/OWNER. This statement was  
filed with the County Clerk of Los Angeles County  
on 01/28/2025. The registrant(s) has (have) com-  
menced to transact business under the fictitious  
business name or names listed above on 01/25/25.  
NOTICE- This Fictitious Name Statement expires  
five years from the date it was filed in the office  
of the County Clerk. A new Fictitious Business  
Name Statement must be filed prior to that date.  
The filing of this statement does not of itself au-  
thorize the use in this state of a Fictitious Busi-  
ness Name in violation of the rights of another  
under Federal, State, or common law (See section  
14411 et seq. Business and Professions Code) Pub-  
lish: Mountain Views News/JDC  
Dates Pub: MAR 01, 08, 15, 22, 2025

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2025-034911  
The following person(s) is (are) doing business as:  
ENSENADA'S SURF N TURF GRILL, 4749 AR-  
TESIA BLVD, LAWDALE, CA 90260. Full name  
of registrant(s) is (are) MARTIN'S BAJA SURF &  
TURF, 4749 ARTESIA BLVD, LAWDALE, CA  
90260. This Business is conducted by: A CORPO-  
RATION. Signed: MARTIN VAZQUEZ/PRESI-  
DENT. ARTICLE # 4314563. This statement was  
filed with the County Clerk of Los Angeles County  
on 02/20/2025. The registrant(s) has (have) com-  
menced to transact business under the fictitious  
business name or names listed above on 02/01/19.  
NOTICE- This Fictitious Name Statement expires  
five years from the date it was filed in the office  
of the County Clerk. A new Fictitious Business  
Name Statement must be filed prior to that date.  
The filing of this statement does not of itself au-  
thorize the use in this state of a Fictitious Busi-  
ness Name in violation of the rights of another  
under Federal, State, or common law (See section  
14411 et seq. Business and Professions Code) Pub-  
lish: Mountain Views News/JDC  
Dates Pub: MAR 01, 08, 15, 22, 2025

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2025-037885  
The following person(s) is (are) doing business  
as: ESENADA'S SURF N TURF GRILL, 310 E  
GRAND AVENUE UNIT 112, EL SEGUNDO, CA  
90245. Full name of registrant(s) is (are) KATYAS  
BAJA SURE & TURF, 310 E GRAND AVENUE  
UNIT 112, EL SEGUNDO, CA 90245. This Busi-  
ness is conducted by: A CORPORATION. Signed:  
MARTIN VAZQUEZ/PRESIDENT. ARTICLE #  
4314561. This statement was filed with the County  
Clerk of Los Angeles County on 02/24/2025. The  
registrant(s) has (have) commenced to transact  
business under the fictitious business name or  
names listed above on 09/2019. NOTICE- This Fic-  
titious Name Statement expires five years from the  
date it was filed in the office of the County Clerk.  
A new Fictitious Business Name Statement must be  
filed prior to that date. The filing of this statement  
does not of itself authorize the use in this state of a  
Fictitious Business Name in violation of the rights  
of another under Federal, State, or common law  
(See section 14411 et seq. Business and Professions  
Code) Publish: Mountain Views News/JDC  
Dates Pub: MAR 01, 08, 15, 22, 2025

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2025-018706  
The following person(s) is (are) doing business as:  
G&S PROFESSIONAL CLEANING SERVICE,  
3916 GIBRALTAR AVE APT 10, LOS ANGELES,  
CA 90008. Full name of registrant(s) is (are) CO-  
RINA GUADALUPE SORIANO MOLINA, 3916  
GIBRALTAR AVE APT 10, LOS ANGELES, CA  
90008. This Business is conducted by: AN INDI-  
VIDUAL. Signed: CORINA GUADALUPE SO-  
RIANO MOLINA/OWNER. This statement was  
filed with the County Clerk of Los Angeles County  
on 01/29/2025. The registrant(s) has (have) com-  
menced to transact business under the fictitious  
business name or names listed above on 01/20/25.  
NOTICE- This Fictitious Name Statement expires  
five years from the date it was filed in the office  
of the County Clerk. A new Fictitious Business Name  
Statement must be filed prior to that date. The fil-  
ing of this statement does not of itself authorize the  
use in this state of a Fictitious Business Name in  
violation of the rights of another under Federal,  
State, or common law (See section 14411 et seq.  
Business and Professions Code) Publish: Mountain  
Views News/JDC  
Dates Pub: MAR 01, 08, 15, 22, 2025

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2025-033540  
The following person(s) is (are) doing business as:  
KILLATOKYO, 1510 S 9TH ST, ALHAM-  
BRA, CA 91803. Full name of registrant(s) is (are)  
RYO KANEZAWA, 1510 S 9TH ST, ALHAM-  
BRA, CA 91803. This Business is conducted by:  
AN INDIVIDUAL. Signed: RYO KANEZAWA/  
OWNER. This statement was filed with the County  
Clerk of Los Angeles County on 02/18/2025. The  
registrant(s) has (have) commenced to transact  
business under the fictitious business name or  
names listed above on N/A. NOTICE- This Fic-  
titious Name Statement expires five years from the  
date it was filed in the office of the County Clerk.  
A new Fictitious Business Name Statement must be  
filed prior to that date. The filing of this statement  
does not of itself authorize the use in this state of a  
Fictitious Business Name in violation of the rights  
of another under Federal, State, or common law  
(See section 14411 et seq. Business and Professions  
Code) Publish: Mountain Views News/JDC  
Dates Pub: MAR 01, 08, 15, 22, 2025

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2025-007293  
The following person(s) is (are) doing business as:  
MMARY'S PROFESSIONAL HOUSEKEEPING,  
720 W I STREET APT #4, WILMINGTON, CA  
90744. Full name of registrant(s) is (are) CARLOS  
PAREDES TELLO, 720 W I STREET APT #4,  
WILMINGTON, CA 90744. MARIA ERNESTI-  
NA RODRIGUEZ TREJO, 720 W I STREET APT  
#4, WILMINGTON, CA 90744. This Business is  
conducted by: A MARRIED COUPLE. Signed:  
CARLOS PAREDES TELLO/HUSBAND. This  
statement was filed with the County Clerk of Los  
Angeles County on 01/13/2025. The registrant(s)  
has (have) commenced to transact business under  
the fictitious business name or names listed above  
on 10/2019. NOTICE- This Fictitious Name State-  
ment expires five years from the date it was filed  
in the office of the County Clerk. A new Fictitious  
Business Name Statement must be filed prior to  
that date. The filing of this statement does not  
of itself authorize the use in this state of a Ficti-  
tious Business Name in violation of the rights of another  
under Federal, State, or common law (See section  
14411 et seq. Business and Professions Code) Pub-  
lish: Mountain Views News/JDC  
Dates Pub: MAR 01, 08, 15, 22, 2025

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2025-026970  
The following person(s) is (are) doing business as:  
SOUTH CENTRAL LAUNDRY, 2151 W FLO-  
RNECE AVE, LOS ANGELES, CA 90047. Full  
name of registrant(s) is (are) ERIC ROGERS,  
2151 W FLORNECE AVE, LOS ANGELES, CA 90047.  
This Business is conducted by: AN INDIVIDUAL.  
Signed: ERIC ROGERS/OWNER. This statement  
was filed with the County Clerk of Los Angeles  
County on 02/10/2025. The registrant(s) has (have)  
commenced to transact business under the fic-  
titious business name or names listed above on N/A.  
NOTICE- This Fictitious Name Statement expires  
five years from the date it was filed in the office  
of the County Clerk. A new Fictitious Business Name  
Statement must be filed prior to that date. The fil-  
ing of this statement does not of itself authorize the  
use in this state of a Fictitious Business Name in  
violation of the rights of another under Federal,  
State, or common law (See section 14411 et seq.  
Business and Professions Code) Publish: Mountain  
Views News/JDC  
Dates Pub: MAR 01, 08, 15, 22, 2025

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2025-035339  
The following person(s) is (are) doing business as:  
ENSENADA'S SURF N TURF GRILL, 4749 AR-  
TESIA BLVD, LAWDALE, CA 90260. Full name  
of registrant(s) is (are) GURGEN ARTSRUN, 1221  
W LINCOLN AVE, LINCOLN AVE, MONTROSE, CA  
90640. This Business is conducted by: AN

INDIVIDUAL. Signed: GURGEN ARTSRUN/  
OWNER. This statement was filed with the County  
Clerk of Los Angeles County on 02/18/2025. The  
registrant(s) has (have) commenced to transact  
business under the fictitious business name or  
names listed above on 02/2025. NOTICE- This Fic-  
titious Name Statement expires five years from the  
date it was filed in the office of the County Clerk.  
A new Fictitious Business Name Statement must be  
filed prior to that date. The filing of this statement  
does not of itself authorize the use in this state of a  
Fictitious Business Name in violation of the rights  
of another under Federal, State, or common law  
(See section 14411 et seq. Business and Professions  
Code) Publish: Mountain Views News/JDC  
Dates Pub: MAR 01, 08, 15, 22, 2025

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2025-037576  
The following person(s) is (are) doing business as:  
TASTY CHOICE, 14304 E NELSON AVE,  
CITY OF INDUSTRY, CA 91744. Full name of  
registrant(s) is (are) JYMD CORP., 14304 E NEL-  
SON AVE, CITY OF INDUSTRY, CA 91744. This  
Business is conducted by: A CORPORATION.  
Signed: JESUS ANTONIO DAVILA CASTANE-  
DA/CEO. ARTICLE # 6586248. This statement  
was filed with the County Clerk of Los Angeles  
County on 02/24/2025. The registrant(s) has (have)  
commenced to transact business under the fic-  
titious business name or names listed above on N/A.  
NOTICE- This Fictitious Name Statement expires  
five years from the date it was filed in the office  
of the County Clerk. A new Fictitious Business Name  
Statement must be filed prior to that date. The fil-  
ing of this statement does not of itself authorize the  
use in this state of a Fictitious Business Name in  
violation of the rights of another under Federal,  
State, or common law (See section 14411 et seq.  
Business and Professions Code) Publish: Mountain  
Views News/JDC  
Dates Pub: MAR 01, 08, 15, 22, 2025

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2025-037867  
The following person(s) is (are) doing business as:  
USTC DISTRIBUTION NETWORK,  
USTC PACKING, 1308 E COLORADO BLVD  
SUITE 118, PASADENA, CA 91106. Full name of  
registrant(s) is (are) USTC CONSORTIUM, INC.,  
1308 E COLORADO BLVD SUITE 118, PASA-  
DENA, CA 91106. This Business is conducted by:  
A CORPORATION. Signed: DAVE TANG/  
CEO. ARTICLE # 6422273. This statement was  
filed with the County Clerk of Los Angeles  
County on 02/24/2025. The registrant(s) has (have)  
commenced to transact business under the fic-  
titious business name or names listed above on N/A.  
NOTICE- This Fictitious Name Statement expires  
five years from the date it was filed in the office  
of the County Clerk. A new Fictitious Business Name  
Statement must be filed prior to that date. The fil-  
ing of this statement does not of itself authorize the  
use in this state of a Fictitious Business Name in  
violation of the rights of another under Federal,  
State, or common law (See section 14411 et seq.  
Business and Professions Code) Publish: Mountain  
Views News/JDC  
Dates Pub: MAR 01, 08, 15, 22, 2025

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2025-016314  
The following person(s) is (are) doing business as:  
VILLEGAS GROUP, 10479 SOMERSET  
BLVD, BELLFLOWER, CA 90706. Full name of  
registrant(s) is (are) RODRIGO VILLEGAS  
DOMINGUEZ, 10479 SOMERSET BLVD, BELL-  
FLOWER, CA 90706. This Business is conducted  
by: AN INDIVIDUAL. Signed: RODRIGO VIL-  
LEGAS DOMINGUEZ/OWNER. This statement was  
filed with the County Clerk of Los Angeles  
County on 01/24/2025. The registrant(s) has (have)  
commenced to transact business under the fic-  
titious business name or names listed above on  
02/2020. NOTICE- This Fictitious Name State-  
ment expires five years from the date it was filed  
in the office of the County Clerk. A new Fictitious  
Business Name Statement must be filed prior to  
that date. The filing of this statement does not  
of itself authorize the use in this state of a Ficti-  
tious Business Name in violation of the rights of another  
under Federal, State, or common law (See section  
14411 et seq. Business and Professions Code) Pub-  
lish: Mountain Views News/JDC  
Dates Pub: MAR 01, 08, 15, 22, 2025

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2025-018195  
The following person(s) is (are) doing business as:  
WELLNESS ON THE MENU, 8438 SAN  
MIGUEL AVE, SOUTH GATE, CA 90280. Full  
name of registrant(s) is (are) MAYRA MELISSA  
SINGH HIGUERA, 8438 SAN MIGUEL AVE,  
SOUTH GATE, CA 90280. This Business is con-  
ducted by: AN INDIVIDUAL. Signed: MAYRA  
MELISSA SINGH HIGUERA/OWNER. This  
statement was filed with the County Clerk of Los  
Angeles County on 01/28/2025. The registrant(s)  
has (have) commenced to transact business under  
the fictitious business name or names listed above  
on N/A. NOTICE- This Fictitious Name State-  
ment expires five years from the date it was filed  
in the office of the County Clerk. A new Fictitious  
Business Name Statement must be filed prior to  
that date. The filing of this statement does not  
of itself authorize the use in this state of a Ficti-  
tious Business Name in violation of the rights of another  
under Federal, State, or common law (See section  
14411 et seq. Business and Professions Code) Pub-  
lish: Mountain Views News/JDC  
Dates Pub: MAR 01, 08, 15, 22, 2025

FILE NO. 2025-034341  
STATEMENT OF ABANDONMENT OF USE OF  
FICTITIOUS BUSINESS NAME  
The following person(s) JULIAN AGUILLOON BO-  
NILLA, 1828 ELIZONDO ST, LA PUENTE, CA  
91744, has abandoned the use of the fictitious  
business name: CARNES SELECTAS NAYARIT,  
1828 ELIZONDO ST, LA PUENTE, CA 91744  
The fictitious business name referred to above was  
filed on 10/01/2024, in the county of Los Angeles.  
The original file number of 2024024631. The busi-  
ness was conducted by: AN INDIVIDUAL. This  
statement was filed with the County Clerk of Los  
Angeles County on 02/19/2025. The business infor-  
mation in this statement is true and correct. (A registrant

who declares as true information which he or she  
knows to be false, is guilty of a crime.) JULIAN  
AGUILLOON BONILLA/OWNER  
Publish: Mountain Views News  
Dates Pub: MAR 01, 08, 15, 22, 2025

FILE NO. 2025-033545  
STATEMENT OF ABANDONMENT OF USE OF  
FICTITIOUS BUSINESS NAME  
The following person(s) SERGIO TONY RODRI-  
GUEZ, 1505 E PORTNER ST, WEST COVINA,  
CA 91791, has abandoned the use of the fic-  
titious business name: XTREME TRUCK LINE,  
1505 E PORTNER ST, WEST COVINA, CA 91791  
The fictitious business name referred to above was  
filed on 10/11/2024, in the county of Los Angeles.  
The original file number of 2024212374. The busi-  
ness was conducted by: AN INDIVIDUAL. This  
statement was filed with the County Clerk of Los  
Angeles on 02/18/2025. The business information  
in this statement is true and correct. (A registrant  
who declares as true information which he or she  
knows to be false, is guilty of a crime.) SERGIO  
TONY RODRIGUEZ/OWNER  
Publish: Mountain Views News  
Dates Pub: MAR 01, 08, 15, 22, 2025

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2025037928  
The following person(s) is (are) doing business as:  
PIGGY NAILS 7300 TAPANGA CANYON  
BLVD, RTE 9 CANOGA PARK, CA 91303. CALI-  
FORNIA LOS ANGELES COUNTY. Full name of  
registrant(s) is (are) NUNGOC HIEU NGUYEN  
19131 VICTORY BLVD APT 245 RESEDA, CA,  
91335. KEVIN KHOA PHAN 19131 VICTORY  
BLVD APT 245 RESEDA, CA, 91335. This Busi-  
ness is conducted by: A MARRIED COUPLE.  
Signed: KEVIN KHOA PHAN, HUSBAND. This  
statement was filed with the County Clerk of Los  
Angeles County on 02/24/2025. The registrant(s)  
has (have) commenced to transact business under  
the fictitious business name or names listed above  
on N/A. NOTICE- This Fictitious Name State-  
ment expires five years from the date it was filed  
in the office of the County Clerk. A new Fictitious  
Business Name Statement must be filed prior to  
that date. The filing of this statement does not  
of itself authorize the use in this state of a Ficti-  
tious Business Name in violation of the rights of another  
under Federal, State, or common law (See section  
14411 et seq. Business and Professions Code)  
Publish: ESMountain Views News  
Dates Pub: March 1, 8, 15, 22, 2025

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2025038805  
The following person(s) is (are) doing business as:  
SPACE ENTERTAINMENT 1100 N CENTRAL  
AVE SUITE 1 GLENDALE, CA, 91202. AON  
C6486092. CALIFORNIA LOS ANGELES  
COUNTY. Full name of registrant(s) is (are)  
SPACE SOCIAL AI INC. 1100 N CENTRAL AVE  
SUITE 1 GLENDALE, CA, 91202. This Busi-  
ness is conducted by: A CORPORATION. Signed:  
SPACE SOCIAL AI INC. KAREN G PETROSOV,  
CEO. This statement was filed with the County  
Clerk of Los Angeles County on 02/25/2025. The  
registrant(s) has (have) commenced to transact  
business under the fictitious business name or  
names listed above on 02/2025. NOTICE- This Fic-  
titious Name Statement expires five years from the  
date it was filed in the office of the County Clerk.  
A new Fictitious Business Name Statement must be  
filed prior to that date. The filing of this statement  
does not of itself authorize the use in this state of a  
Fictitious Business Name in violation of the rights  
of another under Federal, State, or common law  
(See section 14411 et seq. Business and Professions  
Code)  
Publish: ESMountain Views News  
Dates Pub: March 1, 8, 15, 22, 2025

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2025037352  
The following person(s) is (are) doing business as:  
ALL SERVICES PLUMBING & ROOFER 1369  
GAVINA AVE APT 432 SYLMAR, CA, 91342.  
CALIFORNIA LOS ANGELES COUNTY. Full  
name of registrant(s) is (are) JOSE ALFREDO  
RUIZ GOROSTIETA, 1369 GAVINA AVE APT  
432 SYLMAR, CA, 91342. This Business is  
conducted by: AN INDIVIDUAL. Signed: JOSE  
ALFREDO RUIZ GOROSTIETA, OWNER. This  
statement was filed with the County Clerk of Los  
Angeles County on 02/24/2025. The registrant(s)  
has (have) commenced to transact business under  
the fictitious business name or names listed above  
on 02/2025. NOTICE- This Fictitious Name State-  
ment expires five years from the date it was filed  
in the office of the County Clerk. A new Fictitious  
Business Name Statement must be filed prior to  
that date. The filing of this statement does not  
of itself authorize the use in this state of a Ficti-  
tious Business Name in violation of the rights of  
another under Federal, State, or common law  
(See section 14411 et seq. Business and Professions  
Code)  
Publish: ESMountain Views News  
Dates Pub: March 1, 8, 15, 22, 2025

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2025037708  
The following person(s) is (are) doing business as:  
ALL SERVICES PLUMBING & ROOFER 1369  
GAVINA AVE APT 432 SYLMAR, CA, 91342.  
CALIFORNIA LOS ANGELES COUNTY. Full  
name of registrant(s) is (are) JOSE ALFREDO  
RUIZ GOROSTIETA, 1369 GAVINA AVE APT  
432 SYLMAR, CA, 91342. This Business is  
conducted by: AN INDIVIDUAL. Signed: JOSE  
ALFREDO RUIZ GOROSTIETA, OWNER. This  
statement was filed with the County Clerk of Los  
Angeles County on 02/24/2025. The registrant(s)  
has (have) commenced to transact business under  
the fictitious business name or names listed above  
on 02/2025. NOTICE- This Fictitious Name State-  
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another under Federal, State, or common law  
(See section 14411 et seq. Business and Professions  
Code)  
Publish: ESMountain Views News  
Dates Pub: March 1, 8, 15, 22, 2025

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2025039794  
The following person(s) is (are) doing business  
as: LIVE SCAN FINGERPRINT 4 ALL  
2718 SUSAN BETH WAY UNIT 1 SANTA  
CLARITA, CA 91350. CALIFORNIA LOS AN-  
GELES COUNTY. Full name of registrant(s) is  
(are) BEDROS SARIAN 2718 SUSAN BETH  
WAY UNIT D SANTA CLARITA, CA 91350.  
This Business is conducted by: AN INDIVIDUAL.  
Signed: BEDROS SARIAN, OWNER. This state-  
ment was filed with the County Clerk of Los An-  
geles County on 02/26/2025. The registrant(s) has  
(have) commenced to transact business under the  
fictitious business name or names listed above on  
02/2005. NOTICE- This Fictitious Name State-  
ment expires five years from the date it was filed  
in the office of the County Clerk. A new Fictitious  
Business Name Statement must be filed prior to  
that date. The filing of this statement does not  
of itself authorize the use in this state of a Ficti-  
tious Business Name in violation of the rights of another  
under Federal, State, or common law (See section  
14411 et seq. Business and Professions Code)  
Publish: ESMountain Views News  
Dates Pub: March 1, 8, 15, 22, 2025

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2025042014  
The following person(s) is (are) doing business as:  
WEB TRUCKING 1152 CAMPBELL ST APT F  
GLENDALE, CA, 91205. CALIFORNIA LOS  
ANGELES COUNTY. Full name of registrant(s)  
is (are) VACHIK BABAYAN 1152 CAMPBELL  
ST APT F GLENDALE, CA, 91205. This Business  
is conducted by: AN INDIVIDUAL. Signed: VA-  
CHIK BABAYAN, OWNER. This statement was  
filed with the County Clerk of Los Angeles County  
on 02/28/2025. The registrant(s) has (have) com-  
menced to transact business under the fictitious  
business name or names listed above on 02/2019.  
NOTICE- This Fictitious Name Statement expires  
five years from the date it was filed in the office  
of the County Clerk. A new Fictitious Business Name  
Statement must be filed prior to that date. The fil-  
ing of this statement does not of itself authorize the  
use in this state of a Fictitious Business Name in  
violation of the rights of another under Federal,  
State, or common law (See section 14411 et seq.  
Business and Professions Code)  
Publish: ESMountain Views News  
Dates Pub: March 1, 8, 15, 22, 2025

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2025037902  
The following person(s) is (are) doing business as:  
SKYLINE BUILDERS 11950 W ERWIN ST 525  
NORTH HOLLYWOOD, CA. 91606. CALIFOR-  
NIA LOS ANGELES COUNTY. Full name of  
registrant(s) is (are) SKYLINE ENERGY ROOF-  
ING INC. 11950 W ERWIN ST 525 NORTH HOL-  
LYWOOD, CA. 91606. This Business is con-  
ducted by: A CORPORATION. Signed: SKYLINE EN-  
ERGY ROOFING INC. RAZ BERIA, CEO. This  
statement was filed with the County Clerk of Los  
Angeles County on 02/24/2025. The registrant(s)  
has (have) commenced to transact business under  
the fictitious business name or names listed above  
on 02/2025. NOTICE- This Fictitious Name State-  
ment expires five years from the date it was filed  
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that date. The filing of this statement does not  
of itself authorize the use in this state of a Ficti-  
tious Business Name in violation of the rights of another  
under Federal, State, or common law (See section  
14411 et seq. Business and Professions Code)  
Publish: ESMountain Views News  
Dates Pub: March 1, 8, 15, 22, 2025

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2025037941  
The following person(s) is (are) doing business as:  
EAGLE PROS 20619 COHASSET STREET  
WINNETKA, CA. 91306. CALIFORNIA LOS  
ANGELES COUNTY. Full name of registrant(s)  
is (are) MOJTABA GHOFRANI 20619 COHAS-  
SET STREET WINNETKA, CA. 91306. This  
Business is conducted by: AN INDIVIDUAL.  
Signed: MOJTABA GHOFRANI, OWNER. This  
statement was filed with the County Clerk of Los  
Angeles County on 02/24/2025. The registrant(s)  
has (have) commenced to transact business under  
the fictitious business name or names listed above  
on 02/2025. NOTICE- This Fictitious Name State-  
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Business Name Statement must be filed prior to  
that date. The filing of this statement does not  
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under Federal, State, or common law (See section  
14411 et seq. Business and Professions Code)  
Publish: ESMountain Views News  
Dates Pub: March 1, 8, 15, 22, 2025

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2025037941  
The following person(s) is (are) doing business as:  
AIR CONNECTION HEATING AND COOL-  
ING 9111 LEV AVE ARLETA, CA. 91331.  
CALIFORNIA LOS ANGELES COUNTY. Full  
name of registrant(s) is (are) CARLOS BENITEZ  
CALLES 9111 LEV AVE ARLETA, CA. 91331.  
This Business is conducted by: AN INDIVIDUAL.  
Signed: CARLOS BENITEZ CALLES, OWN-  
ER. This statement was filed with the County  
Clerk of Los Angeles County on 02/24/2025. The  
registrant(s) has (have) commenced to transact  
business under the fictitious business name or  
names listed above on 02/2025. NOTICE- This Fic-  
titious Name Statement expires five years from the  
date it was filed in the office of the County Clerk.  
A new Fictitious Business Name Statement must be  
filed prior to that date. The filing of this statement  
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Fictitious Business Name in violation of the rights  
of another under Federal, State, or common law  
(See section 14411 et seq. Business and Professions  
Code)  
Publish: ESMountain Views News  
Dates Pub: March 1, 8, 15, 22, 2025

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2025038567  
The following person(s) is (are) doing business  
as: CROSSVIEW 607 SOUTH HILL LOS

ANGELES, CA. 90014. CALIFORNIA LOS AN-  
GELES COUNTY. Full name of registrant(s) is  
(are) ROMAN PETROSYAN 607 SOUTH HILL  
LOS ANGELES, CA. 90014. This Business is con-  
ducted by: AN INDIVIDUAL. Signed: ROMAN  
PETROSYAN, OWNER. This statement was filed  
with the County Clerk of Los Angeles County on  
02/25/2025. The registrant(s) has (have) com-  
menced to transact business under the fictitious  
business name or names listed above on 10/2017.  
NOTICE- This Fictitious Name Statement expires  
five years from the date it was filed in the office  
of the County Clerk. A new Fictitious Business Name  
Statement must be filed prior to that date. The fil-  
ing of this statement does not of itself authorize the  
use in this state of a Fictitious Business Name in  
violation of the rights of another under Federal,  
State, or common law (See section 14411 et seq.  
Business and Professions Code)  
Publish: ESMountain Views News  
Dates Pub: March 1, 8, 15, 22, 2025

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2025038714  
The following person(s) is (are) doing business as:  
ANGELS FLOWER 7560 WOODMAN PL SP 118  
VAN NUYS, CA. 91405. CALIFORNIA LOS  
ANGELES COUNTY. Full name of registrant(s)  
is (are) SANDRA NAJARRO 7560 WOODMAN  
PL VAN NUYS, CA. 91405. This Business is con-  
ducted by: AN INDIVIDUAL. Signed: SANDRA  
NAJARRO, OWNER. This statement was filed  
with the County Clerk of Los Angeles County on  
02/25/2025. The registrant(s) has (have) com-  
menced to transact business under the fictitious  
business name or names listed above on 02/2025.  
NOTICE- This Fictitious Name Statement expires  
five years from the date it was filed in the office  
of the County Clerk. A new Fictitious Business Name  
Statement must be filed prior to that date. The fil-  
ing of this statement does not of itself authorize the  
use in this state of a Fictitious Business Name in  
violation of the rights of another under Federal,  
State, or common law (See section 14411 et seq.  
Business and Professions Code)  
Publish: ESMountain Views News  
Dates Pub: March 1, 8, 15, 22, 2025

FICTITIOUS BUSINESS NAME STATEMENT  
File No. 2025039156  
The following person(s) is (are) doing business as:  
NHG 22147 CANTLAY ST CANOGA PARK, CA.  
91303. CALIFORNIA LOS ANGELES  
COUNTY. Full name of registrant(s) is (are) ED-  
GAR NARANJO 22147 CANTLAY ST CANOGA  
PARK, CA. 91303. This Business is conducted by:  
AN INDIVIDUAL. Signed: EDGAR NARANJO,  
OWNER. This statement was filed with the Coun-  
ty Clerk of Los Angeles County on 02/25/2025.  
The registrant(s) has (have) commenced to trans-  
act business under the fictitious business name or  
names listed above on 02/2025. NOTICE- This Fic-  
titious Name Statement expires five years from the  
date it was filed in the office of the County Clerk.  
A new Fictitious Business Name Statement must be  
filed prior to that date. The filing of this statement  
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Fictitious Business Name in violation of the rights  
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Code)  
Publish: ESMountain Views News  
Dates Pub: March 1, 8, 15, 2



LA SALLE OVERCOMES EARLY SEASON OBSTACLES, DOMINATES FIRST LEAGUE MATCHES



La Salle wrapped up its preseason with a hard-fought 12-6 victory over Arroyo High School, a team that reached the quarterfinals last season. "It was a good match to finish off the preseason," Coach Djeu said. "We almost played each other in the semifinals last year, and even though both teams lost key players, it was still a competitive match." However, the start of league play didn't go as planned, with La Salle's first two matches getting rained out. "It's very frustrating to have yet another week lost to rain," Coach Javier admitted. "We've had such a bumpy start to our year, and every time I feel like we are settling into a groove, something else comes up."

Once the rain cleared, La Salle made a statement with back-to-back 18-0 victories over Amat and Cathedral. Despite both opponents being short on players, the Lancers maintained their focus and professionalism. "One thing that makes me so proud of my team is how we treat others," Coach Javier said. "Luckily for me, our league has great coaches that all get along and respect each other. No one likes to show up to a match short-handed, but we made it work and played all the matches with respect."

With the regular season now in full swing, La Salle is looking to use these matches to fine-tune their game. "Since our preseason had its issues, now we have to try and use the regular season to work things out," Djeu explained. "It creates another level of pressure as the stakes are higher, and we plan to make another deep playoff run. It's not ideal, but as I mentioned before, our word for this year is 'pressure,' and we are going to lean into that pressure every step of the way."

As La Salle continues its season, the team remains focused on consistency—both in their strokes and mental approach. With their championship mentality and a hunger for success, the Lancers are ready to take on whatever challenges come next.

ALEXANDRA PASKHAVER



ON THE REBOUND:  
When It Comes To Brackets

I could have become a professional basketball player if not for my inability to score baskets.

And my inability to fake that I've broken an arm if I barely brush another player. And my inability to take pratfalls.

And, if you want to get technical about it, because you could peg my height somewhere between James Madison and Napoleon. That's if you're being

generous.

On a normal day, some of these things are more important than others. But as it is basketball season, all of them are essential, all the time.

Some people don't get what all the fuss is about. They don't understand what charm there is in a sport whose origins lie in lobbing a leather ball into a fruit basket.

These people neglect the joyous bonding experience that basketball is.

On a cold winter day, there's no better way to warm up and increase your heart rate than racing your family to the television and chucking your sister off the couch if she gets there first.

Of course, in my family, everyone supports different teams.

When things get heated, the men throw hard words at each other, and the ladies throw gardening implements.

In those situations, the only joyous bonding I do is with the floor.

As hedge clippers and pruning shears whistle overhead, I have a lot of time to think and jot down a winning bracket.

If I were in the big leagues, as I ought to be, I'd always put my team on top.

But as the NBA has not extended me any offers (for reasons I cannot fathom, because once in fourth grade, I beat the teacher in Knockout), I have to be more discerning.

I speak with the wisdom that can only come from experience, like a gal who has previously lost a ridiculous amount of money to her sister on basketball bets and now writes for newspapers to prevent other people from losing ridiculous amounts of money to their sisters on basketball bets.

Writing a perfect NCAA Tournament bracket is a mixture of art and science.

Sure, you do your research on the teams and factor in interviews with the athletes and mark down anybody who says that this season is going to be the greatest yet. That's one part of it.

But then you have to confirm that the players are wearing their lucky socks and that their mothers are attending the games.

While you're at it, it's best to read the entrails of a goat, just to be sure.

If all the signs are there, that's when you know you've written a perfect bracket.

What Newton felt when he discovered gravity is probably a fraction of what you feel when you accomplish that.

Then, to maximize your team's chances of victory, it is essential to channel moral support through the television.

This can be accomplished by yelling loud enough to be heard in surrounding states, because if your team can't hear you cheering, those slackers will miss any free throw they're inept enough to get.

But you know how it ends. During a pivotal game, some freshman who's been questionable all season suddenly becomes the next Michael Jordan.

Or someone who is, well, you know — I am not naming names here, since everyone in basketball is bigger and stronger than me — plays like a rookie. Poof! There goes the bank account.



FITNESS FOR LIFE



Michele Silence, M.A. is a 37-year certified fitness professional who offers semi-private/virtual fitness classes. Contact Michele at michele@kid-fit.com. Visit her Facebook page at: michelesfitness Visit her Facebook page at: michelesfitness.

ibility. Some even use it to manage chronic conditions like tendinitis or plantar fasciitis, though results can vary depending on the severity of the issue.

The basic principle behind muscle scraping is that it stimulates circulation and breaks up adhesions in the fascia—the connective tissue surrounding your muscles. This helps release built-up tension and can make muscles feel more flexible and mobile. Many people describe the sensation as a mix between a deep-tissue massage and a mild scraping feeling on the skin.

**How Do You Use One?** To get started, apply a bit of oil or lotion to help the scraper glide smoothly over your skin. Then, hold it at a slight angle and move it firmly in one direction over tight areas—avoiding bones and joints. A minute or two per spot is plenty; pressing too hard or scraping too long can cause bruising. The goal is to increase blood flow and loosen up tight muscles, not to dig in so hard that you're in pain.

Some redness is normal, but if you're experiencing deep bruising or sharp pain, you're pressing too hard. Stick to bigger muscle groups like your legs, back, and shoulders, and avoid bony areas like your spine, elbows, and knees. Muscle scraping works best when combined with other recovery methods like regular stretching, proper hydration, and adequate rest.

**What Kind Should You Buy?** Muscle scrapers come in a variety of materials, shapes, and price points, making it easy to find one that suits your needs and budget.

- Plastic and Resin Scrapers – Lightweight and budget-friendly, these are great for beginners but may wear down over time.
- Stainless Steel Scrapers – Durable, easy to clean, and often used by professionals. These can be more expensive but last longer and provide a smoother experience.
- Jade or Stone Scrapers – Popular in traditional gua sha therapy, these tools can be pricey but are valued for their natural feel and effectiveness.
- Some scrapers are designed with multiple edges or ergonomic grips, allowing you to target specific muscle areas with more precision. Others include heated features, which can further enhance muscle relaxation and recovery.

How Much Do Muscle Scrapers Cost?

When shopping for a muscle scraper, you'll find a wide price range, from budget-friendly options to high-end professional models. Ranging anywhere from \$6 to over \$200. My massage therapist has used the Achedaway brand heated scraper (looks like a triangle) and mini scraper (portable small stick) on me and I have to say they feel wonderful!

When Should You Use A Muscle Scraper?

Muscle scraping isn't just for post-workout recovery—it can also be used before exercise to help prepare muscles for movement. A quick scraping session can increase blood flow, improve mobility, and warm up muscles, reducing the risk of injury. While they're not a miracle cure for injuries or chronic pain, they can be a valuable part of your self-care routine.

Scraping is not for everyone though. If you have open wounds, a skin infection, or a blood-clotting condition, it's best to skip scraping altogether. Always listen to your body—if something feels off, ease up on the pressure or take a break.

But if you're looking for an easy way to relax sore muscles and keep your body moving smoothly, a muscle scraper might be just what you need. Pair it with other recovery techniques like foam rolling, percussive massage guns, and stretching for even better results. Used correctly, a muscle scraper can be a game-changer for warming up, recovery and mobility.

PSPlay Smarter Basketball

2025

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SATURDAY 8AM - 10AM, 10AM - 12PM, 12PM - 2PM

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## March Events Around Town!

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### One Time Events:

March 2

**Restore & Explore: Reflective Writing and Intuitive Collage at The Huntington**  
Explore the beauty of the natural world, then create a collage of reflection 8:30 – 10:30 am

March 7

**50 years: Highlights of the Collection at Norton Simon Museum**  
Tour some of the most exquisite and celebrated works of art in the Norton Simon. 5 – 6 pm

March 8

**Japanese Garden History Talk and Tour at Descanso Gardens**  
Hear about the storied past of Descanso's Camellia Forest and Japanese Garden. 3 – 5 pm

March 9

**Barks and Brews at the Arboretum**  
Stroll the Arboretum with your canine friend, enjoy craft beers and delicious bites in this fundraiser benefiting Pasadena Humane and the Arboretum Foundation. 11 am – 4 pm

March 13

**Irish Tales By The Fire at the Blinn House**  
Padraic P. Keohane shares tales of wit, wonder, and wisdom. 6 – 7:30 pm

March 14

**ArtNight Pasadena**  
Cultural open house-showcasing visual arts, literary arts, dance, music, & theater. 6 – 10 pm

March 15

**Leprechaun Shelters Workshop at the Arboretum**  
Create a whimsical home for leprechaun friends. Children 4–10 years old w/adult. 2 – 3:30 pm

March 15

**Culinary Workshop: Snow Skin Mooncakes at The Huntington**  
Learn about history and traditions as you learn to make mochi-like mooncakes. 10 am – 1 pm

March 16

**St. Patrick's Day Luncheon at the BPOE Lodge in Pasadena**  
Join the Irish Center of Southern California with a buffet lunch, live Irish music, and Cleary Irish Dance. 11:30 am – 2:30 pm

March 22

**Pasadena Symphony and Pops at Ambassador Auditorium**  
Mozart's "Turkish" Violin Concerto, Hailstork's Baroque Suite, Prokofiev's Classical Symphony, and Stravinsky's Suite from Pulcinella. 2 – 8 pm

March 27

**Altadena & Friends Fire Relief Benefit**  
Variety show w/internationally known artists, many of whom lost homes, studios, and instruments in the Eaton Fire Alex Theatre in Glendale. 7 – 9 pm

March 29

**California Young Artists Symphony Performs Mahler's 9th Symphony**  
Experience some of the most expressive music of all time at the Ambassador Auditorium. 7 pm

March 29

**Family Night Hike: The Luck of the Garden at the Arboretum**  
Celebrate St. Patty's with an enchanting night hike discovering plants believed to bring good fortune, health, and protection. 5:30 – 7 pm  
**Adult Night Hike** 7:30 – 9 pm

### Ongoing Events:

March 7 – 9

**Art in Bloom Gallery Exhibition**  
Creative Arts in Sierra Madre pairs the community's finest floral designers.

March 13, 14, 15

**9 to 5: The Musical**  
Award-winning Arcadia Stage presents popular musical 9 to 5

March 13 – May 19

**Butterfly Season at Kidspace Children's Museum**  
Highlights include bug safaris, flutter-by-play, create a caterpillar, and flower showers.

March 14 – 28

**America's Got Talent at the Pasadena Civic Auditorium**  
Witness a new season of jaw-dropping talent and unforgettable moments.

March 23 – April 20

**Jane Eyre at A Noise Within**  
Enjoy this dynamic production of Jane Eyre.

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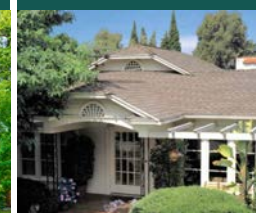
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MEDIAN DAYS ON MARKET

17 ↓ 82%

MEDIAN LIST PRICE

\$1.5M ↓ 8%



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Glassell Park Traditional  
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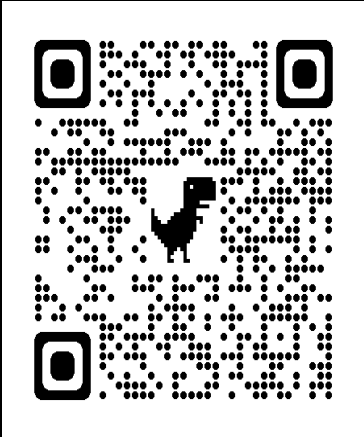
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